M-15 (15) — **11,5 km 490 m** — **11 C**

os	rsal	Nombre	Tiempo	1(31)	2(39)	3(32)	4(45)	5(34)	6(59)	7(55)	8(60)	9(49)	10(53)	11(200)	Meta	
1	**18**	**Fernández Moruno**	**1:51:51**	21:43	23:58	35:06	43:23	**47:01**	**58:14**	**1:24:25**	**1:27:54**	**1:40:22**	**1:44:26**	**1:51:11**	**1:51:51**	
		Badajoz CODAN_EX		21:43	***2:15***	11:08	***8:17***	***3:38***	***11:13***	26:11	***3:29***	12:28	4:04	6:45	0:40	
2	**129**	**OBREO MONTERO A**	**1:57:37**	**17:54**	**20:54**	**33:06**	**41:49**	49:53	1:17:44	1:31:46	1:35:18	1:45:00	1:50:34	1:57:02	1:57:37	
		Badajoz ITACA		***17:54***	3:00	12:12	8:43	8:04	27:51	***14:02***	3:32	***9:42***	5:34	***6:28***	0:35	
3	**192**	**Domingues Hugo**	**2:09:50**	34:05	36:32	49:00	57:31	1:03:26	1:16:45	1:37:30	1:41:30	1:52:46	1:58:24	2:08:46	2:09:50	*0.00*
		COC		34:05	2:27	12:28	8:31	5:55	13:19	20:45	4:00	11:16	5:38	10:22	1:04	**170*
4	**248**	**Abreu Andr**	**2:13:19**	26:17	47:23	57:48	1:06:26	1:12:38	1:25:58	1:41:30	1:45:11	2:00:35	2:04:32	2:12:51	2:13:19	
		UCDA		26:17	21:06	10:25	8:38	6:12	13:20	15:32	3:41	15:24	3:57	8:19	***0:28***	
5	**156**	**De La Torre Roldán**	**2:14:25**	32:36	35:31	48:54	59:11	1:05:41	1:20:07	1:41:17	1:45:22	1:59:13	2:04:53	2:13:19	2:14:25	
		Granada SRK		32:36	2:55	13:23	10:17	6:30	14:26	21:10	4:05	13:51	5:40	8:26	1:06	
6	**251**	**Francisco Ricardo**	**2:21:13**	34:14	55:29	1:05:34	1:14:24	1:20:32	1:33:55	1:49:24	1:53:03	2:08:37	2:12:26	2:20:43	2:21:13	*37:30*
		UCDA		34:14	21:15	***10:05***	8:50	6:08	13:23	15:29	3:39	15:34	***3:49***	8:17	0:30	**36*
7	**140**	**MORÁN CORTÉS JU**	**2:32:56**	27:21	30:37	49:29	58:03	1:03:22	1:16:11	1:44:09	1:49:19	2:02:16	2:21:12	2:32:10	2:32:56	
		Badajoz ITACA		27:21	3:16	18:52	8:34	5:19	12:49	27:58	5:10	12:57	18:56	10:58	0:46	
8	**241**	**Lopes Dinis**	**2:56:34**	38:31	51:29	1:07:03	1:20:22	1:28:17	1:56:29	2:21:15	2:25:49	2:38:16	2:44:51	2:55:30	2:56:34	*36:53*
		CAOS		38:31	12:58	15:34	13:19	7:55	28:12	24:46	4:34	12:27	6:35	10:39	1:04	**58*
				2:09:48												
				**40*												
9	**250**	**Ver!ssimo Martim**	**2:59:59**	31:21	36:11	50:06	1:03:32	1:11:08	1:35:40	2:09:38	2:17:26	2:35:10	2:45:43	2:59:22	2:59:59	
		UCDA		31:21	4:50	13:55	13:26	7:36	24:32	33:58	7:48	17:44	10:33	13:39	0:37	
10	**154**	**Espigares Tapia Elo**	**3:06:20**	52:05	55:25	1:12:20	1:26:21	1:32:50	1:53:06	2:25:32	2:31:16	2:46:28	2:53:22	3:05:18	3:06:20	
		Granada SRK		52:05	3:20	16:55	14:01	6:29	20:16	32:26	5:44	15:12	6:54	11:56	1:02	
11	**242**	**Pedro Joao**	**3:18:43**	39:22	44:01	1:14:16	1:31:36	1:41:18	2:03:23	2:31:28	2:39:22	2:56:33	3:05:33	3:17:42	3:18:43	*36:35*
		CAOS		39:22	4:39	30:15	17:20	9:42	22:05	28:05	7:54	17:11	9:00	12:09	1:01	**58*
	273	**Cl!maco Guilherme**	**en tarj.**	-----	17:53	28:15	35:22	40:26	51:32	1:09:44	1:13:21	1:19:53	1:23:38	1:29:26	1:30:05	*14:23*
		GDU Azoia			17:53	10:22	7:07	5:04	11:06	18:12	3:37	6:32	3:45	5:48	0:39	**58*
	136	**VILLEGAS SUÁREZ-**	**andona**	-----	-----	-----	-----	-----	-----	-----	-----	-----	-----	-----	1:02:10	
		Badajoz ITACA													1:02:10	
	51	**Jiménez Espeso Lu**	**andona**	34:03	39:12	1:01:45	1:24:23	1:32:33	-----	-----	-----	-----	-----	-----		
		Madrid IMPERDIBL		34:03	5:09	22:33	22:38	8:10								
	143	**Rivera Caballero Ma**	**andona**	52:25	58:08	2:10:02	2:27:41	2:40:29	3:53:47	-----	-----	-----	-----	4:22:53		*3:20:48*
		Badajoz ITACA		52:25	5:43	1:11:54	17:39	12:48	1:13:18					29:06		**36*
				3:38:25	*3:42:32*											
				**46*	**46*											

M-17 (19) — **11,8 km 720 m** — **12 C**

os	rsal	Nombre	Tiempo	1(52)	2(32)	3(45)	4(34)	5(56)	6(42)	7(59)	8(49)	9(44)	10(54)	11(53)	12(200)	Meta
1	**221**	**Mendonca Artur**	**1:25:06**	13:02	**21:16**	**27:30**	**31:03**	40:00	47:37	**58:52**	**1:00:58**	**1:08:26**	**1:11:30**	**1:19:01**	**1:24:24**	**1:25:06**
		BTTLou		13:02	8:14	6:14	3:33	8:57	7:37	***11:15***	2:06	7:28	3:04	7:31	5:23	0:42
2	**153**	**Espigares Tapia No**	**1:27:32**	11:35	22:01	28:12	32:28	39:54	**47:20**	1:05:30	1:07:24	1:12:11	1:16:01	1:20:32	1:27:07	1:27:32
		Granada SRK		11:35	10:26	***6:11***	4:16	7:26	***7:26***	18:10	***1:54***	***4:47***	3:50	***4:31***	6:35	0:25
3	**172**	**Villar Górriz José A**	**1:32:13**	16:16	24:05	30:53	34:10	39:58	51:33	1:08:38	1:13:12	1:19:08	1:21:45	1:26:55	1:31:49	1:32:13
		Albacete BMT CASAS		16:16	***7:49***	6:48	***3:17***	***5:48***	11:35	17:05	4:34	5:56	***2:37***	5:10	***4:54***	***0:24***
4	**253**	**Goncalves Fabio**	**1:44:53**	**11:01**	22:29	29:14	32:33	**39:19**	47:27	1:14:38	1:24:33	1:30:11	1:34:09	1:39:14	1:44:20	1:44:53
		UCDA		***11:01***	11:28	6:45	3:19	6:46	8:08	27:11	9:55	5:38	3:58	5:05	5:06	0:33
5	**109**	**Serantes Abal Eloi**	**1:46:38**	20:06	40:30	48:12	52:14	59:02	1:07:48	1:20:26	1:22:43	1:29:28	1:33:06	1:39:10	1:46:06	1:46:38
		La Coruña ADC_AR		20:06	20:24	7:42	4:02	6:48	8:46	12:38	2:17	6:45	3:38	6:04	6:56	0:32
6	**224**	**Cavaco Rudi**	**1:52:26**	20:36	35:13	45:24	49:29	57:00	1:06:48	1:21:41	1:30:29	1:36:42	1:40:16	1:45:17	1:51:42	1:52:26
		BTTLou		20:36	14:37	10:11	4:05	7:31	9:48	14:53	8:48	6:13	3:34	5:01	6:25	0:44
7	**127**	**Cortés Martinez Fra**	**1:57:22**	13:09	32:08	43:59	47:55	55:18	1:05:50	1:23:29	1:30:51	1:40:38	1:43:26	1:49:34	1:56:44	1:57:22
		Badajoz ITACA		13:09	18:59	11:51	3:56	7:23	10:32	17:39	7:22	9:47	2:48	6:08	7:10	0:38
				23:37												
				**50*												
8	**193**	**Rosa Bernardo**	**1:58:55**	12:07	22:16	29:35	34:43	41:46	1:00:36	1:27:35	1:29:36	1:41:51	1:45:55	1:50:44	1:58:17	1:58:55
		COC		12:07	10:09	7:19	5:08	7:03	18:50	26:59	2:01	12:15	4:04	4:49	7:33	0:38
9	**128**	**Obreo Montero Alfo**	**1:59:31**	22:52	35:32	44:04	47:39	55:33	1:04:18	1:34:23	1:36:29	1:44:39	1:48:05	1:52:57	1:58:51	1:59:31
		Badajoz ITACA		22:52	12:40	8:32	3:35	7:54	8:45	30:05	2:06	8:10	3:26	4:52	5:54	0:40
				10:01												
				**48*												
10	**99**	**Sánchez Álvarez Ju**	**2:01:34**	27:54	41:27	54:17	59:50	1:10:43	1:22:08	1:34:00	1:36:29	1:42:59	1:46:35	1:52:56	2:01:02	2:01:34
		Badajoz ALCOR_EX		27:54	13:33	12:50	5:33	10:53	11:25	11:52	2:29	6:30	3:36	6:21	8:06	0:32
11	**254**	**Arsenio Rodrigo**	**2:04:15**	25:23	37:16	44:38	49:33	56:25	1:05:22	1:19:07	1:35:34	1:47:53	1:50:34	1:56:00	2:03:50	2:04:15
		UCDA		25:23	11:53	7:22	4:55	6:52	8:57	13:45	16:27	12:19	2:41	5:26	7:50	0:25
12	**247**	**Ferreira Joao**	**2:04:17**	14:32	30:12	37:55	43:14	51:22	1:04:54	1:31:44	1:34:23	1:43:26	1:47:07	1:55:30	2:03:53	2:04:17
		UCDA		14:32	15:40	7:43	5:19	8:08	13:32	26:50	2:39	9:03	3:41	8:23	8:23	0:24
				25:25												
				**50*												
13	**275**	**Sousa Miguel**	**2:12:47**	21:57	35:09	42:12	46:20	54:16	1:07:24	1:33:45	1:37:00	1:47:41	1:51:37	1:58:07	2:11:23	2:12:47
		ADM Ori-Mondego		21:57	13:12	7:03	4:08	7:56	13:08	26:21	3:15	10:41	3:56	6:30	13:16	1:24
14	**212**	**Fernandes Dinis**	**2:26:06**	15:49	30:01	38:10	43:57	1:01:14	1:24:36	1:43:15	1:50:30	1:59:51	2:04:55	2:12:22	2:25:20	2:26:06
		CPOC		15:49	14:12	8:09	5:47	17:17	23:22	18:39	7:15	9:21	5:04	7:27	12:58	0:46
15	**203**	**Mendes Pedro**	**2:49:47**	22:24	42:50	54:28	1:01:32	1:09:57	1:48:41	2:07:32	2:14:35	2:23:58	2:28:58	2:37:31	2:48:56	2:49:47
		ADFA		22:24	20:26	11:38	7:04	8:25	38:44	18:51	7:03	9:23	5:00	8:33	11:25	0:51
16	**222**	**Romao Daniel**	**3:11:52**	19:19	39:43	49:36	59:49	1:09:06	1:32:24	2:07:32	2:25:40	2:40:07	2:47:16	2:58:01	3:11:05	3:11:52
		BTTLou		19:19	20:24	9:53	10:13	9:17	23:18	35:08	18:08	14:27	7:09	10:45	13:04	0:47
17	**194**	**Formiga David**	**3:27:37**	29:06	52:57	1:04:01	1:14:39	1:29:23	1:50:36	2:11:58	2:17:51	2:42:22	2:49:49	3:06:54	3:26:15	3:27:37
		COC		29:06	23:51	11:04	10:38	14:44	21:13	21:22	5:53	24:31	7:27	17:05	19:21	1:22
				47:28												
				**50*												

os	rsal	Nombre	Tiempo	1(52)	2(32)	3(45)	4(34)	5(56)	6(42)	7(59)	8(49)	9(44)	10(54)	11(53)	12(200)	Meta
M-17 (19)					***11,8 km 720 m***		***12 C***		*(cont.)*							
	220	**Coelho Afonso**	**en tarj.**	22:20	41:46	51:40	58:33	1:06:57	1:27:42	-----	1:47:23	2:12:49	2:17:13	2:27:54	2:38:09	2:39:11
		BTTLou		22:20	19:26	9:54	6:53	8:24	20:45		19:41	25:26	4:24	10:41	10:15	1:02
				1:16:22	*1:51:26*											
				**52*	**46*											
	223	**Cordeiro Diogo**	**andona**	36:07	-----	54:52	-----	-----	-----	-----	-----	-----	-----	-----	-----	
		BTTLou		36:07		18:45										
M-20 (10)					**14,2 km 985 m**		**12 C**									
				1(31)	2(32)	3(45)	4(34)	5(35)	6(40)	7(37)	8(39)	9(46)	10(44)	11(43)	12(200)	Meta
1	**55**	**Marín Baraza Juan**	**1:28:09**	**12:27**	**19:29**	**24:18**	**27:17**	**34:40**	**45:48**	**52:03**	**57:29**	**1:08:27**	**1:12:54**	**1:20:34**	**1:27:36**	**1:28:09**
		Murcia LORCA-O		***12:27***	***7:02***	***4:49***	2:59	***7:23***	11:08	***6:15***	***5:26***	10:58	4:27	7:40	7:02	0:33
				11:28												
				**58*												
2	**24**	**Sanz Alejandre Jua**	**1:41:26**	15:50	23:49	28:52	32:51	44:18	53:53	1:00:52	1:08:54	1:23:53	1:28:22	1:35:17	1:40:56	1:41:26
		Málaga COMA		15:50	7:59	5:03	3:59	11:27	***9:35***	6:59	8:02	14:59	4:29	6:55	5:39	0:30
				0.00	*1:32:36*											
				**170*	**53*											
3	**37**	**Fernández Sánchez**	**1:45:06**	14:59	23:46	32:10	36:45	47:24	59:54	1:08:52	1:14:28	1:21:54	1:27:05	1:37:57	1:44:35	1:45:06
		Lugo FLUVIAL_LUG		14:59	8:47	8:24	4:35	10:39	12:30	8:58	5:36	***7:26***	5:11	10:52	6:38	0:31
				13:24												
				**58*												
4	**279**	**Pastagem Joao**	**1:46:15**	17:29	24:56	30:38	33:55	42:08	54:28	1:06:41	1:13:44	1:30:41	1:34:49	1:41:00	1:45:50	1:46:15
		NOA		17:29	7:27	5:42	3:17	8:13	12:20	12:13	7:03	16:57	***4:08***	***6:11***	***4:50***	***0:25***
5	**23**	**Stangegaard Pérez**	**2:02:42**	25:46	35:13	41:58	46:39	1:00:03	1:10:43	1:18:35	1:25:45	1:38:04	1:43:52	1:54:09	2:02:13	2:02:42
		Málaga COMA		25:46	9:27	6:45	4:41	13:24	10:40	7:52	7:10	12:19	5:48	10:17	8:04	0:29
				1:37:19												
				**59*												
6	**56**	**López Plazas César**	**2:18:02**	25:49	34:18	41:32	44:30	53:08	1:04:01	1:15:15	1:22:48	1:39:02	1:47:09	2:11:01	2:17:33	2:18:02
		Murcia LORCA-O		25:49	8:29	7:14	***2:58***	8:38	10:53	11:14	7:33	16:14	8:07	23:52	6:32	0:29
7	**226**	**Horta Diogo**	**2:25:00**	18:56	32:45	39:40	44:13	59:02	1:29:30	1:40:37	1:48:34	1:58:17	2:06:13	2:16:29	2:24:29	2:25:00
		BTTLou		18:56	13:49	6:55	4:33	14:49	30:28	11:07	7:57	9:43	7:56	10:16	8:00	0:31
8	**257**	**Maia Goncalo**	**2:45:00**	24:47	39:52	50:46	55:41	1:11:00	1:30:27	1:43:07	1:55:16	2:17:20	2:24:48	2:34:10	2:44:23	2:45:00
		UCDA		24:47	15:05	10:54	4:55	15:19	19:27	12:40	12:09	22:04	7:28	9:22	10:13	0:37
9	**41**	**Veiga Couñago Man**	**3:47:32**	25:15	36:20	43:56	49:40	1:01:21	1:49:20	2:09:12	2:28:34	2:51:18	3:07:53	3:29:57	3:47:01	3:47:32
		Lugo FLUVIAL_LUG		25:15	11:05	7:36	5:44	11:41	47:59	19:52	19:22	22:44	16:35	22:04	17:04	0:31
	274	**Peralta Pedro**	**andona**	16:35	31:50	42:06	46:47	57:48	1:08:01	-----	-----	-----	-----	-----	-----	1:50:24
		GDU Azoia		16:35	15:15	10:16	4:41	11:01	10:13							42:23
M-E (32)					**17,3 km 1070 m**		**16 C**									
				1(31)	2(32)	3(45)	4(34)	5(35)	6(40)	7(55)	8(38)	9(41)	10(51)	11(57)	12(36)	13(47)	14(54)
				15(43)	16(200)	Meta										
1	**218**	**Machado Davide**	**1:22:59**	**9:58**	**16:00**	**20:09**	**22:37**	**28:41**	**35:38**	**39:33**	**48:18**	**51:05**	**56:08**	**59:05**	**1:07:11**	**1:08:46**	**1:13:08**
		.COM		***9:58***	***6:02***	***4:09***	***2:28***	***6:04***	***6:57***	3:55	8:45	***2:47***	***5:03***	2:57	8:06	1:35	4:22
				1:18:07	**1:22:34**	**1:22:59**											
				4:59	***4:27***	***0:25***											
2	**282**	**Ferreira Joao**	**1:34:55**	12:38	22:04	28:01	31:18	38:41	47:39	51:28	58:42	1:02:27	1:09:41	1:11:58	1:19:14	1:20:42	1:24:27
		CAB		12:38	9:26	5:57	3:17	7:23	8:58	3:49	7:14	3:45	7:14	2:17	7:16	***1:28***	***3:45***
				1:29:20	1:34:28	1:34:55											
				4:53	5:08	0:27											
3	**116**	**García García Ángel**	**1:37:09**	15:47	22:24	27:20	30:45	40:34	49:17	52:44	59:35	1:02:47	1:10:39	1:12:55	1:19:55	1:21:32	1:26:23
		La Coruña BRIGANT		15:47	6:37	4:56	3:25	9:49	8:43	***3:27***	***6:51***	3:12	7:52	2:16	***7:00***	1:37	4:51
				1:31:25	1:36:42	1:37:09											
				5:02	5:17	0:27											
4	**7**	**Muñoz Guerrero Fra**	**1:38:58**	10:22	17:30	23:06	26:17	32:43	43:16	46:59	54:07	58:53	1:05:42	1:11:40	1:20:01	1:21:39	1:27:14
		Cáceres ALTAIR		10:22	7:08	5:36	3:11	6:26	10:33	3:43	7:08	4:46	6:49	5:58	8:21	1:38	5:35
				1:32:39	1:38:31	1:38:58											
				5:25	5:52	0:27											
5	**195**	**Marques Daniel**	**1:41:05**	11:30	18:40	23:23	26:23	33:26	49:04	53:16	1:00:15	1:03:21	1:11:15	1:14:20	1:22:00	1:23:32	1:28:13
		COC		11:30	7:10	4:43	3:00	7:03	15:38	4:12	6:59	3:06	7:54	3:05	7:40	1:32	4:41
				1:33:13	1:40:28	1:41:05		*1:40:29*	*1:40:30*								
				5:00	7:15	0:37		**200*	**200*								
6	**86**	**Toll Clos David**	**1:49:16**	15:29	22:43	27:59	30:55	40:52	49:11	53:02	1:00:28	1:03:55	1:13:21	1:17:09	1:26:38	1:29:31	1:35:10
		Huesca PEÑA_GUAR		15:29	7:14	5:16	2:56	9:57	8:19	3:51	7:26	3:27	9:26	3:48	9:29	2:53	5:39
				1:40:26	1:48:31	1:49:16											
				5:16	8:05	0:45											
7	**31**	**Corral Alonso Alber**	**1:50:15**	14:35	21:48	26:52	30:34	38:25	47:29	52:01	1:01:09	1:04:56	1:13:04	1:17:50	1:33:25	1:35:25	1:39:43
		Lugo FLUVIAL_LUG		14:35	7:13	5:04	3:42	7:51	9:04	4:32	9:08	3:47	8:08	4:46	15:35	2:00	4:18
				1:44:27	1:49:49	1:50:15											
				4:44	5:22	0:26											
8	**191**	**Barreiro Luis**	**1:55:11**	14:44	23:18	30:01	33:35	44:01	54:37	59:21	1:09:24	1:13:50	1:23:03	1:26:27	1:35:30	1:37:12	1:41:18
		NADA		14:44	8:34	6:43	3:34	10:26	10:36	4:44	10:03	4:26	9:13	3:24	9:03	1:42	4:06
				1:47:03	1:54:34	1:55:11											
				5:45	7:31	0:37											
9	**187**	**Roothans Paul**	**1:55:22**	11:56	19:34	24:33	27:01	36:29	55:59	1:00:33	1:07:53	1:13:04	1:22:18	1:26:01	1:35:03	1:37:26	1:43:32
		CN Alvito		11:56	7:38	4:59	***2:28***	9:28	19:30	4:34	7:20	5:11	9:14	3:43	9:02	2:23	6:06
				1:49:01	1:54:47	1:55:22											
				5:29	5:46	0:35											

M-E (32) ***17,3 km 1070 m*** ***16 C*** *(cont.)*

os	rsal	Nombre	Tiempo	1(31) 15(43)	2(32) 16(200)	3(45) Meta	4(34)	5(35)	6(40)	7(55)	8(38)	9(41)	10(51)	11(57)	12(36)	13(47)	14(54)
10	**151**	**Marín Vargas Juan** **Granada SRK**	**1:57:16**	14:35 14:35 1:50:57 15:22	21:56 7:21 1:56:50 5:53	27:04 5:08 1:57:16 0:26	30:06 3:02	37:14 7:08 *0.00* **170*	44:56 7:42	48:56 4:00	57:09 8:13	1:00:26 3:17	1:08:40 8:14	1:12:38 3:58	1:27:32 14:54	1:29:22 1:50	1:35:35 6:13
11	**89**	**González García Ja** **Guadalajara C.O.GU**	**1:58:04**	14:15 14:15 1:52:00 5:36	23:38 9:23 1:57:32 5:32	29:15 5:37 1:58:04 0:32	32:51 3:36	42:40 9:49 *54:57* **55*	58:02 15:22	1:02:10 4:08	1:11:32 9:22	1:16:16 4:44	1:24:11 7:55	1:26:18 ***2:07***	1:40:17 13:59	1:41:47 1:30	1:46:24 4:37
12	**42**	**Rivas Sández Jose** **Madrid GOCAN**	**1:58:14**	15:58 15:58 1:51:59 5:59	24:39 8:41 1:57:43 5:44	30:19 5:40 1:58:14 0:31	33:40 3:21	41:21 7:41	49:55 8:34	56:52 6:57	1:06:05 9:13	1:11:44 5:39	1:21:01 9:17	1:25:54 4:53	1:37:29 11:35	1:39:58 2:29	1:46:00 6:02
13	**104**	**Pérez De Ayala Reca** **Huelva COHU**	**2:07:03**	16:16 16:16 1:59:26 7:09	31:35 15:19 2:06:32 7:06	37:52 6:17 2:07:03 0:31	40:57 3:05	48:43 7:46	57:21 8:38	1:02:24 5:03	1:13:21 10:57	1:17:28 4:07	1:26:07 8:39	1:29:32 3:25	1:46:17 16:45	1:47:52 1:35	1:52:17 4:25
14	**272**	**Palhinha Paulo** **CP Abrunheira**	**2:10:11**	26:48 26:48 2:02:02 6:01	34:48 8:00 2:09:35 7:33	40:26 5:38 2:10:11 0:36	47:19 6:53	58:51 11:32	1:07:46 8:55	1:13:15 5:29	1:21:40 8:25	1:25:42 4:02	1:33:50 8:08	1:36:57 3:07	1:49:22 12:25	1:51:02 1:40	1:56:01 4:59
15	**196**	**Morgado Joel** **COC**	**2:10:27**	14:22 14:22 2:03:40 8:38	24:04 9:42 2:09:52 6:12	31:03 6:59 2:10:27 0:35	36:00 4:57	45:00 9:00	55:14 10:14	59:39 4:25	1:09:44 10:05	1:16:40 6:56	1:25:30 8:50	1:30:22 4:52	1:47:25 17:03	1:48:59 1:34	1:55:02 6:03
16	**230**	**Mendonca Joao** **BTTLou**	**2:10:58**	18:51 18:51 2:03:31 6:30	28:26 9:35 2:10:24 6:53	35:08 6:42 2:10:58 0:34	38:55 3:47	48:19 9:24	1:00:47 12:28	1:05:33 4:46	1:15:45 10:12	1:23:34 7:49	1:33:10 9:36	1:38:12 5:02	1:48:42 10:30	1:51:31 2:49	1:57:01 5:30
17	**96**	**Martín Crespo Félix** **Badajoz ALCOR_EX**	**2:16:01**	22:08 22:08 2:08:58 10:18	31:37 9:29 2:15:32 6:34	38:01 6:24 2:16:01 0:29	42:02 4:01	51:51 9:49	1:03:35 11:44	1:10:46 7:11	1:20:13 9:27	1:29:43 9:30	1:38:36 8:53	1:41:08 2:32	1:51:04 9:56	1:53:24 2:20	1:58:40 5:16
18	**231**	**Moreira Mac-Mahon** **BTTLou**	**2:20:27**	20:33 20:33 2:13:22 6:17	28:24 7:51 2:19:54 6:32	33:31 5:07 2:20:27 0:33	36:02 2:31	46:59 10:57	59:14 12:15	1:05:02 5:48	1:32:02 27:00	1:36:28 4:26	1:44:56 8:28	1:47:07 2:11	1:56:22 9:15	1:58:23 2:01	2:07:05 8:42
19	**261**	**Francisco Joao** **UCDA**	**2:24:55**	14:45 14:45 2:18:04 7:57	23:33 8:48 2:24:26 6:22	31:24 7:51 2:24:55 0:29	39:03 7:39	47:26 8:23	56:31 9:05	1:02:45 6:14	1:12:24 9:39	1:22:13 9:49	1:32:05 9:52	1:38:17 6:12	2:01:52 23:35	2:04:32 2:40	2:10:07 5:35
20	**228**	**Harvey Christopher** **BTTLou**	**2:25:57**	16:58 16:58 2:14:55 6:16	27:17 10:19 2:25:12 10:17	34:43 7:26 2:25:57 0:45	39:00 4:17	49:13 10:13	1:08:43 19:30	1:14:45 6:02	1:24:57 10:12	1:30:25 5:28	1:42:56 12:31	1:47:12 4:16	1:59:03 11:51	2:01:01 1:58	2:08:39 7:38
21	**12**	**Quiñonero Ruiz Fra** **Murcia ASON**	**2:30:30**	16:23 16:23 2:22:22 6:48	25:08 8:45 2:29:39 7:17	31:07 5:59 2:30:30 0:51	34:53 3:46	44:16 9:23	1:00:02 15:46	1:04:58 4:56	1:14:55 9:57	1:20:06 5:11	1:30:30 10:24	1:55:48 25:18	2:08:17 12:29	2:10:35 2:18	2:15:34 4:59
22	**229**	**Sousa Duarte** **BTTLou**	**2:35:05**	20:25 20:25 2:26:51 9:48	28:08 7:43 2:34:30 7:39	35:39 7:31 2:35:05 0:35	40:04 4:25	53:29 13:25 *12:58* **52*	1:14:49 21:20	1:21:21 6:32	1:36:27 15:06	1:41:24 4:57	1:54:18 12:54	1:59:10 4:52	2:08:51 9:41	2:11:20 2:29	2:17:03 5:43
23	**15**	**Vega Carvajal Emili** **Badajoz CODAN_EX**	**2:42:34**	31:40 31:40 2:29:49 16:16	40:35 8:55 2:41:52 12:03	47:31 6:56 2:42:34 0:42	50:50 3:19	59:15 8:25	1:12:50 13:35	1:19:07 6:17	1:31:06 11:59	1:36:11 5:05	1:45:59 9:48	1:51:11 5:12	2:05:13 14:02	2:07:38 2:25	2:13:33 5:55
24	**5**	**Seco Morales Danie** **Cáceres ALTAIR**	**2:50:59**	19:29 19:29 2:43:14 20:43	30:41 11:12 2:50:23 7:09	37:18 6:37 2:50:59 0:36	41:25 4:07	50:07 8:42	1:06:09 16:02	1:11:14 5:05	1:21:30 10:16	1:27:06 5:36	1:41:30 14:24	1:48:23 6:53	2:13:33 25:10	2:15:18 1:45	2:22:31 7:13
25	**262**	**Jeronimo Ricardo** **UCDA**	**2:54:06**	19:01 19:01 2:36:51 10:42	29:16 10:15 2:53:02 16:11	39:04 9:48 2:54:06 1:04	42:52 3:48	58:19 15:27 *2:42:37* **53*	1:09:23 11:04	1:16:33 7:10	1:26:47 10:14	1:37:51 11:04	1:50:43 12:52	1:56:01 5:18	2:12:39 16:38	2:15:20 2:41	2:26:09 10:49
26	**101**	**Sánchez González** **Badajoz ALCOR_EX**	**3:01:35**	32:08 32:08 2:52:36 8:00	43:28 11:20 3:00:07 7:31	53:51 10:23 3:01:35 1:28	58:42 4:51	1:09:27 10:45	1:23:56 14:29	1:29:48 5:52	1:42:34 12:46	1:48:37 6:03	1:59:34 10:57	2:06:57 7:23	2:31:53 24:56	2:34:44 2:51	2:44:36 9:52
27	**260**	**Fonseca Joao** **UCDA**	**3:06:51**	22:20 22:20 2:58:20 14:37	32:22 10:02 3:05:59 7:39	38:59 6:37 3:06:51 0:52	42:04 3:05	51:51 9:47	1:01:51 10:00	1:09:30 7:39	1:33:13 23:43	1:46:25 13:12	2:02:52 16:27	2:10:10 7:18	2:33:42 23:32	2:35:47 2:05	2:43:43 7:56
28	**259**	**MagalhFes Hugo** **UCDA**	**3:20:50**	25:14 25:14 3:03:56 11:02	36:46 11:32 3:20:06 16:10	46:04 9:18 3:20:50 0:44	51:07 5:03	1:01:52 10:45	1:30:42 28:50	1:40:06 9:24	1:53:13 13:07	2:04:57 11:44	2:17:47 12:50	2:22:39 4:52	2:39:52 17:13	2:42:28 2:36	2:52:54 10:26

os	rsal	Nombre	Tiempo														
M-E (32)					***17,3 km 1070 m***			***16 C***		*(cont.)*							
				1(31)	2(32)	3(45)	4(34)	5(35)	6(40)	7(55)	8(38)	9(41)	10(51)	11(57)	12(36)	13(47)	14(54)
				15(43)	16(200)	Meta											
29	**227**	**Goncalves Andr**	**3:38:27**	20:28	31:57	39:31	45:37	57:59	1:16:20	1:23:08	1:34:44	1:40:29	1:55:45	2:02:02	2:22:40	2:25:08	2:38:06
		BTTLou		20:28	11:29	7:34	6:06	12:22	18:21	6:48	11:36	5:45	15:16	6:17	20:38	2:28	12:58
				3:11:37	3:37:10	3:38:27		*3:20:26*									
				33:31	25:33	1:17		**53*									
	49	**Chousa Esteban En**	**en tarj.**	-----	23:44	28:48	31:43	42:34	52:10	56:04	1:03:47	1:08:03	1:19:00	1:22:34	1:30:10	1:31:48	1:35:36
		Madrid IMPERDIBL			23:44	5:04	2:55	10:51	9:36	3:54	7:43	4:16	10:57	3:34	7:36	1:38	3:48
				1:40:52	1:45:41	1:46:08											
				5:16	4:49	0:27											
	103	**Rodriguez Martin S**	**en tarj.**	17:01	28:35	34:46	37:29	47:04	-----	1:07:24	1:34:42	1:44:43	1:53:26	2:13:22	2:26:02	2:29:10	2:37:39
		Badajoz ALCOR_EX		17:01	11:34	6:11	2:43	9:35		20:20	27:18	10:01	8:43	19:56	12:40	3:08	8:29
				2:44:22	2:50:19	2:50:53											
				6:43	5:57	0:34											
nc	**163**	**Fernández Gómez I**	**3:12:43**	17:13	25:55	31:20	34:20	1:07:40	1:43:53	1:48:52	2:11:00	2:13:53	2:24:25	2:29:24	2:44:54	2:48:45	2:54:19
		FEDO		17:13	8:42	5:25	3:00	33:20	36:13	4:59	22:08	2:53	10:32	4:59	15:30	3:51	5:34
				3:03:07	3:12:07	3:12:43		*0.00*									
				8:48	9:00	0:36		**170*									
M-21 (4)					**15,1 km 995 m**			**13 C**									
				1(31)	2(32)	3(33)	4(34)	5(35)	6(40)	7(37)	8(39)	9(48)	10(49)	11(44)	12(43)	13(200)	Meta
1	**25**	**Muñoz Mérida Franc**	**1:41:18**	14:26	22:53	**30:52**	32:57	**41:05**	**51:17**	**1:01:56**	**1:10:51**	**1:16:42**	**1:23:07**	**1:28:26**	**1:35:32**	**1:40:51**	**1:41:18**
		Málaga COMA		14:26	***8:27***	***7:59***	2:05	***8:08***	***10:12***	10:39	8:55	***5:51***	***6:25***	***5:19***	***7:06***	5:19	***0:27***
2	**123**	**Flores Rodriguez J**	**1:47:16**	**13:39**	**22:21**	**30:52**	**32:52**	43:09	56:01	1:07:51	1:14:04	1:21:53	1:29:05	1:34:28	1:41:36	1:46:48	1:47:16
		Badajoz ITACA		***13:39***	8:42	8:31	***2:00***	10:17	12:52	11:50	***6:13***	7:49	7:12	5:23	7:08	***5:12***	0:28
					50:22												
					**36*												
3	**90**	**Almagro Fernandez**	**2:02:26**	17:30	27:35	36:26	38:33	48:47	1:02:27	1:13:59	1:20:31	1:28:01	1:37:40	1:44:48	1:52:02	2:01:40	2:02:26
		Cuenca COMCU		17:30	10:05	8:51	2:07	10:14	13:40	11:32	6:32	7:30	9:39	7:08	7:14	9:38	0:46
4	**33**	**Fernández Martínez**	**2:24:12**	25:59	38:18	48:14	50:56	1:02:16	1:20:35	1:30:51	1:39:29	1:49:50	1:58:35	2:05:42	2:15:26	2:23:39	2:24:12
		Lugo FLUVIAL_LUG		25:59	12:19	9:56	2:42	11:20	18:19	***10:16***	8:38	10:21	8:45	7:07	9:44	8:13	0:33
M-40 (42)					**15,1 km 995 m**			**13 C**									
				1(31)	2(32)	3(33)	4(34)	5(35)	6(40)	7(37)	8(39)	9(48)	10(49)	11(44)	12(43)	13(200)	Meta
1	**52**	**Abellán Ortin Juan**	**1:42:26**	15:03	22:46	32:47	34:40	43:17	52:13	59:58	1:07:58	**1:13:58**	1:21:11	**1:26:12**	1:35:00	**1:41:53**	**1:42:26**
		Murcia LORCA-O		15:03	***7:43***	10:01	1:53	8:37	***8:56***	7:45	8:00	6:00	7:13	5:01	8:48	6:53	0:33
					28:19												
					**45*												
2	**82**	**Pérez Jaramillo Dav**	**1:44:08**	24:15	32:58	40:15	42:18	50:50	1:00:04	1:07:44	1:14:40	1:20:16	1:25:38	1:31:09	1:37:11	1:43:36	1:44:08
		Madrid LOS_ANGEL		24:15	8:43	***7:17***	2:03	8:32	9:14	7:40	6:56	5:36	***5:22***	5:31	***6:02***	6:25	0:32
3	**57**	**Benavente Martínez**	**1:44:50**	13:58	**22:36**	**32:03**	34:54	43:36	53:08	1:00:19	1:07:42	1:14:56	**1:20:35**	1:26:14	**1:34:50**	1:44:10	1:44:50
		Madrid MONTE_EL_		13:58	8:38	9:27	2:51	8:42	9:32	***7:11***	7:23	7:14	5:39	5:39	8:36	9:20	0:40
					30:13												
					**45*												
4	**271**	**Marinheiro Mario**	**1:45:16**	14:33	23:25	32:19	**34:06**	**42:16**	**51:27**	**59:13**	**1:05:33**	1:16:11	1:22:25	1:27:39	1:37:59	1:44:38	1:45:16
		CP Abrunheira		14:33	8:52	8:54	***1:47***	***8:10***	9:11	7:46	***6:20***	10:38	6:14	5:14	10:20	6:39	0:38
5	**204**	**Mendes Jorge**	**1:45:55**	16:22	26:34	34:35	36:52	46:01	56:25	1:04:25	1:12:00	1:18:21	1:25:53	1:31:30	1:38:46	1:45:21	1:45:55
		ADFA		16:22	10:12	8:01	2:17	9:09	10:24	8:00	7:35	6:21	7:32	5:37	7:16	6:35	0:34
6	**70**	**Díaz Gómez Francis**	**1:48:36**	14:10	24:03	33:17	36:20	44:49	56:33	1:05:01	1:13:41	1:20:31	1:27:45	1:35:17	1:42:07	1:48:09	1:48:36
		Córdoba LOS_CALI		14:10	9:53	9:14	3:03	8:29	11:44	8:28	8:40	6:50	7:14	7:32	6:50	***6:02***	0:27
7	**17**	**Fernández Collado**	**1:48:38**	16:08	26:09	33:36	35:35	43:54	52:52	1:07:17	1:13:48	1:19:55	1:26:11	1:32:35	1:39:38	1:47:56	1:48:38
		Badajoz CODAN_EX		16:08	10:01	7:27	1:59	8:19	8:58	14:25	6:31	6:07	6:16	6:24	7:03	8:18	0:42
8	**95**	**Naranjo Corrillero**	**1:52:47**	16:55	26:18	35:12	37:27	45:59	1:02:37	1:13:01	1:19:31	1:25:35	1:31:09	1:36:42	1:43:47	1:52:17	1:52:47
		Badajoz ALCOR_EX		16:55	9:23	8:54	2:15	8:32	16:38	10:24	6:30	6:04	5:34	5:33	7:05	8:30	0:30
					15:34												
					**58*												
9	**235**	**Marques Jose**	**1:55:37**	14:49	24:59	33:44	36:04	46:03	58:15	1:10:27	1:18:08	1:25:09	1:32:51	1:39:01	1:46:17	1:54:57	1:55:37
		BTTLou		14:49	10:10	8:45	2:20	9:59	12:12	12:12	7:41	7:01	7:42	6:10	7:16	8:40	0:40
					1:06:56												
					**42*												
10	**181**	**Pedro Santos Paulo**	**1:57:08**	20:10	29:44	39:03	41:32	51:35	1:03:03	1:16:23	1:23:49	1:29:27	1:36:08	1:42:37	1:49:45	1:56:34	1:57:08
		COALA		20:10	9:34	9:19	2:29	10:03	11:28	13:20	7:26	5:38	6:41	6:29	7:08	6:49	0:34
11	**276**	**Pavoa Marco**	**2:04:49**	25:00	35:58	46:15	49:28	1:00:31	1:11:53	1:21:15	1:28:45	1:33:52	1:40:33	1:48:01	1:56:04	2:03:58	2:04:49
		ADM Ori-Mondego		25:00	10:58	10:17	3:13	11:03	11:22	9:22	7:30	***5:07***	6:41	7:28	8:03	7:54	0:51
12	**119**	**Bote Viera Agustín**	**2:05:00**	14:06	25:37	34:24	36:21	57:20	1:10:44	1:18:40	1:25:52	1:33:24	1:40:03	1:49:28	1:55:38	2:04:33	2:05:00
		Badajoz ITACA		14:06	11:31	8:47	1:57	20:59	13:24	7:56	7:12	7:32	6:39	9:25	6:10	8:55	0:27
13	**112**	**Pasión Rodríguez P**	**2:08:09**	15:32	38:42	47:03	49:13	57:43	1:08:40	1:16:18	1:24:00	1:39:21	1:46:03	1:53:43	2:00:32	2:07:31	2:08:09
		Sevilla SUNO-AND		15:32	23:10	8:21	2:10	8:30	10:57	7:38	7:42	15:21	6:42	7:40	6:49	6:59	0:38
14	**121**	**Alvano Casademunt**	**2:11:03**	**13:43**	24:10	32:35	34:57	43:59	55:05	1:02:28	1:14:28	1:29:08	1:47:50	1:55:31	2:04:18	2:10:30	2:11:03
		Badajoz ITACA		***13:43***	10:27	8:25	2:22	9:02	11:06	7:23	12:00	14:40	18:42	7:41	8:47	6:12	0:33
15	**36**	**Fernández Souto J**	**2:14:24**	24:59	35:48	45:22	47:54	57:12	1:08:11	1:17:45	1:27:26	1:42:30	1:50:39	1:58:22	2:06:35	2:13:55	2:14:24
		Lugo FLUVIAL_LUG		24:59	10:49	9:34	2:32	9:18	10:59	9:34	9:41	15:04	8:09	7:43	8:13	7:20	0:29
16	**35**	**Nogueras Marentes**	**2:19:53**	27:40	36:41	44:23	46:55	59:44	1:13:53	1:25:00	1:39:39	1:49:26	1:56:13	2:02:34	2:13:24	2:19:27	2:19:53
		Lugo FLUVIAL_LUG		27:40	9:01	7:42	2:32	12:49	14:09	11:07	14:39	9:47	6:47	6:21	10:50	6:03	***0:26***
17	**244**	**Pedro Nuno**	**2:20:37**	19:25	34:21	44:36	47:36	59:59	1:14:36	1:25:30	1:36:25	1:43:39	1:51:08	1:59:32	2:09:45	2:19:47	2:20:37
		CAOS		19:25	14:56	10:15	3:00	12:23	14:37	10:54	10:55	7:14	7:29	8:24	10:13	10:02	0:50
					17:52												
					**58*												

os	rsal	Nombre	Tiempo	1(31)	2(32)	3(33)	4(34)	5(35)	6(40)	7(37)	8(39)	9(48)	10(49)	11(44)	12(43)	13(200)	Meta
M-40 (42)					***15,1 km 995 m***		***13 C***		*(cont.)*								
18	**270**	**Palhinha Marco**	**2:22:29**	15:45	25:23	33:21	35:26	45:24	1:06:27	1:17:45	1:30:52	1:40:33	1:49:57	2:00:05	2:12:51	2:21:39	2:22:29
		CP Abrunheira		15:45	9:38	7:58	2:05	9:58	21:03	11:18	13:07	9:41	9:24	10:08	12:46	8:48	0:50
19	**80**	**Bordonado Roman**	**2:23:25**	25:37	36:10	48:48	51:07	1:01:16	1:13:56	1:25:37	1:37:17	1:48:33	1:57:52	2:04:14	2:13:00	2:22:39	2:23:25
		Cádiz FUNDI-O		25:37	10:33	12:38	2:19	10:09	12:40	11:41	11:40	11:16	9:19	6:22	8:46	9:39	0:46
20	**10**	**Arufe Varela Javier**	**2:23:37**	36:43	49:06	59:26	1:02:23	1:13:19	1:26:13	1:35:30	1:44:27	1:49:50	1:58:51	2:07:02	2:15:36	2:23:01	2:23:37
		La Coruña APA_LIC		36:43	12:23	10:20	2:57	10:56	12:54	9:17	8:57	5:23	9:01	8:11	8:34	7:25	0:36
21	**110**	**Tenorio Rivas Germ**	**2:28:22**	20:18	31:35	40:37	43:02	53:24	1:09:21	1:20:23	1:35:30	1:47:13	2:03:31	2:10:17	2:19:07	2:27:27	2:28:22
		Granada ALTERA		20:18	11:17	9:02	2:25	10:22	15:57	11:02	15:07	11:43	16:18	6:46	8:50	8:20	0:55
22	**22**	**Baez Moreno Antoni**	**2:39:09**	29:57	41:44	52:50	54:52	1:09:17	1:25:15	1:36:01	1:43:49	2:00:27	2:09:24	2:19:26	2:30:41	2:38:30	2:39:09
		Málaga COMA		29:57	11:47	11:06	2:02	14:25	15:58	10:46	7:48	16:38	8:57	10:02	11:15	7:49	0:39
23	**102**	**García Gago Óscar**	**2:39:23**	17:05	26:27	38:26	40:15	48:46	1:40:56	1:49:41	2:05:48	2:11:18	2:20:02	2:24:53	2:31:35	2:38:42	2:39:23
		Badajoz ALCOR_EX		17:05	9:22	11:59	1:49	8:31	52:10	8:45	16:07	5:30	8:44	***4:51***	6:42	7:07	0:41
24	**114**	**Luna Torreño Jose**	**2:48:18**	25:42	38:09	49:08	52:20	1:10:25	1:35:12	1:49:59	2:00:31	2:09:11	2:18:48	2:29:06	2:38:48	2:47:39	2:48:18
		Sevilla SUNO-AND		25:42	12:27	10:59	3:12	18:05	24:47	14:47	10:32	8:40	9:37	10:18	9:42	8:51	0:39
25	**113**	**García Fernández P**	**2:50:53**	33:33	47:09	57:22	59:39	1:15:33	1:40:14	1:53:15	2:06:06	2:13:06	2:23:26	2:30:29	2:42:17	2:50:16	2:50:53
		Sevilla SUNO-AND		33:33	13:36	10:13	2:17	15:54	24:41	13:01	12:51	7:00	10:20	7:03	11:48	7:59	0:37
26	**45**	**Barrera Tello Julio**	**2:52:29**	19:25	32:18	41:44	44:25	54:55	1:40:18	1:51:59	1:59:26	2:16:53	2:28:09	2:35:36	2:43:40	2:51:27	2:52:29
		Zaragoza IBON ZAR		19:25	12:53	9:26	2:41	10:30	45:23	11:41	7:27	17:27	11:16	7:27	8:04	7:47	1:02
					0.00												
					**170*												
27	**160**	**De La Torre Vega Á**	**2:55:25**	24:55	39:07	53:02	55:17	1:06:09	1:24:56	1:38:57	1:50:33	2:06:42	2:18:47	2:29:53	2:42:26	2:54:23	2:55:25
		Granada SRK		24:55	14:12	13:55	2:15	10:52	18:47	14:01	11:36	16:09	12:05	11:06	12:33	11:57	1:02
28	**205**	**Silva Mario**	**2:55:31**	32:45	45:03	1:05:20	1:08:32	1:19:15	1:46:49	1:57:59	2:07:23	2:18:47	2:31:48	2:38:06	2:46:54	2:54:53	2:55:31
		ADFA		32:45	12:18	20:17	3:12	10:43	27:34	11:10	9:24	11:24	13:01	6:18	8:48	7:59	0:38
29	**214**	**Lopes Duarte**	**2:56:17**	20:13	35:13	47:08	49:28	1:04:20	1:32:09	1:42:23	2:00:46	2:07:42	2:17:58	2:26:50	2:41:12	2:55:22	2:56:17
		CPOC		20:13	15:00	11:55	2:20	14:52	27:49	10:14	18:23	6:56	10:16	8:52	14:22	14:10	0:55
					18:52												
					**58*												
30	**234**	**Liberato Alex**	**2:58:18**	27:27	42:43	56:56	59:54	1:17:24	1:32:33	1:45:46	1:59:12	2:08:29	2:21:44	2:34:27	2:47:41	2:57:18	2:58:18
		BTTLou		27:27	15:16	14:13	2:58	17:30	15:09	13:13	13:26	9:17	13:15	12:43	13:14	9:37	1:00
					51:37	*2:42:27*											
					**45*	**53*											
31	**175**	**Piñeiro Feo Emilio**	**3:10:35**	30:37	44:36	58:33	1:01:37	1:17:07	1:44:39	2:09:18	2:18:18	2:26:30	2:35:16	2:51:05	2:59:44	3:09:38	3:10:35
		Badajoz BASE DON		30:37	13:59	13:57	3:04	15:30	27:32	24:39	9:00	8:12	8:46	15:49	8:39	9:54	0:57
					3:09:43												
					**200*												
32	**264**	**Mendes Luis**	**3:19:34**	40:25	53:00	1:04:44	1:07:24	1:19:29	2:10:38	2:22:05	2:32:14	2:46:47	2:55:36	3:01:56	3:10:57	3:18:56	3:19:34
		UCDA		40:25	12:35	11:44	2:40	12:05	51:09	11:27	10:09	14:33	8:49	6:20	9:01	7:59	0:38
33	**171**	**Muñoz Cruz Juan R**	**3:51:23**	25:41	36:46	1:02:01	1:05:10	1:27:56	2:24:39	2:39:17	3:01:09	3:10:53	3:24:59	3:33:36	3:43:51	3:50:32	3:51:23
		FEDO		25:41	11:05	25:15	3:09	22:46	56:43	14:38	21:52	9:44	14:06	8:37	10:15	6:41	0:51
34	**66**	**Guerrero Garcia Fra**	**3:58:58**	28:34	41:34	54:15	56:39	1:08:49	1:45:31	2:15:17	2:25:36	3:02:20	3:22:18	3:34:13	3:49:13	3:58:01	3:58:58
		Sevilla MONTELLAN		28:34	13:00	12:41	2:24	12:10	36:42	29:46	10:19	36:44	19:58	11:55	15:00	8:48	0:57
					0.00												
					**170*												
	280	**Louo Nuno**	**en tarj.**	17:38	31:11	-----	-----	56:03	-----	-----	1:28:00	1:34:14	1:41:33	1:48:13	1:56:22	-----	2:04:49
		NOA		17:38	13:33			24:52			31:57	6:14	7:19	6:40	8:09		8:27
					16:21	*1:21:43*											
					**58*	**42*											
	1	**Gomez Garcia Luis**	**en tarj.**	15:02	31:46	41:43	43:30	59:02	1:11:14	1:20:40	1:38:41	1:44:35	-----	-----	-----	2:11:26	2:12:19
		Sevilla ADOL		15:02	16:44	9:57	***1:47***	15:32	12:12	9:26	18:01	5:54				26:51	0:53
	60	**Gamarra Romero E**	**en tarj.**	26:43	46:05	1:10:03	1:15:14	1:35:24	2:20:08	2:36:17	3:06:45	3:15:56	3:26:59	-----	-----	3:50:52	
		Sevilla MONTELLAN		26:43	19:22	23:58	5:11	20:10	44:44	16:09	30:28	9:11	11:03			23:53	
					24:57												
					**58*												
	3	**Mena Raposo Jose**	**en tarj.**	1:07:13	1:25:08	1:41:18	1:45:50	2:13:52	2:30:55	3:00:40	3:14:14	3:37:29	-----	-----	-----	-----	
		Sevilla ADOL		1:07:13	17:55	16:10	4:32	28:02	17:03	29:45	13:34	23:15					
	236	**Correia Toni**	**andona**	58:12	1:09:03	1:33:32	1:39:03	1:57:37	-----	-----	-----	-----	-----	-----	-----	2:30:06	2:31:07
		BTTLou		58:12	10:51	24:29	5:31	18:34								32:29	1:01
					1:16:16												
					**45*												
	34	**Combarro Gallego**	**andona**	17:18	-----	-----	-----	-----	-----	-----	-----	-----	-----	-----	-----	-----	
		Lugo FLUVIAL_LUG		17:18													
nc	**245**	**Ribeiro Roberto**	**en tarj.**	42:22	-----	-----	-----	-----	-----	-----	-----	-----	1:09:55	-----	-----	1:51:01	1:52:15
		COA		42:22									27:33			41:06	1:14
					4:05	*5:02*	*37:19*	*48:32*	*56:18*	*1:03:41*	*1:04:03*	*1:25:00*	*1:33:59*				
					**48*	**48*	**39*	**42*	**55*	**36*	**36*	**54*	**53*				
nc	**115**	**FREDERICKY TOM A**	**2:09:41**	18:03	29:50	41:30	44:20	56:43	1:07:46	1:19:47	1:30:30	1:38:15	1:47:27	1:54:54	2:01:57	2:08:59	2:09:41
		Sevilla SUNO-AND		18:03	11:47	11:40	2:50	12:23	11:03	12:01	10:43	7:45	9:12	7:27	7:03	7:02	0:42

				1(52)	2(32)	3(45)	4(34)	5(56)	6(42)	7(59)	8(49)	9(44)	10(54)	11(53)	12(200)	Meta
M-50 (41)					**11,8 km 720 m**		**12 C**									
1	**47**	**Chousa Álvarez Urb**	**1:32:01**	12:09	24:02	31:00	35:04	43:18	51:56	1:05:10	1:07:24	1:14:17	1:18:39	1:24:09	1:31:14	1:32:01
		Madrid IMPERDIBL		12:09	11:53	6:58	4:04	8:14	8:38	13:14	2:14	6:53	4:22	5:30	7:05	0:47
2	**72**	**Morcillo Laíz José**	**1:35:33**	19:06	30:15	35:59	40:14	47:38	55:25	1:08:09	1:10:11	1:21:58	1:24:35	1:29:03	1:34:50	1:35:33
		Madrid SOTOBOSQ		19:06	11:09	5:44	4:15	7:24	7:47	12:44	***2:02***	11:47	***2:37***	4:28	5:47	0:43
3	**75**	**Amores Fuste Julia**	**1:36:13**	12:59	25:24	31:37	35:01	42:29	52:54	1:07:00	1:11:14	1:17:18	1:20:30	1:29:04	1:35:39	1:36:13
		Madrid SOTOBOSQ		12:59	12:25	6:13	3:24	7:28	10:25	14:06	4:14	6:04	3:12	8:34	6:35	0:34

os	rsal	Nombre	Tiempo	1(52)	2(32)	3(45)	4(34)	5(56)	6(42)	7(59)	8(49)	9(44)	10(54)	11(53)	12(200)	Meta
M-50 (41)					***11,8 km 720 m***		***12 C***		*(cont.)*							
4	**44**	**Saz Alcubierre Javie**	**1:38:08**	11:59	22:34	29:07	33:19	43:32	53:28	1:13:17	1:16:26	1:23:39	1:27:00	1:31:17	1:37:30	1:38:08
		Zaragoza IBON ZAR		11:59	10:35	6:33	4:12	10:13	9:56	19:49	3:09	7:13	3:21	***4:17***	6:13	0:38
5	**43**	**Hernández Brull Ale**	**1:39:26**	18:42	30:32	37:19	40:37	47:29	55:30	1:14:07	1:16:17	1:22:21	1:25:50	1:31:26	1:38:55	1:39:26
		Zaragoza IBON ZAR		18:42	11:50	6:47	3:18	6:52	8:01	18:37	2:10	6:04	3:29	5:36	7:29	0:31
6	**21**	**Sanz Balaguer Carl**	**1:39:34**	13:05	23:45	32:05	35:23	42:26	51:28	1:13:58	1:16:05	1:22:31	1:26:16	1:32:48	1:38:53	1:39:34
		Málaga COMA		13:05	10:40	8:20	3:18	7:03	9:02	22:30	2:07	6:26	3:45	6:32	6:05	0:41
7	**238**	**Faisca Helder**	**1:43:30**	17:17	28:41	38:07	41:26	48:41	58:46	1:13:24	1:22:27	1:28:38	1:32:01	1:37:14	1:42:52	1:43:30
		BTTLou		17:17	11:24	9:26	3:19	7:15	10:05	14:38	9:03	6:11	3:23	5:13	5:38	0:38
8	**240**	**Duarte Palma**	**1:44:32**	33:24	42:25	49:07	52:27	58:38	1:10:33	1:23:13	1:26:55	1:31:07	1:33:44	1:38:19	1:43:52	1:44:32
		BTTLou		33:24	9:01	6:42	3:20	***6:11***	11:55	12:40	3:42	***4:12***	***2:37***	4:35	5:33	0:40
9	**268**	**Goncalves Paulo**	**1:49:02**	12:45	25:20	33:07	36:38	45:46	1:01:01	1:19:25	1:22:05	1:30:21	1:34:05	1:41:35	1:48:10	1:49:02
		UCDA		12:45	12:35	7:47	3:31	9:08	15:15	18:24	2:40	8:16	3:44	7:30	6:35	0:52
10	**20**	**Stangegaard Bjergb**	**1:49:23**	28:41	40:51	48:23	53:39	1:01:27	1:11:24	1:24:46	1:27:13	1:33:10	1:36:42	1:41:49	1:48:23	1:49:23
		Málaga COMA		28:41	12:10	7:32	5:16	7:48	9:57	13:22	2:27	5:57	3:32	5:07	6:34	1:00
11	**201**	**Silva Toz**	**1:49:32**	17:24	29:41	37:54	45:04	56:01	1:05:42	1:20:39	1:23:11	1:30:23	1:34:35	1:42:40	1:48:53	1:49:32
		COC		17:24	12:17	8:13	7:10	10:57	9:41	14:57	2:32	7:12	4:12	8:05	6:13	0:39
12	**189**	**Serralheiro Inacio**	**1:53:22**	19:14	32:35	39:21	43:21	51:19	1:14:45	1:24:54	1:27:03	1:36:48	1:40:59	1:47:12	1:52:38	1:53:22
		CN Alvito		19:14	13:21	6:46	4:00	7:58	23:26	***10:09***	2:09	9:45	4:11	6:13	***5:26***	0:44
13	**207**	**Silva Jose**	**1:56:54**	17:56	32:46	40:26	44:44	57:15	1:07:10	1:26:35	1:29:36	1:38:27	1:42:34	1:49:12	1:56:10	1:56:54
		ADFA		17:56	14:50	7:40	4:18	12:31	9:55	19:25	3:01	8:51	4:07	6:38	6:58	0:44
14	**246**	**Costa Eduardo**	**1:57:27**	19:09	33:02	40:37	45:27	55:08	1:06:10	1:30:07	1:32:40	1:39:17	1:43:09	1:48:36	1:56:29	1:57:27
		COA		19:09	13:53	7:35	4:50	9:41	11:02	23:57	2:33	6:37	3:52	5:27	7:53	0:58
15	**161**	**Naveros Rejón Ram**	**1:57:54**	19:57	34:21	49:39	53:32	1:04:21	1:16:43	1:31:01	1:33:37	1:40:47	1:44:24	1:50:06	1:57:12	1:57:54
		Granada SRK		19:57	14:24	15:18	3:53	10:49	12:22	14:18	2:36	7:10	3:37	5:42	7:06	0:42
16	**206**	**Sebastiao Eduardo**	**2:04:35**	18:15	34:44	46:48	51:52	1:02:45	1:16:24	1:36:14	1:38:47	1:45:14	1:49:37	1:56:21	2:03:57	2:04:35
		ADFA		18:15	16:29	12:04	5:04	10:53	13:39	19:50	2:33	6:27	4:23	6:44	7:36	0:38
17	**79**	**Izquierdo Macón Eu**	**2:08:07**	17:00	45:38	53:35	57:21	1:05:02	1:16:25	1:29:41	1:40:43	1:52:16	1:56:13	2:01:03	2:07:16	2:08:07
		León ALCON		17:00	28:38	7:57	3:46	7:41	11:23	13:16	11:02	11:33	3:57	4:50	6:13	0:51
				25:52	*29:56*	*34:39*										
				**56*	**34*	**45*										
18	**211**	**Patr!cio Luis**	**2:09:18**	21:13	36:49	45:31	50:02	59:57	1:12:06	1:30:22	1:33:12	1:45:19	1:49:40	1:58:21	2:08:27	2:09:18
		CPOC		21:13	15:36	8:42	4:31	9:55	12:09	18:16	2:50	12:07	4:21	8:41	10:06	0:51
19	**122**	**Borrego Bermejo Ó**	**2:15:03**	23:02	35:56	44:11	48:14	57:40	1:10:50	1:38:14	1:43:34	1:53:44	1:57:06	2:07:41	2:14:15	2:15:03
		Badajoz ITACA		23:02	12:54	8:15	4:03	9:26	13:10	27:24	5:20	10:10	3:22	10:35	6:34	0:48
20	**108**	**Serantes Maneiro C**	**2:15:17**	24:51	39:53	48:03	53:17	1:02:15	1:13:17	1:44:21	1:47:31	1:57:38	2:00:48	2:07:39	2:14:37	2:15:17
		La Coruña ADC_AR		24:51	15:02	8:10	5:14	8:58	11:02	31:04	3:10	10:07	3:10	6:51	6:58	0:40
21	**215**	**Bastos Jorge**	**2:18:10**	16:29	37:33	44:58	50:59	1:02:08	1:16:46	1:36:09	1:42:28	1:53:41	1:58:03	2:05:21	2:17:07	2:18:10
		CPOC		16:29	21:04	7:25	6:01	11:09	14:38	19:23	6:19	11:13	4:22	7:18	11:46	1:03
22	**239**	**Limas Luis**	**2:19:04**	31:09	46:08	53:43	1:00:11	1:10:23	1:21:17	1:39:11	1:42:18	1:54:14	2:00:09	2:09:32	2:17:42	2:19:04
		BTTLou		31:09	14:59	7:35	6:28	10:12	10:54	17:54	3:07	11:56	5:55	9:23	8:10	1:22
23	**117**	**Martín Fernández N**	**2:22:13**	27:45	40:45	50:00	55:36	1:05:09	1:18:07	1:42:17	1:45:32	1:55:55	2:01:13	2:13:34	2:21:26	2:22:13
		Murcia O-CARTAGE		27:45	13:00	9:15	5:36	9:33	12:58	24:10	3:15	10:23	5:18	12:21	7:52	0:47
24	**48**	**Jiménez Romero Je**	**2:27:42**	20:19	34:48	43:37	49:20	1:04:42	1:19:17	1:53:35	1:59:24	2:06:34	2:11:23	2:20:50	2:27:00	2:27:42
		Madrid IMPERDIBL		20:19	14:29	8:49	5:43	15:22	14:35	34:18	5:49	7:10	4:49	9:27	6:10	0:42
24	**6**	**Pérez González Man**	**2:27:42**	32:35	1:00:12	1:10:23	1:14:52	1:26:10	1:43:55	1:57:12	2:00:30	2:07:20	2:11:03	2:19:06	2:26:41	2:27:42
		Cáceres ALTAIR		32:35	27:37	10:11	4:29	11:18	17:45	13:17	3:18	6:50	3:43	8:03	7:35	1:01
26	**180**	**Moura Martins Coel**	**2:29:51**	35:59	52:09	1:01:26	1:06:35	1:17:09	1:25:59	1:42:43	1:44:47	2:11:13	2:15:27	2:22:05	2:29:02	2:29:51
		COALA		35:59	16:10	9:17	5:09	10:34	8:50	16:44	2:04	26:26	4:14	6:38	6:57	0:49
				9:39	*1:52:31*											
				**59*	**43*											
27	**198**	**Domingues Moises**	**2:30:50**	20:42	36:51	46:59	54:26	1:05:16	1:15:10	1:29:51	1:32:20	1:48:46	1:53:15	2:19:29	2:30:03	2:30:50
		COC		20:42	16:09	10:08	7:27	10:50	9:54	14:41	2:29	16:26	4:29	26:14	10:34	0:47
28	**85**	**Cucalón Irache Sen**	**2:31:28**	19:21	55:57	1:05:18	1:10:16	1:24:25	1:35:43	1:55:01	1:57:36	2:08:14	2:13:04	2:20:52	2:30:22	2:31:28
		Huesca PEÑA_GUAR		19:21	36:36	9:21	4:58	14:09	11:18	19:18	2:35	10:38	4:50	7:48	9:30	1:06
29	**125**	**Ortuñez Fernández**	**2:34:17**	20:46	34:52	50:49	55:08	1:04:33	1:18:22	1:54:51	1:57:57	2:14:39	2:18:11	2:25:29	2:33:35	2:34:17
		Badajoz ITACA		20:46	14:06	15:57	4:19	9:25	13:49	36:29	3:06	16:42	3:32	7:18	8:06	0:42
30	**78**	**Moriana Muñoz Luc**	**2:35:10**	22:18	35:12	43:04	49:35	1:05:10	1:15:08	1:56:21	2:00:57	2:10:23	2:14:24	2:26:03	2:34:37	2:35:10
		Granada VELETA		22:18	12:54	7:52	6:31	15:35	9:58	41:13	4:36	9:26	4:01	11:39	8:34	0:33
31	**266**	**Lavado Joao**	**2:48:06**	30:12	46:07	54:52	1:03:30	1:13:49	1:25:22	2:07:04	2:10:51	2:23:12	2:29:33	2:36:43	2:47:15	2:48:06
		UCDA		30:12	15:55	8:45	8:38	10:19	11:33	41:42	3:47	12:21	6:21	7:10	10:32	0:51
32	**81**	**Fernández Pastor J**	**2:54:01**	30:51	46:29	58:18	1:04:15	1:18:30	1:38:21	2:02:17	2:07:36	2:22:53	2:27:53	2:42:40	2:53:03	2:54:01
		Cádiz FUNDI-O		30:51	15:38	11:49	5:57	14:15	19:51	23:56	5:19	15:17	5:00	14:47	10:23	0:58
				0.00	*2:15:01*											
				**170*	**47*											
33	**199**	**Marques Norberto**	**2:55:18**	32:52	51:06	1:00:31	1:06:09	1:20:54	1:40:18	2:10:56	2:14:18	2:27:54	2:34:12	2:41:03	2:53:50	2:55:18
		COC		32:52	18:14	9:25	5:38	14:45	19:24	30:38	3:22	13:36	6:18	6:51	12:47	1:28
34	**267**	**Lavado Jorge**	**2:57:27**	21:02	35:59	43:39	48:24	1:02:24	1:35:10	2:06:25	2:11:34	2:22:51	2:31:32	2:43:29	2:56:04	2:57:27
		UCDA		21:02	14:57	7:40	4:45	14:00	32:46	31:15	5:09	11:17	8:41	11:57	12:35	1:23
35	**265**	**Carlos Joao**	**3:31:42**	33:02	56:49	1:07:58	1:18:44	1:33:18	1:54:26	2:15:34	2:21:49	2:46:20	2:53:36	3:10:50	3:29:37	3:31:42
		UCDA		33:02	23:47	11:09	10:46	14:34	21:08	21:08	6:15	24:31	7:16	17:14	18:47	2:05
				3:29:40												
				**200*												
36	**100**	**Sánchez Farrona Ju**	**3:42:22**	30:11	52:12	1:11:14	1:29:41	1:49:11	2:03:30	2:26:03	2:34:55	2:50:29	2:57:48	3:31:33	3:41:31	3:42:22
		Badajoz ALCOR_EX		30:11	22:01	19:02	18:27	19:30	14:19	22:33	8:52	15:34	7:19	33:45	9:58	0:51
	200	**Serralheiro Pedro**	**en tarj.**	21:21	35:58	46:55	51:02	1:01:24	1:13:20	1:42:27	1:44:37	1:50:58	1:55:14	-----	2:09:30	2:10:33
		COC		21:21	14:37	10:57	4:07	10:22	11:56	29:07	2:10	6:21	4:16		14:16	1:03

os	rsal	Nombre	Tiempo	1(52)	2(32)	3(45)	4(34)	5(56)	6(42)	7(59)	8(49)	9(44)	10(54)	11(53)	12(200)	Meta	
M-50 (41)					***11,8 km 720 m***		***12 C***		*(cont.)*								
	237	**Pontes Fernando**	**en tarj.**	25:01	57:53	1:07:16	1:14:17	-----	1:27:35	2:05:28	2:23:39	2:38:14	2:45:10	2:56:02	3:09:01	3:09:54	
		BTTLou		25:01	32:52	9:23	7:01		13:18	37:53	18:11	14:35	6:56	10:52	12:59	0:53	
				34:46													
				**56*													
	184	**Mouro Paulo**	**andona**	40:44	-----	-----	-----	-----	-----	-----	-----	-----	-----	-----	-----		
		CLAC		40:44													
				24:14													
				**36*													
nc	**186**	**Lalevee Jean-Charle**	**1:17:56**	**10:25**	**19:11**	**24:33**	**27:36**	**33:58**	**41:01**	**55:47**	**57:56**	**1:03:11**	**1:06:11**	**1:11:55**	**1:17:26**	**1:17:56**	
		CN Alvito		***10:25***	***8:46***	***5:22***	***3:03***	6:22	***7:03***	14:46	2:09	5:15	3:00	5:44	5:31	***0:30***	
nc	**216**	**Memeteau Michael**	**en tarj.**	-----	36:08	-----	48:32	-----	-----	-----	2:00:43	2:08:25	-----	-----	2:26:18	2:27:11	
		CPOC			36:08		12:24				1:12:11	7:42			17:53	0:53	
				25:13	*45:59*	*59:56*	*1:11:54*	*1:35:04*	*1:46:02*	*1:53:44*	*2:17:27*						
				**31*	**33*	**35*	**40*	**37*	**39*	**48*	**43*						
M-60 (17)					**11,5 km 490 m**		**11 C**										
				1(31)	2(39)	3(32)	4(45)	5(34)	6(59)	7(55)	8(60)	9(49)	10(53)	11(200)	Meta		
1	**209**	**Sousa Luis**	**1:37:33**	20:26	22:41	**32:08**	**39:43**	**44:04**	**58:05**	**1:12:54**	**1:16:18**	1:26:50	1:30:13	**1:36:48**	**1:37:33**		
		ADFA		20:26	***2:15***	9:27	7:35	4:21	14:01	***14:49***	3:24	10:32	***3:23***	***6:35***	0:45		
2	**68**	**Olivares Morilla Ant**	**1:37:43**	23:46	26:33	35:38	42:32	46:09	58:58	1:14:36	1:18:08	**1:26:02**	**1:29:41**	1:37:01	1:37:43		
		Córdoba LOS_CALI		23:46	2:47	***9:05***	***6:54***	***3:37***	12:49	15:38	3:32	***7:54***	3:39	7:20	0:42		
3	**27**	**Almonacid Carbone**	**1:51:28**	19:44	22:59	34:34	44:09	51:22	1:05:11	1:20:38	1:25:03	1:35:17	1:40:41	1:50:29	1:51:28		
		Valencia CORRECA		19:44	3:15	11:35	9:35	7:13	13:49	15:27	4:25	10:14	5:24	9:48	0:59		
4	**178**	**Da Costa Escada**	**1:53:35**	22:51	25:52	37:52	47:26	52:45	1:06:05	1:23:14	1:27:15	1:37:46	1:42:22	1:52:16	1:53:35		
		COALA		22:51	3:01	12:00	9:34	5:19	13:20	17:09	4:01	10:31	4:36	9:54	1:19		
5	**277**	**Ferreira Carlos**	**2:04:00**	28:59	33:09	46:04	55:20	1:00:00	1:13:16	1:36:53	1:40:29	1:49:37	1:53:33	2:02:53	2:04:00		
		CAB		28:59	4:10	12:55	9:16	4:40	13:16	23:37	3:36	9:08	3:56	9:20	1:07		
6	**30**	**Parga Andón Pedro**	**2:06:03**	34:09	36:39	59:59	1:08:06	1:12:52	1:25:21	1:41:10	1:44:30	1:53:49	1:57:54	2:05:19	2:06:03		*45:49*
		Lugo FLUVIAL_LUG		34:09	2:30	23:20	8:07	4:46	12:29	15:49	3:20	9:19	4:05	7:25	0:44		**34*
7	**46**	**Hernández Bujes J**	**2:07:20**	21:33	23:50	34:55	53:42	58:03	1:09:46	1:25:50	1:29:41	1:55:08	1:59:53	2:06:42	2:07:20		
		Zaragoza IBON ZAR		21:33	2:17	11:05	18:47	4:21	***11:43***	16:04	3:51	25:27	4:45	6:49	***0:38***		
8	**179**	**jones Norman**	**2:11:42**	22:40	25:29	40:41	49:50	54:50	1:10:21	1:33:59	1:40:52	1:54:15	1:58:42	2:10:51	2:11:42		*36:14*
		COALA		22:40	2:49	15:12	9:09	5:00	15:31	23:38	6:53	13:23	4:27	12:09	0:51		**50*
9	**111**	**Pasión Delgado Ped**	**2:14:20**	27:18	30:30	47:44	57:15	1:05:18	1:20:46	1:40:05	1:46:42	1:59:11	2:04:56	2:13:39	2:14:20		
		Sevilla SUNO-AND		27:18	3:12	17:14	9:31	8:03	15:28	19:19	6:37	12:29	5:45	8:43	0:41		
10	**208**	**Artur Jorge**	**2:18:43**	39:19	42:09	55:51	1:04:30	1:10:08	1:25:30	1:46:03	1:50:20	2:02:42	2:07:48	2:17:35	2:18:43		
		ADFA		39:19	2:50	13:42	8:39	5:38	15:22	20:33	4:17	12:22	5:06	9:47	1:08		
11	**29**	**Corona López Pedr**	**2:20:14**	34:42	38:23	52:56	1:03:26	1:12:19	1:26:30	1:45:08	1:50:13	2:06:24	2:12:31	2:19:30	2:20:14		
		Valencia CORRECA		34:42	3:41	14:33	10:30	8:53	14:11	18:38	5:05	16:11	6:07	6:59	0:44		
12	**16**	**Vega Cano José Lui**	**2:23:58**	24:47	28:19	42:04	53:14	58:58	1:17:01	1:40:52	1:51:13	2:03:22	2:11:12	2:23:03	2:23:58		
		Badajoz CODAN_EX		24:47	3:32	13:45	11:10	5:44	18:03	23:51	10:21	12:09	7:50	11:51	0:55		
13	**13**	**Rica Cámara Miguel**	**2:38:41**	33:58	37:01	52:16	1:04:46	1:17:03	1:36:40	1:52:33	1:55:52	2:20:27	2:25:21	2:36:43	2:38:41		*30:59*
		Madrid BOM		33:58	3:03	15:15	12:30	12:17	19:37	15:53	***3:19***	24:35	4:54	11:22	1:58		**58*
14	**190**	**Rosa Antonio**	**2:45:11**	41:01	43:51	55:46	1:13:39	1:18:13	1:53:26	2:12:07	2:15:51	2:27:30	2:34:26	2:44:21	2:45:11		*0.00*
		CN Alvito		41:01	2:50	11:55	17:53	4:34	35:13	18:41	3:44	11:39	6:56	9:55	0:50		**170*
				12:03	*1:09:53*												
				**47*	**33*												
15	**177**	**Santos Jorge**	**3:02:45**	43:00	46:26	1:04:19	1:19:35	1:26:56	1:48:05	2:18:26	2:23:08	2:42:06	2:48:53	3:01:45	3:02:45		
		COALA		43:00	3:26	17:53	15:16	7:21	21:09	30:21	4:42	18:58	6:47	12:52	1:00		
nc	**183**	**Norman Stuart**	**en tarj.**	-----	-----	43:10	53:03	57:50	1:14:16	-----	-----	1:19:10	1:24:56	1:33:59	1:34:51		
		BAOC				43:10	9:53	4:47	16:26			4:54	5:46	9:03	0:52		
nc	**1821**	**DAWSON DAWSON**	**1:49:22**	**19:14**	**21:51**	33:51	41:35	46:41	1:00:33	1:18:31	1:30:01	1:37:58	1:41:32	1:48:29	1:49:22		
		GBMTBO		***19:14***	2:37	12:00	7:44	5:06	13:52	17:58	11:30	7:57	3:34	6:57	0:53		
F-15 (14)					**11,1 km 520 m**		**12 C**										
				1(56)	2(32)	3(45)	4(34)	5(48)	6(42)	7(55)	8(46)	9(49)	10(47)	11(53)	12(200)	Meta	
1	**134**	**RICO MENESES IRE**	**2:29:19**	**23:10**	**30:17**	**41:46**	**46:30**	**1:01:53**	**1:26:39**	**1:34:32**	**1:51:37**	**2:09:30**	**2:12:40**	**2:17:20**	**2:28:30**	**2:29:19**	
		Badajoz ITACA		***23:10***	7:07	***11:29***	***4:44***	15:23	24:46	7:53	***17:05***	17:53	3:10	4:40	11:10	0:49	
				2:28:33													
				**200*													
2	**130**	**GARCIA RODRIGUE**	**2:39:50**	33:13	40:14	52:41	58:04	1:11:47	1:36:35	1:44:25	2:01:47	2:19:33	2:22:35	2:27:21	2:38:58	2:39:50	
		Badajoz ITACA		33:13	***7:01***	12:27	5:23	13:43	24:48	7:50	17:22	17:46	3:02	4:46	11:37	0:52	
3	**133**	**DONCEL RODRIGU**	**2:45:41**	30:37	40:24	59:45	1:07:09	1:18:41	1:41:44	1:49:43	2:07:37	2:24:47	2:27:57	2:32:31	2:44:40	2:45:41	
		Badajoz ITACA		30:37	9:47	19:21	7:24	***11:32***	23:03	7:59	17:54	17:10	3:10	***4:34***	12:09	1:01	
4	**219**	**Correia Bia**	**2:46:46**	32:51	44:29	1:04:39	1:13:57	1:27:48	1:49:50	1:56:19	2:18:56	2:21:29	2:28:34	2:36:51	2:45:47	2:46:46	
		BTTLou		32:51	11:38	20:10	9:18	13:51	***22:02***	6:29	22:37	2:33	7:05	8:17	***8:56***	0:59	
5	**93**	**Yllan Ortiz Ana**	**3:04:22**	26:50	36:25	51:53	59:52	1:12:49	1:48:11	2:12:48	2:40:12	2:43:25	2:47:33	2:53:32	3:03:30	3:04:22	
		Madrid ALABARDA-O		26:50	9:35	15:28	7:59	12:57	35:22	24:37	27:24	3:13	4:08	5:59	9:58	0:52	
6	**39**	**Nogueras Porto Sar**	**3:09:43**	35:50	47:57	1:07:02	1:15:04	1:29:30	2:05:15	2:11:51	2:39:05	2:41:33	2:48:44	2:57:03	3:08:53	3:09:43	
		Lugo FLUVIAL_LUG		35:50	12:07	19:05	8:02	14:26	35:45	6:36	27:14	***2:28***	7:11	8:19	11:50	0:50	
7	**149**	**OBREO CHAVERO**	**3:14:51**	46:27	59:41	1:11:59	1:20:18	1:34:26	2:10:36	2:16:25	2:36:53	2:54:44	2:57:45	3:02:24	3:13:57	3:14:51	
		Badajoz ITACA		46:27	13:14	12:18	8:19	14:08	36:10	5:49	20:28	17:51	3:01	4:39	11:33	0:54	
	147	**NARANJO RUIZ CAN**	**en tarj.**	30:28	42:43	1:04:55	1:15:23	1:30:43	-----	-----	-----	2:02:39	-----	2:20:17	-----	2:40:42	
		Badajoz ITACA		30:28	12:15	22:12	10:28	15:20				31:56		17:38		20:25	
	139	**GOMATO ALVAREZ**	**en tarj.**	50:21	1:04:05	1:25:31	1:40:06	2:08:38	2:46:37	3:02:21	3:32:41	3:43:48	3:48:14	-----	4:01:02		
		Badajoz ITACA		50:21	13:44	21:26	14:35	28:32	37:59	15:44	30:20	11:07	4:26		12:48		

F-15 (14) — ***11,1 km 520 m*** — ***12 C*** — *(cont.)*

os	rsal	Nombre	Tiempo	1(56)	2(32)	3(45)	4(34)	5(48)	6(42)	7(55)	8(46)	9(49)	10(47)	11(53)	12(200)	Meta
	137	**PIÑERO RAMOS ELE**	**en tarj.**	55:39	1:09:08	1:30:42	1:45:06	2:13:46	2:51:48	3:07:14	3:37:47	3:49:04	3:53:28	-----	4:07:15	
		Badajoz ITACA		55:39	13:29	21:34	14:24	28:40	38:02	15:26	30:33	11:17	4:24		13:47	
	131	**PARADA BASTIDA S**	**en tarj.**	29:34	38:11	1:16:39	1:25:51	1:41:49	3:00:40	3:17:00	3:47:44	3:58:53	4:03:05	-----	4:16:05	
		Badajoz ITACA		29:34	8:37	38:28	9:12	15:58	1:18:51	16:20	30:44	11:09	4:12		13:00	
	138	**MERINO DELGADO**	**en tarj.**	30:27	50:50	1:17:54	1:29:12	1:58:08	3:20:50	3:37:07	4:07:49	4:19:04	4:23:11	-----	4:36:13	
		Badajoz ITACA		30:27	20:23	27:04	11:18	28:56	1:22:42	16:17	30:42	11:15	4:07		13:02	
	142	**MILLÁN GONZÁLEZ**	**andona**	-----	-----	-----	-----	-----	-----	-----	-----	-----	-----	-----	-----	1:17:53
		Badajoz ITACA														1:17:53
nc	**252**	**Cruz Mariana**	**2:59:35**	31:36	44:48	56:53	1:05:13	1:19:22	1:55:41	2:01:16	2:22:21	2:39:54	2:42:38	2:47:25	2:59:03	2:59:35
		UCDA		31:36	13:12	12:05	8:20	14:09	36:19	***5:35***	21:05	17:33	***2:44***	4:47	11:38	***0:32***

F-17 (4) — **11,8 km 475 m** — **13 C**

os	rsal	Nombre	Tiempo	1(50)	2(34)	3(52)	4(48)	5(44)	6(60)	7(37)	8(42)	9(31)	10(36)	11(54)	12(53)	13(200)	Meta
1	**155**	**De La Torre Roldán**	**2:29:37**	24:33	38:20	49:21	54:13	**1:09:30**	**1:19:40**	**1:36:44**	**1:40:58**	**1:50:42**	**1:56:17**	**2:12:52**	**2:19:57**	**2:28:46**	**2:29:37**
		Granada SRK		24:33	13:47	***11:01***	***4:52***	***15:17***	10:10	17:04	***4:14***	9:44	***5:35***	16:35	***7:05***	***8:49***	0:51
2	**50**	**Jiménez Espeso Ele**	**2:40:16**	24:41	33:21	**44:53**	**51:16**	1:10:09	1:28:53	1:44:50	1:55:36	2:01:03	2:08:54	2:21:13	2:29:07	2:39:18	2:40:16
		Madrid IMPERDIBL		24:41	8:40	11:32	6:23	18:53	18:44	15:57	10:46	5:27	7:51	12:19	7:54	10:11	0:58
					1:59:18												
					**58*												
3	**255**	**Rebelo Carolina**	**2:42:45**	20:25	**27:45**	51:13	58:11	1:23:11	1:31:44	1:47:00	1:51:59	2:03:02	2:10:30	2:22:03	2:29:53	2:41:47	2:42:45
		UCDA		20:25	***7:20***	23:28	6:58	25:00	8:33	15:16	4:59	11:03	7:28	***11:33***	7:50	11:54	0:58
					0.00												
					**170*												
4	**256**	**Fonseca Iris**	**3:34:25**	**20:16**	31:13	56:06	1:07:27	1:39:01	1:46:13	2:00:06	2:49:14	2:54:26	3:01:06	3:12:43	3:22:24	3:33:39	3:34:25
		UCDA		***20:16***	10:57	24:53	11:21	31:34	***7:12***	***13:53***	49:08	***5:12***	6:40	11:37	9:41	11:15	***0:46***

F-20 (3) — **11,8 km 720 m** — **12 C**

os	rsal	Nombre	Tiempo	1(52)	2(32)	3(45)	4(34)	5(56)	6(42)	7(59)	8(49)	9(44)	10(54)	11(53)	12(200)	Meta
1	**92**	**Yllan Ortiz Elena**	**2:14:09**	22:06	36:22	**45:16**	**50:17**	**59:56**	**1:10:01**	**1:41:12**	**1:43:28**	**1:52:44**	**1:57:50**	**2:04:02**	**2:13:28**	**2:14:09**
		Madrid ALABARDA-O		22:06	***14:16***	***8:54***	***5:01***	***9:39***	***10:05***	***31:11***	***2:16***	9:16	5:06	***6:12***	***9:26***	***0:41***
				0.00												
				**170*												
2	**28**	**Arnau Ochando Sar**	**2:32:24**	**19:36**	**36:07**	48:21	55:05	1:06:09	1:23:16	1:55:04	1:58:09	2:06:25	2:11:21	2:19:38	2:31:28	2:32:24
		Valencia CORRECA		***19:36***	16:31	12:14	6:44	11:04	17:07	31:48	3:05	***8:16***	***4:56***	8:17	11:50	0:56
	88	**Hernández Pérez R**	**andona**	44:26	1:14:23	1:39:25	1:48:08	2:05:34	-----	-----	-----	-----	-----	-----	-----	3:47:36
		Alicante UNIVERSID		44:26	29:57	25:02	8:43	17:26								1:42:02

F-E (10) — **14,2 km 985 m** — **12 C**

os	rsal	Nombre	Tiempo	1(31)	2(32)	3(45)	4(34)	5(35)	6(40)	7(37)	8(39)	9(46)	10(44)	11(43)	12(200)	Meta
1	**232**	**Costa Marisa**	**1:51:14**	15:41	25:04	31:30	35:40	45:31	56:43	1:06:27	1:16:23	**1:30:10**	**1:36:04**	**1:43:29**	**1:50:35**	**1:51:14**
		BTTLou		15:41	9:23	6:26	4:10	9:51	11:12	9:44	9:56	13:47	5:54	7:25	7:06	0:39
2	**126**	**García Rodríguez N**	**1:53:45**	14:52	**23:44**	**29:57**	**33:22**	**41:36**	**51:04**	**59:40**	1:17:48	1:34:32	1:39:30	1:46:21	1:53:11	1:53:45
		Badajoz ITACA		14:52	***8:52***	6:13	***3:25***	***8:14***	***9:28***	***8:36***	18:08	16:44	***4:58***	***6:51***	***6:50***	***0:34***
3	**213**	**Silva Ana Filipa**	**1:58:10**	**14:34**	24:11	30:16	34:25	47:15	59:58	1:08:56	**1:16:12**	1:31:02	1:36:26	1:47:26	1:57:34	1:58:10
		CPOC		***14:34***	9:37	***6:05***	4:09	12:50	12:43	8:58	***7:16***	14:50	5:24	11:00	10:08	0:36
				1:50:39												
				**53*												
4	**73**	**Arroyo Schnell Sus**	**2:06:40**	23:33	34:53	41:43	45:40	55:38	1:07:30	1:17:06	1:24:49	1:38:40	1:46:26	1:58:08	2:06:03	2:06:40
		Madrid SOTOBOSQ		23:33	11:20	6:50	3:57	9:58	11:52	9:36	7:43	13:51	7:46	11:42	7:55	0:37
5	**105**	**Shoemaker Ashley**	**2:28:20**	19:07	32:09	41:00	46:06	56:46	1:11:14	1:29:13	1:38:22	1:57:39	2:07:01	2:16:59	2:27:33	2:28:20
		Huelva COHU		19:07	13:02	8:51	5:06	10:40	14:28	17:59	9:09	19:17	9:22	9:58	10:34	0:47
				17:23												
				**58*												
6	**14**	**Cuesta Santamaria**	**2:29:32**	23:18	34:51	47:48	52:43	1:13:48	1:28:22	1:40:03	1:53:47	2:04:23	2:12:11	2:21:38	2:28:55	2:29:32
		Vizcaya COBI		23:18	11:33	12:57	4:55	21:05	14:34	11:41	13:44	***10:36***	7:48	9:27	7:17	0:37
7	**32**	**Felpeto González L**	**2:38:32**	29:24	39:56	48:14	51:53	1:04:58	1:22:53	1:35:17	1:42:38	2:11:49	2:19:47	2:29:31	2:37:42	2:38:32
		Lugo FLUVIAL_LUG		29:24	10:32	8:18	3:39	13:05	17:55	12:24	7:21	29:11	7:58	9:44	8:11	0:50
8	**233**	**Gomes Rita**	**2:52:02**	23:22	35:54	45:10	49:29	1:00:49	1:16:22	1:34:46	1:44:16	2:03:53	2:16:23	2:40:54	2:51:09	2:52:02
		BTTLou		23:22	12:32	9:16	4:19	11:20	15:33	18:24	9:30	19:37	12:30	24:31	10:15	0:53
9	**120**	**Pizarro Corral Esth**	**2:52:21**	21:48	32:44	43:45	48:26	1:03:32	1:29:50	1:41:12	1:56:53	2:21:32	2:30:11	2:43:25	2:51:38	2:52:21
		Badajoz ITACA		21:48	10:56	11:01	4:41	15:06	26:18	11:22	15:41	24:39	8:39	13:14	8:13	0:43
10	**263**	**Antunes Silvia**	**4:09:32**	27:01	47:24	1:00:58	1:07:43	1:22:27	1:55:38	2:13:13	2:35:43	3:13:13	3:27:21	3:51:38	4:07:39	4:09:32
		UCDA		27:01	20:23	13:34	6:45	14:44	33:11	17:35	22:30	37:30	14:08	24:17	16:01	1:53
				0.00	*4:07:41*	*4:07:44*										
				**170*	**200*	**200*										

F-40 (13) — **11,5 km 490 m** — **11 C**

os	rsal	Nombre	Tiempo	1(31)	2(39)	3(32)	4(45)	5(34)	6(59)	7(55)	8(60)	9(49)	10(53)	11(200)	Meta
1	**197**	**Pontes Susana**	**1:37:44**	26:34	29:02	**38:21**	**44:52**	**48:50**	**59:14**	**1:14:03**	**1:17:20**	**1:27:36**	**1:30:59**	**1:37:09**	**1:37:44**
		COC		26:34	***2:28***	***9:19***	***6:31***	***3:58***	***10:24***	***14:49***	***3:17***	10:16	***3:23***	***6:10***	***0:35***
2	**124**	**Castillo Lajas Sara**	**2:03:19**	24:05	**26:35**	39:50	51:36	56:21	1:14:09	1:34:41	1:38:49	1:48:40	1:53:38	2:02:39	2:03:19
		Badajoz ITACA		24:05	2:30	13:15	11:46	4:45	17:48	20:32	4:08	***9:51***	4:58	9:01	0:40
3	**159**	**Roldán Segura Cris**	**2:06:48**	**23:39**	26:46	40:05	49:29	54:16	1:11:38	1:29:49	1:33:44	1:51:50	1:56:32	2:05:53	2:06:48
		Granada SRK		***23:39***	3:07	13:19	9:24	4:47	17:22	18:11	3:55	18:06	4:42	9:21	0:55
4	**76**	**Cortijos Sequera M**	**2:25:04**	35:59	38:54	53:28	1:05:44	1:12:29	1:33:21	1:52:46	1:57:50	2:09:32	2:16:15	2:24:21	2:25:04
		Murcia TOTANA-O		35:59	2:55	14:34	12:16	6:45	20:52	19:25	5:04	11:42	6:43	8:06	0:43

F-40 (13) — 11,5 km 490 m — 11 C — (cont.)

os	rsal	Nombre	Tiempo	1(31)	2(39)	3(32)	4(45)	5(34)	6(59)	7(55)	8(60)	9(49)	10(53)	11(200)	Meta	
5	210	Almeida Katia	2:26:59	24:40	28:30	45:00	1:04:00	1:12:18	1:29:23	1:51:29	1:57:01	2:10:04	2:16:27	2:25:59	2:26:59	
		CPOC		24:40	3:50	16:30	19:00	8:18	17:05	22:06	5:32	13:03	6:23	9:32	1:00	
6	69	Fontana Pérez Marí	2:37:42	34:43	38:47	58:44	1:09:39	1:16:27	1:38:39	2:02:07	2:07:52	2:22:00	2:27:14	2:36:30	2:37:42	
		Córdoba LOS_CALI		34:43	4:04	19:57	10:55	6:48	22:12	23:28	5:45	14:08	5:14	9:16	1:12	
7	11	Pedre Fernández N	2:48:20	24:01	27:12	44:10	54:41	1:02:40	1:31:48	1:56:42	2:07:41	2:21:09	2:36:42	2:47:08	2:48:20	22:09
		La Coruña APA_LIC		24:01	3:11	16:58	10:31	7:59	29:08	24:54	10:59	13:28	15:33	10:26	1:12	*58
8	40	Porto Vázquez Ros	2:49:12	26:15	29:12	50:08	1:10:50	1:20:40	1:39:52	2:09:56	2:14:14	2:28:18	2:37:16	2:48:04	2:49:12	
		Lugo FLUVIAL_LUG		26:15	2:57	20:56	20:42	9:50	19:12	30:04	4:18	14:04	8:58	10:48	1:08	
9	83	Garcia-Hawkins Fer	3:08:06	1:06:27	1:09:26	1:24:35	1:35:44	1:43:40	1:59:22	2:30:12	2:35:05	2:50:49	2:56:02	3:07:20	3:08:06	
		Madrid LOS_ANGEL		1:06:27	2:59	15:09	11:09	7:56	15:42	30:50	4:53	15:44	5:13	11:18	0:46	
10	9	Blázquez Santos R	3:13:41	54:54	58:06	1:16:02	1:26:23	1:36:40	1:56:22	2:23:56	2:31:09	2:50:48	3:02:09	3:12:36	3:13:41	
		Cáceres ALTAIR		54:54	3:12	17:56	10:21	10:17	19:42	27:34	7:13	19:39	11:21	10:27	1:05	
11	150	BUZO SANCHEZ JU	3:14:02	30:58	34:53	1:08:32	1:20:08	1:26:12	1:44:54	2:10:10	2:29:20	2:55:20	3:01:40	3:13:00	3:14:02	
		Badajoz ITACA		30:58	3:55	33:39	11:36	6:04	18:42	25:16	19:10	26:00	6:20	11:20	1:02	
12	243	Pedro Angela	3:15:42	35:52	40:38	1:10:15	1:27:40	1:38:01	2:00:08	2:27:16	2:35:13	2:53:22	3:01:34	3:14:28	3:15:42	
		CAOS		35:52	4:46	29:37	17:25	10:21	22:07	27:08	7:57	18:09	8:12	12:54	1:14	
	98	Ruiz Calzado Helen	en tarj.	58:52	1:02:46	1:22:30	1:46:34	1:57:18	2:45:36	3:13:07	3:20:06	3:38:46	-----	4:23:23	4:24:27	
		Badajoz ALCOR_EX		58:52	3:54	19:44	24:04	10:44	48:18	27:31	6:59	18:40		44:37	1:04	

F-50 (6) — 11,1 km 520 m — 12 C

				1(56)	2(32)	3(45)	4(34)	5(48)	6(42)	7(55)	8(46)	9(49)	10(47)	11(53)	12(200)	Meta
1	19	Pérez Redondo Ter	2:07:26	21:42	29:22	40:38	47:02	56:47	1:26:31	1:31:52	1:45:55	1:48:03	1:50:09	1:55:10	2:06:17	2:07:26
		Málaga COMA		21:42	7:40	11:16	6:24	9:45	29:44	5:21	14:03	2:08	2:06	5:01	11:07	1:09
2	77	Rodríguez Rodrígu	2:16:28	19:37	27:10	36:30	42:04	58:17	1:31:22	1:36:41	1:54:24	1:57:26	1:59:26	2:04:41	2:15:27	2:16:28
		Granada VELETA		19:37	7:33	9:20	5:34	16:13	33:05	5:19	17:43	3:02	2:00	5:15	10:46	1:01
3	74	Ureña Pérez Conce	2:23:13	27:50	34:51	44:11	49:49	1:00:13	1:30:37	1:37:48	1:59:17	2:02:57	2:06:09	2:12:19	2:21:55	2:23:13
		Madrid SOTOBOSQ		27:50	7:01	9:20	5:38	10:24	30:24	7:11	21:29	3:40	3:12	6:10	9:36	1:18
4	87	Puyuelo Sanclemen	2:28:02	22:17	29:31	40:44	49:42	1:01:59	1:42:55	1:49:12	2:01:24	2:07:40	2:09:36	2:14:48	2:26:57	2:28:02
		Huesca PEÑA_GUAR		22:17	7:14	11:13	8:58	12:17	40:56	6:17	12:12	6:16	1:56	5:12	12:09	1:05
5	84	Piedrafita García Do	2:39:46	24:54	34:13	46:01	52:20	1:03:13	1:32:32	1:56:29	2:10:51	2:13:22	2:18:03	2:24:11	2:38:18	2:39:46
		Huesca PEÑA_GUAR		24:54	9:19	11:48	6:19	10:53	29:19	23:57	14:22	2:31	4:41	6:08	14:07	1:28
6	58	Para Martin Eva Mar	2:40:29	36:08	43:55	55:46	1:02:01	1:14:10	1:34:13	1:41:11	2:14:42	2:18:24	2:22:37	2:27:40	2:39:14	2:40:29
		Madrid MONTE_EL_		36:08	7:47	11:51	6:15	12:09	20:03	6:58	33:31	3:42	4:13	5:03	11:34	1:15

F-60 (2) — 7,5 km 460 m — 10 C

				1(48)	2(39)	3(31)	4(42)	5(55)	6(36)	7(49)	8(54)	9(53)	10(200)	Meta	
1	202	Mateus Luisa	1:51:59	19:25	38:03	44:05	52:03	58:25	1:07:53	1:15:04	1:29:49	1:38:56	1:50:52	1:51:59	1:50:53
		COC		19:25	18:38	6:02	7:58	6:22	9:28	7:11	14:45	9:07	11:56	1:07	*200
	278	Ferreira Fernanda	en tarj.	26:03	-----	-----	-----	-----	-----	1:16:25	-----	1:32:45	1:48:35	1:49:55	
		CAB		26:03						50:22		16:20	15:50	1:20	

PROMO (1) — 7,5 km 460 m — 10 C

				1(48)	2(39)	3(31)	4(42)	5(55)	6(36)	7(49)	8(54)	9(53)	10(200)	Meta		
1	217	Kvick Bjorn	1:31:36	22:24	33:19	36:10	40:32	45:03	52:33	56:32	1:05:56	1:21:43	1:30:29	1:31:36	1:22:52	1:32:54
		CPOC		22:24	10:55	2:51	4:22	4:31	7:30	3:59	9:24	15:47	8:46	1:07	*31	*32
				1:46:14	1:46:31	1:55:39	2:24:15	2:44:21	3:00:32	3:04:49	3:07:45					
				*34	*34	*33	*35	*36	*37	*38	*39					

ABS.PAREJAS (2) — 14,2 km 985 m — 12 C

				1(31)	2(32)	3(45)	4(34)	5(35)	6(40)	7(37)	8(39)	9(46)	10(44)	11(43)	12(200)	Meta
1	176	OÑATE RUIZ DIEGO	3:06:12	58:24	1:12:04	1:20:50	1:25:33	1:36:04	1:56:24	2:09:25	2:22:39	2:34:51	2:46:18	2:55:52	3:05:30	3:06:12
		Murcia AGUILAS-O		58:24	13:40	8:46	4:43	10:31	20:20	13:01	13:14	12:12	11:27	9:34	9:38	0:42
2	118	Gabarrón Jiménez A	3:06:15	58:18	1:12:15	1:20:55	1:25:34	1:36:01	1:56:23	2:09:20	2:22:43	2:34:55	2:46:03	2:55:48	3:05:28	3:06:15
		Albacete ADVENTUR		58:18	13:57	8:40	4:39	10:27	20:22	12:57	13:23	12:12	11:08	9:45	9:40	0:47

INIC.PAREJA (14) — 7,5 km 460 m — 10 C

				1(48)	2(39)	3(31)	4(42)	5(55)	6(36)	7(49)	8(54)	9(53)	10(200)	Meta
1	164	Molina Molina Anto	1:36:37	15:47	36:12	39:28	43:52	49:05	55:56	1:01:22	1:14:34	1:23:52	1:35:51	1:36:37
		FEDO		15:47	20:25	3:16	4:24	5:13	6:51	5:26	13:12	9:18	11:59	0:46
2	162	Velazquez Velazque	1:36:40	15:44	36:05	39:24	43:51	49:03	55:56	1:01:30	1:14:36	1:23:45	1:35:49	1:36:40
		FEDO		15:44	20:21	3:19	4:27	5:12	6:53	5:34	13:06	9:09	12:04	0:51
3	165	lotero jimenez edua	1:55:51	12:15	34:34	37:05	41:27	45:52	51:47	56:37	1:35:42	1:46:07	1:55:03	1:55:51
		FEDO		12:15	22:19	2:31	4:22	4:25	5:55	4:50	39:05	10:25	8:56	0:48
4	170	Cabellos Rivas San	1:55:52	12:12	34:31	37:01	41:24	45:42	51:35	56:34	1:33:22	1:46:03	1:54:38	1:55:52
		FEDO		12:12	22:19	2:30	4:23	4:18	5:53	4:59	36:48	12:41	8:35	1:14
5	1451	MERCHAN GARCIA A	2:25:15	37:05	1:10:19	1:15:22	1:21:32	1:29:18	1:36:41	1:42:55	1:58:00	2:06:59	2:24:01	2:25:15
		Badajoz ITACA		37:05	33:14	5:03	6:10	7:46	7:23	6:14	15:05	8:59	17:02	1:14
6	1351	ALVANO PIZARRO S	2:25:38	36:57	1:10:41	1:15:17	1:21:22	1:29:08	1:37:03	1:43:23	1:58:00	2:07:04	2:24:31	2:25:38
		Badajoz ITACA		36:57	33:44	4:36	6:05	7:46	7:55	6:20	14:37	9:04	17:27	1:07
7	62	Guerrero Lora Luci	3:06:35	20:44	42:14	49:21	57:08	1:21:28	1:37:43	1:48:18	2:22:04	2:51:08	3:05:40	3:06:35
		Sevilla MONTELLAN		20:44	21:30	7:07	7:47	24:20	16:15	10:35	33:46	29:04	14:32	0:55
8	67	Lora Egea Maria del	3:06:37	20:41	42:09	49:19	57:12	1:21:19	1:37:41	1:48:17	2:22:00	2:51:01	3:05:36	3:06:37
		Sevilla MONTELLAN		20:41	21:28	7:10	7:53	24:07	16:22	10:36	33:43	29:01	14:35	1:01

os rsal Nombre Tiempo

INIC.PAREJA (14) ***7,5 km 460 m 10 C*** *(cont.)*

			1(48)	2(39)	3(31)	4(42)	5(55)	6(36)	7(49)	8(54)	9(53)	10(200)	Meta			
63	**Guerrero Lora Mari**	**en tarj.**	33:11	1:14:38	1:19:41	1:31:53	1:40:41	1:55:43	2:14:18	-----	-----	2:33:43	2:34:48			
	Sevilla MONTELLAN		33:11	41:27	5:03	12:12	8:48	15:02	18:35			19:25	1:05			
169	**Martin Conde Jose**	**Desc.**	1:39:10	1:57:18	2:03:55	2:34:14	2:43:17	2:53:59	3:01:23	3:15:22	3:30:12	3:41:12			*3:41:17*	*3:41:20*
	FEDO		1:39:10	***18:08***	6:37	30:19	9:03	10:42	7:24	13:59	14:50	11:00			**200*	**200*
167	**blazquez Santos al**	**Desc.**	1:39:09	1:57:21	2:03:44	2:34:39	2:43:06	2:53:56	3:01:36	3:15:33	3:30:05	3:41:48			*3:41:50*	
	FEDO		1:39:09	18:12	6:23	30:55	8:27	10:50	7:40	13:57	14:32	11:43			**200*	
132	**DURAN GOMEZ DIA**	**andona**	32:29	-----	-----	-----	-----	-----	-----	-----	-----	-----				
	Badajoz ITACA		32:29													
61	**Gamarra Del Pozo P**	**andona**	33:19	1:14:41	1:19:48	1:31:49	1:41:15	-----	-----	-----	-----	-----				
	Sevilla MONTELLAN		33:19	41:22	5:07	12:01	9:26									
144	**OBREO RODRIGUE**	**andona**	32:34	-----	-----	-----	-----	-----	-----	-----	-----	-----				
	Badajoz ITACA		32:34													

M/F12 (1) **4,8 km 250 m 7 C**

			1(49)	2(36)	3(58)	4(55)	5(44)	6(47)	7(200)	Meta						
135	**ALVANO PIZARRO S**	**en tarj.**	**2:13:23**	-----	-----	-----	-----	-----	2:54:31	2:55:38		*1:06:57*	*1:40:41*	*1:45:17*	*1:51:22*	*1:59:08*
	Badajoz ITACA		***2:13:23***						41:08	1:07		**48*	**39*	**31*	**42*	**55*
			2:07:03	*2:28:00*	*2:37:04*											
			**36*	**54*	**53*											