

Pos	Sex	Nombre	Tiempo													
M-E (21)			14,1 km	470 m	29 C											
			1(101)	2(72)	3(70)	4(106)	5(108)	6(84)	7(79)	8(57)	9(37)	10(35)	11(31)	12(33)		
			13(38)	14(59)	15(56)	16(55)	17(93)	18(111)	19(113)	20(91)	21(78)	22(60)	23(49)	24(46)		
			25(51)	26(118)	27(116)	28(125)	29(200)	Meta								
1	157	Martínez Pérez Antonio Alicante COLIVENC	1:41:12	3:05	8:23	9:46	17:02	18:27	21:36	23:42	29:32	35:51	38:01	39:57	40:49	
				3:05	5:18	1:23	7:16	1:25	3:09	2:06	5:50	6:19	2:10	1:56	0:52	
				44:08	49:41	51:19	54:07	1:01:51	1:03:19	1:04:37	1:07:46	1:10:32	1:15:35	1:18:38	1:22:02	
				3:19	5:33	1:38	2:48	7:44	1:28	1:18	3:09	2:46	5:03	3:03	3:24	
				1:23:36	1:32:30	1:35:01	1:39:01	1:40:40	1:41:12	1:38:40						
2	118	Llorens Caellas Pau Barcelona COB	1:51:58	1:34	8:54	2:31	4:00	1:39	0:32	*126						
				2:56	9:02	11:05	19:14	22:07	26:37	29:09	34:29	41:56	44:06	46:20	48:18	
				2:56	6:06	2:03	8:09	2:53	4:30	2:32	5:20	7:27	2:10	2:14	1:58	
				50:49	56:40	58:00	1:01:26	1:07:36	1:09:19	1:10:16	1:14:14	1:17:33	1:23:37	1:27:40	1:30:54	
				2:31	5:51	1:20	3:26	6:10	1:43	0:57	3:58	3:19	6:04	4:03	3:14	
3	421	Prieto Del Campo Álvaro Madrid MALARRUTA	1:55:02	1:33:11	1:42:52	1:45:13	1:49:39	1:51:23	1:51:58							
				2:17	9:41	2:21	4:26	1:44	0:35							
				3:35	9:16	10:35	21:22	22:47	26:30	28:48	34:06	41:38	45:26	48:48	49:58	
				3:35	5:41	1:19	10:47	1:25	3:43	2:18	5:18	7:32	3:48	3:22	1:10	
				52:38	58:28	59:56	1:03:00	1:09:08	1:10:51	1:11:57	1:15:29	1:18:34	1:24:40	1:28:14	1:31:39	
4	611	Gil Marcos Eduardo Burgos TJALVE	1:56:01	2:40	5:50	1:28	3:04	6:08	1:43	1:06	3:32	3:05	6:06	3:34	3:25	
				1:33:47	1:44:55	1:47:28	1:52:32	1:54:30	1:55:02							
				2:08	11:08	2:33	5:04	1:58	0:32							
				2:58	8:21	9:57	25:00	25:59	29:30	31:40	37:35	44:45	47:39	49:43	50:32	
				2:58	5:23	1:36	15:03	0:59	3:31	2:10	5:55	7:10	2:54	2:04	0:49	
5	119	Ràfols Perramon Pol Barcelona COB	2:04:32	54:16	1:00:00	1:01:19	1:04:09	1:09:36	1:11:18	1:12:07	1:17:38	1:20:23	1:26:40	1:30:32	1:33:50	
				3:44	5:44	1:19	2:50	5:27	1:42	0:49	5:31	2:45	6:17	3:52	3:18	
				1:35:44	1:46:44	1:48:50	1:53:41	1:55:24	1:56:01							
				1:54	11:00	2:06	4:51	1:43	0:37							
				3:38	9:39	11:22	20:04	22:12	25:46	28:21	34:04	43:00	45:28	48:04	49:56	
6	754	Sánchez Serrano Luis Alicante VILLENA-O	2:07:56	3:38	6:01	1:43	8:42	2:08	3:34	2:35	5:43	8:56	2:28	2:36	1:52	
				52:41	59:09	1:00:37	1:04:21	1:12:08	1:14:22	1:15:31	1:22:46	1:25:51	1:32:58	1:37:04	1:40:38	
				2:45	6:28	1:28	3:44	7:47	2:14	1:09	7:15	3:05	7:07	4:06	3:34	
				1:43:18	1:54:58	1:57:12	2:01:53	2:03:54	2:04:32	1:10:26						
				2:40	11:40	2:14	4:41	2:01	0:38	*78						
7	60	Totusaus Gargallo Benet Barcelona BADALONA-O	2:11:06	3:21	9:49	11:19	21:48	23:07	27:09	29:51	37:26	45:45	48:49	51:23	52:52	
				3:21	6:28	1:30	10:29	1:19	4:02	2:42	7:35	8:19	3:04	2:34	1:29	
				55:18	1:01:53	1:03:54	1:07:59	1:16:02	1:19:46	1:21:07	1:25:12	1:28:44	1:36:09	1:39:42	1:43:11	
				2:26	6:35	2:01	4:05	8:03	3:44	1:21	4:05	3:32	7:25	3:33	3:29	
				1:45:17	1:57:20	1:59:47	2:05:28	2:07:21	2:07:56							
8	510	Morlá Vanrell Josep Soria NVALENO-O	2:14:57	2:06	12:03	2:27	5:41	1:53	0:35							
				3:29	11:00	13:23	22:29	25:32	29:18	31:55	39:21	48:07	50:41	54:31	55:48	
				3:29	7:31	2:23	9:06	3:03	3:46	2:37	7:26	8:46	2:34	3:50	1:17	
				58:33	1:06:20	1:08:21	1:11:40	1:18:35	1:21:06	1:22:11	1:29:46	1:32:55	1:39:56	1:44:04	1:48:07	
				2:45	7:47	2:01	3:19	6:55	2:31	1:05	7:35	3:09	7:01	4:08	4:03	
9	41	Álvarez Serto Ángel Pontevedra AROMON	2:29:15	1:50:26	2:01:16	2:03:31	2:08:17	2:10:24	2:11:06							
				2:19	10:50	2:15	4:46	2:07	0:42							
				4:18	11:13	13:16	23:18	24:52	28:45	31:43	39:06	47:34	50:11	52:48	53:48	
				4:18	6:55	2:03	10:02	1:34	3:53	2:58	7:23	8:28	2:37	2:37	1:00	
				57:19	1:05:44	1:07:24	1:11:12	1:19:15	1:22:13	1:23:28	1:29:44	1:34:03	1:41:46	1:46:06	1:50:37	
10	453	Ordoñez Ibáñez Sebastián Tarragona MONTSANT	2:29:32	3:31	8:25	1:40	3:48	8:03	2:58	1:15	6:16	4:19	7:43	4:20	4:31	
				1:52:42	2:04:29	2:07:36	2:12:31	2:14:24	2:14:57							
				2:05	11:47	3:07	4:55	1:53	0:33							
				4:40	13:04	14:44	26:50	28:24	36:57	39:52	46:52	56:38	1:00:35	1:03:27	1:05:17	
				4:40	8:24	1:40	12:06	1:34	8:33	2:55	7:00	9:46	3:57	2:52	1:50	
11	135	Cortés Pinilla Alfonso Badajoz CODAN EXTREMADURA	2:45:35	1:09:05	1:17:57	1:19:40	1:24:44	1:34:25	1:37:17	1:38:40	1:42:52	1:46:37	1:54:13	1:59:09	2:03:21	
				3:48	8:52	1:43	5:04	9:41	2:52	1:23	4:12	3:45	7:36	4:56	4:12	
				2:06:16	2:18:29	2:21:10	2:26:30	2:28:34	2:29:15							
				2:55	12:13	2:41	5:20	2:04	0:41							
				3:57	11:42	13:14	24:18	27:41	33:22	38:18	46:04	54:42	57:47	1:00:16	1:01:25	
12	437	Rodríguez Corrochano Diego Ciudad Real MANZANARES-O	2:47:18	3:57	7:45	1:32	11:04	3:23	5:41	4:56	7:46	8:38	3:05	2:29	1:09	
				1:04:29	1:11:05	1:12:51	1:16:37	1:26:36	1:30:48	1:32:05	1:36:39	1:40:51	1:48:38	1:56:06	2:01:03	
				3:04	6:36	1:46	3:46	9:59	4:12	1:17	4:34	4:12	7:47	7:28	4:57	
				2:03:56	2:17:18	2:20:06	2:26:46	2:28:55	2:29:32							
				2:53	13:22	2:48	6:40	2:09	0:37							
13	697	Arumí Rota Xavier Barcelona UEVIC	3:00:53	4:50	14:00	16:06	27:55	29:49	35:20	38:44	48:08	57:34	1:03:59	1:06:29	1:08:29	
				4:50	9:10	2:06	11:49	1:54	5:31	3:24	9:24	9:26	6:25	2:30	2:00	
				1:11:16	1:17:45	1:19:44	1:23:12	1:33:29	1:38:03	1:39:20	1:44:35	1:48:28	1:57:55	2:04:02	2:08:31	
				2:47	6:29	1:59	3:28	10:17	4:34	1:17	5:15	3:53	9:27	6:07	4:29	
				2:11:52	2:31:41	2:35:11	2:42:23	2:44:47	2:45:35							
14	437	Rodríguez Corrochano Diego Ciudad Real MANZANARES-O	2:47:18	3:21	19:49	3:30	7:12	2:24	0:48							
				3:42	11:58	14:09	26:04	27:31	31:50	35:05	43:46	54:47	58:29	1:01:27	1:02:44	
				3:42	8:16	2:11	11:55	1:27	4:19	3:15	8:41	11:01	3:42	2:58	1:17	
				1:07:11	1:15:35	1:17:48	1:22:03	1:31:15	1:35:54	1:37:31	1:44:26	1:49:29	1:59:10	2:05:05	2:10:35	
				4:27	8:24	2:13	4:15	9:12	4:39	1:37	6:55	5:03	9:41	5:55	5:30	
15	697	Arumí Rota Xavier Barcelona UEVIC	3:00:53	2:13:29	2:30:40	2:34:46	2:42:59	2:46:26	2:47:18							
				2:54	17:11	4:06	8:13	3:27	0:52							
				4:32	14:18	16:55	31:11	32:48	39:12	43:11	50:28	1:01:48	1:09:49	1:15:12	1:17:16	
				4:32	9:46	2:37	14:16	1:37	6:24	3:59	7:17	11:20	8:01	5:23	2:04	
				1:20:43	1:29:07	1:31:21	1:36:40	1:45:33	1:48:44	1:50:14	1:57:27	2:03:32	2:13:35	2:19:47	2:24:51	
16	697	Arumí Rota Xavier Barcelona UEVIC	3:00:53	3:27	8:24	2:14	5:19	8:53	3:11	1:30	7:13	6:05	10:03	6:12	5:04	
				2:28:09	2:44:10	2:48:55	2:56:52	3:00:00	3:00:53							
				3:18	16:01	4:45	7:57	3:08	0:53							

os			rsal	Nombre	Tiempo																					
M-E (21)			14,1 km 470 m		29 C		(cont.)																			
			1(101) 13(38) 25(51)		2(72) 14(59) 26(118)		3(70) 15(56) 27(116)		4(106) 16(55) 28(125)		5(108) 17(93) 29(200)		6(84) 18(111) Meta		7(79) 19(113)		8(57) 20(91)		9(37) 21(78)		10(35) 22(60)		11(31) 23(49)		12(33) 24(46)	
192	Nogueira de la Muela Luis Málaga COMA	en tarj.	2:48		8:38		9:55		18:23		19:18		28:35		30:47		36:33		44:35		-----		49:57		51:00	
			2:48		5:50		1:17		8:28		0:55		9:17		2:12		5:46		8:02				5:22		1:03	
			53:40		1:00:54		1:02:17		1:04:52		1:13:27		1:15:02		1:16:04		1:20:54		1:25:04		1:30:57		1:34:34		1:37:33	
			2:40		7:14		1:23		2:35		8:35		1:35		1:02		4:50		4:10		5:53		3:37		2:59	
			1:39:15		1:48:13		1:50:19		1:54:40		1:56:18		1:56:51													
264	Ahlsweide Greg Madrid ESCONDITE-M	en tarj.	1:42		8:58		2:06		4:21		1:38		0:33													
			3:12		9:06		10:44		19:10		22:58		31:42		34:05		40:05		47:14		-----		54:47		55:59	
			3:12		5:54		1:38		8:26		3:48		8:44		2:23		6:00		7:09				7:33		1:12	
			59:30		1:08:13		1:10:06		1:14:15		1:21:32		1:23:54		1:25:16		1:30:25		1:34:14		1:41:12		1:45:35		1:49:29	
			3:31		8:43		1:53		4:09		7:17		2:22		1:22		5:09		3:49		6:58		4:23		3:54	
185	García Crespo José Manuel Málaga COMA	andona	1:52:09		2:04:43		2:07:26		2:14:08		2:16:24		2:17:15													
			2:40		12:34		2:43		6:42		2:16		0:51													
			5:18		12:14		13:44		22:30		24:58		29:29		32:23		38:49		46:54		50:22		52:52		54:41	
			5:18		6:56		1:30		8:46		2:28		4:31		2:54		6:26		8:05		3:28		2:30		1:49	
			57:39		1:03:45		1:05:23		1:08:53		1:15:20		1:17:01		1:17:54		1:22:21		1:25:44		1:32:39		-----		-----	
739	Landa Sánchez Carlos Raico Granada VELETA	andona	2:58		6:06		1:38		3:30		6:27		1:41		0:53		4:27		3:23		6:55					
			-----		-----		-----		-----		-----															
			3:42		9:48		11:31		23:00		24:16		30:03		33:42		39:36		49:08		51:54		55:12		56:24	
			3:42		6:06		1:43		11:29		1:16		5:47		3:39		5:54		9:32		2:46		3:18		1:12	
			1:00:23		1:07:28		1:09:03		1:12:50		1:22:52		1:25:42		1:27:08		1:31:51		1:36:55		1:50:14		-----		-----	
191	Morales Pérez Juan Antonio Málaga COMA	No sale	3:59		7:05		1:35		3:47		10:02		2:50		1:26		4:43		5:04		13:19					
			-----		-----		-----		-----		-----															
165	Vila Sempere Borja Alicante COLIVENC	No sale																								
445	Benavente Para Álvaro Madrid MONTE EL PARDO	No sale																								
199	Ruiz de la Herrán Pidal Javier Málaga COMA	No sale																								
M-12 (9)			2,8 km 95 m		11 C																					
			1(110)		2(92)		3(81)		4(64)		5(67)		6(82)		7(103)		8(112)		9(128)		10(129)		11(200)		Meta	
1	671 Salgado Fuentes Alvaro Toledo TOLEDO-O	45:25	16:25		18:00		19:24		25:10		28:04		28:49		33:12		37:47		42:26		43:20		44:43		45:25	
			16:25		1:35		1:24		5:46		2:54		0:45		4:23		4:35		4:39		0:54		1:23		0:42	
			10:06		15:20		17:10		22:12		25:28		26:32		32:15		38:47		43:14		44:12		45:48		47:45	
2	360 Mínguez Saoner Julio Madrid IMPERDIBLE	47:45	10:06		5:14		1:50		5:02		3:16		1:04		5:43		6:32		4:27		0:58		1:36		1:57	
			46:57																							
			*202																							
3	621 Ballesteros Alguacil Gonzalo Toledo TOLEDO-O	58:05	3:53		15:07		21:46		26:09		29:23		30:18		42:25		48:00		55:10		55:52		57:18		58:05	
			3:53		11:14		6:39		4:23		3:14		0:55		12:07		5:35		7:10		0:42		1:26		0:47	
			4:55		7:56		9:44		13:58		18:29		19:48		38:40		48:29		56:24		57:02		58:31		59:02	
4	663 Ramiro Martín Pablo Toledo TOLEDO-O	59:02	4:55		3:01		1:48		4:14		4:31		1:19		18:52		9:49		7:55		0:38		1:29		0:31	
			55:30																							
			*129																							
5	592 Serra Reyes Eduard Valencia SIMEPIERDO	1:29:53	20:18		24:19		28:57		36:33		41:30		43:40		53:29		1:08:57		1:22:20		1:24:15		1:28:57		1:29:53	
			20:18		4:01		4:38		7:36		4:57		2:10		9:49		15:28		13:23		1:55		4:42		0:56	
			48:14																							
6	472 Cortes Hormigos Guillermo Toledo NAVALCAN-O	1:33:35	15:02		21:21		25:29		29:48		33:33		34:57		49:17		57:55		1:28:42		1:30:05		1:32:11		1:33:35	
			15:02		6:19		4:08		4:19		3:45		1:24		14:20		8:38		30:47		1:23		2:06		1:24	
			15:10		21:15		35:36		48:41		54:27		57:06		1:08:47		1:17:33		1:30:22		1:31:14		1:34:16		1:35:02	
7	356 Jiménez Espeso Lucas Madrid IMPERDIBLE	1:35:02	15:10		6:05		14:21		13:05		5:46		2:39		11:41		8:46		12:49		0:52		3:02		0:46	
			29:27		43:12		49:27		53:35		57:31		58:54		1:13:16		1:21:44		1:52:40		1:54:02		1:56:12		1:57:00	
			29:27		13:45		6:15		4:08		3:56		1:23		14:22		8:28		30:56		1:22		2:10		0:48	
9	473 Cortes Hormigos Javier Toledo NAVALCAN-O	2:10:51	30:55		37:03		53:25		1:04:22		1:10:29		1:14:12		1:26:31		1:44:22		2:01:35		2:05:34		2:09:37		2:10:51	
			30:55		6:08		16:22		10:57		6:07		3:43		12:19		17:51		17:13		3:59		4:03		1:14	
M-14 (26)			4,5 km 150 m		12 C																					
			1(110)		2(95)		3(76)		4(55)		5(58)		6(65)		7(87)		8(103)		9(92)		10(126)		11(128)		12(200)	
1	313 Díaz Calatayud Carlos Albacete GODIH	49:22	Meta																							
			2:25		4:25		6:50		18:23		23:57		28:40		30:44		35:02		41:27		44:32		47:17		48:46	
			2:25		2:00		2:25		11:33		5:34		4:43		2:04		4:18		6:25		3:05		2:45		1:29	
2	698 Grau Olive Andreu Barcelona UEVIC	50:36	49:22																							
			0:36																							
			3:18		7:08		10:27		18:05		24:21		29:07		31:55		36:52		41:52		45:46		47:31		50:03	
3	104 Bernabeu Carbonell Éric Alicante CEAM IBI-O	52:15	3:18		3:50		3:19		7:38		6:16		4:46		2:48		4:57		5:00		3:54		1:45		2:32	
			50:36																							
			0:33																							
3	104 Bernabeu Carbonell Éric Alicante CEAM IBI-O	52:15	3:05		4:23		7:49		16:03		22:39		29:27		31:53		37:25		43:24		48:10		50:13		51:40	
			3:05		1:18		3:26		8:14		6:36		6:48		2:26		5:32		5:59		4:46		2:03		1:27	
			52:15																							
			0:35																							

os rsal Nombre			Tiempo											
M-14 (26)			4,5 km	150 m	12 C	(cont.)								
			1(110) Meta	2(95)	3(76)	4(55)	5(58)	6(65)	7(87)	8(103)	9(92)	10(126)	11(128)	12(200)
4	107	Garcia Romo Alberto Alicante CEAM IBI-O	54:14	2:42 2:42 54:14	4:23 1:41 2:31	6:54 9:31 2:31	16:25 24:41 8:16	30:23 5:42 2:52	33:15 38:20 5:05	44:55 6:35 3:34	48:29 3:15 3:15	51:44 1:53	53:37	53:37
5	414	Díaz Fernández Samuel Madrid MALARRUTA	54:46	2:51 2:51 54:46	5:10 2:19 4:22	9:32 8:21 4:22	17:53 8:44 5:45	32:22 5:45 2:21	34:43 40:09 5:26	44:32 4:23 4:23	49:25 4:53 2:59	52:24 1:35	53:59	53:59
6	622	Ballesteros Alguacil Pablo Toledo TOLEDO-O	57:03	3:44 3:44 57:03	5:54 2:10 3:39	9:33 8:10 5:09	17:43 8:10 5:09	22:52 6:20 2:10	29:12 31:22 2:10	37:22 42:59 5:37	47:22 54:54 7:32	56:18 1:24	56:18	56:18
7	708	De Miguel Armisen Jorge Alicante UNIVERSIDAD ALICANTE	57:18	6:29 6:29 57:18	8:20 1:51 3:27	11:47 3:27 8:29	20:16 6:16 6:53	26:32 6:53 2:30	33:25 41:37 5:42	35:55 47:22 5:45	52:18 54:50 2:32	56:33 1:43	56:33	56:33
8	333	Tarancón Tolosa Daniel Albacete GODIH	58:27	2:55 2:55 58:27	5:51 2:56 4:47	10:38 4:47 8:49	19:27 10:19 6:26	29:46 6:26 3:40	36:12 44:30 4:38	39:52 49:00 4:30	44:30 53:31 4:31	56:18 2:47 1:31	57:49	57:49
9	761	Ledesma Buscart Bernat Barcelona XINOXANO	1:00:21	4:12 4:12 1:00:21	7:45 3:33 2:50	10:35 2:50 10:24	20:59 5:26 6:53	26:25 6:53 2:32	33:18 46:52 11:02	35:50 52:26 5:34	46:52 56:09 3:43	58:12 2:03 1:27	59:39	59:39
10	164	Teruel Sempere Miguel Alicante COLIVENC	1:02:23	6:53 6:53 1:02:23	9:55 3:02 4:51	14:46 8:38 10:24	23:24 10:24 6:26	33:48 6:26 3:33	40:14 43:47 4:16	43:47 53:01 4:58	48:03 57:24 4:23	1:00:15 2:51 1:31	1:01:46	1:01:46
11	636	Ferrando Galán Gonzalo Toledo TOLEDO-O	1:02:51	3:16 3:16 1:02:51	5:26 2:10 3:03	8:29 3:03 10:35	19:04 10:35 4:54	23:58 9:53 2:20	33:51 36:11 41:03	41:03 50:37 9:34	55:55 5:18 4:34	1:00:29 1:49	1:02:18	1:02:18
12	485	Márquez Sánchez Unai Toledo NAVALCAN-O	1:02:54	3:54 3:54 1:02:54	9:05 5:11 2:46	11:51 2:46 8:09	20:00 8:05 9:50	28:05 9:50 2:13	37:55 40:08 44:57	40:08 51:34 6:37	44:57 55:24 3:50	58:18 2:54 4:01	1:02:19	1:02:19
13	534	Pozo Prada Juan Manuel Madrid O-GETAFE	1:08:05	3:25 3:25 1:08:05	9:07 5:42 6:03	15:10 10:20 7:51	25:30 10:20 7:51	33:21 5:07 2:41	38:28 41:09 47:16	41:09 56:10 1:02:52	47:16 1:02:52 1:05:37	1:07:27	1:07:27	1:07:27
14	730	Tamarit Royo Óscar Valencia VALENCIA-O	1:10:17	13:21 13:21 1:10:17	17:54 4:33 2:58	20:52 11:29 6:36	32:21 11:29 6:36	38:57 5:00 2:41	43:57 5:00 2:41	46:38 55:31 1:01:00	55:31 1:01:00 1:04:57	1:08:18 3:21 1:23	1:09:41	1:09:41
15	644	García Megia Nicolás Toledo TOLEDO-O	1:16:55	3:49 3:49 1:16:55	13:25 9:36 8:27	21:52 8:27 12:45	34:37 12:45 5:53	40:30 5:53 5:41	46:11 49:14 3:03	54:22 1:06:13 11:51	54:22 1:06:13 11:51	1:12:29 1:14:37 1:16:14	1:16:14	1:16:14
16	529	Barcia Belinchón Jorge Madrid O-GETAFE	1:20:25	3:59 3:59 1:20:25	6:33 2:34 4:00	10:33 4:00 16:32	27:05 16:32 12:43	39:48 12:43 8:03	47:51 50:41 2:50	50:41 1:00:09 9:28	1:05:53 1:11:56 6:03	1:17:08 5:12 2:24	1:19:32	1:19:32
17	158	Pastor Juan Roger Alicante COLIVENC	1:23:33	3:22 3:22 1:23:33	5:20 1:58 4:35	9:55 4:35 17:02	26:57 17:02 5:43	32:40 5:43 10:08	42:48 4:11 20:04	46:59 1:07:03 5:30	1:12:33 1:17:10 4:37	1:20:58 3:48 1:48	1:22:46	1:22:46
18	570	Villanueva Muñoz Sergio La Rioja RIOJA-O	1:25:35	5:29 5:29 1:25:35	14:20 8:51 11:00	25:20 11:00 12:09	37:29 12:09 6:19	43:48 6:19 7:28	51:16 3:13 8:37	54:29 1:03:06 1:13:25	1:13:25 1:19:16 5:51	1:22:29 3:13 2:22	1:24:51	1:24:51
19	568	Ramírez Sampedro Diego La Rioja RIOJA-O	1:30:12	4:53 4:53 1:30:12	24:24 19:31 5:15	29:39 5:15 11:12	40:51 11:12 7:31	48:22 7:31 6:01	54:23 57:15 2:52	57:15 1:09:00 11:45	1:18:37 1:25:11 6:34	1:27:29 2:18 2:00	1:29:29	1:29:29
20	555	Fernández Alvarez Antonio Asturias PILOÑA DEPORTE	1:35:52	3:52 3:52 1:35:52	12:34 8:42 3:52	16:26 3:52 29:55	46:21 29:55 10:36	56:57 10:36 7:41	1:04:38 4:57 5:45	1:09:35 1:15:20 10:02	1:15:20 1:25:22 4:57	1:30:19 1:33:10 2:51	1:35:10	1:35:10
21	98	Prada Aroca Guillermo Valladolid CDP-O	1:38:57	9:01 9:01 1:38:57	22:05 13:04 4:14	26:19 4:14 12:29	38:48 12:29 17:25	56:13 17:25 7:40	1:03:53 3:36 9:52	1:07:29 3:36 9:52	1:17:21 8:45 6:29	1:32:35 3:40 1:48	1:38:03	1:38:03
22	327	Pérez Gómez Alberto Albacete GODIH	1:41:48	3:24 3:24 1:41:48	6:15 2:51 21:57	28:12 21:57 10:01	38:13 10:01 14:53	53:06 14:53 6:36	59:42 5:10 17:45	1:04:52 1:22:37 8:34	1:31:11 1:35:50 4:39	1:38:50 3:00 2:09	1:40:59	1:40:59

os			rsal	Nombre	Tiempo												
M-14 (26)					4,5 km	150 m	12 C	(cont.)									
					1(110) Meta	2(95)	3(76)	4(55)	5(58)	6(65)	7(87)	8(103)	9(92)	10(126)	11(128)	12(200)	
23	629	Delgado Muñoz Marcos Toledo TOLEDO-O			2:05:33	4:29 4:29 2:05:33 0:57	14:15 9:46	23:19 9:04	46:13 22:54	57:27 11:14	1:07:38 10:11	1:12:28 4:50	1:33:44 21:16	1:46:55 13:11	1:56:28 9:33	2:01:58 5:30	2:04:36 2:38
24	745	Borisov Esteban Alicante VILLENA-O			2:06:42	4:22 4:22 2:06:42 0:45	21:21 16:59	26:49 5:28	47:53 21:04	1:03:28 15:35	1:16:30 13:02	1:22:11 5:41	1:33:07 10:56	1:45:07 12:00	1:52:38 7:31	2:03:44 11:06	2:05:57 2:13
25	528	Barcia Belinchón Enrique Madrid O-GETAFE			2:17:12	3:49 3:49 2:17:12 0:50	6:34 2:45	14:57 8:23	27:12 12:15	52:39 25:27	1:07:13 14:34	1:10:26 3:13	1:48:15 37:49	2:07:38 19:23	2:12:16 4:38	2:14:32 2:16	2:16:22 1:50
	252	Sánchez González Íker Salamanca CRO			andona	7:14 7:14 1:55:00 1:09	20:07 12:53	38:00 17:53	1:02:42 24:42	-----	-----	-----	-----	-----	-----	1:50:58 48:16	1:53:51 2:53
M-16 (27)					6,2 km	205 m	14 C										
					1(110) 13(127)	2(95) 14(200)	3(58) Meta	4(54)	5(47)	6(51)	7(69)	8(122)	9(124)	10(102)	11(92)	12(112)	
1	317	García Gómez Florencio Albacete GODIH			50:38	2:02 2:02 48:16 2:21	3:10 1:08 50:08 1:52	13:42 10:32 50:38 0:30	15:05 1:23	18:22 3:17	21:44 3:22	25:23 3:39	34:27 9:04	35:36 1:09	38:30 2:54	44:14 5:44	45:55 1:41
2	583	Sanchís Pont Hector Alicante SANT JOAN			55:11	2:22 2:22 52:39 2:40	3:41 1:19 54:37 1:58	16:40 12:59 55:11 0:34	17:44 1:04	20:17 2:33	23:37 3:20	27:53 4:16	38:26 10:33	39:49 1:23	43:08 3:19	48:26 5:18	49:59 1:33
3	105	Bernabeu Carbonell Marcos Alicante CEAM IBI-O			56:07	2:08 2:08 53:37 3:05	3:36 1:28 55:38 2:01	13:19 9:43 56:07 0:29	14:52 1:33	17:23 2:31	21:07 3:44	25:12 4:05	37:58 12:46	39:07 1:09	41:43 2:36	48:34 6:51	50:32 1:58
4	248	Valentín Barrio Andrés Valladolid COV			1:02:13	3:18 3:18 59:43 2:48	4:32 1:14 1:01:33 1:50	16:11 11:39 1:02:13 0:40	17:32 1:21	19:59 2:27	23:54 3:55	28:33 4:39	43:08 14:35	44:33 1:25	48:09 3:36	55:12 7:03	56:55 1:43
5	346	Saz Roba Manuel Zaragoza IBÓN			1:06:02	5:30 5:30 1:03:48 3:10	6:31 1:01 1:05:32 1:44	17:40 11:09 1:06:02 0:30	19:19 1:39	22:14 2:55	26:05 3:51	30:12 4:07	42:40 12:28	44:18 1:38	51:39 7:21	57:51 6:12	1:00:38 2:47
6	373	Amor Pérez Jose Antonio Murcia LORCA-O			1:06:51	2:57 2:57 1:04:14 3:26	4:26 1:29 1:06:19 2:05	18:23 13:57 1:06:51 0:32	20:27 2:04	23:24 2:57	26:47 3:23	31:09 4:22	46:10 15:01	48:09 1:59	51:59 3:50	58:21 6:22	1:00:48 2:27
7	635	Fernández Ortega Gonzalo Toledo TOLEDO-O			1:09:17	2:56 2:56 1:06:42 2:50	5:42 2:46 1:08:40 1:58	17:14 11:32 1:09:17 0:37	19:08 1:54	23:35 4:27	27:19 3:44	31:35 4:16	47:13 15:38	51:45 4:32	55:00 3:15	1:02:10 7:10	1:03:52 1:42
8	638	Ferrando Galán Pablo Toledo TOLEDO-O			1:10:14	2:47 2:47 1:07:47 3:59	11:55 9:08 1:09:43 1:56	26:53 14:58 1:10:14 0:31	28:14 1:21	30:23 2:09	34:58 4:35	39:18 4:20	51:40 12:22	52:48 1:08	56:16 3:28	1:02:19 6:03	1:03:48 1:29
9	335	Villar Górriz José Antonio Albacete GODIH			1:11:40	2:17 2:17 1:09:09 4:48	4:02 1:45 1:11:08 1:59	18:55 14:53 1:11:40 0:32	20:07 1:12	22:51 2:44	27:35 4:44	33:14 5:39	50:09 16:55	51:02 0:53	55:22 4:20	1:02:21 6:59	1:04:21 2:00
10	384	López Plazas César Murcia LORCA-O			1:13:02	4:10 4:10 1:10:16 3:59	6:22 2:12 1:12:33 2:17	22:06 15:44 1:13:02 0:29	24:26 2:20	28:18 3:52	32:30 4:12	38:40 6:10	50:08 11:28	54:02 3:54	57:08 3:06	1:03:59 6:51	1:06:17 2:18
11	206	Mesas De Castro Alvaro Cuenca COMCU			1:15:09	2:44 2:44 1:12:09 3:27	4:18 1:34 1:14:32 2:23	16:15 11:57 1:15:09 0:37	17:58 1:43	21:01 3:03	26:19 5:18	31:31 5:12	46:50 15:19	48:07 1:17	54:02 5:55	1:05:54 11:52	1:08:42 2:48
12	646	González Peña Aaron Toledo TOLEDO-O			1:15:26	2:33 2:33 1:12:44 4:32	3:48 1:15 1:14:54 2:10	24:05 20:17 1:15:26 0:32	25:49 1:44	31:21 5:32	35:04 3:43	39:14 4:10	52:37 13:23	54:21 1:44	58:16 3:55	1:06:11 7:55	1:08:12 2:01
13	376	Elías Sánchez José Luis Murcia LORCA-O			1:15:34	3:14 3:14 1:12:22 3:37	5:00 1:46 1:14:53 2:31	22:06 17:06 1:15:34 0:41	24:08 2:02	31:49 7:41	34:49 3:00	39:11 4:22	54:12 15:01	56:12 2:00	1:00:01 3:49	1:06:27 6:26	1:08:45 2:18
14	662	Ramiro Martín Carlos Toledo TOLEDO-O			1:18:16	3:34 3:34 1:15:44 3:20	5:15 1:41 1:17:44 2:00	30:01 24:46 1:18:16 0:32	31:25 1:24	34:28 3:03	37:59 3:31	43:13 5:14	58:30 15:17	1:00:23 1:53	1:04:21 3:58	1:10:22 6:01	1:12:24 2:02

os	rsal	Nombre	Tiempo													
M-16 (27)			6,2 km 205 m		14 C	(cont.)										
			1(110) 13(127)	2(95) 14(200)	3(58) Meta	4(54)	5(47)	6(51)	7(69)	8(122)	9(124)	10(102)	11(92)	12(112)		
15	686	Martinez Barcelo Manuel Murcia TOTANA-O	1:19:25	3:09 3:09 1:16:13 3:45	5:59 2:50 1:18:36 2:23	20:57 14:58 1:19:25 0:49	22:39 1:42	25:52 3:13	30:23 4:31	35:23 5:00	50:47 15:24	52:26 1:39	57:43 5:17	1:09:12 11:29	1:12:28 3:16	
16	654	Martínez Soriano Alvaro Toledo TOLEDO-O	1:23:19	2:54 2:54 1:20:41 4:26	4:52 1:58 1:22:53 2:12	21:10 16:18 1:23:19 0:26	24:42 3:32	28:34 3:52	37:02 8:28	43:24 6:22	59:19 15:55	1:02:23 3:04	1:06:20 3:57	1:14:09 7:49	1:16:15 2:06	
17	76	Adeva Conde Sergio Valladolid CDP-O	1:27:04	10:08 10:08 1:24:07 4:24	15:03 4:55 1:26:26 2:19	32:08 17:05 1:27:04 0:38	33:54 1:46	37:46 3:52	42:18 4:32	49:24 7:06	1:05:25 16:01	1:07:03 1:38	1:10:02 2:59	1:17:31 7:29	1:19:43 2:12	
18	235	Moriñigo Álvarez Pablo Valladolid COV	1:29:32	3:51 3:51 1:26:27 4:44	8:31 4:40 1:28:45 2:18	22:53 14:22 1:29:32 0:47	25:18 2:25	28:53 3:35	33:12 4:19	38:04 4:52	57:59 19:55	59:38 1:39	1:05:05 5:27	1:15:32 10:27	1:21:43 6:11	
19	298	Casado Gómez Diego Madrid GOCAN	1:31:33	3:25 3:25 1:28:13 4:02	7:36 4:11 1:30:51 2:38	26:43 19:07 1:31:33 0:42	28:35 1:52	31:46 3:11	36:46 5:00	47:47 11:01	1:04:39 16:52	1:08:00 3:21	1:12:22 4:22	1:22:18 9:56	1:24:11 1:53	
20	383	Guijarro Llamas Iván Murcia LORCA-O	1:32:55	6:22 6:22 1:29:21 4:36	8:04 1:42 1:32:11 2:50	24:38 16:34 1:32:55 0:44	27:09 2:31	30:12 3:03	34:38 4:26	40:41 6:03	59:32 18:51	1:03:36 4:04	1:10:52 7:16	1:20:55 10:03	1:24:45 3:50	
21	345	Saz Basanta Javier Zaragoza IBÓN	1:36:37	3:43 3:43 1:31:41 5:17	8:11 4:28 1:35:14 3:33	24:38 16:27 1:36:37 1:23	27:02 2:24	31:44 4:42	37:58 6:14	45:00 7:02	1:04:09 19:09	1:07:40 3:31	1:13:31 5:51	1:23:07 9:36	1:26:24 3:17	
22	746	Borisov Makar Alicante VILLENA-O	2:06:27	3:37 3:37 2:02:58 4:25	5:47 2:10 2:05:52 2:54	35:38 29:51 2:06:27 0:35	38:05 2:27	46:25 8:20	52:45 6:20	1:01:01 8:16	1:25:35 24:34	1:29:08 3:33	1:35:36 6:28	1:52:36 17:00	1:58:33 5:57	
	318	García Jiménez Javier Albacete GODIH	en tarj.	3:30 3:30 1:02:36 2:46	5:03 1:33 1:04:35 1:59	20:45 15:42 1:05:08 0:33	22:04 1:19	24:43 2:39	28:31 3:48	33:37 5:06	46:04 12:27	47:39 1:35	----- -----	58:11 10:32	59:50 1:39	
	229	Carralero Lanchares Pablo Valladolid COV	andona	2:57 2:57 ----- -----	16:44 13:47 2:02:16 56:32	35:44 19:00 2:03:05 0:49	38:43 2:59	46:21 7:38	56:14 9:53	1:05:44 9:30	----- -----	----- -----	----- -----	----- -----	----- -----	
	247	Tribiño Cordal Pablo Valladolid COV	No sale													
	361	Mínguez Saoner Mario Madrid IMPERDIBLE	No sale													
	542	Escribano Zamora Julian Cuenca ORIENTIJOTE	No sale													
M-18A (14)			8,1 km 270 m		23 C											
			1(91) 13(118)	2(76) 14(119)	3(78) 15(114)	4(70) 16(84)	5(61) 17(106)	6(54) 18(124)	7(53) 19(101)	8(42) 20(112)	9(39) 21(125)	10(43) 22(128)	11(50) 23(200)	12(55) Meta		
1	427	Wirén González Gustav Madrid MALARRUTA	1:20:12	4:27 4:27 49:47 9:34	6:49 2:22 51:55 2:08	8:38 1:49 53:39 1:44	12:34 3:56 57:19 3:40	17:27 4:53 1:02:37 5:18	22:11 4:44 1:04:01 1:24	23:03 0:52 1:12:14 8:13	28:46 5:43 1:13:16 1:02	30:02 1:16 1:16:25 3:09	31:27 1:25 1:18:10 1:45	37:18 5:51 1:19:38 1:28	40:13 2:55 1:20:12 0:34	
2	729	Tamarit Royo Adrián Valencia VALENCIA-O	1:27:23	4:13 4:13 54:28 14:09	6:25 2:12 56:16 1:48	7:47 1:22 58:58 2:42	11:15 3:28 1:01:43 2:45	16:54 5:39 1:07:37 5:54	22:46 5:52 1:09:57 2:20	23:39 0:53 1:19:56 9:59	28:59 5:20 1:21:16 1:20	30:38 1:39 1:23:47 2:31	32:09 1:31 1:25:32 1:45	37:55 5:46 1:26:50 1:18	40:19 2:24 1:27:23 0:33	
3	151	García Bernabeu Alvaro Alicante COLIVENC	1:31:57	4:17 4:17 47:10 9:47	6:40 2:23 48:53 1:43	8:00 1:20 51:14 2:21	11:22 3:22 54:27 3:13	16:32 5:10 1:01:01 6:34	20:12 3:40 1:16:07 15:06	20:52 0:40 1:25:00 8:53	27:26 6:34 1:25:53 0:53	28:25 1:31 1:28:28 2:35	29:56 1:31 1:29:57 1:29	35:12 5:16 1:31:17 1:20	37:23 2:11 1:31:57 0:40	
4	140	Hernández Pindado Isaac Badajoz CODAN EXTREMADURA	1:39:02	4:39 4:39 53:33 12:39	7:28 2:49 55:19 1:46	9:19 1:51 1:02:55 7:36	13:45 4:26 1:10:15 7:20	18:31 4:46 1:16:38 6:23	23:23 4:52 1:18:25 1:47	24:22 0:59 1:30:42 12:17	30:23 6:01 1:31:48 1:06	31:33 1:10 1:34:59 3:11	33:03 1:30 1:36:53 1:54	38:40 5:37 1:38:24 1:31	40:54 2:14 1:39:02 0:38	
5	337	Virgili Serrallonga Roger Girona GO-XTREM	1:44:39	10:25 10:25 1:04:25 9:51	13:45 3:20 1:07:04 2:39	15:36 1:51 1:11:02 3:58	19:13 3:37 1:17:30 6:28	26:33 7:20 1:24:23 6:53	33:06 6:33 1:26:43 2:20	34:03 0:57 1:35:43 9:00	41:25 7:22 1:36:54 1:11	42:59 1:34 1:40:11 3:17	44:19 1:20 1:42:41 2:30	49:52 5:33 1:44:02 1:21	54:34 4:42 1:44:39 0:37	
6	559	Armas Ibáñez Jesús La Rioja RIOJA-O	1:56:43	4:39 4:39 1:03:13 11:00	7:18 2:39 1:06:51 3:38	10:30 3:12 1:12:32 5:41	15:44 5:14 1:25:24 12:52	23:35 7:51 1:32:28 7:04	33:02 9:27 1:34:46 2:18	33:51 0:49 1:46:33 11:47	39:55 6:04 1:48:12 1:39	40:57 1:02 1:51:42 3:30	42:20 1:23 1:54:06 2:24	49:33 7:13 1:55:50 1:44	52:13 2:40 1:56:43 0:53	

os	rsal	Nombre	Tiempo												
M-18A (14)			8,1 km 270 m		23 C		(cont.)								
			1(91) 13(118)	2(76) 14(119)	3(78) 15(114)	4(70) 16(84)	5(61) 17(106)	6(54) 18(124)	7(53) 19(101)	8(42) 20(112)	9(39) 21(125)	10(43) 22(128)	11(50) 23(200)	12(55) Meta	
7	386	Marín Baraza Juan Diego Murcia LORCA-O	1:57:45	9:59 1:13:44	13:40 1:15:58	16:11 1:17:46	22:16 1:21:21	32:05 1:30:03	39:07 1:36:28	40:02 1:47:48	45:58 1:53:05	47:12 1:53:05	49:18 1:55:15	56:10 1:56:59	1:00:32 1:57:45
8	86	Garnacho Fernández Mario Valladolid CDP-O	1:58:10	5:11 13:12	2:37 2:14	1:36 1:48	5:21 3:35	4:59 8:42	6:57 6:25	0:32 11:20	7:42 1:48	1:38 3:29	2:00 2:10	5:45 1:44	2:43 0:46
9	374	Cano Mellinas José David Murcia LORCA-O	2:06:43	57:21 10:20	59:49 2:28	1:01:56 2:07	1:14:27 12:31	1:30:35 16:08	1:33:36 3:01	1:48:01 14:25	1:49:09 1:08	1:52:33 3:24	1:55:13 2:40	1:57:14 2:01	1:58:10 0:56
10	385	Lucas Martínez Fernando Murcia LORCA-O	2:22:42	16:31 7:07	3:07 17:26	3:56 20:42	7:16 27:47	9:28 37:35	3:20 46:25	17:31 47:23	1:00 54:50	3:44 57:09	1:44 59:22	1:38 1:08:40	0:37 1:12:56
11	160	Pons Martínez Ivan Alicante COLIVENC	2:34:26	7:07 1:29:14	10:19 1:32:38	3:16 1:36:45	7:05 1:43:45	9:48 1:53:19	8:50 1:56:32	0:58 2:14:05	7:27 2:15:06	2:19 2:18:37	2:13 2:20:33	9:18 2:22:01	4:16 2:22:42
				16:18 10:13	3:24 14:28	4:07 18:37	7:00 25:42	9:34 40:07	3:13 48:02	17:33 49:37	1:01 57:05	3:31 59:10	1:56 1:02:04	1:28 1:12:25	0:41 1:17:48
				10:13 1:33:55	4:15 1:37:11	4:09 1:47:06	7:05 1:53:26	14:25 2:04:55	7:55 2:09:13	1:35 2:23:46	7:28 2:25:11	2:05 2:29:19	2:54 2:32:09	10:21 2:33:50	5:23 2:34:26
				16:07 2:28:35 *126	3:16 2:28:35 *126	9:55 2:28:35 *126	6:20 2:28:35 *126	11:29 2:28:35 *126	4:18 2:28:35 *126	14:33 2:28:35 *126	1:25 2:28:35 *126	4:08 2:28:35 *126	2:50 2:28:35 *126	1:41 2:28:35 *126	0:36 2:28:35 *126
	67	Montoya García Sergio Murcia CALASPARRA-O	en tarj.	-----	-----	-----	-----	-----	-----	-----	-----	-----	-----	-----	-----
				-----	-----	-----	-----	-----	-----	-----	33:30	40:14	46:07	48:37	49:33
				-----	-----	-----	-----	-----	-----	-----	33:30	6:44	5:53	2:30	0:56
	707	de Miguel Armisen David Alicante UNIVERSIDAD ALICANTE	andona	4:56 4:56	7:28 2:32	9:29 2:01	13:29 4:00	19:15 5:46	25:00 5:45	25:46 0:46	31:57 6:11	32:59 1:02	34:22 1:23	41:34 7:12	44:04 2:30
				-----	-----	-----	-----	-----	-----	-----	-----	-----	-----	1:31:47 47:43	1:34:00 2:13
	394	Trenza Miñarro Mario Murcia LORCA-O	andona	-----	-----	-----	-----	-----	-----	-----	-----	-----	-----	-----	-----
				-----	-----	-----	-----	-----	-----	-----	-----	-----	-----	-----	-----
OPEN NEGRO (1)			5,2 km 175 m		15 C										
			1(80) 13(128)	2(83) 14(129)	3(87) 15(200)	4(61) Meta	5(47)	6(50)	7(51)	8(55)	9(74)	10(76)	11(90)	12(120)	
1	425	Redondo González Javier Madrid MALARRUTA	2:01:06	13:37 13:37	14:59 1:22	21:13 6:14	1:06:38 45:25	1:15:09 8:31	1:20:52 5:43	1:22:05 1:13	1:26:11 4:06	1:41:56 15:45	1:48:27 6:31	1:49:16 0:49	1:56:08 6:52
				1:58:23 2:15	1:59:20 0:57	2:00:27 1:07	2:01:06 0:39								
M-20A (20)			9,9 km 330 m		23 C										
			1(105) 13(32)	2(92) 14(33)	3(72) 15(38)	4(70) 16(59)	5(106) 17(56)	6(108) 18(55)	7(118) 19(78)	8(115) 20(88)	9(60) 21(111)	10(57) 22(127)	11(37) 23(200)	12(35) Meta	
1	438	Rodríguez Corrochano Jesús Ciudad Real MANZANARES-O	1:24:50	3:12 3:12	4:13 1:01	10:10 5:57	12:09 1:59	22:13 10:04	23:28 1:15	26:27 2:59	27:59 1:32	35:31 7:32	38:10 2:39	46:44 8:34	49:22 2:38
2	213	Milvaques Casadó Luis Valencia CORRECAMINOS	1:25:53	51:25 2:03	52:39 1:14	55:15 2:36	1:01:39 6:24	1:03:14 1:35	1:07:01 3:47	1:12:17 5:16	1:16:43 4:26	1:19:02 2:19	1:22:24 3:22	1:24:17 1:53	1:24:50 0:33
				2:03 3:43	1:14 4:40	2:36 10:24	6:24 12:37	1:35 20:58	3:47 22:04	5:16 25:19	4:26 26:49	2:19 34:02	3:22 36:38	1:53 44:46	0:33 47:05
				49:11 2:06	50:07 0:56	52:32 2:25	59:31 6:59	1:00:58 1:27	1:04:14 3:16	1:10:34 6:20	1:17:48 7:14	1:19:50 2:02	1:23:41 3:51	1:25:21 1:40	1:25:53 0:32
3	352	Fernández Cascales Pablo Madrid IMPERDIBLE	1:28:44	55:20 2:04	56:21 1:01	59:13 2:52	1:07:14 8:01	1:10:04 2:50	1:13:22 3:18	1:19:15 5:53	1:21:34 2:19	1:23:49 2:15	1:26:31 2:42	1:28:12 1:41	1:28:44 0:32
4	242	Pivovarov Kirill Valladolid COV	1:29:51	4:08 4:08	5:06 0:58	12:59 7:53	14:35 1:36	25:32 10:57	26:51 1:19	29:16 2:25	30:40 1:24	40:04 9:24	43:02 2:58	51:46 8:44	54:10 2:24
				56:34 2:24	57:14 0:40	59:59 2:45	1:07:24 7:25	1:08:55 1:31	1:13:09 4:14	1:18:33 5:24	1:21:46 3:13	1:24:17 2:31	1:27:28 3:11	1:29:16 1:48	1:29:51 0:35
5	297	Casado Gómez Álvaro Madrid GOCAN	1:34:40	3:23 3:23	4:23 1:00	9:59 5:36	11:33 1:34	21:52 10:19	23:18 1:26	25:55 2:37	27:57 2:02	35:19 7:22	40:25 5:06	49:30 9:05	52:24 2:54
				55:16 2:52	56:08 0:52	59:03 2:55	1:05:55 6:52	1:07:38 1:43	1:11:02 3:24	1:17:12 6:10	1:27:44 10:32	1:29:38 1:54	1:32:30 2:52	1:34:11 1:41	1:34:40 0:29
6	406	Sanz Alejandro Juan Córdoba LOS CALIFAS	1:36:48	3:49 3:49	4:52 1:03	11:03 6:11	12:55 1:52	25:02 12:07	26:56 1:54	29:53 2:57	31:23 1:30	42:40 11:17	45:16 2:36	54:25 9:09	1:01:38 7:13
				1:03:34 1:56	1:04:32 0:58	1:07:10 2:38	1:13:43 6:33	1:15:17 1:34	1:19:09 3:52	1:24:22 5:13	1:28:50 4:28	1:31:07 2:17	1:34:22 3:15	1:36:15 1:53	1:36:48 0:33
7	25	Rojas Jiménez David Madrid ALABARDA-O	1:37:12	3:46 57:26	1:21 58:20	6:49 1:00:54	2:08 1:11:19	12:12 1:13:24	1:15 1:16:54	2:40 1:24:25	1:27 1:27:43	8:12 1:30:20	3:43 1:34:54	8:37 1:36:42	2:43 1:37:12
				2:33 39:20	0:54 39:20	2:34 39:20	10:25 39:20	2:05 39:20	3:30 39:20	7:31 39:20	3:18 39:20	2:37 39:20	4:34 39:20	1:48 39:20	0:30 39:20

Pos	Clas	Nombre	Tiempo													
M-20A (20)			9,9 km	330 m	23 C	(cont.)										
			1(105) 13(32)	2(92) 14(33)	3(72) 15(38)	4(70) 16(59)	5(106) 17(56)	6(108) 18(55)	7(118) 19(78)	8(115) 20(88)	9(60) 21(111)	10(57) 22(127)	11(37) 23(200)	12(35) Meta		
8	38	Oliveras Ferrer Sergi Girona ALIGOTS	1:37:30	3:29 3:29 58:19 2:29	4:28 0:59 59:15 0:56	15:53 11:25 1:04:00 4:45	17:58 2:05 1:14:44 10:44	27:01 9:03 1:16:32 1:48	28:25 1:24 1:20:18 3:46	31:32 3:07 1:26:18 6:00	33:02 1:30 1:30:03 3:45	40:21 7:19 1:32:11 2:08	43:03 2:42 1:35:08 2:57	53:21 10:18 1:36:56 1:48	55:50 2:29 1:37:30 0:34	
				27:57 *107												
9	540	Herrero Gómez Abel Palencia ORCA	1:39:20	3:27 3:27 58:58 2:52	4:28 1:01 1:00:07 1:09	10:57 6:29 1:07:38 7:31	12:46 1:49 1:15:15 7:37	25:04 12:18 1:16:50 1:35	27:00 1:56 1:21:02 4:12	29:18 2:18 1:27:22 6:20	30:42 1:24 1:30:16 2:54	39:47 9:05 1:33:07 2:51	43:05 3:18 1:36:47 3:40	52:46 9:41 1:38:48 2:01	56:06 3:20 1:39:20 0:32	
10	28	Cornejo García Juan León ALCON	1:43:47	3:50 3:50 1:03:37 2:21	5:54 2:04 1:04:59 1:22	13:04 7:10 1:08:17 3:18	17:37 4:33 1:15:40 7:23	27:44 10:07 1:17:29 1:49	29:29 1:45 1:21:46 4:17	32:19 2:50 1:28:55 7:09	34:05 1:46 1:33:15 4:20	44:18 10:13 1:36:50 3:35	47:03 2:45 1:41:04 4:14	57:35 10:32 1:43:06 2:02	1:01:16 3:41 1:43:47 0:41	
11	684	López Cortijos Antonio Jesús Murcia TOTANA-O	1:51:30	4:19 4:19 1:05:08 2:35	5:33 1:14 1:06:24 1:16	12:33 7:00 1:12:49 6:25	15:20 2:47 1:21:51 9:02	28:11 12:51 1:23:37 1:46	29:19 1:08 1:28:03 4:26	32:39 3:20 1:36:51 8:48	34:30 1:51 1:41:07 4:16	45:30 11:00 1:43:56 2:49	49:10 3:40 1:48:08 4:12	59:46 10:36 1:50:50 2:42	1:02:33 2:47 1:51:30 0:40	
12	128	Canosa Vidal Pol Barcelona COC	1:53:43	4:32 4:32 1:03:52 2:36	6:22 1:50 1:04:54 1:02	12:55 6:33 1:08:56 4:02	16:07 3:12 1:16:18 7:22	26:41 10:34 1:18:01 1:43	28:12 1:31 1:23:51 5:50	30:35 2:23 1:31:53 8:02	32:54 2:19 1:45:44 13:51	43:36 10:42 1:48:13 2:29	47:06 3:30 1:51:14 3:01	58:07 11:01 1:53:03 1:49	1:01:16 3:09 1:53:43 0:40	
13	207	Mesas De Castro Miguel Cuenca COMCU	1:54:16	4:08 4:08 1:08:39 3:42	5:49 1:41 1:09:22 0:43	13:21 7:32 1:12:12 2:50	16:58 3:37 1:20:37 8:25	29:27 12:29 1:22:48 2:11	32:48 3:21 1:29:31 6:43	36:48 4:00 1:38:02 8:31	38:21 1:33 1:43:34 5:32	47:52 9:31 1:46:22 2:48	52:08 4:16 1:51:31 5:09	1:01:47 9:39 1:53:43 2:12	1:04:57 3:10 1:54:16 0:33	
14	279	De La Pascua Aragón Pablo Cádiz FUNDI-O	2:16:05	3:47 3:47 1:11:07 3:44	5:35 1:48 1:12:10 1:03	12:26 6:51 1:16:37 4:27	14:46 2:20 1:34:36 17:59	26:50 12:04 1:36:23 1:47	28:22 1:32 1:42:51 6:28	32:44 4:22 1:52:34 9:43	35:49 3:05 2:03:07 10:33	46:41 10:52 2:06:53 3:46	50:35 3:54 2:12:21 5:28	1:02:50 12:15 2:15:15 2:54	1:07:23 4:33 2:16:05 0:50	
15	31	Fidalgo Casares Darío León ALCON	2:16:21	4:31 4:31 1:21:15 4:55	5:56 1:25 1:23:52 2:37	13:32 7:36 1:27:16 3:24	16:05 2:33 1:35:56 8:40	29:18 13:13 1:39:28 3:32	32:08 2:50 1:44:38 5:10	36:17 4:09 1:55:12 10:34	39:00 2:43 1:59:12 4:00	57:36 18:36 2:04:07 4:55	1:00:59 3:23 2:13:11 9:04	1:13:01 12:02 2:15:33 2:22	1:16:20 3:19 2:16:21 0:48	
	674	Tordera Moreno-Tomé Jaime Toledo TOLEDO-O	andona	4:56 4:56 -----	6:01 1:05 -----	14:19 8:18 -----	16:28 2:09 -----	31:45 15:17 -----	33:14 1:29 -----	37:35 4:21 -----	42:59 5:24 -----	----- ----- -----	----- ----- 1:06:41	----- ----- 23:42	----- ----- 3:45	----- ----- 1:11:30
	75	Adeva Conde Mario Valladolid CDP-O	andona	5:08 5:08 1:54:00 4:20	7:01 1:53 1:57:42 3:42	29:25 22:24 2:02:32 4:50	32:05 2:40 ----- -----	47:49 15:44 ----- -----	49:46 1:57 ----- -----	1:00:46 11:00 ----- -----	1:03:14 2:28 ----- -----	1:19:02 15:48 ----- -----	1:27:22 8:20 ----- -----	1:43:41 16:19 ----- -----	1:49:40 5:59 2:45:17 42:45	
	36	Lobato Martínez Oscar León ALCON	No sale													
	201	Stangegaard Pérez Pedro Málaga COMA	No sale													
	163	Sanjuán Juan Raúl Alicante COLIVENC	No sale													
M-21A (44)			9,4 km	315 m	23 C											
			1(91) 13(115)	2(78) 14(118)	3(63) 15(124)	4(69) 16(123)	5(57) 17(106)	6(53) 18(102)	7(36) 19(96)	8(35) 20(84)	9(32) 21(111)	10(33) 22(127)	11(41) 23(200)	12(50) Meta		
1	35	Jiménez Jiménez Rodrigo León ALCON	1:36:24	4:29 4:29 1:03:46 17:50	8:21 3:52 1:04:58 1:12	12:48 4:27 1:09:26 4:28	13:36 0:48 1:10:51 1:25	19:47 6:11 1:12:22 1:31	21:57 2:10 1:16:03 3:41	30:44 8:47 1:18:31 2:28	32:26 1:42 1:20:24 1:53	34:35 2:09 1:28:46 8:22	35:29 0:54 1:33:46 5:00	38:53 3:24 1:35:46 2:06	45:56 7:03 1:36:24 0:38	
2	750	Martínez Torro Juan Pedro Alicante VILLENA-O	1:36:34	5:02 5:02 1:01:36 13:12	8:45 3:43 1:03:30 1:03:30	13:35 4:50 1:09:21 1:10:38	15:24 1:49 1:11:54 1:11:54	22:11 6:47 1:15:16 1:15:56	24:00 1:49 1:18:26 1:18:26	32:25 8:25 1:20:38 2:12	34:41 2:16 1:29:32 2:12	37:48 3:07 1:29:32 2:12	38:43 0:55 1:33:52 4:20	41:56 3:13 1:35:54 2:02	48:24 6:28 1:36:34 0:40	
3	271	García Dengra Arturo Toledo ESCONDITE-T	1:39:55	5:05 5:05 1:05:13 12:35	9:55 4:50 1:06:36 1:23	15:05 5:10 1:11:47 5:11	16:03 0:58 1:13:15 1:28	23:13 7:10 1:14:54 1:39	25:11 1:58 1:18:28 3:34	34:36 9:25 1:21:07 2:39	38:35 3:59 1:23:23 2:16	41:13 2:38 1:33:01 9:38	42:18 1:05 1:37:01 4:00	45:38 3:20 1:39:15 2:14	52:38 7:00 1:39:55 0:40	
4	43	Chamorro García Xoel Pontevedra AROMON	1:42:12	4:32 4:32 1:04:06 11:33	9:37 5:05 1:05:25 1:19	13:41 4:04 1:09:55 4:30	14:33 0:52 1:12:16 2:21	27:07 12:34 1:13:40 1:24	29:00 1:53 1:17:07 3:27	37:34 8:34 1:24:08 2:21	39:24 1:50 1:31:33 4:40	41:47 2:23 1:39:26 7:25	42:34 0:47 1:41:30 7:53	46:13 3:39 1:42:12 2:04	52:33 6:20 1:45:16 0:42	
5	326	Montero Fernández Francisco Javi Albacete GODIH	1:45:16	4:36 4:36 1:07:06 12:22	8:55 4:19 1:09:04 1:58	14:00 5:05 1:14:41 5:37	15:03 1:03 1:16:17 1:36	26:28 1:03 1:18:16 1:59	28:23 1:55 1:21:51 3:35	37:29 9:06 1:27:50 5:59	39:10 1:41 1:29:34 1:44	44:18 5:08 1:38:50 9:16	45:13 0:55 1:42:41 3:51	48:57 3:44 1:44:33 1:52	54:44 5:47 1:45:16 0:43	
				42:26 *31												

os	rsal	Nombre	Tiempo												
M-21A (44)			9,4 km	315 m	23 C	(cont.)									
			1(91)	2(78)	3(63)	4(69)	5(57)	6(53)	7(36)	8(35)	9(32)	10(33)	11(41)	12(50)	
			13(115)	14(118)	15(124)	16(123)	17(106)	18(102)	19(96)	20(84)	21(111)	22(127)	23(200)	Meta	
6	609	García Sanz Jorge Burgos TJALVE	1:45:59	5:23 5:23 1:10:32	9:15 3:52 1:12:01	13:39 4:24 1:16:43	14:33 0:54 1:18:11	21:13 6:40 1:19:47	23:36 2:23 1:23:21	37:04 13:28 1:26:05	39:40 2:36 1:29:37	42:37 2:57 1:38:13	45:28 2:51 1:43:10	49:09 3:41 1:45:21	58:04 8:55 1:45:59
7	57	Montes García Roberto Asturias ASTUR EXTREM	1:46:20	12:28 4:09 4:09 1:05:47	1:29 9:09 5:00 1:06:49	4:42 13:56 4:47 1:12:32	1:28 14:53 0:57 1:13:51	1:36 21:18 6:25 1:19:32	3:34 23:21 2:03 1:23:43	2:44 33:04 9:43 1:27:31	3:32 34:50 1:46 1:29:19	8:36 36:45 1:55 1:39:12	4:57 37:32 0:47 1:43:47	2:11 40:57 3:25 1:45:44	0:38 49:21 8:24 1:46:20
8	89	Garrido Yustos Julio Cesar Valladolid CDP-O	1:46:36	16:26 5:34 5:34 1:09:11	1:02 10:40 5:06 1:10:39	5:43 15:25 4:45 1:15:43	1:19 16:19 0:54 1:17:08	5:41 23:56 7:37 1:18:58	4:11 26:07 2:11 1:22:31	3:48 38:46 12:39 1:25:13	1:48 42:41 3:55 1:27:19	9:53 45:23 2:42 1:37:26	4:35 46:12 0:49 1:43:05	1:57 49:35 3:23 1:45:48	0:36 56:45 7:10 1:46:36
9	602	Leiva Cárdenas Francisco Madrid T TRAGAME	1:47:18	12:26 4:23 4:23 1:05:34	1:28 8:38 4:15 1:07:02	5:04 12:47 4:09 1:12:03	1:25 13:38 0:51 1:13:46	1:50 23:21 9:43 1:15:29	3:33 25:40 2:19 1:19:36	2:42 35:25 9:45 1:22:41	2:06 37:31 2:06 1:26:35	10:07 41:06 3:35 1:41:00	5:39 42:01 0:55 1:44:33	2:43 45:54 3:53 1:46:40	0:48 53:41 7:47 1:47:18
10	205	Cotillas Moya David Cuenca COMCU	1:47:36	11:53 3:58 3:58 1:08:30	1:28 8:13 4:15 1:09:43	5:01 11:40 3:27 1:14:20	1:43 12:28 0:48 1:15:55	1:43 22:49 10:21 1:20:39	4:07 24:38 1:49 1:23:43	3:05 36:20 11:42 1:29:34	3:54 37:55 1:35 1:32:34	14:25 40:09 2:14 1:40:05	3:33 41:00 0:51 1:44:53	2:07 44:58 3:58 1:46:56	0:38 56:19 11:21 1:47:36
11	125	Ipiña Moja Asier Vizcaya COBI	1:50:17	12:11 5:02 5:02 1:11:33	1:13 9:40 4:38 1:13:27	4:37 13:57 4:17 1:18:39	1:35 14:49 0:52 1:20:22	4:44 27:36 12:47 1:23:12	3:04 30:16 2:40 1:27:40	5:51 41:31 11:15 1:31:12	3:00 43:46 2:15 1:34:40	7:31 46:35 2:49 1:43:02	4:48 47:26 0:51 1:47:42	2:03 51:15 3:49 1:49:43	0:40 58:12 6:57 1:50:17
12	307	Prado Da Cruz Carlos Manuel Madrid GOCAN	1:51:33	13:21 4:11 4:11 1:06:06	1:54 8:30 4:19 1:09:11	5:12 13:47 5:17 1:13:57	1:43 14:35 0:48 1:15:18	2:50 22:15 7:40 1:17:05	4:28 24:30 2:15 1:30:16	3:32 34:12 9:42 1:32:49	3:28 36:31 2:19 1:34:17	8:22 39:22 2:51 1:44:04	4:40 40:11 0:49 1:48:19	2:01 43:22 0:49 1:50:50	0:34 52:14 8:52 1:51:33
13	561	Hernaiz Sánchez Oscar La Rioja RIOJA-O	1:54:01	13:52 4:31 4:31 1:08:29	3:05 9:20 4:49 1:09:50	4:46 13:50 4:30 1:15:25	1:21 14:46 0:56 1:17:15	1:47 21:47 7:01 1:19:14	13:11 24:32 2:45 1:24:52	2:33 35:00 10:28 1:28:13	1:28 38:55 3:55 1:30:10	9:47 41:55 3:00 1:44:02	4:15 42:44 0:49 1:50:21	2:31 46:04 3:20 1:53:12	0:43 54:50 8:46 1:54:01
14	2	Manuel Ruiz Juan Castellón ADCON	1:54:19	13:39 4:27 4:27 1:13:41	1:21 9:03 4:36 1:16:37	5:35 13:02 3:59 1:23:59	1:50 14:04 1:02 1:25:24	1:59 31:17 17:13 1:29:28	5:38 33:09 1:52 1:33:04	3:21 41:58 8:49 1:36:05	1:57 43:46 1:48 1:37:36	13:52 46:20 2:34 1:47:16	6:19 47:07 0:47 1:50:57	2:51 50:20 3:13 1:53:36	0:49 1:02:31 12:11 1:54:19
15	512	Blanco Gonzalo Ramón Asturias NORDESTE-O	1:54:28	11:10 9:03 9:03 1:12:34	2:56 13:54 4:51 1:13:46	7:22 17:48 3:54 1:19:30	1:25 18:48 1:00 1:21:14	4:04 26:13 7:25 1:23:05	3:36 28:09 1:56 1:28:04	3:01 38:30 10:21 1:30:27	1:31 43:47 5:17 1:32:28	1:31 46:31 2:44 1:47:08	9:40 47:34 1:03 1:51:39	3:41 51:29 3:55 1:53:50	0:43 59:48 8:19 1:54:28
16	720	Piñeiro Fraga Brais Pontevedra U-VIGO	1:54:59	12:46 4:30 4:30 1:19:50	1:12 8:44 4:14 1:20:53	5:44 13:36 4:52 1:26:25	1:44 14:14 0:38 1:27:43	1:51 31:54 17:40 1:30:10	4:59 33:21 1:27 1:33:18	2:23 41:44 8:23 1:36:10	2:01 43:38 1:54 1:38:25	14:40 49:11 5:33 1:47:50	14:40 50:09 0:58 1:52:20	4:31 54:04 3:55 1:54:19	0:38 1:01:04 7:00 1:54:59
17	100	Salamanca Farto Mario Valladolid CDP-O	1:55:19	18:46 5:11 5:11 1:09:19	1:03 10:03 4:52 1:10:50	5:32 14:47 4:44 1:16:07	1:18 15:49 1:02 1:17:43	2:27 23:08 7:19 1:22:17	3:08 25:45 2:37 1:27:22	2:52 35:39 9:54 1:30:52	2:15 38:05 2:26 1:32:34	9:25 41:03 2:58 1:43:14	4:30 42:13 1:10 1:51:53	1:59 47:00 4:47 1:54:29	0:40 56:19 9:19 1:55:19
18	751	Perez Querol Jorge Alicante VILLENA-O	1:55:40	13:00 5:24 5:24 1:15:35	1:31 10:26 5:02 1:20:18	5:17 14:59 4:33 1:25:49	1:36 15:55 0:56 1:27:18	4:34 28:04 12:09 1:28:57	5:05 32:30 4:26 1:32:29	3:30 42:06 9:36 1:34:59	1:42 44:04 1:58 1:37:12	10:40 47:42 3:38 1:48:57	8:39 48:26 0:44 1:52:50	2:36 52:25 3:59 1:55:01	0:50 1:00:22 7:57 1:55:40
19	598	Díaz García José Almería SURCO	1:56:51	15:13 5:07 5:07 1:17:26	4:43 11:50 6:43 1:18:56	5:31 18:15 6:25 1:23:26	1:29 19:02 0:47 1:24:58	1:39 25:42 6:40 1:26:10	3:32 27:48 2:06 1:31:25	2:30 37:07 9:19 1:33:51	2:13 41:55 4:48 1:35:50	2:13 49:14 7:19 1:49:22	3:53 50:16 1:02 1:54:41	2:11 54:05 3:49 1:56:22	0:39 1:01:44 7:39 1:56:51
20	19	Cano López Antonio Jesús Madrid ALABARDA-O	1:58:20	15:42 5:25 5:25 1:13:51	1:30 9:57 4:32 1:15:39	4:30 15:35 5:38 1:24:49	1:32 16:28 0:53 1:26:04	1:12 22:48 6:20 1:27:41	5:15 24:46 1:58 1:33:28	2:26 41:17 16:31 1:39:18	1:59 43:16 1:59 1:40:33	13:32 46:26 3:10 1:50:10	5:19 47:40 1:14 1:55:27	1:41 52:31 4:51 1:57:39	0:29 1:00:12 7:41 1:58:20
21	603	Montes García Francisco Madrid T TRAGAME	2:05:00	13:39 4:20 4:20 1:20:55	1:48 9:27 5:07 1:22:07	9:10 14:27 5:00 1:27:57	1:15 15:23 0:56 1:31:13	1:37 24:41 9:18 1:33:46	5:47 27:22 2:41 1:39:30	5:50 40:10 12:48 1:43:04	1:15 42:17 2:07 1:45:28	9:37 46:34 4:17 1:57:18	5:17 47:32 0:58 2:01:39	2:12 51:10 3:38 2:04:12	0:41 1:02:24 11:14 2:05:00
22	695	Armengol Pañella Nil Barcelona UEVIC	2:05:16	18:31 5:28 5:28 1:25:08	1:12 12:20 6:52 1:27:12	5:50 19:42 7:22 1:32:45	3:16 20:50 1:08 1:35:11	2:33 29:51 9:01 1:36:51	5:44 32:34 2:43 1:42:48	3:34 43:50 11:16 1:46:35	2:24 46:21 2:31 1:49:01	11:50 49:59 3:38 1:57:57	4:21 51:24 1:25 2:02:24	2:33 57:31 6:07 2:04:40	0:48 1:07:23 9:52 2:05:16
23	233	Isla Zorita Daniel Valladolid COV	2:05:48	17:45 4:28 4:28 1:16:20	2:04 12:16 7:48 1:17:44	5:33 18:10 5:54 1:22:04	2:26 19:05 0:55 1:34:14	1:40 26:40 7:35 1:35:39	5:57 28:55 2:15 1:39:07	3:47 40:29 11:34 1:42:29	2:26 43:16 2:47 1:43:58	8:56 45:37 2:21 1:58:14	4:27 46:41 1:04 2:03:15	2:16 51:07 4:26 2:05:14	0:36 59:34 8:27 2:05:48
24	50	Soto Boullosa Ángel Pontevedra AROMON	2:05:58	16:46 6:09 6:09 1:22:07	1:24 10:37 4:28 1:24:08	4:20 25:02 14:25 1:30:09	12:10 25:55 0:53 1:31:39	1:25 37:36 11:41 1:33:08	3:28 39:50 2:14 1:36:48	3:22 47:51 8:01 1:39:29	1:29 49:32 1:41 1:41:36	14:16 52:13 2:41 1:57:40	14:16 53:35 1:22 2:03:05	5:01 57:20 1:22 2:05:15	1:59 1:06:15 8:55 2:05:58

os	rsal	Nombre	Tiempo												
M-21A (44)				9,4 km	315 m	23 C	(cont.)								
				1(91) 13(115)	2(78) 14(118)	3(63) 15(124)	4(69) 16(123)	5(57) 17(106)	6(53) 18(102)	7(36) 19(96)	8(35) 20(84)	9(32) 21(111)	10(33) 22(127)	11(41) 23(200)	12(50) Meta
25	596	Saz Segovia Pablo Madrid SOTOBOSQUE	2:09:22	5:04 1:21:29 17:08	11:12 1:22:50 1:21	17:09 1:29:35 6:45	18:16 1:31:35 2:00	26:58 1:34:02 2:27	29:18 1:39:52 5:36	42:27 1:43:19 3:41	44:44 1:47:27 4:08	48:18 1:59:52 12:25	49:23 2:05:33 5:41	53:25 2:08:23 2:50	1:04:21 2:09:22 0:59
26	749	Catalán García Samuel Alicante VILLENA-O	2:09:25	4:20 1:23:02 19:15	9:00 1:25:43 2:41	14:17 1:33:21 7:38	15:08 1:35:08 1:47	28:46 1:37:19 2:11	31:00 1:42:29 5:10	43:46 1:46:03 3:34	46:11 1:48:08 2:05	49:27 2:00:18 12:10	50:46 2:05:44 5:26	54:33 2:08:36 2:52	1:03:47 2:09:25 0:49
27	231	Frontela Mucientes Ángel Valladolid COV	2:10:22	6:20 1:21:26 13:04	12:18 1:24:29 3:03	17:42 1:30:18 5:49	18:46 1:32:08 1:50	29:03 1:34:28 2:20	32:04 1:39:19 4:51	46:27 1:42:43 3:24	49:38 1:46:52 4:09	52:43 1:59:40 12:48	54:05 2:07:30 7:50	59:05 2:09:43 2:13	1:08:22 2:10:22 0:39
28	287	Urién Pérez Saúl Cádiz FUNDI-O	2:10:42	4:56 4:56 1:20:04	11:42 6:46 1:23:31	16:56 5:14 1:29:59	17:51 0:55 1:31:45	27:00 9:09 1:33:51	29:24 2:24 1:39:15	39:53 10:29 1:42:30	42:12 2:19 1:44:12	47:26 5:14 1:59:02	49:08 1:42 2:07:45	54:22 5:14 2:09:59	1:03:38 9:16 2:10:42
29	600	Perez Aguilera Andres Jesus Almería SURCO	2:14:58	6:17 6:17 1:31:26	14:16 7:59 1:32:55	23:34 9:18 1:37:27	24:47 1:13 1:38:59	34:33 2:06 1:40:11	36:55 5:24 1:45:27	51:08 3:15 1:47:52	55:56 1:42 1:49:51	1:03:14 14:50 2:03:23	1:04:17 8:43 2:08:43	1:08:06 2:14 2:13:09	1:15:45 0:43 2:14:58
30	407	Torres Almagro Luis Córdoba LOS CALIFAS	2:19:41	6:04 6:04 1:26:49	13:30 7:26 1:29:35	19:27 5:57 1:35:59	20:28 1:01 1:38:11	30:09 9:41 1:39:58	32:31 2:22 1:45:06	44:51 12:20 1:48:22	47:21 2:30 1:50:49	50:22 3:01 2:09:04	51:33 1:11 2:16:28	56:32 4:59 2:18:52	1:05:56 9:24 2:19:41
31	722	García Calado Alberto José Valencia VALENCIA-O	2:20:10	5:49 5:49 1:24:48	13:21 7:32 1:26:59	18:56 5:35 1:37:26	20:03 1:07 1:43:30	29:06 9:03 1:45:10	31:19 2:13 1:50:56	43:09 11:50 1:54:12	47:58 4:49 1:56:12	52:32 4:34 2:11:59	53:38 1:06 2:16:53	58:57 5:19 2:19:21	1:09:06 10:09 2:20:10
32	308	Recio Pisón Borja Madrid GOCAN	2:22:33	13:36 13:36 1:25:52	18:13 4:37 1:27:42	23:41 5:28 1:33:52	24:25 0:44 1:35:35	32:10 7:45 1:37:13	35:12 3:02 1:42:05	47:04 11:52 1:44:51	52:15 5:11 1:48:39	54:54 2:19 2:12:12	55:59 1:05 2:19:38	59:59 4:00 2:21:53	1:08:09 8:10 2:22:33
33	416	García de Villarreal Enzo Madrid MALARRUTA	2:24:16	17:43 18:11 1:39:13	1:50 4:42 1:41:20	6:10 9:27 1:48:12	1:43 1:06 1:49:52	1:38 13:12 1:51:28	4:52 2:34 1:55:29	2:46 10:43 1:58:58	3:48 1:47 2:02:20	23:33 2:42 2:14:02	7:26 1:23 2:20:25	2:15 4:48 2:23:33	0:40 9:12 2:24:16
34	244	Sánchez García Raimundo Jesús Valladolid COV	2:24:56	19:26 20:22 1:43:06	2:07 27:38 1:44:41	6:52 33:33 1:50:13	1:40 34:32 1:51:55	1:36 43:20 1:53:45	4:01 46:30 1:59:44	3:29 59:04 2:02:41	3:22 1:01:32 2:05:07	11:42 1:04:28 2:16:52	6:23 1:05:36 2:21:42	3:08 1:09:27 2:24:09	0:43 1:20:18 2:24:56
35	122	Etxebarria Cubillo Iker Vizcaya COBI	2:26:00	22:48 4:36 1:39:21	1:35 9:05 1:41:28	5:32 16:24 1:47:58	1:42 17:29 1:49:52	1:50 24:55 1:52:09	5:59 26:55 1:59:35	2:57 56:36 2:02:32	2:26 1:02:30 2:05:28	11:45 1:06:01 2:17:48	4:50 1:07:19 2:22:31	2:27 1:13:09 2:25:08	0:47 1:22:32 2:26:00
36	403	Nieto Uclés Manuel Córdoba LOS CALIFAS	2:35:44	16:49 6:26 6:26 1:39:45 17:28	2:07 17:03 10:37 1:42:47 3:02	6:30 22:49 5:46 1:49:30 6:43	1:54 24:14 1:25 1:51:54 2:24	2:17 38:12 13:58 1:54:38 2:44	7:26 41:02 2:50 1:54:38 6:32	2:57 54:20 13:18 2:05:18 4:08	2:56 58:02 3:42 2:08:14 2:56	12:20 1:02:10 4:08 2:24:00 15:46	4:43 1:05:52 3:42 2:31:35 7:35	2:37 1:12:36 6:44 2:34:38 3:03	0:52 1:22:17 9:41 2:35:44 1:06
	131	Veleda Díaz David Barcelona COC	en tarj.	6:08 6:08 1:35:11 15:37 26:49 *58	11:21 5:13 1:36:58 1:47 1:55:42 *115	17:16 5:55 1:42:00 5:02 1:55:42 *115	18:24 1:08 1:43:50 1:50 1:56:45 *118	28:54 10:30 1:45:30 1:40 1:56:45 *118	31:35 2:41 2:02:15 6:32 2:05:32 *118	43:13 11:38 2:06:08 4:08 2:08:40 *118	47:27 4:14 ----- 2:56 2:10:38 *118	1:05:54 18:27 ----- ----- 2:10:38 *118	1:06:05 3:44 ----- ----- 2:10:38 *118	1:07:42 1:37 ----- 5:48 2:43:56 *118	1:12:58 5:16 2:43:56 2:43 2:46:54 *118
	676	Vidal López José María Toledo TOLEDO-O	en tarj.	5:41 5:41 1:47:38	17:16 11:35 1:49:45	24:21 7:05 1:55:16	25:48 1:27 1:56:55	39:48 14:00 1:58:47	42:40 2:52 2:05:32	55:19 12:39 2:08:40	1:02:21 7:02 2:10:38	1:06:05 3:44 -----	1:07:42 1:37 -----	1:12:58 5:16 2:43:56	1:24:29 11:31 2:46:54
	693	Mata Rodríguez Eros Giuseppe Orense TREVINCA	andona	4:15 4:15 -----	10:23 6:08 -----	16:28 6:05 -----	17:22 0:54 -----	25:49 8:27 -----	28:27 2:38 -----	40:14 11:47 -----	42:51 2:37 -----	46:01 3:10 -----	47:10 1:09 -----	52:39 5:29 1:41:29	1:01:57 9:18 1:43:06
	240	Pérez-Cecilia Aguilar Juan Ramón Valladolid COV	No sale											39:32	1:37
	802	ENCHEV STANIMR Madrid MAXIMUS	No sale												
	53	Martínez Cárcel Carlos Murcia ASON	No sale												
	245	Sanjuán Prieto Pedro Mario Valladolid COV	No sale												
	54	Del Bustio Díaz Andrés Asturias ASTUR EXTREM	No sale												

os	rsal	Nombre	Tiempo													
M-21B (33)			6,8 km 230 m		16 C											
			1(105) 13(88)	2(92) 14(95)	3(80) 15(127)	4(102) 16(200)	5(124) Meta	6(123)	7(69)	8(48)	9(46)	10(45)	11(58)	12(77)		
1	599	García Parra Antonio Jose Almería SURCO	1:18:16	5:38 5:38	7:23 1:45	12:15 4:52	17:08 4:53	21:48 4:40	23:15 1:27	36:14 12:59	43:08 6:54	45:32 2:24	47:32 2:00	53:17 5:45	1:04:01 10:44	
			1:06:14 2:13	1:07:46 1:32	1:15:48 8:02	1:17:45 1:57	1:18:16 0:31									
2	126	Monasterio Campillo Mikel Vizcaya COBI	1:20:24	4:12 4:12	6:36 2:24	10:55 4:19	17:59 7:04	22:44 4:45	30:40 7:56	44:39 13:59	51:06 6:27	53:23 2:17	55:10 1:47	1:00:18 5:08	1:09:43 9:25	
			1:11:55 2:12	1:13:19 1:24	1:17:39 4:20	1:19:43 2:04	1:20:24 0:41									
3	72	Salgado Ríoz César Cantabria CD ALTAI	1:24:56	4:23 4:23	5:17 0:54	10:45 5:28	16:54 6:09	20:38 3:44	22:20 1:42	39:20 17:00	45:19 5:59	47:25 2:06	53:03 5:38	57:20 4:17	1:12:01 14:41	
			1:14:16 2:15	1:15:55 1:39	1:21:41 5:46	1:24:19 2:38	1:24:56 0:37									
4	673	Tordera Moreno-Tomé Alex Toledo TOLEDO-O	1:26:15	6:31 6:31	7:42 1:11	12:33 4:51	17:56 5:23	24:43 6:47	25:55 1:12	41:34 15:39	49:01 7:27	51:32 2:31	53:38 2:06	1:00:05 6:27	1:12:28 12:23	
			1:15:44 3:16	1:17:40 1:56	1:23:04 5:24	1:25:32 2:28	1:26:15 0:43									
5	116	Castella Sanjose Ricard Barcelona COB	1:26:59	5:15 5:15	8:05 2:50	12:53 4:48	18:31 5:38	22:24 3:53	24:23 1:59	41:04 16:41	47:55 6:51	53:44 5:49	55:42 1:58	1:01:16 5:34	1:13:41 12:25	
			1:16:57 3:16	1:18:26 1:29	1:24:02 5:36	1:26:29 2:27	1:26:59 0:30									
6	390	Monreal González Rafael Murcia LORCA-O	1:27:57	5:44 5:44	7:44 2:00	14:18 6:34	20:26 6:08	27:12 6:46	29:20 2:08	43:12 13:52	49:23 6:11	51:42 2:19	53:42 2:00	1:01:24 7:42	1:13:47 12:23	
			1:17:10 3:23	1:18:54 1:44	1:25:29 6:35	1:27:25 1:56	1:27:57 0:32									
7	395	Úbeda López Diego Murcia LORCA-O	1:29:41	4:55 4:55	6:29 1:34	11:55 5:26	16:48 4:53	20:53 4:05	35:58 15:05	52:39 16:41	59:37 6:58	1:01:55 2:18	1:03:37 1:42	1:08:34 4:57	1:18:40 10:06	
			1:20:57 2:17	1:22:10 1:13	1:26:52 4:42	1:28:56 2:04	1:29:41 0:45									
8	123	Garcia Casado Ivan Vizcaya COBI	1:31:51	4:29 4:29	6:06 1:37	13:29 7:23	20:03 6:34	24:09 4:06	30:17 6:08	44:08 13:51	51:03 6:55	56:07 5:04	58:00 1:53	1:07:16 9:16	1:18:49 11:33	
			1:22:26 3:37	1:24:08 1:42	1:29:19 5:11	1:31:16 1:57	1:31:51 0:35									
9	136	Fernández De Castro Darío Badajoz CODAN EXTREMADURA	1:39:54	5:26 5:26	6:56 1:30	14:35 7:39	21:38 7:03	27:16 5:38	29:31 2:15	47:22 17:51	55:09 7:47	58:40 3:31	1:05:36 6:56	1:11:44 6:08	1:24:38 12:54	
			1:27:40 3:02	1:29:37 1:57	1:36:42 7:05	1:39:10 2:28	1:39:54 0:44									
10	490	Muñoz Domingo José Carlos Toledo NAVALCAN-O	1:40:45	5:52 5:52	7:41 1:49	13:44 6:03	22:19 8:35	28:48 6:29	31:00 2:12	47:32 16:32	56:42 9:10	1:00:44 4:02	1:04:36 3:52	1:10:19 5:43	1:22:55 12:36	
			1:27:49 4:54	1:30:25 2:36	1:36:59 6:34	1:40:10 3:11	1:40:45 0:35									
11	658	Muñoz Pavón Roberto Toledo TOLEDO-O	1:41:20	6:03 6:03	7:54 1:51	13:58 6:04	28:03 14:05	32:43 4:40	35:41 2:58	56:40 20:59	1:03:55 7:15	1:06:37 2:42	1:08:39 2:02	1:14:59 6:20	1:27:31 12:32	
			1:30:58 3:27	1:32:41 1:43	1:38:13 5:32	1:40:38 2:25	1:41:20 0:42									
12	182	Carrera Cuenca Iván Málaga COMA	1:42:19	5:30 5:30	7:50 2:20	14:26 6:36	21:04 6:38	27:02 5:58	28:52 1:50	45:02 16:10	55:52 10:50	59:03 3:11	1:02:39 3:36	1:08:26 5:47	1:23:34 15:08	
			1:26:45 3:11	1:28:45 2:00	1:39:00 10:15	1:41:45 2:45	1:42:19 0:34									
13	625	Caro Huertas Manuel Toledo TOLEDO-O	1:50:31	4:57 4:57	7:53 2:56	14:44 6:51	21:14 6:30	24:59 3:45	29:15 4:16	45:58 16:43	1:04:05 18:07	1:06:48 2:43	1:09:02 2:14	1:14:25 5:23	1:28:21 13:56	
			1:36:30 8:09	1:39:20 2:50	1:45:32 6:12	1:49:51 4:19	1:50:31 0:40									
14	760	Colom Pich Xavi Barcelona XINOXANO	1:50:41	4:23 4:23	5:43 1:20	11:32 5:49	19:38 8:06	22:58 3:20	24:19 1:21	50:26 26:07	1:00:54 10:28	1:11:23 10:29	1:13:44 2:21	1:19:39 5:55	1:35:23 15:44	
			1:40:28 5:05	1:43:20 2:52	1:48:10 4:50	1:50:06 1:56	1:50:41 0:35									
15	270	Trías Martínez Juan Madrid ESCONDITE-M	1:51:07	4:32 4:32	6:11 1:39	10:43 4:32	15:40 4:57	34:56 19:16	41:00 6:04	1:01:18 20:18	1:09:17 7:59	1:12:09 2:52	1:15:19 3:10	1:20:36 5:17	1:34:31 13:55	
			1:37:54 3:23	1:39:55 2:01	1:48:16 8:21	1:50:24 2:08	1:51:07 0:43									
16	459	Martinez Pineda Jonatan Murcia MURCIA-O	1:53:55	6:19 6:19	8:30 2:11	14:03 5:33	21:12 7:09	25:27 4:15	27:27 2:00	46:58 19:31	55:12 8:14	57:50 2:38	1:01:30 3:40	1:07:36 6:06	1:24:03 16:27	
			1:36:42 12:39	1:39:42 3:00	1:50:41 10:59	1:53:11 2:30	1:53:55 0:44									
17	725	Gomez Blesa Demetrio Valencia VALENCIA-O	1:54:51	7:01 7:01	9:13 2:12	17:18 8:05	24:51 7:33	29:52 5:01	32:40 2:48	52:29 19:49	1:01:41 9:12	1:04:48 3:07	1:07:45 2:57	1:15:34 7:49	1:34:05 18:31	
			1:39:29 5:24	1:42:12 2:43	1:51:16 9:04	1:54:03 2:47	1:54:51 0:48									
18	634	Fernández Dopico Eduardo Toledo TOLEDO-O	1:56:13	6:10 6:10	7:39 1:29	13:37 5:58	20:16 6:39	25:01 4:45	27:35 2:34	1:03:28 35:53	1:11:57 8:29	1:14:30 2:33	1:17:31 3:01	1:24:56 7:25	1:39:37 14:41	
			1:43:08 3:31	1:45:59 2:51	1:53:13 7:14	1:55:42 2:29	1:56:13 0:31									
19	489	Muñoz Bardera Diego Toledo NAVALCAN-O	2:00:18	7:55 7:55	9:22 1:27	19:21 9:59	27:16 7:55	31:34 4:18	34:43 3:09	54:34 19:51	1:03:29 8:55	1:06:54 3:25	1:09:12 2:18	1:18:22 9:10	1:39:27 21:05	
			1:42:04 2:37	1:44:08 2:04	1:56:53 12:45	1:59:21 2:28	2:00:18 0:57									
20	223	Mahou Miguel Álvaro Madrid COTA	2:01:34	5:54 5:54	9:27 3:33	15:48 6:21	23:42 7:54	29:50 6:08	40:37 10:47	1:02:46 22:09	1:12:52 10:06	1:16:34 3:42	1:19:24 2:50	1:26:16 6:52	1:43:06 16:50	
			1:46:55 3:49	1:49:28 2:33	1:58:11 8:43	2:00:54 2:43	2:01:34 0:40									

rsal			Nombre												Tiempo											
M-21B (33)			6,8 km 230 m				16 C				(cont.)															
			1(105) 13(88)	2(92) 14(95)	3(80) 15(127)	4(102) 16(200)	5(124) Meta	6(123)	7(69)	8(48)	9(46)	10(45)	11(58)	12(77)												
21	479	González Díaz Abel Toledo NAVALCAN-O	2:05:40	5:59 5:59 1:50:58	7:14 1:15 1:52:51	12:49 5:35 2:03:09	20:21 7:32 2:05:01	28:37 8:16 2:05:40	30:00 1:23	53:00 23:00	1:13:59 20:59	1:19:00 5:01	1:22:53 3:53	1:28:18 5:25	1:48:29 20:11											
22	493	Parejo Sanz Joaquin Toledo NAVALCAN-O	2:08:03	2:29 6:02 1:47:15	1:53 8:18 1:49:25	10:18 13:58 2:03:02	1:52 21:34 2:07:24	0:39 25:31 2:08:03	28:12 2:41	46:54 18:42	59:18 12:24	1:02:18 3:00	1:04:37 2:19	1:13:03 8:26	1:30:51 17:48											
23	633	Fernández Comendador Jesús Toledo TOLEDO-O	2:10:43	16:24 6:28 1:57:02	2:10 8:14 1:59:26	13:37 16:08 2:07:34	4:22 23:45 2:09:54	0:39 44:39 2:10:43	46:52 2:13	1:07:09 20:17	1:23:42 16:33	1:26:33 2:51	1:29:44 3:11	1:39:31 9:47	1:53:43 14:12											
24	306	Parla Ramírez Tomas Madrid GOCAN	2:24:53	3:19 6:24 2:02:52	2:24 2:05 2:05:40	8:08 7:06 2:19:57	2:20 8:53 2:23:44	0:49 6:47 2:24:53	34:35 3:20	56:38 22:03	1:09:23 12:45	1:13:32 4:09	1:17:15 3:43	1:26:20 9:05	1:47:44 21:24											
25	481	Hidalgo Díaz Luis Enrique Toledo NAVALCAN-O	2:25:06	15:08 6:21 2:13:48	2:48 9:52 2:16:21	14:17 19:38 2:21:36	3:47 33:20 2:24:14	1:09 57:43 2:25:06	1:00:05 2:22	1:26:03 25:58	1:34:55 8:52	1:39:04 4:09	1:41:57 2:53	1:51:11 9:14	2:07:06 15:55											
26	474	Cortes Olmo Raúl Toledo NAVALCAN-O	2:34:03	6:42 8:28 2:18:29	2:33 11:52 2:20:50	5:15 22:40 2:29:30	2:38 37:40 2:33:12	0:52 47:52 2:34:03	50:37 2:45	1:17:57 27:20	1:31:23 13:26	1:36:45 5:22	1:41:35 4:50	1:51:38 10:03	2:12:56 21:18											
27	466	Blanco Quiroga Manuel Toledo NAVALCAN-O	2:51:14	5:33 7:32 2:33:51	2:21 2:59 2:37:03	8:40 7:20 2:47:32	3:42 10:05 2:50:23	0:51 7:54 2:51:14	38:37 2:47	1:10:15 31:38	1:25:09 14:54	1:29:50 4:41	1:35:29 5:39	1:50:51 15:22	2:17:39 26:48											
28	631	Esteban-Manzanares Ferná Luis Toledo TOLEDO-O	3:07:49	16:12 12:33 2:46:07	3:12 1:14 2:54:02	10:29 7:25 3:01:59	2:51 32:52 3:06:31	0:51 6:34 3:07:49	1:05:58 5:20	1:30:22 24:24	1:43:53 13:31	1:48:18 4:25	1:52:15 3:57	2:03:56 11:41	2:42:51 38:55											
	51	Varela Varela Francisco Xosé Pontevedra AROMON	andona	21:14 21:14 -----	23:28 2:14 -----	31:09 7:41 -----	40:26 9:17 2:08:57	48:21 7:55 24:58	51:06 2:45	1:16:54 25:48	1:27:06 10:12	1:31:12 4:06	1:34:46 3:34	1:43:59 9:13	-----											
	801	RAMOS ABELARIA IVAN Madrid MAXIMUS	andona	----- ----- -----	----- ----- -----	----- ----- -----	----- ----- -----	----- ----- -----	-----	-----	-----	-----	-----	-----	-----											
	436	Nogales González Antonio Ciudad Real MANZANARES-O	andona	6:46 6:46 -----	13:50 7:04 -----	20:49 6:59 -----	29:48 8:59 -----	46:53 17:05 -----	56:03 9:10	1:18:17 22:14	2:05:43 47:26	-----	-----	-----	-----											
	480	González Díaz Ismael Toledo NAVALCAN-O	No sale																							
	65	Herrero Jiménez Sergio Madrid C.D.C.E.B.E.	No sale																							
M-35A (33)			9,6 km 320 m				23 C																			
			1(109) 13(56)	2(73) 14(55)	3(70) 15(118)	4(61) 16(124)	5(58) 17(123)	6(36) 18(106)	7(34) 19(108)	8(32) 20(84)	9(33) 21(116)	10(41) 22(126)	11(46) 23(200)	12(59) Meta												
1	255	Bustillo Ruiz Alfonso La Rioja CRON	1:23:58	3:09 3:09 43:30	7:49 4:40 48:07	9:25 1:36 57:45	14:05 4:40 1:01:43	17:07 3:02 1:02:54	26:05 8:58 1:04:03	27:31 1:26 1:08:03	29:46 2:15 1:15:56	30:43 0:57 1:21:18	33:22 2:39 1:23:23	38:29 5:07 1:23:58	41:46 3:17 1:23:58											
2	304	Jiménez Molina Santiago Madrid GOCAN	1:24:24	1:44 3:02 46:09	4:37 7:24 49:29	9:38 9:30 58:35	3:58 14:27 1:03:20	1:11 19:04 1:05:13	1:09 27:24 1:06:57	4:00 28:40 1:09:51	4:27 30:20 1:13:53	3:26 31:26 1:17:11	5:22 34:54 1:21:42	2:05 39:14 1:23:53	0:35 44:08 1:24:24											
3	418	Gil Rodríguez Carlos Madrid MALARRUTA	1:27:28	2:01 3:00 3:00	3:20 8:21 5:21	9:06 10:11 1:50	4:45 15:51 5:40	1:53 18:50 2:59	1:44 27:42 8:52	2:54 29:11 1:29	4:02 31:13 2:02	3:18 32:30 1:17	4:31 35:28 2:58	2:11 40:13 4:45	0:31 43:26 3:13											
4	451	RoI Rúa Juan Carlos Madrid MONTE EL PARDO	1:28:16	45:40 2:14 3:47	49:12 3:32 8:55	59:43 10:31 11:09	1:06:34 6:51 18:11	1:07:47 1:13 21:46	1:08:58 1:11 31:43	1:11:11 2:13 32:57	1:15:56 4:45 34:58	1:20:24 4:28 35:53	1:24:50 4:26 39:23	1:26:59 2:09 44:20	1:27:28 0:29 48:51											
5	733	Tello Lacal Alex Valencia VALENCIA-O	1:31:02	1:52 3:21 50:31	3:31 10:04 54:10	8:52 13:14 1:05:08	4:44 17:23 1:10:02	1:34 20:22 1:11:30	1:26 30:39 1:13:03	2:17 32:09 1:14:49	4:10 34:54 1:18:55	3:20 35:44 1:22:15	4:50 39:06 1:27:47	2:15 44:50 1:30:18	0:34 48:39 1:31:02											
6	387	Martínez Díaz Raúl Murcia LORCA-O	1:32:08	1:52 5:26 51:27	3:39 6:20 55:53	10:58 2:10 1:06:43	4:54 4:35 1:10:56	1:28 3:05 1:12:48	1:33 10:05 1:14:23	1:46 1:57 1:15:57	4:06 1:54 1:20:36	3:20 1:05 1:24:00	5:32 3:31 1:28:53	2:31 5:17 1:31:24	0:44 4:14 1:32:08											

os			rsal		Nombre		Tiempo																			
M-35A (33)			9,6 km		320 m		23 C		(cont.)																	
			1(109) 13(56)		2(73) 14(55)		3(70) 15(118)		4(61) 16(124)		5(58) 17(123)		6(36) 18(106)		7(34) 19(108)		8(32) 20(84)		9(33) 21(116)		10(41) 22(126)		11(46) 23(200)		12(59) Meta	
7	296	Cando Casado Jose Madrid GOCAN	1:34:29	4:31 4:31 50:53	9:24 4:53 54:44	11:35 2:11 1:07:07	16:38 5:03 1:11:31	19:53 3:15 1:13:08	30:16 10:23 1:14:21	31:39 1:23 1:18:46	33:22 1:43 1:23:37	34:42 1:20 1:26:59	38:31 3:49 1:31:43	43:14 4:43 1:34:01	48:53 5:39 1:34:29											
8	618	Torrejón Rubio Cesar Burgos TJALVE	1:35:52	2:00 3:20 3:20 53:00	3:51 8:27 5:07 56:35	12:23 10:36 2:09 1:09:39	4:24 15:41 5:05 1:13:53	1:37 18:58 3:17 1:15:08	1:13 31:00 12:02 1:16:31	4:25 32:10 1:10 1:17:57	4:51 34:33 2:23 1:23:45	3:22 35:32 0:59 1:27:53	4:44 39:13 3:41 1:32:56	2:18 44:54 5:41 1:35:13	0:28 50:55 6:01 1:35:52											
				2:05 1:21:32 *83	3:35 13:04	13:04	4:14	1:15	1:23	1:26	5:48	4:08	5:03	2:17	0:39											
9	353	García Wolfrum Alejandro Madrid IMPERDIBLE	1:36:18	3:31 3:31 52:55	11:29 7:58 57:20	13:33 2:04 1:07:24	18:00 4:27 1:14:01	23:17 5:17 1:15:30	33:23 10:06 1:17:09	35:04 1:41 1:19:16	36:47 1:43 1:23:54	37:46 0:59 1:27:28	40:40 2:54 1:33:25	46:23 5:43 1:35:44	51:01 4:38 1:36:18											
10	349	Caraça-Valente Hernández Juan Pe Madrid IMPERDIBLE	1:39:11	1:54 4:40 4:40 51:52	4:25 9:39 4:59 56:11	10:04 11:57 2:18 1:10:14	6:37 16:52 4:55 1:15:25	1:29 20:58 4:06 1:16:55	1:39 30:59 10:01 1:18:30	2:07 32:31 1:32 1:20:34	4:38 37:17 4:46 1:25:42	3:34 38:05 0:48 1:29:17	5:57 41:26 3:21 1:36:02	2:19 46:10 4:44 1:38:31	0:34 50:17 4:07 1:39:11											
11	354	García-Catalan Simon Ramon Madrid IMPERDIBLE	1:40:16	1:54 4:10 4:10 58:38	4:25 11:20 7:10 1:02:35	10:04 13:35 2:15 1:13:20	6:37 18:08 4:33 1:17:20	1:29 22:49 4:41 1:18:46	1:39 32:44 9:55 1:19:59	2:07 34:58 2:14 1:21:52	4:38 37:47 2:49 1:28:00	3:34 39:06 1:19 1:31:34	5:57 43:01 3:55 1:37:18	2:19 50:00 6:59 1:39:43	0:34 56:34 6:34 1:40:16											
12	178	Oliver Sáez Jesus Madrid COLMENAR	1:40:59	2:04 3:34 3:34 56:56	3:57 12:43 9:09 1:01:07	10:45 15:07 2:24 1:11:20	4:00 20:50 5:43 1:17:22	1:26 24:47 3:57 1:19:01	1:13 34:33 9:46 1:20:34	1:53 36:22 1:49 1:22:32	6:08 39:31 3:09 1:27:47	3:34 40:28 0:57 1:31:21	5:44 44:40 4:12 1:37:17	2:25 49:42 5:02 1:40:25	0:33 54:05 4:23 1:40:59											
				2:51 9:57 *75	4:11 10:13	10:13	6:02	1:39	1:33	1:58	5:15	3:34	5:56	3:08	0:34											
13	256	Alonso Regidor Pablo Madrid ENTREBALIZAS	1:41:54	3:06 3:06 52:11	8:41 5:35 56:11	10:53 2:12 1:10:16	15:11 4:18 1:14:44	20:07 4:56 1:18:25	29:02 8:55 1:24:41	33:22 4:20 1:26:46	35:20 1:58 1:30:35	36:57 1:37 1:34:11	40:14 3:17 1:39:00	45:04 4:50 1:41:19	50:09 5:05 1:41:54											
14	458	Gomez Estrada Jose Antonio Murcia MURCIA-O	1:42:32	2:02 5:22 5:22 1:01:31	4:00 11:10 5:48 1:05:13	14:05 13:23 2:13 1:14:49	4:28 17:53 4:30 1:20:29	3:41 21:43 3:50 1:22:17	6:16 40:06 18:23 1:23:57	2:05 41:27 1:21 1:25:06	3:49 45:40 4:13 1:31:59	3:36 46:29 0:49 1:34:56	4:49 49:50 3:21 1:39:46	2:19 54:36 4:46 1:42:01	0:35 58:56 4:20 1:42:32											
15	34	Hernández Fernández Antonio León ALCON	1:47:27	2:35 4:00 4:00 1:01:42	3:42 9:09 5:09 1:05:32	9:36 11:16 2:07 1:16:52	5:40 15:55 4:39 1:22:57	1:48 20:50 4:55 1:24:42	1:40 31:49 10:59 1:26:42	1:09 33:51 2:02 1:28:31	6:53 36:13 2:22 1:34:31	2:57 37:14 1:01 1:38:44	4:50 40:45 3:31 1:44:04	2:15 46:18 5:33 1:46:40	0:31 59:56 13:38 1:47:27											
16	115	Canudas Velilla Aleix Barcelona COB	1:49:51	1:46 8:14 8:14 1:01:39	3:50 13:40 5:26 1:06:34	11:20 16:19 2:39 1:19:18	6:05 22:48 6:29 1:24:01	1:45 26:10 3:22 1:26:01	2:00 36:54 10:44 1:27:42	1:49 39:11 2:17 1:29:43	6:00 41:07 1:56 1:36:22	4:13 42:08 1:01 1:40:27	5:20 46:03 3:55 1:46:35	2:36 50:53 4:50 1:49:19	0:47 59:20 8:27 1:49:51											
17	396	Cenalmor Azcona Pedro Madrid LOS ANGELES	1:52:37	2:19 3:34 3:34 1:00:06	4:55 10:46 7:12 1:04:44	12:44 13:11 2:25 1:18:30	4:43 20:00 6:49 1:23:47	2:00 24:25 4:25 1:25:46	1:41 34:41 10:16 1:28:08	2:01 36:35 1:54 1:34:27	6:39 39:46 3:11 1:39:51	4:05 41:14 1:28 1:44:25	6:08 45:06 3:52 1:49:25	2:44 50:21 5:15 1:51:56	0:32 57:59 7:38 1:52:37											
18	446	Carretero González David Madrid MONTE EL PARDO	1:55:28	2:07 3:17 3:17 1:04:05	4:38 14:06 10:49 1:08:18	13:46 16:24 2:18 1:23:03	5:17 24:46 8:22 1:29:39	1:59 27:56 3:10 1:31:31	2:22 39:14 11:18 1:33:08	6:19 44:34 5:20 1:36:18	5:24 46:27 1:53 1:40:52	4:34 47:31 1:04 1:45:01	5:00 51:19 3:48 1:52:00	2:31 56:47 5:28 1:54:48	0:41 1:01:54 5:07 1:55:28											
19	728	Regidor Perona Enric Valencia VALENCIA-O	1:55:34	2:11 5:13 1:10:10	4:13 6:59 1:14:37	14:45 5:36 1:27:17	6:36 4:47 1:32:01	1:52 3:27 1:33:30	1:37 11:01 1:35:21	3:10 1:28 1:37:12	4:34 2:10 1:43:33	4:09 1:37 1:47:34	6:59 4:24 1:52:39	2:48 5:29 1:55:03	0:40 15:37 1:55:34											
20	303	Fustes Villadóniga José Madrid GOCAN	2:02:46	2:22 3:43 3:43 59:59	4:27 11:49 8:06 1:04:40	12:40 14:27 2:38 1:27:40	4:44 20:55 6:28 1:31:57	1:29 28:04 7:09 1:35:56	1:51 38:54 10:50 1:38:56	1:51 40:23 1:29 1:41:01	6:21 43:10 2:47 1:47:48	4:01 44:08 0:58 1:54:01	5:05 47:52 3:44 1:59:34	2:24 53:39 5:47 2:02:07	0:31 58:03 4:24 2:02:46											
21	263	Mingorance Serrano Ignacio Javier Madrid ENTREBALIZAS	2:09:51	1:56 8:48 8:48 1:10:21	4:41 14:52 6:04 1:15:36	23:00 17:27 2:35 1:30:27	4:17 24:39 7:12 1:36:19	3:59 29:18 4:39 1:38:21	3:00 41:26 12:08 1:42:16	2:05 45:47 4:21 1:46:16	6:47 48:38 2:51 1:53:15	6:13 50:20 1:42 1:57:53	5:33 53:59 3:39 2:05:59	2:33 1:00:08 6:09 2:08:59	0:39 1:08:13 8:05 2:09:51											
22	527	Prieto Jiménez Adrián Madrid O-CHARLIES ORIENTA-T	2:16:30	2:08 4:15 4:15 1:07:34	5:15 15:50 11:35 1:13:15	14:51 18:05 2:15 1:31:27	5:52 23:57 5:52 1:36:48	2:02 29:45 5:48 1:38:28	3:55 43:31 13:46 1:40:33	4:00 45:33 2:02 1:42:41	6:59 48:01 2:28 2:00:18	4:38 50:00 1:59 2:06:00	8:06 54:48 4:48 2:13:10	3:00 1:01:07 6:19 2:15:47	0:52 1:05:32 4:25 2:16:30											
23	503	Sánchez Rodríguez Raúl Madrid NAVALCARNERO ORIENTA	2:22:53	2:02 35:05 35:05 1:38:21	5:41 44:34 9:29 1:42:59	18:12 47:02 2:28 1:53:41	5:21 53:58 6:56 1:59:05	1:40 1:00:58 7:00 2:00:32	2:05 1:15:50 14:52 2:02:04	2:08 1:17:02 1:12 2:05:34	2:08 1:18:41 1:39 2:10:51	17:37 1:19:30 0:49 2:14:57	5:42 1:24:00 4:30 2:19:50	7:10 1:29:46 5:46 2:22:16	0:43 1:36:05 6:19 2:22:53											
24	170	Díaz Bes Jorge Madrid COLMENAR	2:33:07	2:16 3:39 3:39 1:29:44	4:38 12:01 8:22 1:35:07	10:42 15:03 3:02 1:50:19	5:24 26:44 11:41 2:00:00	1:27 30:34 3:50 2:02:08	1:32 43:33 12:59 2:04:29	3:30 46:28 2:55 2:10:27	5:17 53:10 6:42 2:17:01	4:06 54:34 1:24 2:21:51	4:53 1:00:10 5:36 2:29:04	2:26 1:06:22 6:12 2:32:26	0:37 1:26:53 20:31 2:33:07											

os	rsal	Nombre	Tiempo												
M-35A (33)			9,6 km	320 m	23 C	(cont.)									
			1(109) 13(56)	2(73) 14(55)	3(70) 15(118)	4(61) 16(124)	5(58) 17(123)	6(36) 18(106)	7(34) 19(108)	8(32) 20(84)	9(33) 21(116)	10(41) 22(126)	11(46) 23(200)	12(59) Meta	
25	174	Lopez Martin Diego Madrid COLMENAR	2:36:40	6:54	12:44	21:57	28:17	32:05	44:59	46:45	49:08	50:16	54:35	1:04:27	1:26:00
				6:54	5:50	9:13	6:20	3:48	12:54	1:46	2:23	1:08	4:19	9:52	21:33
				1:28:16	1:32:35	1:59:27	2:04:20	2:06:38	2:09:08	2:12:37	2:18:39	2:25:30	2:32:38	2:35:59	2:36:40
26	713	Montiel Bonmatí Javier Alicante UNIVERSIDAD ALICANTE	2:37:26	2:16	4:19	26:52	4:53	2:18	2:30	3:29	6:02	6:51	7:08	3:21	0:41
				10:00	18:20	21:12	28:27	31:59	56:41	1:00:02	1:04:13	1:05:45	1:12:08	1:21:05	1:27:05
				10:00	8:20	2:52	7:15	3:32	24:42	3:21	4:11	1:32	6:23	8:57	6:00
27	340	Manget Velasco Chema Madrid IBERIA	2:54:59	1:29:51	1:35:00	1:46:58	1:52:15	1:54:20	1:56:02	1:59:29	2:13:06	2:19:35	2:31:14	2:35:36	2:37:26
				2:46	5:09	11:58	5:17	2:05	1:42	3:27	13:37	6:29	11:39	4:22	1:50
				5:53	9:26	3:49	8:43	15:13	12:39	3:24	2:43	1:33	6:25	6:58	6:36
nc	765	TRIGALES DELGADO IVAN Madrid LOS ANGELES	2:23:28	1:27:22	1:33:05	1:55:33	2:07:53	2:09:12	2:10:54	2:13:07	2:34:58	2:43:33	2:50:15	2:53:55	2:54:59
				4:00	5:43	22:28	12:20	1:19	1:42	2:13	21:51	8:35	6:42	3:40	1:04
				35:52	41:09	43:39	50:06	54:03	1:09:14	1:11:26	1:14:15	1:15:23	1:19:20	1:25:47	1:31:41

os rsal Nombre			Tiempo												
<i>M-35B (21)</i>			6,5 km 220 m			15 C			<i>(cont.)</i>						
			1(112) 13(100)	2(92) 14(128)	3(80) 15(200)	4(102) Meta	5(124)	6(123)	7(69)	8(48)	9(47)	10(54)	11(58)	12(77)	
12	808	CASERO HEBRERO JAVIER Burgos TJALVE	2:09:07	4:46 4:46 1:56:08	8:31 3:45 2:06:01	20:18 11:47 2:08:07	33:03 12:45 2:09:07	39:11 6:08	42:17 3:06	1:02:28 20:11	1:12:01 9:33	1:16:46 4:45	1:21:06 4:20	1:22:53 1:47	1:51:03 28:10
13	706	Crespo Asunción Rafael Alicante UNIVERSIDAD ALICANTE	2:14:49	5:05 4:18 2:06:31	9:53 8:11 2:12:37	2:06 15:24 2:14:11	1:00 23:03 2:14:49	29:17 6:14	31:56 2:39	54:59 23:03	1:06:11 11:12	1:15:05 8:54	1:20:00 4:55	1:25:38 5:38	1:44:25 18:47
14	584	Vidal López Fernando David Alicante SANT JOAN	2:20:23	22:06 5:22 2:10:46	6:06 8:08 2:17:07	1:34 14:34 2:19:28	0:38 53:29 2:20:23	58:20 4:51	59:56 1:36	1:22:17 22:21	1:32:08 9:51	1:37:34 5:26	1:40:40 3:06	1:45:50 5:10	2:01:49 15:59
15	547	López Listán Manuel Cádiz O-SAN ROQUE	2:31:19	8:57 6:52 2:13:04	6:21 3:53 2:26:54	2:21 8:52 2:30:07	0:55 18:47 2:31:19	47:13 8:49	51:02 3:49	1:20:31 29:29	1:32:13 11:42	1:37:14 5:01	1:41:03 3:49	1:43:44 2:41	2:06:44 23:00
16	156	Giner Mira Ismael Alicante COLIVENC	2:35:58	6:20 16:11 2:19:49	13:50 10:38 2:33:12	3:13 9:01 2:35:11	1:12 10:45 2:35:58	53:12 6:37	55:53 2:41	1:23:28 27:35	1:33:29 10:01	1:42:01 8:32	1:46:31 4:30	1:50:31 4:00	2:15:22 24:51
17	590	Serra Bartual Eduardo Valencia SIMEPIERDO	2:36:53	4:27 9:01 2:25:59	13:23 19:56 2:34:06	1:59 38:29 2:35:59	0:47 52:25 2:36:53	1:02:09 9:44	1:07:13 5:04	1:34:12 26:59	1:46:07 11:55	1:49:24 3:17	1:53:04 3:40	1:55:50 2:46	2:21:06 25:16
18	562	Iruzubieta Gil Fermin Enrique La Rioja RIOJA-O	2:47:59	4:53 26:32 2:31:46	8:07 30:26 2:45:15	1:53 42:51 2:47:10	0:54 59:12 2:47:59	1:04:56 5:44	1:07:45 2:49	1:35:24 27:39	1:45:27 10:03	1:54:11 8:44	1:58:32 4:21	2:02:22 3:50	2:27:18 24:56
	334	Vázquez Ruiz Antonio J. Albacete GODIH	en tarj.	47:48 47:48 -----	----- ----- 56:36	----- 57:39 8:48									
	217	Arranz Rodríguez Nicolás Burgos CORZO	No sale												
	498	Sánchez Morante Jose Julio Toledo NAVALCAN-O	No sale												
<i>M-40 (43)</i>			8,4 km 280 m			19 C									
			1(117) 13(40)	2(88) 14(43)	3(78) 15(50)	4(72) 16(57)	5(70) 17(94)	6(106) 18(127)	7(107) 19(200)	8(119) Meta	9(96)	10(84)	11(45)	12(42)	
1	113	Romo Carbonell Moisés Alicante CEAM IBI-O	1:15:47	4:21 4:21 51:43	8:13 3:52 52:20	10:39 2:26 57:15	14:16 3:37 1:00:37	15:48 1:32 1:09:57	26:52 11:04 1:13:19	28:10 1:18 1:15:10	32:45 4:35 1:15:47	35:06 2:21	36:29 1:23	49:07 12:38	50:19 1:12
2	362	Mínguez Viñambres Alberto Madrid IMPERDIBLE	1:17:09	1:24 4:04 52:26	0:37 6:42 53:16	4:55 9:07 58:03	3:22 11:36 1:02:35	9:20 13:09 1:10:53	3:22 25:59 1:14:34	1:51 27:05 1:16:32	0:37 31:18 1:17:09				
3	378	García Murcia José Antonio Murcia LORCA-O	1:22:44	1:44 4:02 56:26	0:50 9:40 57:06	4:47 12:24 1:02:32	4:32 16:42 1:07:00	4:32 18:40 1:16:49	3:41 28:57 1:20:10	1:58 30:12 1:22:04	0:37 38:32 1:22:44				
4	807	GREEN JEREMY Madrid MALARRUTA	1:24:18	1:58 3:13 53:35	0:43 6:51 54:18	6:02 10:55 1:00:20	6:47 14:39 1:07:07	11:18 16:21 1:18:25	3:29 26:42 1:21:54	1:49 32:33 1:23:43	0:35 35:37 1:24:18				
5	688	Martínez Cánovas Salvador Murcia TOTANA-O	1:25:17	4:19 4:19 55:52	7:51 3:32 56:32	11:33 3:42 1:04:16	14:20 2:47 1:08:02	17:23 3:03 1:18:58	28:18 10:55 1:22:37	29:17 0:59 1:24:37	33:52 4:35 1:25:17	37:03 3:11	39:13 2:10	52:42 13:29	54:17 1:35
6	246	Torrejón Rubio Carlos Valladolid COV	1:27:26	1:35 3:06 55:38	0:40 5:41 56:30	7:44 8:53 1:03:55	3:46 12:18 1:08:36	10:56 15:18 1:19:59	3:39 28:01 1:24:54	2:00 28:58 1:26:47	0:40 34:50 1:27:26				
7	617	Peña Gomez Arturo Javier Burgos TJALVE	1:28:53	1:13 6:11 57:55	0:52 8:48 58:37	7:25 11:57 1:04:33	4:41 15:02 1:09:29	11:23 17:25 1:21:03	4:55 29:43 1:26:13	1:53 32:28 1:28:17	0:39 37:58 1:28:53				
8	762	Ledesma Piedra Abel Barcelona XINOXANO	1:29:07	1:38 2:29 1:00:19	0:42 6:54 1:01:02	5:56 9:26 1:06:06	4:56 16:59 1:11:57	11:34 19:27 1:23:08	5:10 30:49 1:26:34	2:04 32:13 1:28:26	0:36 37:10 1:29:07				
9	741	Aranda Escriche Sergio Valencia VERD3	1:34:07	1:25 3:38 1:01:59	0:43 7:21 1:02:47	5:04 12:00 1:08:01	5:51 15:44 1:14:30	11:11 17:39 1:25:29	3:26 30:58 1:31:36	1:52 32:13 1:33:31	0:41 38:49 1:34:07				

os	rsal	Nombre	Tiempo														
M-40	(43)		8,4 km	280 m	19 C	(cont.)											
			1(117) 13(40)	2(88) 14(43)	3(78) 15(50)	4(72) 16(57)	5(70) 17(94)	6(106) 18(127)	7(107) 19(200)	8(119) Meta	9(96)	10(84)	11(45)	12(42)			
10	747	Borisov Maxim Alicante VILLENA-O	1:36:14	4:17 4:17 1:00:42	8:07 3:50 1:01:27	11:52 3:45 1:08:11	15:44 3:52 1:15:29	18:05 2:21 1:28:26	31:02 12:57 1:33:23	32:15 1:13 1:35:34	37:54 5:39 1:36:14	41:51 3:57	44:56 3:05	57:36 12:40	59:20 1:44		
11	187	García Guerrero Antonio Málaga COMA	1:38:01	1:22 2:41 59:13	0:45 6:39 1:00:04	6:44 10:25 1:08:49	7:18 18:20 1:13:52	12:57 20:05 1:30:50	4:57 31:39 1:35:26	2:11 33:36 1:37:22	0:40 38:51 1:38:01	41:55 3:04	43:20 1:25	56:33 13:13	57:54 1:21		
12	268	Serrano Molinero Ismael Madrid ESCONDITE-M	1:38:29	1:19 3:14 1:04:28	0:51 6:49 1:05:19	8:45 11:05 1:11:39	5:03 15:11 1:16:29	16:58 17:37 1:29:37	4:36 29:46 1:35:29	1:56 30:56 1:37:51	0:39 37:03 1:38:29	40:22 3:19	46:15 5:53	1:00:44 14:29	1:02:57 2:13		
13	477	Gómez Casillas Gregorio Toledo NAVALCAN-O	1:41:07	1:31 3:22 1:09:19	0:51 7:52 1:10:07	6:20 12:23 1:15:20	4:50 15:27 1:21:25	13:08 19:47 1:33:05	5:52 32:24 1:38:27	2:22 35:19 1:40:28	0:38 46:27 1:41:07	52:33 6:06	54:24 1:51	1:05:51 11:27	1:07:23 1:32		
14	491	Nieto Calvo Jesús Toledo NAVALCAN-O	1:41:08	1:56 5:54 1:08:48	0:48 9:13 1:09:58	5:13 13:22 1:15:58	6:05 17:07 1:20:48	11:40 19:15 1:31:57	5:22 31:38 1:37:51	2:01 33:01 1:40:23	0:39 39:04 1:41:08	42:56 3:52	50:58 8:02	1:04:35 13:37	1:07:12 2:37		
15	389	Martínez Morales Jesus Murcia LORCA-O	1:43:24	1:36 2:56 1:08:41	1:10 12:22 1:09:20	6:00 15:56 1:16:22	4:50 22:45 1:20:07	11:09 25:38 1:34:20	5:54 38:57 1:40:26	2:32 40:10 1:42:45	0:45 46:02 1:43:24	48:39 2:37	51:44 3:05	1:05:15 13:31	1:07:28 2:13		
16	59	Santos García Benedicto Asturias ASTUR EXTREM	1:44:36	1:13 3:18 1:06:55	0:39 6:36 1:07:59	7:02 10:21 1:14:14	3:45 19:41 1:21:30	14:13 21:37 1:36:26	6:06 32:05 1:41:42	2:19 33:11 1:43:57	0:39 38:00 1:44:36	42:20 4:20	44:24 2:04	1:03:46 19:22	1:05:27 1:41		
17	628	Delgado González Ismael Toledo TOLEDO-O	1:47:01	1:28 2:42 1:15:08	1:04 6:39 1:16:08	6:15 10:13 1:22:47	7:16 13:49 1:27:59	14:56 16:27 1:39:55	5:16 26:49 1:44:32	2:15 29:03 1:46:26	0:39 40:24 1:47:01	49:02 8:38	51:52 2:50	1:06:50 14:58	1:08:09 1:19		
18	648	González Pérez Joaquín Toledo TOLEDO-O	1:48:43	6:59 4:40 1:09:13	1:00 14:14 1:10:02	6:39 19:43 1:16:40	5:12 23:29 1:21:17	11:56 25:25 1:41:16	4:37 37:14 1:45:21	1:54 38:08 1:47:50	0:35 42:59 1:48:43	45:52 2:53	51:03 5:11	1:06:24 15:21	1:07:36 1:12		
19	484	Márquez Iniesta Alberto Toledo NAVALCAN-O	1:53:28	1:37 2:31 1:09:11	0:49 5:53 1:10:09	6:38 9:18 1:17:33	4:37 21:45 1:25:02	19:59 23:43 1:41:41	4:05 37:10 1:50:20	2:29 38:34 1:52:43	0:53 44:02 1:53:28	47:19 3:17	53:04 5:45	1:06:03 12:59	1:07:36 1:33		
20	29	Domínguez Berjón José León ALCON	1:55:43	1:35 3:07 1:15:18	0:58 8:10 1:16:04	7:24 15:42 1:23:58	7:29 20:32 1:32:14	16:39 23:35 1:47:41	8:39 36:48 1:52:40	2:23 38:07 1:54:51	0:45 46:57 1:55:43	49:52 2:55	57:08 7:16	1:11:36 14:28	1:13:28 1:52		
21	462	Sánchez Amor Julio Murcia MURCIA-O	2:01:27	1:50 2:56 1:26:22	0:46 23:29 1:27:12	7:54 28:39 1:33:59	8:16 36:52 1:38:01	15:27 39:38 1:51:29	4:59 56:22 1:58:51	2:11 57:33 2:00:49	0:52 1:04:04 2:01:27	1:06:50 2:46	1:09:38 2:48	1:22:29 12:51	1:25:08 2:39		
22	556	Pérez González Juan Carlos Asturias PILOÑA DEPORTE	2:03:28	1:14 3:16 1:14:22	0:50 8:07 1:15:14	6:47 11:44 1:35:26	4:02 15:58 1:41:22	13:28 19:01 1:55:16	7:22 31:08 2:00:16	1:58 32:54 2:02:39	0:38 40:23 2:03:28	44:07 3:44	48:48 4:41	1:05:10 16:22	1:12:23 7:13		
23	46	Marín Gómez-Nieves Alejandro Pontevedra AROMON	2:04:14	1:59 3:24 1:22:32	0:52 18:01 1:23:26	20:12 22:04 1:33:07	5:56 28:40 1:39:20	13:54 31:21 1:56:06	5:00 46:26 2:00:47	2:23 48:00 2:03:19	0:49 54:44 2:04:14	58:55 4:11	1:03:12 4:17	1:18:07 14:55	1:20:13 2:06		
24	382	Girona Belmonte Miguel Murcia LORCA-O	2:04:44	2:19 3:07 1:21:32	0:54 3:56 1:22:59	9:41 4:03 1:30:26	6:13 3:36 1:35:29	16:46 2:39 1:52:04	4:41 12:43 2:01:38	2:32 14:03 2:03:56	0:55 8:53 2:04:44	56:06 3:06	58:32 2:26	1:18:13 19:41	1:19:56 1:43		
25	604	Perez Lopez Jaime Madrid T TRAGAME	2:04:52	1:36 3:02 1:17:06	1:27 4:13 1:19:39	7:27 3:09 1:26:37	5:03 3:37 1:40:11	16:35 2:47 1:55:12	9:34 13:47 2:01:52	2:18 0:51 2:04:05	0:48 5:51 2:04:52	41:58 4:41	49:05 7:07	1:14:10 25:05	1:15:54 1:44		
26	696	Arumí Casadevall Jordi Barcelona UEVIC	2:06:43	1:12 3:47 1:22:29	2:33 9:12 1:23:34	6:58 13:21 1:31:45	13:34 17:49 1:37:32	15:01 21:00 1:55:32	6:40 36:02 2:03:02	2:13 37:53 2:05:57	0:47 49:58 2:06:43	57:36 7:38	1:00:28 2:52	1:18:26 17:58	1:20:46 2:20		
27	180	Vijande González Mateo Madrid COLMENAR	2:07:04	1:43 2:35 1:33:26	1:05 13:47 1:34:32	8:11 17:52 1:40:56	5:47 21:25 1:46:13	18:00 23:39 1:59:25	7:30 41:34 2:04:27	2:55 47:13 2:06:28	0:46 54:42 2:07:04	1:01:00 6:18	1:06:10 5:10	1:30:11 24:01	1:31:56 1:45		
28	550	Pérez Andrés Miguel Ángel Huesca PEÑA GUARA	2:09:33	1:30 16:51 1:21:28	1:06 21:03 1:25:48	6:24 24:54 1:34:17	5:17 31:55 1:39:04	13:12 34:11 2:00:41	5:02 47:26 2:07:01	2:01 49:12 2:08:55	0:36 56:34 2:09:33	1:04:59 8:25	1:08:00 3:01	1:18:43 10:43	1:20:02 1:19		

Pos	Clas	Nombre	Tiempo												
M-40 (43)			8,4 km 280 m			19 C			(cont.)						
			1(117)	2(88)	3(78)	4(72)	5(70)	6(106)	7(107)	8(119)	9(96)	10(84)	11(45)	12(42)	
			13(40)	14(43)	15(50)	16(57)	17(94)	18(127)	19(200)	Meta					
29	704	Serrat Grané Juli Barcelona UEVIC	2:09:57	4:36	9:30	14:05	18:14	20:23	34:52	36:58	46:26	51:21	53:06	1:08:38	1:10:33
				4:36	4:54	4:35	4:09	2:09	14:29	2:06	9:28	4:55	1:45	15:32	1:55
				1:12:33	1:13:32	1:22:51	1:41:57	1:58:34	2:06:24	2:09:07	2:09:57				
30	171	Fernández Casas David Madrid COLMENAR	2:14:32	2:00	0:59	9:19	19:06	16:37	7:50	2:43	0:50				
				3:03	14:30	19:09	23:30	25:47	36:56	39:53	46:29	53:42	55:15	1:31:03	1:33:46
				3:03	11:27	4:39	4:21	2:17	11:09	2:57	6:36	7:13	1:33	35:48	2:43
31	641	García Díaz Agustín Toledo TOLEDO-O	2:15:04	1:35:22	1:36:07	1:42:59	1:51:11	2:06:37	2:11:51	2:13:55	2:14:32				
				1:36	0:45	6:52	8:12	15:26	5:14	2:04	0:37	55:46	59:08	1:18:10	1:20:55
				4:38	10:17	14:47	18:57	21:13	38:30	39:43	49:17	6:29	3:22	19:02	2:45
32	457	Fernández Valenzuela Juan Carlos Murcia MURCIA-O	2:16:55	1:23:27	1:24:26	1:31:54	1:38:21	1:55:10	2:11:42	2:14:19	2:15:04				
				2:32	0:59	7:28	6:27	16:49	16:32	2:37	0:45				
				9:13	13:54	17:10	22:16	24:29	39:04	40:33	47:51	54:21	56:00	1:29:05	1:30:41
33	44	Domínguez Portas Antonio Pontevedra AROMON	2:21:00	9:13	4:41	3:16	5:06	2:13	14:35	1:29	7:18	6:30	1:39	33:05	1:36
				1:32:41	1:33:23	1:39:39	1:51:03	2:06:56	2:14:02	2:16:18	2:16:55				
				2:00	0:42	6:16	11:24	15:53	7:06	2:16	0:37				
34	66	Fernández Simón Francisco Murcia CALASPARRA-O	2:23:14	18:05	25:13	29:18	39:03	41:35	55:12	56:42	1:04:49	1:08:33	1:10:34	1:22:29	1:24:07
				18:05	7:08	4:05	9:45	2:32	13:37	1:30	8:07	3:44	2:01	11:55	1:38
				1:26:29	1:27:17	1:34:11	1:41:58	2:06:55	2:17:54	2:20:10	2:21:00				
35	127	Villaverde López Hugo Vizcaya COBI	2:25:44	2:22	0:48	6:54	7:47	24:57	10:59	2:16	0:50				
				3:21	8:04	17:32	23:23	25:16	40:09	41:13	49:33	56:43	59:34	1:15:05	1:24:12
				3:21	4:43	9:28	5:51	1:53	14:53	1:04	8:20	7:10	2:51	15:31	9:07
36	672	Sánchez González Jose Raúl Toledo TOLEDO-O	2:32:56	1:26:38	1:28:04	1:37:12	1:51:54	2:06:21	2:19:31	2:22:10	2:23:14				
				2:26	1:26	9:08	14:42	14:27	13:10	2:39	1:04				
				9:32	15:40	20:46	25:01	27:31	42:36	44:09	56:02	1:00:32	1:07:34	1:26:46	1:29:03
36	672	Sánchez González Jose Raúl Toledo TOLEDO-O	2:32:56	9:32	6:08	5:06	4:15	2:30	15:05	1:33	11:53	4:30	7:02	19:12	2:17
				1:31:32	1:32:45	1:44:03	1:50:40	2:09:25	2:21:45	2:24:36	2:25:44				
				2:29	1:13	11:18	6:37	18:45	12:20	2:51	1:08				
299	Cejudo Balderas José Alberto Madrid GOCAN	en tarj.	9:41	15:49	20:55	27:23	29:55	44:21	45:39	56:00	1:01:53	1:07:52	1:29:08	1:30:51	
			9:41	6:08	5:06	6:28	2:32	14:26	1:18	10:21	5:53	5:59	21:16	1:43	
			1:33:03	1:35:16	1:42:36	2:01:43	2:21:02	-----	2:27:39	2:31:23	1:17:18				
537	Valverde Viu Jaime Madrid O-GETAFE	andona	2:12	2:13	7:20	19:07	19:19		6:37	3:44	*57				
			5:02	9:25	16:22	26:21	29:47	1:01:31	1:04:31	1:15:12	1:26:01	1:35:03	-----	-----	
			5:02	4:23	6:57	9:59	3:26	31:44	3:00	10:41	10:49	9:02			
401	Santos Martin Francisco Javier Madrid LOS ANGELES	No sale	-----	-----	-----	-----	-----	-----	1:45:25	1:46:26					
									10:22	1:01					
8	Martínez Ruiz José Manuel Sevilla ADOL	No sale													
399	Lorenzo Carnicero Carlos Madrid LOS ANGELES	No sale													
509	Martín Franco Ricardo Soria NAVELENO-O	No sale													
504	Anechina Abello David Soria NAVELENO-O	No sale													
M-45 (49)			7,5 km 250 m			17 C									
			1(91)	2(72)	3(63)	4(61)	5(58)	6(53)	7(42)	8(39)	9(43)	10(51)	11(102)	12(124)	
			13(123)	14(106)	15(111)	16(126)	17(200)	Meta							
1	11	Misas Gento Javier Sevilla ADOL	1:15:36	4:39	10:02	11:22	17:17	20:38	22:46	28:29	30:11	31:37	38:51	50:50	55:11
				4:39	5:23	1:20	5:55	3:21	2:08	5:43	1:42	1:26	7:14	11:59	4:21
				56:33	57:52	1:09:45	1:12:23	1:14:56	1:15:36						
2	5	Guerrero Gómez Antonio Sevilla ADOL	1:17:12	1:22	1:19	11:53	2:38	2:33	0:40						
				4:22	11:33	13:44	20:15	23:37	25:25	30:27	31:31	32:53	39:16	50:24	53:59
				4:22	7:11	2:11	6:31	3:22	1:48	5:02	1:04	1:22	6:23	11:08	3:35
3	415	Durán García Miguel Ángel Madrid MALARRUTA	1:18:48	56:37	58:09	1:10:49	1:14:05	1:16:30	1:17:12						
				2:38	1:32	12:40	3:16	2:25	0:42						
				5:43	10:54	12:16	16:44	20:32	22:54	29:59	31:15	32:44	39:49	52:48	56:19
4	343	Saz Alcubierre Javier Zaragoza IBÓN	1:23:25	57:54	59:44	1:12:48	1:15:48	1:18:17	1:18:48						
				1:35	1:50	13:04	3:00	2:29	0:31						
				6:29	13:04	14:38	20:15	24:23	26:50	32:26	33:21	34:47	41:16	52:15	56:31
5	348	Cabeza García Miguel Angel Madrid IMPERDIBLE	1:23:36	6:29	6:35	1:34	5:37	4:08	2:27	5:36	0:55	1:26	6:29	10:59	4:16
				57:49	59:25	1:17:32	1:20:28	1:22:46	1:23:25	19:43	*60				
				1:18	1:36	18:07	2:56	2:18	0:39						
5	348	Cabeza García Miguel Angel Madrid IMPERDIBLE	1:23:36	5:09	10:30	11:58	17:45	21:58	24:10	29:39	30:53	33:24	40:34	54:30	58:23
				5:09	5:21	1:28	5:47	4:13	2:12	5:29	1:14	2:31	7:10	13:56	3:53
				59:45	1:04:26	1:17:09	1:19:56	1:22:52	1:23:36						
		1:22	4:41	12:43	2:47	2:56	0:44								

os	rsal	Nombre	Tiempo												
M-45 (49)			7,5 km	250 m	17 C	(cont.)									
			1(91) 13(123)	2(72) 14(106)	3(63) 15(111)	4(61) 16(126)	5(58) 17(200)	6(53) Meta	7(42)	8(39)	9(43)	10(51)	11(102)	12(124)	
6	222	Mahou García Luís Madrid COTA	1:23:47	5:12 5:12 1:00:19	11:11 5:59 1:01:59	12:44 1:33 1:17:06	17:44 5:00 1:20:01	24:46 7:02 1:23:01	26:43 1:57 1:23:47	32:32 5:49	33:52 1:20	35:16 1:24	42:54 7:38	54:53 11:59	58:50 3:57
7	606	De La Fuente Alonso Oscar Burgos TJALVE	1:24:27	1:29 4:28 1:02:33	1:40 10:32 1:07:31	15:07 12:09 1:18:26	2:55 17:25 1:21:29	3:00 23:31 1:23:54	0:46 26:04 1:24:27	33:42 7:38	34:59 1:17	36:16 1:17	43:15 6:59	57:24 14:09	1:01:03 3:39
8	501	Sánchez Sobrino Carlos Toledo NAVALCAN-O	1:27:14	1:30 6:36 1:02:52	4:58 13:16 1:04:28	10:55 14:41 1:19:24	3:03 19:52 1:22:52	2:25 26:51 1:26:17	0:33 28:40 1:27:14	34:39 5:59	36:02 1:23	37:07 1:05	44:57 7:50	57:04 12:07	1:01:13 4:09
9	494	Pascual Sanchez Cesar Toledo NAVALCAN-O	1:29:10	1:39 5:31 1:06:43	1:36 15:31 1:08:15	14:56 17:21 1:23:08	3:28 22:56 1:25:58	3:25 31:10 1:28:36	0:57 33:06 1:29:10	38:35 5:29	39:59 1:24	42:07 2:08	48:49 6:42	1:01:56 13:07	1:05:26 3:30
10	344	Saz Alcubierre Roberto Zaragoza IBÓN	1:32:22	1:17 5:25 1:07:57	1:32 11:27 1:09:51	14:53 13:11 1:25:20	2:50 21:03 1:28:20	2:38 27:02 1:31:25	0:34 29:34 1:32:22	35:42 6:08	37:20 1:38	38:54 1:34	48:12 9:18	1:00:53 12:41	1:05:12 4:19
11	251	Rodríguez Enrique Remigio Salamanca CRO	1:32:30	2:45 5:20 1:08:23	1:54 12:02 1:09:55	15:29 13:41 1:25:30	3:00 19:53 1:28:46	3:05 24:58 1:31:46	0:57 27:00 1:32:30	32:18 5:18	33:22 1:04	34:53 1:31	43:21 8:28	1:02:51 19:30	1:06:57 4:06
12	670	Salgado Astillero Pedro Toledo TOLEDO-O	1:32:38	1:26 8:46 1:07:31	1:32 17:43 1:11:53	15:35 19:23 1:26:07	3:16 25:42 1:29:04	3:00 29:17 1:31:58	0:44 32:06 1:32:38	39:49 7:43	41:08 1:19	42:24 1:16	49:12 6:48	1:01:25 12:13	1:05:33 4:08
13	435	Molina Valverde José Ramón Ciudad Real MANZANARES-O	1:33:28	1:58 6:42 1:08:26	4:22 14:35 1:10:19	14:14 16:19 1:26:48	2:57 23:17 1:29:37	2:54 26:59 1:32:35	0:40 31:15 1:33:28	37:51 6:36	39:15 1:24	41:11 1:56	48:41 7:30	1:01:54 13:13	1:05:57 4:03
14	532	Pozo Ortiz Juan Madrid O-GETAFE	1:33:40	2:29 5:29 1:01:32	1:53 11:12 1:02:59	16:29 14:20 1:27:27	2:49 19:57 1:30:06	2:58 23:22 1:32:59	0:53 26:50 1:33:40	32:27 5:37	33:34 1:07	35:14 1:40	42:45 7:31	55:53 13:08	59:50 3:57
15	515	Fernández Liria Pablo Asturias NORDESTE-O	1:35:13	1:42 5:50 1:09:17	1:27 12:03 1:12:09	24:28 13:39 1:28:10	2:39 19:19 1:31:09	2:53 23:13 1:34:28	0:41 25:35 1:35:13	32:52 7:17	34:48 1:56	36:17 1:29	47:23 11:06	1:00:50 13:27	1:06:42 5:52
16	731	Tamarit Villarroya Juan José Valencia VALENCIA-O	1:37:07	2:35 6:13 1:10:30	2:52 12:44 1:12:51	16:01 14:22 1:31:02	2:59 20:28 1:33:55	3:19 25:40 1:36:37	0:45 28:25 1:37:07	38:32 10:07	40:07 1:35	41:15 1:08	50:33 9:18	1:03:53 13:20	1:08:13 4:20
17	208	Mesas Martínez Jose Miguel Cuenca COMCU	1:37:48	2:17 9:17 1:12:30	2:21 17:28 1:14:25	18:11 19:09 1:31:38	2:53 27:06 1:34:10	2:42 33:12 1:37:15	0:30 35:38 1:37:48	41:39 6:01	43:22 1:43	44:58 1:36	54:14 9:16	1:06:57 12:43	1:11:10 4:13
18	221	Fernández Liria Cristóbal Madrid COTA	1:41:03	1:20 5:32 1:15:34	1:55 14:49 1:17:24	17:13 16:34 1:32:33	2:32 22:17 1:36:56	3:05 26:18 1:40:09	0:33 28:48 1:41:03	35:30 6:42	37:20 1:50	39:00 1:40	46:55 7:55	1:09:33 22:38	1:13:44 4:11
19	639	Flores García Mariano Toledo TOLEDO-O	1:41:37	1:50 5:53 1:16:41	1:50 14:53 1:19:00	15:09 16:31 1:34:10	4:23 23:53 1:37:29	3:13 28:53 1:40:48	0:54 32:20 1:41:37	38:51 6:31	40:46 1:55	44:58 4:12	55:38 10:40	1:10:30 14:52	1:14:48 4:18
20	530	Barcia Hernández José Enrique Madrid O-GETAFE	1:43:17	1:53 13:37 1:16:03	2:19 20:23 1:18:08	15:10 22:01 1:35:26	3:19 27:49 1:39:19	3:19 33:52 1:42:28	0:49 36:28 1:43:17	42:43 6:15	44:08 1:25	46:57 2:49	56:25 9:28	1:08:11 11:46	1:12:41 4:30
21	717	Izquierdo Figarola Jordi Barcelona UPC	1:43:29	3:22 5:40 1:20:12	2:05 17:53 1:23:31	17:18 1:48 1:36:45	3:53 6:08 1:40:07	3:09 2:55 1:42:44	0:49 2:37 1:43:29	46:56 6:22	48:31 1:35	50:33 2:02	58:45 8:12	1:13:13 14:28	1:18:39 5:26
22	410	Binder Gert Michael Madrid MALARRUTA	1:44:35	1:33 5:34 1:16:35	3:19 13:44 1:22:11	13:14 15:11 1:38:14	3:22 22:40 1:40:41	2:37 33:41 1:43:47	0:45 37:31 1:44:35	44:06 6:35	45:14 1:08	46:31 1:17	57:25 10:54	1:10:07 12:42	1:14:27 4:20
23	193	Pereira Rivero Paul Málaga COMA	1:44:38	2:08 6:39 1:21:31	5:36 12:50 1:23:33	16:03 15:19 1:38:37	2:27 21:48 1:41:13	3:06 26:48 1:43:57	0:48 28:55 1:44:38	36:29 7:34	37:52 1:23	39:22 1:30	47:37 8:15	1:13:38 26:01	1:18:17 4:39
24	277	Liz Díaz Javier Lugo FLUVIAL LUGO	1:48:14	3:14 9:19 1:19:09	2:02 17:29 1:24:29	15:04 20:42 1:40:29	2:36 27:56 1:44:25	2:44 35:08 1:47:29	0:41 37:26 1:48:14	45:13 7:47	46:31 1:18	48:09 1:38	57:56 9:47	1:12:37 14:41	1:17:15 4:38

Pos	Clas	Nombre	Tiempo												
M-45 (49)			7,5 km	250 m	17 C	(cont.)									
			1(91) 13(123)	2(72) 14(106)	3(63) 15(111)	4(61) 16(126)	5(58) 17(200)	6(53) Meta	7(42)	8(39)	9(43)	10(51)	11(102)	12(124)	
25	545	Toledo Navarro Miguel Angel Cuenca ORIENTIJOTE	1:48:54	6:08 6:08 1:18:36	14:21 8:13 2:21:05	16:21 2:00 1:39:51	23:12 6:51 1:45:05	27:53 4:41 1:48:01	30:39 2:46 1:48:54	38:10 7:31	40:24 2:14	43:16 2:52	53:02 9:46	1:11:09 18:07	1:16:42 5:33
26	653	Martín Martín Raúl Toledo TOLEDO-O	1:51:46	1:54 5:20 1:25:49	2:29 13:59 1:30:58	18:46 15:31 1:45:58	5:14 21:45 1:48:26	2:56 35:21 1:51:14	0:53 38:07 1:51:46	44:47 6:40	46:31 1:44	48:52 2:21	1:00:18 11:26	1:13:33 13:15	1:23:24 9:51
27	358	Jiménez Romero Jesús Madrid IMPERDIBLE	1:52:28	2:25 9:12 1:20:10	5:09 22:53 1:22:37	15:00 24:34 1:44:23	2:28 30:36 1:48:47	2:48 35:13 1:51:41	0:32 38:22 1:52:28	45:18 6:56	48:02 2:44	49:46 1:44	57:43 7:57	1:13:34 15:51	1:18:26 4:52
28	476	Dorado Colmenar Juan Carlos Toledo NAVALCAN-O	1:52:31	1:44 6:30 6:30 1:25:33	2:27 18:12 11:42 1:27:26	21:46 20:08 1:56 1:45:25	4:24 27:48 7:40 1:48:55	2:54 32:02 4:14 1:51:43	0:47 35:25 3:23 1:52:31	42:26 7:01	44:20 1:54	47:04 2:44	58:38 11:34	1:18:09 19:31	1:23:30 5:21
29	254	Sánchez Hernández Román Salamanca CRO	1:53:40	2:03 6:17 6:17 1:28:45	1:53 18:09 11:52 1:31:14	17:59 20:28 2:19 1:46:12	3:30 28:58 8:30 1:49:24	2:48 33:40 4:42 1:52:49	0:48 36:35 2:55 1:53:40	45:31 8:56	47:24 1:53	49:31 2:07	59:35 10:04	1:21:19 21:44	1:26:43 5:24
30	660	Patiño Pérez Cristóbal Toledo TOLEDO-O	1:54:41	2:02 13:02 13:02 1:26:06	2:29 24:09 11:07 1:32:13	14:58 25:59 1:50 1:47:33	3:12 34:29 8:30 1:50:51	3:25 38:47 4:18 1:54:05	0:51 40:59 2:12 1:54:41	53:18 12:19	54:44 1:26	57:37 2:53	1:05:51 8:14	1:20:22 14:31	1:24:17 3:55
31	413	Díaz Caro Angel Madrid MALARRUTA	1:58:14	1:49 5:38 5:38 1:24:04	6:07 14:04 8:26 1:26:32	15:20 15:49 1:45 1:47:40	3:18 22:15 6:26 1:53:48	3:14 28:18 6:03 1:57:20	0:36 31:18 3:00 1:58:14	41:00 9:42	42:48 1:48	46:13 3:25	56:20 10:07	1:15:38 19:18	1:21:19 5:41
32	7	Martin Valiente Jose Antonio Sevilla ADOL	2:01:37	2:45 9:24 9:24 1:20:10	2:28 19:47 10:23 1:23:08	21:08 21:47 2:00 1:45:30	6:08 30:06 8:19 1:58:06	3:32 35:02 4:56 2:00:56	0:54 37:35 2:33 2:01:37	44:21 6:46	46:29 2:08	48:07 1:38	58:09 10:02	1:13:03 14:54	1:18:08 5:05
33	692	Mata Núñez Jose Luis Orense TREVINCA	2:03:32	2:02 21:21 21:21 1:28:33	2:58 28:24 7:03 1:31:46	22:22 30:27 2:03 1:54:49	12:36 38:45 8:18 1:58:15	2:50 43:44 4:59 2:02:49	0:41 47:40 3:56 2:03:32	54:04 6:24	56:01 1:57	57:30 1:29	1:06:36 9:06	1:21:06 14:30	1:26:07 5:01
34	626	Carrillo Recio José Antonio Toledo TOLEDO-O	2:08:41	2:26 7:09 7:09 1:30:59	3:13 19:47 12:38 1:33:02	23:03 21:02 1:15 2:01:16	3:26 28:59 7:57 2:04:56	4:34 36:35 7:36 2:08:02	0:43 39:19 2:44 2:08:41	47:36 8:17	49:33 1:57	51:19 1:46	1:03:42 12:23	1:22:58 19:16	1:29:22 6:24
35	48	Ricoy Bugarín José Antonio Pontevedra AROMON	2:11:54	1:37 12:56 12:56 1:35:48	2:03 23:56 11:00 1:42:41	28:14 26:07 2:11 2:02:49	3:40 33:45 7:38 2:07:05	3:06 42:10 8:25 2:10:47	0:39 45:17 3:07 2:11:54	53:29 8:12	55:02 1:33	56:58 1:56	1:07:07 10:09	1:25:54 18:47	1:33:37 7:43
36	138	Guardado Coron José Félix Badajoz CODAN EXTREMADURA	2:11:59	2:11 5:52 5:52 1:43:41	6:53 16:30 10:38 1:46:09	20:08 18:34 2:04 2:02:19	4:16 24:54 6:20 2:06:11	3:42 43:26 18:32 2:11:06	1:07 46:39 3:13 2:11:59	58:38 11:59	59:38 1:00	1:01:33 1:55	1:10:47 9:14	1:35:56 25:09	1:41:01 5:05
37	580	González Cascales José Antonio Alicante SANT JOAN	2:15:33	2:40 9:00 9:00 1:40:40	2:28 18:30 9:30 1:43:42	16:10 21:21 2:51 2:03:55	3:52 29:12 7:51 2:09:08	4:55 34:58 5:46 2:14:36	0:53 40:54 5:56 2:15:33	49:43 8:49	53:26 3:43	55:49 2:23	1:14:12 18:23	1:33:15 19:03	1:38:24 5:09
38	627	De La Fuente Palmero Jose Luis Toledo TOLEDO-O	2:19:13	2:16 6:11 6:11 1:43:41	3:02 24:29 18:18 1:50:06	20:13 26:18 1:49 2:07:36	5:13 40:12 13:54 2:14:25	5:28 44:25 4:13 2:18:10	0:57 47:14 2:49 2:19:13	1:01:20 14:06	1:03:16 1:56	1:06:08 2:52	1:17:28 11:20	1:34:44 17:16	1:40:06 5:22
39	518	Tarno Cué Nayo Asturias NORDESTE-O	2:33:56	3:35 11:13 11:13 1:55:54	6:25 28:12 16:59 1:58:59	17:30 32:17 4:05 2:21:31	6:49 43:33 11:16 2:28:06	3:45 49:15 5:42 2:32:38	1:03 56:35 7:20 2:33:56	1:06:28 9:53	1:09:12 2:44	1:11:48 2:36	1:23:25 11:37	1:46:46 23:21	1:53:04 6:18
40	237	Moriñigo Pérez Manuel Valladolid COV	2:41:17	2:50 12:17 12:17 2:04:05	3:05 24:53 12:36 2:06:36	22:32 28:04 3:11 2:33:40	6:35 45:41 17:37 2:37:13	4:32 51:40 5:59 2:40:23	1:18 55:43 4:03 2:41:17	1:12:41 16:58	1:14:27 1:46	1:16:55 2:28	1:27:06 10:11	1:52:07 25:01	2:00:32 8:25
41	605	Boluda Sanchez Alfonso Burgos TJALVE	3:10:32	3:33 11:10 11:10 2:23:18	2:31 31:46 20:36 2:33:56	27:04 35:10 3:24 3:02:06	3:33 49:26 14:16 3:06:46	3:10 57:19 7:53 3:09:57	0:54 1:02:13 4:54 3:10:32	1:33:06 30:53	1:36:23 3:17	1:39:46 3:23	1:52:22 12:36	2:12:42 20:20	2:19:56 7:14
	70	Tamarit Suay José Antonio Valencia CCVALENCIA	en tarj.	16:17 16:17 -----	----- ----- -----	----- ----- -----	----- ----- -----	----- 50:17 34:00	----- 52:01 1:44	----- ----- -----	----- ----- -----	----- ----- -----	----- ----- -----	----- ----- -----	----- ----- -----
	359	Lorenzo Yustos Héctor Madrid IMPERDIBLE	en tarj.	4:20 4:20 57:59 1:13	9:35 5:15 ----- -----	11:01 1:26 1:11:37 13:38	16:06 5:05 1:14:10 2:33	22:16 6:10 1:16:40 2:30	24:14 1:58 1:17:16 0:36	29:43 5:29	30:47 1:04	31:52 1:05	38:48 6:56	49:46 10:58	56:46 7:00

os rsal Nombre			Tiempo												
M-55 (21)			5,4 km	180 m	14 C										
			1(100) 13(127)	2(77) 14(200)	3(75) Meta	4(70)	5(60)	6(115)	7(118)	8(124)	9(123)	10(106)	11(108)	12(94)	
1	377	Ferra Casado Juan Murcia LORCA-O	1:11:21	4:37 4:37 1:08:17	7:43 3:06 1:10:34	9:18 1:35 1:11:21	15:38 6:20	20:40 5:02	34:17 13:37	35:40 1:23	41:55 6:15	43:23 1:28	45:03 1:40	47:21 2:18	1:03:51 16:30
2	90	Iglesias Huertos Francisco Valladolid CDP-O	1:14:04	5:41 5:41 1:11:10	9:42 4:01 1:13:26	11:11 1:29 1:14:04	16:01 4:50	22:54 6:53	34:45 11:51	37:24 2:39	44:00 6:36	45:44 1:44	47:33 1:49	49:53 2:20	1:06:01 16:08
3	675	Tordera Ovejero Vicente Toledo TOLEDO-O	1:15:40	7:04 7:04 1:12:22	11:16 4:12 1:14:53	13:11 1:55 1:15:40	17:28 4:17	22:40 5:12	34:22 11:42	36:22 2:00	41:45 5:23	43:38 1:53	46:41 3:03	49:22 2:41	1:06:20 16:58
4	369	EMION PER Málaga COMA	1:17:17	7:36 7:36 1:13:54	12:02 4:26 1:16:29	13:49 1:47 1:17:17	17:47 3:58	23:56 6:09	35:10 11:14	37:46 2:36	43:09 5:23	44:47 1:38	46:56 2:09	49:03 2:07	1:06:41 17:38
5	154	Gil Poveda Jesús Alicante COLIVENC	1:29:02	7:13 5:09 1:26:14	2:35 15:13 1:28:17	0:48 18:04 1:29:02	23:09 5:05	29:05 5:56	44:35 15:30	46:28 1:53	54:37 8:09	56:37 2:00	58:56 2:19	1:00:58 2:02	1:19:27 18:29
6	753	Sánchez Pérez José Ramón Alicante VILLENA-O	1:30:49	6:47 5:50 5:50	2:03 10:40 4:14	0:45 12:13 2:09	17:19 5:06	23:53 6:34	38:16 14:23	39:42 1:26	47:44 8:02	51:07 3:23	54:04 2:57	57:08 3:04	1:15:17 18:09
7	536	Sánchez Montoro Andrés Madrid O-GETAFE	1:33:01	12:14 11:07 1:29:12	2:28 4:25 1:32:06	0:50 4:44 1:33:01	26:50 6:34	33:10 6:20	45:33 12:23	47:49 2:16	54:06 6:17	56:06 2:00	58:33 2:27	1:01:40 3:07	1:21:01 19:21
8	443	Alba Paredes Jose Vicente Madrid MONTE EL PARDO	1:33:06	8:11 5:00 1:29:47	2:54 6:32 1:32:26	0:55 4:07 1:33:06	19:54 4:15	26:23 6:29	41:01 14:38	42:49 1:48	54:02 11:13	56:03 2:01	58:04 2:01	1:02:04 4:00	1:22:14 20:10
9	99	Prada González Francisco Javier Valladolid CDP-O	1:35:07	7:33 14:38 1:32:42	2:39 8:19 1:34:28	0:40 10:07 1:35:07	14:42 4:35	23:43 9:01	41:13 17:30	43:52 2:39	55:35 11:43	1:00:46 5:11	1:02:26 1:40	1:04:56 2:30	1:25:26 20:30
10	20	Cobas López José Luis Madrid ALABARDA-O	1:51:51	7:16 6:10 1:47:30	1:46 10:56 1:50:50	0:39 16:19 1:51:51	29:00 12:41	39:17 10:17	56:28 17:11	58:06 1:38	1:05:48 7:42	1:09:25 3:37	1:12:17 2:52	1:14:57 2:40	1:33:24 18:27
11	143	Vega Cano José Luis Badajoz CODAN EXTREMADURA	1:59:14	14:06 10:25 1:55:27	3:20 16:25 1:58:26	1:01 18:42 1:59:14	23:37 4:55	32:03 8:26 43:47	51:53 19:50	53:45 1:52	1:06:16 12:31	1:08:26 2:10	1:10:12 1:46	1:17:25 7:13	1:43:27 26:02
12	61	Báscones Huertas José Luis Madrid C.D.C.E.B.E.	1:59:33	12:00 14:38 1:55:52	2:59 11:06 1:58:45	0:48 2:45 1:59:33	34:32 6:03	42:24 7:52	56:11 13:47	59:19 3:08	1:12:15 12:56	1:14:49 2:34	1:17:16 2:27	1:22:53 5:37	1:47:19 24:26
13	88	Garrido Izquierdo Julio Cesar Valladolid CDP-O	2:12:25	8:43 8:43 2:07:19	16:36 7:53 2:11:13	19:50 3:14 2:12:25	27:23 7:33	37:47 10:24	54:25 16:38	1:00:22 5:57	1:11:08 10:46	1:14:37 3:29	1:17:41 3:04	1:20:56 3:15	1:55:52 34:56
14	439	Rodríguez Pérez Oscar Ciudad Real MANZANARES-O	2:21:10	11:27 18:29 2:17:19	3:54 7:15 2:20:12	1:12 4:44 2:21:10	40:39 10:11	51:15 10:36	1:11:12 19:57	1:21:11 9:59	1:30:20 9:09	1:33:13 2:53	1:35:54 2:41	1:39:28 3:34	2:05:14 25:46
15	161	Ramal Gea José Alicante COLIVENC	2:21:59	12:05 7:53 2:16:48	2:53 10:48 2:20:53	0:58 4:44 2:21:59	30:33 7:08	40:40 10:07	1:04:49 24:09	1:12:01 7:12	1:20:14 8:13	1:23:09 2:55	1:27:25 4:16	1:34:35 7:10	2:06:38 32:03
16	516	González Rodríguez Salvador Asturias NORDESTE-O	2:25:01	10:10 20:43 2:19:44	4:05 6:31 2:23:25	1:06 2:31 2:25:01	38:12 8:27	46:04 7:52	1:17:51 31:47	1:22:59 5:08	1:31:23 8:24	1:34:16 2:53	1:38:20 4:04	1:41:06 2:46	2:09:51 28:45
17	744	Guijo García Jesús Cáceres VIA PLATA	2:32:31	9:53 30:19 2:29:23	3:41 7:38 2:31:43	1:36 4:45 2:32:31	52:48 10:06	1:02:52 10:04	1:23:21 20:29	1:33:16 9:55	1:42:37 9:21	1:45:26 2:49	1:48:02 2:36	1:51:43 3:41	2:18:02 26:19
	661	Pérez Lorente Carlos Toledo TOLEDO-O	en tarj.	----- 1:33:48 8:00	15:16 1:36:32 2:44	17:25 2:09 0:42	23:54 6:29	31:26 7:32 *109	43:11 11:45	45:45 2:34	54:08 8:23	56:30 2:22	58:20 1:50	1:00:32 2:12	1:25:48 25:16
	460	Mayol Clemente Pedro Murcia MURCIA-O	en tarj.	4:41 4:41 -----	11:35 6:54 -----	13:41 2:06 -----	17:30 3:49	24:23 6:53	36:25 12:02	37:23 0:58	43:56 6:33	45:46 1:50	----- 15:57	1:01:43	-----
	507	Gracia Castillo Jesús M. Soria NVALENO-O	No sale												

os			rsal Nombre			Tiempo										
M-55 (21)			5,4 km 180 m		14 C	(cont.)										
			1(100)	2(77)	3(75)	4(70)	5(60)	6(115)	7(118)	8(124)	9(123)	10(106)	11(108)	12(94)		
			13(127)	14(200)	Meta											
195 Pérez Martín Santiago Guiller Málaga COMA			No sale													
M-60 (13)			4,5 km 150 m		13 C											
			1(100)	2(77)	3(75)	4(70)	5(106)	6(108)	7(119)	8(96)	9(84)	10(92)	11(112)	12(127)		
			13(200)	Meta												
1	752	Samper García José Alicante VILLENA-O	1:16:08	8:27	11:28	12:56	16:56	33:30	35:14	41:07	53:30	57:08	1:03:46	1:06:02	1:12:28	
				8:27	3:01	1:28	4:00	16:34	1:44	5:53	12:23	3:38	6:38	2:16	6:26	
				1:15:21	1:16:08		46:23									
				2:53	0:47		*84									
2	514	Diéguez Margallo Luis Asturias NORDESTE-O	1:17:07	5:32	10:17	13:21	18:46	35:56	38:25	45:38	50:49	53:56	1:05:09	1:09:02	1:13:57	
				5:32	4:45	3:04	5:25	17:10	2:29	7:13	5:11	3:07	11:13	3:53	4:55	
				1:16:23	1:17:07											
				2:26	0:44											
3	710	Del Moral Durá Santiago Alicante UNIVERSIDAD ALICANTE	1:26:48	5:59	10:29	12:37	17:35	36:44	39:42	47:05	56:47	1:05:10	1:13:23	1:15:36	1:23:20	
				5:59	4:30	2:08	4:58	19:09	2:58	7:23	9:42	8:23	8:13	2:13	7:44	
				1:26:04	1:26:48											
				2:44	0:44											
4	442	López Lara Antonio Madrid MK-O	1:27:44	7:40	11:47	13:40	19:40	40:16	45:01	54:14	1:02:03	1:07:04	1:13:24	1:15:52	1:22:54	
				7:40	4:07	1:53	6:00	20:36	4:45	9:13	7:49	5:01	6:20	2:28	7:02	
				1:26:48	1:27:44											
				3:54	0:56											
5	64	García Sáez Alberto Madrid C.D.C.E.B.E.	1:38:18	6:24	13:26	19:24	27:50	52:05	59:48	1:08:10	1:15:42	1:18:20	1:23:23	1:29:05	1:35:29	
				6:24	7:02	5:58	8:26	24:15	7:43	8:22	7:32	2:38	5:03	5:42	6:24	
				1:37:40	1:38:18											
				2:11	0:38											
6	587	Fossez Claude Valencia SIMEPIERDO	1:40:10	5:43	11:59	18:18	24:14	45:53	56:46	1:06:00	1:12:52	1:20:47	1:26:28	1:30:08	1:36:26	
				5:43	6:16	6:19	5:56	21:39	10:53	9:14	6:52	7:55	5:41	3:40	6:18	
				1:39:15	1:40:10											
				2:49	0:55											
7	153	Gil Poveda Antonio Alicante COLIVENC	1:44:53	5:25	9:25	22:34	29:32	49:45	52:24	1:11:43	1:16:26	1:18:53	1:27:30	1:31:26	1:39:17	
				5:25	4:00	13:09	6:58	20:13	2:39	19:19	4:43	2:27	8:37	3:56	7:51	
				1:43:29	1:44:53											
				4:12	1:24											
8	188	Gil Villena Félix Alfonso Málaga COMA	2:09:36	9:47	18:09	21:29	30:13	1:03:04	1:09:20	1:26:08	1:34:27	1:39:23	1:50:05	1:54:48	2:02:34	
				9:47	8:22	3:20	8:44	32:51	6:16	16:48	8:19	4:56	10:42	4:43	7:46	
				2:07:47	2:09:36											
				5:13	1:49											
9	159	Peris Giner Antonio Alicante COLIVENC	2:40:03	17:19	26:21	29:09	37:57	1:26:55	1:29:02	1:39:44	1:48:21	1:51:58	2:11:53	2:27:32	2:35:15	
				17:19	9:02	2:48	8:48	48:58	2:07	10:42	8:37	3:37	19:55	15:39	7:43	
				2:38:55	2:40:03											
				3:40	1:08											
10	232	Galván Mangas José María Valladolid COV	2:42:39	7:37	16:11	21:37	29:58	1:01:39	1:05:30	1:33:52	1:45:39	1:59:16	2:14:57	2:25:32	2:37:05	
				7:37	8:34	5:26	8:21	31:41	3:51	28:22	11:47	13:37	15:41	10:35	11:33	
				2:41:04	2:42:39											
				3:59	1:35											
				5:52	10:34	12:51	17:40	33:46	37:56	45:32	-----	1:01:46	1:07:11	1:09:23	1:17:31	
				5:52	4:42	2:17	4:49	16:06	4:10	7:36	-----	16:14	5:25	2:12	8:08	
				1:19:57	1:20:45											
				2:26	0:48											
39 Miranda Blasco Juan Carlos Madrid APU-O			No sale													
325 López Zafrilla Francisco Albacete GODIH			No sale													
M-65 (8)			4,0 km 135 m		11 C											
			1(117)	2(88)	3(77)	4(69)	5(106)	6(107)	7(102)	8(119)	9(116)	10(126)	11(200)	Meta		
1	454	Bello Pereira Aurelio Murcia MURCIA-O	55:06	3:59	9:23	13:01	17:15	30:43	34:13	38:37	43:34	44:40	51:19	54:24	55:06	
				3:59	5:24	3:38	4:14	13:28	3:30	4:24	4:57	1:06	6:39	3:05	0:42	
2	601	Pérez-Caballero Fernánde Juan Da Almería SURCO	1:07:47	4:52	9:11	15:00	20:23	38:51	40:17	48:24	52:37	53:55	1:03:25	1:06:52	1:07:47	
				4:52	4:19	5:49	5:23	18:28	1:26	8:07	4:13	1:18	9:30	3:27	0:55	
3	506	de Miguel Rey Jesús Soria NAVELENO-O	1:09:37	4:19	7:56	12:20	16:43	46:07	47:33	51:23	55:46	56:58	1:05:13	1:08:48	1:09:37	
				4:19	3:37	4:24	4:23	29:24	1:26	3:50	4:23	1:12	8:15	3:35	0:49	
4	681	Checkley Martin Murcia TOTANA-O	1:19:27	4:00	14:33	26:57	31:44	52:09	53:36	1:00:21	1:04:42	1:05:53	1:15:05	1:18:34	1:19:27	
				4:00	10:33	12:24	4:47	20:25	1:27	6:45	4:21	1:11	9:12	3:29	0:53	
5	381	Giner Manzanares Joaquín Murcia LORCA-O	1:25:06	4:35	15:02	18:46	25:25	52:45	54:42	1:00:05	1:07:52	1:09:28	1:19:39	1:23:57	1:25:06	
				4:35	10:27	3:44	6:39	27:20	1:57	5:23	7:47	1:36	10:11	4:18	1:09	
6	408	Gago Calvo Jesús Balears LOST DOGS	1:36:37	9:42	28:26	39:00	44:19	1:04:19	1:06:45	1:12:09	1:19:48	1:21:20	1:31:46	1:35:39	1:36:37	
				9:42	18:44	10:34	5:19	20:00	2:26	5:24	7:39	1:32	10:26	3:53	0:58	
7	212	Iñiguez Crespo Ricardo Valencia CORRECAMINOS	2:16:15	17:45	40:11	44:25	51:40	1:20:19	1:23:21	1:33:50	1:53:57	1:55:46	2:09:16	2:14:42	2:16:15	
				17:45	22:26	4:14	7:15	28:39	3:02	10:29	20:07	1:49	13:30	5:26	1:33	
				5:05	12:00	16:33	22:26	-----	-----	-----	-----	-----	-----	-----	55:22	
				5:05	6:55	4:33	5:53									32:56

os			rsal		Nombre		Tiempo											
F-E (15)							9,3 km 310 m		23 C									
							1(91)	2(93)	3(78)	4(54)	5(44)	6(39)	7(35)	8(31)	9(33)	10(38)	11(59)	12(56)
							13(55)	14(118)	15(119)	16(96)	17(84)	18(87)	19(106)	20(108)	21(116)	22(125)	23(200)	Meta
1	155	Gil Sánchez Alicia Alicante COLIVENC	1:32:50	4:19	7:23	8:55	19:58	25:12	27:30	31:41	35:30	36:59	41:20	48:48	50:23			
				4:19	3:04	1:32	11:03	5:14	2:18	4:11	3:49	1:29	4:21	7:28	1:35			
				54:35	1:05:49	1:07:40	1:10:36	1:12:10	1:15:14	1:17:25	1:19:06	1:24:07	1:30:04	1:32:10	1:32:50			
				4:12	11:14	1:51	2:56	1:34	3:04	2:11	1:41	5:01	5:57	2:06	0:40			
2	150	Feliciano Sanjuán Violeta Alicante COLIVENC	1:36:01	4:12	7:33	8:56	19:07	25:01	26:56	30:48	34:16	36:45	41:26	49:53	51:27			
				4:12	3:21	1:23	10:11	5:54	1:55	3:52	3:28	2:29	4:41	8:27	1:34			
				57:09	1:07:08	1:09:19	1:12:18	1:13:41	1:17:07	1:19:05	1:20:48	1:28:12	1:33:12	1:35:18	1:36:01			
				5:42	9:59	2:11	2:59	1:23	3:26	1:58	1:43	7:24	5:00	2:06	0:43			
				1:32:53 *126														
3	152	Gil i Brotons Esther Alicante COLIVENC	1:39:20	4:15	7:49	9:17	19:43	25:32	27:16	31:38	35:23	36:20	40:07	49:16	50:51			
				4:15	3:34	1:28	10:26	5:49	1:44	4:22	3:45	0:57	3:47	9:09	1:35			
				55:04	1:07:47	1:10:58	1:13:57	1:15:20	1:19:31	1:23:12	1:24:56	1:29:42	1:36:16	1:38:34	1:39:20			
4	117	Gil Brotons Amparo Barcelona COB	1:41:11	4:13	12:43	3:11	2:59	1:23	4:11	3:41	1:44	4:46	6:34	2:18	0:46			
				6:45	10:32	12:07	22:39	27:58	30:38	34:35	39:03	40:15	46:06	53:57	56:07			
				6:45	3:47	1:35	10:32	5:19	2:40	3:57	4:28	1:12	5:51	7:51	2:10			
				1:00:47	1:10:35	1:12:32	1:15:37	1:19:20	1:23:02	1:25:34	1:27:13	1:32:18	1:38:36	1:40:33	1:41:11			
				4:40	9:48	1:57	3:05	3:43	3:42	2:32	1:39	5:05	6:18	1:57	0:38			
				37:02 *32														
5	659	Patiño Déniz Carmen Toledo TOLEDO-O	1:44:41	4:07	9:29	11:24	24:04	30:04	32:18	39:43	43:11	44:15	47:15	56:16	58:15			
				4:07	5:22	1:55	12:40	6:00	2:14	7:25	3:28	1:04	3:00	9:01	1:59			
				1:02:10	1:14:14	1:15:59	1:19:02	1:22:19	1:26:13	1:28:33	1:30:01	1:35:16	1:41:33	1:43:55	1:44:41			
6	743	Guijo Alonso Marta Cáceres VIA PLATA	1:49:56	3:55	12:04	1:45	3:03	3:17	3:54	2:20	1:28	5:15	6:17	2:22	0:46			
				5:05	8:48	10:19	23:07	28:15	30:32	35:25	38:39	39:51	44:17	55:15	57:03			
				5:05	3:43	1:31	12:48	5:08	2:17	4:53	3:14	1:12	4:26	10:58	1:48			
				1:01:37	1:16:44	1:19:52	1:22:56	1:24:46	1:28:45	1:31:23	1:35:18	1:40:26	1:47:00	1:49:13	1:49:56			
				4:34	15:07	3:08	3:04	1:50	3:59	2:38	3:55	5:08	6:34	2:13	0:43			
				1:18:43 *115														
7	120	Serra Sala Laura Barcelona COB	1:52:43	5:14	9:27	11:01	22:45	28:25	30:22	36:01	42:28	43:59	50:22	58:57	1:01:27			
				5:14	4:13	1:34	11:44	5:40	1:57	5:39	6:27	1:31	6:23	8:35	2:30			
				1:06:08	1:19:10	1:21:06	1:25:28	1:29:42	1:33:02	1:35:08	1:36:54	1:44:14	1:49:39	1:52:00	1:52:43			
				4:41	13:02	1:56	4:22	4:14	3:20	2:06	1:46	7:20	5:25	2:21	0:43			
				1:49:17 *126														
8	220	Pons Pérez Amanda Burgos CORZO	2:04:53	5:06	10:42	12:36	26:15	33:20	36:01	42:27	47:29	49:27	53:25	1:02:17	1:05:09			
				5:06	5:36	1:54	13:39	7:05	2:41	6:26	5:02	1:58	3:58	8:52	2:52			
				1:10:57	1:24:33	1:26:57	1:31:15	1:37:31	1:42:02	1:44:49	1:46:38	1:54:26	2:01:32	2:04:07	2:04:53			
				5:48	13:36	2:24	4:18	6:16	4:31	2:47	1:49	7:48	7:06	2:35	0:46			
				2:00:35 *126														
9	132	Alonso Muñoz Lidia Badajoz CODAN EXTREMADURA	2:23:03	9:31	22:53	24:36	37:16	44:27	47:13	54:42	58:32	1:00:45	1:04:37	1:17:26	1:20:34			
				9:31	13:22	1:43	12:40	7:11	2:46	7:29	3:50	2:13	3:52	12:49	3:08			
				1:29:02	1:41:36	1:45:34	1:50:34	1:52:55	1:58:16	2:01:05	2:04:02	2:12:22	2:19:47	2:22:18	2:23:03			
10	142	Sánchez Pozo Ariane Badajoz CODAN EXTREMADURA	2:27:55	8:28	12:34	3:58	5:00	2:21	5:21	2:49	2:57	8:20	7:25	2:31	0:45			
				5:53	13:07	16:12	29:46	37:04	40:17	49:25	55:48	58:16	1:03:10	1:18:28	1:22:28			
				5:53	7:14	3:05	13:34	7:18	3:13	9:08	6:23	2:28	4:54	15:18	4:00			
				1:31:29	1:46:35	1:48:54	1:54:05	1:56:41	2:00:53	2:04:39	2:06:53	2:16:16	2:24:41	2:27:14	2:27:55			
11	147	Camarasa Pérez Ana Alicante COLIVENC	2:29:53	9:01	15:06	2:19	5:11	2:36	4:12	3:46	2:14	9:23	8:25	2:33	0:41			
				8:10	14:10	16:34	31:51	45:47	48:37	54:15	1:00:08	1:02:04	1:06:55	1:21:42	1:23:44			
				8:10	6:00	2:24	15:17	13:56	2:50	5:38	5:53	1:56	4:51	14:47	2:02			
12	68	Poveda Navarro Ana Rosa Murcia CALASPARRA-O	2:38:19	1:28:57	1:40:56	1:46:05	1:51:01	1:55:21	1:59:54	2:03:32	2:07:05	2:18:46	2:26:33	2:29:09	2:29:53			
				5:13	11:59	5:09	4:56	4:20	4:33	3:38	3:33	11:41	7:47	2:36	0:44			
				17:22	24:12	25:33	35:56	41:09	43:26	47:14	51:41	52:41	57:19	1:22:39	1:24:53			
				17:22	6:50	1:21	10:23	5:13	2:17	3:48	4:27	1:00	4:38	25:20	2:14			
13	274	Moreno Zúñiga Guadalupe Toledo ESCONDITE-T	2:47:51	1:29:37	1:53:03	1:55:43	1:58:58	2:02:51	2:08:48	2:12:23	2:14:56	2:23:36	2:34:55	2:37:32	2:38:19			
				4:44	23:26	2:40	3:15	3:53	5:57	3:35	2:33	8:40	11:19	2:37	0:47			
				5:09	9:44	11:59	23:29	28:52	31:44	38:39	41:50	43:38	49:33	1:28:41	1:32:44			
				5:09	4:35	2:15	11:30	5:23	2:52	6:55	3:11	1:48	5:55	39:08	4:03			
				1:36:43	2:02:53	2:10:01	2:14:24	2:16:59	2:22:36	2:25:10	2:28:01	2:36:37	2:43:55	2:46:56	2:47:51			
				3:59	26:10	7:08	4:23	2:35	5:37	2:34	2:51	8:36	7:18	3:01	0:55			
273		Martín García Rosa Toledo ESCONDITE-T	andona	13:36	19:16	21:18	36:15	43:28	46:15	52:00	56:28	58:46	1:04:08	1:45:21	1:48:49			
				13:36	5:40	2:02	14:57	7:13	2:47	5:45	4:28	2:18	5:22	41:13	3:28			
				1:56:05	-----	-----	-----	-----	-----	-----	-----	-----	2:17:27	2:23:06	2:25:05			
				7:16									21:22	5:39	1:59			
582 Ruiz Alonso Esmeralda Alicante SANT JOAN							No sale											
F-12 (16)							2,4 km 80 m		8 C									
							1(110)	2(92)	3(81)	4(83)	5(103)	6(112)	7(129)	8(200)	Meta			
1	379	García Peñas Lucía Murcia LORCA-O	31:55	4:10	6:32	8:13	12:19	17:50	22:58	29:47	31:10	31:55						
				4:10	2:22	1:41	4:06	5:31	5:08	6:49	1:23	0:45						
2	699	Grau Olive Lidia Barcelona UEVIC	33:22	3:56	6:22	8:47	13:30	17:43	23:14	30:55	32:32	33:22						
				3:56	2:26	2:25	4:43	4:13	5:31	7:41	1:37	0:50						
3	709	De Miguel Armisen Mónica Alicante UNIVERSIDAD ALICANTE	34:31	4:00	6:10	7:41	14:33	20:09	25:59	32:37	33:53	34:31						
				4:00	2:10	1:31	6:52	5:36	5:50	6:38	1:16	0:38						

Pos	Clas	Nombre	Tiempo												
F-12 (16)			2,4 km 80 m			8 C		(cont.)							
			1(110)	2(92)	3(81)	4(83)	5(103)	6(112)	7(129)	8(200)	Meta				
4	10	Misas Bernardino Marina Sevilla ADOL	35:31	3:15	5:19	6:47	17:45	21:02	25:08	33:18	34:44	35:31			
				3:15	2:04	1:28	10:58	3:17	4:06	8:10	1:26	0:47			
5	295	Martínez Gómez Sofía La Coruña GALLAECIA RAID	35:42	4:40	6:55	11:20	14:40	23:29	28:16	33:45	34:59	35:42			
				4:40	2:15	4:25	3:20	8:49	4:47	5:29	1:14	0:43			
6	355	Jiménez Espeso Elena Madrid IMPERDIBLE	41:12	4:28	7:29	9:23	14:15	23:25	29:18	37:38	40:35	41:12			
				4:28	3:01	1:54	4:52	9:10	5:53	8:20	2:57	0:37			
7	291	Dopico Golpe Rocio La Coruña GALLAECIA RAID	59:26	14:26	28:49	31:04	36:31	40:55	48:12	57:23	58:42	59:26			
				14:26	14:23	2:15	5:27	4:24	7:17	9:11	1:19	0:44			
8	637	Ferrando Galán Irene Toledo TOLEDO-O	1:06:30	5:35	13:06	16:55	26:43	39:37	50:42	1:03:35	1:05:44	1:06:30			
				5:35	7:31	3:49	9:48	12:54	11:05	12:53	2:09	0:46			
9	236	Morínigo Álvarez María Valladolid COV	1:10:59	5:28	12:34	19:26	28:21	37:31	46:02	1:02:54	1:09:58	1:10:59			
				5:28	7:06	6:52	8:55	9:10	8:31	16:52	7:04	1:01			
10	726	Gomez Tamarit Malena Valencia VALENCIA-O	1:18:54	7:31	13:21	17:59	30:07	41:45	57:59	1:13:18	1:17:56	1:18:54			
				7:31	5:50	4:38	12:08	11:38	16:14	15:19	4:38	0:58			
11	632	Esteban-Manzanares Gómez Isabel Toledo TOLEDO-O	1:24:07	17:56	21:24	24:03	39:14	54:08	1:06:58	1:21:09	1:23:18	1:24:07			
				17:56	3:28	2:39	15:11	14:54	12:50	14:11	2:09	0:49			
12	16	Ramos Serrano Isabel Sevilla ADOL	1:43:01	10:20	45:56	51:13	1:00:16	1:08:03	1:17:26	1:34:34	1:42:04	1:43:01			
				10:20	35:36	5:17	9:03	7:47	9:23	17:08	7:30	0:57			
	429	Blazquez Valverde Leire Ciudad Real MANZANARES-O	en tarj.	14:04	-----	-----	-----	-----	-----	-----	38:36	40:43			
				14:04							24:32	2:07			
	468	Brezmes Blanco Niobe Toledo NAVALCAN-O	en tarj.	6:11	-----	25:44	37:28	44:29	56:59	1:27:47	1:29:45	1:30:22			
				6:11		19:33	11:44	7:01	12:30	30:48	1:58	0:37			
	328	Puche Herrero Paula Albacete GODIH	No sale												
	488	Mirado Peña María Toledo NAVALCAN-O	No sale												
F-14 (24)			2,8 km 95 m			13 C									
			1(110)	2(92)	3(81)	4(64)	5(67)	6(82)	7(83)	8(103)	9(112)	10(126)	11(128)	12(129)	
			13(200)	Meta											
1	546	Toledo Navarro Patricia Cuenca ORIENTIJOTE	33:57	3:35	6:05	7:52	11:10	14:47	15:50	17:16	20:19	23:54	29:34	31:32	
				3:35	2:30	1:47	3:18	3:37	1:03	1:26	3:03	3:35	5:40	1:58	
				33:21	33:57										
				1:11	0:36										
2	651	Márquez Martín-Tesorero Cristina Toledo TOLEDO-O	34:28	3:31	5:56	7:45	10:59	13:35	15:08	16:31	19:46	24:19	28:15	31:08	
				3:31	2:25	1:49	3:14	2:36	1:33	1:23	3:15	4:33	3:56	2:53	
				33:50	34:28										
				1:53	0:38										
3	189	López Martín Sara Málaga COMA	36:18	3:12	4:53	6:15	13:24	16:24	17:13	18:48	22:04	25:49	30:20	33:43	
				3:12	1:41	1:22	7:09	3:00	0:49	1:35	3:16	3:45	4:31	3:23	
				35:40	36:18									0:32	
				1:25	0:38										
4	290	Dopico Golpe Alba La Coruña GALLAECIA RAID	37:55	4:06	6:25	7:56	11:44	15:13	16:01	17:41	22:52	26:50	30:47	34:39	
				4:06	2:19	1:31	3:48	3:29	0:48	1:40	5:11	3:58	3:57	3:52	
				37:13	37:55									0:52	
				1:42	0:42										
5	687	Martínez Barceló Marta Murcia TOTANA-O	42:05	5:02	11:48	13:05	16:56	19:40	20:46	22:12	25:24	30:15	36:59	39:22	
				5:02	6:46	1:17	3:51	2:44	1:06	1:26	3:12	4:51	6:44	2:23	
				41:27	42:05									0:36	
				1:29	0:38										
6	6	Guerrero Perez Irene Sevilla ADOL	43:58	3:52	9:45	11:27	15:07	18:48	19:41	21:37	26:38	31:19	35:50	40:54	
				3:52	5:53	1:42	3:40	3:41	0:53	1:56	5:01	4:41	4:31	5:04	
				43:13	43:58									0:41	
				1:38	0:45										
7	380	García Peñas María Murcia LORCA-O	50:51	4:10	7:36	9:28	15:23	19:36	21:09	23:58	28:42	35:30	42:13	47:04	
				4:10	3:26	1:52	5:55	4:13	1:33	2:49	4:44	6:48	6:43	4:51	
				49:59	50:51									0:59	
				1:56	0:52										
8	486	Martin Fernandez Susana Toledo NAVALCAN-O	51:06	4:07	7:16	11:13	15:32	19:28	20:51	24:49	28:55	34:55	40:49	47:39	
				4:07	3:09	3:57	4:19	3:56	1:23	3:58	4:06	6:00	5:54	6:50	
				50:16	51:06									0:51	
				1:46	0:50										
9	257	García Bautista Lucía Madrid ENTREBALIZAS	51:38	5:34	8:11	10:17	17:39	21:32	22:49	26:12	31:05	38:11	43:27	48:28	
				5:34	2:37	2:06	7:22	3:53	1:17	3:23	4:53	7:06	5:16	5:01	
				50:56	51:38									49:19	
				1:37	0:42									0:51	
10	567	Peciña Corral Julia La Rioja RIOJA-O	52:20	4:13	6:54	8:41	12:41	15:50	17:47	22:35	26:56	34:18	40:57	47:50	
				4:13	2:41	1:47	4:00	3:09	1:57	4:48	4:21	7:22	6:39	6:53	
				51:34	52:20									49:34	
				2:00	0:46									1:44	
11	569	Salazar Patón Leyre La Rioja RIOJA-O	1:01:03	4:28	9:55	11:50	16:20	20:31	21:50	26:09	31:32	42:22	48:51	57:51	
				4:28	5:27	1:55	4:30	4:11	1:19	4:19	5:23	10:50	6:29	9:00	
				1:00:14	1:01:03									0:41	
				1:42	0:49										
12	683	Hernandez Vidal Daniela Murcia TOTANA-O	1:02:29	6:52	13:21	16:17	32:38	37:42	39:22	43:37	47:30	52:12	56:09	59:20	
				6:52	6:29	2:56	16:21	5:04	1:40	4:15	3:53	4:42	3:57	3:11	
				1:01:31	1:02:29									1:00:22	
				1:09	0:58									1:02	

os	rsal	Nombre	Tiempo												
F-14 (24)			2,8 km	95 m	13 C	(cont.)									
			1(110) 13(200)	2(92) Meta	3(81)	4(64)	5(67)	6(82)	7(83)	8(103)	9(112)	10(126)	11(128)	12(129)	
13	230	Dorado Valiente Marina Valladolid COV	1:02:34	6:00 6:00 1:01:41	8:27 2:27 1:02:34	10:02 1:35	19:30 9:28	23:34 4:04	24:44 1:10	33:08 8:24	37:49 4:41	46:21 8:32	50:18 3:57	57:51 7:33	1:00:17 2:26
14	111	Pérez Garrigós Alba Alicante CEAM IBI-O	1:04:50	1:24 4:39 1:04:08	0:53 8:34 1:04:50	10:23 1:49	18:06 7:43	23:27 5:21	25:39 2:12	30:07 4:28	35:20 5:13	46:17 10:57	52:48 6:31	1:01:41 8:53	1:02:24 0:43
15	563	Iruzubieta Pinillos Adriana La Rioja RIOJA-O	1:10:18	1:44 8:00 1:09:31	0:42 24:40 1:10:18	26:50 2:10	30:47 3:57	35:24 4:37	36:23 0:59	42:41 6:18	46:15 3:34	55:46 9:31	1:00:34 4:48	1:07:27 6:53	1:08:16 0:49
16	685	Lozoya Perez Angela Murcia TOTANA-O	1:13:02	1:15 4:01 1:12:04	0:47 9:55 1:13:02	12:05 2:10	32:05 20:00	38:44 6:39	40:14 1:30	42:57 2:43	46:59 4:02	54:41 7:42	1:01:37 6:56	1:09:16 7:39	1:10:14 0:58
17	679	Barceló Romero Alba Murcia TOTANA-O	1:19:34	1:50 4:50 1:18:41	0:58 23:39 1:19:34	28:48 5:09	34:10 5:22	39:15 5:05	41:56 2:41	48:25 6:29	53:40 5:15	1:04:53 11:13	1:10:24 5:31	1:15:08 4:44	1:16:24 1:16
18	249	Bejarano Martín Nayala Salamanca CRO	1:49:01	2:17 7:24 1:48:03	0:53 42:59 1:49:01	48:07 5:08	1:08:17 20:10	1:14:49 6:32	1:16:16 1:27	1:19:01 2:45	1:23:14 4:13	1:30:45 7:31	1:37:45 7:00	1:45:17 7:32	1:46:18 1:01
	241	Pina Souza Leticia Cristina Valladolid COV	en tarj.	51:12 5:06 1:35	51:51 7:18 0:39	13:48 6:30	20:39 6:51	25:33 4:54	26:37 1:04	----- 10:16	36:53 5:14	42:07 3:40	45:47 2:55	48:42 3:40	49:37 0:55
	250	Pires Torres Andrea Salamanca CRO	en tarj.	1:17:40 2:12 2:45	1:18:36 0:56 6:27	37:53 6:41	44:42 6:49	49:31 4:49	50:41 1:10	----- 10:18	1:00:59 5:13	1:06:12 3:40	1:09:52 4:17	1:14:09 4:17	1:15:28 1:19
	714	Paisán Martínez Ana Cristina Alicante UNIVERSIDAD ALICANTE	en tarj.	2:04:50 3:17	2:05:41 0:51	38:06 3:31	----- 24:07	1:02:13 1:48	1:04:01 1:48	1:12:38 8:37	1:18:04 5:26	----- 23:00	1:41:04 17:48	1:58:52 17:48	2:01:33 2:41
	22	Garrido Contreras Ariadna Madrid ALABARDA-O	No sale												
	97	Prada Aroca Alicia Valladolid CDP-O	No sale												
	319	Gómez Pelaez Milagros Albacete GODIH	No sale												
F-16 (13)			4,8 km	160 m	13 C										
			1(110) 13(200)	2(76) Meta	3(65)	4(87)	5(102)	6(103)	7(62)	8(69)	9(92)	10(101)	11(117)	12(128)	
1	281	Madoz de Vidal Ana Cádiz FUNDI-O	1:05:48	3:34 3:34 1:05:14	13:46 10:12 1:05:48	22:12 8:26	25:29 3:17	29:12 3:43	33:32 4:20	45:21 11:49	48:09 2:48	54:10 6:01	55:06 0:56	58:41 3:35	1:03:44 5:03
2	228	Caro-Patón Pérez Ana Valladolid COV	1:07:03	1:30 3:20 1:06:23	0:34 7:10 1:07:03	16:57 9:47	19:53 2:56	24:57 5:04	29:26 4:29	43:43 14:17	47:14 3:31	53:14 6:00	54:31 1:17	58:27 3:56	1:05:00 6:33
3	209	Claramunt Moraga Alicia Valencia CORRECAMINOS	1:09:33	2:05 2:52 1:08:50	7:04 4:12 1:09:33	21:30 14:26	23:57 2:27	28:40 4:43	34:18 5:38	47:30 13:12	51:09 3:39	56:34 5:25	58:04 1:30	1:01:12 3:08	1:06:45 5:33
4	9	Misas Bernardino Lucía Sevilla ADOL	1:10:35	2:05 4:00 1:09:57	0:43 11:21 1:10:35	27:56 16:35	30:24 2:28	34:02 3:38	37:35 3:33	48:36 11:01	52:08 3:32	57:12 5:04	58:45 1:33	1:03:57 5:12	1:08:03 4:06
5	643	García Megia Leire Toledo TOLEDO-O	1:13:15	1:54 3:42 1:12:26	0:38 8:09 1:13:15	19:58 11:49	23:20 3:22	28:54 5:34	34:32 5:38	49:30 14:58	52:34 3:04	58:43 6:09	1:00:01 1:18	1:04:22 4:21	1:10:12 5:50
6	564	Iruzubieta Pinillos Lucía La Rioja RIOJA-O	1:16:12	2:14 3:22 1:15:35	0:49 8:16 1:16:12	19:11 10:55	22:37 3:26	33:11 10:34	38:28 5:17	52:59 14:31	56:07 3:08	1:02:19 6:12	1:03:55 1:36	1:08:20 4:25	1:13:49 5:29
7	32	Fidalgo Casares Laura León ALCON	1:28:57	1:46 3:43 1:27:42	0:37 9:03 1:28:57	21:13 12:10	26:16 5:03	32:56 6:40	38:32 5:36	56:04 17:32	1:00:13 4:09	1:08:45 8:32	1:10:42 1:57	1:14:08 3:26	1:24:57 10:49

os	rsal	Nombre	Tiempo												
F-16 (13)			4,8 km	160 m	13 C	(cont.)									
			1(110) 13(200)	2(76) Meta	3(65)	4(87)	5(102)	6(103)	7(62)	8(69)	9(92)	10(101)	11(117)	12(128)	
8	642	García Megía Laura Toledo TOLEDO-O	1:33:49	3:14 3:14 1:33:02	7:55 4:41 1:33:49	22:00 14:05	25:26 3:26	30:50 5:24	50:56 20:06	1:08:10 17:14	1:13:41 5:31	1:20:22 6:41	1:21:48 1:26	1:24:58 3:10	1:31:09 6:11
9	103	Aparicio Garrigós Marina Alicante CEAM IBI-O	1:35:28	4:49 4:49 1:34:46	11:54 7:05 1:35:28	25:20 13:26	29:33 4:13	39:13 9:40	45:38 6:25	1:06:42 21:04	1:11:00 4:18	1:17:55 6:55	1:19:59 2:04	1:25:43 5:44	1:32:10 6:27
10	243	Rey Cortés Alba Valladolid COV	1:53:11	3:52 3:52 1:52:24	11:28 7:36 1:53:11	26:47 15:19	36:00 9:13	42:53 6:53	50:32 7:39	1:19:52 29:20	1:23:35 3:43	1:30:52 7:17	1:33:14 2:22	1:40:54 7:40	1:48:13 7:19
11	101	Santos Cuéllar Angela Valladolid CDP-O	2:19:36	5:01 5:01 2:18:54	11:00 5:59 2:19:36	27:34 16:34	31:23 3:49	41:22 9:59	49:04 7:42	1:12:50 23:46	1:31:51 19:01	1:40:11 8:20	1:48:05 7:54	1:58:39 10:34	2:16:54 18:15
	102	Santos Cuéllar Julia Valladolid CDP-O	andona	7:18 7:18 2:02:56	23:59 16:41 2:03:59	52:17 28:18	59:14 6:57	1:11:30 12:16	1:35:18 23:48	-----	-----	-----	-----	1:47:15 11:57	2:00:58 13:43
	449	Losada Moreno Guadalupe Madrid MONTE EL PARDO	No sale												
F-18A (14)			5,5 km	185 m	15 C										
			1(117) 13(112)	2(100) 14(126)	3(95) 15(200)	4(72) Meta	5(58)	6(53)	7(52)	8(61)	9(119)	10(118)	11(102)	12(92)	
1	647	González Peña Nerea Toledo TOLEDO-O	1:20:22	2:33 2:33 1:14:31	5:23 2:50 1:17:20	11:22 5:59 1:19:53	16:41 5:19 1:20:22	29:46 13:05 0:29	31:52 2:06 0:29	36:25 4:33 0:29	39:50 3:25 0:29	56:37 16:47 0:29	59:22 2:45 0:29	1:01:35 2:13 0:29	1:12:40 11:05 0:29
2	312	Defez Cernicharo Ana Albacete GODIH	1:21:23	3:13 3:13 1:14:42	5:21 2:08 1:17:46	6:50 1:29 1:20:45	20:52 14:02 1:21:23	32:00 11:08 0:38	34:14 2:14 0:38	37:02 2:48 0:38	40:39 3:37 0:38	1:00:43 20:04 0:38	1:02:47 2:04 0:38	1:05:00 2:13 0:38	1:12:31 7:31 0:38
3	723	García Vendrell Ainhoa Valencia VALENCIA-O	1:23:50	3:43 3:43 1:16:59	7:11 3:28 1:19:59	8:53 1:42 1:23:05	16:53 8:00 1:23:50	28:40 11:47 0:45	33:15 4:35 0:45	37:32 4:17 0:45	43:18 5:46 0:45	57:19 14:01 0:45	1:02:38 5:19 0:45	1:05:23 2:45 0:45	1:13:52 8:29 0:45
4	623	Basarán Van Ham Kika Toledo TOLEDO-O	1:25:53	4:10 4:10 1:18:38	7:46 3:36 1:21:42	9:11 1:25 1:25:07	16:31 7:20 1:25:53	30:02 13:31 0:46	33:23 3:21 0:46	35:32 2:09 0:46	41:14 5:42 0:46	58:31 17:17 0:46	1:01:20 2:49 0:46	1:04:39 3:19 0:46	1:14:10 9:31 0:46
5	652	Márquez Martín-Tesorero Raquel Toledo TOLEDO-O	1:26:24	3:03 3:03 1:19:17	10:26 7:23 1:22:21	11:24 0:58 1:25:43	26:30 15:06 1:26:24	36:49 10:19 0:41	41:43 4:54 0:41	43:20 1:37 0:41	47:25 4:05 0:41	59:20 11:55 0:41	1:03:27 4:07 0:41	1:06:48 3:21 0:41	1:16:36 9:48 0:41
6	434	Molina García Pozuelo Marta Ciudad Real MANZANARES-O	1:27:22	8:44 8:44 1:20:02	12:17 3:33 1:23:18	14:32 2:15 1:26:39	22:57 8:25 1:27:22	34:36 11:39 0:43	37:42 3:06 0:43	39:48 2:06 0:43	44:31 4:43 0:43	59:33 15:02 0:43	1:03:21 3:48 0:43	1:08:23 5:02 0:43	1:17:19 8:56 0:43
7	234	Lorenzo Calvo Alicia Valladolid COV	1:27:29	3:49 3:49 1:20:10	7:14 3:25 1:23:51	12:23 5:09 1:26:44	19:37 7:14 1:27:29	30:05 10:28 0:45	33:40 3:35 0:45	37:54 4:14 0:45	42:51 4:57 0:45	59:28 16:37 0:45	1:02:29 3:01 0:45	1:07:47 5:18 0:45	1:17:54 10:07 0:45
8	139	Guardado Granado Irene Badajoz CODAN EXTREMADURA	1:30:27	2:16 4:01 1:21:33	3:41 6:52 1:25:39	2:53 8:19 1:29:29	0:45 16:09 1:30:27	29:13 13:04 0:58	33:38 4:25 0:58	35:42 2:04 0:58	42:07 6:25 0:58	1:02:00 19:53 0:58	1:05:09 3:09 0:58	1:08:44 3:35 0:58	1:18:10 9:26 0:58
9	282	Madoz de Vidal Nerea Cádiz FUNDI-O	1:36:01	3:23 4:02 1:29:00	4:06 7:37 1:32:02	3:50 9:47 1:35:22	0:58 19:13 1:36:01	31:00 11:47 0:39	33:32 2:32 0:39	35:34 2:02 0:39	39:57 4:23 0:39	1:06:53 26:56 0:39	1:11:08 4:15 0:39	1:16:59 5:51 0:39	1:26:55 9:56 0:39
10	724	García Vendrell Sheila Valencia VALENCIA-O	1:38:29	2:05 4:02 1:30:20	3:02 7:40 1:33:57	3:20 14:00 1:37:37	0:39 22:08 1:38:29	35:19 13:11 0:52	38:17 2:58 0:52	40:48 2:31 0:52	47:18 6:30 0:52	1:07:01 19:43 0:52	1:11:00 3:59 0:52	1:14:51 3:51 0:52	1:26:42 11:51 0:52
11	49	Ricoy Rajoy Sara Pontevedra AROMON	1:53:00	7:34 7:34 1:44:31	22:37 15:03 1:48:14	24:18 1:41 1:52:04	32:43 8:25 1:53:00	49:07 16:24 0:56	52:09 3:02 0:56	55:48 3:39 0:56	1:01:15 5:27 0:56	1:18:50 17:35 0:56	1:23:39 4:49 0:56	1:27:00 3:21 0:56	1:41:57 14:57 0:56
12	585	Vidal Palacios Sara Alicante SANT JOAN	2:09:53	2:34 4:56 2:02:05	3:43 19:43 2:05:23	3:50 24:30 2:09:01	0:56 35:03 2:09:53	50:46 15:43 0:52	54:07 3:21 0:52	57:02 2:55 0:52	1:02:49 5:47 0:52	1:36:48 33:59 0:52	1:39:47 2:59 0:52	1:43:53 4:06 0:52	1:59:22 15:29 0:52

os			rsal		Nombre	Tiempo											
F-18A (14)						5,5 km 185 m		15 C		(cont.)							
						1(117)	2(100)	3(95)	4(72)	5(58)	6(53)	7(52)	8(61)	9(119)	10(118)	11(102)	12(92)
						13(112)	14(126)	15(200)	Meta								
13	52	Aguera Riquelme Mª Dolores	2:24:39	4:10	13:39	27:25	34:49	58:13	1:05:04	1:07:11	1:13:08	1:43:23	1:48:56	1:54:30	2:09:23		
Murcia ASON				4:10	9:29	13:46	7:24	23:24	6:51	2:07	5:57	30:15	5:33	5:34	14:53		
				2:15:46	2:20:21	2:23:50	2:24:39										
				6:23	4:35	3:29	0:49										
	539	Bores Escudero Henar	en tarj.	-----	-----	-----	-----	-----	-----	-----	-----	-----	-----	-----	-----	-----	-----
Palencia ORCA																	
				-----	9:05	22:37	24:55										
					9:05	13:32	2:18										
U-10 (10)						2,1 km 70 m		9 C									
						1(121)	2(97)	3(71)	4(81)	5(85)	6(104)	7(120)	8(128)	9(200)	Meta		
1	329	Puche Herrero Raul	18:09	2:13	3:35	5:45	8:57	10:42	11:57	13:24	15:20	17:30	18:09				
Albacete GODIH				2:13	1:22	2:10	3:12	1:45	1:15	1:27	1:56	2:10	0:39				
2	311	Calomarde Cambroner Antonio	27:16	4:19	5:49	8:38	9:44	11:51	13:33	21:32	24:18	26:24	27:16				
Albacete GODIH				4:19	1:30	2:49	1:06	2:07	1:42	7:59	2:46	2:06	0:52				
3	314	Díaz Calatayud Javier	29:56	3:23	6:06	12:30	13:43	16:40	21:08	25:03	27:08	29:10	29:56				
Albacete GODIH				3:23	2:43	6:24	1:13	2:57	4:28	3:55	2:05	2:02	0:46				
4	194	Pereira Roldan Pablo	31:04	3:17	5:58	9:23	11:11	13:30	15:24	19:07	24:10	26:49	31:04				
Málaga COMA				3:17	2:41	3:25	1:48	2:19	1:54	3:43	5:03	2:39	4:15				
5	616	Peña García Elsa	31:40	4:14	6:30	13:12	15:18	18:26	20:23	22:49	27:00	30:35	31:40				
Burgos TJALVE				4:14	2:16	6:42	2:06	3:08	1:57	2:26	4:11	3:35	1:05				
6	323	Honrubia García Minerva	32:27	3:36	5:57	10:24	13:14	15:33	19:39	21:53	28:42	31:30	32:27				
Albacete GODIH				3:36	2:21	4:27	2:50	2:19	4:06	2:14	6:49	2:48	0:57				
7	467	Brezmes Blanco Izan	54:02	7:24	23:12	29:00	32:18	36:40	40:30	44:53	50:37	53:13	54:02				
Toledo NAVALCAN-O				7:24	15:48	5:48	3:18	4:22	3:50	4:23	5:44	2:36	0:49				
8	253	Sánchez González Paúl	1:10:00	4:43	8:53	13:34	48:15	52:35	56:27	1:01:08	1:06:32	1:09:13	1:10:00				
Salamanca CRO				4:43	4:10	4:41	34:41	4:20	3:52	4:41	5:24	2:41	0:47				
9	112	Pérez Garrigós Sara	1:18:03	4:30	10:08	15:27	55:30	59:09	1:02:34	1:06:55	1:12:10	1:17:20	1:18:03				
Alicante CEAM IBI-O				4:30	5:38	5:19	40:03	3:39	3:25	4:21	5:15	5:10	0:43				
	215	Arranz Bravo Candela	No sale														
Burgos CORZO																	
F-20A (19)						8,3 km 275 m		16 C									
						1(109)	2(78)	3(54)	4(36)	5(35)	6(48)	7(51)	8(56)	9(73)	10(122)	11(124)	12(115)
						13(84)	14(117)	15(128)	16(200)	Meta							
1	422	Prieto Del Campo María	1:25:54	4:44	8:52	19:32	28:20	30:07	37:24	38:48	40:30	52:30	1:05:18	1:06:36	1:12:28		
Madrid MALARRUTA				4:44	4:08	10:40	8:48	1:47	7:17	1:24	1:42	12:00	12:48	1:18	5:52		
				1:15:42	1:20:59	1:24:06	1:25:19	1:25:54									
				3:14	5:17	3:07	1:13	0:35									
2	283	Martí Barclay Elena	1:34:28	4:17	10:37	25:02	36:16	39:07	45:11	46:41	48:40	56:53	1:12:06	1:13:35	1:19:04		
Cádiz FUNDI-O				4:17	6:20	14:25	11:14	2:51	6:04	1:30	1:59	8:13	15:13	1:29	5:29		
				1:22:57	1:28:53	1:32:23	1:33:47	1:34:28									
				3:53	5:56	3:30	1:24	0:41									
3	757	Soriano Ramal María	1:36:15	3:40	9:13	21:40	34:19	37:57	43:22	44:39	46:41	58:57	1:11:49	1:13:07	1:19:19		
Alicante VILLENA-O				3:40	5:33	12:27	12:39	3:38	5:25	1:17	2:02	12:16	12:52	1:18	6:12		
				1:24:12	1:30:27	1:33:58	1:35:29	1:36:15									
				4:53	6:15	3:31	1:31	0:46									
4	129	Illa Camps Anna	1:40:31	4:13	9:40	22:12	34:03	39:51	45:31	46:46	49:33	58:38	1:13:07	1:15:34	1:22:37		
Barcelona COC				4:13	5:27	12:32	11:51	5:48	5:40	1:15	2:47	9:05	14:29	2:27	7:03		
				1:26:17	1:33:29	1:38:11	1:39:46	1:40:31									
				3:40	7:12	4:42	1:35	0:45									
5	183	Crespo González Inmaculada	1:41:37	13:50	17:43	29:53	40:15	43:42	49:13	50:37	52:52	1:04:59	1:17:46	1:19:10	1:25:32		
Málaga COMA				13:50	3:53	12:10	10:22	3:27	5:31	1:24	2:15	12:07	12:47	1:24	6:22		
				1:30:17	1:36:21	1:39:37	1:40:55	1:41:37									
				4:45	6:04	3:16	1:18	0:42									
6	544	Toledo Navarro Ana Isabel	1:44:09	3:15	8:56	21:25	31:42	37:40	44:37	46:03	51:56	59:50	1:14:59	1:16:24	1:24:42		
Cuenca ORIENTIJOTE				3:15	5:41	12:29	10:17	5:58	6:57	1:26	5:53	7:54	15:09	1:25	8:18		
				1:30:07	1:37:20	1:41:42	1:43:25	1:44:09									
				5:25	7:13	4:22	1:43	0:44									
7	533	Pozo Prada Ines	1:46:58	5:46	13:00	29:11	40:48	43:00	51:54	53:19	55:41	1:07:14	1:20:26	1:22:19	1:27:34		
Madrid O-GETAFE				5:46	7:14	16:11	11:37	2:12	8:54	1:25	2:22	11:33	13:12	1:53	5:15		
				1:33:27	1:41:04	1:45:06	1:46:20	1:46:58									
				5:53	7:37	4:02	1:14	0:38									
8	336	Serrallonga Rosell Mar	1:50:02	5:28	13:10	25:21	45:53	48:12	54:22	56:13	58:05	1:07:03	1:20:05	1:21:12	1:26:30		
Girona GO-XTREM				5:28	7:42	12:11	20:32	2:19	6:10	1:51	1:52	8:58	13:02	1:07	5:18		
				1:35:59	1:43:16	1:47:48	1:49:19	1:50:02									
				9:29	7:17	4:32	1:31	0:43									
9	175	Maácz Maácz Fruzsina	1:54:54	5:06	14:23	29:05	44:15	46:42	54:08	55:47	59:18	1:09:56	1:24:36	1:25:59	1:32:18		
Madrid COLMENAR				5:06	9:17	14:42	15:10	2:27	7:26	1:39	3:31	10:38	14:40	1:23	6:19		
				1:39:22	1:47:28	1:52:12	1:54:04	1:54:54									
				7:04	8:06	4:44	1:52	0:50									
10	691	Sánchez Bishop Rosa	1:59:48	8:40	18:29	33:37	45:47	49:20	56:20	58:05	1:02:38	1:15:58	1:31:31	1:32:59	1:38:46		
Murcia TOTANA-O				8:40	9:49	15:08	12:10	3:33	7:00	1:45	4:33	13:20	15:33	1:28	5:47		
				1:43:56	1:50:47	1:57:00	1:59:01	1:59:48									
				5:10	6:51	6:13	2:01	0:47									

os			rsal Nombre												Tiempo			
F-20A (19)			8,3 km 275 m			16 C		(cont.)										
			1(109) 13(84)	2(78) 14(117)	3(54) 15(128)	4(36) 16(200)	5(35) Meta	6(48)	7(51)	8(56)	9(73)	10(122)	11(124)	12(115)				
11	37	Martí Romaní Joana Girona ALIGOTS	2:09:08	4:03	12:57	31:22	43:57	52:01	57:36	58:52	1:01:27	1:15:46	1:38:06	1:39:11	1:44:44			
				4:03	8:54	18:25	12:35	8:04	5:35	1:16	2:35	14:19	22:20	1:05	5:33			
				1:54:06	2:01:35	2:06:01	2:08:16	2:09:08										
12	548	López Ruiz Ángeles Cádiz O-SAN ROQUE	2:09:16	9:22	7:29	4:26	2:15	0:52										
				4:37	13:11	30:16	44:09	47:41	55:36	57:30	1:00:01	1:12:48	1:32:21	1:34:19	1:42:34			
				4:37	8:34	17:05	13:53	3:32	7:55	1:54	2:31	12:47	19:33	1:58	8:15			
13	145	Berenguer Sanchís Sofia Alicante COLIVENC	2:09:58	1:47:56	2:00:17	2:06:12	2:08:16	2:09:16										
				5:22	12:21	5:55	2:04	1:00										
				4:24	15:17	31:46	48:29	54:01	1:01:46	1:03:56	1:06:16	1:20:28	1:37:34	1:39:40	1:47:30			
14	87	Garnacho Velasco Marta Valladolid CDP-O	2:16:35	4:24	10:53	16:29	16:43	5:32	7:45	2:10	2:20	14:12	17:06	2:06	7:50			
				1:53:44	2:02:26	2:07:30	2:09:11	2:09:58										
				6:14	8:42	5:04	1:41	0:47										
15	689	Martínez Ibañez Alba Murcia TOTANA-O	2:21:20	5:00	13:43	37:25	50:39	57:44	1:04:45	1:06:41	1:09:01	1:21:54	1:41:01	1:45:04	1:53:51			
				5:00	8:43	23:42	13:14	7:05	7:01	1:56	2:20	12:53	19:07	4:03	8:47			
				1:59:11	2:09:13	2:13:37	2:15:40	2:16:35										
16	612	Gil Marcos María Burgos TJALVE	3:10:49	5:20	10:02	4:24	2:03	0:55										
				6:31	13:41	27:23	48:30	56:48	1:04:20	1:05:49	1:08:29	1:24:42	1:47:14	1:52:06	2:00:38			
				6:31	7:10	13:42	21:07	8:18	7:32	1:29	2:40	16:13	22:32	4:52	8:32			
667	Rodriguez Diaz Ana Toledo TOLEDO-O	andona	2:06:09	2:13:37	2:18:52	2:20:30	2:21:20											
				5:31	7:28	5:15	1:38	0:50										
				15:38	24:25	46:12	1:07:53	1:12:12	1:25:43	1:28:12	1:31:59	1:50:45	2:23:49	2:26:52	2:38:33			
26	Rojas Jiménez Elena Madrid ALABARDA-O	andona	15:38	8:47	21:47	21:41	4:19	13:31	2:29	3:47	18:46	33:04	3:03	11:41				
				2:47:29	2:59:46	3:07:24	3:09:43	3:10:49										
				8:56	12:17	7:38	2:19	1:06										
597	Saz Segovia Sara Madrid SOTOBOSQUE	No sale		5:05	16:03	47:11	-----	-----	-----	-----	-----	-----	-----	-----	-----			
				5:05	10:58	31:08												
				-----	-----	-----	1:11:21	1:12:26										
26	Rojas Jiménez Elena Madrid ALABARDA-O	andona		24:10	1:05													
				4:38	17:22	34:36	59:59	-----	-----	-----	-----	-----	-----	-----	-----			
				4:38	12:44	17:14	25:23											
597	Saz Segovia Sara Madrid SOTOBOSQUE	No sale		-----	1:46:28	1:52:10	1:57:01	1:57:59										
					46:29	5:42	4:51	0:58										
F-21A (13)			5,8 km 195 m			14 C												
			1(109) 13(128)	2(77) 14(200)	3(74) Meta	4(57)	5(54)	6(46)	7(50)	8(118)	9(116)	10(96)	11(101)	12(125)				
1			238	Pérez Fernández Marta Valladolid COV	1:31:52	6:24	11:06	13:02	24:14	26:27	34:35	37:47	56:22	1:07:34	1:13:29	1:20:49	1:26:42	
		6:24			4:42	1:56	11:12	2:13	8:08	3:12	18:35	11:12	5:55	7:20	5:53			
		1:29:21			1:31:08	1:31:52		1:26:10										
2	141	Moya Moltó Irene Badajoz CODAN EXTREMADURA	1:33:30	2:39	1:47	0:44		*126										
				4:11	11:26	13:56	26:31	29:00	37:00	45:11	1:02:29	1:11:40	1:14:52	1:20:40	1:28:25			
				4:11	7:15	2:30	12:35	2:29	8:00	8:11	17:18	9:11	3:12	5:48	7:45			
3	260	Llop Calvo Carolina Madrid ENTREBALIZAS	1:33:30	1:31:18	1:32:50	1:33:30												
				2:53	1:32	0:40												
				5:04	16:02	21:46	34:40	36:55	45:08	50:12	1:08:10	1:17:12	1:21:59	1:28:02	1:34:37			
4	553	Criado Cardín Loreto Asturias PILOÑA DEPORTE	1:39:58	1:37:38	1:39:20	1:39:58												
				3:01	1:42	0:38												
				10:38	16:55	19:29	36:09	38:51	52:57	56:16	1:17:51	1:25:46	1:31:15	1:40:55	1:49:34			
5	309	Briz Martinez Paola Albacete GODIH	1:56:11	10:38	6:17	2:34	16:40	2:42	14:06	3:19	21:35	7:55	5:29	9:40	8:39			
				1:52:42	1:55:05	1:56:11												
				3:08	2:23	1:06												
5	309	Briz Martinez Paola Albacete GODIH	1:56:40	5:06	17:11	19:43	39:08	40:47	52:28	55:40	1:18:22	1:22:26	1:33:28	1:44:12	1:50:38			
				5:06	12:05	2:32	19:25	1:39	11:41	3:12	22:42	4:04	11:02	10:44	6:26			
				1:53:22	1:55:49	1:56:40												
6	557	Sampedro Álvarez Alba Asturias PILOÑA DEPORTE	1:57:23	2:44	2:27	0:51												
				6:29	14:34	17:32	40:09	42:33	53:05	56:51	1:25:03	1:30:40	1:35:35	1:43:44	1:50:19			
				6:29	8:05	2:58	22:37	2:24	10:32	3:46	28:12	5:37	4:55	8:09	6:35			
7	179	Perez Garcia Blanca Madrid COLMENAR	1:57:23	1:55:15	1:56:40	1:57:23												
				4:56	1:25	0:43												
				6:13	20:43	33:14	46:50	48:41	56:47	1:00:06	1:29:40	1:37:39	1:41:28	1:49:08	1:54:11			
8	124	Gómez Iturrate Nuria Vizcaya COBI	1:59:24	6:13	14:30	12:31	13:36	1:51	8:06	3:19	29:34	7:59	3:49	7:40	5:03			
				1:56:46	1:58:33	1:59:24												
				2:35	1:47	0:51												
9	461	Mayol Viudez Paula Murcia MURCIA-O	2:00:44	5:42	24:17	28:21	44:58	47:27	55:56	59:06	1:17:04	1:32:23	1:39:10	1:49:46	1:55:29			
				5:42	18:35	4:04	16:37	2:29	8:29	3:10	17:58	15:19	6:47	10:36	5:43			
				1:58:07	2:00:00	2:00:44												
9	461	Mayol Viudez Paula Murcia MURCIA-O	2:05:26	2:38	1:53	0:44												
				5:53	14:39	17:09	33:34	36:03	47:58	51:31	1:15:47	1:27:06	1:39:49	1:50:24	1:58:17			
				5:53	8:46	2:30	16:25	2:29	11:55	3:33	24:16	11:19	12:43	10:35	7:53			

os	rsal	Nombre	Tiempo													
F-21A (13)			5,8 km 195 m		14 C	(cont.)										
			1(109) 13(128)	2(77) 14(200)	3(74) Meta	4(57)	5(54)	6(46)	7(50)	8(118)	9(116)	10(96)	11(101)	12(125)		
10	630	Dopico Fernández Iria Toledo TOLEDO-O	2:06:01	14:44 14:44 2:03:20	20:14 5:30 2:05:15	22:53 2:39 2:06:01	48:25 25:32	51:10 2:45	1:03:28 12:18	1:06:22 2:54	1:34:02 27:40	1:38:33 4:31	1:43:00 4:27	1:53:35 10:35	2:00:48 7:13	
11	614	Jimenez Ruperez Barbara Burgos TJALVE	2:09:35	5:46 5:46 2:06:45	13:08 7:22 2:08:43	17:55 4:47 2:09:35	44:27 26:32	47:22 2:55	57:07 9:45	1:02:49 5:42	1:31:44 28:55	1:37:19 5:35	1:46:14 8:55	1:54:59 8:45	2:02:06 7:07	
12	456	De Mingo Davila Maria Murcia MURCIA-O	2:30:48	4:39 11:33 11:33 2:28:10	1:58 21:49 10:16 2:30:11	0:52 34:57 13:08 2:30:48	52:06 17:09	54:23 2:17	1:04:12 9:49	1:12:04 7:52	1:46:37 34:33	1:57:05 10:28	2:09:59 12:54	2:17:33 7:34	2:25:11 7:38	
	508	Hernandez Garcia Raquel Soria NVALENO-O	andona	2:59 6:49 6:49 ----- 15:04	2:01 20:12 13:23 1:27:00 0:54	40:59 20:47 1:27:54 0:54	1:07:49 26:50	1:11:56 4:07	-----	-----	-----	-----	-----	-----	-----	
F-21B (13)			4,7 km 160 m		12 C											
			1(117) Meta	2(92)	3(65)	4(87)	5(115)	6(114)	7(61)	8(62)	9(76)	10(112)	11(126)	12(200)		
1	289	Vita Sastre Lucia Cádiz FUNDI-O	1:42:30	10:34 10:34 1:42:30	14:50 4:16 8:17	23:07 3:56	27:03 9:28	36:31 6:53	43:24 21:26	1:04:50 7:13	1:12:03 12:57	1:25:00 7:37	1:32:37 3:30	1:36:07 5:22	1:41:29	
2	266	Hernández Torres María Pilar Madrid ESCONDITE-M	1:51:02	1:01 3:43 3:43 1:51:02	6:03 6:03 2:20	13:53 17:14 3:21	54:48 37:34	56:44 1:56	1:18:13 21:29	1:22:09 3:56	1:38:54 16:45	1:43:26 4:32	1:46:24 2:58	1:50:15 3:51		
3	316	García Descalzo Eva María Albacete GODIH	2:00:39	0:47 5:33 5:33 2:00:39	8:14 2:41 11:14	19:28 5:49	25:17 8:44	49:23 15:22	1:16:50 27:27	1:23:22 6:32	1:45:03 21:41	1:52:15 7:12	1:56:25 4:10	1:59:55 3:30		
4	149	Feliciano Sanjuan Luz Alicante COLIVENC	2:10:46	0:50 15:05 15:05 2:10:46	18:45 3:40 9:02	27:47 9:02	31:35 3:48	1:00:05 28:30	1:11:34 11:29	1:25:48 14:14	1:30:53 5:05	1:53:36 22:43	2:00:22 6:46	2:06:04 5:42	2:09:56 3:52	
5	495	Peludo Bardera Noemí Toledo NAVALCAN-O	2:27:40	0:49 6:07 6:07 2:27:40	28:28 22:21 22:52	51:20 22:52	56:15 4:55	1:08:40 12:25	1:19:12 10:32	1:41:44 22:32	1:47:28 5:44	2:03:25 15:57	2:16:15 12:50	2:22:22 6:07	2:26:51 4:29	
6	71	Echevarría Diego Vanesa Cantabria CD ALTAI	2:32:33	0:53 4:38 4:38 2:32:33	9:40 5:02 8:53	18:33 8:53	24:38 6:05	49:47 25:09	54:21 4:34	1:13:02 18:41	2:00:08 47:06	2:17:02 16:54	2:23:48 6:46	2:27:36 3:48	2:31:40 4:04	
7	732	Tamarit Villarroya Marina Valencia VALENCIA-O	2:57:12	0:53 5:52 5:52 2:57:12	10:49 4:57 14:24	25:13 14:24	31:30 6:17	52:01 20:31	1:11:28 19:27	1:38:30 27:02	1:47:51 9:21	2:13:19 25:28	2:39:32 26:13	2:50:15 10:43	2:55:56 5:41	
	620	Arriero Anes Arantxa Toledo TOLEDO-O	en tarj.	----- 10:22 10:22 2:23:21	21:08 10:46 3:05 *121	26:22 5:14	42:37 16:15	48:52 6:15	1:22:01 33:09	1:28:18 6:17	1:45:48 17:30	2:12:01 26:13	2:16:41 4:40	2:22:21 5:40		
	267	Manzano Mohedano María Madrid ESCONDITE-M	andona	1:00 5:43 5:43 1:41:30	8:37 2:54 11:22	19:59 5:10	25:09 46:03	1:11:12	-----	-----	-----	-----	-----	-----	-----	
	285	Puig Fuentenebro Maria Cádiz FUNDI-O	andona	30:18 5:07 5:07 2:36:03	7:52 2:45 13:53	21:45 4:12	25:57 56:45	1:22:42 7:17	1:29:59	-----	-----	-----	-----	-----	2:35:02 1:05:03	
	95	Muñoz Muñoz Lidia Valladolid CDP-O	andona	1:01 31:29 31:29 2:40:30	34:12 2:43 29:31	1:03:43 4:37	1:08:20 4:37	1:21:19 12:59	1:35:59 14:40	-----	-----	-----	-----	-----	2:38:41 1:02:42	
	444	Arias Martinez Sara Madrid MONTE EL PARDO	No sale													
	668	Rodríguez Díaz Lola Toledo TOLEDO-O	No sale													
F-35A (26)			6,3 km 210 m		12 C											
			1(105) Meta	2(92)	3(107)	4(124)	5(116)	6(47)	7(46)	8(51)	9(75)	10(91)	11(127)	12(200)		
1	420	Martín Iglesias María José Madrid MALARRUTA	1:16:47	4:53 4:53 1:16:47	6:05 1:12 10:53	16:58 1:54 10:53	18:52 1:54 10:08	29:00 14:56	49:06 5:10	52:17 3:11	1:04:47 12:30	1:09:37 4:50	1:13:38 4:01	1:16:07 2:29		

os	rsal	Nombre	Tiempo											
F-35A (26)			6,3 km	210 m	12 C	(cont.)								
			1(105) Meta	2(92)	3(107)	4(124)	5(116)	6(47)	7(46)	8(51)	9(75)	10(91)	11(127)	12(200)
2	433	Mari y Marín Mª Ángeles Ciudad Real MANZANARES-O	1:18:28 5:21 5:21 1:18:28 0:47	6:50 1:29	16:58 10:08	18:43 1:45	30:27 11:44	47:38 17:11	52:07 4:29	54:35 2:28	1:05:12 10:37	1:10:48 5:36	1:14:50 4:02	1:17:41 2:51
3	738	Gutiérrez Sánchez Marisol Granada VELETA	1:21:22 5:31 5:31 1:21:22 0:36	6:48 1:17	17:05 10:17	19:19 2:14	27:20 8:01	48:24 21:04	52:37 4:13	55:44 3:07	1:06:53 11:09	1:12:45 5:52	1:18:33 5:48	1:20:46 2:13
4	181	Viqueira Andrea Madrid COLMENAR	1:27:29 6:07 6:07 1:27:29 0:46	7:41 1:34	20:38 12:57	23:02 2:24	32:14 9:12	49:50 17:36	56:23 6:33	1:00:45 4:22	1:11:33 10:48	1:18:06 6:33	1:24:13 6:07	1:26:43 2:30
5	759	Buscart Piñot Montserrat Barcelona XINOXANO	1:30:46 6:07 6:07 1:30:46 0:57	7:53 1:46	21:22 13:29	23:29 2:07	32:19 8:50	51:36 19:17	56:44 5:08	1:00:24 3:40	1:11:19 10:55	1:19:19 8:00	1:26:56 7:37	1:29:49 2:53
6	700	Güell Rovira Virginia Barcelona UEVIC	1:30:51 8:07 8:07 1:30:51 0:49	9:50 1:43	23:07 13:17	26:25 3:18	36:29 10:04	55:11 18:42	1:00:21 5:10	1:04:03 3:42	1:15:31 11:28	1:21:25 5:54	1:27:34 6:09	1:30:02 2:28
7	701	Illamola Colomer Adela Barcelona UEVIC	1:38:20 8:23 8:23 1:38:20 1:03	10:24 2:01	24:58 14:34	26:59 2:01	35:11 8:12	57:08 21:57	1:02:41 5:33	1:07:10 4:29	1:19:00 11:50	1:26:41 7:41	1:34:28 7:47	1:37:17 2:49
8	357	Jiménez Jiménez Mónica Madrid IMPERDIBLE	1:39:56 9:29 9:29 1:39:56 0:49	10:37 1:08	23:58 13:21	25:42 1:44	34:02 8:20	57:15 23:13	1:04:47 7:32	1:08:10 3:23	1:23:05 14:55	1:31:18 8:13	1:36:25 5:07	1:39:07 2:42
9	167	Astigarraga Suarez Nekane Madrid COLMENAR	1:40:43 6:26 6:26 1:40:43 0:41	8:17 1:51	23:09 14:52	25:19 2:10	37:51 12:32	57:19 19:28	1:01:49 4:30	1:06:42 4:53	1:21:55 15:13	1:28:15 6:20	1:37:49 9:34	1:40:02 2:13
10	608	Domingo Santos Natalia Burgos TJALVE	1:42:39 5:53 5:53 1:42:39 0:42	7:48 1:55	24:55 17:07	27:30 2:35	37:23 9:53	59:15 21:52	1:04:15 5:00	1:08:00 3:45	1:22:43 14:43	1:29:54 7:11	1:39:31 9:37	1:41:57 2:26
11	607	Domingo Santos Bárbara Burgos TJALVE	1:46:40 6:06 6:06 1:46:40 0:46	8:00 1:54	20:58 12:58	22:55 1:57	43:05 20:10	1:06:13 23:08	1:10:48 4:35	1:15:25 4:37	1:27:46 12:21	1:33:54 6:08	1:43:22 9:28	1:45:54 2:32
12	55	López Suárez Silvia Asturias ASTUR EXTREM	1:46:50 7:37 7:37 1:46:50 0:49	10:26 2:49	23:24 12:58	25:24 2:00	38:05 12:41	59:33 21:28	1:04:08 4:35	1:10:59 6:51	1:27:39 16:40	1:34:25 6:46	1:41:24 6:59	1:46:01 4:37
13	502	Gómez Martínez Susana Madrid NAVALCARNERO ORIENTA	1:48:59 6:06 6:06 1:48:59 0:48	8:00 1:54	18:28 10:28	27:25 8:57	48:09 20:44	1:05:51 17:42	1:09:53 4:02	1:16:22 6:29	1:34:06 17:44	1:39:49 5:43	1:45:49 6:00	1:48:11 2:22
14	678	Barceló Otalora María Teresa Murcia TOTANA-O	1:49:49 5:54 5:54 1:49:49 0:44	7:24 1:30	20:12 12:48	23:00 2:48	38:38 15:38	1:00:40 22:02	1:07:49 7:09	1:10:54 3:05	1:31:37 20:43	1:39:08 7:31	1:46:19 7:11	1:49:05 2:46
15	716	Castro Montserrat Meritxell Barcelona UPC	1:50:30 6:58 6:58 1:50:30 0:59	9:10 2:12	26:22 17:12	28:43 2:21	38:40 9:57	1:04:06 25:26	1:09:31 5:25	1:15:33 6:02	1:29:07 13:34	1:37:27 8:20	1:46:42 9:15	1:49:31 2:49
16	166	Aguilera Sanchez Sandra Madrid COLMENAR	1:51:42 11:40 11:40 1:51:42 0:52	13:15 1:35	27:41 14:26	30:29 2:48	46:16 15:47	1:10:09 23:53	1:15:31 5:22	1:19:29 3:58	1:32:57 13:28	1:42:20 9:23	1:48:16 5:56	1:50:50 2:34
17	47	Pérez Alonso Alicia Pontevedra AROMON	1:52:58 7:19 7:19 1:52:58 0:46	9:55 2:36	25:34 15:39	28:12 2:38	47:19 19:07	1:07:42 20:23	1:16:15 8:33	1:20:54 4:39	1:30:59 10:05	1:36:40 5:41	1:49:33 12:53	1:52:12 2:39
18	558	Juan Suárez Lidia Alicante RAIDERMANIA	1:54:13 6:01 6:01 1:54:13 0:50	8:10 2:09	22:00 13:50	24:53 2:53	34:26 9:33	1:08:32 34:06	1:13:38 5:06	1:19:37 5:59	1:36:24 16:47	1:42:51 6:27	1:50:41 7:50	1:53:23 2:42
19	409	Barthelemy Maud Madrid MALARRUTA	1:54:23 6:21 6:21 1:54:23 0:42	9:58 3:37	24:46 14:48	29:33 4:47	47:34 18:01	1:09:22 21:48	1:14:37 5:15	1:20:04 5:27	1:33:24 13:20	1:40:12 6:48	1:51:04 10:52	1:53:41 2:37
20	45	Figueroa Leiro Mónica Pontevedra AROMON	1:55:26 10:17 10:17 1:55:26 1:00	12:39 2:22	26:01 13:22	27:49 1:48	45:39 17:50	1:14:20 28:41	1:19:29 5:09	1:23:04 3:35	1:38:11 15:07	1:45:19 7:08	1:51:41 6:22	1:54:26 2:45

os			rsal	Nombre	Tiempo											
F-35A (26)					6,3 km 210 m		12 C		(cont.)							
					1(105) Meta	2(92)	3(107)	4(124)	5(116)	6(47)	7(46)	8(51)	9(75)	10(91)	11(127)	12(200)
21	576	Moreno González Mª Eugenia Madrid RUMBO-MADRID SANSE			1:59:22 6:10 6:10 1:59:22 0:41	8:07 1:57	21:45 13:38	26:55 5:10	37:16 10:21	1:09:13 31:57	1:13:11 3:58	1:18:27 5:16	1:42:17 23:50	1:49:25 7:08	1:56:16 6:51	1:58:41 2:25
22	610	Gavela Ramos Alba Burgos TJALVE			2:08:22 7:12 7:12 2:08:22 1:06	9:39 2:27	23:06 13:27	34:02 10:56	46:34 12:32	1:19:48 33:14	1:24:51 5:03	1:29:02 4:11	1:46:59 17:57	1:55:27 8:28	2:02:43 7:16	2:07:16 4:33
23	121	Cuesta Santamaria Mercedes Vizcaya COBI			2:14:57 6:26 6:26 2:14:57 0:40	8:36 2:10	24:42 16:06	28:01 3:19	52:17 24:16	1:16:08 23:51	1:21:28 5:20	1:30:20 8:52	1:57:22 27:02	2:06:01 8:39	2:12:06 6:05	2:14:17 2:11
24	13	Molina Pérez María Josefa Sevilla ADOL			2:32:57 5:15 5:15 2:32:57 0:58	9:19 4:04	53:31 44:12	55:24 1:53	1:13:25 18:01	1:35:18 21:53	1:38:46 3:28	1:42:49 4:03	2:08:13 25:24	2:21:00 12:47	2:29:05 8:05	2:31:59 2:54
	448	Fernández Leñador Cristina Madrid MONTE EL PARDO			en tarj. 28:36 28:36 2:19:19 1:16	31:30 2:54	49:32 18:02	54:08 4:36	1:12:53 18:45	-----	-----	-----	1:48:34 35:41	1:57:02 8:28	2:14:05 17:03	2:18:03 3:58
	736	Cobos Barrera Enriqueta Granada VELETA			en tarj. 15:12 15:12	16:48 1:36	28:44 11:56	31:29 2:45	1:04:45 33:16	1:35:32 30:47	1:41:51 6:19	1:47:41 5:50	-----	-----	-----	-----
F-35B (30)					4,1 km 135 m		11 C									
					1(100)	2(76)	3(74)	4(58)	5(53)	6(52)	7(80)	8(105)	9(112)	10(126)	11(200)	Meta
1	428	Aparicio Palomino Silvia Belen Ciudad Real MANZANARES-O			1:04:53 5:11 5:11	12:17 7:06	15:34 3:17	31:11 15:37	34:35 3:24	37:06 2:31	48:54 11:48	54:17 5:23	56:22 2:05	1:00:42 4:20	1:04:17 3:35	1:04:53 0:36
2	269	Silvestre Ferradal Henar Madrid ESCONDITE-M			1:19:58 8:39 8:39	14:09 5:30	17:21 3:12	33:46 16:25	39:06 5:20	43:16 4:10	59:18 16:02	1:08:38 9:20	1:10:00 1:22	1:15:16 5:16	1:18:59 3:43	1:19:58 0:59
3	83	Fernández Sanz Silvia Valladolid CDP-O			1:20:42 7:44 7:44	11:13 3:29	13:55 2:42	28:16 14:21	36:52 8:36	41:28 4:36	55:54 14:26	1:08:52 12:58	1:10:28 1:36	1:14:54 4:26	1:19:43 4:49	1:20:42 0:59
4	669	Ruiz Hidalgo María Pilar Toledo TOLEDO-O			1:21:52 8:26 8:26	13:36 5:10	17:24 3:48	36:23 18:59	40:53 4:30	43:30 2:37	54:40 11:10	1:10:19 15:39	1:11:18 0:59	1:17:38 6:20	1:20:56 3:18	1:21:52 0:56
5	202	Barambio Chumillas Rebeca Cuenca COMCU			1:30:38 11:54 11:54	18:27 6:33	26:23 7:56	43:37 17:14	48:40 5:03	55:38 6:58	1:09:21 13:43	1:18:42 9:21	1:20:09 1:27	1:25:35 5:26	1:29:41 4:06	1:30:38 0:57
6	286	Redondo Martínez Beatriz Cádiz FUNDI-O			1:34:06 8:01 8:01	18:37 10:36	22:29 3:52	41:03 18:34	45:41 4:38	53:31 7:50	1:09:50 16:19	1:20:21 10:31	1:21:34 1:13	1:29:07 7:33	1:33:00 3:53	1:34:06 1:06
7	471	Coll Moya Alicia Toledo NAVALCAN-O			1:35:41 7:34 7:34	12:34 5:00	16:05 3:31	35:32 19:27	39:16 3:44	42:23 3:07	58:50 16:27	1:18:59 20:09	1:21:19 2:20	1:30:24 9:05	1:34:33 4:09	1:35:41 1:08
8	711	González López Susana Alicante UNIVERSIDAD ALICANTE			1:36:07 19:32 19:32	22:45 3:13	31:43 8:58	50:25 18:42	55:49 5:24	1:00:07 4:18	1:15:41 15:34	1:25:45 10:04	1:26:49 1:04	1:30:59 4:10	1:35:01 4:02	1:36:07 1:06
9	531	Belinchón Martínez Elisa Madrid O-GETAFE			1:37:08 8:13 8:13	15:38 7:25	19:45 4:07	37:10 17:25	46:56 9:46	54:30 7:34	1:07:57 13:27	1:20:38 12:41	1:22:01 1:23	1:29:27 7:26	1:36:12 6:45	1:37:08 0:56
10	748	Borisova Julia Alicante VILLENA-O			1:38:19 29:20 29:20	34:11 4:51	37:02 2:51	55:54 18:52	1:02:29 6:35	1:06:39 4:10	1:20:38 13:59	1:29:36 8:58	1:30:45 1:09	1:34:10 3:25	1:37:25 3:15	1:38:19 0:54
11	452	Alba Ibáñez Isabel Tarragona MONTSANT			1:44:59 9:56 9:56	15:25 5:29	20:01 4:36	44:33 24:32	49:43 5:10	53:02 3:19	1:13:16 20:14	1:27:26 14:10	1:28:56 1:30	1:36:11 7:15	1:42:58 6:47	1:44:59 2:01
12	305	Martín García Rocío Madrid GOCAN			1:47:39 18:42 18:42	24:18 5:36	29:01 4:43	44:40 15:39	48:48 4:08	51:52 3:04	1:05:22 13:30	1:28:02 22:40	1:30:19 2:17	1:35:35 5:16	1:46:39 11:04	1:47:39 1:00
13	226	Barrio Velasco Pilar Valladolid COV			1:48:08 12:41 12:41	22:00 9:19	26:05 4:05	51:15 25:10	55:40 4:25	1:00:10 4:30	1:22:34 22:24	1:34:34 12:00	1:36:20 1:46	1:41:24 5:04	1:47:14 5:50	1:48:08 0:54
14	469	Brezmes Pita Penelope Toledo NAVALCAN-O			1:48:42 10:58 10:58	17:47 6:49	23:06 5:19	46:05 22:59	51:45 5:40	55:16 3:31	1:21:15 25:59	1:33:42 12:27	1:34:41 0:59	1:42:29 7:48	1:47:45 5:16	1:48:42 0:57
15	487	Martín Rodríguez Maiki Toledo NAVALCAN-O			1:51:14 21:31 21:31	25:41 4:10	29:23 3:42	48:19 18:56	59:20 11:01	1:03:41 4:21	1:25:35 21:54	1:37:43 12:08	1:39:18 1:35	1:44:27 5:09	1:50:15 5:48	1:51:14 0:59
15	347	Azqueta Quemada Aize Madrid IMPERDIBLE			1:51:14 5:39 5:39	8:47 3:08	29:30 20:43	51:00 21:30	53:58 2:58	1:11:07 17:09	1:26:59 15:52	1:38:18 11:19	1:39:37 1:19	1:46:44 7:07	1:50:20 3:36	1:51:14 0:54
17	666	Redondo Rojo Myriam Toledo TOLEDO-O			1:52:31 12:13 12:13	17:46 5:33	30:59 13:13	52:59 22:00	56:46 3:47	1:00:03 3:17	1:23:50 23:47	1:41:37 17:47	1:43:15 1:38	1:47:28 4:13	1:51:28 4:00	1:52:31 1:03
18	579	García Pastor Begoña Alicante SANT JOAN			1:55:01 16:43 16:43	22:24 5:41	28:07 5:43	52:33 24:26	57:20 4:47	1:02:35 5:15	1:24:19 21:44	1:37:30 13:11	1:39:13 1:43	1:46:29 7:16	1:53:46 7:17	1:55:01 1:15
19	737	García Muñoz Azucena Granada VELETA			1:57:06 19:55 19:55	23:51 3:56	27:15 3:24	46:35 19:20	51:04 4:29	57:21 6:17	1:13:51 16:30	1:42:55 29:04	1:45:11 2:16	1:50:16 5:05	1:55:55 5:39	1:57:06 1:11
20	364	Riaño Ribota Elena Madrid IMPERDIBLE			1:57:49 19:36 19:36	23:44 4:08	35:19 11:35	1:04:03 28:44	1:10:02 5:59	1:15:04 5:02	1:33:39 18:35	1:44:15 10:36	1:45:44 1:29	1:52:12 6:28	1:56:44 4:32	1:57:49 1:05
21	517	Jiménez Martos Cristina Asturias NORDESTE-O			2:00:15 10:14 10:14	40:53 30:39	50:17 9:24	1:09:40 19:23	1:13:07 3:27	1:16:42 3:35	1:31:46 15:04	1:50:10 18:24	1:51:46 1:36	1:55:26 3:40	1:59:28 4:02	2:00:15 0:47
22	483	Hormigos Torijas Yolanda Toledo NAVALCAN-O			2:01:55 10:34 10:34	30:51 20:17	35:34 4:43	1:02:14 26:40	1:11:53 9:39	1:18:37 6:44	1:32:55 14:18	1:50:46 17:51	1:52:11 1:25	1:56:33 4:22	2:00:58 4:25	2:01:55 0:57
23	500	Sánchez Sánchez Sonia Toledo NAVALCAN-O			2:13:59 42:27 42:27	48:00 5:33	52:14 4:14	1:16:52 24:38	1:22:48 5:56	1:28:08 5:20	1:42:57 14:49	2:02:58 20:01	2:04:18 1:20	2:08:59 4:41	2:12:59 4:00	2:13:59 1:00
24	331	Sáez Valencia Gema C. Albacete GODIH			2:16:24 20:24 20:24	24:41 4:17	28:20 3:39	1:00:54 32:34	1:11:04 10:10	1:28:20 17:16	1:45:57 17:37	2:00:04 14:07	2:03:55 3:51	2:10:06 6:11	2:15:14 5:08	2:16:24 1:10
25	615	Marcos Fernández Patricia Burgos TJALVE			2:28:49 13:17 13:17	19:10 5:53	32:36 13:26	1:03:02 30:26	1:14:35 11:33	1:19:43 5:08	1:40:03 20:20	2:11:41 31:38	2:13:17 1:36	2:20:47 7:30	2:27:22 6:35	2:28:49 1:27

os	rsal	Nombre	Tiempo												
F-40 (21)			5,3 km	180 m	13 C	(cont.)									
			1(88) 13(200)	2(107) Meta	3(124)	4(115)	5(60)	6(73)	7(76)	8(90)	9(95)	10(101)	11(112)	12(127)	
16	400	Martín Jiménez Gema Madrid LOS ANGELES	2:05:47	7:34 7:34 2:04:41	25:44 18:10 2:05:47	27:50 2:06	37:50 10:00	1:06:57 29:07	1:22:19 15:22	1:30:00 7:41	1:33:57 3:57	1:38:06 4:09	1:48:24 10:18	1:51:28 3:04	2:01:03 9:35
17	320	Herrero Vinader Joaquina Albacete GODIH	2:07:57	3:38 11:01 11:01 2:07:01	1:06 46:17 35:16 2:07:57	48:33 2:16	58:03 9:30	1:15:34 17:31	1:39:06 23:32	1:43:35 4:29	1:46:36 3:01	1:49:31 2:55	1:57:19 7:48	1:58:46 1:27	2:03:26 4:40
18	470	Cobo Caballero Mayte Toledo NAVALCAN-O	2:23:00	3:35 14:51 2:21:59	0:56 46:39 31:48 2:23:00	48:16 1:37	1:07:33 19:17	1:33:09 25:36	1:46:15 13:06	1:51:03 4:48	2:00:48 9:45	2:04:22 3:34	2:10:58 6:36	2:12:46 1:48	2:19:08 6:22
19	106	Carbonell Martí Eva Alicante CEAM IBI-O	2:26:24	2:51 24:20 24:20 2:25:24	1:01 48:14 23:54 2:26:24	51:24 3:10	1:04:46 13:22	1:27:59 23:13	1:55:52 27:53	2:00:12 4:20	2:08:38 8:26	2:12:47 4:09	2:16:57 4:10	2:18:21 1:24	2:22:48 4:27
	186	García de Villarreal Leticia Málaga COMA	andona	12:38 12:38 1:36:41 11:25	46:08 33:30 1:38:46 2:05	49:49 3:41	1:05:37 15:48	-----	-----	-----	-----	-----	1:21:18 15:41	1:25:16 3:58	-----
	397	Coll Eriksson Annika Madrid LOS ANGELES	No sale												
F-45 (25)			4,6 km	155 m	12 C										
			1(88) Meta	2(75)	3(69)	4(106)	5(124)	6(115)	7(114)	8(83)	9(92)	10(112)	11(127)	12(200)	
1	196	Pérez Redondo Teresa Angeles Málaga COMA	1:15:17	7:00 7:00 1:15:17	14:11 7:11	20:03 5:52	38:35 18:32	41:04 2:29	49:04 8:00	52:34 3:30	58:22 5:48	1:03:44 5:22	1:07:11 3:27	1:11:35 4:24	1:14:22 2:47
2	412	Del Campo Campo Cristina Madrid MALARRUTA	1:16:16	0:55 6:29 1:16:16	11:48 5:19	16:47 4:59	33:50 17:03	37:04 3:14	44:59 7:55	53:16 8:17	1:01:39 8:23	1:06:04 4:25	1:08:16 2:12	1:12:49 4:33	1:15:33 2:44
3	184	Cuenca Adán Brígida Málaga COMA	1:20:40	0:43 13:14 13:14 1:20:40	19:04 5:50	24:12 5:08	42:31 18:19	47:07 4:36	54:37 7:30	59:05 4:28	1:05:30 6:25	1:10:17 4:47	1:12:20 2:03	1:16:52 4:32	1:19:44 2:52
4	440	Valverde Carrillo Elena Ciudad Real MANZANARES-O	1:36:30	0:56 11:40 11:40 1:36:30	22:10 10:30	26:28 4:18	41:10 14:42	44:33 3:23	1:04:06 19:33	1:07:06 3:00	1:15:56 8:50	1:25:29 9:33	1:27:32 2:03	1:32:52 5:20	1:35:36 2:44
5	705	Caus Pertegaz Nuria Alicante UNIVERSIDAD ALICANTE	1:38:26	0:54 8:52 8:52 1:38:26	14:24 5:32	20:32 6:08	40:59 20:27	43:24 2:25	52:33 9:09	1:00:18 7:45	1:06:25 6:07	1:12:42 6:17	1:28:14 15:32	1:34:22 6:08	1:37:29 3:07
6	27	Silveira Puertas Rosa Madrid ALABARDA-O	1:41:15	0:57 7:42 7:42 1:41:15	16:09 8:27	21:47 5:38	43:10 21:23	53:32 10:22	1:03:43 10:11	1:16:41 12:58	1:22:08 5:27	1:28:30 6:22	1:31:28 2:58	1:36:58 5:30	1:40:05 3:07
7	17	Serrano Rico Isabel Sevilla ADOL	1:41:16	1:10 14:27 14:27 1:41:16	21:12 6:45	27:25 6:13	46:48 19:23	49:59 3:11	1:04:56 14:57	1:18:04 13:08	1:23:24 5:20	1:28:43 5:19	1:32:18 3:35	1:37:30 5:12	1:40:28 2:58
8	519	Isaba Aramendía Natalia Navarra NORTE-SUR	1:45:04	0:48 17:36 17:36 1:45:04	27:44 10:08	42:23 14:39	59:08 16:45	1:01:48 2:40	1:08:56 7:08	1:12:53 3:57	1:17:46 4:53	1:28:12 10:26	1:37:02 8:50	1:40:49 3:47	1:44:06 3:17
9	214	Moraga Giménez Ana Valencia CORRECAMINOS	1:46:02	0:58 20:10 20:10 1:46:02	25:33 5:23	33:00 7:27	52:28 19:28	55:48 3:20	1:04:07 8:19	1:21:09 17:02	1:26:43 5:34	1:35:09 8:26	1:37:47 2:38	1:42:28 4:41	1:45:13 2:45
10	535	Prada Cazorla Ana María Madrid O-GETAFE	1:52:59	0:49 10:12 10:12 1:52:59	18:17 8:05	32:39 14:22	58:53 26:14	1:07:34 8:41	1:17:09 9:35	1:21:39 4:30	1:29:51 8:12	1:35:42 5:51	1:41:14 5:32	1:48:51 7:37	1:52:09 3:18
11	137	Granado Sánchez María Del Encina Badajoz CODAN EXTREMADURA	1:59:26	0:50 14:49 14:49 1:59:26	28:18 13:29	38:28 10:10	1:05:36 27:08	1:09:07 3:31	1:22:50 13:43	1:27:02 4:12	1:35:03 8:01	1:46:10 11:07	1:49:03 2:53	1:55:32 6:29	1:58:28 2:56
12	702	Olive Boque Nuria Barcelona UEVIC	2:02:52	0:58 15:06 15:06 2:02:52	26:09 11:03	34:58 8:49	1:01:57 26:59	1:12:04 10:07	1:24:30 12:26	1:30:21 5:51	1:37:59 7:38	1:44:18 6:19	1:48:13 3:55	1:58:31 10:18	2:01:49 3:18

os		rsal	Nombre	Tiempo											
F-45 (25)				4,6 km	155 m	12 C	(cont.)								
				1(88) Meta	2(75)	3(69)	4(106)	5(124)	6(115)	7(114)	8(83)	9(92)	10(112)	11(127)	12(200)
13	657		Megía Sanmiguel María Toledo TOLEDO-O	2:03:27 24:13 24:13 2:03:27 0:59	32:44 8:31	42:07 9:23	1:09:34 27:27	1:13:09 3:35	1:27:18 14:09	1:30:59 3:41	1:39:00 8:01	1:50:08 11:08	1:52:59 2:51	1:59:26 6:27	2:02:28 3:02
14	734		Vendrell Fuentes Cristina Valencia VALENCIA-O	2:05:05 12:29 12:29 2:05:05 1:29	23:21 10:52	34:15 10:54	58:34 24:19	1:04:06 5:32	1:16:07 12:01	1:23:59 7:52	1:31:40 7:41	1:49:59 18:19	1:52:31 2:32	1:59:34 7:03	2:03:36 4:02
15	513		Camblor Keller Silvia Asturias NORDESTE-O	2:06:22 15:58 15:58 2:06:22 0:44	23:15 7:17	37:37 14:22	1:11:16 33:39	1:14:42 3:26	1:28:22 13:40	1:34:44 6:22	1:44:37 9:53	1:51:34 6:57	1:55:27 3:53	2:03:06 7:39	2:05:38 2:32
16	417		García García Mercedes Madrid MALARRUTA	2:10:56 11:04 11:04 2:10:56 1:14	21:15 10:11	30:39 9:24	1:07:16 36:37	1:11:08 3:52	1:25:26 14:18	1:32:03 6:37	1:40:36 8:33	1:54:45 14:09	1:59:02 4:17	2:05:09 6:07	2:09:42 4:33
17	640		Galán Sierra Cristina José Toledo TOLEDO-O	2:28:18 25:23 25:23 2:28:18 1:04	32:14 6:51	38:42 6:28	1:00:32 21:50	1:05:40 5:08	1:19:05 13:25	1:43:50 24:45	1:59:09 15:19	2:14:25 15:16	2:18:15 3:50	2:23:50 5:35	2:27:14 3:24
18	411		Cuesta García Carolina Madrid MALARRUTA	3:03:33 16:45 16:45 3:03:33 1:10	43:02 26:17	54:49 11:47	1:39:08 44:19	1:45:37 6:29	2:05:47 20:10	2:12:01 6:14	2:21:45 9:44	2:41:43 19:58	2:46:24 4:41	2:58:17 11:53	3:02:23 4:06
19	543		Navarro Ruiperez Carmen Cuenca ORIENTIJOTE	3:16:28 23:51 23:51 3:16:28 1:38	52:01 28:10	1:05:23 13:22	1:45:29 40:06	1:53:39 8:10	2:14:27 20:48	2:22:02 7:35	2:33:53 11:51	2:49:04 15:11	2:56:09 7:05	3:07:18 11:09	3:14:50 7:32
	108		Garrigós Martínez Mónica Alicante CEAM IBI-O	andona 15:54 15:54 2:11:14 1:34	30:54 15:00	38:07 7:13	1:31:36 53:29	-----	-----	-----	-----	-----	-----	-----	2:09:40 38:04
	492		Nieto Calvo Pilar Toledo NAVALCAN-O	andona 16:05 16:05 2:38:48 0:58	47:55 31:50	55:53 7:58	-----	-----	-----	-----	-----	-----	2:23:05 1:27:12	2:32:04 8:59	2:37:50 5:46
	441		Beketova Iryna Madrid MAXIMUS	No sale											
	14		Pedrero Hartillo Carmen Sevilla ADOL	No sale											
	499		Sánchez Sanchez Silvia Toledo NAVALCAN-O	No sale											
	447		de Luelmo Orduña Isabel Madrid MONTE EL PARDO	No sale											
F-50 (20)				4,0 km	135 m	11 C									
				1(100)	2(77)	3(60)	4(58)	5(53)	6(52)	7(80)	8(105)	9(112)	10(126)	11(200)	Meta
1	162		Sánchez Martínez Antonia Alicante COLIVENC	1:06:37 5:34 5:34	10:17 4:43	23:00 12:43	29:44 6:44	32:40 2:56	36:45 4:05	47:59 11:14	58:13 10:14	59:07 0:54	1:02:48 3:41	1:05:50 3:02	1:06:37 0:47
2	680		Checkley Judith Murcia TOTANA-O	1:16:22 9:57 9:57	14:52 4:55	30:31 15:39	34:50 4:19	38:10 3:20	48:56 10:50	59:46 6:06	1:05:52 1:53	1:07:45 1:53	1:11:34 3:49	1:15:19 3:45	1:16:22 1:03
3	211		Ferrer Rodrigo Amparo Valencia CORRECAMINOS	1:16:59 7:05 7:05	13:46 6:41	33:24 19:38	41:15 7:51	45:00 3:45	47:22 2:22	58:12 10:50	1:07:50 9:38	1:08:58 1:08	1:12:18 3:20	1:15:52 3:34	1:16:59 1:07
4	391		Murcia Martínez Amor Murcia LORCA-O	1:21:04 6:13 6:13	11:20 5:07	25:51 14:31	36:50 10:59	39:56 3:06	49:29 9:33	1:00:53 11:24	1:10:27 9:34	1:12:52 2:25	1:16:15 3:23	1:20:13 3:58	1:21:04 0:51
5	703		Pañella Baró Clara Barcelona UEVIC	1:34:50 6:34 6:34	22:10 15:36	38:15 16:05	45:56 7:41	49:05 3:09	54:35 5:30	1:06:48 12:13	1:24:25 17:37	1:26:59 2:34	1:30:54 3:55	1:34:11 3:17	1:34:50 0:39
6	168		Berrocal Pariente Alicia Madrid COLMENAR	1:36:03 8:20 8:20	14:23 6:03	40:02 25:39	46:28 6:26	50:42 4:14	54:46 4:04	1:10:51 16:05	1:22:27 11:36	1:23:57 1:30	1:30:12 6:15	1:34:57 4:45	1:36:03 1:06
6	405		Rubia López Rosa Bella Córdoba LOS CALIFAS	1:36:03 11:46 11:46	18:59 7:13	37:12 18:13	42:49 5:37	49:13 6:24	58:38 9:25	1:12:11 13:33	1:21:23 9:12	1:22:27 1:04	1:30:48 8:21	1:34:55 4:07	1:36:03 1:08
8	56		Merino Hernantes Maria José Asturias ASTUR EXTREM	1:40:49 14:00 14:00	19:49 5:49	33:05 13:16	37:45 4:40	40:28 2:43	43:01 2:33	1:17:38 34:37	1:29:11 11:33	1:30:34 1:23	1:35:05 4:31	1:39:56 4:51	1:40:49 0:53
9	742		Alonso Fernández María Cáceres VIA PLATA	1:41:23 7:05 7:05	25:14 18:09	48:12 22:58	56:35 8:23	1:00:01 3:26	1:04:23 4:22	1:20:55 16:32	1:29:19 8:24	1:30:18 0:59	1:37:01 6:43	1:40:30 3:29	1:41:23 0:53
10	505		Armisen Sáenz de Cenzano Marta Soria NAVALENO-O	1:47:44 9:35 9:35	16:28 6:53	34:06 17:38	41:44 7:38	46:54 5:10	55:03 8:09	1:13:01 17:58	1:32:23 19:22	1:34:11 1:48	1:41:28 7:17	1:46:26 4:58	1:47:44 1:18
11	109		Garrigós Martínez Pilar Alicante CEAM IBI-O	1:59:31 7:51 7:51	30:35 22:44	49:10 18:35	54:54 5:44	1:01:16 6:22	1:11:00 9:44	1:26:46 15:46	1:46:25 19:39	1:48:28 2:03	1:52:48 4:20	1:58:22 5:34	1:59:31 1:09
12	96		Plaza Plaza Olivia Valladolid CDP-O	2:00:15 9:06 9:06	19:28 10:22	43:10 23:42	57:36 14:26	1:02:22 4:46	1:07:52 5:30	1:31:16 23:24	1:47:03 15:47	1:48:11 1:08	1:53:53 5:42	1:59:01 5:08	2:00:15 1:14
13	144		Barea Castaño Lidia Alicante COLIVENC	2:04:27 7:02 7:02	37:26 30:24	59:29 22:03	1:07:38 8:09	1:11:56 4:18	1:15:01 3:05	1:34:53 19:52	1:48:14 13:21	1:50:38 2:24	1:58:08 7:30	2:03:19 5:11	2:04:27 1:08
14	225		Miguel Pagazaurtundúa Mª Pilar Madrid COTA	2:17:19 9:50 9:50	49:48 39:58	1:11:43 21:55	1:19:43 8:00	1:24:26 4:43	1:27:43 3:17	1:47:23 19:40	2:00:28 13:05	2:02:43 2:15	2:10:19 7:36	2:15:35 5:16	2:17:19 1:44
15	350		Cascales Nicolás Mª Jesus Madrid IMPERDIBLE	2:25:32 21:33 21:33	50:25 28:52	1:17:52 27:27	1:24:50 6:58	1:29:08 4:18	1:34:05 4:57	1:48:55 14:50	2:09:03 20:08	2:10:38 1:35	2:20:15 9:37	2:24:31 4:16	2:25:32 1:01

Pos	Clas	Nombre		Tiempo											
F-50 (20)				4,0 km	135 m	11 C	(cont.)								
				1(100)	2(77)	3(60)	4(58)	5(53)	6(52)	7(80)	8(105)	9(112)	10(126)	11(200)	Meta
16	288	Vidal Limés Chus Cádiz FUNDI-O	2:39:45	23:00 23:00	32:00 9:00	1:04:13 32:13	1:13:40 9:27	1:25:12 11:32	1:31:16 6:04	1:59:52 28:36	2:18:29 18:37	2:20:43 2:14	2:31:36 10:53	2:39:00 7:24	2:39:45 0:45
	574	Fernández Galdo Dolores Madrid RUMBO-MADRID SANSE	en tarj.	10:28 10:28	15:01 4:33	29:58 14:57	----- 23:25	53:23 3:30	56:53 3:30	1:09:16 12:23	1:16:22 7:06	1:17:24 1:02	1:20:14 2:50	1:23:27 3:13	1:24:17 0:50
	552	Cardín Martino Olga Asturias PILOÑA DEPORTE	andona	17:28 17:28	-----	-----	-----	-----	-----	-----	-----	-----	-----	-----	1:37:00 1:19:32
	81	Conde Muñoz Laura Valladolid CDP-O	andona	10:59 10:59	47:17 36:18	-----	-----	-----	-----	-----	-----	1:40:46 53:29	1:50:37 9:51	1:55:28 4:51	1:57:03 1:35
	431	Corrochano Galán Alfonso Ciudad Real MANZANARES-O	No sale												
F-55 (11)				3,3 km	110 m	9 C									
				1(117)	2(77)	3(69)	4(62)	5(65)	6(80)	7(112)	8(126)	9(200)	Meta		
1	204	Carrascosa Baeza Mª Covadonga Cuenca COMCU	1:23:31	6:34 6:34	36:03 29:29	43:27 7:24	47:36 4:09	1:00:07 12:31	1:03:01 2:54	1:11:05 8:04	1:17:54 6:49	1:22:28 4:34	1:23:31 1:03		
2	146	Brotons Sanchís Amparo Alicante COLIVENC	1:27:18	9:01 9:01	33:03 24:02	41:32 8:29	47:18 5:46	1:07:05 19:47	1:09:25 2:20	1:17:35 8:10	1:22:00 4:25	1:26:20 4:20	1:27:18 0:58		
3	278	Barclay Judy Cádiz FUNDI-O	1:30:00	5:51 5:51	36:23 30:32	43:50 7:27	48:04 4:14	1:05:08 17:04	1:10:13 5:05	1:18:24 8:11	1:23:51 5:27	1:28:45 4:54	1:30:00 1:15		
4	511	Benavides Ares Sabina Asturias NORDESTE-O	1:31:14	7:29 7:29	29:57 22:28	35:15 5:18	42:14 6:59	1:03:12 20:58	1:07:42 4:30	1:16:19 8:37	1:25:54 9:35	1:30:01 4:07	1:31:14 1:13		
5	549	Ruiz Menacho Ángeles Cádiz O-SAN ROQUE	1:38:52	9:51 9:51	28:16 18:25	35:47 7:31	43:20 7:33	1:07:25 24:05	1:10:19 2:54	1:25:31 15:12	1:31:36 6:05	1:37:32 5:56	1:38:52 1:20		
6	148	Camus Esteve Paqui Alicante COLIVENC	1:42:13	7:54 7:54	25:08 17:14	32:50 7:42	40:59 8:09	1:00:18 19:19	1:13:16 12:58	1:26:16 13:00	1:34:16 8:00	1:40:40 6:24	1:42:13 1:33		
7	18	Blanch Cortes Alicia Madrid ADYRON	1:46:47	5:41 5:41	30:48 25:07	38:39 7:51	46:50 8:11	1:06:11 19:21	1:19:11 13:00	1:32:11 13:00	1:40:11 8:00	1:45:37 5:26	1:46:47 1:10		
8	63	García Ruiz Ana Madrid C.D.C.E.B.E.	1:47:03	10:55 10:55	27:02 16:07	36:23 9:21	41:58 5:35	1:18:30 36:32	1:20:36 2:06	1:32:52 12:16	1:38:52 6:00	1:45:39 6:47	1:47:03 1:24		
9	62	García Madrid Ángeles Madrid C.D.C.E.B.E.	1:59:58	14:06 14:06	33:30 19:24	43:37 10:07	59:33 15:56	1:18:13 18:40	1:31:01 12:48	1:44:08 13:07	1:52:06 7:58	1:58:36 6:30	1:59:58 1:22		
	591	Serra Bartual Paqui Valencia SIMEPIERDO	en tarj.	9:01 9:01	55:31 46:30	1:05:59 10:28	1:20:37 14:38	1:47:44 27:07	1:55:01 7:17	----- 39:36	2:34:37 14:03	2:48:40 1:35	2:50:15 1:35	2:18:54 *117	
	324	López Navarro Carmen Albacete GODIH	No sale												
F-60 (3)				2,7 km	90 m	10 C									
				1(117)	2(100)	3(90)	4(76)	5(80)	6(96)	7(101)	8(112)	9(127)	10(200)	Meta	
1	727	Perona Morales Carmen Valencia VALENCIA-O	1:50:50	10:27 10:27	16:04 5:37	45:18 29:14	47:39 2:21	1:03:14 15:35	1:10:02 6:48	1:25:41 15:39	1:28:40 2:59	1:45:10 16:30	1:49:34 4:24	1:50:50 1:16	
2	77	Alonso Brasas Ana Julia Valladolid CDP-O	1:58:08	13:57 13:57	19:50 5:53	36:34 16:44	39:07 2:33	1:03:58 24:51	1:13:31 9:33	1:39:28 25:57	1:41:29 2:01	1:49:57 8:28	1:56:48 6:51	1:58:08 1:20	
3	588	Galdón Delgado Amalia Valencia SIMEPIERDO	2:03:42	9:48 9:48	17:54 8:06	30:32 12:38	33:19 2:47	1:03:45 30:26	1:15:41 11:56	1:46:53 31:12	1:48:53 2:00	1:57:47 8:54	2:02:33 4:46	2:03:42 1:09	
F-65 (2)				2,5 km	90 m	9 C									
				1(100)	2(90)	3(76)	4(80)	5(83)	6(101)	7(112)	8(126)	9(200)	Meta		
1	581	Pastor Sánchez Piedad Alicante SANT JOAN	1:35:49	10:27 10:27	25:10 14:43	27:58 2:48	56:11 28:13	1:00:09 3:58	1:11:39 11:30	1:14:28 2:49	1:27:55 13:27	1:34:36 6:41	1:35:49 1:13	30:02 *90	
2	755	Sanz Barceló Amalia Alicante VILLENA-O	1:48:14	22:41 22:41	37:16 14:35	40:08 2:52	1:08:40 28:32	1:12:37 3:57	1:23:46 11:09	1:26:36 2:50	1:40:06 13:30	1:46:48 6:42	1:48:14 1:26		
OPEN AMARILLO (22)				2,2 km	75 m	10 C									
				1(121)	2(97)	3(71)	4(81)	5(85)	6(104)	7(120)	8(128)	9(129)	10(200)	Meta	
1	322	Honrubia García Aitana Albacete GODIH	25:05	3:29 3:29	5:47 2:18	9:33 3:46	11:00 1:27	13:41 2:41	15:46 2:05	18:06 2:20	21:04 2:58	22:20 1:16	24:12 1:52	25:05 0:53	
2	300	Cejudo Martín Natalia Madrid GOCAN	30:14	4:56 4:56	6:45 1:49	10:50 4:05	12:28 1:38	14:41 2:13	16:21 1:40	18:27 2:06	23:23 4:56	27:56 4:33	29:24 1:28	30:14 0:50	
3	301	Cejudo Martín Roberto Madrid GOCAN	36:30	5:38 5:38	8:56 3:18	12:47 3:51	14:58 2:11	18:15 3:17	21:09 2:54	26:47 5:38	30:54 4:07	32:50 1:56	35:37 2:47	36:30 0:53	
4	430	Blázquez Valverde Ángel Ciudad Real MANZANARES-O	47:39	5:56 5:56	9:47 3:51	15:02 5:15	16:37 1:35	20:37 4:00	24:02 3:25	26:55 2:53	31:53 4:58	45:01 13:08	46:50 1:49	47:39 0:49	
5	805	GREEN KIRSTEN Madrid MALARRUTA	48:12	8:01 8:01	11:33 3:32	18:50 7:17	21:48 2:58	26:35 4:47	30:12 3:37	35:28 5:16	42:32 7:04	44:14 1:42	47:10 2:56	48:12 1:02	
6	424	Redondo Barthelemy Jaime Madrid MALARRUTA	54:11	4:13 4:13	8:25 4:12	13:01 4:36	35:42 22:41	39:57 4:15	43:45 3:48	46:23 2:38	48:53 2:30	49:59 1:06	53:03 3:04	54:11 1:08	
7	524	Rodríguez Miguel Victorina Madrid NOSOLOCUERDA	1:14:01	9:30 9:30	13:36 4:06	19:38 6:02	22:19 2:41	31:50 9:31	36:12 4:22	53:01 16:49	1:04:13 11:12	1:07:00 2:47	1:11:29 4:29	1:14:01 2:32	
8	520	García Díez Julio Madrid NOSOLOCUERDA	1:14:03	9:30 9:30	13:30 4:00	19:30 6:00	22:19 2:49	32:52 10:33	37:21 4:29	1:00:07 22:46	1:05:28 5:21	1:07:26 1:58	1:11:18 3:52	1:14:03 2:45	
9	522	Retamal Rodríguez Soraya Madrid NOSOLOCUERDA	1:14:04	8:46 8:46	13:21 4:35	18:06 4:45	21:58 3:52	32:59 11:01	36:50 3:51	1:00:13 23:23	1:04:45 4:32	1:07:13 2:28	1:11:04 3:51	1:14:04 3:00	

os	rsal	Nombre	Tiempo											
OPEN AMARILLO (22)			2,2 km 75 m			10 C		(cont.)						
			1(121)	2(97)	3(71)	4(81)	5(85)	6(104)	7(120)	8(128)	9(129)	10(200)	Meta	
10	523	Rodriguez Cabrero Maria Madrid NOSOLOCUERDA	1:14:14	9:01	13:29	18:24	22:02	33:04	36:39	1:00:23	1:05:37	1:07:32	1:11:37	1:14:14
				9:01	4:28	4:55	3:38	11:02	3:35	23:44	5:14	1:55	4:05	2:37
	30	Dominguez Monsalve Sergio León ALCON	en tarj.	8:19	12:18	16:29	19:39	22:55	28:06	31:33	-----	-----	40:54	42:50
				8:19	3:59	4:11	3:10	3:16	5:11	3:27			9:21	1:56
	806	FRASES ROJAS SOFIA Madrid MALARRUTA	en tarj.	-----	-----	-----	38:58	-----	-----	-----	1:59:44	2:02:23	2:05:38	2:06:29
							38:58					1:20:46	2:39	3:15
				17:51	35:27	1:03:08	1:04:54	1:13:37	1:19:01	1:42:06				
				*110	*92	*67	*82	*83	*103	*126				
		12	Molina Duran Daniela Sevilla ADOL	No sale										
		803	SILVEIRA PUERTAS DIEGO Madrid Independiente/Sin club	No sale										
	664	Ramos González Sara Toledo TOLEDO-O	No sale											
	94	Martin Galan David Valladolid CDP-O	No sale											
	216	Arranz Bravo Jimena Burgos CORZO	No sale											
	262	Mingorance Mayordomo Lucía Madrid ENTREBALIZAS	No sale											
	398	LOPEZ SANZ YOLANDA Madrid LOS ANGELES	No sale											
	482	Higuera Arce Javier Toledo NAVALCAN-O	No sale											
	478	Gomez Coll Javier Toledo NAVALCAN-O	No sale											
	93	Luengo Sastre Susana Valladolid CDP-O	No sale											
OPEN NARANJA (26)			2,8 km 95 m			11 C								
			1(121)	2(97)	3(71)	4(64)	5(67)	6(82)	7(103)	8(120)	9(128)	10(129)	11(200)	Meta
1	565	Moran Cuesta Andrés La Rioja RIOJA-O	33:35	2:59	4:35	7:17	12:06	16:00	16:57	21:56	25:08	27:49	28:36	33:35
				2:59	1:36	2:42	4:49	3:54	0:57	4:59	3:12	2:41	0:47	4:07
2	656	Mata Herruzo Sacramento Toledo TOLEDO-O	47:56	6:38	8:58	12:01	18:09	30:13	31:44	38:01	42:01	44:17	45:38	47:14
				6:38	2:20	3:03	6:08	12:04	1:31	6:17	4:00	2:16	1:21	1:36
3	655	Martin-Serrano Delgado María Belé Toledo TOLEDO-O	50:07	5:17	9:09	12:37	21:35	26:12	29:25	37:33	42:20	45:06	47:10	49:09
				5:17	3:52	3:28	8:58	4:37	3:13	8:08	4:47	2:46	2:04	1:59
4	85	Garnacho Fernández Jesús Valladolid CDP-O	53:14	5:51	14:14	17:58	24:53	30:03	31:48	38:59	44:00	47:39	49:49	52:03
				5:51	8:23	3:44	6:55	5:10	1:45	7:11	5:01	3:39	2:10	2:14
5	577	Del Cerro Martínez Juan Antonio Alicante SANT JOAN	58:19	4:34	7:07	11:13	18:55	25:53	27:12	44:09	48:53	52:12	53:32	56:17
				4:34	2:33	4:06	7:42	6:58	1:19	16:57	4:44	3:19	1:20	2:45
6	339	García Soriano Berta Madrid IBERIA	59:34	3:29	7:30	11:00	25:07	30:33	38:19	44:23	50:52	53:37	56:08	58:39
				3:29	4:01	3:30	14:07	5:26	7:46	6:04	6:29	2:45	2:31	2:31
7	302	Cerezo Quintana Yaiza Madrid GOCAN	59:45	4:42	7:43	11:54	25:56	32:54	34:38	42:04	47:20	50:04	55:42	58:15
				4:42	3:01	4:11	14:02	6:58	1:44	7:26	5:16	2:44	5:38	2:33
8	341	soriano Vidal Maria Jose Madrid IBERIA	59:50	3:29	7:29	11:00	25:22	30:44	37:56	44:04	50:45	53:37	56:04	58:38
				3:29	4:00	3:31	14:22	5:22	7:12	6:08	6:41	2:52	2:27	2:34
9	82	Cuéllar Inmaculada Valladolid CDP-O	1:04:21	5:39	13:34	17:45	33:55	39:16	41:54	48:07	52:57	58:15	59:01	1:02:24
				5:39	7:55	4:11	16:10	5:21	2:38	6:13	4:50	5:18	0:46	3:23
10	224	Mahou Miguel Daniel Madrid COTA	1:13:03	4:19	6:48	11:39	19:53	24:28	27:56	52:04	1:03:12	1:06:35	1:08:27	1:11:55
				4:19	2:29	4:51	8:14	4:35	3:28	24:08	11:08	3:23	1:52	3:28
11	293	García Santos Rocio La Coruña GALLAECIA RAID	1:34:24	4:33	8:15	12:20	35:07	46:05	48:33	1:11:01	1:20:08	1:23:13	1:24:26	1:33:30
				4:33	3:42	4:05	22:47	10:58	2:28	22:28	9:07	3:05	1:13	9:04
12	809	SZIJARTO SIMONE Burgos TJALVE	1:35:56	4:48	8:05	11:56	38:23	48:00	1:04:52	1:17:10	1:25:09	1:28:32	1:29:31	1:34:53
				4:48	3:17	3:51	26:27	9:37	16:52	12:18	7:59	3:23	0:59	5:22
13	566	Patón Mas Ana Belén La Rioja RIOJA-O	1:37:46	41:06	43:01	47:11	1:06:58	1:13:29	1:15:37	1:23:33	1:27:56	1:30:36	1:33:39	1:36:20
				41:06	1:55	4:10	19:47	6:31	2:08	7:56	4:23	2:40	3:03	2:41
14	560	Callado Pacho Lourdes La Rioja RIOJA-O	1:39:59	10:34	13:12	17:29	1:02:46	1:10:53	1:13:21	1:22:30	1:29:09	1:34:53	1:36:51	1:38:42
				10:34	2:38	4:17	45:17	8:07	2:28	9:09	6:39	5:44	1:58	1:51
15	368	Castro Sales Stephanie Madrid Independiente/Sin club	1:50:18	4:53	7:18	11:55	45:55	50:56	53:12	1:28:52	1:43:02	1:45:45	1:47:07	1:49:19
				4:53	2:25	4:37	34:00	5:01	2:16	35:40	14:10	2:43	1:22	2:12
16	419	Hagelbeck Anita Madrid MALARRUTA	2:18:36	8:40	26:58	32:54	1:24:28	1:30:12	1:34:12	1:52:23	2:03:13	2:08:25	2:10:39	2:14:53
				8:40	18:18	5:56	51:34	5:44	4:00	18:11	10:50	5:12	2:14	4:14
	521	Jimenez Ana Madrid NOSOLOCUERDA	en tarj.	8:30	13:07	17:47	32:03	35:38	37:36	-----	1:23:40	-----	-----	1:29:08
				8:30	4:37	4:40	14:16	3:35	1:58	46:04				5:28
	526	García Corrochano Vanessa Madrid O-CHARLIES ORIENTA-T	en tarj.	2:57	4:47	7:26	52:58	56:45	58:22	1:03:21	1:35:25	1:37:43	-----	1:39:54
				2:57	1:50	2:39	45:32	3:47	1:37	4:59	32:04	2:18		2:11
	392	PEÑAS MANCHÓN MARIA Murcia LORCA-O	andona	-----	-----	-----	-----	-----	-----	-----	-----	-----	-----	-----
	258	García Bautista María Madrid ENTREBALIZAS	No sale											
	804	MANGET GARCIA RODRIGO Madrid IBERIA	No sale											
	40	Paez Roldan Nuria Madrid APU-O	No sale											
	367	Cardillo Sara Madrid Independiente/Sin club	No sale											

Pos	Clas	Nombre	Tiempo											
OPEN NARANJA (26)			2,8 km 95 m		11 C		(cont.)							
			1(121)	2(97)	3(71)	4(64)	5(67)	6(82)	7(103)	8(120)	9(128)	10(129)	11(200)	Meta
	465	Arce Soria Pilar Toledo NAVALCAN-O	No sale											
	578	Del Cerro Velázquez Juan Antonio Alicante SANT JOAN	No sale											
	645	González García Arantxa Toledo TOLEDO-O	No sale											
OPEN ROJO (8)			3,9 km 130 m		12 C									
			1(110) Meta	2(76)	3(74)	4(69)	5(61)	6(83)	7(102)	8(114)	9(105)	10(127)	11(129)	12(200)
1	284	Moraleda Cristino Carlos Cádiz FUNDI-O	1:32:14 4:45 1:32:14 0:46	23:37 18:52	25:30 1:53	34:25 8:55	41:00 6:35	49:34 8:34	57:45 8:11	1:05:56 8:11	1:23:54 17:58	1:28:48 4:54	1:30:04 1:16	1:31:28 1:24
2	371	González Díaz Enrique Madrid Independiente/Sin club	1:34:49 3:05 1:34:49 0:40	16:07 13:02	19:58 3:51	23:34 3:36	33:31 9:57	51:50 18:19	59:32 7:42	1:06:49 7:17	1:23:08 16:19	1:30:56 7:48	1:32:42 1:46	1:34:09 1:27
3	315	Díaz Marco Antonio Albacete GODIH	1:57:05 5:36 1:57:05 1:06	18:09 12:33	37:04 18:55	49:18 12:14	1:00:58 11:40	1:12:14 11:16	1:21:04 8:50	1:32:12 11:08	1:41:40 9:28	1:52:13 10:33	1:54:16 2:03	1:55:59 1:43
4	366	Álvarez Juan Antonio Madrid Independiente/Sin club	2:03:40 15:52 15:52 2:03:40 0:34	47:50 31:58	57:14 9:24	1:00:27 3:13	1:09:13 8:46	1:16:34 7:21	1:21:49 5:15	1:43:52 22:03	1:55:50 11:58	2:00:37 4:47	2:01:53 1:16	2:03:06 1:13
	525	Rúa Muñoz Rubén Madrid NOSOLOCUERDA	andona 10:01 10:01 1:14:10 2:52	16:58 6:57	21:11 4:13	-----	-----	-----	-----	-----	-----	-----	1:07:10 45:59	1:11:18 4:08
	756	Soriano Amoros Manuel Alicante VILLENA-O	andona 11:30 11:30 1:26:36 2:38	27:51 16:21	33:35 5:44	39:06 5:31	-----	-----	-----	-----	-----	-----	-----	1:23:58 44:52
	370	Foley Diarmaid Ian Madrid Independiente/Sin club	No sale											
	372	Muñoz García David Madrid Independiente/Sin club	No sale											