

| Pos | Jorsal | Nombre | Tempo | | | | | | | | | | | | | | |
|--|--------|--|-------|-------------------------|-----------------|--------|--------|--------|-----------------|---------|--------|--------|---------|-----------------|-----------------|--------|--------|
| D-18A (7) Partes anuladas: 60-59,64-63,73-74 | | | | 4.4 km 10 m 24 C | | | | | | | | | | | | | |
| | | | | 1(39) | 2(38) | 3(36) | 4(35) | 5(42) | 6(46) | 7(61) | 8(82) | 9(66) | 10(65) | 11(64) | 12(63) | 13(69) | 14(70) |
| | | | | 15(73) | 16(74) | 17(77) | 18(78) | 19(60) | 20(59) | 21(43) | 22(31) | 23(56) | 24(200) | F | | | |
| 1 | 361 | Marina García Castro E D ALCON Leon | 30:20 | 2:16 | 3:16 | 4:40 | 5:47 | 7:23 | 9:27 | 11:29 | 12:53 | 13:39 | 13:51 | 14:31 | 14:46 | 17:04 | 19:25 |
| | | | | 2:16 | 1:00 | 1:24 | 1:07 | 1:36 | 2:04 | 2:02 | 1:24 | 0:46 | 0:12 | 0:40 | 0:45 | 2:18 | 2:21 |
| | | | | 20:51 | 21:08 | 22:38 | 23:02 | 24:20 | 24:33 | 26:36 | 28:25 | 30:21 | 30:53 | 31:05 | | | |
| | | | | 1:26 | 0:47 | 1:30 | 0:24 | 1:18 | 0:43 | 2:03 | 1:49 | 1:56 | 0:32 | 0:12 | | | |
| 2 | 255 | Carmen Patiño Déniz TOLEDO-O Toledo | 35:04 | 2:57 | 4:10 | 5:52 | 7:12 | 8:54 | 11:14 | 13:21 | 15:05 | 16:01 | 16:15 | 17:01 | 17:45 | 20:15 | 22:54 |
| | | | | 2:57 | 1:13 | 1:42 | 1:20 | 1:42 | 2:20 | 2:07 | 1:44 | 0:56 | 0:14 | 0:46 | 0:44 | 2:30 | 2:39 |
| | | | | 24:32 | 24:45 | 26:30 | 26:58 | 28:26 | 28:36 | 31:09 | 33:08 | 35:19 | 36:01 | 36:11 | | | |
| | | | | 1:38 | 0:43 | 1:45 | 0:28 | 1:28 | 0:40 | 2:33 | 1:59 | 2:11 | 0:42 | 0:10 | | | |
| 3 | 491 | Marta Guijo Alonso VIA PLATA Cáceres | 35:08 | 2:43 | 3:56 | 5:25 | 6:36 | 8:12 | 10:23 | 13:00 | 14:40 | 15:29 | 15:41 | 16:23 | 16:36 | 19:02 | 22:06 |
| | | | | 2:43 | 1:13 | 1:29 | 1:11 | 1:36 | 2:11 | 2:37 | 1:40 | 0:49 | 0:12 | 0:42 | 0:43 | 2:26 | 3:04 |
| | | | | 23:50 | 24:02 | 25:53 | 26:22 | 27:50 | 27:58 | 30:34 | 32:38 | 34:50 | 35:27 | 35:41 | | | |
| | | | | 1:44 | 0:42 | 1:51 | 0:29 | 1:28 | 0:08 | 2:36 | 2:04 | 2:12 | 0:37 | 0:14 | | | |
| 4 | 186 | Jara Villar Carruesco IBÓN Zaragoza | 35:44 | 2:41 | 3:53 | 5:23 | 6:43 | 8:13 | 10:32 | 12:40 | 14:06 | 15:07 | 15:26 | 16:06 | 16:23 | 18:41 | 21:33 |
| | | | | 2:41 | 1:12 | 1:30 | 1:20 | 1:30 | 2:19 | 2:08 | 1:26 | 1:01 | 0:19 | 0:40 | 0:47 | 2:18 | 2:52 |
| | | | | 23:09 | 23:21 | 25:29 | 26:13 | 27:43 | 27:51 | 30:38 | 32:53 | 35:27 | 36:09 | 36:21 | | | |
| | | | | 1:36 | 0:42 | 2:08 | 0:44 | 1:30 | 0:08 | 2:47 | 2:15 | 2:34 | 0:42 | 0:12 | | | |
| 5 | 159 | Sara Asensi Bodí COLIVENC Alicante | 38:22 | 2:38 | 3:50 | 5:20 | 6:40 | 8:15 | 10:29 | 12:49 | 14:23 | 15:21 | 15:35 | 16:12 | 16:24 | 18:49 | 21:00 |
| | | | | 2:38 | 1:12 | 1:30 | 1:20 | 1:35 | 2:14 | 2:20 | 1:34 | 0:58 | 0:14 | 0:37 | 0:42 | 2:25 | 2:11 |
| | | | | 22:33 | 22:50 | 29:16 | 29:37 | 31:10 | 31:19 | 33:42 | 35:42 | 38:07 | 38:50 | 39:00 | | | |
| | | | | 1:33 | 0:47 | 6:26 | 0:21 | 1:33 | 0:09 | 2:23 | 2:00 | 2:25 | 0:43 | 0:10 | | | |
| 6 | 260 | Silvia Martín de los Ríos de la TOLEDO-O Toledo | 39:01 | 2:50 | 4:06 | 5:37 | 6:57 | 8:43 | 11:05 | 14:08 | 15:55 | 16:51 | 17:07 | 18:07 | 18:21 | 21:25 | 24:36 |
| | | | | 2:50 | 1:16 | 1:31 | 1:20 | 1:46 | 2:22 | 3:03 | 1:47 | 0:56 | 0:16 | 1:00 | 0:44 | 3:04 | 3:11 |
| | | | | 26:23 | 26:41 | 28:43 | 29:11 | 30:56 | 31:06 | 33:50 | 36:11 | 38:46 | 39:31 | 39:43 | | | |
| | | | | 1:47 | 0:48 | 2:02 | 0:28 | 1:45 | 0:40 | 2:44 | 2:21 | 2:35 | 0:45 | 0:12 | | | |
| 7 | 349 | Isabel Fernández González E D ALCON Leon | 49:03 | 3:35 | 5:15 | 7:26 | 9:10 | 11:28 | 15:11 | 18:21 | 20:58 | 22:08 | 22:28 | 23:35 | 23:48 | 27:22 | 30:44 |
| | | | | 3:35 | 1:40 | 2:11 | 1:44 | 2:18 | 3:43 | 3:10 | 2:37 | 1:10 | 0:20 | 1:07 | 0:43 | 3:34 | 3:22 |
| | | | | 32:54 | 33:07 | 35:40 | 36:24 | 38:34 | 38:44 | 42:24 | 45:31 | 48:34 | 49:28 | 49:39 | | | |
| | | | | 2:10 | 0:43 | 2:33 | 0:44 | 2:10 | 0:40 | 3:40 | 3:07 | 3:03 | 0:54 | 0:11 | | | |
| D-20A (6) Partes anuladas: 48-47,49-50 | | | | 5.3 km 10 m 21 C | | | | | | | | | | | | | |
| | | | | 1(42) | 2(43) | 3(44) | 4(48) | 5(47) | 6(53) | 7(52) | 8(55) | 9(51) | 10(49) | 11(50) | 12(33) | 13(58) | 14(67) |
| | | | | 15(68) | 16(66) | 17(82) | 18(62) | 19(61) | 20(46) | 21(200) | F | | | | | | |
| 1 | 158 | Violeta Feliciano Sanjuán COLIVENC Alicante | 35:13 | 2:25 | 3:46 | 5:13 | 5:59 | 6:07 | 7:32 | 8:18 | 8:41 | 11:53 | 12:36 | 12:52 | 15:49 | 20:22 | 24:16 |
| | | | | 2:25 | 1:21 | 1:27 | 0:46 | 0:08 | 1:25 | 0:46 | 0:23 | 3:12 | 0:43 | 0:46 | 2:57 | 4:33 | 3:54 |
| | | | | 25:14 | 26:39 | 27:25 | 30:13 | 32:10 | 34:00 | 35:27 | 35:37 | | | | | | |
| | | | | 0:58 | 1:25 | 0:46 | 2:48 | 1:57 | 1:50 | 1:27 | 0:10 | | | | | | |
| 2 | 148 | Raquel Martín Jiménez CODAN EXTR Badajoz | 38:28 | 2:39 | 4:07 | 5:29 | 6:22 | 6:30 | 7:53 | 8:39 | 9:01 | 12:43 | 13:29 | 13:39 | 16:34 | 21:36 | 26:06 |
| | | | | 2:39 | 1:28 | 1:22 | 0:53 | 0:08 | 1:23 | 0:46 | 0:22 | 3:42 | 0:46 | 0:40 | 2:55 | 5:02 | 4:30 |
| | | | | 27:12 | 28:36 | 29:34 | 32:46 | 34:46 | 36:51 | 38:36 | 38:46 | | 15:47 | | | | |
| | | | | 1:06 | 1:24 | 0:58 | 3:12 | 2:00 | 2:05 | 1:45 | 0:10 | | *35 | | | | |
| 3 | 146 | Lidia Alonso Muñoz CODAN EXTR Badajoz | 42:40 | 4:05 | 5:35 | 7:14 | 8:07 | 8:19 | 9:49 | 10:33 | 10:59 | 14:50 | 15:44 | 15:55 | 19:02 | 24:19 | 28:52 |
| | | | | 4:05 | 1:30 | 1:39 | 0:53 | 0:42 | 1:30 | 0:44 | 0:26 | 3:51 | 0:54 | 0:44 | 3:07 | 5:17 | 4:33 |
| | | | | 29:58 | 31:26 | 32:25 | 36:12 | 38:35 | 40:55 | 42:52 | 43:03 | | | | | | |
| | | | | 1:06 | 1:28 | 0:59 | 3:47 | 2:23 | 2:20 | 1:57 | 0:11 | | | | | | |
| 4 | 250 | Noemí Sánchez Saavedra TOLEDO-O Toledo | 43:57 | 3:48 | 5:23 | 6:53 | 7:47 | 7:57 | 9:31 | 10:29 | 10:51 | 15:07 | 15:55 | 16:05 | 18:57 | 24:29 | 29:36 |
| | | | | 3:48 | 1:35 | 1:30 | 0:54 | 0:40 | 1:34 | 0:58 | 0:22 | 4:16 | 0:48 | 0:40 | 2:52 | 5:32 | 5:07 |
| | | | | 30:48 | 32:16 | 33:24 | 36:57 | 39:38 | 42:10 | 44:06 | 44:17 | | | | | | |
| | | | | 1:12 | 1:28 | 1:08 | 3:33 | 2:41 | 2:32 | 1:56 | 0:11 | | | | | | |
| 5 | 243 | Ana Martín - Albo Rodríguez TOLEDO-O Toledo | 44:40 | 3:09 | 4:48 | 7:08 | 8:01 | 8:12 | 9:55 | 10:41 | 11:03 | 15:05 | 16:03 | 16:15 | 19:48 | 25:08 | 30:38 |
| | | | | 3:09 | 1:39 | 2:20 | 0:53 | 0:44 | 1:43 | 0:46 | 0:22 | 4:02 | 0:58 | 0:42 | 3:33 | 5:20 | 5:30 |
| | | | | 31:49 | 33:14 | 34:14 | 38:07 | 40:27 | 43:02 | 44:52 | 45:03 | | | | | | |
| | | | | 1:11 | 1:25 | 1:00 | 3:53 | 2:20 | 2:35 | 1:50 | 0:11 | | | | | | |
| 6 | 360 | Naiara Aguirre Vidal E D ALCON Leon | 45:34 | 3:20 | 5:02 | 6:55 | 7:54 | 8:04 | 9:46 | 10:38 | 11:10 | 15:48 | 16:41 | 16:52 | 20:15 | 26:15 | 30:59 |
| | | | | 3:20 | 1:42 | 1:53 | 0:59 | 0:40 | 1:42 | 0:52 | 0:32 | 4:38 | 0:53 | 0:44 | 3:23 | 6:00 | 4:44 |
| | | | | 32:13 | 33:45 | 34:45 | 38:42 | 41:11 | ----- | 45:47 | 45:55 | | | | | | |
| | | | | 1:14 | 1:32 | 1:00 | 3:57 | 2:29 | | 4:36 | 0:08 | | | | | | |
| D-21A (23) Partes anuladas: 60-59,64-63,73-74 | | | | 4.4 km 10 m 24 C | | | | | | | | | | | | | |
| | | | | 1(39) | 2(38) | 3(36) | 4(35) | 5(42) | 6(46) | 7(61) | 8(82) | 9(66) | 10(65) | 11(64) | 12(63) | 13(69) | 14(70) |
| | | | | 15(73) | 16(74) | 17(77) | 18(78) | 19(60) | 20(59) | 21(43) | 22(31) | 23(56) | 24(200) | F | | | |
| 1 | 562 | Jara Gracia Zafra WAKHÁN Huesca | 33:14 | 2:37 | 3:47 | 5:19 | 6:36 | 8:06 | 10:15 | 12:24 | 14:00 | 14:52 | 15:05 | 15:45 | 16:12 | 18:35 | 20:48 |
| | | | | 2:37 | 1:10 | 1:32 | 1:17 | 1:30 | 2:09 | 2:09 | 1:36 | 0:52 | 0:13 | 0:40 | 0:27 | 2:23 | 2:13 |
| | | | | 22:23 | 22:33 | 24:18 | 24:45 | 26:22 | 26:40 | 29:11 | 31:11 | 33:20 | 33:59 | 34:09 | | | |
| | | | | 1:35 | 0:40 | 1:45 | 0:27 | 1:37 | 0:48 | 2:31 | 2:00 | 2:09 | 0:39 | 0:10 | | | |
| 2 | 108 | Tatyana Loginova COAraba Vitoria | 35:35 | 3:05 | 4:09 | 5:43 | 7:03 | 8:54 | 11:08 | 13:37 | 15:19 | 16:16 | 16:32 | 17:18 | 17:31 | 20:08 | 22:21 |
| | | | | 3:05 | 1:04 | 1:34 | 1:20 | 1:51 | 2:14 | 2:29 | 1:42 | 0:57 | 0:16 | 0:46 | 0:43 | 2:37 | 2:13 |
| | | | | 23:59 | 24:11 | 26:07 | 26:41 | 28:21 | 28:30 | 31:02 | 32:57 | 35:14 | 35:58 | 36:09 | | | |
| | | | | 1:38 | 0:42 | 1:56 | 0:34 | 1:40 | 0:09 | 2:32 | 1:55 | 2:17 | 0:44 | 0:11 | | | |
| 3 | 393 | Silvia Toll Clos GO-XTREM Girona | 35:55 | 3:18 | 4:36 | 6:35 | 7:55 | 9:43 | 11:59 | 14:04 | 15:47 | 16:41 | 16:57 | 17:44 | 17:56 | 20:27 | 23:03 |
| | | | | 3:18 | 1:18 | 1:59 | 1:20 | 1:48 | 2:16 | 2:05 | 1:43 | 0:54 | 0:16 | 0:47 | 0:42 | 2:31 | 2:36 |
| | | | | 24:39 | 24:50 | 26:49 | 27:20 | 28:46 | 28:55 | 31:17 | 33:17 | 35:35 | 36:18 | 36:27 | | | |
| | | | | 1:36 | 0:44 | 1:59 | 0:31 | 1:26 | 0:09 | 2:22 | 2:00 | 2:18 | 0:43 | 0:09 | | | |
| 4 | 238 | Leticia Sánchez Tovar SANT JOAN Alicante | 36:24 | 3:00 | 4:13 | 6:01 | 7:12 | 9:00 | 11:31 | 14:00 | 15:34 | 16:29 | 16:52 | 17:42 | 17:53 | 20:34 | 22:59 |
| | | | | 3:00 | 1:13 | 1:48 | 1:11 | 1:48 | 2:31 | 2:29 | 1:34 | 0:55 | 0:23 | 0:50 | 0:44 | 2:41 | 2:25 |
| | | | | 24:37 | 24:49 | 26:54 | 27:23 | 28:56 | 29:09 | 31:32 | 33:38 | 36:11 | 36:50 | 37:00 | | | |
| | | | | 1:38 | 0:42 | 2:05 | 0:29 | 1:33 | 0:43 | 2:23 | 2:06 | 2:33 | 0:39 | 0:10 | | | |
| 5 | 464 | Laura Conejo Garrote CDP-O Valladolid | 38:10 | 3:03 | 4:18 | 5:56 | 7:21 | 9:17 | 11:42 | 14:21 | 16:21 | 17:16 | 17:37 | 18:29 | 18:43 | 21:49 | 24:31 |
| | | | | 3:03 | 1:15 | 1:38 | 1:25 | 1:56 | 2:25 | 2:39 | 2:00 | 0:55 | 0:21 | 0:52 | 0:44 | 3:06 | 2:42 |
| | | | | 26:25 | 26:57 | 28:47 | 29:18 | 30:49 | 30:59 | 33:38 | 35:49 | 38:18 | 38:56 | 39:06 | | | |
| | | | | 1:54 | 0:32 | 1:50 | 0:31 | 1:31 | 0:40 | 2:39 | 2:11 | 2:29 | 0:38 | 0:10 | | | |
| 6 | 174 | Vanesa Ceide Vilela FLUVIAL LU Lugo | 40:04 | 2:52 | 4:16 | 6:01 | 7:31 | 9:30 | 12:03 | 14:25 | 16:20 | 17:22 | 17:39 | 18:29 | 18:40 | 21:25 | 24:16 |
| | | | | 2:52 | 1:24 | 1:45 | 1:30 | 1:59 | 2:33 | 2:22 | 1:55 | 1:02 | 0:17 | 0:50 | 0:44 | 2:45 | 2:51 |

| Pos | Jorsal | Nombre | Tiempo | (cont.) | | | | | | | | | | | | | | | | |
|--|--------|--|-------------|-------------------------|-----------------|---------|-------------|-----------------|-----------------|---------|-------------|-------------|-------------|-----------------|-----------------|-------------|-------------|--|--|--|
| D-21A (23) Partes anuladas: 60-59,64-63,73-74 | | | | 4.4 km 10 m 24 C | | | | | | | | | | | | | | | | |
| | | | | 1(39) | 2(38) | 3(36) | 4(35) | 5(42) | 6(46) | 7(61) | 8(82) | 9(66) | 10(65) | 11(64) | 12(63) | 13(69) | 14(70) | | | |
| | | | | 15(73) | 16(74) | 17(77) | 18(78) | 19(60) | 20(59) | 21(43) | 22(31) | 23(56) | 24(200) | F | | | | | | |
| 8 | 307 | Gloria Sanz Salamanca COV Valladolid | 41:25 | 3:09 | 4:34 | 6:31 | 7:57 | 9:54 | 12:32 | 14:55 | 16:43 | 18:37 | 18:55 | 19:40 | 19:52 | 22:33 | 25:54 | | | |
| | | | | 3:09 | 1:25 | 1:57 | 1:26 | 1:57 | 2:38 | 2:23 | 1:48 | 1:54 | 0:18 | 0:45 | 0:12 | 2:41 | 3:21 | | | |
| | | | | 27:47 | 28:17 | 30:58 | 31:30 | 33:15 | 33:32 | 36:21 | 38:57 | 41:24 | 42:14 | 42:24 | | | | | | |
| | | | | 1:53 | 0:30 | 2:41 | 0:32 | 1:45 | 0:17 | 2:49 | 2:36 | 2:27 | 0:50 | 0:10 | | | | | | |
| 9 | 344 | María Ángeles Monsalve Collado E D ALCON Leon | 41:26 | 3:05 | 4:40 | 6:21 | 7:49 | 9:42 | 12:10 | 14:51 | 16:47 | 17:48 | 18:09 | 18:59 | 19:15 | 21:55 | 24:50 | | | |
| | | | | 3:05 | 1:35 | 1:41 | 1:28 | 1:53 | 2:28 | 2:41 | 1:56 | 1:01 | 0:21 | 0:50 | 0:16 | 2:40 | 2:55 | | | |
| | | | | 26:37 | 26:51 | 29:31 | 30:00 | 33:16 | 33:24 | 35:55 | 38:05 | 40:56 | 41:52 | 42:04 | | | | | | |
| | | | | 1:47 | 0:14 | 2:40 | 0:29 | 3:16 | 0:08 | 2:31 | 2:10 | 2:51 | 0:56 | 0:12 | | | | | | |
| 10 | 332 | Adela Illamola Colomer UEVIC Barcelona | 42:01 | 3:02 | 4:26 | 6:17 | 7:52 | 9:46 | 12:33 | 15:05 | 17:07 | 18:12 | 18:28 | 19:21 | 19:44 | 22:43 | 25:53 | | | |
| | | | | 3:02 | 1:24 | 1:51 | 1:35 | 1:54 | 2:47 | 2:32 | 2:02 | 1:05 | 0:16 | 0:53 | 0:23 | 2:59 | 3:10 | | | |
| | | | | 27:53 | 28:19 | 30:55 | 31:31 | 33:40 | 33:51 | 36:46 | 39:20 | 42:00 | 42:49 | 43:01 | | | | | | |
| | | | | 2:00 | 0:26 | 2:36 | 0:36 | 2:09 | 0:11 | 2:55 | 2:34 | 2:40 | 0:49 | 0:12 | | | | | | |
| 11 | 279 | Marta Pérez Fernández COV Valladolid | 42:14 | 2:43 | 4:03 | 5:40 | 7:04 | 8:45 | ----- | 14:03 | 15:47 | 16:48 | 17:03 | 17:51 | 19:17 | 21:55 | 24:32 | | | |
| | | | | 2:43 | 1:20 | 1:37 | 1:24 | 1:41 | ----- | 5:18 | 1:44 | 1:01 | 0:15 | 0:48 | 1:26 | 2:38 | 2:37 | | | |
| | | | | 26:30 | 27:01 | 32:26 | 32:53 | 34:56 | 35:06 | 38:02 | 40:35 | 43:18 | 44:07 | 44:21 | | | | | | |
| | | | | 1:58 | 0:31 | 5:25 | 0:27 | 2:03 | 0:10 | 2:56 | 2:33 | 2:43 | 0:49 | 0:14 | | | | | | |
| 12 | 476 | Rocío Ghanem Valenzuela CDP-O Valladolid | 42:16 | 2:59 | 4:14 | 6:05 | 7:24 | 9:05 | 11:20 | 14:10 | 15:51 | 16:45 | 17:09 | 17:57 | 18:10 | 20:31 | 24:55 | | | |
| | | | | 2:59 | 1:15 | 1:51 | 1:19 | 1:41 | 2:15 | 2:50 | 1:41 | 0:54 | 0:24 | 0:48 | 0:13 | 2:21 | 4:24 | | | |
| | | | | 26:28 | 26:40 | 32:15 | 32:45 | 34:20 | 34:28 | 37:06 | 39:12 | 41:57 | 42:37 | 42:49 | | | | | | |
| | | | | 1:33 | 0:12 | 5:35 | 0:30 | 1:35 | 0:08 | 2:38 | 2:06 | 2:45 | 0:40 | 0:12 | | | | | | |
| 13 | 429 | Marí Carmen García Domene UNIVERSIDA Alicante | 43:47 | 3:01 | 4:22 | 6:23 | 7:53 | 9:39 | 12:10 | 14:44 | 16:36 | 17:33 | 17:49 | 18:41 | 19:15 | 22:50 | 27:45 | | | |
| | | | | 3:01 | 1:21 | 2:01 | 1:30 | 1:46 | 2:31 | 2:34 | 1:52 | 0:57 | 0:16 | 0:52 | 0:34 | 3:35 | 4:55 | | | |
| | | | | 30:03 | 30:15 | 32:12 | 32:50 | 34:43 | 34:52 | 38:10 | 40:51 | 43:44 | 44:32 | 44:42 | | | | | | |
| | | | | 2:18 | 0:12 | 1:57 | 0:38 | 1:53 | 0:09 | 3:18 | 2:41 | 2:53 | 0:48 | 0:10 | | | | | | |
| 14 | 404 | María José Velasco Sánchez PEÑA GUARA Huesca | 43:58 | 3:07 | 4:27 | 6:43 | 8:33 | 10:42 | 13:22 | 16:05 | 18:11 | 19:13 | 19:38 | 20:25 | 20:49 | 23:29 | 27:49 | | | |
| | | | | 3:07 | 1:20 | 2:16 | 1:50 | 2:09 | 2:40 | 2:43 | 2:06 | 1:02 | 0:25 | 0:47 | 0:24 | 2:40 | 4:20 | | | |
| | | | | 29:36 | 29:50 | 32:46 | 33:19 | 35:01 | 35:14 | 38:47 | 41:01 | 43:49 | 44:38 | 44:49 | | | | | | |
| | | | | 1:47 | 0:14 | 2:56 | 0:33 | 1:42 | 0:13 | 3:33 | 2:14 | 2:48 | 0:49 | 0:11 | | | | | | |
| 15 | 475 | Isabel Minguéz Mata CDP-O Valladolid | 44:03 | 2:41 | 3:53 | 6:08 | 7:30 | 9:31 | 11:57 | 14:55 | 16:37 | 17:45 | 18:01 | 18:45 | 19:05 | 21:50 | 26:28 | | | |
| | | | | 2:41 | 1:12 | 2:15 | 1:22 | 2:01 | 2:26 | 2:58 | 1:42 | 1:08 | 0:16 | 0:44 | 0:20 | 2:45 | 4:38 | | | |
| | | | | 28:25 | 28:41 | 32:16 | 33:05 | 35:22 | 35:33 | 38:34 | 41:08 | 43:56 | 44:40 | 44:50 | | | | | | |
| | | | | 1:57 | 0:16 | 3:35 | 0:49 | 2:17 | 0:11 | 3:01 | 2:34 | 2:48 | 0:44 | 0:10 | | | | | | |
| 16 | 331 | Virginia Güell Rovira UEVIC Barcelona | 44:13 | 3:30 | 5:05 | 7:03 | 8:49 | 10:50 | 13:47 | 16:25 | 18:33 | 19:39 | 19:54 | 20:53 | 21:15 | 24:29 | 27:38 | | | |
| | | | | 3:30 | 1:35 | 1:58 | 1:46 | 2:01 | 2:57 | 2:38 | 2:08 | 1:06 | 0:15 | 0:59 | 0:22 | 3:14 | 3:09 | | | |
| | | | | 29:43 | 29:58 | 32:07 | 32:58 | 34:59 | 35:08 | 38:32 | 41:11 | 44:01 | 44:49 | 44:59 | | | | | | |
| | | | | 2:05 | 0:15 | 2:09 | 0:51 | 2:01 | 0:09 | 3:24 | 2:39 | 2:50 | 0:48 | 0:10 | | | | | | |
| 17 | 164 | Ildiko Simon CORRECAMIN Valencia | 46:01 | 3:23 | 4:42 | 6:36 | 8:15 | 10:17 | 13:07 | 16:02 | 18:14 | 19:21 | 19:36 | 20:33 | 20:44 | 23:50 | 28:32 | | | |
| | | | | 3:23 | 1:19 | 1:54 | 1:39 | 2:02 | 2:50 | 2:55 | 2:12 | 1:07 | 0:15 | 0:57 | 0:11 | 3:06 | 4:42 | | | |
| | | | | 30:50 | 31:06 | 33:34 | 34:08 | 36:14 | 36:21 | 39:56 | 42:29 | 45:36 | 46:22 | 46:35 | | | | | | |
| | | | | 2:18 | 0:16 | 2:28 | 0:34 | 2:06 | 0:07 | 3:35 | 2:33 | 3:07 | 0:46 | 0:13 | | | | | | |
| 18 | 482 | Carmen Castro Manzanares CDP-O Valladolid | 49:34 | 3:31 | 5:11 | 7:32 | 9:19 | 11:59 | 16:08 | 18:43 | 21:08 | 22:35 | 22:59 | 23:39 | 23:53 | 27:45 | 32:25 | | | |
| | | | | 3:31 | 1:40 | 2:21 | 1:47 | 2:40 | 4:09 | 2:35 | 2:25 | 1:27 | 0:24 | 0:40 | 0:14 | 3:52 | 4:40 | | | |
| | | | | 34:59 | 35:23 | 38:14 | 39:04 | 41:15 | 41:32 | 44:21 | 46:59 | 49:39 | 50:18 | 50:29 | | | | | | |
| | | | | 2:34 | 0:24 | 2:51 | 0:50 | 2:11 | 0:17 | 2:49 | 2:38 | 2:40 | 0:39 | 0:11 | | | | | | |
| 19 | 381 | Sonia Marzo Anadon CRON La Rioja | 54:12 | 4:00 | 5:46 | 8:43 | 10:35 | 13:17 | 16:27 | 19:31 | 21:53 | 23:28 | 23:46 | 24:51 | 25:16 | 28:50 | 33:42 | | | |
| | | | | 4:00 | 1:46 | 2:57 | 1:52 | 2:42 | 3:10 | 3:04 | 2:22 | 1:35 | 0:18 | 1:05 | 0:25 | 3:34 | 4:52 | | | |
| | | | | 36:10 | 36:29 | 39:11 | 39:56 | 42:18 | 42:31 | 46:44 | 49:58 | 53:42 | 54:51 | 55:09 | 54:54 | | | | | |
| | | | | 2:28 | 0:19 | 2:42 | 0:45 | 2:22 | 0:13 | 4:13 | 3:14 | 3:44 | 1:09 | 0:18 | *200 | | | | | |
| 20 | 424 | Carla Veiga García U-VIGO Pontevedra | 56:11 | 2:48 | 4:17 | 8:14 | 9:45 | 11:58 | 14:31 | 21:21 | 31:14 | 32:18 | 33:03 | 33:56 | 34:41 | 37:27 | 40:00 | | | |
| | | | | 2:48 | 1:29 | 3:57 | 1:31 | 2:13 | 2:33 | 6:50 | 9:53 | 1:04 | 0:45 | 0:53 | 0:45 | 2:46 | 2:33 | | | |
| | | | | 42:00 | 42:32 | 44:53 | 45:26 | 47:14 | 47:33 | 51:32 | 53:52 | 56:43 | 57:37 | 57:47 | | | | | | |
| | | | | 2:00 | 0:32 | 2:21 | 0:33 | 1:48 | 0:19 | 3:59 | 2:20 | 2:51 | 0:54 | 0:10 | | | | | | |
| 21 | 379 | Maika Pérez Ramos CRON La Rioja | 56:34 | 3:28 | 4:50 | 17:47 | 19:31 | 22:29 | 24:52 | 29:16 | 30:54 | 32:36 | 33:09 | 33:57 | 34:14 | 36:30 | 38:58 | | | |
| | | | | 3:28 | 1:22 | 12:57 | 1:44 | 2:58 | 2:23 | 4:24 | 1:38 | 1:42 | 0:33 | 0:48 | 0:17 | 2:16 | 2:28 | | | |
| | | | | 40:53 | 41:08 | 44:46 | 45:16 | 46:58 | 47:08 | 50:13 | 52:21 | 54:53 | 57:04 | 57:16 | | | | | | |
| | | | | 1:55 | 0:15 | 3:38 | 0:30 | 1:42 | 0:10 | 3:05 | 2:08 | 2:32 | 2:11 | 0:12 | | | | | | |
| 22 | 127 | Evelyn Schulze COBI Vizcaya | 1:20:14 | 5:09 | 7:25 | 10:21 | 12:55 | 16:04 | 20:30 | 24:43 | 27:45 | 30:45 | 31:12 | 32:35 | 32:55 | 37:48 | 42:15 | | | |
| | | | | 5:09 | 2:16 | 2:56 | 2:34 | 3:09 | 4:26 | 4:13 | 3:02 | 3:00 | 0:27 | 1:23 | 0:20 | 4:53 | 4:27 | | | |
| | | | | 45:17 | 45:43 | 1:02:14 | 1:03:03 | 1:05:53 | 1:06:06 | 1:11:14 | 1:15:11 | 1:19:22 | 1:20:50 | 1:21:13 | | | | | | |
| | | | | 3:02 | 0:26 | 16:31 | 0:49 | 2:50 | 0:13 | 5:08 | 3:57 | 4:11 | 1:28 | 0:23 | | | | | | |
| 400 | | Vanessa Bataller Cervero PEÑA GUARA Huesca | or en tarj. | 2:26 | 3:42 | 5:14 | 6:21 | 7:48 | 9:35 | 12:28 | 13:55 | 14:46 | ----- | 15:24 | 15:46 | 17:40 | 19:35 | | | |
| | | | | 2:26 | 1:16 | 1:32 | 1:07 | 1:27 | 1:47 | 2:53 | 1:27 | 0:51 | ----- | 0:38 | 0:22 | 1:54 | 1:55 | | | |
| | | | | 20:54 | 21:25 | 23:14 | 23:37 | 24:51 | 24:57 | 26:56 | 28:33 | 30:23 | 30:56 | 31:05 | | | | | | |
| | | | | 1:19 | 0:31 | 1:49 | 0:23 | 1:14 | 0:06 | 1:59 | 1:37 | 1:50 | 0:33 | 0:09 | | | | | | |
| D-21B (12) Partes anuladas: 48-47,49-50 | | | | 3.3 km 5 m 18 C | | | | | | | | | | | | | | | | |
| | | | | 1(41) | 2(43) | 3(44) | 4(48) | 5(47) | 6(54) | 7(52) | 8(55) | 9(51) | 10(49) | 11(50) | 12(32) | 13(33) | 14(38) | | | |
| | | | | 15(36) | 16(34) | 17(40) | 18(200) | F | | | | | | | | | | | | |
| 1 | 327 | Marisol Gutierrez Sanchez VELETA Granada | 26:42 | 1:54 | 4:16 | 5:48 | 6:35 | 6:49 | 7:54 | 8:57 | 9:19 | 13:08 | 13:48 | 13:58 | 14:38 | 17:05 | 18:54 | | | |
| | | | | 1:54 | 2:22 | 1:32 | 0:47 | 0:14 | 1:05 | 1:03 | 0:22 | 3:49 | 0:40 | 0:10 | 0:40 | 2:27 | 1:45 | | | |
| | | | | 21:26 | 22:30 | 25:41 | 26:55 | 27:06 | | | | | | | | | | | | |
| | | | | 2:32 | 1:04 | 3:11 | 1:14 | 0:11 | | | | | | | | | | | | |
| 2 | 276 | Verónica Márquez Pretel VALENCIA-O Valencia | 33:40 | 2:22 | 5:23 | 7:15 | 8:14 | 8:29 | 9:49 | 11:49 | 12:22 | 17:25 | 18:32 | 18:49 | 19:30 | 23:08 | 25:29 | | | |
| | | | | 2:22 | 3:01 | 1:52 | 0:59 | 0:15 | 1:20 | 2:00 | 0:33 | 5:03 | 1:07 | 0:17 | 0:41 | 3:38 | 2:21 | | | |
| | | | | 27:47 | 29:07 | 32:24 | 34:02 | 34:12 | | | | | | | | | | | | |
| | | | | 2:1 | | | | | | | | | | | | | | | | |

| Pos | Jorsal | Nombre | Tiempo | | | | | | | | | | | | | | |
|---|--------|--|--------|--------------------------------------|---|---|--------------------------------------|---|---|--------------------------------|---------------------------------------|---------------------------------------|---------------------------------------|--|--------------------------|--------------------------|----------------------|
| D-21B (12) Partes anuladas: 48-47,49-50 | | | | 3.3 km 5 m 18 C | | | | | | | <i>(cont.)</i> | | | | | | |
| | | | | 1(41) 15(36) | 2(43) 16(34) | 3(44) 17(40) | 4(48) 18(200) | 5(47) F | 6(54) | 7(52) | 8(55) | 9(51) | 10(49) | 11(50) | 12(32) | 13(33) | 14(38) |
| 6 | 213 | Camino Aure Gracia CDNAVARRA Navarra | 39:05 | 2:43 2:43 31:32 2:09 | 6:06 3:23 32:58 1:26 | 8:22 2:16 37:17 4:19 | 9:31 1:09 39:03 1:46 | 9:44 9:44 39:32 0:29 | 11:15 1:33 | 13:03 1:48 | 13:31 0:28 | 19:47 6:16 | 20:51 1:04 | 21:07 0:46 | 21:58 0:51 | 26:37 4:39 | 29:23 2:46 |
| 7 | 520 | María Albaladejo Ríos COLMENAR Madrid | 39:19 | 4:42 4:42 34:31 7:14 | 7:02 2:20 35:25 0:54 | 8:18 1:16 38:12 2:47 | 9:15 0:57 39:31 1:19 | 9:24 9:09 39:40 0:09 | 10:34 1:10 | 11:15 0:41 | 11:41 0:26 | 15:52 4:11 | 16:51 0:59 | 17:03 0:42 | 18:30 1:27 | 24:46 6:16 | 27:17 2:31 |
| 8 | 277 | Diana Martínez Tornero VALENCIA-O Valencia | 39:39 | 4:37 4:37 32:44 2:51 | 7:44 3:07 34:09 1:25 | 11:14 3:30 38:07 3:58 | 12:15 1:01 39:57 1:50 | 12:34 0:49 40:09 0:12 | 14:27 1:53 | 16:29 2:02 | 16:55 0:26 | 21:56 5:01 | 23:03 1:07 | 23:14 0:44 | 24:06 0:52 | 27:32 3:26 | 29:53 2:21 |
| 9 | 504 | Alicia Coll Moya NAVALCAN-O Navalcan | 39:40 | 4:41 4:41 32:56 2:00 | 7:54 3:13 34:05 1:09 | 9:44 1:50 38:07 4:02 | 10:37 0:53 39:56 1:49 | 10:54 0:47 40:10 0:14 | 12:22 1:28 | 16:29 4:07 | 16:54 0:25 | 22:18 5:24 | 23:24 1:06 | 23:37 0:43 | 24:55 1:18 | 28:17 3:22 | 30:56 2:39 |
| 10 | 513 | M MAR RODRI NAVALCAN-O Navalcan | 41:39 | 3:00 3:00 34:13 2:35 | 6:59 3:59 35:38 1:25 | 8:58 1:59 39:56 4:18 | 10:09 1:11 42:02 2:06 | 10:31 0:22 42:17 0:15 | 12:28 1:57 | 13:37 1:09 | 14:06 0:29 | 23:01 8:55 | 23:57 0:56 | 24:13 0:46 | 25:16 1:03 | 28:51 3:35 | 31:38 2:47 |
| 11 | 280 | Beatriz De La Fuente Casado COV Valladolid | 41:58 | 2:12 2:12 36:25 2:10 | 5:20 3:08 37:39 1:14 | 7:17 1:57 41:12 3:33 | 8:16 0:59 42:41 1:29 | 8:26 0:40 42:52 0:11 | 9:52 1:26 | 11:20 1:28 | 11:51 0:31 | 26:49 14:58 | 27:41 0:52 | 28:25 0:44 | 29:08 0:43 | 32:04 2:56 | 34:15 2:11 |
| 12 | 561 | Milagros Ruiz García ORIENTIJOT Cuenca | 44:56 | 3:13 3:13 36:33 2:47 | 7:15 4:02 38:25 1:52 | 10:03 2:48 43:03 4:38 | 12:36 2:33 45:20 2:17 | 13:02 0:26 45:37 0:17 | 15:01 1:59 | 16:35 1:34 | 17:15 0:40 | 23:39 6:24 | 24:56 1:17 | 25:11 0:45 | 26:19 1:08 | 30:44 4:25 | 33:46 3:02 |
| D-35A (9) Partes anuladas: 60-59,64-63,73-74 | | | | 4.4 km 10 m 24 C | | | | | | | | | | | | | |
| | | | | 1(39) 15(73) | 2(38) 16(74) | 3(36) 17(77) | 4(35) 18(78) | 5(42) 19(60) | 6(46) 20(59) | 7(61) 21(43) | 8(82) 22(31) | 9(66) 23(56) | 10(65) 24(200) | 11(64) F | 12(63) | 13(69) | 14(70) |
| 1 | 515 | Bárbara Domingo Santos Ñ ULTRAFON Madrid | 31:58 | 2:35 2:35 22:05 1:21 | 3:47 1:12 22:16 0:44 | 5:24 1:37 23:48 1:32 | 6:34 1:10 24:17 0:29 | 7:56 1:22 25:36 1:19 | 10:01 2:05 27:54 0:07 | 12:17 2:16 29:43 2:11 | 14:06 1:49 31:38 1:49 | 15:13 1:07 32:17 1:55 | 15:28 0:15 32:26 0:39 | 16:06 0:38 32:26 0:09 | 16:16 0:40 | 18:29 2:13 | 20:44 2:15 |
| 2 | 296 | Mª Sonia Girona Cejudo COV Valladolid | 33:44 | 2:34 22:48 1:30 | 3:42 23:05 0:47 | 5:06 25:31 2:26 | 6:20 25:59 0:28 | 7:47 27:31 1:32 | 9:49 27:43 0:42 | 11:55 29:52 2:09 | 14:03 31:43 1:51 | 14:58 33:41 1:58 | 15:17 34:21 0:40 | 16:00 34:33 0:12 | 16:20 0:43 | 18:33 2:13 | 21:18 2:45 |
| 3 | 522 | Maud Barthelemy COLMENAR Madrid | 35:27 | 2:46 2:46 23:25 1:41 | 4:27 1:41 23:35 0:40 | 5:56 1:29 25:31 1:56 | 7:13 1:17 25:56 0:25 | 8:51 1:38 27:19 1:23 | 11:04 2:13 27:27 0:08 | 13:17 2:13 30:35 3:08 | 14:54 1:37 32:29 1:54 | 15:45 0:51 34:59 2:30 | 15:58 0:13 35:44 0:45 | 16:37 0:39 35:55 0:11 | 16:47 0:40 | 19:23 2:36 | 21:44 2:21 |
| 4 | 427 | Malen Blanco Cantero ATLETISMO Zamora | 38:27 | 2:59 2:59 25:33 1:30 | 4:13 1:14 25:45 0:42 | 5:50 1:37 29:14 3:29 | 7:07 1:17 29:45 0:31 | 8:50 1:43 31:15 1:30 | 11:02 2:12 31:23 0:08 | 13:38 2:36 33:56 2:33 | 15:18 1:40 35:57 2:01 | 16:08 0:50 38:12 2:15 | 18:35 2:27 38:49 0:37 | 19:15 0:40 38:58 0:09 | 19:26 0:44 | 21:44 2:18 | 24:03 2:19 |
| 5 | 412 | Natalia Domingo Santos TJALVE Burgos | 39:21 | 2:55 2:55 26:11 1:35 | 4:13 1:18 26:24 0:43 | 5:51 1:38 30:39 4:15 | 7:16 1:25 31:06 0:27 | 9:04 1:48 32:26 1:20 | 11:27 2:23 32:35 0:09 | 13:41 2:14 34:55 2:20 | 15:16 1:35 36:53 1:58 | 16:17 1:01 39:11 2:18 | 16:31 0:14 39:49 0:38 | 17:14 0:43 39:59 0:10 | 17:30 0:46 | 19:55 2:25 | 24:36 4:41 |
| 6 | 421 | Alba Gavela Ramos TJALVE Burgos | 40:39 | 3:32 3:32 27:05 1:44 | 5:00 1:28 27:17 0:42 | 6:42 1:42 29:28 2:11 | 8:12 1:30 29:59 0:31 | 10:22 2:10 31:44 1:45 | 12:53 2:31 31:52 0:08 | 15:51 2:58 34:41 2:49 | 17:51 2:00 36:48 2:07 | 18:44 0:53 40:24 3:36 | 18:59 0:15 41:08 0:44 | 19:45 0:46 41:18 0:10 | 20:04 0:49 | 22:35 2:31 | 25:21 2:46 |
| 7 | 224 | Meritxell Castro Montserrat Oros Barcelona | 43:08 | 3:12 3:12 29:10 2:06 | 4:41 1:29 29:31 0:24 | 7:04 2:23 31:36 2:05 | 8:41 1:37 32:13 0:37 | 10:33 1:52 34:14 2:01 | 13:18 2:45 34:25 0:11 | 16:05 2:47 37:20 2:55 | 18:12 2:07 39:55 2:35 | 19:24 1:12 42:47 2:52 | 19:46 0:22 43:42 0:55 | 20:35 0:49 43:56 0:14 | 20:51 0:46 | 23:56 3:05 | 27:04 3:08 |
| 8 | 535 | Mercedes Jiménez Baena ALABARDA-O Madrid | 44:19 | 3:06 25:53 1:44 | 4:29 26:35 0:42 | 6:07 34:23 7:48 | 7:36 34:58 0:35 | 9:18 36:49 1:51 | 11:43 36:59 0:40 | 14:14 39:46 2:47 | 16:00 41:59 2:13 | 17:02 44:36 2:37 | 17:25 45:23 0:47 | 18:13 45:37 0:14 | 18:39 0:26 | 21:22 2:43 | 24:09 2:47 |
| 9 | 499 | María Teresa Cobo Caballero NAVALCAN-O Navalcan | 45:36 | 3:04 3:04 26:55 1:47 | 4:32 1:28 27:08 0:43 | 6:27 1:55 35:23 8:15 | 8:01 1:34 35:56 0:33 | 9:52 1:51 37:39 1:43 | 12:35 2:43 37:48 0:09 | 15:08 2:33 40:35 2:47 | 17:02 1:54 42:56 2:21 | 18:00 0:58 45:29 2:33 | 18:16 0:16 46:12 0:43 | 19:05 0:49 46:24 0:12 | 19:31 0:26 | 22:21 2:50 | 25:08 2:47 |
| D-35B (8) Partes anuladas: 47-48,48-47 | | | | 3.6 km 10 m 16 C | | | | | | | | | | | | | |
| | | | | 1(41) 15(56) | 2(35) 16(200) | 3(36) F | 4(38) | 5(33) | 6(34) | 7(46) | 8(48) | 9(47) | 10(52) | 11(54) | 12(47) | 13(48) | 14(31) |
| 1 | 518 | Mercedes García García COLMENAR Madrid | 39:17 | 2:19 2:19 38:34 3:16 | 5:09 2:50 39:27 0:53 | 7:00 1:51 39:39 0:12 | 9:30 2:30 | 12:02 2:32 | 13:55 1:53 | 20:53 6:58 | 24:17 3:24 | 24:28 0:44 | 26:39 2:11 | 28:18 1:39 | 29:44 1:26 | 29:55 0:44 | 35:18 5:23 |
| 2 | 551 | Ángeles Ruiz Menacho O-SAN ROQU Cádiz | 40:11 | 3:04 3:04 39:26 3:31 | 7:03 3:59 40:28 1:02 | 9:27 2:24 40:44 0:16 | 11:41 2:14 | 14:20 2:39 | 16:28 2:08 | 22:05 5:37 | 25:56 3:51 | 26:09 0:43 | 28:47 2:38 | 30:17 1:30 | 32:01 1:44 | 32:21 0:20 | 35:55 3:34 |
| 3 | 229 | Teresa Díaz-Toledo Fernández RUMBO-MADR Madrid | 40:27 | 2:24 2:24 38:45 3:53 | 6:03 3:39 41:17 2:32 | 8:26 2:23 41:36 0:19 | 11:04 2:38 | 13:45 2:41 | 15:38 1:53 | 21:17 5:39 | 24:32 3:15 | 25:27 0:55 | 27:58 2:31 | 29:11 1:13 | 30:57 1:46 | 31:11 0:44 | 34:52 3:41 |

| Pos | Jorsal | Nombre | Tiempo | | | | | | | | | | | | | | | | |
|---|--------|---|-------------|---------------------------------|----------------------------------|----------------------------------|--------------------------------|----------------------------------|----------------------------------|-----------------------|----------------|--------------------------|---------------|--------------------------|---------------|--------------------------|-----------------|--|--|
| D-35B (8) Partes anuladas: 47-48,48-47 | | | | 3.6 km 10 m 16 C | | | | | | <i>(cont.)</i> | | | | | | | | | |
| | | | | 1(41) 15(56) | 2(35) 16(200) | 3(36) F | 4(38) | 5(33) | 6(34) | 7(46) | 8(48) | 9(47) | 10(52) | 11(54) | 12(47) | 13(48) | 14(31) | | |
| 4 | 628 | Elena Riaño Ribota IMPERDIBLE Madrid | 41:24 | 3:10 3:10 40:49 3:06 | 7:47 4:37 41:37 0:48 | 9:51 2:04 41:48 0:11 | 12:36 2:45 | 15:29 2:53 | 17:48 2:19 | 23:58 6:10 3:39 | 27:37 3:39 | 27:47 0:40 | 30:24 2:37 | 31:47 1:23 | 33:49 2:02 | 34:03 0:44 | 37:43 3:40 | | |
| 5 | 511 | Griselda Muñoz Martín NAVALCAN-O Navalcan | 1:08:11 | 5:42 5:42 1:06:53 5:12 | 13:17 7:35 1:08:26 1:33 | 16:18 3:01 1:08:57 0:31 | 20:03 3:45 | 24:13 4:10 | 27:03 2:50 | 42:35 15:32 | 47:07 4:32 | 47:31 0:24 | 50:15 2:44 | 53:54 3:39 | 55:50 1:56 | 56:12 0:22 | 1:01:41 5:29 | | |
| 500 | | Pilar Nieto Calvo NAVALCAN-O Navalcan | or en tarj. | 2:27 2:27 36:48 3:00 | 5:39 3:12 37:40 0:52 | 7:41 2:02 37:51 0:11 | 10:03 2:22 | 12:27 2:24 | 14:24 1:57 | 20:17 5:53 | 23:30 3:13 | 24:28 0:58 | ----- | 27:39 3:11 | 29:14 1:35 | 30:42 4:28 | 33:48 3:06 | | |
| 182 | | Cristina Suárez Murillo GOCAN Madrid | or en tarj. | 3:47 3:47 53:15 3:41 | 8:55 5:08 ----- ----- | 12:34 3:39 55:00 1:45 | 17:21 4:47 | 22:30 5:09 | 26:11 3:41 | 32:37 6:26 | 37:36 4:59 | 38:13 0:37 | 41:13 3:00 | 43:23 2:10 | 45:18 1:55 | 45:46 0:28 | 49:34 3:48 | | |
| 539 | | Elisa Belinchón Martínez O-GETAFA Madrid | or en tarj. | 2:53 2:53 55:57 3:21 | 9:39 6:46 56:54 0:57 | 16:26 6:47 57:04 0:10 | 18:11 1:45 | 20:30 2:19 | 28:49 8:19 | ----- 19:38 | 48:27 19:38 | ----- | ----- | ----- | ----- | ----- | 52:36 4:09 | | |
| D-40 (7) Partes anuladas: 47-48,50-49 | | | | 3.9 km 10 m 19 C | | | | | | | | | | | | | | | |
| | | | | 1(42) 15(46) | 2(33) 16(41) | 3(32) 17(39) | 4(50) 18(56) | 5(49) 19(200) | 6(51) F | 7(55) | 8(52) | 9(53) | 10(47) | 11(48) | 12(43) | 13(38) | 14(36) | | |
| 1 | 556 | Yolanda Pérez González COHU FEDO | 30:32 | 2:51 2:51 24:16 3:15 | 4:24 1:33 27:57 3:41 | 6:54 2:30 28:51 0:54 | 7:30 0:36 29:57 1:06 | 7:39 0:09 30:37 0:40 | 8:23 0:44 30:48 0:11 | 12:16 3:53 | 12:42 0:26 | 13:42 1:00 | 15:26 1:44 | 15:33 0:07 | 17:51 2:18 | 19:14 1:23 | 21:01 1:47 | | |
| 2 | 418 | Rosa Alcacer Antolin TJALVE Burgos | 32:12 | 4:27 4:27 26:21 3:54 | 6:04 1:37 29:53 3:32 | 8:45 2:41 30:41 0:48 | 9:21 0:36 31:48 1:07 | 9:37 0:16 32:31 0:43 | 10:25 0:48 32:41 0:10 | 14:09 3:44 | 14:31 0:22 | 15:29 0:58 | 17:03 1:34 | 17:16 0:13 | 19:18 2:02 | 20:27 1:09 | 22:27 2:00 | | |
| 3 | 227 | Cecilia Cañas Gallart Oros Barcelona | 33:23 | 3:01 3:01 27:21 5:32 | 5:00 1:59 30:52 3:31 | 7:40 2:40 31:46 0:54 | 8:19 0:39 33:00 1:14 | 8:33 0:14 33:43 0:43 | 9:23 0:50 33:54 0:11 | 13:23 4:00 | 13:55 0:32 | 14:44 0:49 | 16:18 1:34 | 16:35 0:17 | 18:52 2:17 | 20:02 1:10 | 21:49 1:47 | | |
| 4 | 160 | Lidia Barea Castaño COLIVENC Alicante | 43:04 | 6:18 6:18 35:20 3:53 | 8:55 2:37 39:47 4:27 | 12:25 3:30 40:54 1:07 | 13:15 0:50 42:32 1:38 | 13:30 0:15 43:26 0:54 | 14:43 1:13 43:39 0:13 | 20:07 5:24 | 20:38 0:31 | 22:01 1:23 | 24:08 2:07 | 24:28 0:20 | 27:30 3:02 | 28:58 1:28 | 31:27 2:29 | | |
| 5 | 120 | Maria Isabel Macias Marques O-CIUDAD R Ciudad Real | 1:00:32 | 8:11 8:11 46:10 7:26 | 10:34 2:23 56:08 9:58 | 14:29 3:55 57:22 1:14 | 15:28 0:59 59:46 2:24 | 15:39 0:11 1:00:40 0:54 | 17:53 2:14 1:00:58 0:18 | 23:10 5:17 | 23:43 0:33 | 26:17 2:34 | 28:30 2:13 | 28:45 0:15 | 31:49 3:04 | 33:22 1:33 | 38:44 5:22 | | |
| 154 | | Antonia Sánchez Martínez COLIVENC Alicante | or en tarj. | 3:18 3:18 25:57 4:06 | 5:03 1:45 30:22 4:25 | 8:01 2:58 31:16 0:54 | 8:41 0:40 ----- 1:19 | 8:51 0:10 32:35 0:10 | 9:43 0:52 32:45 0:10 | 13:30 3:47 | 13:53 0:23 | 14:39 0:46 | 16:06 1:27 | 16:15 0:09 | 18:23 2:08 | 19:24 1:01 | 21:51 2:27 | | |
| 299 | | Pilar Iñiguez De La Torre Bayo COV Valladolid | or en tarj. | 3:23 3:23 30:43 3:57 | 5:23 2:00 ----- 0:41 | 8:38 3:15 34:34 3:51 | 9:24 0:46 35:59 1:25 | 9:36 0:12 37:05 1:06 | 10:49 1:13 37:17 0:12 | 15:42 4:53 | 16:17 0:35 | 17:28 1:11 | 19:36 2:08 | 19:47 0:11 | 22:57 3:10 | 24:26 1:29 | 26:46 2:20 | | |
| D-45 (12) Partes anuladas: 47-48,48-47 | | | | 3.6 km 10 m 16 C | | | | | | | | | | | | | | | |
| | | | | 1(41) 15(56) | 2(35) 16(200) | 3(36) F | 4(38) | 5(33) | 6(34) | 7(46) | 8(48) | 9(47) | 10(52) | 11(54) | 12(47) | 13(48) | 14(31) | | |
| 1 | 223 | Rosa Maria Casellas Dalmau Oros Barcelona | 31:42 | 1:58 1:58 31:11 2:58 | 4:42 2:44 31:56 0:45 | 6:24 1:42 32:06 0:10 | 8:24 2:00 | 10:17 1:53 | 12:03 1:46 | 16:47 4:44 | 19:52 3:05 | 20:04 0:12 | 22:16 2:12 | 23:29 1:13 | 24:51 1:22 | 25:03 0:12 | 28:13 3:10 | | |
| 2 | 430 | Beatriz Delgado Cecilia UNIVERSIDA Alicante | 31:56 | 2:20 2:20 32:24 2:26 | 5:48 3:28 33:10 0:46 | 7:40 1:52 33:20 0:10 | 9:37 1:57 | 11:54 2:17 | 13:41 1:47 | 18:13 4:32 | 20:59 2:46 | 21:24 0:25 | 23:34 2:10 | 24:41 1:07 | 26:08 1:27 | 27:07 0:59 | 29:58 2:51 | | |
| 3 | 143 | Mercè Forniés Domènech COC Barcelona | 32:49 | 3:00 3:00 32:22 2:35 | 5:44 2:44 33:07 0:45 | 7:23 1:39 33:19 0:12 | 9:45 2:22 | 11:57 2:12 | 13:36 1:39 | 17:49 4:13 | 20:48 2:59 | 21:02 0:14 | 22:55 1:53 | 23:59 1:04 | 25:24 1:25 | 25:40 0:16 | 29:47 4:07 | | |
| 4 | 109 | Blanca Rosa Lazaro Torre COAraba Vitoria | 33:21 | 2:31 2:31 32:46 3:03 | 5:23 2:52 33:32 0:46 | 7:03 1:40 33:46 0:14 | 9:25 2:22 | 11:36 2:11 | 13:19 1:43 | 17:57 4:38 | 21:43 3:46 | 21:58 0:15 | 23:43 1:45 | 25:03 1:20 | 26:41 1:38 | 26:51 0:10 | 29:43 2:52 | | |
| 5 | 134 | Geni Canal Pey COC Barcelona | 34:29 | 2:22 2:22 34:28 3:07 | 5:22 3:00 35:22 0:54 | 7:06 1:44 35:35 0:13 | 10:15 3:09 | 12:44 2:29 | 14:30 1:46 | 19:19 4:49 | 22:26 3:07 | 22:58 0:32 | 25:02 2:04 | 26:26 1:24 | 27:56 1:30 | 28:30 0:34 | 31:21 2:51 | | |
| 6 | 183 | Azucena Carruesco Marquina IBÓN Zaragoza | 35:32 | 2:23 3:03 35:03 3:42 | 5:26 3:03 35:56 0:53 | 7:02 1:36 36:14 0:18 | 9:27 2:25 | 12:26 2:59 | 14:54 2:28 | 19:17 4:23 | 22:13 2:56 | 22:31 0:18 | 24:37 2:06 | 25:47 1:10 | 27:26 1:39 | 27:50 0:24 | 31:21 3:31 | | |
| 7 | 222 | Francisca Guerrero Rodríguez Oros Barcelona | 35:51 | 2:32 2:32 35:48 2:40 | 6:22 3:50 36:29 0:41 | 8:17 1:55 36:43 0:14 | 10:28 2:11 | 13:56 3:28 | 15:46 1:50 | 21:02 5:16 | 23:47 2:45 | 24:23 0:36 | 26:40 2:17 | 27:45 1:05 | 29:23 1:38 | 29:39 0:16 | 33:08 3:29 | | |

| Pos | Jorsal | Nombre | Tiempo | | | | | | | | | | | | | | | |
|---|--------|--|--------|-------------------------------|-------------------------------|--------------------------------|-----------------------|-----------------------|-----------------------|-----------------------|-----------------------|--------------------------|---------------|--------------------------|---------------|--------------------------|---------------|--|
| D-45 (12) Partes anuladas: 47-48,48-47 | | | | 3.6 km 10 m 16 C | | | | | | <i>(cont.)</i> | | | | | | | | |
| | | | | 1(41) 15(56) | 2(35) 16(200) | 3(36) F | 4(38) | 5(33) | 6(34) | 7(46) | 8(48) | 9(47) | 10(52) | 11(54) | 12(47) | 13(48) | 14(31) | |
| 8 | 259 | Alfonsa Corrochano Galán TOLEDO-O Toledo | 36:53 | 2:40 2:40 36:13 3:21 | 6:07 3:27 37:09 0:56 | 8:06 1:59 37:22 0:13 | 11:07 3:01 | 13:50 2:43 | 15:58 2:08 | 20:43 4:45 | 23:56 3:13 | 24:10 0:44 | 26:36 2:26 | 27:46 1:10 | 29:26 1:40 | 29:41 0:15 | 32:52 3:11 | |
| 9 | 139 | Rosa María Civit Hernández COC Barcelona | 37:58 | 3:10 3:10 37:28 2:52 | 5:46 2:36 38:13 0:45 | 9:19 3:33 38:25 0:12 | 13:17 3:58 | 15:24 2:07 | 16:54 1:30 | 21:10 4:16 | 23:51 2:41 | 24:05 0:44 | 26:06 2:01 | 27:26 1:20 | 29:05 1:39 | 29:18 0:13 | 34:36 5:18 | |
| 10 | 411 | Raquel Mate Ibáñez TJALVE Burgos | 38:20 | 2:40 2:40 38:36 3:34 | 7:03 4:23 39:40 1:04 | 8:59 1:56 39:53 0:13 | 11:07 2:08 | 13:37 2:30 | 15:47 2:10 | 20:45 4:58 | 23:56 3:11 | 25:07 4:44 | 27:42 2:35 | 28:57 1:15 | 30:59 2:02 | 31:21 0:22 | 35:02 3:41 | |
| 11 | 234 | Mar García Pérez RUMBO-MADR Madrid | 38:59 | 3:05 3:05 38:52 3:13 | 7:28 4:23 39:51 0:59 | 9:43 2:15 40:04 0:13 | 12:25 2:42 | 14:51 2:26 | 17:05 2:14 | 21:56 4:51 | 25:22 3:26 | 26:13 0:54 | 28:12 1:59 | 30:13 2:01 | 31:46 1:33 | 32:00 0:14 | 35:39 3:39 | |
| 12 | 204 | Cati Viudez De Haro MURCIA-O Murcia | 40:20 | 3:22 3:22 39:56 3:21 | 7:15 3:53 40:54 0:58 | 10:27 3:12 41:11 0:17 | 13:25 2:58 | 15:48 2:23 | 17:47 1:59 | 23:01 5:14 | 26:37 3:36 | 27:14 0:37 | 29:39 2:25 | 30:58 1:19 | 32:47 1:49 | 33:01 0:44 | 36:35 3:34 | |
| D-50 (2) | | | | 2.2 km 10 m 10 C | | | | | | | | | | | | | | |
| | | | | 1(57) | 2(40) | 3(42) | 4(45) | 5(36) | 6(34) | 7(32) | 8(33) | 9(38) | 10(200) | F | | | | |
| 1 | 121 | Eulalia Fernández Fernández COBI Vizcaya | 20:19 | 1:23 1:23 | 2:47 1:24 | 3:53 1:06 | 7:01 3:08 | 9:48 2:47 | 10:49 1:01 | 12:55 2:06 | 15:56 3:01 | 18:09 2:13 | 20:07 1:58 | 20:19 0:12 | | | | |
| 2 | 356 | Sabina Benavides Ares E D ALCON Leon | 30:37 | 1:24 1:24 | 2:51 1:27 | 4:17 1:26 | 9:14 4:57 | 11:54 2:40 | 13:11 1:17 | 16:15 3:04 | 23:43 7:28 | 25:37 1:54 | 30:22 4:45 | 30:37 0:15 | | | | |
| D-55 (3) | | | | 2.2 km 10 m 10 C | | | | | | | | | | | | | | |
| | | | | 1(57) | 2(40) | 3(42) | 4(45) | 5(36) | 6(34) | 7(32) | 8(33) | 9(38) | 10(200) | F | | | | |
| 1 | 102 | Alicia Blanch Cortes ADYRON Madrid | 28:03 | 1:44 1:44 | 3:25 1:41 | 5:50 2:25 | 9:39 3:49 | 13:08 3:29 | 14:48 1:40 | 17:39 2:51 | 21:57 4:18 | 24:38 2:41 | 27:42 3:04 | 28:03 0:21 | | | | |
| 2 | 137 | Teresa Gri Espinagosa COC Barcelona | 31:52 | 1:54 1:54 | 4:21 2:27 | 9:24 5:03 | 13:24 4:00 | 17:09 3:45 | 21:42 1:28 | 25:52 3:05 | 28:52 4:10 | 31:38 3:00 | 31:52 2:46 | 31:52 0:14 | | | | |
| 3 | 337 | Amalia Sanz Barceló VILLEN-A O Alicante | 34:50 | 2:21 2:21 | 4:34 2:13 | 6:39 2:05 | 12:08 5:29 | 16:00 3:52 | 20:04 4:04 | 24:06 4:02 | 28:30 4:24 | 31:26 2:56 | 34:32 3:06 | 34:50 0:18 | | | | |
| D-E (9) Partes anuladas: 48-47,49-50 | | | | 5.3 km 10 m 21 C | | | | | | | | | | | | | | |
| | | | | 1(42) 15(68) | 2(43) 16(66) | 3(44) 17(82) | 4(48) 18(62) | 5(47) 19(61) | 6(53) 20(46) | 7(52) 21(200) | 8(55) F | 9(51) | 10(49) | 11(50) | 12(33) | 13(58) | 14(67) | |
| 1 | 434 | Alicia Cobo Caballero NAVALENO-O Soria | 27:42 | 2:06 19:29 0:45 | 3:14 20:30 1:01 | 4:14 21:10 0:40 | 4:52 23:24 2:14 | 4:59 24:59 1:35 | 6:03 26:38 1:39 | 6:35 27:49 1:11 | 6:53 27:57 0:08 | 9:34 2:41 | 10:07 0:33 | 10:15 0:08 | 12:10 1:55 | 15:28 3:18 | 18:44 3:16 | |
| 2 | 155 | Alicia Gil Sánchez COLIVENC Alicante | 30:24 | 2:14 2:14 21:11 | 3:20 1:06 22:21 | 4:24 1:04 23:06 | 5:01 0:37 25:37 | 5:08 0:07 27:26 | 6:15 1:07 29:10 | 6:49 0:34 30:30 | 7:08 0:19 30:39 | 9:58 2:50 | 10:32 0:34 | 10:40 0:08 | 12:43 2:03 | 16:50 4:07 | 20:20 3:30 | |
| 3 | 388 | Carla Guillen Escribà GO-XTREM Girona | 30:52 | 0:51 2:14 21:49 | 1:10 3:28 22:56 | 0:45 4:33 23:37 | 2:31 5:12 26:08 | 1:49 5:20 27:52 | 1:44 6:34 29:36 | 1:20 7:13 30:59 | 1:20 7:32 31:08 | 11:02 3:30 | 11:35 0:33 | 11:43 0:08 | 13:50 2:07 | 17:26 3:36 | 20:58 3:32 | |
| 4 | 402 | Esther Arias Enero PEÑA GUARA Huesca | 32:31 | 3:02 3:02 22:45 | 4:17 1:15 23:53 | 5:25 1:08 24:38 | 6:04 0:39 27:32 | 6:12 0:08 29:25 | 7:24 1:12 31:15 | 7:58 0:34 32:40 | 8:17 0:19 32:48 | 11:12 2:55 | 11:46 0:34 | 11:55 0:09 | 14:11 2:16 | 18:05 3:54 | 21:52 3:47 | |
| 5 | 487 | Uxue Fraile Azpeitia IMOS Guipúzcoa | 33:09 | 0:53 2:39 23:14 | 1:08 1:17 24:24 | 0:45 1:10 25:08 | 2:54 0:41 27:59 | 1:53 0:09 29:50 | 1:50 1:30 31:33 | 1:25 0:50 33:17 | 0:08 0:19 33:26 | 11:39 3:04 | 12:20 0:41 | 12:28 0:08 | 14:48 2:20 | 18:40 3:52 | 22:18 3:38 | |
| 6 | 335 | Berta Meseguer Flaqué UEVIC Barcelona | 34:11 | 0:56 2:29 2:29 | 1:10 3:50 1:21 | 0:44 5:03 1:13 | 2:51 5:47 0:44 | 1:51 5:55 0:08 | 1:43 7:22 1:27 | 1:44 8:07 0:45 | 0:09 8:26 0:19 | 11:36 3:10 | 12:12 0:36 | 12:21 0:09 | 14:51 2:30 | 19:17 4:26 | 23:12 3:55 | |
| 7 | 557 | Mª Dolores Bascon Osuna COHU FEDO | 35:52 | 0:58 2:31 25:47 | 1:17 3:50 26:57 | 0:45 5:02 27:47 | 2:56 5:44 30:43 | 1:58 5:52 32:42 | 1:47 7:12 34:37 | 1:26 8:02 35:59 | 0:09 8:26 36:09 | 13:09 4:43 | 13:46 0:37 | 13:55 0:09 | 16:16 2:21 | 20:46 4:30 | 24:56 4:10 | |
| 8 | 190 | Mónica Jiménez Jiménez IMPERDIBLE Madrid | 36:54 | 0:51 2:50 25:58 | 1:10 4:17 27:17 | 0:50 5:37 28:06 | 2:56 6:27 31:07 | 1:59 6:00 33:26 | 1:55 8:01 35:22 | 1:22 8:43 37:03 | 0:10 9:04 37:14 | 12:36 3:32 | 13:17 0:41 | 13:28 0:11 | 16:08 2:40 | 20:49 4:41 | 24:58 4:09 | |
| 9 | 187 | Estelle Petraman IMPERDIBLE Madrid | 37:43 | 1:00 2:54 26:58 | 1:19 4:27 28:16 | 0:49 5:52 29:06 | 3:01 6:45 32:08 | 2:19 6:55 34:14 | 1:56 8:22 36:13 | 1:41 9:03 37:55 | 0:11 9:26 38:06 | 12:59 3:33 | 13:42 0:43 | 13:55 0:13 | 16:46 2:51 | 21:43 4:57 | 25:57 4:14 | |
| H-12 (9) | | | | 1.2 km 5 m 13 C | | | | | | | | | | | | | | |
| | | | | 1(57) | 2(41) | 3(39) | 4(42) | 5(80) | 6(35) | 7(34) | 8(37) | 9(44) | 10(81) | 11(43) | 12(56) | 13(200) | F | |
| 1 | 263 | Jaime Tordera Moreno-Tomé TOLEDO-O Toledo | 12:07 | 1:12 1:12 | 1:55 0:43 | 2:40 0:45 | 3:36 0:56 | 4:39 1:03 | 5:57 1:18 | 6:34 0:37 | 7:47 1:13 | 8:41 0:54 | 9:31 0:50 | 10:04 0:33 | 11:18 1:14 | 11:58 0:40 | 12:07 0:09 | |
| 2 | 394 | Oscar Montejo Toll GO-XTREM Girona | 12:23 | 1:11 1:11 | 1:52 0:41 | 2:39 0:47 | 3:30 0:51 | 4:40 1:10 | 6:10 1:30 | 6:49 0:39 | 8:23 1:34 | 9:15 0:52 | 10:02 0:47 | 10:33 0:31 | 11:34 1:01 | 12:12 0:38 | 12:23 0:11 | |
| 3 | 509 | Ignacio Sanchez Muñoz NAVALCAN-O Navalcan | 13:08 | 1:41 1:41 | 2:28 0:47 | 3:16 0:48 | 4:04 0:48 | 5:09 1:05 | 6:29 1:20 | 7:09 0:40 | 8:33 1:24 | 9:33 1:00 | 10:31 0:58 | 11:04 0:33 | 12:11 1:07 | 12:55 0:44 | 13:08 0:13 | |

| Pos | Jorsal | Nombre | Tiempo | | | | | | | | | | | | | | |
|---|--------|---|------------------------|--------------|--------------|--------------|-------------|----------------|-----------------|-------------|-------------|-------------|--------------|--------------|-----------------|--------------|--------------|
| H-12 (9) | | | 1.2 km 5 m 13 C | | | | | <i>(cont.)</i> | | | | | | | | | |
| | | | 1(57) | 2(41) | 3(39) | 4(42) | 5(80) | 6(35) | 7(34) | 8(37) | 9(44) | 10(81) | 11(43) | 12(56) | 13(200) | F | |
| 4 | 631 | Julio Velez Muñoz ORCA PALENCIA | 13:21 | 1:22 | 2:04 | 2:58 | 3:48 | 4:51 | 6:19 | 7:01 | 8:30 | 9:26 | 10:27 | 10:57 | 12:13 | 13:12 | 13:21 |
| 5 | 532 | David Rojas Jiménez ALABARDA-O Madrid | 13:47 | 1:20 | 1:56 | 2:43 | 3:44 | 4:50 | 7:09 | 7:54 | 9:11 | 10:25 | 11:15 | 11:51 | 13:04 | 13:38 | 13:47 |
| 6 | 369 | Juan Cornejo García E D ALCON Leon | 14:04 | 1:20 | 0:36 | 0:47 | 1:01 | 1:06 | 2:19 | 0:45 | 1:17 | 1:14 | 0:50 | 0:36 | 1:13 | 0:34 | 0:09 |
| 7 | 366 | Pablo Lopez Estape E D ALCON Leon | 16:45 | 1:35 | 0:50 | 0:54 | 0:59 | 1:11 | 1:45 | 0:49 | 1:36 | 1:03 | 0:55 | 0:32 | 1:02 | 0:41 | 0:12 |
| 8 | 179 | Miguel Corral Suárez GOCAN Madrid | 29:05 | 1:57 | 0:49 | 0:55 | 1:07 | 2:22 | 1:52 | 0:52 | 1:31 | 1:20 | 1:09 | 0:32 | 1:17 | 0:46 | 0:16 |
| | 370 | Bruno Hermes Fernández E D ALCON Leon | or en tarj. | 3:52 | 4:30 | 5:15 | 5:56 | 7:00 | 18:19 | 18:48 | 19:55 | 20:37 | 21:23 | 27:10 | 28:14 | 28:56 | 29:05 |
| | | | | 1:30 | 2:17 | 3:14 | 4:03 | 5:27 | 7:13 | 7:53 | ----- | 10:02 | 10:59 | 11:32 | 12:50 | 13:33 | 13:43 |
| | | | | 1:30 | 0:47 | 0:57 | 0:49 | 1:24 | 1:46 | 0:40 | | 2:09 | 0:57 | 0:33 | 1:18 | 0:43 | 0:10 |
| H-14 (17) Partes anuladas: 59-60,60-59 | | | 3.1 km 5 m 16 C | | | | | | | | | | | | | | |
| | | | 1(40) | 2(56) | 3(81) | 4(58) | 5(59) | 6(60) | 7(77) | 8(79) | 9(76) | 10(78) | 11(60) | 12(59) | 13(46) | 14(37) | |
| 1 | 221 | Albert Acedo Casellas Oros Barcelona | 18:58 | 2:08 | 3:21 | 4:42 | 6:08 | 6:33 | 6:41 | 7:45 | 8:36 | 9:44 | 11:18 | 12:35 | 12:45 | 14:11 | 16:10 |
| | | | | 2:08 | 1:13 | 1:21 | 1:26 | 0:25 | 0:08 | 1:04 | 0:51 | 1:08 | 1:34 | 1:17 | 0:10 | 1:26 | 1:55 |
| | | | | 18:07 | 19:08 | 19:16 | | | | | | | | | | | |
| | | | | 1:57 | 1:01 | 0:10 | | | | | | | | | | | |
| 2 | 375 | Diego Llamazares Gutierrez E D ALCON Leon | 20:06 | 2:21 | 3:42 | 5:11 | 6:45 | 7:10 | 7:18 | 8:23 | 9:09 | 10:13 | 11:41 | 13:04 | 13:17 | 14:54 | 17:00 |
| | | | | 2:21 | 1:21 | 1:29 | 1:34 | 0:25 | 0:08 | 1:05 | 0:46 | 1:04 | 1:28 | 1:23 | 0:13 | 1:37 | 2:06 |
| | | | | 19:00 | 20:18 | 20:27 | | | | | | | | | | | |
| | | | | 2:00 | 1:18 | 0:09 | | | | | | | | | | | |
| 3 | 363 | Cosme Sánchez Dorado E D ALCON Leon | 20:18 | 2:39 | 4:02 | 5:20 | 6:52 | 7:15 | 7:25 | 8:29 | 9:26 | 10:31 | 12:14 | 13:28 | 13:37 | 15:02 | 17:09 |
| | | | | 2:39 | 1:23 | 1:18 | 1:32 | 0:23 | 0:10 | 1:04 | 0:57 | 1:05 | 1:43 | 1:14 | 0:09 | 1:25 | 2:07 |
| | | | | 19:18 | 20:27 | 20:37 | | | | | | | | | | | |
| | | | | 2:09 | 1:09 | 0:10 | | | | | | | | | | | |
| 4 | 314 | Enrique Alonso Fernández COV Valladolid | 20:46 | 2:10 | 3:29 | 4:55 | 6:38 | 7:05 | 7:20 | 8:32 | 9:29 | 10:44 | 12:32 | 13:49 | 13:55 | 15:27 | 17:41 |
| | | | | 2:10 | 1:19 | 1:26 | 1:43 | 0:27 | 0:15 | 1:12 | 0:57 | 1:15 | 1:48 | 1:17 | 0:06 | 1:32 | 2:14 |
| | | | | 19:52 | 20:58 | 21:07 | | | | | | | | | | | |
| | | | | 2:11 | 1:06 | 0:09 | | | | | | | | | | | |
| 5 | 246 | Jesús Rodríguez Corrochano TOLEDO-O Toledo | 21:55 | 2:50 | 4:20 | 5:55 | 7:34 | 7:56 | 8:05 | 9:18 | 10:17 | 11:32 | 13:25 | 14:55 | 15:02 | 16:40 | 18:47 |
| | | | | 2:50 | 1:30 | 1:35 | 1:39 | 0:22 | 0:09 | 1:13 | 0:59 | 1:15 | 1:53 | 1:30 | 0:07 | 1:38 | 2:07 |
| | | | | 20:47 | 22:00 | 22:11 | | | | | | | | | | | |
| | | | | 2:00 | 1:13 | 0:11 | | | | | | | | | | | |
| 6 | 313 | Felipe Hermida Arias COV Valladolid | 22:28 | 2:19 | 3:55 | 5:35 | 7:21 | 7:45 | 8:00 | 9:25 | 10:26 | 11:57 | 13:44 | 15:09 | 15:18 | 16:54 | 19:12 |
| | | | | 2:19 | 1:36 | 1:40 | 1:46 | 0:24 | 0:15 | 1:25 | 1:01 | 1:31 | 1:47 | 1:25 | 0:09 | 1:36 | 2:18 |
| | | | | 21:26 | 22:42 | 22:52 | | | | | | | | | | | |
| | | | | 2:14 | 1:16 | 0:10 | | | | | | | | | | | |
| 7 | 459 | Nils Javier Elbing LA BRUJULA Asturias | 23:42 | 2:33 | 4:06 | 5:52 | 7:35 | 7:58 | 8:14 | 9:56 | 11:30 | 12:44 | 14:44 | 16:18 | 16:30 | 18:17 | 20:35 |
| | | | | 2:33 | 1:33 | 1:46 | 1:43 | 0:23 | 0:16 | 1:42 | 1:34 | 1:14 | 2:00 | 1:34 | 0:12 | 1:47 | 2:18 |
| | | | | 22:48 | 24:02 | 24:10 | | | | | | | | | | | |
| | | | | 2:13 | 1:14 | 0:08 | | | | | | | | | | | |
| 8 | 315 | Diego Lázaro De Juan COV Valladolid | 24:25 | 3:27 | 4:53 | 6:30 | 8:02 | 8:22 | 8:32 | 9:37 | 11:05 | 12:11 | 13:49 | 15:11 | 15:18 | ----- | 20:49 |
| | | | | 3:27 | 1:26 | 1:37 | 1:32 | 0:20 | 0:10 | 1:05 | 1:28 | 1:06 | 1:38 | 1:22 | 0:07 | | 5:31 |
| | | | | 23:23 | 24:33 | 24:42 | | | | | | | | | | | |
| | | | | 2:34 | 1:10 | 0:09 | | | | | | | | | | | |
| 9 | 460 | Rubén Pedrayes Granda LA BRUJULA Asturias | 26:01 | 3:31 | 4:58 | 8:27 | 11:01 | 12:04 | 12:10 | 13:14 | 14:18 | 15:25 | 16:46 | 18:03 | 18:17 | 19:58 | 22:26 |
| | | | | 3:31 | 1:27 | 3:29 | 2:34 | 1:03 | 0:06 | 1:04 | 1:04 | 1:07 | 1:21 | 1:17 | 0:14 | 1:41 | 2:28 |
| | | | | 24:43 | 26:10 | 26:21 | | | | | | | | | | | |
| | | | | 2:17 | 1:27 | 0:11 | | | | | | | | | | | |
| 10 | 265 | Alex Tordera Moreno-Tomé TOLEDO-O Toledo | 26:29 | 4:46 | 6:22 | 8:05 | 10:06 | 10:31 | 10:39 | 11:50 | 12:53 | 14:07 | 16:03 | 17:44 | 17:57 | 19:49 | 22:39 |
| | | | | 4:46 | 1:36 | 1:43 | 2:01 | 0:25 | 0:08 | 1:11 | 1:03 | 1:14 | 1:56 | 1:41 | 0:13 | 1:52 | 2:50 |
| | | | | 25:23 | 26:39 | 26:50 | | | | | | | | | | | |
| | | | | 2:44 | 1:16 | 0:11 | | | | | | | | | | | |
| 11 | 368 | David García Álvaro E D ALCON Leon | 29:17 | 2:55 | 4:32 | 6:37 | 11:33 | 12:22 | 12:40 | 14:15 | 15:20 | 16:56 | 19:19 | 21:02 | 21:14 | 23:01 | 25:43 |
| | | | | 2:55 | 1:37 | 2:05 | 4:56 | 0:49 | 0:18 | 1:35 | 1:05 | 1:36 | 2:23 | 1:43 | 0:12 | 1:47 | 2:42 |
| | | | | 28:20 | 29:37 | 29:47 | | | | | | | | | | | |
| | | | | 2:37 | 1:17 | 0:10 | | | | | | | | | | | |
| 12 | 481 | Gonzalo Prada Aroca CDP-O Valladolid | 32:05 | 5:19 | 6:56 | 9:45 | 12:56 | 13:51 | 14:01 | 15:39 | 17:05 | 18:37 | 21:21 | 22:44 | 23:01 | 24:53 | 27:49 |
| | | | | 5:19 | 1:37 | 2:49 | 3:11 | 0:55 | 0:10 | 1:38 | 1:26 | 1:32 | 2:44 | 1:23 | 0:17 | 1:52 | 2:56 |
| | | | | 30:44 | 32:18 | 32:32 | | | | | | | | | | | |
| | | | | 2:55 | 1:34 | 0:14 | | | | | | | | | | | |
| 13 | 576 | Pelayo García Acevedo FEDO FEDO | 32:57 | 3:38 | 5:04 | 13:57 | 16:34 | 17:37 | 18:43 | 19:52 | 21:44 | 22:51 | 24:39 | 25:53 | 26:00 | 27:42 | 30:42 |
| | | | | 3:38 | 1:26 | 8:53 | 2:37 | 1:03 | 1:06 | 1:09 | 1:52 | 1:07 | 1:48 | 1:14 | 0:07 | 1:42 | 3:00 |
| | | | | 32:48 | 34:02 | 34:10 | | | | | | | | | | | |
| | | | | 2:06 | 1:14 | 0:08 | | | | | | | | | | | |
| 14 | 364 | Darío Fidalgo Casares E D ALCON Leon | 33:52 | 2:57 | 5:01 | 7:19 | 9:59 | 10:22 | 10:36 | 12:59 | 14:45 | 16:46 | 19:34 | 21:37 | 21:45 | 24:25 | 27:13 |
| | | | | 2:57 | 2:04 | 2:18 | 2:40 | 0:23 | 0:14 | 2:23 | 1:46 | 2:01 | 2:48 | 2:03 | 0:08 | 2:40 | 2:48 |
| | | | | 32:44 | 34:03 | 34:14 | | | | | | | | | | | |
| | | | | 5:31 | 1:19 | 0:11 | | | | | | | | | | | |
| 15 | 367 | Victor Sierra Fernandez E D ALCON Leon | 35:33 | 9:53 | 11:45 | 13:55 | 16:23 | 16:44 | 16:51 | 18:15 | 19:34 | 21:02 | 23:08 | 24:57 | 25:03 | 27:49 | 30:51 |
| | | | | 9:53 | 1:52 | 2:10 | 2:28 | 0:21 | 0:07 | 1:24 | 1:19 | 1:28 | 2:06 | 1:49 | 0:06 | 2:46 | 3:02 |
| | | | | 34:16 | 35:36 | 35:46 | | | | | | | | | | | |
| | | | | 3:25 | 1:20 | 0:10 | | | | | | | | | | | |
| 16 | 483 | Alvaro Cisneros Sanz CDP-O Valladolid | 49:47 | 4:46 | 7:25 | 10:35 | 15:35 | 16:36 | 16:54 | 19:46 | 22:51 | 25:51 | 29:36 | 32:46 | 32:52 | ----- | 42:56 |
| | | | | 4:46 | 2:39 | 3:10 | 5:00 | 1:01 | 0:18 | 2:52 | 3:05 | 3:00 | 3:45 | 3:10 | 0:06 | | 10:04 |
| | | | | 47:37 | 49:59 | 50:11 | | | | | | | | | | | |
| | | | | 4:41 | 2:22 | 0:12 | | | | | | | | | | | |
| | 178 | Carlos Corral Suárez GOCAN Madrid | or en tarj. | 2:06 | 3:22 | 4:48 | 6:16 | 6:40 | 6:49 | 7:52 | 8:50 | 9:57 | 11:15 | 12:34 | 12:43 | ----- | 16:16 |
| | | | | 2:06 | 1:16 | 1:26 | 1:28 | 0:24 | 0:09 | 1:03 | 0:58 | 1:07 | 1:18 | 1:19 | 0:09 | | 3:33 |
| | | | | | | | | | | | | | | | | | |

| Pos | Jorsal | Nombre | Tiempo | | | | | | | | | | | | | | |
|---|--------|---|--------|-------------------------|-------------|-----------------|-------------|-------------|-------------|-------------|-------------|-----------------|-------------|-------------|-------------|-------------|-----------------|
| H-16 (14) Partes anuladas: 59-60,63-64,74-73 | | | | 4.6 km 10 m 21 C | | | | | | | | | | | | | |
| | | | | 1(35) | 2(31) | 3(56) | 4(33) | 5(36) | 6(46) | 7(58) | 8(59) | 9(60) | 10(77) | 11(79) | 12(76) | 13(74) | 14(73) |
| | | | | 15(69) | 16(63) | 17(64) | 18(61) | 19(81) | 20(43) | 21(200) | F | | | | | | |
| 1 | 359 | Santiago Treceño Boto E D ALCON Leon | 28:31 | 3:51 | 4:31 | 6:25 | 8:31 | 10:22 | 12:48 | 13:57 | 14:16 | 14:25 | 15:28 | 16:21 | 17:21 | 18:04 | 18:16 |
| | | | | 3:51 | 0:40 | 1:54 | 2:06 | 1:51 | 2:26 | 1:09 | 0:19 | 0:09 | 1:03 | 0:53 | 1:00 | 0:43 | 0:42 |
| | | | | 20:14 | 22:25 | 22:34 | 24:25 | 26:57 | 27:23 | 28:51 | 29:01 | | | | | | |
| | | | | 1:58 | 2:11 | 0:09 | 1:51 | 2:32 | 0:26 | 1:28 | 0:10 | | | | | | |
| 2 | 157 | Borja Vila Sempere COLIVENC Alicante | 29:08 | 3:23 | 3:59 | 5:57 | 7:40 | 9:36 | ----- | 13:52 | 14:15 | 14:24 | 15:36 | 16:33 | 17:38 | 18:18 | 18:33 |
| | | | | 3:23 | 0:36 | 1:58 | 1:43 | 1:56 | ----- | 4:16 | 0:23 | 0:09 | 1:12 | 0:57 | 1:05 | 0:40 | 0:46 |
| | | | | 20:12 | 22:35 | 22:44 | 24:53 | 27:32 | 28:01 | 29:30 | 29:41 | | | | | | |
| | | | | 1:39 | 2:23 | 0:09 | 2:09 | 2:39 | 0:29 | 1:29 | 0:11 | | | | | | |
| 3 | 348 | Pablo González Barahona E D ALCON Leon | 29:26 | 4:07 | 4:45 | 7:02 | 8:57 | 11:00 | 13:32 | 14:38 | 15:00 | 15:11 | 16:13 | 17:09 | 18:09 | 18:49 | 19:07 |
| | | | | 4:07 | 0:38 | 2:17 | 1:55 | 2:03 | 2:32 | 1:06 | 0:22 | 0:11 | 1:02 | 0:56 | 1:00 | 0:40 | 0:46 |
| | | | | 21:12 | 23:38 | 24:42 | 26:34 | 28:56 | 29:23 | 30:51 | 30:59 | | | | | | |
| | | | | 2:05 | 2:26 | 1:04 | 1:52 | 2:22 | 0:27 | 1:28 | 0:08 | | | | | | |
| 4 | 118 | Carlos Benítez Macias O-CIUDAD R Ciudad Real | 29:52 | 3:37 | 4:15 | 6:13 | 7:55 | 9:44 | 12:17 | 13:38 | 13:57 | 14:04 | 15:14 | 16:20 | 17:35 | 18:25 | 18:37 |
| | | | | 3:37 | 0:38 | 1:58 | 1:42 | 1:49 | 2:33 | 1:21 | 0:19 | 0:07 | 1:10 | 1:06 | 1:15 | 0:50 | 0:42 |
| | | | | 20:56 | 23:25 | 23:38 | 25:41 | 28:14 | 28:48 | 30:15 | 30:24 | | | | | | |
| | | | | 2:19 | 2:29 | 0:13 | 2:03 | 2:33 | 0:34 | 1:27 | 0:09 | | | | | | |
| 5 | 548 | Manuel López Ruiz O-SAN ROQU Cádiz | 31:22 | 3:29 | 4:14 | 6:32 | 8:23 | 10:24 | 13:41 | 14:53 | 15:17 | 15:24 | 16:36 | 17:38 | 19:00 | 19:48 | 20:06 |
| | | | | 3:29 | 0:45 | 2:18 | 1:51 | 2:01 | 3:17 | 1:12 | 0:24 | 0:07 | 1:12 | 1:02 | 1:22 | 0:48 | 0:46 |
| | | | | 22:12 | 24:42 | 25:19 | 27:21 | 30:01 | 30:32 | 32:14 | 32:24 | | | | | | |
| | | | | 2:06 | 2:30 | 0:37 | 2:02 | 2:40 | 0:31 | 1:42 | 0:10 | | | | | | |
| 6 | 351 | Miguel Moreno Martín E D ALCON Leon | 31:28 | 4:09 | 4:47 | 6:46 | 8:38 | 10:44 | 13:47 | 14:53 | 15:12 | 15:27 | 16:32 | 17:53 | 18:59 | 19:34 | 20:04 |
| | | | | 4:09 | 0:38 | 1:59 | 1:52 | 2:06 | 3:03 | 1:06 | 0:19 | 0:15 | 1:05 | 1:21 | 1:06 | 0:35 | 0:36 |
| | | | | 22:23 | 24:49 | 25:43 | 27:48 | 30:56 | 31:27 | 32:57 | 33:07 | | | | | | |
| | | | | 2:19 | 2:26 | 0:54 | 2:05 | 3:08 | 0:31 | 1:30 | 0:10 | | | | | | |
| 7 | 454 | Felipe Sordo Alonso LA BRUJULA Asturias | 31:36 | 3:42 | 4:19 | 6:17 | 8:01 | 9:49 | 12:12 | 13:16 | 13:32 | 13:49 | 18:05 | 19:08 | 20:04 | 20:37 | 21:02 |
| | | | | 3:42 | 0:37 | 1:58 | 1:44 | 1:48 | 2:23 | 1:04 | 0:16 | 0:17 | 4:16 | 1:03 | 0:56 | 0:33 | 0:26 |
| | | | | 23:02 | 25:24 | 25:47 | 27:48 | 30:31 | 31:00 | 32:33 | 32:41 | | | | | | |
| | | | | 2:00 | 2:22 | 0:23 | 2:01 | 2:43 | 0:29 | 1:33 | 0:08 | | | | | | |
| 8 | 458 | Oscar Martínez Alvarez LA BRUJULA Asturias | 31:57 | 9:26 | 9:58 | 11:44 | 13:15 | 14:51 | 17:31 | 18:38 | 19:01 | 19:11 | 20:07 | 21:15 | 22:07 | 22:53 | 23:07 |
| | | | | 9:26 | 0:32 | 1:46 | 1:31 | 1:36 | 2:40 | 1:07 | 0:23 | 0:10 | 0:56 | 1:08 | 0:52 | 0:46 | 0:44 |
| | | | | 24:35 | 26:20 | 26:41 | 28:21 | 30:41 | 31:04 | 32:32 | 32:42 | | | | | | |
| | | | | 1:28 | 1:45 | 0:21 | 1:40 | 2:20 | 0:23 | 1:28 | 0:10 | | | | | | |
| 9 | 490 | Jorge Rodríguez Alonso VIA PLATA Cáceres | 32:13 | 3:34 | 4:10 | 6:02 | 7:43 | 9:47 | 12:37 | 13:55 | 14:15 | 14:23 | 15:37 | 16:39 | 18:06 | 18:54 | 19:11 |
| | | | | 3:34 | 0:36 | 1:52 | 1:41 | 2:04 | 2:50 | 1:18 | 0:20 | 0:08 | 1:14 | 1:02 | 1:27 | 0:48 | 0:47 |
| | | | | 22:12 | 25:06 | 25:16 | 27:51 | 30:31 | 31:01 | 32:38 | 32:48 | | | | | | |
| | | | | 3:01 | 2:54 | 0:10 | 2:35 | 2:40 | 0:30 | 1:37 | 0:10 | | | | | | |
| 10 | 256 | Nicolás Patiño Déniz TOLEDO-O Toledo | 33:37 | 4:18 | 4:56 | 7:18 | 9:26 | 11:34 | 14:39 | 15:55 | 16:22 | 16:32 | 17:50 | 18:50 | 20:08 | 21:01 | 21:13 |
| | | | | 4:18 | 0:38 | 2:22 | 2:08 | 2:08 | 3:05 | 1:16 | 0:27 | 0:10 | 1:18 | 1:00 | 1:18 | 0:53 | 0:42 |
| | | | | 23:21 | 26:19 | 26:34 | 28:35 | 31:46 | 32:19 | 34:05 | 34:14 | | | | | | |
| | | | | 2:08 | 2:58 | 0:15 | 2:01 | 3:11 | 0:33 | 1:46 | 0:09 | | | | | | |
| 11 | 529 | Daniel Ascacibar Higes RIOJA-O La Rioja | 33:49 | 3:55 | 4:36 | 6:55 | 8:52 | 10:54 | 14:19 | 15:30 | 15:54 | 16:01 | 17:11 | 18:27 | 19:32 | 20:38 | 20:48 |
| | | | | 3:55 | 0:41 | 2:19 | 1:57 | 2:02 | 3:25 | 1:11 | 0:24 | 0:07 | 1:10 | 1:16 | 1:05 | 1:06 | 0:16 |
| | | | | 24:02 | 26:24 | 26:38 | 28:52 | 32:05 | 32:32 | 34:10 | 34:20 | | | | | | |
| | | | | 3:14 | 2:22 | 0:14 | 2:14 | 3:13 | 0:27 | 1:38 | 0:10 | | | | | | |
| 12 | 153 | Ismael Ramal Barea COLIVENC Alicante | 34:51 | 4:28 | 5:14 | 7:39 | 9:52 | 12:10 | 15:07 | 16:39 | 17:02 | 17:16 | 18:32 | 19:35 | 21:03 | 21:48 | 22:11 |
| | | | | 4:28 | 0:46 | 2:25 | 2:13 | 2:18 | 2:57 | 1:32 | 0:23 | 0:14 | 1:16 | 1:03 | 1:28 | 0:45 | 0:23 |
| | | | | 24:19 | 27:09 | 27:47 | 30:09 | 33:18 | 33:54 | 35:52 | 36:06 | | | | | | |
| | | | | 2:08 | 2:50 | 0:38 | 2:22 | 3:09 | 0:36 | 1:58 | 0:14 | | | | | | |
| 13 | 318 | Antonio Alonso Muñoz COV Valladolid | 36:45 | 4:23 | 6:03 | 8:29 | 10:44 | 13:06 | 16:18 | 17:46 | 18:16 | 18:25 | 19:45 | 21:12 | 22:28 | 23:16 | 23:28 |
| | | | | 4:23 | 1:40 | 2:26 | 2:15 | 2:22 | 3:12 | 1:28 | 0:30 | 0:09 | 1:20 | 1:27 | 1:16 | 0:48 | 0:42 |
| | | | | 25:57 | 28:47 | 28:56 | 31:26 | 34:41 | 35:15 | 37:06 | 37:15 | | | | | | |
| | | | | 2:29 | 2:50 | 0:09 | 2:30 | 3:15 | 0:34 | 1:51 | 0:09 | | | | | | |
| 14 | 625 | Javier de la Mata Mandado CODAN EXTR Badajoz | 37:16 | 4:35 | 5:15 | 7:32 | 11:06 | 13:28 | 16:27 | 18:05 | 18:43 | 18:54 | 20:31 | 21:55 | 23:22 | 24:15 | 24:29 |
| | | | | 4:35 | 0:40 | 2:17 | 3:34 | 2:22 | 2:59 | 1:38 | 0:38 | 0:11 | 1:37 | 1:24 | 1:27 | 0:53 | 0:44 |
| | | | | 26:36 | 29:22 | 29:35 | 32:13 | 35:18 | 35:51 | 37:42 | 37:54 | | | | | | |
| | | | | 2:07 | 2:46 | 0:13 | 2:38 | 3:05 | 0:33 | 1:51 | 0:12 | | | | | | |

| | | | | | | | | | | | | | | | | | |
|--|-----|--|-------|-------------------------|-------------|-------------|-------------|-------------|-----------------|-------------|-------------|-------------|-------------|-------------|-------------|-----------------|-------------|
| H-18A (11) Partes anuladas: 48-47,49-50 | | | | 4.6 km 10 m 19 C | | | | | | | | | | | | | |
| | | | | 1(45) | 2(36) | 3(38) | 4(43) | 5(48) | 6(47) | 7(52) | 8(54) | 9(55) | 10(53) | 11(51) | 12(49) | 13(50) | 14(31) |
| | | | | 15(58) | 16(61) | 17(80) | 18(41) | 19(200) | F | | | | | | | | |
| 1 | 339 | Luis Sánchez Serrano VILLENAL-O Alicante | 25:28 | 3:22 | 4:49 | 5:53 | 6:38 | 8:03 | 8:10 | 9:10 | 9:46 | 10:21 | 10:58 | 13:46 | 14:16 | 14:24 | 16:07 |
| | | | | 3:22 | 1:27 | 1:04 | 0:45 | 1:25 | 0:07 | 1:00 | 0:36 | 0:35 | 0:37 | 2:48 | 0:30 | 0:08 | 1:43 |
| | | | | 19:43 | 20:41 | 23:09 | 24:35 | 25:34 | 25:43 | | | | | | | | |
| | | | | 3:36 | 0:58 | 2:28 | 1:26 | 0:59 | 0:09 | | | | | | | | |
| 2 | 362 | José María Sáez Álvarez E D ALCON Leon | 26:19 | 3:33 | 5:08 | 6:22 | 7:18 | 8:56 | 9:05 | 10:12 | 10:55 | 11:30 | 12:13 | 14:34 | 15:09 | 15:24 | 17:09 |
| | | | | 3:33 | 1:35 | 1:14 | 0:56 | 1:38 | 0:09 | 1:07 | 0:43 | 0:35 | 0:43 | 2:21 | 0:35 | 0:15 | 1:45 |
| | | | | 20:25 | 21:18 | 23:57 | 25:34 | 26:34 | 26:43 | | | | | | | | |
| | | | | 3:16 | 0:53 | 2:39 | 1:37 | 1:00 | 0:09 | | | | | | | | |
| 3 | 419 | Eduardo Gil Marcos TJALVE Burgos | 26:31 | 4:28 | 5:59 | 7:11 | 7:58 | 9:26 | 9:34 | 10:47 | 11:23 | 12:00 | 12:42 | 15:00 | 15:35 | 16:16 | 17:54 |
| | | | | 4:28 | 1:31 | 1:12 | 0:47 | 1:28 | 0:08 | 1:13 | 0:36 | 0:37 | 0:42 | 2:18 | 0:35 | 0:11 | 1:36 |
| | | | | 20:58 | 21:53 | 24:29 | 26:05 | 27:11 | 27:20 | | | | | | | | |
| | | | | 3:04 | 0:55 | 2:36 | 1:36 | 1:06 | 0:09 | | | | | | | | |
| 4 | 526 | Rubén Pérez Pérez RIOJA-O La Rioja | 27:09 | 3:42 | 5:16 | 6:26 | 7:15 | 8:46 | 8:52 | 10:02 | 10:41 | 11:23 | 12:07 | 14:24 | 14:57 | 15:23 | 17:23 |
| | | | | 3:42 | 1:34 | 1:10 | 0:49 | 1:31 | 0:06 | 1:10 | 0:39 | 0:42 | 0:44 | 2:17 | 0:33 | 0:26 | 2:00 |
| | | | | 21:12 | 22:10 | 24:54 | 26:29 | 27:33 | 27:41 | | | | | | | | |
| | | | | 3:49 | 0:58 | 2:44 | 1:35 | 1:04 | 0:08 | | | | | | | | |
| 5 | 478 | Cristian Villalba Arenas CDP-O Valladolid | 28:06 | 3:38 | 5:12 | 6:32 | 7:23 | 9:02 | 9:10 | 10:57 | 11:38 | 12:20 | 13:12 | 15:35 | 16:11 | 17:14 | 18:57 |
| | | | | 3:38 | 1:34 | 1:20 | 0:51 | 1:39 | 0:08 | 1:47 | 0:41 | 0:42 | 0:52 | 2:23 | 0:36 | 1:03 | 1:43 |
| | | | | 22:15 | 23:13 | 26:20 | 28:06 | 29:08 | 29:17 | | | | | | | | |
| | | | | 3:18 | 0:58 | 3:07 | 1:46 | 1:02 | 0:09 | | | | | | | | |
| 6 | 140 | Rubèn Méndez Fornies COC Barcelona | 29:33 | 4:57 | 6:48 | 8:09 | 9:01 | 10:37 | 11:03 | 12:12 | 12:51 | 13:33 | 14:18 | 17:13 | 17:48 | 17:56 | 19:53 |
| | | | | 4:57 | 1:51 | 1:21 | 0:52 | 1:36 | 0:26 | 1:09 | 0:39 | 0:42 | 0:45 | 2:55 | 0:35 | 0:08 | 1:57 |
| | | | | 23:36 | 24:34 | 27: | | | | | | | | | | | |

| Pos | Jorsal | Nombre | Tiempo | | | | | | | | | | | | | | |
|---|--------|---|-------------|--|---|--|--|---|---|--|---|--|--|---|---|---|---|
| H-18A (11) Partes anuladas: 48-47,49-50 | | | | 4.6 km 10 m 19 C | | | | | | | <i>(cont.)</i> | | | | | | |
| | | | | 1(45) 15(58) | 2(36) 16(61) | 3(38) 17(80) | 4(43) 18(41) | 5(48) 19(200) | 6(47) F | 7(52) | 8(54) | 9(55) | 10(53) | 11(51) | 12(49) | 13(50) | 14(31) |
| 8 | 262 | Daniel Ríos De Loro TOLEDO-O Toledo | 34:04 | 4:27 4:27 25:39 4:17 | 6:18 1:51 26:47 1:08 | 7:42 1:24 29:59 3:12 | 8:47 1:05 32:53 2:54 | 10:51 2:04 34:21 1:28 | 11:01 0:40 34:29 0:08 | 12:36 1:35 | 13:19 0:43 | 14:11 0:52 | 15:03 0:52 | 18:06 3:03 | 18:56 0:50 | 19:11 0:45 | 21:22 2:11 |
| 9 | 141 | Enric Dedeu Civit COC Barcelona | 35:28 | 5:25 5:25 27:45 3:54 | 7:16 1:51 28:50 1:05 | 8:37 1:21 32:12 3:22 | 9:35 0:58 34:20 2:08 | 11:20 1:45 35:40 1:20 | 11:29 0:09 35:50 0:10 | 14:43 3:14 | 15:28 0:45 | 16:16 0:48 | 17:02 0:46 | 20:31 3:29 | 21:14 0:43 | 21:27 0:43 | 23:51 2:24 |
| 10 | 525 | Javier Hernández Sánchez RIOJA-O La Rioja | 40:24 | 5:10 5:10 31:26 7:16 | 7:21 2:11 32:57 1:31 | 8:59 1:38 37:00 4:03 | 10:06 1:07 39:17 2:17 | 12:10 2:04 40:43 1:26 | 12:24 0:44 40:53 0:10 | 13:55 1:31 | 15:37 1:42 | 16:27 0:50 | 17:30 1:03 | 20:37 3:07 | 21:25 0:48 | 21:40 0:45 | 24:10 2:30 |
| | 180 | Álvaro Corral Suárez GOCAN Madrid | or en tarj. | 4:24 4:24 21:54 4:11 | 5:52 1:28 ----- 1:15 | 7:02 1:10 24:07 2:13 | 7:47 0:45 25:43 1:36 | 9:16 1:29 26:41 0:58 | 9:25 0:09 26:50 0:09 | 10:32 1:07 | 11:11 0:39 | 11:50 0:39 | 12:30 0:40 | 15:11 2:41 | 15:44 0:33 | 15:58 0:44 | 17:43 1:45 |
| H-20A (12) Partes anuladas: 48-47,49-50,60-59,64-63,73-7 | | | | 7.0 km 10 m 30 C | | | | | | | | | | | | | |
| | | | | 1(36) 15(71) 29(42) | 2(48) 16(72) 30(200) | 3(47) 17(73) F | 4(52) 18(74) | 5(54) 19(76) | 6(53) 20(79) | 7(55) 21(77) | 8(51) 22(78) | 9(49) 23(60) | 10(50) 24(59) | 11(62) 25(58) | 12(82) 26(43) | 13(64) 27(31) | 14(63) 28(33) |
| 1 | 357 | Samuel Sáez Álvarez E D ALCON Leon | 37:29 | 4:02 4:02 24:04 3:12 37:37 1:13 | 5:09 1:07 25:23 1:19 38:22 0:45 | 5:16 0:07 27:40 2:17 38:31 0:09 | 6:29 1:13 27:49 0:09 38:43 5:52 | 7:05 0:36 28:21 0:32 39:09 6:29 | 7:25 0:20 29:25 1:04 0:57 | 8:08 0:43 30:07 0:42 | 10:59 2:51 30:29 0:22 | 11:30 0:31 31:39 1:10 | 11:44 0:44 31:45 0:06 | 17:28 5:44 32:06 0:21 | 19:59 2:31 33:53 1:47 | 20:26 0:27 35:25 1:32 | 20:52 0:26 36:24 0:59 |
| 2 | 241 | Ricardo García Dengra TOLEDO-O Toledo | 37:32 | 3:35 3:35 23:30 3:28 37:20 1:12 | 4:40 1:05 24:53 1:23 38:09 0:49 | 4:49 0:09 27:18 2:25 38:18 0:09 | 1:03 0:40 27:28 0:40 38:43 0:08 | 6:29 0:37 27:56 0:28 0:57 5:55 | 6:54 0:25 28:53 0:57 5:54 5:53 | 7:43 0:49 29:39 0:46 0:42 5:53 | 10:36 2:53 30:01 0:22 0:53 5:53 | 11:10 0:34 31:15 1:14 0:07 5:53 | 11:19 0:09 31:23 0:08 0:20 0:21 | 16:52 5:33 31:43 0:20 0:21 0:21 | 19:25 2:33 33:34 1:51 0:27 1:40 | 19:52 0:27 35:11 1:37 0:27 1:26 | 20:02 0:40 36:08 0:57 0:56 0:56 |
| 3 | 384 | Marc Serrallonga Arqués GO-XTREM Girona | 37:42 | 3:18 3:18 24:51 3:06 37:47 1:08 | 4:19 1:01 26:08 1:17 38:35 0:48 | 4:26 0:07 28:20 2:12 38:43 0:08 | 7:25 2:59 28:39 0:49 38:43 0:08 | 7:59 0:34 29:05 0:26 5:18 5:55 | 8:17 0:18 30:02 0:57 5:54 5:54 | 9:00 0:43 30:44 0:42 6:39 5:53 | 11:52 2:52 31:05 0:21 0:42 5:53 | 12:25 0:33 32:09 1:04 6:39 5:53 | 12:41 0:46 32:16 0:07 6:39 5:53 | 18:37 5:56 32:37 0:21 1:40 1:26 | 21:06 2:29 34:17 1:40 1:26 0:56 | 21:33 0:27 35:43 1:32 0:27 1:26 | 21:45 0:42 36:39 0:59 0:56 0:56 |
| 4 | 347 | Sergio Alberto Peña Pérez E D ALCON Leon | 40:25 | 3:52 3:52 25:02 3:44 40:11 1:56 | 5:02 1:10 26:30 1:28 40:58 0:47 | 5:11 0:09 28:56 2:26 41:06 0:08 | 6:18 1:07 29:06 0:40 41:06 0:08 | 6:59 0:41 29:38 0:32 41:06 0:08 | 7:21 0:22 30:38 1:00 41:06 0:08 | 8:00 0:39 31:22 0:44 41:06 0:08 | 10:48 2:48 31:42 0:20 41:06 0:08 | 11:25 0:37 33:01 1:19 41:06 0:08 | 11:32 0:07 33:06 0:05 41:06 0:08 | 17:51 6:19 33:29 0:23 41:06 0:08 | 20:38 2:47 35:26 1:57 41:06 0:08 | 21:08 0:30 37:07 1:41 41:06 0:08 | 21:18 0:40 38:15 1:08 0:08 0:08 |
| 5 | 152 | Iván Ramal Barea COLIVENC Alicante | 40:33 | 3:36 3:36 25:51 3:25 40:49 1:25 | 4:45 1:09 27:18 1:27 41:39 0:50 | 4:54 0:09 29:48 2:30 41:47 0:08 | 7:55 3:01 30:16 0:28 41:47 0:08 | 8:31 0:36 30:48 0:32 41:47 0:08 | 8:50 0:19 31:54 1:06 41:47 0:08 | 9:34 0:44 32:44 0:50 41:47 0:08 | 12:27 2:53 33:04 0:20 41:47 0:08 | 13:02 0:35 34:17 1:13 41:47 0:08 | 13:13 0:44 34:27 0:40 41:47 0:08 | 19:09 5:56 34:48 0:21 41:47 0:08 | 21:40 2:31 36:41 1:53 41:47 0:08 | 22:10 0:30 38:18 1:37 41:47 0:08 | 22:26 0:46 39:24 1:06 0:08 0:08 |
| 6 | 135 | Gerard Serrallonga Amigó COC Barcelona | 41:58 | 3:30 3:30 26:27 5:11 41:56 1:18 | 4:41 1:11 27:57 1:30 42:50 0:54 | 4:51 0:40 30:33 2:36 43:00 0:10 | 6:01 1:10 30:44 0:44 43:00 0:10 | 6:42 0:41 31:42 0:58 43:00 0:10 | 7:02 0:20 32:42 1:00 43:00 0:10 | 7:47 0:45 33:40 0:58 43:00 0:10 | 10:45 2:58 34:15 0:35 43:00 0:10 | 11:26 0:41 35:32 1:17 43:00 0:10 | 11:35 0:09 35:39 0:07 43:00 0:10 | 17:34 5:59 36:01 0:22 43:00 0:10 | 20:22 2:48 37:54 1:53 43:00 0:10 | 20:51 0:29 39:31 1:37 43:00 0:10 | 21:16 0:25 40:38 1:07 0:08 0:08 |
| 7 | 258 | Carlos Vera Guerrero TOLEDO-O Toledo | 41:59 | 4:13 4:13 26:48 3:46 41:51 1:17 | 5:30 1:17 28:17 1:29 42:49 0:58 | 5:38 0:08 30:49 2:32 42:49 0:58 | 7:03 1:25 31:02 0:43 42:49 0:58 | 7:50 0:47 31:34 0:32 42:49 0:58 | 8:11 0:21 32:45 1:11 42:49 0:58 | 8:59 0:48 33:40 0:55 42:49 0:58 | 12:04 3:05 34:04 0:24 42:49 0:58 | 12:41 0:37 35:19 1:15 42:49 0:58 | 12:49 0:08 35:27 0:08 42:49 0:58 | 19:35 6:46 35:57 0:30 42:49 0:58 | 22:16 2:41 37:54 1:57 42:49 0:58 | 22:49 0:33 39:30 1:36 42:49 0:58 | 23:02 0:43 40:34 1:04 0:08 0:08 |
| 8 | 350 | Diego Novoa Pascual E D ALCON Leon | 42:56 | 4:02 4:02 27:04 3:29 42:55 1:38 | 5:17 1:15 28:35 1:31 43:43 0:48 | 5:30 0:43 31:07 2:32 43:52 0:09 | 6:38 1:08 31:19 0:42 43:52 0:09 | 7:14 0:36 31:53 0:34 43:52 0:09 | 7:41 0:27 33:00 1:07 43:52 0:09 | 8:35 0:54 33:52 0:52 43:52 0:09 | 11:55 3:20 34:12 0:20 43:52 0:09 | 12:39 0:44 35:30 1:18 43:52 0:09 | 12:47 0:08 35:40 0:40 43:52 0:09 | 19:47 7:00 36:00 2:19 43:52 0:09 | 22:41 2:54 36:00 2:19 43:52 0:09 | 23:22 0:41 39:58 1:39 43:52 0:09 | 23:35 0:43 41:17 1:19 0:08 0:08 |
| 9 | 245 | Diego Rodríguez Corrochano TOLEDO-O Toledo | 43:47 | 3:48 3:48 26:07 4:24 43:40 1:22 | 5:01 1:13 27:38 1:31 44:31 0:51 | 5:09 0:08 32:22 4:44 44:41 0:10 | 6:19 1:10 33:07 0:42 44:41 0:10 | 6:58 0:39 34:13 0:33 44:41 0:10 | 7:19 0:21 35:04 1:06 44:41 0:10 | 8:04 0:45 35:26 0:51 44:41 0:10 | 10:59 2:55 36:48 0:22 44:41 0:10 | 11:39 0:40 37:00 1:22 44:41 0:10 | 11:48 0:09 37:03 0:42 44:41 0:10 | 17:52 6:04 37:23 0:23 44:41 0:10 | 20:58 3:06 39:27 2:04 44:41 0:10 | 21:30 0:32 41:11 1:44 44:41 0:10 | 21:43 0:43 42:18 1:07 0:08 0:08 |
| 10 | 220 | Pau Acedo Casellas Orros Barcelona | 43:51 | 3:50 3:50 27:50 4:06 44:00 1:31 | 5:07 1:17 29:20 1:30 44:56 0:56 | 5:20 0:43 31:47 2:27 45:04 0:08 | 6:35 1:15 32:00 0:43 45:04 0:08 | 7:18 0:43 32:33 0:33 45:04 0:08 | 7:39 0:21 33:47 1:14 45:04 0:08 | 8:24 0:45 34:39 0:52 45:04 0:08 | 11:35 3:11 35:02 0:23 45:04 0:08 | 12:11 0:36 36:28 1:26 45:04 0:08 | 12:22 0:44 36:37 0:09 45:04 0:08 | 19:42 7:20 37:03 0:26 45:04 0:08 | 22:37 2:55 39:11 2:08 45:04 0:08 | 23:17 0:40 41:06 1:55 45:04 0:08 | 23:44 0:27 42:29 1:23 0:08 0:08 |
| 11 | 470 | Saúl Laguna Gutiérrez CDP-O Valladolid | 56:40 | 5:12 5:12 35:04 5:09 57:30 1:56 | 6:46 1:34 37:22 2:18 58:45 1:15 | 7:02 0:46 41:04 3:42 58:57 0:12 | 8:34 1:32 41:34 0:30 58:57 0:12 | 9:28 0:54 42:35 1:01 58:57 0:12 | 10:02 0:34 44:10 1:35 58:57 0:12 | 10:58 0:56 45:21 1:11 58:57 0:12 | 14:59 4:01 46:10 0:49 58:57 0:12 | 15:52 0:53 47:58 1:48 58:57 0:12 | 16:07 0:46 48:14 0:46 58:57 0:12 | 24:22 8:15 48:46 0:32 58:57 0:12 | 28:13 3:51 51:36 2:50 58:57 0:12 | 28:55 0:42 53:50 2:14 58:57 0:12 | 29:55 4:00 55:34 1:44 0:08 0:08 |

| Pos | Jorsal | Nombre | Tempo | (cont.) | | | | | | | | | | | | | |
|--|--------|--|-------|-----------------|--------------|-----------------|-----------------|--------------|--------------|-----------------|--------------|-----------------|-----------------|--------------|--------------|--------------|-----------------|
| H-20A (12) Partes anuladas: 48-47,49-50,60-59,64-63,73-i 7.0 km 10 m 30 C | | | | 1(36) | 2(48) | 3(47) | 4(52) | 5(54) | 6(53) | 7(55) | 8(51) | 9(49) | 10(50) | 11(62) | 12(82) | 13(64) | 14(63) |
| | | | | 15(71) | 16(72) | 17(73) | 18(74) | 19(76) | 20(79) | 21(77) | 22(78) | 23(60) | 24(59) | 25(58) | 26(43) | 27(31) | 28(33) |
| | | | | 29(42) | 30(200) | F | | | | | | | | | | | |
| 151 | | Andreu Blanes Reig COLIVENC Alicante | 35:10 | 3:38 | 4:44 | 4:52 | 5:55 | 6:30 | 6:49 | 7:29 | 9:55 | 10:25 | 10:33 | 15:37 | 17:56 | 18:24 | 18:33 |
| | | | | 3:38 | 1:06 | 0:08 | 1:03 | 0:35 | 0:19 | 0:40 | 2:26 | 0:30 | 0:08 | 5:04 | 2:19 | 0:28 | 0:08 |
| | | | | 26:12 | ----- | 28:39 | 28:49 | 29:19 | 30:12 | 30:56 | 31:16 | 32:21 | 32:29 | 32:49 | 34:36 | 35:58 | 36:55 |
| | | | | 7:39 | | 2:27 | 0:40 | 0:30 | 0:53 | 0:44 | 0:20 | 1:05 | 0:08 | 0:20 | 1:47 | 1:22 | 0:57 |
| | | | | 38:03 | 38:49 | 38:58 | | | | | | | | | | | |
| | | | | 1:08 | 0:46 | 0:09 | | | | | | | | | | | |
| H-21A (23) Partes anuladas: 60-59,64-63,73-74 6.7 km 10 m 27 C | | | | 1(31) | 2(32) | 3(33) | 4(38) | 5(68) | 6(67) | 7(65) | 8(64) | 9(63) | 10(69) | 11(70) | 12(71) | 13(72) | 14(73) |
| | | | | 15(74) | 16(75) | 17(78) | 18(77) | 19(79) | 20(60) | 21(59) | 22(61) | 23(46) | 24(36) | 25(35) | 26(56) | 27(200) | F |
| 1 | 288 | Ignacio Tejero Rioseras COV Valladolid | 35:10 | 3:19 | 4:55 | 6:46 | 8:08 | 12:51 | 13:35 | 14:50 | 15:20 | 15:33 | 17:10 | 19:05 | 20:10 | 21:19 | 23:19 |
| | | | | 3:19 | 1:36 | 1:51 | 1:22 | 4:43 | 0:44 | 1:15 | 0:30 | 0:43 | 1:37 | 1:55 | 1:05 | 1:09 | 2:00 |
| | | | | 23:31 | 23:59 | 25:18 | 25:37 | 26:22 | 27:43 | 27:49 | 28:55 | 30:30 | 32:31 | 33:32 | 35:01 | 35:32 | 35:41 |
| | | | | 0:42 | 0:28 | 1:19 | 0:19 | 0:45 | 1:21 | 0:06 | 1:06 | 1:35 | 2:01 | 1:01 | 1:29 | 0:31 | 0:09 |
| 2 | 426 | Cesáreo Casas González ATLETISMO Zamora | 36:46 | 3:26 | 5:15 | 6:57 | 8:15 | 13:16 | 14:03 | 15:05 | 15:35 | 15:50 | 17:39 | 19:32 | 20:31 | 21:43 | 23:51 |
| | | | | 3:26 | 1:49 | 1:42 | 1:18 | 5:01 | 0:47 | 1:02 | 0:30 | 0:46 | 1:49 | 1:53 | 0:59 | 1:12 | 2:08 |
| | | | | 24:10 | 24:42 | 26:01 | 26:22 | 27:19 | 28:48 | 28:59 | 30:03 | 31:50 | 34:03 | 35:08 | 36:51 | 37:23 | 37:31 |
| | | | | 0:49 | 0:32 | 1:19 | 0:21 | 0:57 | 1:29 | 0:44 | 1:04 | 1:47 | 2:13 | 1:05 | 1:43 | 0:32 | 0:08 |
| 3 | 462 | Mario Salamanca Farto CDP-O Valladolid | 38:36 | 3:42 | 5:30 | 7:20 | 8:44 | 13:11 | 14:02 | 15:09 | 15:46 | 15:59 | 18:02 | 19:51 | 21:04 | 22:26 | 24:46 |
| | | | | 3:42 | 1:48 | 1:50 | 1:24 | 4:27 | 0:51 | 1:07 | 0:37 | 0:43 | 2:03 | 1:49 | 1:13 | 1:22 | 2:20 |
| | | | | 25:01 | 25:38 | 27:13 | 27:35 | 28:25 | 30:18 | 30:28 | 31:46 | 33:32 | 35:45 | 36:57 | 38:30 | 39:06 | 39:14 |
| | | | | 0:46 | 0:37 | 1:35 | 0:22 | 0:50 | 1:53 | 0:40 | 1:18 | 1:46 | 2:13 | 1:12 | 1:33 | 0:36 | 0:08 |
| 4 | 272 | Sergio Aranda Escriche UPV-O Valencia | 38:49 | 3:53 | 5:45 | 7:38 | 9:08 | 13:50 | 14:45 | 15:53 | 16:29 | 17:43 | 19:27 | 21:21 | 22:36 | 24:00 | 26:18 |
| | | | | 3:53 | 1:52 | 1:53 | 1:30 | 4:42 | 0:55 | 1:08 | 0:36 | 4:44 | 1:44 | 1:54 | 1:15 | 1:24 | 2:18 |
| | | | | 26:33 | 27:24 | 28:54 | 29:12 | 29:57 | 31:32 | 31:38 | 32:45 | 34:45 | 37:11 | 38:18 | 39:46 | 40:15 | 40:24 |
| | | | | 0:46 | 0:51 | 1:30 | 0:18 | 0:45 | 1:35 | 0:06 | 1:07 | 2:00 | 2:26 | 1:07 | 1:28 | 0:29 | 0:09 |
| 5 | 465 | Alberto Conejo Garrote CDP-O Valladolid | 40:07 | 3:49 | 5:45 | 7:39 | 9:12 | 13:58 | 14:50 | 16:00 | 16:35 | 16:46 | 18:53 | 20:40 | 22:36 | 23:56 | 26:34 |
| | | | | 3:49 | 1:56 | 1:54 | 1:33 | 4:46 | 0:52 | 1:10 | 0:35 | 0:44 | 2:07 | 1:47 | 1:56 | 1:20 | 2:38 |
| | | | | 26:48 | 27:23 | 28:51 | 29:12 | 30:22 | 31:53 | 32:00 | 33:15 | 35:02 | 37:18 | 38:24 | 40:03 | 40:31 | 40:39 |
| | | | | 0:44 | 0:35 | 1:28 | 0:21 | 1:10 | 1:31 | 0:07 | 1:15 | 1:47 | 2:16 | 1:06 | 1:39 | 0:28 | 0:08 |
| 6 | 302 | Carlos Torrejón Rubio COV Valladolid | 40:14 | 3:39 | 5:51 | 7:49 | 9:30 | 14:17 | 15:10 | 16:26 | 17:04 | 17:36 | 19:37 | 22:07 | 23:12 | 24:46 | 27:07 |
| | | | | 3:39 | 2:12 | 1:58 | 1:41 | 4:47 | 0:53 | 1:16 | 0:38 | 0:32 | 2:01 | 2:30 | 1:05 | 1:34 | 2:21 |
| | | | | 27:18 | 27:47 | 29:18 | 29:37 | 30:29 | 32:07 | 32:15 | 33:28 | 35:17 | 37:34 | 38:40 | 40:19 | 40:56 | 41:05 |
| | | | | 0:44 | 0:29 | 1:31 | 0:19 | 0:52 | 1:38 | 0:08 | 1:13 | 1:49 | 2:17 | 1:06 | 1:39 | 0:37 | 0:09 |
| 7 | 334 | Oriol Andreu Solà UEVIC Barcelona | 40:22 | 3:50 | 5:48 | 7:54 | 9:22 | 14:14 | 15:06 | 16:13 | 16:50 | 16:59 | 19:07 | 21:10 | 22:21 | 23:50 | 26:22 |
| | | | | 3:50 | 1:58 | 2:06 | 1:28 | 4:52 | 0:52 | 1:07 | 0:37 | 0:09 | 2:08 | 2:03 | 1:11 | 1:29 | 2:32 |
| | | | | 26:37 | 27:09 | 28:37 | 28:56 | 29:49 | 31:37 | 31:44 | 33:03 | 34:59 | 37:28 | 38:38 | 40:13 | 40:45 | 40:53 |
| | | | | 0:46 | 0:32 | 1:28 | 0:19 | 0:53 | 1:48 | 0:07 | 1:19 | 1:56 | 2:29 | 1:10 | 1:35 | 0:32 | 0:08 |
| 8 | 498 | Juan Carlos Dorado Colmenar NAVALCAN-O Navalcan | 40:32 | 3:36 | 5:30 | 7:24 | 8:41 | 13:26 | 14:32 | 15:40 | 16:12 | 16:48 | 18:42 | 20:44 | 22:41 | 24:00 | 26:23 |
| | | | | 3:36 | 1:54 | 1:54 | 1:17 | 4:45 | 1:06 | 1:08 | 0:32 | 0:36 | 1:54 | 2:02 | 1:57 | 1:19 | 2:23 |
| | | | | 26:40 | 27:11 | 28:34 | 28:57 | 29:51 | 32:48 | 32:54 | 34:05 | 35:46 | 38:09 | 39:14 | 40:50 | 41:23 | 41:31 |
| | | | | 0:47 | 0:31 | 1:23 | 0:23 | 0:54 | 2:57 | 0:06 | 1:11 | 1:41 | 2:23 | 1:05 | 1:36 | 0:33 | 0:08 |
| 9 | 303 | Raúl Valentín Fernández COV Valladolid | 40:57 | 3:56 | 6:02 | 8:05 | 9:33 | 14:19 | 15:16 | 16:32 | 17:08 | 17:19 | 19:17 | 21:07 | 22:34 | 24:52 | 27:08 |
| | | | | 3:56 | 2:06 | 2:03 | 1:28 | 4:46 | 0:57 | 1:16 | 0:36 | 0:44 | 1:58 | 1:50 | 1:27 | 2:18 | 2:16 |
| | | | | 27:18 | 27:51 | 29:16 | 29:35 | 30:39 | 32:13 | 32:20 | 33:30 | 35:39 | 37:49 | 38:55 | 40:40 | 41:17 | 41:25 |
| | | | | 0:40 | 0:33 | 1:25 | 0:19 | 1:04 | 1:34 | 0:07 | 1:10 | 2:09 | 2:10 | 1:06 | 1:45 | 0:37 | 0:08 |
| 10 | 345 | Ignacio Rubio Hernández E D ALCON Leon | 41:17 | 3:38 | 5:29 | 7:21 | 8:49 | 14:02 | 14:55 | 16:05 | 16:39 | 16:49 | 19:55 | 21:58 | 23:34 | 24:58 | 27:26 |
| | | | | 3:38 | 1:51 | 1:52 | 1:28 | 5:13 | 0:53 | 1:10 | 0:34 | 0:40 | 3:06 | 2:03 | 1:36 | 1:24 | 2:28 |
| | | | | 27:36 | 28:05 | 29:37 | 29:59 | 30:48 | 32:29 | 32:37 | 33:47 | 35:39 | 38:03 | 39:11 | 41:04 | 41:36 | 41:45 |
| | | | | 0:40 | 0:29 | 1:32 | 0:22 | 0:49 | 1:41 | 0:08 | 1:10 | 1:52 | 2:24 | 1:08 | 1:53 | 0:32 | 0:09 |
| 11 | 294 | Ángel Frontela Mucientes COV Valladolid | 41:20 | 3:58 | 6:03 | 8:12 | 9:40 | 14:43 | 15:39 | 16:51 | 17:27 | 17:48 | 19:53 | 22:02 | 23:07 | 24:39 | 27:15 |
| | | | | 3:58 | 2:05 | 2:09 | 1:28 | 5:03 | 0:56 | 1:12 | 0:36 | 0:24 | 2:05 | 2:09 | 1:05 | 1:32 | 2:36 |
| | | | | 27:36 | 28:10 | 29:40 | 30:04 | 31:01 | 32:53 | 33:02 | 34:17 | 36:08 | 38:32 | 39:42 | 41:22 | 42:00 | 42:11 |
| | | | | 0:24 | 0:34 | 1:30 | 0:24 | 0:57 | 1:52 | 0:09 | 1:15 | 1:51 | 2:24 | 1:10 | 1:40 | 0:38 | 0:11 |
| 12 | 391 | Carles Montejo Valencia GO-XTREM Girona | 41:28 | 6:22 | 8:05 | 9:48 | 11:02 | 15:42 | 16:27 | 17:31 | 18:01 | 18:20 | 20:06 | 22:35 | 26:31 | 27:46 | 29:53 |
| | | | | 6:22 | 1:43 | 1:43 | 1:14 | 4:40 | 0:45 | 1:04 | 0:30 | 0:49 | 1:46 | 2:29 | 3:56 | 1:15 | 2:07 |
| | | | | 30:12 | 30:38 | 31:51 | 32:09 | 32:56 | 34:22 | 34:36 | 35:41 | 37:15 | 39:20 | 40:18 | 41:42 | 42:12 | 42:20 |
| | | | | 0:49 | 0:26 | 1:13 | 0:18 | 0:47 | 1:26 | 0:44 | 1:05 | 1:34 | 2:05 | 0:58 | 1:24 | 0:30 | 0:08 |
| 13 | 273 | Carlos Sánchez Amor UPV-O Valencia | 41:50 | 3:44 | 5:39 | 7:39 | 9:03 | 14:19 | 15:09 | 16:20 | 16:57 | 17:10 | 19:09 | 21:22 | 22:27 | 23:54 | 26:17 |
| | | | | 3:44 | 1:55 | 2:00 | 1:24 | 5:16 | 0:50 | 1:11 | 0:37 | 0:43 | 1:59 | 2:13 | 1:05 | 1:27 | 2:23 |
| | | | | 26:28 | 26:59 | 28:30 | 28:48 | 29:32 | 31:06 | 31:13 | 32:25 | 36:11 | 38:32 | 39:47 | 41:40 | 42:12 | 42:21 |
| | | | | 0:44 | 0:31 | 1:31 | 0:18 | 0:44 | 1:34 | 0:07 | 1:12 | 3:46 | 2:21 | 1:15 | 1:53 | 0:32 | 0:09 |
| 14 | 202 | Sebastián Ordoñez Ibáñez MONTSANT Tarragona | 42:10 | 4:01 | 5:58 | 8:04 | 9:42 | 14:55 | 15:52 | 17:05 | 17:41 | 17:52 | 19:56 | 21:57 | 24:12 | 25:37 | 28:01 |
| | | | | 4:01 | 1:57 | 2:06 | 1:38 | 5:13 | 0:57 | 1:13 | 0:36 | 0:44 | 2:04 | 2:01 | 1:15 | 1:25 | 2:24 |
| | | | | 28:11 | 28:43 | 30:12 | 30:33 | 31:32 | 33:16 | 33 | | | | | | | |

| Pos | Jorsal | Nombre | Tiempo | | | | | | | | | | | | | | |
|--|--------|---|-------------|-------------------------|--------|-----------------|--------|--------|--------|-----------------|----------------|-----------------|--------|--------|--------|---------|--------|
| H-21A (23) Partes anuladas: 60-59,64-63,73-74 | | | | 6.7 km 10 m 27 C | | | | | | | (cont.) | | | | | | |
| | | | | 1(31) | 2(32) | 3(33) | 4(38) | 5(68) | 6(67) | 7(65) | 8(64) | 9(63) | 10(69) | 11(70) | 12(71) | 13(72) | 14(73) |
| | | | | 15(74) | 16(75) | 17(78) | 18(77) | 19(79) | 20(60) | 21(59) | 22(61) | 23(46) | 24(36) | 25(35) | 26(56) | 27(200) | F |
| 20 | 542 | Ignacio Javier Mingorance Serrano ENTREBALIZ Madrid | 45:59 | 4:16 | 6:30 | 8:51 | 10:26 | 16:09 | 17:10 | 18:29 | 19:10 | 19:20 | 21:35 | 23:45 | 25:59 | 27:35 | 30:30 |
| | | | | 4:16 | 2:14 | 2:21 | 1:35 | 5:43 | 1:01 | 1:19 | 0:41 | 0:40 | 2:15 | 2:10 | 2:14 | 1:36 | 2:55 |
| | | | | 30:40 | 31:15 | 32:50 | 33:14 | 34:42 | 36:35 | 36:42 | 38:03 | 40:04 | 42:43 | 43:57 | 45:43 | 46:17 | 46:26 |
| | | | | 0:40 | 0:35 | 1:35 | 0:24 | 1:28 | 1:53 | 0:07 | 1:21 | 2:01 | 2:39 | 1:14 | 1:46 | 0:34 | 0:09 |
| 21 | 524 | Oscar Hernaiz Sánchez RIOJA-O La Rioja | 49:52 | 4:01 | 6:17 | 8:30 | 10:10 | 16:15 | 17:23 | 18:52 | 19:37 | 19:48 | 22:24 | 24:53 | 26:30 | 28:19 | 31:44 |
| | | | | 4:01 | 2:16 | 2:13 | 1:40 | 6:05 | 1:08 | 1:29 | 0:45 | 0:44 | 2:36 | 2:29 | 1:37 | 1:49 | 3:25 |
| | | | | 31:55 | 32:47 | 34:40 | 35:02 | 36:08 | 38:33 | 38:41 | 40:15 | 42:28 | 45:41 | 47:07 | 49:30 | 50:12 | 50:22 |
| | | | | 0:44 | 0:52 | 1:53 | 0:22 | 1:06 | 2:25 | 0:08 | 1:34 | 2:13 | 3:13 | 1:26 | 2:23 | 0:42 | 0:10 |
| 22 | 218 | Daniel Comerma Gómez Oros Barcelona | 49:58 | 4:08 | 6:19 | 8:44 | 10:26 | 16:46 | 17:48 | 19:08 | 19:53 | 20:04 | 22:27 | 25:04 | 26:58 | 28:47 | 32:03 |
| | | | | 4:08 | 2:11 | 2:25 | 1:42 | 6:20 | 1:02 | 1:20 | 0:45 | 0:44 | 2:23 | 2:37 | 1:54 | 1:49 | 3:16 |
| | | | | 32:19 | 33:18 | 35:08 | 35:32 | 36:38 | 38:38 | 38:50 | 40:24 | 42:32 | 46:06 | 47:31 | 49:51 | 50:28 | 50:37 |
| | | | | 0:46 | 0:59 | 1:50 | 0:24 | 1:06 | 2:00 | 0:42 | 1:34 | 2:08 | 3:34 | 1:25 | 2:20 | 0:37 | 0:09 |
| | 217 | Francisco José Iglesias Valcuende LOS CALIFA Córdoba | Or en tarj. | 4:13 | 6:20 | 8:28 | 10:12 | 15:46 | 16:44 | 18:09 | 18:48 | ----- | 21:14 | 25:18 | 26:47 | 28:28 | 31:14 |
| | | | | 4:13 | 2:07 | 2:08 | 1:44 | 5:34 | 0:58 | 1:25 | 0:39 | | 2:26 | 4:04 | 1:29 | 1:41 | 2:46 |
| | | | | 31:26 | 32:01 | 33:56 | 34:24 | 35:23 | 37:37 | 37:47 | 39:11 | 41:20 | 44:20 | 45:43 | 47:55 | 48:31 | 48:39 |
| | | | | 0:42 | 0:35 | 1:55 | 0:28 | 0:59 | 2:14 | 0:40 | 1:24 | 2:09 | 3:00 | 1:23 | 2:12 | 0:36 | 0:08 |
| H-21B (32) Partes anuladas: 59-60,63-64,74-73 | | | | 4.6 km 10 m 21 C | | | | | | | | | | | | | |
| | | | | 1(35) | 2(31) | 3(56) | 4(33) | 5(36) | 6(46) | 7(58) | 8(59) | 9(60) | 10(77) | 11(79) | 12(76) | 13(74) | 14(73) |
| | | | | 15(69) | 16(63) | 17(64) | 18(61) | 19(81) | 20(43) | 21(200) | | | | | | | |
| 1 | 474 | Guillermo Castro Manzanares CDP-O Valladolid | 25:26 | 3:08 | 3:42 | 5:26 | 7:00 | 8:36 | 10:49 | 11:46 | 12:03 | 12:11 | 13:09 | 13:59 | 14:52 | 15:29 | 15:46 |
| | | | | 3:08 | 0:34 | 1:44 | 1:34 | 1:36 | 2:13 | 0:57 | 0:17 | 0:08 | 0:58 | 0:50 | 0:53 | 0:37 | 0:47 |
| | | | | 17:21 | 19:36 | 19:45 | 21:41 | 24:03 | 24:30 | 25:52 | 26:00 | | | | | | |
| | | | | 1:35 | 2:15 | 0:09 | 1:56 | 2:22 | 0:27 | 1:22 | 0:08 | | | | | | |
| 2 | 405 | Ángel Perpén Martínez PEÑA GUARA Huesca | 25:59 | 3:14 | 3:48 | 5:28 | 6:55 | 8:29 | 10:57 | 11:53 | 12:12 | 12:19 | 13:17 | 14:18 | 15:37 | 16:11 | 16:22 |
| | | | | 3:14 | 0:34 | 1:40 | 1:27 | 1:34 | 2:28 | 0:56 | 0:19 | 0:07 | 0:58 | 1:01 | 1:19 | 0:34 | 0:44 |
| | | | | 18:02 | 19:58 | 20:13 | 21:57 | 24:40 | 25:05 | 26:23 | 26:32 | | | | | | |
| | | | | 1:40 | 1:56 | 0:45 | 1:44 | 2:43 | 0:25 | 1:18 | 0:09 | | | | | | |
| 3 | 287 | Alberto Tejero Rioseras COV Valladolid | 27:11 | 3:44 | 4:18 | 6:06 | 7:42 | 9:31 | 11:52 | 12:49 | 13:09 | 13:16 | 14:14 | 15:15 | 16:17 | 16:58 | 17:08 |
| | | | | 3:44 | 0:34 | 1:48 | 1:36 | 1:49 | 2:21 | 0:57 | 0:20 | 0:07 | 0:58 | 1:01 | 1:02 | 0:41 | 0:46 |
| | | | | 19:11 | 21:10 | 21:30 | 23:23 | 25:46 | 26:14 | 27:40 | 27:48 | | | | | | |
| | | | | 2:03 | 1:59 | 0:20 | 1:53 | 2:23 | 0:28 | 1:26 | 0:08 | | | | | | |
| 4 | 194 | Abraham Muñoz Gracia IMPERDIBLE Madrid | 27:21 | 3:31 | 4:06 | 5:58 | 7:48 | 9:30 | 11:48 | 12:53 | 13:17 | 13:24 | 14:25 | 15:17 | 16:22 | 16:56 | 17:06 |
| | | | | 3:31 | 0:35 | 1:52 | 1:50 | 1:42 | 2:18 | 1:05 | 0:24 | 0:07 | 1:01 | 0:52 | 1:05 | 0:34 | 0:46 |
| | | | | 18:49 | 20:50 | 21:00 | 22:53 | 25:12 | 25:39 | 27:11 | 27:21 | | | | | | |
| | | | | 1:43 | 2:01 | 0:40 | 1:53 | 2:19 | 0:27 | 1:32 | 0:10 | | | | | | |
| 5 | 200 | David Carretero González MONTE EL P Madrid | 27:57 | 3:28 | 4:05 | 6:04 | 7:41 | 9:29 | 11:51 | 12:55 | 13:17 | 13:25 | 14:37 | 15:29 | 16:40 | 17:19 | 17:31 |
| | | | | 3:28 | 0:37 | 1:59 | 1:37 | 1:48 | 2:22 | 1:04 | 0:22 | 0:08 | 1:12 | 0:52 | 1:11 | 0:39 | 0:42 |
| | | | | 19:19 | 21:29 | 21:38 | 23:47 | 26:17 | 26:48 | 28:17 | 28:26 | | | | | | |
| | | | | 1:48 | 2:10 | 0:09 | 2:09 | 2:30 | 0:31 | 1:29 | 0:09 | | | | | | |
| 6 | 105 | Ivan Mera García APA LICEO La Coruña | 28:02 | 3:31 | 4:04 | 5:57 | 7:49 | 9:33 | 12:16 | 13:25 | 13:44 | 13:57 | 14:53 | 15:55 | 16:57 | 17:40 | 17:54 |
| | | | | 3:31 | 0:33 | 1:53 | 1:52 | 1:44 | 2:43 | 1:09 | 0:19 | 0:13 | 0:56 | 1:02 | 1:02 | 0:43 | 0:44 |
| | | | | 19:48 | 21:53 | 22:01 | 24:07 | 26:29 | 26:56 | 28:28 | 28:37 | | | | | | |
| | | | | 1:54 | 2:05 | 0:08 | 2:06 | 2:22 | 0:27 | 1:32 | 0:09 | | | | | | |
| 7 | 407 | Saúl Abril Collderram PEÑA GUARA Huesca | 28:30 | 3:52 | 4:33 | 6:41 | 8:26 | 10:24 | 12:56 | 14:07 | 14:27 | 14:33 | 15:47 | 16:47 | 17:46 | 18:41 | 19:00 |
| | | | | 3:52 | 0:41 | 2:08 | 1:45 | 1:58 | 2:32 | 1:11 | 0:20 | 0:06 | 1:14 | 1:00 | 0:59 | 0:55 | 0:46 |
| | | | | 21:08 | 23:02 | 23:18 | 25:00 | 27:16 | 27:41 | 29:03 | 29:11 | | | | | | |
| | | | | 2:08 | 1:54 | 0:46 | 1:42 | 2:16 | 0:25 | 1:22 | 0:08 | | | | | | |
| 8 | 236 | Diarmaid Ian Foley RUMBO-MADR Madrid | 28:39 | 3:49 | 4:31 | 6:46 | 8:17 | 9:52 | 12:25 | 13:47 | 14:12 | 14:21 | 15:23 | 16:20 | 17:16 | 17:56 | 18:12 |
| | | | | 3:49 | 0:42 | 2:15 | 1:31 | 1:35 | 2:33 | 1:22 | 0:25 | 0:09 | 1:02 | 0:57 | 0:56 | 0:40 | 0:46 |
| | | | | 20:32 | 22:29 | 22:40 | 24:33 | 26:58 | 27:26 | 29:06 | 29:15 | | | | | | |
| | | | | 2:20 | 1:57 | 0:44 | 1:53 | 2:25 | 0:28 | 1:40 | 0:09 | | | | | | |
| 9 | 560 | David Prieto López ORIENTIJOT Cuenca | 28:48 | 3:42 | 4:26 | 6:21 | 7:58 | 9:47 | 12:35 | 13:43 | 14:07 | 14:14 | 15:23 | 16:14 | 17:17 | 17:59 | 18:18 |
| | | | | 3:42 | 0:44 | 1:55 | 1:37 | 1:49 | 2:48 | 1:08 | 0:24 | 0:07 | 1:09 | 0:51 | 1:03 | 0:42 | 0:46 |
| | | | | 20:19 | 22:32 | 22:43 | 24:50 | 27:17 | 27:48 | 29:16 | 29:25 | | | | | | |
| | | | | 2:01 | 2:13 | 0:44 | 2:07 | 2:27 | 0:31 | 1:28 | 0:09 | | | | | | |
| 10 | 251 | Vicente Tordera Ovejero TOLEDO-O Toledo | 29:25 | 3:50 | 4:28 | 6:39 | 8:32 | 10:23 | 12:54 | 14:00 | 14:21 | 14:29 | 15:40 | 16:36 | 17:40 | 18:19 | 18:32 |
| | | | | 3:50 | 0:38 | 2:11 | 1:53 | 1:51 | 2:31 | 1:06 | 0:21 | 0:08 | 1:11 | 0:56 | 1:04 | 0:39 | 0:43 |
| | | | | 20:30 | 22:56 | 23:06 | 25:07 | 27:41 | 28:12 | 29:46 | 29:56 | | | | | | |
| | | | | 1:58 | 2:26 | 0:40 | 2:01 | 2:34 | 0:31 | 1:34 | 0:10 | | | | | | |
| 11 | 512 | Miguel Aguilar Hontoria NAVALCAN-O Navalcan | 29:41 | 3:47 | 4:29 | 6:30 | 8:23 | 11:15 | 13:51 | 15:00 | 15:21 | 15:44 | 16:45 | 17:50 | 18:56 | 19:39 | 20:09 |
| | | | | 3:47 | 0:42 | 2:01 | 1:53 | 2:52 | 2:36 | 1:09 | 0:21 | 0:23 | 1:01 | 1:05 | 1:06 | 0:43 | 0:30 |
| | | | | 21:57 | 24:00 | 24:21 | 26:13 | 28:48 | 29:16 | 30:44 | 30:55 | | | | | | |
| | | | | 1:48 | 2:03 | 0:24 | 1:52 | 2:35 | 0:28 | 1:28 | 0:11 | | | | | | |
| 12 | 435 | Juan Carlos Pérez González PILOÑA DEP Asturias | 29:47 | 3:54 | 4:32 | 6:26 | 8:19 | 10:22 | 13:30 | 14:40 | 15:06 | 15:15 | 16:27 | 17:32 | 18:46 | 19:30 | 20:47 |
| | | | | 3:54 | 0:38 | 1:54 | 1:53 | 2:03 | 3:08 | 1:10 | 0:26 | 0:09 | 1:12 | 1:05 | 1:14 | 0:44 | 1:47 |
| | | | | 22:21 | 24:29 | 25:29 | 27:24 | 29:59 | 30:28 | 32:03 | 32:13 | | | | | | |
| | | | | 1:34 | 2:08 | 4:00 | 1:55 | 2:35 | 0:29 | 1:35 | 0:10 | | | | | | |
| 13 | 199 | Jesús Alfonso Rubio Villar MONTE EL P Madrid | 29:56 | 3:38 | 4:19 | 6:17 | 8:05 | 10:03 | 12:40 | 13:48 | 14:15 | 14:26 | 15:33 | 16:55 | 18:01 | 18:45 | 19:01 |
| | | | | 3:38 | 0:41 | 1:58 | 1:48 | 1:58 | 2:37 | 1:08 | 0:27 | 0:11 | 1:07 | 1:22 | 1:06 | 0:44 | 0:46 |
| | | | | 20:58 | 23:18 | 23:30 | 25:39 | 28:13 | 28:44 | 30:24 | 30:35 | | | | | | |
| | | | | 1:57 | 2:20 | 0:42 | 2:09 | 2:34 | 0:31 | 1:40 | 0:11 | | | | | | |
| 14 | 543 | Oliver Bermúdez Muruzabal ENTREBALIZ Madrid | 30:01 | 3:28 | 4:05 | 5:59 | 7:50 | 9:36 | 12:16 | 13:48 | 14:07 | 14:14 | 15:16 | 16:01 | 16:55 | 17:30 | 17:44 |
| | | | | 3:28 | 0:37 | 1:54 | 1:51 | 1:46 | 2:40 | 1:32 | 0:19 | 0:07 | 1:02 | 0:45 | 0:54 | 0:35 | 0:44 |
| | | | | 21:30 | 23:38 | 23:57 | 25:59 | 28:36 | 29:04 | 30:33 | 30:41 | | | | | | |
| | | | | 3:46 | 2:08 | | | | | | | | | | | | |

| Pos | Jorsal | Nombre | Tiempo | | | | | | | | | | | | | | |
|--|--------|--|-------------|-------------------------|-----------------|-----------------|---------|---------|---------|-----------------|----------------|-----------------|---------|---------|---------|---------|-----------------|
| H-35A (20) Partes anuladas: 60-59,64-63,73-74 | | | | 6.7 km 10 m 27 C | | | | | | | (cont.) | | | | | | |
| | | | | 1(31) | 2(32) | 3(33) | 4(38) | 5(68) | 6(67) | 7(65) | 8(64) | 9(63) | 10(69) | 11(70) | 12(71) | 13(72) | 14(73) |
| | | | | 15(74) | 16(75) | 17(78) | 18(77) | 19(79) | 20(60) | 21(59) | 22(61) | 23(46) | 24(36) | 25(35) | 26(56) | 27(200) | F |
| 7 | 231 | Rafael Arranz Muñoz RUMBO-MADR Madrid | 39:40 | 3:48 | 5:50 | 7:53 | 9:16 | 13:46 | 14:38 | 15:46 | 16:17 | 16:40 | 18:42 | 20:25 | 22:02 | 23:26 | 25:42 |
| | | | | 3:48 | 2:02 | 2:03 | 1:23 | 4:30 | 0:52 | 1:08 | 0:31 | 0:23 | 2:02 | 1:43 | 1:37 | 1:24 | 2:16 |
| | | | | 27:52 | 28:20 | 29:40 | 30:02 | 31:06 | 32:55 | 33:06 | 34:25 | ----- | 38:57 | 40:05 | 41:43 | 42:15 | 42:24 |
| | | | | 2:40 | 0:28 | 1:20 | 0:22 | 1:04 | 1:49 | 0:44 | 1:19 | | 4:32 | 1:08 | 1:38 | 0:32 | 0:09 |
| | | | | | 26:20 | | | | | | | | | | | | |
| | | | | | *75 | | | | | | | | | | | | |
| 8 | 477 | Jose Luis Castro Martínez CDP-O Valladolid | 40:26 | 3:44 | 5:37 | 7:43 | 9:06 | 13:58 | 14:50 | 16:21 | 16:52 | 17:02 | 19:00 | 21:03 | 22:28 | 23:46 | 26:09 |
| | | | | 3:44 | 1:53 | 2:06 | 1:23 | 4:52 | 0:52 | 1:31 | 0:31 | 0:40 | 1:58 | 2:03 | 1:25 | 1:18 | 2:23 |
| | | | | 26:24 | 27:05 | 28:29 | 28:58 | 29:50 | 31:23 | 31:30 | 32:40 | 34:18 | 37:17 | 38:24 | 40:10 | 40:48 | 40:58 |
| | | | | 0:45 | 0:41 | 1:24 | 0:29 | 0:52 | 1:33 | 0:07 | 1:10 | 1:38 | 2:59 | 1:07 | 1:46 | 0:38 | 0:10 |
| 9 | 166 | Luis Eduardo Benito Zamora CORZO Burgos | 40:39 | 3:55 | 6:01 | 8:01 | 9:31 | 14:23 | 15:19 | 16:37 | 17:20 | 17:43 | 19:48 | 21:51 | 23:00 | 24:42 | 27:19 |
| | | | | 3:55 | 2:06 | 2:00 | 1:30 | 4:52 | 0:56 | 1:18 | 0:43 | 0:23 | 2:05 | 2:03 | 1:09 | 1:42 | 2:37 |
| | | | | 27:56 | 28:27 | 29:49 | 30:13 | 31:02 | 32:46 | 32:57 | 34:10 | 35:56 | 38:19 | 39:29 | 41:04 | 41:39 | 41:50 |
| | | | | 0:37 | 0:31 | 1:22 | 0:24 | 0:49 | 1:44 | 0:44 | 1:13 | 1:46 | 2:23 | 1:10 | 1:35 | 0:35 | 0:11 |
| 10 | 378 | Tomas Peñaranda Marcos CRON La Rioja | 43:39 | 4:26 | 7:55 | 9:58 | 11:26 | 16:47 | 17:50 | 18:57 | 19:32 | 19:49 | 21:38 | 24:51 | 25:53 | 27:13 | 29:29 |
| | | | | 4:26 | 3:29 | 2:03 | 1:28 | 5:21 | 1:03 | 1:07 | 0:35 | 0:47 | 1:49 | 3:13 | 1:02 | 1:20 | 2:16 |
| | | | | 29:47 | 30:15 | 31:40 | 32:11 | 33:07 | 34:59 | 35:06 | 36:14 | 37:55 | 40:36 | 41:46 | 43:30 | 44:11 | 44:21 |
| | | | | 0:48 | 0:28 | 1:25 | 0:31 | 0:56 | 1:52 | 0:07 | 1:08 | 1:41 | 2:41 | 1:10 | 1:44 | 0:41 | 0:10 |
| 11 | 540 | Yulian Borislavov Naydenov O-GETAFAE Madrid | 43:42 | 4:00 | 6:15 | 8:19 | 9:50 | 14:43 | 16:20 | 17:39 | 18:18 | 18:28 | 20:35 | 23:02 | 24:36 | 26:02 | 28:35 |
| | | | | 4:00 | 2:15 | 2:04 | 1:31 | 4:53 | 1:37 | 1:19 | 0:39 | 0:40 | 2:07 | 2:27 | 1:34 | 1:26 | 2:33 |
| | | | | 28:46 | 29:23 | 30:53 | 31:17 | 32:15 | 34:08 | 34:15 | 35:35 | 37:36 | 40:05 | 41:19 | 43:26 | 44:00 | 44:10 |
| | | | | 0:44 | 0:37 | 1:30 | 0:24 | 0:58 | 1:53 | 0:07 | 1:20 | 2:01 | 2:29 | 1:14 | 2:07 | 0:34 | 0:10 |
| 12 | 295 | Daniel Isla Zorita COV Valladolid | 44:33 | 3:53 | 6:03 | 8:10 | 9:47 | 14:54 | 15:49 | 17:02 | 17:38 | 18:41 | 20:56 | 23:05 | 25:53 | 28:13 | 30:48 |
| | | | | 3:53 | 2:10 | 2:07 | 1:37 | 5:07 | 0:55 | 1:13 | 0:36 | 1:03 | 2:15 | 2:09 | 2:48 | 2:20 | 2:35 |
| | | | | 31:01 | 31:35 | 33:07 | 33:29 | 34:33 | 36:20 | 36:31 | 37:51 | 39:45 | 42:18 | 43:32 | 45:18 | 45:51 | 46:00 |
| | | | | 0:43 | 0:34 | 1:32 | 0:22 | 1:04 | 1:47 | 0:44 | 1:20 | 1:54 | 2:33 | 1:14 | 1:46 | 0:33 | 0:09 |
| | | | | | 24:21 | | | | | | | | | | | | |
| | | | | | *72 | | | | | | | | | | | | |
| 13 | 517 | Miguel Ángel Duran García COLMENAR Madrid | 45:13 | 4:04 | 6:16 | 8:37 | 10:13 | 15:33 | 16:39 | 17:54 | 18:29 | 18:44 | 20:47 | 23:25 | 24:33 | 26:04 | 28:41 |
| | | | | 4:04 | 2:12 | 2:21 | 1:36 | 5:20 | 1:06 | 1:15 | 0:35 | 0:45 | 2:03 | 2:38 | 1:08 | 1:31 | 2:37 |
| | | | | 28:51 | 29:24 | 30:59 | 31:20 | 34:12 | 35:58 | 36:05 | 37:31 | 39:32 | 41:56 | 43:07 | 45:05 | 45:35 | 45:45 |
| | | | | 0:40 | 0:33 | 1:35 | 0:21 | 2:52 | 1:46 | 0:07 | 1:26 | 2:01 | 2:24 | 1:11 | 1:58 | 0:30 | 0:10 |
| 14 | 627 | Hector Lorenzo Yustos IMPERDIBLE Madrid | 46:30 | 4:09 | 6:20 | 8:48 | 10:37 | 16:35 | 17:33 | 19:00 | 19:40 | 19:55 | 22:21 | 24:45 | 26:04 | 27:43 | 30:40 |
| | | | | 4:09 | 2:11 | 2:28 | 1:49 | 5:58 | 0:58 | 1:27 | 0:40 | 0:45 | 2:26 | 2:24 | 1:19 | 1:39 | 2:57 |
| | | | | 31:01 | 31:33 | 33:15 | 33:40 | 34:48 | 36:44 | 36:53 | 38:19 | 40:30 | 43:19 | 44:43 | 46:31 | 47:06 | 47:15 |
| | | | | 0:24 | 0:32 | 1:42 | 0:25 | 1:08 | 1:56 | 0:09 | 1:26 | 2:11 | 2:49 | 1:24 | 1:48 | 0:35 | 0:09 |
| 15 | 343 | José Domínguez Berjón E D ALCON Leon | 47:01 | 4:37 | 6:52 | 9:05 | 10:40 | 16:20 | 17:38 | 19:02 | 19:41 | 20:15 | 22:24 | 24:30 | 25:39 | 27:07 | 30:47 |
| | | | | 4:37 | 2:15 | 2:13 | 1:35 | 5:40 | 1:18 | 1:24 | 0:39 | 0:34 | 2:09 | 2:06 | 1:09 | 1:28 | 3:40 |
| | | | | 31:11 | 31:47 | 33:23 | 33:47 | 35:15 | 37:15 | 37:26 | 38:49 | 40:48 | 43:40 | 45:02 | 47:22 | 47:59 | 48:10 |
| | | | | 0:24 | 0:36 | 1:36 | 0:24 | 1:28 | 2:00 | 0:44 | 1:23 | 1:59 | 2:52 | 1:22 | 2:20 | 0:37 | 0:11 |
| 16 | 578 | CARLOS FUENTES FEDO FEDO | 48:02 | 4:41 | 8:03 | 10:11 | 11:52 | 17:13 | 18:26 | 19:42 | 20:22 | 20:39 | 23:00 | 25:19 | 26:34 | 28:05 | 30:41 |
| | | | | 4:41 | 3:22 | 2:08 | 1:41 | 5:21 | 1:13 | 1:16 | 0:40 | 0:47 | 2:21 | 2:19 | 1:15 | 1:31 | 2:36 |
| | | | | 30:55 | 31:30 | 33:19 | 33:50 | 35:23 | 37:05 | 37:16 | 38:33 | 40:42 | 43:51 | 45:13 | 47:55 | 48:33 | 48:44 |
| | | | | 0:44 | 0:35 | 1:49 | 0:31 | 1:33 | 1:42 | 0:44 | 1:17 | 2:09 | 3:09 | 1:22 | 2:42 | 0:38 | 0:11 |
| 17 | 383 | Lluís Ollora Hoyos GO-XTREM Girona | 1:23:44 | 9:57 | 14:31 | 19:05 | 22:14 | 32:52 | 34:42 | 37:10 | 38:27 | 38:50 | 43:06 | 47:15 | 49:42 | 52:39 | 57:52 |
| | | | | 9:57 | 4:34 | 4:34 | 3:09 | 10:38 | 1:50 | 2:28 | 1:17 | 0:23 | 4:16 | 4:09 | 2:27 | 2:57 | 5:13 |
| | | | | 58:11 | 59:10 | 1:02:05 | 1:02:41 | 1:04:17 | 1:07:35 | 1:07:47 | 1:10:05 | 1:13:27 | 1:17:46 | 1:19:51 | 1:23:02 | 1:24:16 | 1:24:38 |
| | | | | 0:49 | 0:59 | 2:55 | 0:36 | 1:36 | 3:18 | 0:42 | 2:18 | 3:22 | 4:19 | 2:05 | 3:11 | 1:14 | 0:22 |
| | 336 | José Samper García VILLENAR-O Alicante | or en tarj. | 4:15 | 6:22 | 8:34 | 10:18 | 15:39 | 16:36 | 17:55 | 18:38 | 18:53 | 21:03 | 24:22 | 25:39 | 27:14 | 29:56 |
| | | | | 4:15 | 2:07 | 2:12 | 1:44 | 5:21 | 0:57 | 1:19 | 0:43 | 0:45 | 2:10 | 3:19 | 1:17 | 1:35 | 2:42 |
| | | | | 30:07 | 30:58 | 32:39 | 33:03 | ----- | 34:13 | 34:21 | 35:53 | 37:54 | 41:03 | 42:21 | 44:13 | 44:51 | 45:01 |
| | | | | 0:44 | 0:51 | 1:41 | 0:24 | | 1:10 | 0:08 | 1:32 | 2:01 | 3:09 | 1:18 | 1:52 | 0:38 | 0:10 |
| | 398 | Carlos Javier García López PEÑA GUARA Huesca | or en tarj. | 4:45 | 6:56 | 9:05 | 10:50 | 16:27 | 17:59 | 19:13 | 19:50 | 20:19 | 22:26 | 24:38 | 26:05 | 27:40 | 30:25 |
| | | | | 4:45 | 2:11 | 2:09 | 1:45 | 5:37 | 1:32 | 1:14 | 0:37 | 0:29 | 2:07 | 2:12 | 1:27 | 1:35 | 2:45 |
| | | | | 30:48 | 31:30 | 33:06 | 33:29 | ----- | 34:41 | 34:50 | 38:05 | 40:32 | 43:18 | 44:29 | 46:50 | 47:25 | 47:39 |
| | | | | 0:23 | 0:42 | 1:36 | 0:23 | | 1:12 | 0:09 | 3:15 | 2:27 | 2:46 | 1:11 | 2:21 | 0:35 | 0:14 |
| | 189 | Jesús Jiménez Romero IMPERDIBLE Madrid | or en tarj. | 7:34 | 9:49 | 11:52 | 13:26 | 18:57 | 19:56 | ----- | 22:05 | 22:17 | 24:42 | 27:47 | 29:05 | 31:30 | 34:16 |
| | | | | 7:34 | 2:15 | 2:03 | 1:34 | 5:31 | 0:59 | | 2:09 | 0:42 | 2:25 | 3:05 | 1:18 | 2:25 | 2:46 |
| | | | | 34:30 | 35:05 | 37:13 | 37:38 | 38:32 | 40:22 | 40:31 | 41:52 | 43:57 | 46:42 | 48:00 | 49:54 | 50:30 | 50:41 |
| | | | | 0:44 | 0:35 | 2:08 | 0:25 | 0:54 | 1:50 | 0:09 | 1:21 | 2:05 | 2:45 | 1:18 | 1:54 | 0:36 | 0:11 |
| | | | | | 21:23 | | | | | | | | | | | | |
| | | | | | *66 | | | | | | | | | | | | |
| H-35B (10) Partes anuladas: 59-60,63-64,74-73 | | | | 4.6 km 10 m 21 C | | | | | | | | | | | | | |
| | | | | 1(35) | 2(31) | 3(56) | 4(33) | 5(36) | 6(46) | 7(58) | 8(59) | 9(60) | 10(77) | 11(79) | 12(76) | 13(74) | 14(73) |
| | | | | 15(69) | 16(63) | 17(64) | 18(61) | 19(81) | 20(43) | 21(200) | F | | | | | | |
| 1 | 354 | Jesús María Llamazares Álvarez E D ALCON Leon | 31:36 | 3:52 | 4:27 | 6:18 | 7:59 | 10:02 | 13:03 | 15:04 | 15:21 | 15:34 | 16:36 | 17:58 | 19:27 | 20:05 | 20:36 |
| | | | | 3:52 | 0:35 | 1:51 | 1:41 | 2:03 | 3:01 | 2:01 | 0:17 | 0:43 | 1:02 | 1:22 | 1:29 | 0:38 | 0:34 |
| | | | | 22:22 | 24:52 | 25:47 | 28:17 | 30:56 | 31:29 | 33:06 | 33:15 | | | | | | |
| | | | | 1:46 | 2:30 | 0:55 | 2:30 | 2:39 | 0:33 | 1:37 | 0:09 | | | | | | |
| 2 | 161 | David Román Moltó COLIVENC Alicante | 32:29 | 4:52 | 5:37 | 7:45 | 9:52 | 11:46 | 15:00 | 16:36 | 16:58 | 17:16 | 18:22 | 19:25 | 20:35 | 22:17 | 22:40 |
| | | | | 4:52 | 0:45 | 2:08 | 2:07 | 1:54 | 3:14 | 1:36 | 0:22 | 0:48 | 1:06 | 1:03 | 1:10 | 1:42 | 0:23 |
| | | | | 24:29 | 26:49 | 26:57 | 28:55 | 31:13 | 31:39 | 3 | | | | | | | |

| Pos | Jorsal | Nombre | Tiempo | | | | | | | | | | | | | | |
|--|--------|---|--------|-------------------------|--------|-----------------|--------|-----------------|--------|----------------|-------------|-----------------|--------|-----------------|--------|--------|-----------------|
| H-35B (10) Partes anuladas: 59-60,63-64,74-73 | | | | 4.6 km 10 m 21 C | | | | | | <i>(cont.)</i> | | | | | | | |
| | | | | 1(35) | 2(31) | 3(56) | 4(33) | 5(36) | 6(46) | 7(58) | 8(59) | 9(60) | 10(77) | 11(79) | 12(76) | 13(74) | 14(73) |
| | | | | 15(69) | 16(63) | 17(64) | 18(61) | 19(81) | 20(43) | 21(200) | F | | | | | | |
| 6 | 306 | Jesús Sierra Rodríguez COV Valladolid | 37:02 | 4:46 | 5:32 | 7:55 | 10:03 | 12:14 | 15:21 | 16:57 | 17:34 | 17:44 | 19:01 | 20:32 | 22:50 | 23:38 | 23:57 |
| | | | | 4:46 | 0:46 | 2:23 | 2:08 | 2:11 | 3:07 | 1:36 | 0:37 | 0:40 | 1:17 | 1:31 | 2:18 | 0:48 | 0:49 |
| | | | | 26:19 | 28:44 | 29:04 | 31:30 | 35:04 | 35:42 | 37:42 | 37:51 | | | | | | |
| | | | | 2:22 | 2:25 | 0:20 | 2:26 | 3:34 | 0:38 | 2:00 | 0:09 | | | | | | |
| 7 | 165 | Nicolás Arranz Rodríguez CORZO Burgos | 38:05 | 4:35 | 5:25 | 8:06 | 10:29 | 12:56 | 16:22 | 17:50 | 18:16 | 18:24 | 19:50 | 21:09 | 22:42 | 23:32 | 24:03 |
| | | | | 4:35 | 0:50 | 2:41 | 2:23 | 2:27 | 3:26 | 1:28 | 0:26 | 0:08 | 1:26 | 1:19 | 1:33 | 0:50 | 0:34 |
| | | | | 26:35 | 29:44 | 30:28 | 33:15 | 36:45 | 37:23 | 39:15 | 39:28 | | | | | | |
| | | | | 2:32 | 3:09 | 0:44 | 2:47 | 3:30 | 0:38 | 1:52 | 0:13 | | | | | | |
| 8 | 380 | Pablo Martínez Arenas CRON La Rioja | 43:14 | 5:40 | 6:33 | 9:37 | 12:16 | 15:06 | 19:03 | 20:39 | 21:26 | 22:13 | 23:46 | 25:02 | 26:42 | 27:35 | 28:11 |
| | | | | 5:40 | 0:53 | 3:04 | 2:39 | 2:50 | 3:57 | 1:36 | 0:47 | 0:47 | 1:33 | 1:16 | 1:40 | 0:53 | 0:36 |
| | | | | 30:40 | 34:16 | 34:33 | 37:45 | 41:42 | 42:26 | 44:40 | 44:54 | | | | | | |
| | | | | 2:29 | 3:36 | 0:17 | 3:12 | 3:57 | 0:44 | 2:14 | 0:14 | | | | | | |
| 9 | 519 | David Sierra Perez COLMENAR Madrid | 44:29 | 4:21 | 11:39 | 13:53 | 15:46 | 17:52 | ----- | 24:57 | 25:22 | 26:04 | 27:19 | 28:26 | 29:40 | 30:27 | 30:44 |
| | | | | 4:21 | 7:18 | 2:14 | 1:53 | 2:06 | | 7:05 | 0:25 | 0:42 | 1:15 | 1:07 | 1:14 | 0:47 | 0:47 |
| | | | | 34:07 | 36:41 | 36:53 | 39:27 | 42:48 | 43:31 | 45:29 | 45:40 | | | | | | |
| | | | | 3:23 | 2:34 | 0:12 | 2:34 | 3:21 | 0:43 | 1:58 | 0:11 | | | | | | |
| 10 | 549 | Manuel López Listán O-SAN ROQU Cádiz | 50:37 | 5:24 | 6:36 | 9:17 | 12:13 | 15:40 | 20:25 | 22:32 | 23:11 | 23:26 | 25:42 | 28:02 | 30:04 | 31:08 | 31:30 |
| | | | | 5:24 | 1:12 | 2:41 | 2:56 | 3:27 | 4:45 | 2:07 | 0:39 | 0:15 | 2:16 | 2:20 | 2:02 | 1:04 | 0:22 |
| | | | | 34:49 | 39:14 | 39:27 | 43:16 | 47:57 | 48:52 | 51:14 | 51:27 | | | | | | |
| | | | | 3:19 | 4:25 | 0:13 | 3:49 | 4:41 | 0:55 | 2:22 | 0:13 | | | | | | |
| H-40 (22) Partes anuladas: 48-47,49-50 | | | | 5.3 km 10 m 21 C | | | | | | | | | | | | | |
| | | | | 1(42) | 2(43) | 3(44) | 4(48) | 5(47) | 6(53) | 7(52) | 8(55) | 9(51) | 10(49) | 11(50) | 12(33) | 13(58) | 14(67) |
| | | | | 15(68) | 16(66) | 17(82) | 18(62) | 19(61) | 20(46) | 21(200) | F | | | | | | |
| 1 | 232 | Miguel Álvarez Berruezo RUMBO-MADR Madrid | 31:38 | 2:05 | 3:20 | 4:24 | 5:01 | 5:08 | 6:19 | 7:12 | 7:30 | 10:31 | 11:09 | 11:17 | 13:20 | 17:28 | 21:00 |
| | | | | 2:05 | 1:15 | 1:04 | 0:37 | 0:07 | 1:11 | 0:53 | 0:18 | 3:01 | 0:38 | 0:08 | 2:03 | 4:08 | 3:32 |
| | | | | 21:53 | 23:00 | 23:45 | 26:13 | 28:04 | ----- | 31:45 | 31:53 | | | | | | |
| | | | | 0:53 | 1:07 | 0:45 | 2:28 | 1:51 | | 3:41 | 0:08 | | | | | | |
| 2 | 103 | Cristóbal Fernández Liria ADYRON Madrid | 32:31 | 2:18 | 3:37 | 4:45 | 5:27 | 5:39 | 6:52 | 7:34 | 7:55 | 11:11 | 11:50 | 11:59 | 14:18 | 18:17 | 21:56 |
| | | | | 2:18 | 1:19 | 1:08 | 0:42 | 0:12 | 1:13 | 0:42 | 0:21 | 3:16 | 0:39 | 0:09 | 2:19 | 3:59 | 3:39 |
| | | | | 22:51 | 24:05 | 24:51 | 27:34 | 29:28 | 31:19 | 32:42 | 32:52 | | | | | | |
| | | | | 0:55 | 1:14 | 0:46 | 2:43 | 1:54 | 1:51 | 1:23 | 0:10 | | | | | | |
| 3 | 538 | José Enrique Barcia Hernández O-GETAFFE Madrid | 32:49 | 2:21 | 3:40 | 4:50 | 5:34 | 5:42 | 6:54 | 7:42 | 8:03 | 11:16 | 11:55 | 12:06 | 14:28 | 18:25 | 22:02 |
| | | | | 2:21 | 1:19 | 1:10 | 0:44 | 0:08 | 1:12 | 0:48 | 0:21 | 3:13 | 0:39 | 0:11 | 2:22 | 3:57 | 3:37 |
| | | | | 22:53 | 23:59 | 24:47 | 27:32 | 29:29 | 31:30 | 32:59 | 33:08 | | | | | | |
| | | | | 0:51 | 1:06 | 0:48 | 2:45 | 1:57 | 2:01 | 1:29 | 0:09 | | | | | | |
| 4 | 281 | Carmelo Gil Gutiérrez COV Valladolid | 33:20 | 2:12 | 3:29 | 4:54 | 5:34 | 5:42 | 6:53 | 7:29 | 7:48 | 11:02 | 11:39 | 11:46 | 14:02 | 17:57 | 21:58 |
| | | | | 2:12 | 1:17 | 1:25 | 0:40 | 0:08 | 1:11 | 0:36 | 0:19 | 3:14 | 0:37 | 0:07 | 2:16 | 3:55 | 4:01 |
| | | | | 22:53 | 24:02 | 24:49 | 27:46 | 29:50 | 31:50 | 33:26 | 33:35 | | | | | | |
| | | | | 0:55 | 1:09 | 0:47 | 2:57 | 2:04 | 2:00 | 1:36 | 0:09 | | | | | | |
| 5 | 413 | Teofilo Gil Mediavilla TJALVE Burgos | 33:24 | 2:36 | 3:53 | 4:59 | 5:38 | 5:46 | 6:59 | 7:43 | 8:02 | 11:05 | 11:41 | 12:11 | 14:13 | 20:28 | 24:01 |
| | | | | 2:36 | 1:17 | 1:06 | 0:39 | 0:08 | 1:13 | 0:44 | 0:19 | 3:03 | 0:36 | 0:30 | 2:02 | 6:15 | 3:33 |
| | | | | 24:49 | 25:51 | 26:31 | 29:04 | 30:47 | 32:31 | 33:53 | 34:02 | | | | | | |
| | | | | 0:48 | 1:02 | 0:40 | 2:33 | 1:43 | 1:44 | 1:22 | 0:09 | | | | | | |
| 6 | 503 | Gregorio Gomez Casillas NAVALCAN-O Navalkan | 33:34 | 3:15 | 4:26 | 5:28 | 6:06 | 6:13 | 7:24 | 8:00 | 8:28 | 11:17 | 13:33 | 13:49 | 15:43 | 19:43 | 23:45 |
| | | | | 3:15 | 1:11 | 1:02 | 0:38 | 0:07 | 1:11 | 0:36 | 0:28 | 2:49 | 2:16 | 0:16 | 1:54 | 4:00 | 4:02 |
| | | | | 24:34 | 25:38 | 26:20 | 28:40 | 30:33 | 32:22 | 33:49 | 33:57 | | | | | | |
| | | | | 0:49 | 1:04 | 0:42 | 2:20 | 1:53 | 1:49 | 1:27 | 0:08 | | | | | | |
| 7 | 144 | Ángel Carrón De La Calle CODAN EXTR Badajoz | 33:47 | 2:21 | 3:39 | 5:04 | 5:47 | 5:55 | 7:11 | 8:18 | 8:36 | 11:52 | 12:26 | 12:38 | 14:58 | 19:13 | 23:17 |
| | | | | 2:21 | 1:18 | 1:25 | 0:43 | 0:08 | 1:16 | 1:07 | 0:18 | 3:16 | 0:34 | 0:12 | 2:20 | 4:15 | 4:04 |
| | | | | 24:09 | 25:13 | 25:56 | 28:56 | 30:39 | 32:27 | 33:56 | 34:07 | | | | | | |
| | | | | 0:52 | 1:04 | 0:43 | 3:00 | 1:43 | 1:48 | 1:29 | 0:11 | | | | | | |
| 8 | 225 | Jordi Izquierdo Figarola Oros Barcelona | 34:22 | 2:32 | 3:54 | 5:18 | 6:03 | 6:13 | 7:31 | 8:42 | 8:59 | 12:15 | 12:52 | 13:07 | 15:28 | 19:36 | 23:39 |
| | | | | 2:32 | 1:22 | 1:24 | 0:45 | 0:10 | 1:18 | 1:11 | 0:17 | 3:16 | 0:37 | 0:15 | 2:21 | 4:08 | 4:03 |
| | | | | 24:39 | 25:50 | 26:38 | 29:26 | 31:21 | 33:08 | 34:36 | 34:47 | | | | | | |
| | | | | 1:00 | 1:11 | 0:48 | 2:48 | 1:55 | 1:47 | 1:28 | 0:11 | | | | | | |
| 9 | 132 | Jon Ander Picaza Diaz De Lezana COBI Vizcaya | 34:49 | 2:23 | 3:51 | 5:05 | 5:48 | 5:56 | 7:15 | 8:22 | 8:41 | 12:01 | 12:43 | 13:02 | 15:24 | 19:32 | 23:41 |
| | | | | 2:23 | 1:28 | 1:14 | 0:43 | 0:08 | 1:19 | 1:07 | 0:19 | 3:20 | 0:42 | 0:19 | 2:22 | 4:08 | 4:09 |
| | | | | 24:39 | 25:49 | 26:38 | 29:46 | 31:49 | 33:43 | 35:05 | 35:16 | | | | | | |
| | | | | 0:58 | 1:10 | 0:49 | 3:08 | 2:03 | 1:54 | 1:22 | 0:11 | | | | | | |
| 10 | 226 | Pau Comerma Gómez Oros Barcelona | 35:24 | 2:09 | 3:21 | 4:43 | 5:24 | 5:35 | 6:48 | 7:54 | 8:15 | 11:30 | 12:13 | 12:21 | 14:50 | 19:11 | 23:29 |
| | | | | 2:09 | 1:12 | 1:22 | 0:41 | 0:11 | 1:13 | 1:06 | 0:21 | 3:15 | 0:43 | 0:08 | 2:29 | 4:21 | 4:18 |
| | | | | 24:35 | 25:54 | 26:44 | 29:53 | 31:56 | 33:52 | 35:33 | 35:43 | | | 7:33 | | | |
| | | | | 1:06 | 1:19 | 0:50 | 3:09 | 2:03 | 1:56 | 1:41 | 0:10 | | *55 | | | | |
| 11 | 176 | Jose Fermín Corral Martínez GOCAN Madrid | 35:28 | 2:20 | 3:41 | 5:08 | 5:48 | 5:58 | 7:46 | 8:28 | 8:48 | 11:59 | 12:41 | 12:53 | 15:14 | 19:54 | 23:58 |
| | | | | 2:20 | 1:21 | 1:27 | 0:40 | 0:10 | 1:48 | 0:42 | 0:20 | 3:11 | 0:42 | 0:12 | 2:21 | 4:40 | 4:04 |
| | | | | 24:56 | 26:10 | 26:57 | 30:02 | 32:00 | 33:58 | 35:41 | 35:50 | | | | | | |
| | | | | 0:58 | 1:14 | 0:47 | 3:05 | 1:58 | 1:58 | 1:43 | 0:09 | | | | | | |
| 12 | 257 | Cristóbal Patiño Pérez TOLEDO-O Toledo | 36:28 | 2:45 | 4:12 | 5:24 | 6:08 | 6:50 | 8:08 | 9:41 | 10:01 | 13:39 | 14:21 | 14:54 | 17:15 | 21:36 | 25:55 |
| | | | | 2:45 | 1:27 | 1:12 | 0:44 | 0:42 | 1:18 | 1:33 | 0:20 | 3:38 | 0:42 | 0:33 | 2:21 | 4:21 | 4:19 |
| | | | | 26:57 | 28:15 | 29:03 | 32:10 | 34:11 | 36:07 | 37:35 | 37:43 | | | | | | |
| | | | | 1:02 | 1:18 | 0:48 | 3:07 | 2:01 | 1:56 | 1:28 | 0:08 | | | | | | |
| 12 | 233 | Jesús Hervás Lucas RUMBO-MADR Madrid | 36:28 | 2:17 | 3:40 | 5:00 | 5:42 | 5:49 | 7:44 | 8:25 | 8:47 | 12:33 | 13:17 | 13:28 | 15:58 | 20:14 | 24:26 |
| | | | | 2:17 | 1:23 | 1:20 | 0:42 | 0:07 | 1:55 | 0:41 | 0:22 | 3:46 | 0:44 | 0:11 | 2:30 | 4:16 | 4:12 |
| | | | | 25:29 | 26:52 | 27:44 | 30:44 | 33:00 | 35:01 | 36:34 | 36:46 | | | | | | |
| | | | | 1:03 | 1:23 | 0:52 | 3:00 | 2:16 | 2:01 | 1:33 | 0:12 | | | | | | |
| 14 | 254 | Carlos Vera Sibajas TOLEDO-O Toledo | 36:32 | 2:34 | 4:07 | 5:25 | 6:12 | 6:21 | 7:46 | 8:39 | 9:00 | 12:29 | 13:13 | 13:25 | 15:56 | 20:19 | 24:27 |
| | | | | 2:34 | 1:33 | 1:18 | 0:47 | 0:09 | 1 | | | | | | | | |

| Pos | Jorsal | Nombre | Tiempo | | | | | | | | | | | | | | |
|---|--|--|---------|-------------------------|--------|--------|--------|-----------------|-----------------|---------|-----------------|-------|--------|-----------------|--------|-----------------|--------|
| H-40 (22) Partes anuladas: 48-47,49-50 | | | | 5.3 km 10 m 21 C | | | | | | | <i>(cont.)</i> | | | | | | |
| | | | | 1(42) | 2(43) | 3(44) | 4(48) | 5(47) | 6(53) | 7(52) | 8(55) | 9(51) | 10(49) | 11(50) | 12(33) | 13(58) | 14(67) |
| | | | | 15(68) | 16(66) | 17(82) | 18(62) | 19(61) | 20(46) | 21(200) | F | | | | | | |
| 17 | 466 | Carlos Gómez Fuentes CDP-O Valladolid | 39:54 | 2:30 | 3:50 | 5:29 | 6:12 | 6:21 | 7:34 | 8:23 | 8:41 | 11:55 | 12:37 | 12:45 | 14:57 | 18:54 | 22:50 |
| | | | | 2:30 | 1:20 | 1:39 | 0:43 | 0:09 | 1:13 | 0:49 | 0:18 | 3:14 | 0:42 | 0:08 | 2:12 | 3:57 | 3:56 |
| | | | | 23:46 | 24:55 | 25:40 | 29:08 | 36:20 | 38:27 | 40:01 | 40:11 | | | | | | |
| | | | | 0:56 | 1:09 | 0:45 | 3:28 | 7:12 | 2:07 | 1:34 | 0:10 | | | | | | |
| 18 | 493 | Isidro Rodríguez Macías VIA PLATA Cáceres | 41:02 | 2:46 | 4:00 | 5:21 | 6:02 | 6:13 | 8:15 | 9:20 | 9:38 | 13:41 | 14:19 | 14:30 | 16:48 | 21:41 | 25:39 |
| | | | | 2:46 | 1:14 | 1:21 | 0:41 | 0:11 | 2:02 | 1:05 | 0:18 | 4:03 | 0:38 | 0:11 | 2:18 | 4:53 | 3:58 |
| | | | | 26:34 | 28:05 | 29:08 | 31:53 | 37:52 | 39:46 | 41:12 | 41:24 | | | | | | |
| | | | | 0:55 | 1:31 | 1:03 | 2:45 | 5:59 | 1:54 | 1:26 | 0:12 | | | | | | |
| 19 | 453 | Pablo Fernández Liria LA BRUJULA Asturias | 43:16 | 2:36 | 4:11 | 5:26 | 6:16 | 6:23 | 7:48 | 11:10 | 11:27 | 15:53 | 16:44 | 16:56 | 19:48 | 24:47 | 29:32 |
| | | | | 2:36 | 1:35 | 1:15 | 0:50 | 0:07 | 1:25 | 3:22 | 0:17 | 4:26 | 0:51 | 0:12 | 2:52 | 4:59 | 4:45 |
| | | | | 30:44 | 32:18 | 33:12 | 36:44 | 39:19 | 41:54 | 43:22 | 43:35 | | | | | | |
| | | | | 1:12 | 1:34 | 0:54 | 3:32 | 2:35 | 2:35 | 1:28 | 0:13 | | | | | | |
| 20 | 122 | Josu Ullibarri Zeanuri COBI Vizcaya | 53:10 | 3:02 | 4:54 | 6:43 | 7:42 | 7:53 | 9:55 | 10:48 | 11:20 | 16:34 | 17:39 | 17:48 | 21:16 | 28:12 | 35:16 |
| | | | | 3:02 | 1:52 | 1:49 | 0:59 | 0:11 | 2:02 | 0:53 | 0:32 | 5:14 | 1:05 | 0:09 | 3:28 | 6:56 | 7:04 |
| | | | | 36:31 | 38:17 | 39:27 | 44:14 | 47:37 | 50:32 | 53:20 | 53:30 | | | | | | |
| | | | | 1:15 | 1:46 | 1:10 | 4:47 | 3:23 | 2:55 | 2:48 | 0:10 | | | | | | |
| 21 | 116 | Carlos Enrique Benítez Benítez O-CIUDAD R Ciudad Real | 1:00:47 | 3:48 | 6:09 | 8:18 | 9:27 | 9:40 | 11:50 | 13:49 | 14:18 | 20:28 | 21:41 | 21:52 | 25:29 | 35:20 | 42:17 |
| | | | | 3:48 | 2:21 | 2:09 | 1:09 | 0:13 | 2:10 | 1:59 | 0:29 | 6:10 | 1:13 | 0:11 | 3:37 | 9:51 | 6:57 |
| | | | | 43:52 | 45:54 | 47:20 | 51:45 | 55:13 | 58:29 | 1:01:00 | 1:01:11 | | | | | | |
| | | | | 1:35 | 2:02 | 1:26 | 4:25 | 3:28 | 3:16 | 2:31 | 0:11 | | | | | | |
| 284 | Julio Briso-Montiano Morales COV Valladolid | or en tarj. | 2:58 | 4:35 | 5:57 | 6:46 | 6:56 | 8:20 | 9:59 | 10:18 | 13:44 | 14:28 | 14:41 | 17:26 | 22:44 | 27:42 | |
| | | | | 2:58 | 1:37 | 1:22 | 0:49 | 0:10 | 1:24 | 1:39 | 0:19 | 3:26 | 0:44 | 0:13 | 2:45 | 5:18 | 4:58 |
| | | | | 28:47 | 30:07 | 31:03 | 35:12 | ---- | ---- | 39:41 | 39:53 | | | | | | |
| | | | | 1:05 | 1:20 | 0:56 | 4:09 | | | 4:29 | 0:12 | | | | | | |
| H-45 (22) Partes anuladas: 48-47,49-50 | | | | 4.6 km 10 m 19 C | | | | | | | | | | | | | |
| | | | | 1(45) | 2(36) | 3(38) | 4(43) | 5(48) | 6(47) | 7(52) | 8(54) | 9(55) | 10(53) | 11(51) | 12(49) | 13(50) | 14(31) |
| | | | | 15(58) | 16(61) | 17(80) | 18(41) | 19(200) | F | | | | | | | | |
| 1 | 150 | Antonio Gil Poveda COLIVENC Alicante | 26:55 | 3:54 | 5:34 | 6:51 | 7:38 | 9:08 | 9:16 | 10:24 | 11:12 | 11:51 | 12:38 | 14:58 | 15:34 | 15:42 | 17:27 |
| | | | | 3:54 | 1:40 | 1:17 | 0:47 | 1:30 | 0:08 | 1:08 | 0:48 | 0:39 | 0:47 | 2:20 | 0:36 | 0:08 | 1:45 |
| | | | | 20:47 | 21:42 | 24:29 | 26:03 | 27:03 | 27:11 | | | | | | | | |
| | | | | 3:20 | 0:55 | 2:47 | 1:34 | 1:00 | 0:08 | | | | | | | | |
| 2 | 415 | Juan Carlos Martín Tamayo TJALVE Burgos | 27:19 | 3:48 | 5:27 | 6:48 | 7:39 | 9:10 | 9:21 | 10:38 | 11:30 | 12:08 | 12:53 | 15:11 | 15:46 | 15:55 | 17:43 |
| | | | | 3:48 | 1:39 | 1:21 | 0:51 | 1:31 | 0:11 | 1:17 | 0:52 | 0:38 | 0:45 | 2:18 | 0:35 | 0:09 | 1:48 |
| | | | | 20:59 | 21:55 | 24:45 | 26:26 | 27:31 | 27:39 | | | | | | | | |
| | | | | 3:16 | 0:56 | 2:50 | 1:41 | 1:05 | 0:08 | | | | | | | | |
| 3 | 253 | Luis Martín de los Ríos Rodrí TOLEDO-O Toledo | 28:09 | 3:54 | 5:36 | 6:57 | 7:51 | 9:25 | 9:32 | 10:49 | 11:43 | 12:24 | 13:11 | 15:44 | 16:20 | 16:28 | 18:22 |
| | | | | 3:54 | 1:42 | 1:21 | 0:54 | 1:34 | 0:07 | 1:17 | 0:54 | 0:41 | 0:47 | 2:33 | 0:36 | 0:08 | 1:54 |
| | | | | 21:39 | 22:38 | 25:27 | 27:10 | 28:15 | 28:24 | | | | | | | | |
| | | | | 3:17 | 0:59 | 2:49 | 1:43 | 1:05 | 0:09 | | | | | | | | |
| 4 | 219 | José Luis Gómez Flores Oros Barcelona | 28:43 | 4:01 | 5:48 | 7:07 | 8:01 | 9:36 | 9:49 | 11:03 | 11:44 | 12:25 | 13:12 | 15:45 | 16:25 | 16:37 | 18:35 |
| | | | | 4:01 | 1:47 | 1:19 | 0:54 | 1:35 | 0:13 | 1:14 | 0:41 | 0:41 | 0:47 | 2:33 | 0:40 | 0:12 | 1:58 |
| | | | | 22:10 | 23:12 | 26:10 | 27:55 | 28:58 | 29:08 | | | | | | | | |
| | | | | 3:35 | 1:02 | 2:58 | 1:45 | 1:03 | 0:10 | | | | | | | | |
| 5 | 385 | Toni Serrallonga Gasch GO-XTREM Girona | 29:27 | 4:08 | 6:05 | 7:17 | 8:09 | 9:45 | 9:55 | 11:07 | 11:52 | 12:32 | 13:16 | 15:42 | 16:20 | 16:30 | 18:36 |
| | | | | 4:08 | 1:57 | 1:12 | 0:52 | 1:36 | 0:10 | 1:12 | 0:45 | 0:40 | 0:44 | 2:26 | 0:38 | 0:10 | 2:06 |
| | | | | 21:53 | 22:51 | 26:32 | 28:32 | 29:38 | 29:47 | | | | | | | | |
| | | | | 3:17 | 0:58 | 3:41 | 2:00 | 1:06 | 0:09 | | | | | | | | |
| 6 | 203 | Pedro Mayol Clemente MURCIA-O Murcia | 29:56 | 3:54 | 5:41 | 7:04 | 7:57 | 9:31 | 9:40 | 11:11 | 12:00 | 12:42 | 13:28 | 16:41 | 17:20 | 17:36 | 19:26 |
| | | | | 3:54 | 1:47 | 1:23 | 0:53 | 1:34 | 0:09 | 1:31 | 0:49 | 0:42 | 0:46 | 3:13 | 0:39 | 0:16 | 1:50 |
| | | | | 23:26 | 24:27 | 27:20 | 29:03 | 30:12 | 30:21 | | | | | | | | |
| | | | | 4:00 | 1:01 | 2:53 | 1:43 | 1:09 | 0:09 | | | | | | | | |
| 7 | 212 | Patxi Quintana Díaz De Cerio CDNAVARRA Navarra | 30:04 | 3:50 | 5:50 | 7:07 | 7:59 | 9:39 | 9:48 | 11:05 | 12:06 | 12:47 | 13:43 | 16:27 | 17:10 | 17:36 | 19:31 |
| | | | | 3:50 | 2:00 | 1:17 | 0:52 | 1:40 | 0:09 | 1:17 | 1:01 | 0:41 | 0:56 | 2:44 | 0:43 | 0:26 | 1:55 |
| | | | | 23:07 | 24:14 | 27:21 | 29:15 | 30:29 | 30:39 | | | | | | | | |
| | | | | 3:36 | 1:07 | 3:07 | 1:54 | 1:14 | 0:10 | | | | | | | | |
| 8 | 261 | Claudio Sánchez Sánchez TOLEDO-O Toledo | 31:13 | 4:19 | 6:06 | 7:29 | 8:26 | 10:09 | 10:19 | 11:40 | 12:42 | 13:24 | 14:10 | 17:17 | 17:57 | 18:08 | 20:26 |
| | | | | 4:19 | 1:47 | 1:23 | 0:57 | 1:43 | 0:10 | 1:21 | 1:02 | 0:42 | 0:46 | 3:07 | 0:40 | 0:11 | 2:18 |
| | | | | 24:12 | 25:14 | 28:22 | 30:16 | 31:24 | 31:34 | | | | | | | | |
| | | | | 3:46 | 1:02 | 3:08 | 1:54 | 1:08 | 0:10 | | | | | | | | |
| 9 | 389 | Santi Guillen Santamaría GO-XTREM Girona | 31:45 | 4:15 | 6:39 | 8:06 | 8:56 | 10:44 | 10:56 | 12:11 | 13:36 | 14:17 | 15:05 | 17:53 | 18:41 | 18:51 | 20:53 |
| | | | | 4:15 | 2:24 | 1:27 | 0:50 | 1:48 | 0:12 | 1:15 | 1:25 | 0:41 | 0:48 | 2:48 | 0:48 | 0:10 | 2:02 |
| | | | | 24:31 | 25:39 | 28:50 | 30:55 | 31:59 | 32:07 | | | | | | | | |
| | | | | 3:38 | 1:08 | 3:11 | 2:05 | 1:04 | 0:08 | | | | | | | | |
| 10 | 193 | Jose Feliciano Fernández Arriaga IMPERDIBLE Madrid | 31:54 | 4:20 | 6:26 | 8:13 | 9:12 | 11:06 | 11:17 | 12:48 | 13:35 | 14:22 | 15:17 | 18:06 | 18:48 | 19:06 | 21:08 |
| | | | | 4:20 | 2:06 | 1:47 | 0:59 | 1:54 | 0:11 | 1:31 | 0:47 | 0:47 | 0:55 | 2:49 | 0:42 | 0:18 | 2:02 |
| | | | | 24:50 | 25:55 | 29:11 | 31:04 | 32:13 | 32:23 | | | | | | | | |
| | | | | 3:42 | 1:05 | 3:16 | 1:53 | 1:09 | 0:10 | | | | | | | | |
| 11 | 473 | Juan Manuel Lasso Frías CDP-O Valladolid | 32:19 | 4:35 | 6:22 | 7:54 | 8:48 | 10:35 | 10:48 | 12:32 | 13:19 | 14:06 | 15:01 | 17:51 | 18:35 | 18:43 | 20:48 |
| | | | | 4:35 | 1:47 | 1:32 | 0:54 | 1:47 | 0:13 | 1:44 | 0:47 | 0:47 | 0:55 | 2:50 | 0:44 | 0:08 | 2:05 |
| | | | | 24:46 | 25:54 | 29:10 | 31:16 | 32:29 | 32:40 | | | | | | | | |
| | | | | 3:58 | 1:08 | 3:16 | 2:06 | 1:13 | 0:11 | | | | | | | | |
| 12 | 569 | Ivan Bothar FEDO FEDO | 34:52 | 5:02 | 7:09 | 8:42 | 9:49 | 11:54 | 12:04 | 14:01 | 15:17 | 16:06 | 16:59 | 19:58 | 20:43 | 20:52 | 23:04 |
| | | | | 5:02 | 2:07 | 1:33 | 1:07 | 2:05 | 0:10 | 1:57 | 1:16 | 0:49 | 0:53 | 2:59 | 0:45 | 0:09 | 2:12 |
| | | | | 27:01 | 28:16 | 31:41 | 33:45 | 35:00 | 35:11 | | | | | | | | |
| | | | | 3:57 | 1:15 | 3:25 | 2:04 | 1:15 | 0:11 | | | | | | | | |
| 13 | 117 | José Ángel Nieto Poblete O-CIUDAD R Ciudad Real | 34:53 | 4:25 | 6:14 | 7:50 | 8:47 | 10:37 | 10:47 | 12:13 | 13:04 | 14:02 | 14:56 | 17:50 | 18:34 | 18:43 | 20:53 |
| | | | | 4:25 | 1:49 | 1:36 | 0:57 | 1:50 | 0:10 | 1:26 | 0:51 | 0:58 | 0:54 | 2:54 | 0:44 | 0:09 | 2:10 |
| | | | | 26:14 | 27:24 | 30:48 | 33:44 | 35:01 | 35:12 | | | | | | | | |

| Pos | Jorsal | Nombre | Tiempo | | | | | | | | | | | | | | |
|---|--------|--|--------|-------------------------------|-------------------------------|--------------------------------|--------------------------------|---|---|----------------|---------------|---------------|---------------|--------------------------|---------------|--------------------------|---------------|
| H-45 (22) Partes anuladas: 48-47,49-50 | | | | 4.6 km 10 m 19 C | | | | | | <i>(cont.)</i> | | | | | | | |
| | | | | 1(45) 15(58) | 2(36) 16(61) | 3(38) 17(80) | 4(43) 18(41) | 5(48) 19(200) | 6(47) F | 7(52) | 8(54) | 9(55) | 10(53) | 11(51) | 12(49) | 13(50) | 14(31) |
| 16 | 456 | Alejandro Camblor Fernández LA BRUJULA Asturias | 36:52 | 4:43 4:43 28:14 4:23 | 6:50 2:07 29:27 1:13 | 8:36 1:46 33:26 3:59 | 9:43 1:07 35:41 2:15 | 11:55 2:12 37:03 1:22 | 12:06 0:44 37:13 0:10 | 13:46 1:40 | 14:45 0:59 | 15:42 0:57 | 16:46 1:04 | 20:16 3:30 | 21:01 0:45 | 21:11 0:40 | 23:51 2:40 |
| 17 | 289 | José Luis Méndez Del Pie COV Valladolid | 37:56 | 5:13 5:13 29:01 4:32 | 7:32 2:19 30:13 1:12 | 9:15 1:43 34:02 3:49 | 10:23 1:08 36:26 2:24 | 12:13 1:50 38:08 1:42 | 12:24 0:44 38:19 0:11 | 15:09 2:45 | 16:04 0:55 | 16:52 0:48 | 17:54 1:02 | 21:02 3:08 | 21:44 0:42 | 21:56 0:42 | 24:29 2:33 |
| 18 | 142 | José Méndez Sánchez COC Barcelona | 41:19 | 4:31 4:31 27:14 4:03 | 6:56 2:25 28:30 1:16 | 8:45 1:49 31:52 3:22 | 9:43 0:58 34:01 2:09 | 11:45 2:02 41:56 7:55 | 12:13 0:20 42:05 0:09 | 13:38 1:25 | 14:38 1:00 | 15:23 0:45 | 16:27 1:04 | 19:50 3:23 | 20:39 0:49 | 20:57 0:48 | 23:11 2:14 |
| 19 | 184 | Pedro Villar Martinez IBÓN Zaragoza | 43:01 | 4:49 4:49 34:10 4:37 | 6:54 2:05 35:14 1:04 | 8:26 1:32 39:50 4:36 | 9:16 0:50 41:55 2:05 | 11:25 2:09 43:22 1:27 | 11:41 0:46 43:32 0:10 | 13:15 1:34 | 14:01 0:46 | 14:48 0:47 | 15:44 0:56 | 26:38 10:54 | 27:21 0:43 | 27:36 0:45 | 29:33 1:57 |
| 20 | 390 | Indalecio González Hueso GO-XTREM Girona | 44:18 | 5:45 5:45 33:39 5:09 | 8:34 2:49 35:30 1:51 | 10:31 1:57 39:57 4:27 | 12:11 1:40 42:42 2:45 | 14:42 2:31 44:26 1:44 | 14:51 0:09 44:36 0:10 | 16:56 2:05 | 17:58 1:02 | 19:04 1:06 | 20:21 1:17 | 24:09 3:48 | 25:20 1:11 | 25:29 0:09 | 28:30 3:01 |
| 21 | 156 | José Ramal Gea COLIVENC Alicante | 48:28 | 6:07 6:07 37:26 5:30 | 9:53 3:46 39:17 1:51 | 11:58 2:05 44:31 5:14 | 13:27 1:29 47:25 2:54 | 15:54 2:27 49:01 1:36 | 16:09 0:45 49:13 0:12 | 18:11 2:02 | 19:21 1:10 | 20:25 1:04 | 21:45 1:20 | 27:06 5:21 | 28:05 0:59 | 28:35 0:30 | 31:56 3:21 |
| 22 | 106 | Juan Carlos Cantera Varga COAraba Vitoria | 49:02 | 6:14 6:14 37:45 6:22 | 8:52 2:38 39:20 1:35 | 10:51 1:59 44:20 5:00 | 12:10 1:19 47:12 2:52 | 14:56 2:46 49:15 2:03 | 15:07 0:44 49:27 0:12 | 19:35 4:28 | 20:35 1:00 | 21:41 1:06 | 22:57 1:16 | 26:59 4:02 | 28:00 1:01 | 28:14 0:44 | 31:23 3:09 |
| H-50 (17) Partes anuladas: 47-48,50-49 | | | | 3.9 km 10 m 19 C | | | | | | | | | | | | | |
| | | | | 1(42) 15(46) | 2(33) 16(41) | 3(32) 17(39) | 4(50) 18(56) | 5(49) 19(200) | 6(51) F | 7(55) | 8(52) | 9(53) | 10(47) | 11(48) | 12(43) | 13(38) | 14(36) |
| 1 | 468 | Javier Prada González CDP-O Valladolid | 24:38 | 2:07 2:07 18:49 2:35 | 3:20 1:13 22:27 3:38 | 5:41 2:21 23:02 0:35 | 6:07 0:26 24:54 1:23 | 6:22 0:45 25:03 0:29 | 6:58 0:36 25:03 0:09 | 9:49 2:51 | 10:06 0:17 | 10:43 0:37 | 12:01 1:18 | 12:11 0:40 | 13:43 1:32 | 14:43 1:00 | 16:14 1:31 |
| 2 | 480 | Francisco Iglesias Huertos CDP-O Valladolid | 25:37 | 2:48 2:48 20:49 2:38 | 4:10 1:22 23:39 2:50 | 6:09 1:59 24:21 0:42 | 6:43 0:34 25:36 1:15 | 6:56 0:43 26:14 0:38 | 7:35 0:39 26:26 0:12 | 10:54 3:19 | 11:15 0:21 | 12:03 0:48 | 13:14 1:11 | 13:50 0:36 | 15:26 1:36 | 16:23 0:57 | 18:11 1:48 |
| 3 | 244 | Carlos Pérez Lorente TOLEDO-O Toledo | 25:56 | 3:43 3:43 21:06 2:23 | 4:56 1:13 24:00 2:54 | 7:02 2:06 24:42 0:42 | 7:32 0:30 25:40 0:58 | 7:47 0:45 26:13 0:33 | 8:24 0:37 26:22 0:09 | 11:32 3:08 | 11:52 0:20 | 12:30 0:38 | 14:00 1:30 | 14:11 0:44 | 16:06 1:55 | 17:07 1:01 | 18:43 1:36 |
| 4 | 428 | Santiago Del Moral Durà UNIVERSIDA Alicante | 28:03 | 2:50 2:50 22:38 2:52 | 4:30 1:40 25:43 3:05 | 7:03 0:39 26:33 0:50 | 7:42 0:43 27:37 1:04 | 7:55 0:43 28:15 0:38 | 8:45 0:50 28:27 0:12 | 12:06 3:21 | 12:31 0:25 | 13:20 0:49 | 14:57 1:37 | 15:08 0:44 | 17:09 2:01 | 18:13 1:04 | 19:46 1:33 |
| 5 | 175 | Eugenio A. Rodríguez Núñez FLUVIAL LU Lugo | 28:28 | 2:53 2:53 ----- 5:53 | 4:24 1:31 25:50 0:58 | 6:43 2:19 26:48 1:03 | 7:16 0:33 27:51 0:40 | 7:24 0:08 28:31 0:14 | 8:06 0:42 28:45 0:14 | 12:16 4:10 | 12:36 0:20 | 13:19 0:43 | 14:49 1:30 | 14:58 0:09 | 17:00 2:02 | 18:04 1:04 | 19:57 1:53 |
| 6 | 101 | Miguel Ángel García Grinda ADOL Sevilla | 30:42 | 3:07 3:07 24:21 2:56 | 4:52 1:45 28:17 3:56 | 7:42 2:50 29:09 0:52 | 8:20 0:38 30:13 1:04 | 8:31 0:44 30:53 0:40 | 9:13 0:42 31:04 0:11 | 12:57 3:44 | 13:21 0:24 | 14:09 0:48 | 15:51 1:42 | 16:02 0:44 | 18:16 2:14 | 19:27 1:11 | 21:25 1:58 |
| 7 | 138 | Josep Maria Dedeu Rosell COC Barcelona | 33:13 | 2:58 2:58 26:28 3:29 | 4:44 1:46 30:11 3:43 | 7:26 2:42 31:11 1:00 | 8:07 0:41 32:31 1:20 | 8:17 0:40 33:21 0:50 | 9:04 0:47 33:32 0:11 | 13:53 4:49 | 14:20 0:27 | 15:14 0:54 | 17:08 1:54 | 17:17 0:09 | 19:40 2:23 | 20:57 1:17 | 22:59 2:02 |
| 8 | 317 | Juan José Arza Martín COV Valladolid | 33:35 | 4:08 4:08 27:48 3:02 | 5:45 1:37 31:02 3:14 | 10:59 5:14 32:00 0:58 | 11:39 0:40 33:18 1:18 | 11:56 0:47 33:58 0:40 | 12:53 0:57 34:08 0:10 | 16:14 3:21 | 16:47 0:33 | 18:20 1:33 | 19:44 1:24 | 20:00 0:46 | 22:02 2:02 | 23:05 1:03 | 24:46 1:41 |
| 9 | 169 | Elías Tristán Martínez CORZO Burgos | 34:05 | 3:37 3:37 28:19 3:24 | 5:18 1:41 31:47 3:28 | 7:47 2:29 33:06 1:19 | 8:22 0:35 34:22 1:16 | 8:33 0:44 34:58 0:36 | 9:32 0:59 35:09 0:11 | 14:21 4:49 | 14:42 0:21 | 17:07 2:25 | 18:34 1:27 | 19:27 0:53 | 21:31 2:04 | 22:39 1:08 | 24:55 2:16 |
| 10 | 228 | José Luis Cobas López RUMBO-MADR Madrid | 34:36 | 3:06 3:06 27:30 4:26 | 4:43 1:37 32:06 4:36 | 7:37 2:54 32:56 0:50 | 8:19 0:42 34:04 1:08 | 8:30 0:44 34:45 0:41 | 9:17 0:47 34:57 0:12 | 14:24 5:07 | 14:54 0:30 | 15:51 0:57 | 17:42 1:51 | 17:52 0:40 | 20:09 2:17 | 21:21 1:12 | 23:04 1:43 |
| 11 | 469 | Juan Carlos Antón Pérez CDP-O Valladolid | 36:16 | 2:51 2:51 29:29 2:52 | 4:45 1:54 33:53 4:24 | 12:56 8:11 34:40 0:47 | 13:37 0:41 35:49 1:09 | 13:47 0:40 36:28 0:39 | 14:51 1:04 36:38 0:10 | 18:20 3:29 | 18:44 0:24 | 19:36 0:52 | 21:12 1:36 | 21:24 0:42 | 23:27 2:03 | 24:45 1:18 | 26:37 1:52 |
| 12 | 147 | Luis Diéguez Margallo CODAN EXTR Badajoz | 39:56 | 4:48 4:48 28:38 5:28 | 6:28 1:40 34:46 6:08 | 9:03 2:35 36:20 1:34 | 9:39 0:36 38:32 2:12 | 9:53 0:44 40:00 1:28 | 10:38 0:45 40:24 0:24 | 14:31 3:53 | 14:51 0:20 | 15:39 0:48 | 17:07 1:28 | 17:21 0:44 | 19:37 2:16 | 20:49 1:12 | 23:10 2:21 |
| 13 | 286 | José Luis Gómez Becerra COV Valladolid | 41:02 | 3:12 3:12 33:30 3:38 | 8:05 4:53 37:48 4:18 | 15:06 7:01 38:46 0:58 | 15:44 0:38 40:18 1:32 | 15:53 0:09 41:10 0:52 | 16:42 0:49 41:22 0:12 | 20:53 4:11 | 21:16 0:23 | 22:04 0:48 | 23:55 1:51 | 24:06 0:44 | 26:27 2:21 | 27:42 1:15 | 29:52 2:10 |
| 14 | 290 | José Ignacio Puebla Gutiérrez COV Valladolid | 42:40 | 3:21 3:21 33:50 3:20 | 5:07 1:46 39:09 5:19 | 15:02 9:55 40:30 1:21 | 15:43 0:41 42:04 1:34 | 15:52 0:09 42:50 0:46 | 17:09 1:17 42:59 0:09 | 21:15 4:06 | 21:41 0:26 | 22:28 0:47 | 24:15 1:47 | 24:25 0:40 | 26:39 2:14 | 27:53 1:14 | 30:30 2:37 |

| Pos | Jorsal | Nombre | Tempo | | | | | | | | | | | | | | |
|--|--------|--|-------------|-------------------------|---------|-----------------|-----------------|------------------|--------|--------|----------------|-----------------|-----------------|-----------------|--------|-----------------|-----------------|
| H-50 (17) Partes anuladas: 47-48,50-49 | | | | 3.9 km 10 m 19 C | | | | | | | <i>(cont.)</i> | | | | | | |
| | | | | 1(42) | 2(33) | 3(32) | 4(50) | 5(49) | 6(51) | 7(55) | 8(52) | 9(53) | 10(47) | 11(48) | 12(43) | 13(38) | 14(36) |
| | | | | 15(46) | 16(41) | 17(39) | 18(56) | 19(200) | F | | | | | | | | |
| 15 | 177 | Walter Schuit GOCAN Madrid | 46:07 | 4:12 | 6:42 | 10:29 | 11:42 | 12:18 | 13:33 | 19:52 | 20:35 | 21:59 | 24:33 | 24:50 | 28:20 | 29:57 | 32:41 |
| | | | | 4:12 | 2:30 | 3:47 | 1:13 | 0:36 | 1:15 | 6:19 | 0:43 | 1:24 | 2:34 | 0:47 | 3:30 | 1:37 | 2:44 |
| | | | | 37:03 | 42:35 | 44:00 | 45:40 | 46:42 | 47:00 | | | | | | | | |
| | | | | 4:22 | 5:32 | 1:25 | 1:40 | 1:02 | 0:18 | | | | | | | | |
| | 531 | Juan Carlos Miranda Blasco ALABARDA-O Madrid | or en tarj. | 2:39 | 4:02 | 6:17 | 6:49 | 6:57 | 7:35 | 10:59 | 11:22 | 12:01 | 13:27 | 13:35 | 15:48 | 17:02 | 18:33 |
| | | | | 2:39 | 1:23 | 2:15 | 0:32 | 0:08 | 0:38 | 3:24 | 0:23 | 0:39 | 1:26 | 0:08 | 2:13 | 1:14 | 1:31 |
| | | | | 21:23 | ----- | 24:05 | 25:06 | 25:45 | 25:52 | | | | | | | | |
| | | | | 2:50 | | 2:42 | 1:01 | 0:39 | 0:07 | | | | | | | | |
| | 293 | Fernando Sánchez Mínguez COV Valladolid | or en tarj. | 2:39 | 4:09 | 6:56 | 7:41 | 7:59 | 8:58 | 12:36 | 13:03 | 14:13 | 15:50 | 16:03 | 18:14 | 19:18 | 20:58 |
| | | | | 2:39 | 1:30 | 2:47 | 0:45 | 0:48 | 0:59 | 3:38 | 0:27 | 1:10 | 1:37 | 0:43 | 2:11 | 1:04 | 1:40 |
| | | | | 23:53 | 27:03 | 27:49 | ----- | 28:57 | 29:08 | | | | | | | | |
| | | | | 2:55 | 3:10 | 0:46 | | 1:08 | 0:11 | | | | | | | | |
| H-55 (2) Partes anuladas: 47-48,48-47 | | | | 3.6 km 10 m 16 C | | | | | | | | | | | | | |
| | | | | 1(41) | 2(35) | 3(36) | 4(38) | 5(33) | 6(34) | 7(46) | 8(48) | 9(47) | 10(52) | 11(54) | 12(47) | 13(48) | 14(31) |
| | | | | 15(56) | 16(200) | F | | | | | | | | | | | |
| 1 | 269 | Pablo José Costa Cánovas TOTANA-O Murcia | 27:38 | 1:58 | 4:33 | 6:05 | 7:45 | 9:39 | 11:09 | 14:55 | 17:25 | 17:40 | 19:22 | 20:32 | 21:58 | 22:12 | 24:49 |
| | | | | 1:58 | 2:35 | 1:32 | 1:40 | 1:54 | 1:30 | 3:46 | 2:30 | 0:45 | 1:42 | 1:10 | 1:26 | 0:44 | 2:37 |
| | | | | 27:12 | 27:55 | 28:07 | | | | | | | | | | | |
| | | | | 2:23 | 0:43 | 0:12 | | | | | | | | | | | |
| 2 | 291 | José María Galván Mangas COV Valladolid | 35:04 | 2:25 | 5:27 | 7:29 | 9:46 | 12:31 | 14:49 | 20:09 | 23:21 | 23:29 | 25:35 | 26:53 | 28:30 | 28:40 | 31:37 |
| | | | | 2:25 | 3:02 | 2:02 | 2:17 | 2:45 | 2:18 | 5:20 | 3:12 | 0:08 | 2:06 | 1:18 | 1:37 | 0:40 | 2:57 |
| | | | | 34:24 | 35:10 | 35:22 | | | | | | | | | | | |
| | | | | 2:47 | 0:46 | 0:12 | | | | | | | | | | | |
| H-E (19) Partes anuladas: 48-47,49-50,60-59,64-63,73-74 | | | | 7.0 km 10 m 30 C | | | | | | | | | | | | | |
| | | | | 1(36) | 2(48) | 3(47) | 4(52) | 5(54) | 6(53) | 7(55) | 8(51) | 9(49) | 10(50) | 11(62) | 12(82) | 13(64) | 14(63) |
| | | | | 15(71) | 16(72) | 17(73) | 18(74) | 19(76) | 20(79) | 21(77) | 22(78) | 23(60) | 24(59) | 25(58) | 26(43) | 27(31) | 28(33) |
| | | | | 29(42) | 30(200) | F | | | | | | | | | | | |
| 1 | 188 | Raúl Martín Gómez IMPERDIBLE Madrid | 32:40 | 3:12 | 4:15 | 4:22 | 5:20 | 6:01 | 6:19 | 6:54 | 9:15 | 9:48 | 9:57 | 14:50 | 17:08 | 17:33 | 17:45 |
| | | | | 3:12 | 1:03 | 0:07 | 0:58 | 0:41 | 0:18 | 0:35 | 2:21 | 0:33 | 0:09 | 4:53 | 2:18 | 0:25 | 0:42 |
| | | | | 20:34 | 21:48 | 23:44 | 23:55 | 24:25 | 25:22 | 26:05 | 26:24 | 27:23 | 27:31 | 27:49 | 29:25 | 30:44 | 31:35 |
| | | | | 2:49 | 1:14 | 1:56 | 0:44 | 0:30 | 0:57 | 0:43 | 0:19 | 0:59 | 0:08 | 0:18 | 1:36 | 1:19 | 0:51 |
| | | | | 32:38 | 33:18 | 33:27 | | | | | | | | | | | |
| | | | | 1:03 | 0:40 | 0:09 | | | | | | | | | | | |
| 2 | 338 | Juan Manuel Mérida Sanchís VILLENA-O Alicante | 34:42 | 3:31 | 4:37 | 4:44 | 5:51 | 6:25 | 6:44 | 7:24 | 10:20 | 10:53 | 11:01 | 16:12 | 18:28 | 18:56 | 19:08 |
| | | | | 3:31 | 1:06 | 0:07 | 1:07 | 0:34 | 0:19 | 0:40 | 2:56 | 0:33 | 0:08 | 5:11 | 2:16 | 0:28 | 0:42 |
| | | | | 22:17 | 23:31 | 25:40 | 25:50 | 26:17 | 27:09 | 27:52 | 28:12 | 29:15 | 29:21 | 29:39 | 31:19 | 32:37 | 33:32 |
| | | | | 3:09 | 1:14 | 2:09 | 0:40 | 0:27 | 0:52 | 0:43 | 0:20 | 1:03 | 0:06 | 0:18 | 1:40 | 1:18 | 0:55 |
| | | | | 34:34 | 35:16 | 35:25 | | | | | | | | | | | |
| | | | | 1:02 | 0:42 | 0:09 | | | | | | | | | | | |
| 3 | 163 | Luis Nogueira de la Muela COMA Málaga | 35:12 | 4:18 | 5:27 | 5:33 | 6:45 | 7:21 | 7:38 | 8:17 | 10:54 | 11:22 | 11:31 | 16:32 | 18:41 | 19:08 | 19:18 |
| | | | | 4:18 | 1:09 | 0:06 | 1:12 | 0:36 | 0:17 | 0:39 | 2:37 | 0:28 | 0:09 | 5:01 | 2:09 | 0:27 | 0:40 |
| | | | | 22:23 | 23:37 | 25:42 | 25:53 | 26:19 | 27:16 | 28:09 | 28:29 | 29:32 | 29:38 | 29:56 | 31:31 | 32:56 | 33:49 |
| | | | | 3:05 | 1:14 | 2:05 | 0:44 | 0:26 | 0:57 | 0:53 | 0:20 | 1:03 | 0:06 | 0:18 | 1:35 | 1:25 | 0:53 |
| | | | | 35:01 | 35:45 | 35:54 | | | | | | | | | | | |
| | | | | 1:12 | 0:44 | 0:09 | | | | | | | | | | | |
| 4 | 205 | Santiago Jiménez Molina MURCIA-O Murcia | 35:15 | 3:44 | 4:47 | 4:55 | 5:58 | 6:36 | 6:55 | 7:33 | 10:35 | 11:05 | 11:14 | 16:25 | 18:34 | 18:59 | 19:11 |
| | | | | 3:44 | 1:03 | 0:08 | 1:03 | 0:38 | 0:19 | 0:38 | 3:02 | 0:30 | 0:09 | 5:11 | 2:09 | 0:25 | 0:42 |
| | | | | 22:34 | 23:53 | 25:56 | 26:06 | 26:35 | 27:27 | 28:09 | 28:27 | 29:35 | 29:41 | 30:00 | 31:39 | 33:04 | 34:01 |
| | | | | 3:23 | 1:19 | 2:03 | 0:40 | 0:29 | 0:52 | 0:42 | 0:18 | 1:08 | 0:06 | 0:19 | 1:39 | 1:25 | 0:57 |
| | | | | 35:05 | 35:52 | 36:00 | | | | | | | | | | | |
| | | | | 1:04 | 0:47 | 0:08 | | | | | | | | | | | |
| 5 | 271 | Emili Sellés Seguí UPV-O Valencia | 35:58 | 3:20 | 4:20 | 4:27 | 6:16 | 6:51 | 7:11 | 8:50 | 11:19 | 11:53 | 12:03 | 17:03 | 19:23 | 19:49 | 19:58 |
| | | | | 3:20 | 1:00 | 0:07 | 1:49 | 0:35 | 0:20 | 1:39 | 2:29 | 0:34 | 0:40 | 5:00 | 2:20 | 0:26 | 0:06 |
| | | | | 22:54 | 24:07 | 26:34 | 26:47 | 27:15 | 28:04 | 28:44 | 29:04 | 30:07 | 30:14 | 30:32 | 32:11 | 33:37 | 34:33 |
| | | | | 2:56 | 1:13 | 2:27 | 0:43 | 0:28 | 0:49 | 0:40 | 0:20 | 1:03 | 0:07 | 0:18 | 1:39 | 1:26 | 0:56 |
| | | | | 35:48 | 36:35 | 36:44 | | | | | | | | | | | |
| | | | | 1:15 | 0:47 | 0:09 | | | | | | | | | | | |
| 6 | 162 | Javier Ruiz De La Herrán Pidal COMA Málaga | 36:08 | 3:39 | 4:45 | 4:52 | 6:02 | 6:38 | 6:58 | 7:41 | 10:29 | 11:01 | 11:09 | 16:38 | 18:57 | 19:27 | 19:44 |
| | | | | 3:39 | 1:06 | 0:07 | 1:10 | 0:36 | 0:20 | 0:43 | 2:48 | 0:32 | 0:08 | 5:29 | 2:19 | 0:30 | 0:47 |
| | | | | 22:56 | 24:12 | 26:23 | 26:33 | 27:02 | 28:04 | 28:48 | 29:07 | 30:14 | 30:25 | 30:46 | 32:30 | 33:58 | 34:59 |
| | | | | 3:12 | 1:16 | 2:11 | 0:40 | 0:29 | 1:02 | 0:44 | 0:19 | 1:07 | 0:44 | 0:21 | 1:44 | 1:28 | 1:01 |
| | | | | 36:06 | 36:52 | 37:01 | | | | | | | | | | | |
| | | | | 1:07 | 0:46 | 0:09 | | | | | | | | | | | |
| 7 | 554 | Fernando Soriano Rubio COHU FEDO | 36:14 | 3:37 | 4:39 | 4:45 | 5:49 | 6:31 | 6:54 | 7:33 | 10:18 | 10:49 | 10:56 | 16:14 | 18:33 | 18:57 | 19:06 |
| | | | | 3:37 | 1:02 | 0:06 | 1:04 | 0:42 | 0:23 | 0:39 | 2:45 | 0:31 | 0:07 | 5:18 | 2:19 | 0:24 | 0:06 |
| | | | | 22:21 | 23:38 | 26:03 | 26:14 | 26:44 | 27:47 | 28:32 | 28:53 | 30:06 | 30:12 | 30:33 | 32:19 | 33:47 | 34:46 |
| | | | | 3:15 | 1:17 | 2:25 | 0:44 | 0:30 | 1:03 | 0:45 | 0:21 | 1:13 | 0:06 | 0:21 | 1:46 | 1:28 | 0:59 |
| | | | | 35:59 | 36:41 | 36:53 | | | | | | | | | | | |
| | | | | 1:13 | 0:42 | 0:12 | | | | | | | | | | | |
| 8 | 125 | Urtzi Iglesias Mota COBI Vizcaya | 37:37 | 3:55 | 4:59 | 5:06 | 6:11 | 6:49 | 7:08 | 7:49 | 10:34 | 11:09 | 11:19 | 17:00 | 19:27 | 19:56 | 20:14 |
| | | | | 3:55 | 1:04 | 0:07 | 1:05 | 0:38 | 0:19 | 0:41 | 2:45 | 0:35 | 0:40 | 5:41 | 2:27 | 0:29 | 0:46 |
| | | | | 23:38 | 25:01 | 27:23 | 27:35 | 28:07 | 29:03 | 29:52 | 30:15 | 31:25 | 31:34 | 31:54 | 33:45 | 35:17 | 36:20 |
| | | | | 3:24 | 1:23 | 2:22 | 0:42 | 0:32 | 0:56 | 0:49 | 0:23 | 1:10 | 0:09 | 0:20 | 1:51 | 1:32 | 1:03 |
| | | | | 37:33 | 38:24 | 38:33 | | | | | | | | | | | |
| | | | | 1:13 | 0:51 | 0:09 | | | | | | | | | | | |
| 9 | 114 | Benet Totusaus Gargallo BADALONA-O Barcelona | 38:19 | 3:26 | 4:34 | 4:42 | 5:50 | 6:29 | 6:50 | 7:37 | 10:23 | 10:59 | 11:10 | 17:06 | 19:35 | 20:06 | 20:19 |
| | | | | 3:26 | 1:08 | 0:08 | 1:08 | 0:39 | 0:21 | 0:47 | 2:46 | 0:36 | 0:44 | 5:56 | 2:29 | 0:31 | 0:43 |
| | | | | 23:41 | 25:04 | 27:30 | 27:41 | 28:16 | 29:27 | 30:17 | 30:39 | 31:49 | 31:58 | 32:20 | 34:13 | 35:44 | 36:46 |
| | | | | 3:22 | 1:23 | 2:26 | 0:44 | 0:35 | 1:11 | 0:50 | 0:22 | 1:10 | 0:09 | 0:22 | 1:53 | 1:31 | 1:02 |
| | | | | 38:15 | 39:02 | 39:11 | | | | | | | | | | | |
| | | | | 1:29 | 0: | | | | | | | | | | | | |

| Pos | Jorsal | Nombre | Tiempo | | | | | | | | | | | | | | |
|--|------------|--|-------------------------|-------------|-------------|-----------------|-----------------|-------------|-------------|-------------|--------------|--------------|-----------------|----------------|--------------|--------------|-----------------|
| H-E (19) Partes anuladas: 48-47,49-50,60-59,64-63,73-74 | | | 7.0 km 10 m 30 C | | | | | | | | | | | <i>(cont.)</i> | | | |
| | | | 1(36) | 2(48) | 3(47) | 4(52) | 5(54) | 6(53) | 7(55) | 8(51) | 9(49) | 10(50) | 11(62) | 12(82) | 13(64) | 14(63) | |
| | | | 15(71) | 16(72) | 17(73) | 18(74) | 19(76) | 20(79) | 21(77) | 22(78) | 23(60) | 24(59) | 25(58) | 26(43) | 27(31) | 28(33) | |
| | | | 29(42) | 30(200) | F | | | | | | | | | | | | |
| 10 | 107 | Ignacio González Casero COAraba Vitoria | 39:23 | 3:37 | 4:46 | 4:57 | 6:06 | 6:50 | 7:26 | 8:07 | 11:50 | 12:28 | 12:54 | 18:48 | 21:10 | 21:40 | 21:52 |
| | | | | 3:37 | 1:09 | 0:44 | 1:09 | 0:44 | 0:36 | 0:41 | 3:43 | 0:38 | 0:26 | 5:54 | 2:22 | 0:30 | 0:42 |
| | | | | 25:17 | 26:40 | 29:27 | 29:48 | 30:18 | 31:19 | 32:06 | 32:26 | 33:33 | 33:46 | 34:07 | 36:01 | 37:33 | 38:38 |
| | | | | 3:25 | 1:23 | 2:47 | 0:24 | 0:30 | 1:01 | 0:47 | 0:20 | 1:07 | 0:43 | 0:21 | 1:54 | 1:32 | 1:05 |
| | | | | 39:50 | 40:37 | 40:46 | | | | | | | | | | | |
| | | | | 1:12 | 0:47 | 0:09 | | | | | | | | | | | |
| 11 | 495 | Jonás Sánchez Merino VIA PLATA Cáceres | 39:40 | 4:01 | 5:11 | 5:18 | 6:31 | 7:11 | 7:31 | 8:22 | 11:23 | 11:55 | 12:10 | 18:04 | 20:53 | 21:23 | 21:55 |
| | | | | 4:01 | 1:10 | 0:07 | 1:13 | 0:40 | 0:20 | 0:51 | 3:01 | 0:32 | 0:45 | 5:54 | 2:49 | 0:30 | 0:32 |
| | | | | 25:20 | 26:47 | 29:23 | 29:36 | 30:11 | 31:10 | 31:58 | 32:19 | 33:28 | 33:37 | 33:57 | 35:57 | 37:34 | 38:38 |
| | | | | 3:25 | 1:27 | 2:36 | 0:43 | 0:35 | 0:59 | 0:48 | 0:21 | 1:09 | 0:09 | 0:20 | 2:00 | 1:37 | 1:04 |
| | | | | 40:05 | 40:49 | 40:56 | | | | | | | | | | | |
| | | | | 1:27 | 0:44 | 0:07 | | | | | | | | | | | |
| 12 | 128 | Zigor García Gorrotxategi COBI Vizcaya | 39:58 | 4:10 | 5:23 | 5:30 | 6:43 | 7:21 | 7:42 | 8:34 | 11:33 | 12:07 | 12:15 | 18:09 | 20:47 | 21:18 | 21:43 |
| | | | | 4:10 | 1:13 | 0:07 | 1:13 | 0:38 | 0:21 | 0:52 | 2:59 | 0:34 | 0:08 | 5:54 | 2:38 | 0:31 | 0:25 |
| | | | | 25:22 | 26:47 | 29:16 | 29:27 | 30:00 | 31:00 | 31:49 | 32:13 | 33:30 | 33:39 | 34:01 | 35:59 | 37:40 | 38:47 |
| | | | | 3:39 | 1:25 | 2:29 | 0:44 | 0:33 | 1:00 | 0:49 | 0:24 | 1:17 | 0:09 | 0:22 | 1:58 | 1:41 | 1:07 |
| | | | | 40:03 | 40:50 | 40:58 | | | | | | | | | | | |
| | | | | 1:16 | 0:47 | 0:08 | | | | | | | | | | | |
| 13 | 111 | Ángel Álvarez Serto AROMON Pontevedra | 40:17 | 4:01 | 5:17 | 5:24 | 6:45 | 7:26 | 7:46 | 8:30 | 11:29 | 12:08 | 12:16 | 18:28 | 21:06 | 21:36 | 21:45 |
| | | | | 4:01 | 1:16 | 0:07 | 1:21 | 0:41 | 0:20 | 0:44 | 2:59 | 0:39 | 0:08 | 6:12 | 2:38 | 0:30 | 0:09 |
| | | | | 25:52 | 27:13 | 29:32 | 29:42 | 30:15 | 31:15 | 32:03 | 32:22 | 33:35 | 33:41 | 34:01 | 35:56 | 37:34 | 38:40 |
| | | | | 4:07 | 1:21 | 2:19 | 0:40 | 0:33 | 1:00 | 0:48 | 0:19 | 1:13 | 0:06 | 0:20 | 1:55 | 1:38 | 1:06 |
| | | | | 40:01 | 40:49 | 40:57 | | | | | | | | | | | |
| | | | | 1:21 | 0:48 | 0:08 | | | | | | | | | | | |
| 14 | 275 | Alex Tello Lacal VALENCIA-O Valencia | 40:39 | 4:05 | 5:21 | 5:30 | 6:43 | 7:24 | 7:45 | 8:30 | 11:38 | 12:18 | 12:26 | 18:38 | 21:26 | 21:56 | 22:08 |
| | | | | 4:05 | 1:16 | 0:09 | 1:13 | 0:41 | 0:21 | 0:45 | 3:08 | 0:40 | 0:08 | 6:12 | 2:48 | 0:30 | 0:42 |
| | | | | 25:43 | 27:09 | 29:43 | 29:57 | 30:29 | 31:39 | 32:38 | 33:02 | 34:18 | 34:25 | 34:46 | 36:40 | 38:20 | 39:21 |
| | | | | 3:35 | 1:26 | 2:34 | 0:44 | 0:32 | 1:10 | 0:59 | 0:24 | 1:16 | 0:07 | 0:21 | 1:54 | 1:40 | 1:01 |
| | | | | 40:33 | 41:21 | 41:29 | | | | | | | | | | | |
| | | | | 1:12 | 0:48 | 0:08 | | | | | | | | | | | |
| 15 | 149 | Vicente Pascual Cases López COLIVENC Alicante | 42:14 | 4:03 | 5:19 | 5:27 | 6:43 | 7:33 | 8:28 | 9:18 | 12:47 | 13:28 | 13:39 | 19:57 | 22:36 | 23:04 | 23:29 |
| | | | | 4:03 | 1:16 | 0:08 | 1:16 | 0:50 | 0:55 | 0:50 | 3:29 | 0:41 | 0:44 | 6:18 | 2:39 | 0:28 | 0:25 |
| | | | | 27:08 | 28:39 | 31:37 | 32:20 | 32:58 | 34:00 | 34:51 | 35:14 | 36:27 | 36:40 | 37:00 | 38:51 | 40:26 | 41:32 |
| | | | | 3:39 | 1:31 | 2:58 | 0:43 | 0:38 | 1:02 | 0:51 | 0:23 | 1:13 | 0:43 | 0:20 | 1:51 | 1:35 | 1:06 |
| | | | | 42:54 | 43:45 | 43:54 | | | | | | | | | | | |
| | | | | 1:22 | 0:51 | 0:09 | | | | | | | | | | | |
| 16 | 397 | Miguel Ángel Boto Otero PEÑA GUARA Huesca | 43:14 | 3:55 | 5:05 | 5:13 | 6:35 | 7:14 | 7:34 | 8:20 | 12:12 | 12:51 | 13:01 | 20:14 | 22:53 | 23:24 | 23:33 |
| | | | | 3:55 | 1:10 | 0:08 | 1:22 | 0:39 | 0:20 | 0:46 | 3:52 | 0:39 | 0:40 | 7:13 | 2:39 | 0:31 | 0:09 |
| | | | | 27:21 | 28:52 | 31:20 | 31:30 | 32:10 | 33:23 | 34:35 | 34:57 | 36:15 | 36:21 | 36:43 | 38:42 | 40:29 | 41:37 |
| | | | | 3:48 | 1:31 | 2:28 | 0:10 | 0:40 | 1:13 | 1:12 | 0:22 | 1:18 | 0:06 | 0:22 | 1:59 | 1:47 | 1:08 |
| | | | | 42:57 | 43:48 | 43:57 | | | | | | | | | | | |
| | | | | 1:20 | 0:51 | 0:09 | | | | | | | | | | | |
| 17 | 131 | Sabin Ormaza Atxa COBI Vizcaya | 43:38 | 5:39 | 6:48 | 6:57 | 8:19 | 8:58 | 9:18 | 10:01 | 13:16 | 13:56 | 14:31 | 20:52 | 23:34 | 24:06 | 24:51 |
| | | | | 5:39 | 1:09 | 0:09 | 1:22 | 0:39 | 0:20 | 0:43 | 3:15 | 0:40 | 0:35 | 6:21 | 2:42 | 0:32 | 0:45 |
| | | | | 29:14 | 30:48 | 33:43 | 34:25 | 35:03 | 36:04 | 36:54 | 37:15 | 38:29 | 38:57 | 39:16 | 41:14 | 42:51 | 44:01 |
| | | | | 4:23 | 1:34 | 2:55 | 0:42 | 0:38 | 1:01 | 0:50 | 0:21 | 1:14 | 0:28 | 0:19 | 1:58 | 1:37 | 1:10 |
| | | | | 45:19 | 46:08 | 46:17 | | | | | | | | | | | |
| | | | | 1:18 | 0:49 | 0:09 | | | | | | | | | | | |
| 18 | 416 | Cesar Torrejón Rubio TJALVE Burgos | 44:23 | 4:41 | 5:57 | 6:07 | 7:26 | 8:08 | 8:30 | 9:17 | 12:29 | 13:07 | 13:17 | 20:19 | 23:06 | 23:41 | 24:08 |
| | | | | 4:41 | 1:16 | 0:40 | 1:19 | 0:42 | 0:22 | 0:47 | 3:12 | 0:38 | 0:40 | 7:02 | 2:47 | 0:35 | 0:27 |
| | | | | 28:05 | 29:42 | 32:25 | 32:49 | 33:24 | 34:29 | 35:27 | 35:53 | 37:16 | 37:30 | 37:53 | 40:06 | 42:01 | 43:16 |
| | | | | 3:57 | 1:37 | 2:43 | 0:24 | 0:35 | 1:05 | 0:58 | 0:26 | 1:23 | 0:44 | 0:23 | 2:13 | 1:55 | 1:15 |
| | | | | 44:45 | 45:40 | 45:48 | | | | | | | | | | | |
| | | | | 1:29 | 0:55 | 0:08 | | | | | | | | | | | |
| 19 | 274 | Enric Regidor Perona VALENCIA-O Valencia | 46:23 | 4:18 | 5:34 | 5:42 | 6:57 | 7:38 | 8:04 | 9:02 | 12:41 | 13:19 | 13:29 | 20:30 | 23:49 | 24:22 | 25:42 |
| | | | | 4:18 | 1:16 | 0:08 | 1:15 | 0:41 | 0:26 | 0:58 | 3:39 | 0:38 | 0:40 | 7:01 | 3:19 | 0:33 | 4:20 |
| | | | | 29:47 | 31:32 | 34:15 | 34:33 | 35:10 | 36:31 | 37:25 | 37:55 | 39:26 | 39:33 | 40:00 | 42:14 | 44:14 | 45:34 |
| | | | | 4:05 | 1:45 | 2:43 | 0:48 | 0:37 | 1:21 | 0:54 | 0:30 | 1:31 | 0:07 | 0:27 | 2:14 | 2:00 | 1:20 |
| | | | | 47:17 | 48:14 | 48:26 | | | | | | | | | | | |
| | | | | 1:43 | 0:57 | 0:12 | | | | | | | | | | | |
| D-12 (5) | | | 1.2 km 5 m 13 C | | | | | | | | | | | | | | |
| | | | | 1(57) | 2(41) | 3(39) | 4(42) | 5(80) | 6(35) | 7(34) | 8(37) | 9(44) | 10(81) | 11(43) | 12(56) | 13(200) | F |
| 1 | 550 | Ángeles López Ruiz O-SAN ROQU Cádiz | 17:25 | 1:41 | 2:31 | 3:40 | 4:38 | 6:10 | 8:17 | 9:14 | 10:54 | 12:06 | 13:25 | 14:10 | 16:07 | 17:13 | 17:25 |
| | | | | 1:41 | 0:50 | 1:09 | 0:58 | 1:32 | 2:07 | 0:57 | 1:40 | 1:12 | 1:19 | 0:45 | 1:57 | 1:06 | 0:12 |
| 2 | 365 | Marina Cornejo García E D ALCON Leon | 23:48 | 2:27 | 3:11 | 4:03 | 4:53 | 12:11 | 14:13 | 16:33 | 18:47 | 19:48 | 20:48 | 21:28 | 22:47 | 23:36 | 23:48 |
| | | | | 2:27 | 0:44 | 0:52 | 0:50 | 7:18 | 2:02 | 2:20 | 2:14 | 1:01 | 1:00 | 0:40 | 1:19 | 0:49 | 0:12 |
| 3 | 507 | Marta Sánchez Lupón NAVALCAN-O Navalcan | 41:53 | 1:43 | 3:47 | 7:03 | 7:56 | 12:53 | 16:52 | 21:21 | 28:19 | 29:19 | 30:34 | 35:01 | 36:43 | 37:25 | 41:53 |
| | | | | 1:43 | 2:04 | 3:16 | 0:53 | 4:57 | 3:59 | 4:29 | 6:58 | 1:00 | 1:15 | 4:27 | 1:42 | 0:42 | 4:28 |
| 4 | 528 | Lidia Ascacibar Rodríguez RIOJA-O La Rioja | 44:24 | 8:42 | 9:39 | 10:52 | 12:59 | 15:41 | 17:48 | 19:54 | 28:29 | 30:30 | 33:54 | 41:34 | 43:20 | 44:14 | 44:24 |
| | </ | | | | | | | | | | | | | | | | |

| Pos | Jorsal | Nombre | Tiempo | | | | | | | | | | | | | | | | |
|--|--------|--|--------|-------------------------|--------|--------|---------|--------|--------|---------|----------------|-------|--------|--------|--------|---------|--------|--|--|
| D-14 (8) | | | | 2.6 km 10 m 13 C | | | | | | | <i>(cont.)</i> | | | | | | | | |
| | | | | 1(41) | 2(56) | 3(37) | 4(34) | 5(33) | 6(39) | 7(38) | 8(43) | 9(45) | 10(46) | 11(58) | 12(61) | 13(200) | F | | |
| 6 | 420 | Maria Gil Marcos TJALVE Burgos | 25:34 | 4:22 | 6:11 | 8:13 | 9:54 | 11:28 | 12:56 | 14:32 | 16:01 | 17:32 | 19:43 | 21:17 | 22:45 | 25:24 | 25:34 | | |
| 7 | 376 | Marina Gonzalez Martinez E D ALCON Leon | 25:48 | 4:22 | 4:49 | 2:02 | 1:41 | 1:34 | 1:28 | 1:36 | 1:29 | 1:31 | 2:11 | 1:34 | 1:28 | 2:39 | 0:10 | | |
| 8 | 506 | Andrea Sánchez Lupón NAVALCAN-O Navalcan | 43:28 | 2:31 | 1:06 | 6:29 | 8:05 | 9:59 | 11:23 | 13:21 | 14:44 | 16:36 | 19:24 | 21:30 | 23:23 | 25:37 | 25:48 | | |
| | | | | 2:31 | 1:35 | 2:23 | 1:36 | 1:54 | 1:24 | 1:58 | 1:23 | 1:52 | 2:48 | 2:06 | 1:53 | 2:14 | 0:11 | | |
| | | | | 2:28 | 4:05 | 13:57 | 22:08 | 24:28 | 26:23 | 27:56 | 29:22 | 31:21 | 33:32 | 34:56 | 39:30 | 43:17 | 43:28 | | |
| | | | | 2:28 | 1:37 | 9:52 | 8:11 | 2:20 | 1:55 | 1:33 | 1:26 | 1:59 | 2:11 | 1:24 | 4:34 | 3:47 | 0:11 | | |
| D-16 (8) Partes anuladas: 48-47,49-50 | | | | 3.3 km 5 m 18 C | | | | | | | | | | | | | | | |
| | | | | 1(41) | 2(43) | 3(44) | 4(48) | 5(47) | 6(54) | 7(52) | 8(55) | 9(51) | 10(49) | 11(50) | 12(32) | 13(33) | 14(38) | | |
| | | | | 15(36) | 16(34) | 17(40) | 18(200) | F | | | | | | | | | | | |
| 1 | 355 | Verónica González Sánchez E D ALCON Leon | 24:44 | 1:41 | 4:07 | 5:21 | 6:08 | 6:18 | 7:21 | 8:08 | 8:27 | 11:56 | 12:43 | 13:02 | 13:34 | 16:38 | 18:19 | | |
| | | | | 1:41 | 2:26 | 1:14 | 0:47 | 0:40 | 1:03 | 0:47 | 0:19 | 3:29 | 0:47 | 0:49 | 0:32 | 3:04 | 1:41 | | |
| | | | | 19:53 | 20:55 | 23:51 | 25:04 | 25:13 | | | | | | | | | | | |
| | | | | 1:34 | 1:02 | 2:56 | 1:13 | 0:09 | | | | | | | | | | | |
| 2 | 247 | María Rodríguez Corrochano TOLEDO-O Toledo | 25:58 | 1:58 | 4:26 | 5:47 | 6:35 | 6:45 | 7:52 | 8:55 | 9:19 | 13:06 | 13:52 | 14:07 | 14:46 | 17:16 | 19:13 | | |
| | | | | 1:58 | 2:28 | 1:21 | 0:48 | 0:40 | 1:07 | 1:03 | 0:24 | 3:47 | 0:46 | 0:45 | 0:39 | 2:30 | 1:57 | | |
| | | | | 20:58 | 22:03 | 24:47 | 26:09 | 26:23 | | | | | | | | | | | |
| | | | | 1:45 | 1:05 | 2:44 | 1:22 | 0:14 | | | | | | | | | | | |
| 3 | 387 | Andrea Guillen Escribà GO-XTREM Girona | 27:02 | 2:13 | 4:37 | 6:06 | 6:55 | 7:03 | 8:10 | 8:59 | 9:22 | 13:41 | 14:35 | 14:44 | 15:21 | 17:57 | 19:44 | | |
| | | | | 2:13 | 2:24 | 1:29 | 0:49 | 0:08 | 1:07 | 0:49 | 0:23 | 4:19 | 0:54 | 0:09 | 0:37 | 2:36 | 1:47 | | |
| | | | | 21:24 | 22:47 | 25:48 | 27:10 | 27:19 | | | | | | | | | | | |
| | | | | 1:40 | 1:23 | 3:01 | 1:22 | 0:09 | | | | | | | | | | | |
| 3 | 497 | Alba Martín González VIA PLATA Cáceres | 27:02 | 1:59 | 4:28 | 6:04 | 6:53 | 7:04 | 8:07 | 9:02 | 9:32 | 13:25 | 14:11 | 14:28 | 15:01 | 17:47 | 19:31 | | |
| | | | | 1:59 | 2:29 | 1:36 | 0:49 | 0:11 | 1:03 | 0:55 | 0:30 | 3:53 | 0:46 | 0:47 | 0:33 | 2:46 | 1:44 | | |
| | | | | 21:19 | 22:27 | 25:57 | 27:19 | 27:30 | | | | | | | | | | | |
| | | | | 1:48 | 1:08 | 3:30 | 1:22 | 0:11 | | | | | | | | | | | |
| 5 | 372 | Cristina de Miguel Martínez E D ALCON Leon | 29:52 | 2:07 | 4:22 | 6:19 | 7:06 | 7:14 | 8:29 | 9:17 | 9:39 | 15:57 | 16:48 | 16:57 | 17:37 | 21:03 | 22:51 | | |
| | | | | 2:07 | 2:15 | 1:57 | 0:47 | 0:08 | 1:15 | 0:48 | 0:22 | 6:18 | 0:51 | 0:09 | 0:40 | 3:26 | 1:48 | | |
| | | | | 24:34 | 25:39 | 28:38 | 29:59 | 30:09 | | | | | | | | | | | |
| | | | | 1:43 | 1:05 | 2:59 | 1:21 | 0:10 | | | | | | | | | | | |
| 6 | 373 | María García Santos E D ALCON Leon | 30:11 | 1:56 | 4:28 | 6:12 | 7:09 | 7:46 | 9:06 | 10:07 | 10:33 | 15:17 | 16:11 | 16:24 | 17:19 | 20:06 | 22:13 | | |
| | | | | 1:56 | 2:32 | 1:44 | 0:57 | 0:37 | 1:20 | 1:01 | 0:26 | 4:44 | 0:54 | 0:43 | 0:55 | 2:47 | 2:07 | | |
| | | | | 24:24 | 25:48 | 29:13 | 30:51 | 31:01 | | | | | | | | | | | |
| | | | | 2:11 | 1:24 | 3:25 | 1:38 | 0:10 | | | | | | | | | | | |
| 7 | 527 | Eugenia Ascacibar Rodríguez RIOJA-O La Rioja | 31:28 | 1:57 | 4:31 | 6:05 | 6:58 | 7:08 | 8:14 | 9:29 | 10:12 | 15:10 | 16:02 | 16:12 | 18:00 | 20:52 | 23:02 | | |
| | | | | 1:57 | 2:34 | 1:34 | 0:53 | 0:40 | 1:06 | 1:15 | 0:43 | 4:58 | 0:52 | 0:40 | 1:48 | 2:52 | 2:10 | | |
| | | | | 26:03 | 27:10 | 30:25 | 31:39 | 31:48 | | | | | | | | | | | |
| | | | | 3:01 | 1:07 | 3:15 | 1:14 | 0:09 | | | | | | | | | | | |
| 8 | 266 | Maria Martín Cruz TOLEDO-O Toledo | 37:47 | 2:17 | 5:23 | 7:32 | 8:41 | 8:51 | 10:17 | 11:25 | 11:53 | 18:20 | 19:20 | 19:33 | 20:31 | 24:36 | 27:02 | | |
| | | | | 2:17 | 3:06 | 2:09 | 1:09 | 0:40 | 1:26 | 1:08 | 0:28 | 6:27 | 1:00 | 0:43 | 0:58 | 4:05 | 2:26 | | |
| | | | | 29:44 | 31:10 | 36:01 | 37:58 | 38:10 | | | | | | | | | | | |
| | | | | 2:42 | 1:26 | 4:51 | 1:57 | 0:12 | | | | | | | | | | | |
| H-18/20B (5) Partes anuladas: 59-60,63-64,74-73 | | | | 4.6 km 10 m 21 C | | | | | | | | | | | | | | | |
| | | | | 1(35) | 2(31) | 3(56) | 4(33) | 5(36) | 6(46) | 7(58) | 8(59) | 9(60) | 10(77) | 11(79) | 12(76) | 13(74) | 14(73) | | |
| | | | | 15(69) | 16(63) | 17(64) | 18(61) | 19(81) | 20(43) | 21(200) | F | | | | | | | | |
| 1 | 501 | Marcos Cepeda Manzanas NAVALCAN-O Navalcan | 30:13 | 4:12 | 4:50 | 6:54 | 8:39 | 10:29 | 13:07 | 14:12 | 14:38 | 14:47 | 16:05 | 16:56 | 18:01 | 19:09 | 19:20 | | |
| | | | | 4:12 | 0:38 | 2:04 | 1:45 | 1:50 | 2:38 | 1:05 | 0:26 | 0:09 | 1:18 | 0:51 | 1:05 | 1:08 | 0:44 | | |
| | | | | 21:21 | 23:31 | 23:40 | 25:47 | 28:35 | 29:06 | 30:34 | 30:42 | | | | | | | | |
| | | | | 2:01 | 2:10 | 0:09 | 2:07 | 2:48 | 0:31 | 1:28 | 0:08 | | | | | | | | |
| 2 | 471 | Carlos Alberto Antón Adán CDP-O Valladolid | 31:37 | 3:40 | 4:20 | 6:27 | 8:18 | 10:17 | 13:00 | 14:11 | 14:31 | 14:47 | 15:52 | 17:14 | 18:25 | 19:16 | 19:29 | | |
| | | | | 3:40 | 0:40 | 2:07 | 1:51 | 1:59 | 2:43 | 1:11 | 0:20 | 0:46 | 1:05 | 1:22 | 1:11 | 0:51 | 0:43 | | |
| | | | | 22:18 | 24:27 | 24:46 | 26:52 | 30:12 | 30:45 | 32:16 | 32:25 | | | | | | | | |
| | | | | 2:49 | 2:09 | 0:49 | 2:06 | 3:20 | 0:33 | 1:31 | 0:09 | | | | | | | | |
| 3 | 502 | José Carlos Muñoz Domingo NAVALCAN-O Navalcan | 32:46 | 4:18 | 4:57 | 7:31 | 9:22 | 11:15 | 13:52 | 15:05 | 15:35 | 15:43 | 16:59 | 18:06 | 19:27 | 20:15 | 20:31 | | |
| | | | | 4:18 | 0:39 | 2:34 | 1:51 | 1:53 | 2:37 | 1:13 | 0:30 | 0:08 | 1:16 | 1:07 | 1:21 | 0:48 | 0:46 | | |
| | | | | 23:24 | 25:46 | 26:09 | 28:23 | 31:07 | 31:37 | 33:25 | 33:33 | | | | | | | | |
| | | | | 2:53 | 2:22 | 0:23 | 2:14 | 2:44 | 0:30 | 1:48 | 0:08 | | | | | | | | |
| 4 | 352 | Jorge Álvarez Viñuela E D ALCON Leon | 33:58 | 4:40 | 5:18 | 7:33 | 9:33 | 11:39 | ----- | 16:35 | 16:59 | 17:07 | 18:24 | 19:24 | 20:35 | 21:32 | 21:56 | | |
| | | | | 4:40 | 0:38 | 2:15 | 2:00 | 2:06 | ----- | 4:56 | 0:24 | 0:08 | 1:17 | 1:00 | 1:11 | 0:57 | 0:24 | | |
| | | | | 24:00 | 26:39 | 27:12 | 29:29 | 32:38 | 33:11 | 34:52 | 35:03 | | | | | | | | |
| | | | | 2:04 | 2:39 | 0:33 | 2:17 | 3:09 | 0:33 | 1:41 | 0:11 | | | | | | | | |
| 5 | 308 | Diego Carnero Santiago COV Valladolid | 39:45 | 4:27 | 5:12 | 7:38 | 9:52 | 12:05 | 18:38 | 19:55 | 20:23 | 20:33 | 21:58 | 23:04 | 24:50 | 25:43 | 26:12 | | |
| | | | | 4:27 | 0:45 | 2:26 | 2:14 | 2:13 | 6:33 | 1:17 | 0:28 | 0:40 | 1:25 | 1:06 | 1:46 | 0:53 | 0:29 | | |
| | | | | 28:21 | 31:12 | 31:23 | 33:56 | 37:19 | 37:53 | 40:26 | 40:35 | | | | | | | | |
| | | | | 2:09 | 2:51 | 0:44 | 2:33 | 3:23 | 0:34 | 2:33 | 0:09 | | | | | | | | |
| H-60 (5) Partes anuladas: 48-47,49-50 | | | | 3.3 km 5 m 18 C | | | | | | | | | | | | | | | |
| | | | | 1(41) | 2(43) | 3(44) | 4(48) | 5(47) | 6(54) | 7(52) | 8(55) | 9(51) | 10(49) | 11(50) | 12(32) | 13(33) | 14(38) | | |
| | | | | 15(36) | 16(34) | 17(40) | 18(200) | F | | | | | | | | | | | |
| 1 | 270 | Bartolo Molino Canovas TOTANA-O Murcia | 32:08 | 1:59 | 4:45 | 6:18 | 7:18 | 7:30 | 8:53 | 9:52 | 10:20 | 15:14 | 16:13 | 16:27 | 18:24 | 21:52 | 24:03 | | |
| | | | | 1:59 | 2:46 | 1:33 | 1:00 | 0:42 | 1:23 | 0:59 | 0:28 | 4:54 | 0:59 | 0:44 | 1:57 | 3:28 | 2:11 | | |
| | | | | 26:18 | 27:36 | 30:47 | 32:21 | 32:34 | | | | | | | | | | | |
| | | | | 2:15 | 1:18 | 3:11 | 1:34 | 0:13 | | | | | | | | | | | |
| 2 | 237 | Víctor García Berenguer SANT JOAN Alicante | 33:05 | 2:40 | 5:33 | 7:14 | 8:16 | 8:36 | 10:39 | 11:36 | 12:02 | 17:03 | 18:02 | 18:22 | 19:09 | 22:29 | 24:44 | | |
| | | | | 2:40 | 2:53 | 1:41 | 1:02 | 0:20 | 2:03 | 0:57 | 0:26 | 5:01 | 0:59 | 0:20 | 0:47 | 3:20 | 2:15 | | |
| | | | | 26:54 | 28:10 | 31:56 | 33:32 | 33:45 | | | | | | | | | | | |
| | | | | 2:10 | 1:16 | 3:46 | 1:36 | 0:13 | | | | | | | | | | | |
| 3 | 136 | Carles Lladó Badia COC Barcelona | 37:47 | 2:24 | 5:29 | 7:03 | 7:58 | 8:07 | 9:59 | 14:21 | 14:47 | 19:51 | 20:47 | 20:57 | 21:53 | 26:00 | 28:40 | | |
| | | | | 2:24 | 3:05 | 1:34 | 0:55 | 0:09 | 1:52 | 4:22 | 0:26 | 5:04 | 0:56 | 0:40 | 0:56 | 4:07 | 2:40 | | |
| | | | | 30:55 | 32:46 | 35:54 | 37:54 | 38:06 | | | | | | | | | | | |
| | | | | 2:15 | 1:51 | 3:08 | 2:00 | 0:12 | | | | | | | | | | | |
| 4 | 210 | Vasyl Kotuzyak CDNAVARRA Navarra | 40:02 | 2:12 | 5:01 | 6:35 | 7:27 | 7:40 | 8:52 | 10:56 | 11:21 | 15:41 | 16:38 | 16:48 | 18:56 | 21:48 | 24:05 | | |
| | | | | 2:12 | 2:49 | 1:34 | 0:52 | 0:43 | 1:12 | 2:04 | 0:25 | 4:20 | 0:57 | 0:40 | 2:08 | 2:52 | 2:17 | | |
| | | | | 26:57 | 28:06 | 37:02 | 40:07 | 40:25 | | | | | | | | | | | |
| | | | | 2:52 | 1:09 | 8:56 | 3:05 | 0:18 | | | | | | | | | | | |

| Pos | Jorsal | Nombre | Tiempo | | | | | | | | | | | | | | |
|---|--------|--|-------------|---------------------------------|---------------------------------|-----------------------------------|--------------------------------|---|----------------------|-----------------------------|-----------------------------|----------------------|-----------------------------|-----------------------------|----------------------|-----------------------------|----------------------|
| H-60 (5) Partes anuladas: 48-47,49-50 | | | | 3.3 km 5 m 18 C | | | | | | | <i>(cont.)</i> | | | | | | |
| | | | | 1(41) 15(36) | 2(43) 16(34) | 3(44) 17(40) | 4(48) 18(200) | 5(47) F | 6(54) | 7(52) | 8(55) | 9(51) | 10(49) | 11(50) | 12(32) | 13(33) | 14(38) |
| 5 | 292 | José Manuel Sánchez López COV Valladolid | 41:16 | 3:12 3:12 32:18 2:29 | 7:01 3:49 33:49 1:31 | 9:51 2:50 39:30 5:41 | 11:07 1:16 41:31 2:01 | 11:22 0:45 41:47 0:16 | 13:04 1:42 | 14:24 1:20 | 14:58 0:34 | 20:43 5:45 | 21:58 1:15 | 22:14 0:46 | 23:05 0:51 | 26:54 3:49 | 29:49 2:55 |
| OPEN AMARILLO (12) | | | | 1.2 km 5 m 13 C | | | | | | | | | | | | | |
| | | | | 1(57) | 2(41) | 3(39) | 4(42) | 5(80) | 6(35) | 7(34) | 8(37) | 9(44) | 10(81) | 11(43) | 12(56) | 13(200) | F |
| 1 | 198 | Javier Fernandez Cascales IMPERDIBLE Madrid | 20:28 | 1:41 1:41 | 2:30 0:49 | 3:32 1:02 | 4:45 1:13 | 7:22 2:37 | 13:00 5:38 | 14:07 1:07 | 16:34 2:27 | 17:19 0:45 | 18:08 0:49 | 18:35 0:27 | 19:43 1:08 | 20:18 0:35 | 20:28 0:10 |
| 2 | 197 | Pablo Fernandez Cascales IMPERDIBLE Madrid | 21:47 | 1:24 1:24 | 1:59 0:35 | 3:32 1:33 | 4:14 0:42 | 5:26 1:12 | 9:39 4:13 | 10:24 0:45 | 12:24 2:00 | 15:02 2:38 | 18:31 3:29 | 20:02 1:31 | 20:59 0:57 | 21:38 0:39 | 21:47 0:09 |
| 3 | 382 | Desiree del Aguila del Busto CRON La Rioja | 28:17 | 1:39 1:39 | 2:33 0:54 | 3:34 1:01 | 4:54 1:20 | 15:19 10:25 | 17:31 2:12 | 18:33 1:02 | 20:40 2:07 | 22:54 2:14 | 24:09 1:15 | 25:15 1:06 | 26:50 1:35 | 28:02 1:12 | 28:17 0:15 |
| 4 | 324 | Daniel Briso-Montiano Rodriguez COV Valladolid | 30:21 | 5:01 5:01 | 6:48 1:47 | 8:48 2:00 | 10:32 1:44 | 12:48 2:16 | 16:00 3:12 | 17:30 1:30 | 20:30 3:00 | 22:31 2:01 | 24:28 1:57 | 25:29 1:01 | 28:12 2:43 | 29:55 1:43 | 30:21 0:26 |
| 5 | 323 | Guillermo Briso-Montiano Rodriguez COV Valladolid | 31:10 | 3:12 3:12 | 5:58 2:46 | 8:02 2:04 | 10:04 2:02 | 12:56 2:52 | 16:24 3:28 | 18:10 1:46 | 21:09 2:59 | 23:26 2:17 | 25:50 2:24 | 27:00 1:10 | 29:30 2:30 | 30:39 1:09 | 31:10 0:31 |
| 6 | 573 | Iratxe Careaga Barrenechea FEDO FEDO | 36:11 | 3:47 3:47 | 5:37 1:50 | 8:48 3:11 | 11:27 2:39 | 14:07 2:40 | 18:49 4:42 | 21:01 2:12 | 23:28 2:27 | 26:00 2:32 | 28:59 2:59 | 30:08 1:09 | 33:46 3:38 | 35:47 2:01 | 36:11 0:24 |
| 7 | 632 | Endika Ullibarri Aginalo COBI Vizcaya | 37:37 | 3:31 3:31 | 5:06 1:35 | 7:28 2:22 | 9:04 1:36 | 12:12 3:08 | 16:42 4:30 | 18:44 2:02 | 23:10 4:26 | 28:06 4:56 | 30:10 2:04 | 31:31 1:21 | 35:14 3:43 | 37:16 2:02 | 37:37 0:21 |
| 8 | 406 | María Antonia España España PEÑA GUARA Huesca | 46:41 | 4:56 4:56 | 6:53 1:57 | 9:14 2:21 | 11:23 2:09 | 15:06 3:43 | 19:52 4:46 | 23:05 3:13 | 27:58 4:53 | 32:46 4:48 | 36:06 3:20 | 37:29 1:23 | 42:58 5:29 | 46:02 3:04 | 46:41 0:39 |
| | | | | | 46:04 *200 | | | | | | | | | | | | |
| | 508 | Carmen Lupón Vaquero NAVALCAN-O Navalcan | or en tarj. | 18:49 18:49 | 20:46 1:57 | 23:31 2:45 | 1:20:50 57:19 | ----- ----- | ----- ----- | ----- ----- | ----- ----- | ----- ----- | ----- ----- | ----- ----- | ----- ----- | 1:23:33 2:43 | 1:23:57 0:24 |
| | 514 | Paula Chico Martín NAVALCAN-O Navalcan | or en tarj. | 15:33 15:33 | 22:51 7:18 | 26:57 4:06 | 29:48 2:51 | ----- ----- | 1:05:58 36:10 | ----- ----- | ----- ----- | ----- ----- | ----- ----- | ----- ----- | ----- ----- | 1:11:35 5:37 | 1:12:09 0:34 |
| | | | | | 46:48 *56 | 58:56 *81 | 1:00:22 *44 | 1:02:23 *37 | 1:04:35 *34 | | | | | | | | |
| | 568 | JUAN DIEGO GARCIA SANCHEZ FEDO FEDO | bandona | ----- | ----- | ----- | ----- | ----- | ----- | ----- | ----- | ----- | ----- | ----- | ----- | ----- | ----- |
| | 572 | CARLOS FUENTES LAZKANO FEDO FEDO | bandona | ----- | ----- | ----- | ----- | ----- | ----- | ----- | ----- | ----- | ----- | ----- | ----- | ----- | ----- |
| OPEN NARANJA (13) Partes anuladas: 59-60,60-59 | | | | 3.1 km 5 m 16 C | | | | | | | | | | | | | |
| | | | | 1(40) 15(39) | 2(56) 16(200) | 3(81) F | 4(58) | 5(59) | 6(60) | 7(77) | 8(79) | 9(76) | 10(78) | 11(60) | 12(59) | 13(46) | 14(37) |
| 1 | 325 | Javier Sánchez Iñiguez de la To COV Valladolid | 20:44 | 2:30 2:30 19:50 2:01 | 3:57 1:27 20:53 1:03 | 5:31 1:34 21:01 0:08 | 7:03 1:32 | 7:25 0:22 | 7:34 0:09 | 8:46 1:12 | 10:07 1:21 | 11:11 1:04 | 12:51 1:40 | 14:08 1:17 | 14:16 0:08 | 15:40 1:24 | 17:49 2:09 |
| 2 | 328 | Azucena García Muñoz VELETA Granada | 26:55 | 2:51 25:39 2:46 | 4:33 1:42 27:07 1:28 | 6:34 2:01 27:19 0:12 | 8:34 2:00 | 9:16 0:42 | 9:31 0:15 | 10:57 1:26 | 12:28 1:31 | 14:24 1:56 | 16:32 2:08 | 18:07 1:35 | 18:16 0:09 | ----- | 22:53 4:37 |
| 3 | 484 | José Carlos Castro Bobillo CDP-O Valladolid | 30:08 | 2:30 2:30 29:46 6:23 | 4:33 2:03 31:11 1:25 | 6:34 2:01 31:23 0:12 | 8:18 1:44 | 9:22 1:04 | 10:06 0:44 | 11:18 1:12 | 13:33 2:15 | 14:54 1:21 | 16:36 1:42 | 18:07 1:31 | 18:38 0:34 | 20:14 1:36 | 23:23 3:09 |
| 4 | 564 | CRISTINA FERNÁNDEZ LEÑADOR FEDO FEDO | 33:18 | 3:23 3:23 31:43 3:30 | 5:29 2:06 33:32 1:49 | 7:47 2:18 33:46 0:14 | 11:05 3:18 | 11:44 0:39 | 12:03 0:19 | 13:51 1:48 | 15:28 1:37 | 17:36 2:08 | 19:37 2:01 | 21:54 2:17 | 22:03 0:09 | 24:41 2:38 | 28:13 3:32 |
| 5 | 530 | David Delgado Ramos RIOJA-O La Rioja | 35:10 | 3:41 3:41 33:07 3:14 | 6:01 2:20 35:14 2:07 | 9:29 3:28 35:25 0:11 | 12:11 2:42 | 12:42 0:31 | 12:50 0:08 | 14:34 1:44 | 16:18 1:44 | 18:20 2:02 | 21:36 3:16 | 23:31 1:55 | 23:38 0:07 | 26:12 2:34 | 29:53 3:41 |
| 6 | 305 | Pilar Barrio Velasco COV Valladolid | 38:37 | 4:18 4:18 37:05 3:07 | 6:56 2:38 38:59 1:54 | 9:37 2:41 39:12 0:13 | 13:17 3:40 | 13:56 0:39 | 14:23 0:27 | 17:58 3:35 | 19:36 1:38 | 21:39 2:03 | 24:15 2:36 | 26:05 1:50 | 26:13 0:08 | 29:20 3:07 | 33:58 4:38 |
| 7 | 268 | M Paz Aguilar Garrido TOLEDO-O Toledo | 39:17 | 8:51 8:51 38:04 3:57 | 10:39 1:48 39:29 1:25 | 12:46 2:07 39:41 0:12 | 15:58 3:12 | 16:43 0:45 | 16:56 0:13 | 19:01 2:05 | 20:56 1:55 | 23:27 2:31 | 26:20 2:53 | 28:31 2:11 | 28:42 0:14 | 30:53 2:11 | 34:07 3:14 |
| 8 | 485 | RICARDO LAGUNA PLAZA CDP-O Valladolid | 1:03:28 | 7:27 1:00:29 5:33 | 10:54 1:03:56 3:27 | 15:08 1:04:21 0:25 | 20:19 5:11 | 21:14 0:55 | 21:45 0:34 | 27:01 5:16 | 30:16 3:15 | 33:20 3:04 | 38:53 5:33 | 41:57 3:04 | 42:19 0:22 | 46:01 3:42 | 54:56 8:55 |
| 9 | 410 | Cristina Mayordomo Saldaña ORCA PALENCIA | 1:39:00 | 3:21 3:21 1:46:43 4:20 | 5:28 2:07 1:48:32 1:49 | 31:18 25:50 1:48:47 0:15 | 48:48 17:30 | 49:12 0:24 | 58:22 0:10 | 1:00:11 1:49 | 1:05:02 4:51 | 1:10:43 5:41 | 1:13:52 3:09 | 1:15:57 2:05 | 1:16:34 0:37 | 1:39:05 22:31 | 1:42:23 3:18 |
| | 282 | José Luis Alonso Sanz COV Valladolid | or en tarj. | 7:34 7:34 ----- 1:56 | 19:28 11:54 21:24 0:23 | ----- 21:47 | ----- 0:23 | ----- 12:23 | ----- 13:11 | ----- 13:39 | ----- 15:43 | ----- 16:50 | ----- 18:02 | ----- 20:26 | ----- 21:40 | ----- 21:51 | ----- 25:42 |
| | 409 | Gonzalo De castro Perez ORCA PALENCIA | or en tarj. | 3:05 3:05 32:15 2:58 | 5:46 2:41 ----- 1:45 | 8:21 2:35 34:00 | 12:23 4:02 | 13:11 0:48 | 13:39 0:28 | 15:43 2:04 | 16:50 1:07 | 18:02 1:12 | 20:26 2:24 | 21:40 1:14 | 21:51 0:14 | 25:42 3:51 | 29:17 3:35 |

