

Pl	Stno	Name	Time																
H15 / H-Cadete O-BM (1)				11.1 km 17 C															
				1(108)	2(109)	3(111)	4(116)	5(118)	6(122)	7(110)	8(117)	9(119)	10(105)	11(123)	12(107)	13(126)	14(127)		
				15(112)	16(121)	17(200)	F												
1	5680	Tiago Silva	2:52:34	8:21	13:26	37:15	44:56	1:31:33	1:49:54	1:55:51	2:01:36	2:14:59	2:21:06	2:26:20	2:29:13	2:32:20	2:34:26		
				[105]	BTTLoulé/BPI	8:21	5:05	23:49	7:41	46:37	18:21	5:57	5:45	13:23	6:07	5:14	2:53	3:07	2:06
				2:40:13	2:46:00	2:51:37	2:52:34												
				5:47	5:47	5:37	0:57												
D15 / D-Cadete O-BM (2)				11.1 km 17 C															
				1(108)	2(109)	3(111)	4(116)	5(118)	6(122)	7(110)	8(117)	9(119)	10(105)	11(123)	12(107)	13(126)	14(127)		
				15(112)	16(121)	17(200)	F												
1	5095	Sofia Gomes	1:44:54	9:52	15:27	20:53	24:37	33:13	40:20	47:36	53:09	1:04:09	1:13:43	1:17:16	1:20:08	1:23:34	1:25:28		
				[105]	BTTLoulé/BPI	9:52	5:35	5:26	3:44	8:36	7:07	7:16	5:33	11:00	9:34	3:33	2:52	3:26	1:54
				1:30:47	1:40:06	1:43:37	1:44:54												
				5:19	9:19	3:31	1:17												
	5709	Marisa Costa	mp	-----	9:23	14:55	18:34	27:06	34:13	41:41	47:01	58:00	1:08:04	1:11:21	1:14:04	1:17:21	1:19:22		
				[114]	COA	9:23	5:32	3:39	8:32	7:07	7:28	5:20	10:59	10:04	3:17	2:43	3:17	2:01	
				1:24:43	1:34:11	1:37:30	1:38:40												
				5:21	9:28	3:19	1:10												
H18 / H-Juvenil O-BM (7)				16.8 km 14 C															
				1(111)	2(128)	3(129)	4(110)	5(116)	6(131)	7(107)	8(127)	9(112)	10(104)	11(132)	12(115)	13(121)	14(200)		
				F															
1	5359	Duarte Sousa	1:15:02	7:44	15:01	19:37	30:25	37:31	45:23	48:31	51:39	55:31	1:00:34	1:06:00	1:09:09	1:11:56	1:14:11		
				[105]	BTTLoulé/BPI	7:44	7:17	4:36	10:48	7:06	7:52	3:08	3:08	3:52	5:03	5:26	3:09	2:47	2:15
				1:15:02															
				0:51															
2	4064	Ricardo Nunes	1:18:41	7:55	15:19	21:47	33:24	40:56	49:34	53:01	56:51	1:00:26	1:07:10	1:10:56	1:13:34	1:15:45	1:17:38		
				[127]	Ginásio	7:55	7:24	6:28	11:37	7:32	8:38	3:27	3:50	3:35	6:44	3:46	2:38	2:11	1:53
				1:18:41															
				1:03															
3	5490	Rui Costa	1:20:12	8:17	15:47	20:42	32:01	39:57	49:31	53:19	57:15	1:00:58	1:06:29	1:10:14	1:13:50	1:16:08	1:18:53		
				[105]	BTTLoulé/BPI	8:17	7:30	4:55	11:19	7:56	9:34	3:48	3:56	3:43	5:31	3:45	3:36	2:18	2:45
				1:20:12															
				1:19															
4	5055	André Esteves	1:23:11	8:30	15:57	20:40	32:12	43:03	52:01	55:45	59:42	1:03:37	1:09:47	1:13:38	1:18:12	1:20:26	1:22:09		
				[070]	COC	8:30	7:27	4:43	11:32	10:51	8:58	3:44	3:57	3:55	6:10	3:51	4:34	2:14	1:43
				1:23:11															
				1:02															
5	5534	Daniel Guedes	1:31:47	9:33	16:44	24:27	36:13	44:59	53:37	57:13	1:01:01	1:08:29	1:14:59	1:21:18	1:24:57	1:27:55	1:30:41		
				[125]	CPA Abrunhos	9:33	7:11	7:43	11:46	8:46	8:38	3:36	3:48	7:28	6:30	6:19	3:39	2:58	2:46
				1:31:47															
				1:06															
6	5054	Daniel Costa	1:35:34	17:02	24:28	31:39	42:02	50:28	1:01:31	1:06:02	1:09:19	1:16:26	1:22:31	1:26:10	1:29:48	1:32:10	1:34:44		
				[114]	COA	17:02	7:26	7:11	10:23	8:26	11:03	4:31	3:17	7:07	6:05	3:39	3:38	2:22	2:34
				1:35:34															
				0:50															

7	119 Enrique Chousa Esteban	2:02:41	9:53	18:02	30:56	51:25	1:01:03	1:17:05	1:23:01	1:27:17	1:31:32	1:43:28	1:51:00	1:56:22	1:58:56	2:01:27
	[210] IMPERDIBLE BUFF		9:53	8:09	12:54	20:29	9:38	16:02	5:56	4:16	4:15	11:56	7:32	5:22	2:34	2:31
			2:02:41													
			1:14													

D18 / D-Juvenil O-BM (1)

13.1 km 15 C

	1(111)	2(116)	3(122)	4(117)	5(119)	6(105)	7(107)	8(126)	9(127)	10(112)	11(104)	12(103)	13(115)	14(121)
	15(200)	F												

1	4900 Ana Margarida Rocha	2:18:39	14:45	19:20	31:53	50:56	1:04:22	1:14:11	1:21:06	1:25:08	1:27:52	1:35:08	1:54:56	2:01:59	2:07:59	2:12:24
	[090] ADFA		14:45	4:35	12:33	19:03	13:26	9:49	6:55	4:02	2:44	7:16	19:48	7:03	6:00	4:25
			2:17:13	2:18:39												
			4:49	1:26												

H20 / H-Junior O-BM (6)

20.5 km 15 C

	1(128)	2(129)	3(122)	4(119)	5(120)	6(109)	7(105)	8(107)	9(127)	10(112)	11(104)	12(132)	13(115)	14(113)
	15(200)	F												

1	128 Alejandro Martínez Flor	1:27:34	11:13	16:08	22:21	31:08	44:36	52:33	58:21	1:01:58	1:04:52	1:08:10	1:13:25	1:17:08	1:21:12	1:23:43
	[214] UPV-O		11:13	4:55	6:13	8:47	13:28	7:57	5:48	3:37	2:54	3:18	5:15	3:43	4:04	2:31
			1:26:37	1:27:34												
			2:54	0:57												
2	4324 Paul Roothans	1:33:27	12:05	25:23	31:23	40:40	51:14	58:11	1:03:39	1:07:16	1:10:38	1:13:41	1:19:17	1:23:15	1:25:59	1:29:04
	[035] CN Alvito		12:05	13:18	6:00	9:17	10:34	6:57	5:28	3:37	3:22	3:03	5:36	3:58	2:44	3:05
			1:32:33	1:33:27												
			3:29	0:54												
3	4323 Hugo Palhais	1:39:47	12:55	17:50	24:19	35:55	49:41	58:49	1:06:32	1:11:25	1:14:52	1:18:32	1:25:15	1:29:12	1:32:16	1:35:24
	[035] CN Alvito		12:55	4:55	6:29	11:36	13:46	9:08	7:43	4:53	3:27	3:40	6:43	3:57	3:04	3:08
			1:38:39	1:39:47												
			3:15	1:08												
4	5678 Miguel Leal	1:51:23	12:01	18:40	25:28	47:06	1:00:07	1:08:28	1:16:29	1:20:40	1:24:42	1:28:30	1:35:13	1:40:24	1:44:13	1:47:27
	[105] BTTLoulé/BPI		12:01	6:39	6:48	21:38	13:01	8:21	8:01	4:11	4:02	3:48	6:43	5:11	3:49	3:14
			1:50:20	1:51:23												
			2:53	1:03												
5	5553 João Tiago Santos	1:52:00	12:35	19:23	28:23	37:31	50:45	58:54	1:05:45	1:11:54	1:14:46	1:17:57	1:23:54	1:28:16	1:41:10	1:47:25
	[134] CMG		12:35	6:48	9:00	9:08	13:14	8:09	6:51	6:09	2:52	3:11	5:57	4:22	12:54	6:15
			1:50:45	1:52:00												
			3:20	1:15												
6	118 Álvaro Chousa Esteban	1:58:47	20:46	28:21	34:56	46:12	1:02:05	1:17:50	1:25:10	1:28:56	1:32:28	1:35:42	1:42:49	1:47:06	1:51:41	1:54:56
	[210] IMPERDIBLE BUFF		20:46	7:35	6:35	11:16	15:53	15:45	7:20	3:46	3:32	3:14	7:07	4:17	4:35	3:15
			1:57:54	1:58:47												
			2:58	0:53												

HE / H-SeniorA O-BM (19)

28.0 km 18 C

	1(101)	2(102)	3(118)	4(110)	5(119)	6(124)	7(125)	8(114)	9(106)	10(105)	11(107)	12(127)	13(112)	14(104)
	15(103)	16(115)	17(113)	18(200)	F									

1	3173 Davide Machado	1:22:48	10:31	16:17	22:12	25:24	30:41	40:09	44:25	51:07	57:11	1:03:35	1:06:10	1:08:16	1:10:30	1:13:53
	[102] .COM		10:31	5:46	5:55	3:12	5:17	9:28	4:16	6:42	6:04	6:24	2:35	2:06	2:14	3:23
			1:16:49	1:18:25	1:20:29	1:22:04	1:22:48									
			2:56	1:36	2:04	1:35	0:44									
2	115 David Toll Clos	1:28:24	12:35	18:40	24:34	28:09	32:24	41:38	46:36	53:53	1:00:31	1:07:14	1:10:13	1:12:36	1:15:08	1:18:35
	[208] GO-XTREM		12:35	6:05	5:54	3:35	4:15	9:14	4:58	7:17	6:38	6:43	2:59	2:23	2:32	3:27
			1:21:34	1:23:31	1:25:29	1:27:24	1:28:24									
			2:59	1:57	1:58	1:55	1:00									
3	5127 Carlos Simões	1:31:08	12:34	19:10	26:05	29:43	35:54	44:37	48:50	56:09	1:02:57	1:09:38	1:12:40	1:15:12	1:17:31	1:21:22
	[128] COALA		12:34	6:36	6:55	3:38	6:11	8:43	4:13	7:19	6:48	6:41	3:02	2:32	2:19	3:51

4593 Samuel de Jesus	mp	17:57	29:15	37:08	41:30	48:21	59:50	1:05:14	1:15:19	1:23:14	1:31:18	1:34:49	1:37:21	1:42:32	1:46:38
[105] BTTLoulé/BPI		17:57	11:18	7:53	4:22	6:51	11:29	5:24	10:05	7:55	8:04	3:31	2:32	5:11	4:06
		1:49:57	1:53:18	1:55:46	-----	1:58:30									
		3:19	3:21	2:28		2:44									

DE / D-SeniorA O-EM (5)

20.5 km 15 C

			1(128)	2(129)	3(122)	4(119)	5(120)	6(109)	7(105)	8(107)	9(127)	10(112)	11(104)	12(132)	13(115)	14(113)
			15(200)	F												
1	2503 Susana Pontes	1:28:08	12:08	16:35	22:41	32:39	44:02	52:18	58:20	1:02:05	1:05:33	1:08:24	1:15:02	1:18:33	1:21:58	1:24:34
	[094] CPOC		12:08	4:27	6:06	9:58	11:23	8:16	6:02	3:45	3:28	2:51	6:38	3:31	3:25	2:36
			1:27:11	1:28:08												
			2:37	0:57												
2	3748 Rita Gomes	1:40:15	14:39	19:49	25:59	39:18	53:47	1:03:03	1:09:44	1:14:01	1:17:35	1:20:27	1:27:09	1:30:41	1:34:06	1:36:48
	[105] BTTLoulé/BPI		14:39	5:10	6:10	13:19	14:29	9:16	6:41	4:17	3:34	2:52	6:42	3:32	3:25	2:42
			1:39:11	1:40:15												
			2:23	1:04												
3	105 Susana Arroyo	1:42:02	14:27	18:56	26:30	35:41	51:40	1:00:11	1:06:58	1:11:25	1:14:58	1:18:00	1:24:37	1:28:52	1:33:16	1:36:24
	[201] Sotobosque		14:27	4:29	7:34	9:11	15:59	8:31	6:47	4:27	3:33	3:02	6:37	4:15	4:24	3:08
			1:40:58	1:42:02												
			4:34	1:04												
4	108 Barbara de Oliveira	1:59:21	31:51	36:20	47:27	57:27	1:09:23	1:16:48	1:24:57	1:28:43	1:32:10	1:35:12	1:41:53	1:45:34	1:50:58	1:54:14
	[202] COBI		31:51	4:29	11:07	10:00	11:56	7:25	8:09	3:46	3:27	3:02	6:41	3:41	5:24	3:16
			1:58:25	1:59:21												
			4:11	0:56												
5	3519 Albertina Sá	2:09:59	27:30	33:53	41:22	53:38	1:09:16	1:21:18	1:29:14	1:34:43	1:38:45	1:43:18	1:50:28	1:56:42	2:01:42	2:05:41
	[090] ADFA		27:30	6:23	7:29	12:16	15:38	12:02	7:56	5:29	4:02	4:33	7:10	6:14	5:00	3:59
			2:08:39	2:09:59												
			2:58	1:20												

H21A / H-SeniorB O-B (21)

23.6 km 16 C

			1(101)	2(102)	3(122)	4(116)	5(130)	6(125)	7(133)	8(109)	9(105)	10(107)	11(127)	12(112)	13(132)	14(115)
			15(113)	16(200)	F											
1	4596 Claudio Santos	1:35:51	15:33	23:13	33:01	39:20	46:22	51:32	1:00:14	1:07:10	1:12:24	1:16:12	1:18:52	1:21:45	1:26:52	1:30:09
	[105] BTTLoulé/BPI		15:33	7:40	9:48	6:19	7:02	5:10	8:42	6:56	5:14	3:48	2:40	2:53	5:07	3:17
			1:32:32	1:34:55	1:35:51											
			2:23	2:23	0:56											
2	1837 Bruno Gonçalves	1:36:19	14:27	22:15	30:25	36:40	43:08	48:19	56:23	1:04:01	1:09:38	1:13:29	1:16:21	1:19:13	1:25:26	1:30:40
	[105] BTTLoulé/BPI		14:27	7:48	8:10	6:15	6:28	5:11	8:04	7:38	5:37	3:51	2:52	2:52	6:13	5:14
			1:33:31	1:35:24	1:36:19											
			2:51	1:53	0:55											
3	5675 Ângelo Marques	1:39:52	13:31	20:19	27:31	33:55	40:49	46:22	54:21	1:01:18	1:07:07	1:10:35	1:13:27	1:16:02	1:29:55	1:33:32
	[105] BTTLoulé/BPI		13:31	6:48	7:12	6:24	6:54	5:33	7:59	6:57	5:49	3:28	2:52	2:35	13:53	3:37
			1:36:45	1:38:56	1:39:52											
			3:13	2:11	0:56											
4	3489 Jorge Frazão	1:41:04	14:39	23:07	31:54	37:38	46:55	52:14	1:00:06	1:07:42	1:13:34	1:17:38	1:20:32	1:23:35	1:29:01	1:34:06
	[070] COC		14:39	8:28	8:47	5:44	9:17	5:19	7:52	7:36	5:52	4:04	2:54	3:03	5:26	5:05
			1:37:58	1:40:08	1:41:04											
			3:52	2:10	0:56											
5	4154 Paulo Coelho	1:42:43	15:39	23:42	32:59	38:54	46:50	52:09	1:00:52	1:11:39	1:17:14	1:21:04	1:24:24	1:27:36	1:33:35	1:36:00
	[134] CMG		15:39	8:03	9:17	5:55	7:56	5:19	8:43	10:47	5:35	3:50	3:20	3:12	5:59	2:25
			1:39:11	1:41:55	1:42:43											
			3:11	2:44	0:48											
6	5519 José João Henriques	1:45:27	23:56	32:48	42:05	48:03	54:55	1:00:08	1:08:51	1:16:00	1:22:13	1:25:50	1:28:51	1:32:08	1:37:01	1:39:41
	[085] A Montanha		23:56	8:52	9:17	5:58	6:52	5:13	8:43	7:09	6:13	3:37	3:01	3:17	4:53	2:40
			1:42:06	1:44:37	1:45:27											
			2:25	2:31	0:50											
7	3570 Frederico Costa	1:46:24	15:57	24:47	34:35	42:00	49:12	55:16	1:04:28	1:12:40	1:17:58	1:22:06	1:25:21	1:29:07	1:36:45	1:40:04

1	4632	Mario Marinheiro [125] CPA Abrunhos	1:32:28	9:58 9:58 1:29:08	13:30 3:32 1:31:27	23:04 9:34 1:32:28	29:27 6:23	39:42 10:15	45:06 5:24	53:58 8:52	1:01:50 7:52	1:08:41 6:51	1:11:42 3:01	1:14:20 2:38	1:17:02 2:42	1:22:35 5:33	1:26:21 3:46
2	2078	Inácio Serralheiro [035] CN Alvito	1:34:11	10:48 10:48 1:31:19	15:01 4:13 1:33:21	25:37 10:36 1:34:11	30:26 4:49	40:00 9:34	45:17 5:17	53:26 8:09	59:52 6:26	1:09:04 9:12	1:12:02 2:58	1:14:58 2:56	1:17:43 2:45	1:24:46 7:03	1:28:45 3:59
3	1086	Eduardo Sebastião [090] ADFA	1:34:25	10:48 10:48 1:31:20	14:42 3:54 1:33:33	25:24 10:42 1:34:25	30:48 5:24	41:00 10:12	47:08 6:08	55:26 8:18	1:02:50 7:24	1:11:35 8:45	1:14:33 2:58	1:17:45 3:12	1:20:34 2:49	1:26:50 6:16	1:28:54 2:04
4	116	Josep Selga San Jose [208] GO-XTREM	1:37:01	10:19 10:19 1:33:49	14:08 3:49 1:36:01	23:03 8:55 1:37:01	31:02 7:59	42:48 11:46	48:31 5:43	56:13 7:42	1:03:13 7:00	1:13:11 9:58	1:16:23 3:12	1:19:31 3:08	1:23:17 3:46	1:28:55 5:38	1:31:27 2:32
5	2377	Rui Botão [401] Individual POR Fed	1:37:12	11:09 11:09 1:33:57	15:26 4:17 1:36:16	25:17 9:51 1:37:12	30:40 5:23	40:29 9:49	46:05 5:36	55:13 9:08	1:03:14 8:01	1:11:39 8:25	1:14:40 3:01	1:17:44 3:04	1:20:52 3:08	1:27:56 7:04	1:31:37 3:41
6	109	Juan Francisco Abellán O [203] LORCA-O	1:38:08	11:05 11:05 1:34:56	14:54 3:49 1:37:17	24:55 10:01 1:38:08	30:43 5:48	40:28 9:45	46:18 5:50	56:07 9:49	1:03:13 7:06	1:12:22 9:09	1:15:38 3:16	1:18:48 3:10	1:22:23 3:35	1:28:59 6:36	1:32:45 3:46
7	124	Carlos García Lorenzo [212] MONTAÑA FERROL	1:41:40	10:57 10:57 1:38:09	15:01 4:04 1:40:45	27:45 12:44 1:41:40	32:51 5:06	43:39 10:48	49:16 5:37	58:03 8:47	1:06:24 8:21	1:16:53 10:29	1:19:57 3:04	1:23:14 3:17	1:26:20 3:06	1:32:49 6:29	1:35:21 2:32
8	3811	Carlos Ferreira [007] Ori-Estarreja	1:43:00	11:30 11:30 1:38:49	15:46 4:16 1:41:59	25:23 9:37 1:43:00	33:28 8:05	44:14 10:46	49:32 5:18	57:48 8:16	1:05:44 7:56	1:14:07 8:23	1:17:14 3:07	1:20:33 3:19	1:23:44 3:11	1:30:45 7:01	1:34:48 4:03
9	4250	Marco Palhinha [125] CPA Abrunhos	1:43:15	10:31 10:31 1:39:28	14:23 3:52 1:42:07	23:14 8:51 1:43:15	32:31 9:17	43:16 10:45	48:35 5:19	56:50 8:15	1:04:20 7:30	1:14:37 10:17	1:17:42 3:05	1:20:40 2:58	1:23:29 2:49	1:31:50 8:21	1:34:46 2:56
10	5618	Paulo Jerónimo [054] NADA	1:46:23	11:19 11:19 1:43:15	15:41 4:22 1:45:28	26:13 10:32 1:46:23	35:28 9:15	47:07 11:39	52:39 5:32	1:01:49 9:10	1:10:11 8:22	1:21:30 11:19	1:24:54 3:24	1:28:05 3:11	1:31:31 3:26	1:37:46 6:15	1:40:49 3:03
11	2613	Alex Liberato [105] BTTLoulé/BPI	1:46:34	12:14 12:14 1:41:36	16:59 4:45 1:45:33	30:30 13:31 1:46:34	36:46 6:16	47:20 10:34	52:35 5:15	1:00:55 8:20	1:08:56 8:01	1:17:11 8:15	1:20:16 3:05	1:23:37 3:21	1:26:52 3:15	1:33:52 7:00	1:37:51 3:59
12	120	Urbano Chousa Álvarez [210] IMPERDIBLE BUFF	1:47:20	11:55 11:55 1:43:33	17:05 5:10 1:46:15	26:07 9:02 1:47:20	32:13 6:06	44:45 12:32	51:20 6:35	1:00:13 8:53	1:09:34 9:21	1:18:56 9:22	1:22:08 3:12	1:25:46 3:38	1:29:11 3:25	1:35:48 6:37	1:37:56 2:08
12	1937	Tozé Silva [070] COC	1:47:20	12:31 12:31 1:43:49	17:51 5:20 1:46:15	29:57 12:06 1:47:20	37:03 7:06	47:41 10:38	53:17 5:36	1:05:03 11:46	1:13:15 8:12	1:21:47 8:32	1:25:04 3:17	1:28:43 3:39	1:32:07 3:24	1:38:36 6:29	1:40:45 2:09
14	5517	José Silva [085] A Montanha	1:49:16	13:06 13:06 1:46:03	17:22 4:16 1:48:22	27:37 10:15 1:49:16	38:02 10:25	48:13 10:11	53:40 5:27	1:02:43 9:03	1:11:26 8:43	1:22:37 11:11	1:25:50 3:13	1:29:08 3:18	1:34:05 4:57	1:41:03 6:58	1:43:23 2:20
15	1093	Jorge Baltazar [133] GDU Azóia	1:51:45	12:09 12:09 1:48:12	16:48 4:39 1:50:42	28:24 11:36 1:51:45	35:20 6:56	49:59 14:39	56:43 6:44	1:06:36 9:53	1:15:25 8:49	1:24:38 9:13	1:28:11 3:33	1:31:43 3:32	1:35:24 3:41	1:42:34 7:10	1:45:39 3:05
16	4372	Norberto Marques [070] COC	1:53:09	14:56 14:56 1:48:53	19:31 4:35 1:51:56	30:08 10:37 1:53:09	38:14 8:06	50:43 12:29	57:36 6:53	1:07:19 9:43	1:15:04 7:45	1:24:27 9:23	1:27:58 3:31	1:31:26 3:28	1:35:27 4:01	1:43:27 8:00	1:46:16 2:49

17	4427	Roberto Ribeiro [114] COA	1:53:26	2:37 12:58 1:49:28 3:21	3:03 18:24 5:26 1:52:35	1:13 29:48 11:24 1:53:26	37:53 8:05	49:53 12:00	55:44 5:51	1:04:35 8:51	1:12:24 7:49	1:24:45 12:21	1:28:29 3:44	1:33:09 4:40	1:36:33 3:24	1:43:44 7:11	1:46:07 2:23
18	2787	Óscar Marques [070] COC	1:53:29	13:11 13:11 1:49:50 2:31	18:13 5:02 1:52:22 2:32	28:58 10:45 1:53:29 1:07	36:54 7:56	49:01 12:07	55:24 6:23	1:05:08 9:44	1:15:25 10:17	1:26:21 10:56	1:30:16 3:55	1:33:27 3:11	1:37:20 3:53	1:44:41 7:21	1:47:19 2:38
19	4725	Eduardo Costa [114] COA	1:53:51	12:00 12:00 1:50:10 3:23	16:34 4:34 1:52:47 2:37	27:57 11:23 1:53:51 1:04	35:03 7:06	51:45 16:42	58:57 7:12	1:08:24 9:27	1:16:47 8:23	1:25:55 9:08	1:29:27 3:32	1:32:45 3:18	1:36:24 3:39	1:44:24 8:00	1:46:47 2:23
20	3166	João Germano [401] Individual POR Fed	1:54:58	12:52 12:52 1:50:33 3:05	18:04 5:12 1:53:54 3:21	28:33 10:29 1:54:58 1:04	36:52 8:19	49:46 12:54	55:36 5:50	1:05:04 9:28	1:15:02 9:58	1:25:55 10:53	1:30:47 4:52	1:33:58 3:11	1:37:15 3:17	1:44:53 7:38	1:47:28 2:35
21	2834	António Costa [090] ADFA	1:55:39	11:44 11:44 1:51:46 2:40	16:20 4:36 1:54:45 2:59	31:04 14:44 1:55:39 0:54	42:43 11:39	57:33 14:50	1:03:01 5:28	1:10:51 7:50	1:19:45 8:54	1:29:38 9:53	1:32:34 2:56	1:35:38 3:04	1:38:43 3:05	1:45:37 6:54	1:49:06 3:29
22	129	Senén Cucalón Hirache [215] WAKHAN	1:55:49	11:46 11:46 1:51:44 2:40	17:21 5:35 1:54:45 3:01	31:18 13:57 1:55:49 1:04	37:42 6:24	50:18 12:36	57:22 7:04	1:07:57 10:35	1:16:14 8:17	1:26:52 10:38	1:30:29 3:37	1:34:10 3:41	1:38:25 4:15	1:46:16 7:51	1:49:04 2:48
23	3455	José Silva [090] ADFA	2:01:53	20:01 20:01 1:58:06 3:02	24:13 4:12 2:00:53 2:47	36:27 12:14 2:01:53 1:00	42:44 6:17	54:42 11:58	1:01:39 6:57	1:12:07 10:28	1:22:49 10:42	1:33:51 11:02	1:37:07 3:16	1:40:42 3:35	1:44:03 3:21	1:51:16 7:13	1:55:04 3:48
24	3590	Manuel Relvas [094] CPOC	2:04:13	12:56 12:56 2:00:17 4:25	18:39 5:43 2:03:11 2:54	33:23 14:44 2:04:13 1:02	45:01 11:38	56:31 11:30	1:02:25 5:54	1:11:31 9:06	1:20:05 8:34	1:31:26 11:21	1:35:18 3:52	1:39:55 4:37	1:43:27 3:32	1:51:08 7:41	1:55:52 4:44
25	4543	Nuno Paiva [097] Clube Millennium B	2:04:30	12:50 12:50 2:00:19 2:44	18:05 5:15 2:03:29 3:10	34:19 16:14 2:04:30 1:01	42:59 8:40	55:05 12:06	1:01:18 6:13	1:11:56 10:38	1:20:42 8:46	1:31:26 10:44	1:34:28 3:02	1:37:32 3:04	1:42:36 5:04	1:52:46 10:10	1:57:35 4:49
26	5720	Artur Martins [085] A Montanha	2:04:42	12:10 12:10 2:01:03 3:35	16:44 4:34 2:03:40 2:37	26:42 9:58 2:04:42 1:02	39:37 12:55	51:35 11:58	58:30 6:55	1:08:13 9:43	1:17:34 9:21	1:28:48 11:14	1:32:45 3:57	1:36:43 3:58	1:45:43 9:00	1:54:26 8:43	1:57:28 3:02
27	3893	Luis Nunes [127] Ginásio	2:05:17	13:15 13:15 2:01:25 3:02	18:09 4:54 2:04:07 2:42	31:06 12:57 2:05:17 1:10	44:03 12:57	58:01 13:58	1:04:21 6:20	1:15:49 11:28	1:24:08 8:19	1:35:34 11:26	1:39:08 3:34	1:42:33 3:25	1:47:34 5:01	1:55:36 8:02	1:58:23 2:47
28	2894	Jorge Silva [003] CIMO/Ciclonatur	2:06:56	13:11 13:11 2:02:55 2:42	18:19 5:08 2:05:48 2:53	32:25 14:06 2:06:56 1:08	42:37 10:12	57:43 15:06	1:04:32 6:49	1:14:59 10:27	1:24:40 9:41	1:35:53 11:13	1:40:09 4:16	1:43:53 3:44	1:48:14 4:21	1:57:01 8:47	2:00:13 3:12
29	5046	Luis Gerardo [149] CRP	2:13:12	14:03 14:03 2:08:51 3:31	23:03 9:00 2:11:56 3:05	36:51 13:48 2:13:12 1:16	44:39 7:48	58:12 13:33	1:04:54 6:42	1:17:13 12:19	1:27:30 10:17	1:39:36 12:06	1:44:35 4:59	1:48:53 4:18	1:53:13 4:20	2:02:27 9:14	2:05:20 2:53
30	2789	Helder Faisca [105] BTTLoulé/BPI	2:15:14	11:41 11:41 2:10:55 6:57	17:37 5:56 2:14:14 3:19	30:54 13:17 2:15:14 1:00	46:50 15:56	59:07 12:17	1:06:51 7:44	1:18:36 11:45	1:27:29 8:53	1:40:51 13:22	1:45:51 5:00	1:49:24 3:33	1:53:29 4:05	2:00:41 7:12	2:03:58 3:17
31	3880	Nuno Neves [070] COC	2:15:47	15:06 15:06 2:11:40 3:26	21:37 6:31 2:14:37 2:57	34:47 13:10 2:15:47 1:10	42:22 7:35	1:00:06 17:44	1:08:15 8:09	1:18:31 10:16	1:28:28 9:57	1:42:45 14:17	1:47:07 4:22	1:51:07 4:00	1:55:10 4:03	2:03:16 8:06	2:08:14 4:58
32	1843	António Rocha [003] CIMO/Ciclonatur	2:17:07	13:05 13:05 2:04:58 3:53	25:21 12:16 2:06:50 3:53	37:07 11:46 2:08:03 1:06	45:24 8:17	57:13 11:49	1:02:30 5:17	1:25:23 22:53	1:36:38 11:15	1:49:05 12:27	1:52:31 3:26	1:56:40 4:09	2:00:10 3:30	2:07:17 7:07	2:10:29 3:12

			2:13:11	2:16:00	2:17:07													
			2:42	2:49	1:07													
33	1704 João Lavado	2:19:05	13:27	19:25	32:43	41:44	1:05:55	1:11:34	1:21:31	1:32:39	1:43:43	1:47:45	1:51:26	1:55:28	2:04:20	2:08:21		
	[105] BTTLoulé/BPI		13:27	5:58	13:18	9:01	24:11	5:39	9:57	11:08	11:04	4:02	3:41	4:02	8:52	4:01		
			2:15:12	2:17:55	2:19:05													
			6:51	2:43	1:10													
34	2750 Leonel Vieito	2:23:21	16:13	22:28	35:17	42:14	57:28	1:05:08	1:16:41	1:29:41	1:43:44	1:48:34	1:53:41	1:57:50	2:08:32	2:14:42		
	[070] COC		16:13	6:15	12:49	6:57	15:14	7:40	11:33	13:00	14:03	4:50	5:07	4:09	10:42	6:10		
			2:18:42	2:22:10	2:23:21		2:06:28											
			4:00	3:28	1:11		*132											
35	3422 Jorge Bastos	2:35:19	13:33	19:07	37:00	50:23	1:09:10	1:16:36	1:28:43	1:39:28	1:54:08	1:58:39	2:02:49	2:07:59	2:18:38	2:25:09		
	[094] CPOC		13:33	5:34	17:53	13:23	18:47	7:26	12:07	10:45	14:40	4:31	4:10	5:10	10:39	6:31		
			2:30:49	2:34:00	2:35:19													
			5:40	3:11	1:19													
36	5306 Luís Pinheiro	2:35:50	14:02	20:53	36:12	42:39	57:28	1:06:00	1:28:31	1:39:20	1:54:22	1:59:17	2:04:18	2:11:57	2:23:25	2:26:31		
	[125] CPA Abrunhos		14:02	6:51	15:19	6:27	14:49	8:32	22:31	10:49	15:02	4:55	5:01	7:39	11:28	3:06		
			2:30:24	2:34:39	2:35:50													
			3:53	4:15	1:11													
37	125 Carmelo Plaza Álvarez	2:56:42	18:36	25:34	43:30	59:45	1:15:46	1:26:54	1:42:32	1:59:51	2:15:29	2:20:23	2:26:12	2:33:16	2:43:32	2:48:13		
	[213] RUMBO-MADRID SANSE		18:36	6:58	17:56	16:15	16:01	11:08	15:38	17:19	15:38	4:54	5:49	7:04	10:16	4:41		
			2:52:24	2:55:26	2:56:42													
			4:11	3:02	1:16													
38	3111 Tiago Fernandes	3:00:56	20:33	27:45	59:01	1:09:39	1:27:49	1:37:08	1:50:28	2:07:03	2:21:42	2:26:04	2:30:40	2:35:48	2:43:58	2:53:00		
	[401] Individual POR Fed		20:33	7:12	31:16	10:38	18:10	9:19	13:20	16:35	14:39	4:22	4:36	5:08	8:10	9:02		
			2:56:16	2:59:25	3:00:56													
			3:16	3:09	1:31													
	5186 Carlos Fernandes	mp	29:29	35:58	54:44	1:08:20	1:26:20	1:34:41	1:46:26	1:59:00	-----	-----	-----	-----	-----	-----		
	[035] CN Alvito		29:29	6:29	18:46	13:36	18:00	8:21	11:45	12:34								
			-----	-----														

D50 / D-Vet B O-BM (3)

11.1 km 17 C

			1(108)	2(109)	3(111)	4(116)	5(118)	6(122)	7(110)	8(117)	9(119)	10(105)	11(123)	12(107)	13(126)	14(127)		
			15(112)	16(121)	17(200)	F												
1	2129 Luísa Mateus	1:31:39	10:47	15:28	19:11	22:52	27:17	34:12	39:33	43:52	56:18	1:04:06	1:08:54	1:11:26	1:14:41	1:16:17		
	[070] COC		10:47	4:41	3:43	3:41	4:25	6:55	5:21	4:19	12:26	7:48	4:48	2:32	3:15	1:36		
			1:21:30	1:26:48	1:30:18	1:31:39												
			5:13	5:18	3:30	1:21												
2	4179 Margarida Gonç Novo	1:50:13	5:32	11:10	16:40	28:58	33:31	50:17	57:07	1:01:57	1:12:18	1:19:59	1:23:58	1:27:14	1:30:44	1:33:56		
	[035] CN Alvito		5:32	5:38	5:30	12:18	4:33	16:46	6:50	4:50	10:21	7:41	3:59	3:16	3:30	3:12		
			1:40:29	1:45:18	1:49:02	1:50:13												
			6:33	4:49	3:44	1:11												
3	1640 Fernanda Ferreira	1:56:25	11:46	17:17	22:44	29:00	36:13	54:46	1:02:39	1:08:04	1:18:25	1:26:04	1:30:02	1:33:19	1:36:49	1:40:04		
	[015] DA Recardães		11:46	5:31	5:27	6:16	7:13	18:33	7:53	5:25	10:21	7:39	3:58	3:17	3:30	3:15		
			1:46:37	1:51:27	1:55:05	1:56:25												
			6:33	4:50	3:38	1:20												

H50 / H-Vet B O-BM (25)

18.6 km 14 C

			1(128)	2(129)	3(122)	4(116)	5(120)	6(109)	7(131)	8(107)	9(127)	10(112)	11(103)	12(115)	13(121)	14(200)		
			F															
1	1577 Luís Sousa	1:14:00	10:40	14:26	22:36	28:07	35:04	43:59	50:36	53:44	56:49	59:52	1:06:15	1:08:13	1:10:38	1:13:07		
	[033] Clube TAP		10:40	3:46	8:10	5:31	6:57	8:55	6:37	3:08	3:05	3:03	6:23	1:58	2:25	2:29		
			1:14:00															
			0:53															
2	1256 Mário Duarte	1:21:33	12:22	17:17	22:40	30:43	39:00	47:56	54:09	58:11	1:01:43	1:05:27	1:13:12	1:16:00	1:18:35	1:20:32		
	[090] ADFA		12:22	4:55	5:23	8:03	8:17	8:56	6:13	4:02	3:32	3:44	7:45	2:48	2:35	1:57		

			1:21:33														
3	2796 Filipe Silva [097] Clube Millennium B	1:23:08	11:37 11:37	16:14 4:37	22:07 5:53	28:46 6:39	36:58 8:12	46:22 9:24	53:23 7:01	57:13 3:50	1:00:43 3:30	1:05:03 4:20	1:13:46 8:43	1:17:44 3:58	1:19:51 2:07	1:22:06 2:15	
			1:23:08														
			1:02														
4	1190 Carlos Ferreira [015] DA Recardães	1:23:14	11:26 11:26	16:07 4:41	22:17 6:10	28:39 6:22	37:51 9:12	46:07 8:16	53:47 7:40	57:48 4:01	1:01:24 3:36	1:05:01 3:37	1:14:56 9:55	1:17:31 2:35	1:20:06 2:35	1:22:13 2:07	
			1:23:14														
			1:01														
5	1471 Jose Pires [094] CPOC	1:28:34	12:41 12:41	17:29 4:48	22:56 5:27	29:11 6:15	40:31 11:20	49:14 8:43	58:39 9:25	1:03:31 4:52	1:07:35 4:04	1:11:58 4:23	1:18:53 6:55	1:21:57 3:04	1:25:14 3:17	1:27:32 2:18	
			1:28:34		57:34												
			1:02		*105												
6	1851 Escada da Costa [157] AFAP	1:30:19	12:57 12:57	17:52 4:55	24:18 6:26	32:00 7:42	43:55 11:55	55:22 11:27	1:00:58 5:36	1:04:38 3:40	1:08:07 3:29	1:12:20 4:13	1:20:20 8:00	1:22:57 2:37	1:25:05 2:08	1:29:10 4:05	
			1:30:19														
			1:09														
7	112 Miguel Ángel Rica Cámara [206] BOM	1:31:51	13:06 13:06	18:03 4:57	28:26 10:23	36:13 7:47	44:21 8:08	54:27 10:06	1:00:44 6:17	1:04:33 3:49	1:08:40 4:07	1:13:13 4:33	1:20:32 7:19	1:26:21 5:49	1:28:48 2:27	1:30:44 1:56	
			1:31:51														
			1:07														
8	2525 Francisco Moura [074] Montes e Vales	1:32:15	25:04 25:04	31:04 6:00	38:30 7:26	44:56 6:26	52:39 7:43	1:01:07 8:28	1:07:31 6:24	1:11:01 3:30	1:14:13 3:12	1:17:38 3:25	1:24:49 7:11	1:26:59 2:10	1:29:20 2:21	1:31:19 1:59	
			1:32:15														
			0:56														
9	4455 Carlos do Vale [070] COC	1:40:39	13:42 13:42	18:51 5:09	29:05 10:14	37:14 8:09	49:41 12:27	59:26 9:45	1:08:33 9:07	1:12:22 3:49	1:16:17 3:55	1:20:39 4:22	1:30:37 9:58	1:33:34 2:57	1:36:50 3:16	1:39:27 2:37	
			1:40:39														
			1:12														
10	4433 António Rosa [035] CN Alvito	1:41:00	12:22 12:22	19:29 7:07	31:55 12:26	46:07 14:12	53:45 7:38	1:02:16 8:31	1:09:51 7:35	1:14:17 4:26	1:18:30 4:13	1:21:30 3:00	1:32:07 10:37	1:34:57 2:50	1:37:37 2:40	1:39:57 2:20	
			1:41:00														
			1:03														
11	2201 Luciano Lucas [128] COALA	1:42:58	13:05 13:05	18:03 4:58	27:49 9:46	35:15 7:26	45:09 9:54	55:30 10:21	1:01:35 6:05	1:05:25 3:50	1:09:24 3:59	1:13:53 4:29	1:26:36 12:43	1:34:49 8:13	1:39:19 4:30	1:41:51 2:32	
			1:42:58														
			1:07														
12	1375 Jorge Elias [114] COA	1:44:56	21:51 21:51	27:08 5:17	33:34 6:26	43:23 9:49	52:43 9:20	1:04:58 12:15	1:12:57 7:59	1:17:05 4:08	1:21:03 3:58	1:25:39 4:36	1:33:44 8:05	1:36:25 2:41	1:40:37 4:12	1:43:47 3:10	
			1:44:56														
			1:09														
13	2788 Luís Limas [105] BTTLoulé/BPI	1:44:57	15:02 15:02	20:31 5:29	31:05 10:34	40:14 9:09	50:12 9:58	1:00:35 10:23	1:07:34 6:59	1:11:23 3:49	1:15:29 4:06	1:19:29 4:00	1:29:38 10:09	1:38:32 8:54	1:41:10 2:38	1:43:48 2:38	
			1:44:57		1:28:16												
			1:09		*132												
14	1567 Crispim Júnior [090] ADFA	1:45:20	14:59 14:59	22:22 7:23	30:07 7:45	39:45 9:38	49:41 9:56	1:02:30 12:49	1:09:55 7:25	1:14:33 4:38	1:19:11 4:38	1:24:18 5:07	1:34:07 9:49	1:37:18 3:11	1:41:03 3:45	1:44:06 3:03	
			1:45:20														
			1:14														
15	2329 Jorge Dias [401] Individual POR Fed	1:45:47	25:48 25:48	30:58 5:10	37:28 6:30	43:58 6:30	53:22 9:24	1:01:59 8:37	1:17:12 15:13	1:21:00 3:48	1:24:36 3:36	1:27:46 3:10	1:36:23 8:37	1:39:10 2:47	1:41:34 2:24	1:44:11 2:37	
			1:45:47														
			1:36														
16	126 José Luis Báscones Huert [213] RUMBO-MADRID SANSE	1:48:10	15:22 15:22	21:20 5:58	29:38 8:18	39:54 10:16	51:50 11:56	1:02:29 10:39	1:11:58 9:29	1:16:06 4:08	1:20:06 4:00	1:25:30 5:24	1:35:40 10:10	1:41:06 5:26	1:44:09 3:03	1:47:05 2:56	
			1:48:10														
			1:05														
17	3997 Jorge Artur [133] GDU Azóia	1:48:53	13:22 13:22	19:17 5:55	31:12 11:55	41:12 10:00	54:02 12:50	1:09:39 15:37	1:18:06 8:27	1:21:33 3:27	1:25:17 3:44	1:29:05 3:48	1:39:13 10:08	1:42:22 3:09	1:45:05 2:43	1:47:41 2:36	
			1:48:53														
			1:12														
18	3169 António Rebelo	1:49:56	22:26	26:56	32:47	52:01	1:04:50	1:11:27	1:19:39	1:23:34	1:27:15	1:30:35	1:39:55	1:43:04	1:45:08	1:49:04	

	[105] BTTLoulé/BPI		22:26	4:30	5:51	19:14	12:49	6:37	8:12	3:55	3:41	3:20	9:20	3:09	2:04	3:56
			1:49:56													
			0:52													
19	4537 Luis Patricio	1:56:56	28:41	38:30	47:41	54:55	1:05:02	1:14:41	1:26:00	1:29:36	1:33:14	1:37:13	1:47:08	1:50:12	1:53:08	1:55:42
	[094] CPOC		28:41	9:49	9:11	7:14	10:07	9:39	11:19	3:36	3:38	3:59	9:55	3:04	2:56	2:34
			1:56:56													
			1:14													
20	4300 Carlos Garrido	2:02:09	25:24	36:18	43:17	52:15	1:02:49	1:13:18	1:25:20	1:29:41	1:33:44	1:38:28	1:48:23	1:53:44	1:58:01	2:01:01
	[114] COA		25:24	10:54	6:59	8:58	10:34	10:29	12:02	4:21	4:03	4:44	9:55	5:21	4:17	3:00
			2:02:09													
			1:08													
21	1834 Manuel Gomes	2:04:45	28:41	34:55	42:57	54:45	1:05:51	1:17:20	1:27:08	1:31:48	1:36:23	1:41:32	1:52:32	1:56:35	2:00:38	2:03:20
	[039] CP Telecom		28:41	6:14	8:02	11:48	11:06	11:29	9:48	4:40	4:35	5:09	11:00	4:03	4:03	2:42
			2:04:45													
			1:25													
22	127 Sebastian Calderón Barre	2:05:05	17:56	23:50	30:00	1:01:02	1:12:54	1:23:20	1:32:46	1:37:06	1:40:49	1:44:35	1:55:03	1:58:06	2:00:39	2:03:55
	[213] RUMBO-MADRID SANSE		17:56	5:54	6:10	31:02	11:52	10:26	9:26	4:20	3:43	3:46	10:28	3:03	2:33	3:16
			2:05:05													
			1:10													
23	2797 Alberto Sabino	2:21:46	25:38	37:19	46:38	56:39	1:13:18	1:26:30	1:41:45	1:49:17	1:52:52	1:57:06	2:07:42	2:14:17	2:17:37	2:20:21
	[097] Clube Millennium B		25:38	11:41	9:19	10:01	16:39	13:12	15:15	7:32	3:35	4:14	10:36	6:35	3:20	2:44
			2:21:46													
			1:25													
	2130 Pedro Serralheiro	mp	11:27	25:36	36:38	55:36	1:07:38	1:18:22	1:25:10	1:28:41	1:32:21	-----	-----	-----	-----	-----
	[070] COC		11:27	14:09	11:02	18:58	12:02	10:44	6:48	3:31	3:40					
	5050 Mário Torneiro	mp	18:01	42:37	51:51	1:05:43	-----	-----	-----	-----	-----	-----	-----	-----	-----	-----
	[097] Clube Millennium B		18:01	24:36	9:14	13:52										

H60 / --- (2)

16.8 km 14 C

1(111) 2(128) 3(129) 4(110) 5(116) 6(131) 7(107) 8(127) 9(112) 10(104) 11(132) 12(115) 13(121) 14(200)

1	1903 Armando Santos	1:37:26	9:00	17:14	21:51	34:35	44:05	54:10	57:55	1:01:57	1:10:24	1:16:31	1:25:13	1:29:58	1:33:42	1:36:29
	[128] COALA		9:00	8:14	4:37	12:44	9:30	10:05	3:45	4:02	8:27	6:07	8:42	4:45	3:44	2:47
			1:37:26													
			0:57													
2	1831 Jorge Santos	1:43:35	9:38	17:47	24:10	39:33	49:03	1:00:35	1:04:45	1:08:44	1:19:50	1:27:15	1:34:20	1:37:24	1:39:58	1:42:30
	[128] COALA		9:38	8:09	6:23	15:23	9:30	11:32	4:10	3:59	11:06	7:25	7:05	3:04	2:34	2:32
			1:43:35													
			1:05													

OPT2 - Open Longo (12)

18.6 km 14 C

1(128) 2(129) 3(122) 4(116) 5(120) 6(109) 7(131) 8(107) 9(127) 10(112) 11(103) 12(115) 13(121) 14(200)

1	137 Carlos Sousa	1:37:31	21:24	25:52	31:07	39:45	47:34	55:55	1:03:24	1:06:46	1:10:28	1:13:34	1:22:10	1:31:59	1:34:48	1:36:36
	[402] Individual POR		21:24	4:28	5:15	8:38	7:49	8:21	7:29	3:22	3:42	3:06	8:36	9:49	2:49	1:48
			1:37:31													
			0:55													
2	138 Diogo Rosa	1:41:18	13:12	18:15	28:43	38:58	48:42	1:02:36	1:10:25	1:14:28	1:18:36	1:22:35	1:30:55	1:33:49	1:36:13	1:40:04
	[070] COC		13:12	5:03	10:28	10:15	9:44	13:54	7:49	4:03	4:08	3:59	8:20	2:54	2:24	3:51
			1:41:18													
			1:14													
3	132 Nuno F P Sousa	1:42:58	15:23	19:30	24:42	31:31	47:52	56:36	1:06:00	1:09:53	1:13:39	1:17:01	1:29:36	1:31:27	1:39:45	1:41:57

	[402] Individual POR		15:23	4:07	5:12	6:49	16:21	8:44	9:24	3:53	3:46	3:22	12:35	1:51	8:18	2:12
			1:42:58		1:04:19											
			1:01		*105											
4	134 Pedro Ruivo Silva	1:47:22	14:53	20:27	35:00	42:45	52:58	1:03:51	1:15:00	1:19:24	1:22:56	1:26:40	1:36:23	1:41:19	1:43:57	1:46:13
	[402] Individual POR		14:53	5:34	14:33	7:45	10:13	10:53	11:09	4:24	3:32	3:44	9:43	4:56	2:38	2:16
			1:47:22													
			1:09													
5	135 Sérgio Ribeiro	1:49:46	14:54	19:58	27:05	35:20	52:03	1:02:07	1:10:51	1:15:14	1:19:09	1:25:24	1:34:21	1:41:08	1:44:53	1:48:42
	[402] Individual POR		14:54	5:04	7:07	8:15	16:43	10:04	8:44	4:23	3:55	6:15	8:57	6:47	3:45	3:49
			1:49:46													
			1:04													
6	130 CarlosS+PauloV+ SérgioL+	2:01:29	13:20	18:14	25:09	41:37	1:13:37	1:26:43	1:33:00	1:38:26	1:42:07	1:47:27	1:52:37	1:55:18	1:57:45	2:00:36
	[301] Domplex BTT		13:20	4:54	6:55	16:28	32:00	13:06	6:17	5:26	3:41	5:20	5:10	2:41	2:27	2:51
			2:01:29													
			0:53													
7	133 Luis Rodrigues	2:03:55	23:40	36:54	43:22	50:40	1:10:57	1:20:04	1:30:58	1:35:05	1:39:13	1:43:23	1:52:51	1:56:45	2:00:17	2:02:56
	[402] Individual POR		23:40	13:14	6:28	7:18	20:17	9:07	10:54	4:07	4:08	4:10	9:28	3:54	3:32	2:39
			2:03:55													
			0:59													
8	139 Miguel Morgado	2:33:47	31:37	40:53	50:12	1:00:40	1:16:46	1:32:14	1:45:23	1:54:29	1:59:58	2:07:12	2:20:01	2:25:12	2:28:52	2:32:13
	[402] Individual POR		31:37	9:16	9:19	10:28	16:06	15:28	13:09	9:06	5:29	7:14	12:49	5:11	3:40	3:21
			2:33:47													
			1:34													
9	140 Nuno Rodrigues	2:33:51	31:27	40:33	49:58	1:00:37	1:16:48	1:32:22	1:45:39	1:54:35	2:00:03	2:07:54	2:19:49	2:25:18	2:28:52	2:31:56
	[402] Individual POR		31:27	9:06	9:25	10:39	16:11	15:34	13:17	8:56	5:28	7:51	11:55	5:29	3:34	3:04
			2:33:51													
			1:55													
10	101 David Alexandre Faria da	2:37:13	34:30	44:02	52:40	1:04:15	1:20:04	1:35:17	1:48:28	1:57:36	2:03:06	2:11:49	2:23:01	2:28:18	2:32:22	2:35:03
	[070] COC		34:30	9:32	8:38	11:35	15:49	15:13	13:11	9:08	5:30	8:43	11:12	5:17	4:04	2:41
			2:37:13													
			2:10													
11	102 Ricardo Alexandre Baptis	2:37:21	34:44	44:15	53:13	1:04:14	1:20:03	1:36:37	1:48:30	1:57:47	2:03:18	2:11:35	2:23:09	2:28:32	2:32:39	2:35:11
	[070] COC		34:44	9:31	8:58	11:01	15:49	16:34	11:53	9:17	5:31	8:17	11:34	5:23	4:07	2:32
			2:37:21													
			2:10													
	103 Telmo Penas	mp	36:35	46:56	59:48	-----	-----	1:47:10	1:59:26	2:09:12	2:23:31	-----	-----	-----	-----	-----
	[149] CRP		36:35	10:21	12:52			47:22	12:16	9:46	14:19					