

# România

## Bulletin 1/2



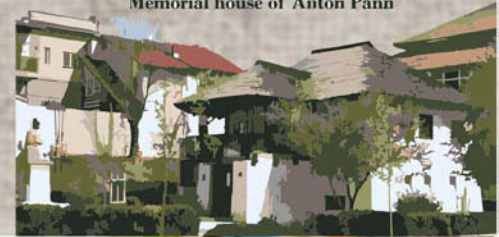
# Coupe des Pays

# Latins

## 04-07.09.2013



Memorial house of Anton Pann



Horezu Ceramics - UNESCO Heritage



**ROMANIAN ORIENTEERING FEDERATION  
IN CO-OPERATION WITH THE MUNICIPALITY  
OF RÂMNICU-VÂLCEA INVITE YOU TO  
19<sup>-eme</sup> Coupe des Pays Latins**



**Dear Orienteering Friends,**

The local government of the city of Râmnicu Vâlcea has and is constantly engaged and involved in supporting all competitive events and local sports movements – whether amateur or professional, junior or senior. We are making this step with confidence, that on the one hand, the harmonious development of each citizen cannot be done in the absence of movement, on the other hand, that sport is the best ambassador of a community and also, is the most representative business card that we can show the world.



We are honored that this year's edition of the Southeast European Championships for Cadets, Youth, Juniors, Seniors and Masters, The Latin Countries Cup and National Orienteering Championships are held in Râmnicu Vâlcea, Vâlcea county, and we see this as a recognition of the value that romanian orienteers have - a sport discipline with a long tradition in our country and also an appreciation of the beauty of these places.

We are pleased that for several days you will be our guests and we hope that after this competition you will remain with beautiful memories from Râmnicu Vâlcea and Vâlcea county.

I wish much success to all the participants at these meetings and I wish you to find always the way, both in sports competitions to come, as well as in his personal life.

**Emilian Frâncu,**  
Mayor of Râmnicu Vâlcea

*Horezu Ceramics - UNESCO Heritage*





INTERNATIONAL ORIENTEERING FEDERATION



Federația Română de Orienteering

## ORGANIZERS

Romanian Orienteering Federation  
in co-operation with the  
Municipality of Râmnicu Vâlcea.



## PARTNERS

Ministry of Youth and Sport  
Vâlcea County Council  
County Youth and Sports Vâlcea  
Municipality of Horezu



Consiliul Județean Vâlcea

Sport Club EcoSport Râmnicu Vâlcea  
Children's Palace Râmnicu Vâlcea



Primăria Horezu

Mountain Rescue Vâlcea County Public Service



## ORGANISING COMMITTEE

Horezu Ceramios - UNESCO Heritage

President:	Constantin Alexandrescu
Technical Director:	Dionisie Rosca
Secretary:	Anca Stupu
National Controller:	Gheorghe Dinu

## IOF EVENT ADVISER

Todor Pedev - Bulgaria

# I. PRELIMINARY EVENT PROGRAMME

## 4<sup>th</sup> September, Wednesday

Arrival, registration – Event Center  
UNTIL 19:00 – Arrival, registration  
14:00 – 19:00 Model event  
20:00 – Team leaders meeting, Event Center

## 5<sup>th</sup> September, Thursday, WRE

UNTIL 12:00 – Arrival, registration  
16:00 – Sprint  
19:00 – Official Opening and Prize giving ceremony Sprint  
21:00 – Team leaders meeting, Event Center

## 6<sup>th</sup> September, Friday, WRE

12:30 – Long Distance  
18:00 – Prize giving-ceremony Long Distance, Event Center  
19:00 – Team leaders meeting, Event Center

## 7<sup>th</sup> September, Saturday, WRE

12:00 – Middle Distance  
14:30 – Prize giving-ceremony Middle Distance, Event Center

# II. CLASSES

According to Coupes des Pays Latins Rules:  
Individual events: Men: Senior, Junior, Cadet;  
Women: Senior, Junior, Cadet

# III. ENTRIES

Team representatives must fill out the Preliminary entry form and send it to e-mail: [seeoc2013rof@gmail.com](mailto:seeoc2013rof@gmail.com) until 01<sup>st</sup> June 2013.

Final entry form must be sent until 15<sup>th</sup> August 2013 to e-mail: [seeoc2013rof@gmail.com](mailto:seeoc2013rof@gmail.com).

# IV. PARTICIPATION

According to the Coupe des Pays Latins Rules !

In the individual events a Federation may enter a maximum one runner in each class.

# V. PUNCHING SYSTEM

**SPORT ident** electronic punching system will be used in all races. You can rent SI card from the organizers 3 EUR per start, 40 EUR if lost rented SI card.

Please, appoint your SI Card number in the Event Entry Form.

# VI. WINNING TIME AND APPROXIMATE LENGTHS OF COURSES


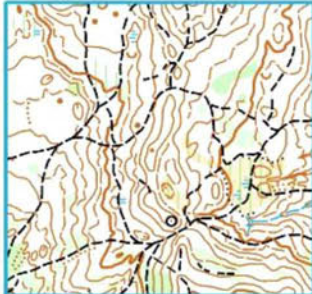
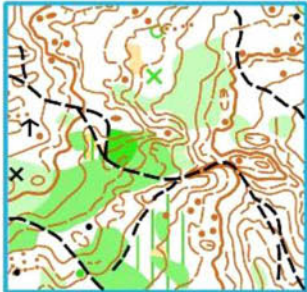
	Senior		Junior		Cadet	
	Women	Men	Women	Men	Women	Men
1 Middle Distance	25'	30'	25'	30'	25'	30'
2 Sprint (b)						
3 Long Distance	65'	90'	55'	70'	40'	50'

(b) Sprint: winning time between 12' - 15'



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## VII. MAPS AND TERRAINS

Maps	Terrain
<p><b>Sprint:</b> Scale 1:4.000, Contour: 2,5m According to ISSOM Map Maker: Dionisie Rosca , ROU</p> 	<p>City and park zone.</p>
<p><b>Long distance:</b> Scale 1:15.000, Contour: 5m According to ISOM Map Maker: Dionisie Rosca , ROU Liviu Tantar, ROU</p> 	<p>Terrain at 300 m above sea level. Moderately steep to steep hills up to 160 m height. Terrain with a lot of micro contours. Vegetation mainly beech spruce forest, but there are forests and open vegetation. Some undergrowth and small marshes. Runnability mostly very good, but reduced in some places due to denser vegetation. Visibility very good, but limited in denser areas. Medium density of paths and trails.</p>
<p><b>Middle distance:</b> Scale 1:10.000, Contour: 5m According to ISOM Map Maker: Dionisie Rosca , ROU</p> 	<p>Terrain at 300 m above sea level. Moderately steep to steep hills up to 160 m height. Terrain with a lot of micro contours. Vegetation mainly beech spruce forest, but there are forests and open vegetation. Some undergrowth and small marshes. Runnability mostly very good, but reduced in some places due to denser vegetation. Good visibility, but limited in denser areas. Medium density of paths and trails.</p>

## VIII. TRAINING POSSIBILITIES

Those willing to train, have the chance of experiencing the terrain characteristics between the 3<sup>rd</sup>, 4<sup>th</sup> and 8<sup>th</sup> of September, during the competition "Grand Prix Romania". More informations you can find at our website: [www.seeoc2013.fro.ro](http://www.seeoc2013.fro.ro)

## IX. TRANSPORTATION

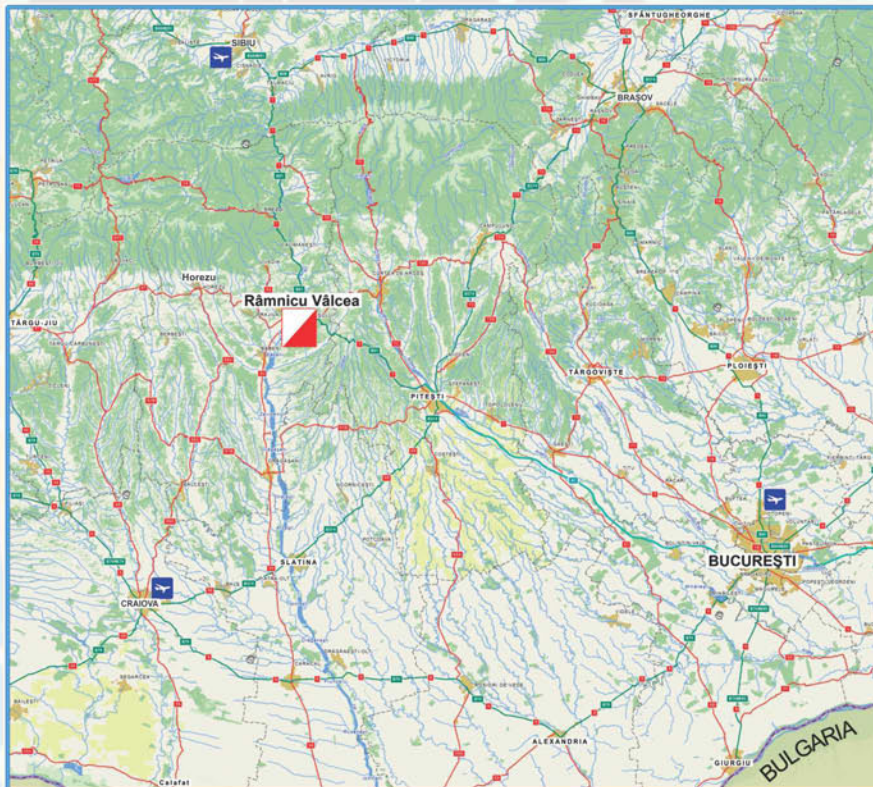
Road distances to Râmnicu-Vâlcea:  
Bucharest ROU: 170km

Nearest international airports:

**Bucharest**, 195 km from Râmnicu Vâlcea  
(<http://www.bucharestairports.ro/>  
<http://www.aeroportul-otopeni.info/>)

**Sibiu**, 115 km from Râmnicu Vâlcea  
(<http://www.sibiuairport.ro/>)

**Craiova**, 125 km from Râmnicu Vâlcea  
(<http://www.aeroportcraiova.ro/>)



### Bus:

The transfer from the airport to Râmnicu Vâlcea could be arranged also by the organizers upon request. Also cars can be rented from the airport.

Other possibilities:

There are a lot of bus companies operating from Bucharest to Râmnicu Vâlcea. It takes 2½-3 hours to Râmnicu Vâlcea.

The ticket price in 2013 is around 8 € one way.

### Local transport to Events

If necessary, organizers can provide transport to the competition, with a transportation fee.

Teams can use their own transport from accommodation to the events, but at their own responsibility.

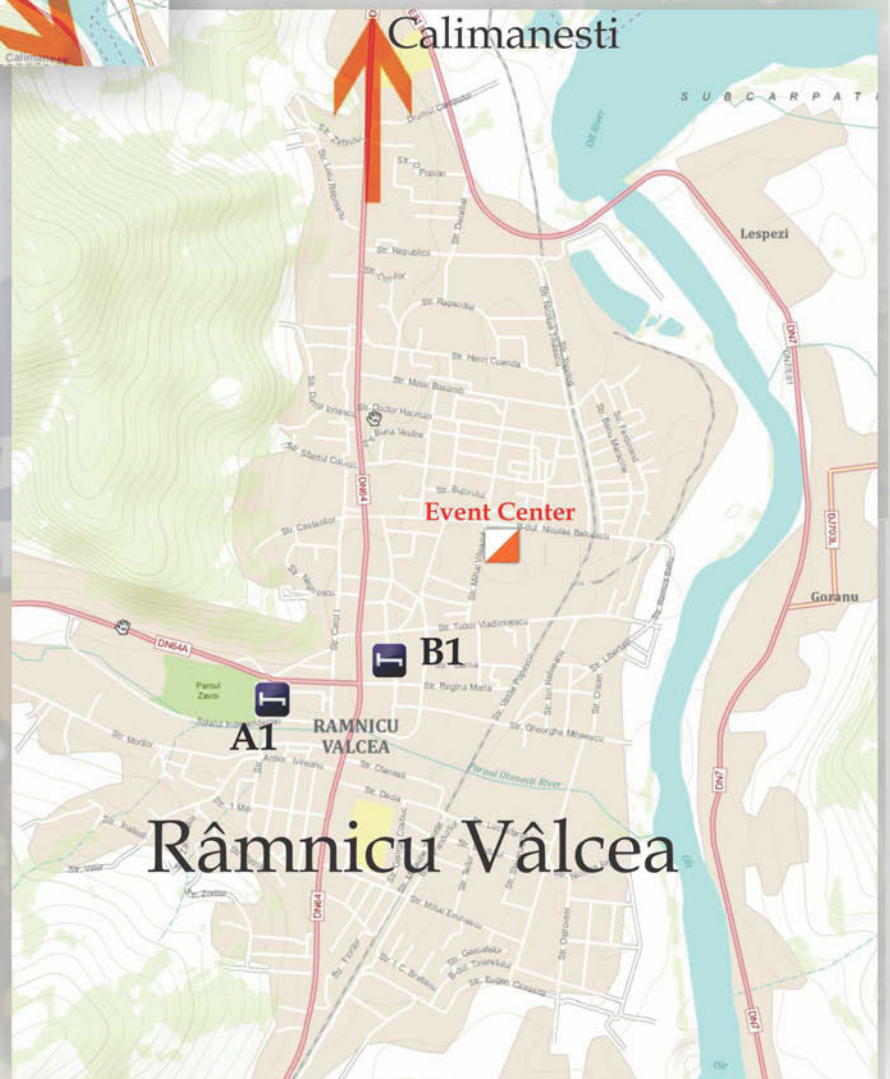
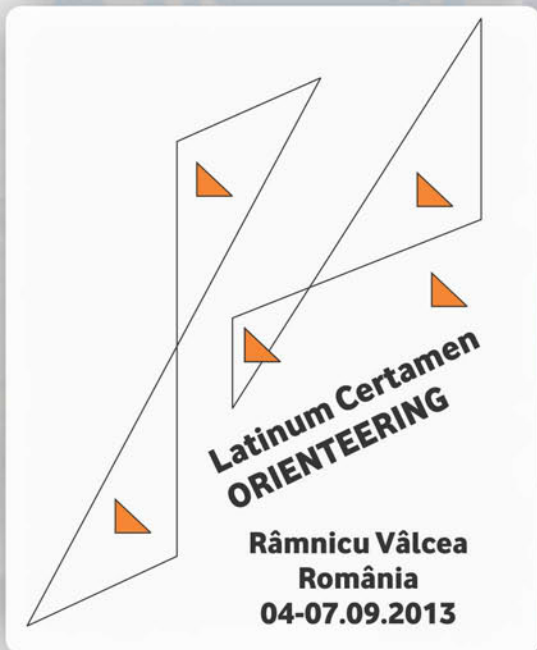
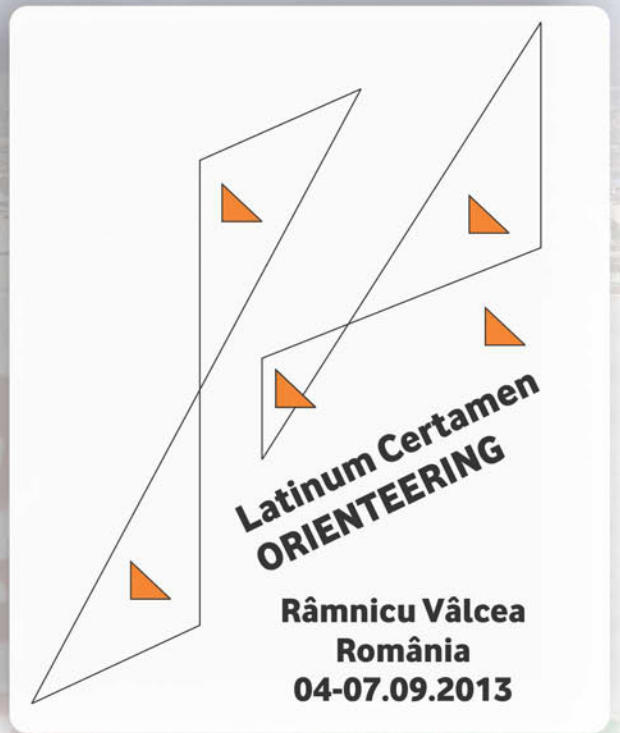
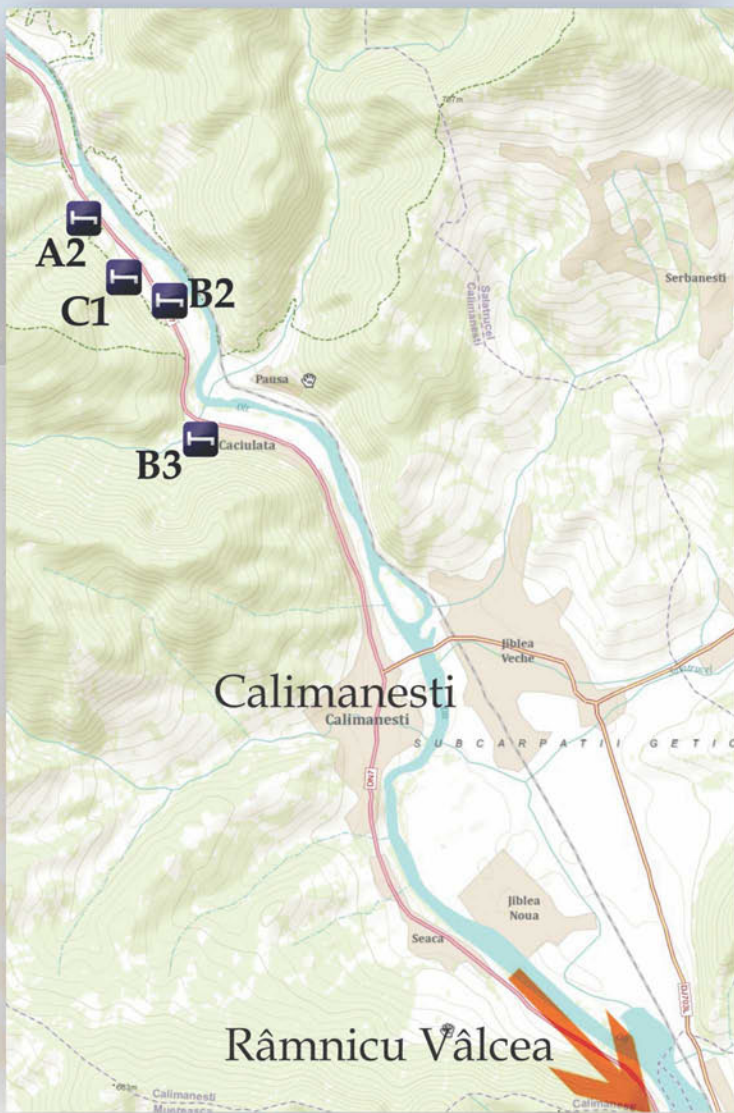
Distances from the Event Center to the competition areas are between 1-18 km.

## X. ACCOMMODATION

We have tried to offer you different types of accommodation.  
Please inform us as soon as possible where and how many person  
you want to stay **and not later than 01st June 2013!**

If we will find more others accommodation places we will announce in due time  
to chose the type that suits you!

TYPE	Name, address, web address	Service obtained	Price per person/day	Other remarks
<b>A</b>  <b>A1</b>	Grand Hotel Sofianu **** <b>The only one Museum Hotel in Romania</b> Str. Stirbei Voda, Rm. Valcea, jud. Valcea, România <a href="http://www.hotelsofianu.ro/">http://www.hotelsofianu.ro/</a> 1,5 km to event center	Half board (Swedish Buffet)	47€ Single Rooms - 32€ Double Rooms	Bathroom with shower, individually adjustable climate and heating, electronic room access system, safe, TV with local, national, international posts, telephone, Wi-Fi, minibar and hairdryer.
<b>A2</b>	Casa Romaneasca Hotel *** <a href="http://www.casa-romaneasca.ro/">www.casa-romaneasca.ro/</a> Calea lui Traian, Nr. 597 245601 – Calimanesti 22,0 km to event center	Half board	32€ Single Rooms - 28€ Double Rooms - 30€ Apartments	Swimming pool access Bathroom with shower color TV, minibar, Wi-Fi, air conditioner. - Apartment: Room with familial bed, living with extensible bed and 2 <sup>nd</sup> toilet
<b>B</b>  <b>B1</b>	Hotel Alutus *** <a href="http://www.hotelalutus.ro/">http://www.hotelalutus.ro/</a> Str. Praporgescu, nr.10, Ramnicu-Valcea 900 m to event center	Half board	30€ Single Rooms - 25€ Double Rooms	Air conditioner Minibar Wi-Fi in Lobby TV Bathroom with shower
<b>B2</b>	Hotel Complex Calimanesti Caciulata *** <a href="http://www.calimanesticaciulata.ro/">http://www.calimanesticaciulata.ro/</a> 21,2 km to event center	Half board	30€ Single Rooms - 25€ Double Rooms	Air conditioner Minibar TV Bathroom with shower Wi-Fi in Lobby
<b>B3</b>	Traian Hotel** <a href="http://www.hoteltraian.webs.com/">http://www.hoteltraian.webs.com/</a> Calea lui Traian, Nr. 559 245601 – Calimanesti 20,5 km to event center	Half board	23€ Double Rooms	TV Bathroom with shower Fridge, Wi-Fi in Lobby
<b>C</b>  <b>C1</b>	Youth Recreational Center Cozia- Calimanesti, Calimanesti-Caciulata, Calea lui Traian <a href="http://www.djstvalcea.ro/">http://www.djstvalcea.ro/</a> 21,6 km to event center	Half board	17€	Rooms for 2,3,4 people. All rooms with toilets, shower
<b>C2</b>	Student dormitory hostel Ramnicu-Valcea 1-1,7 km to event center	Half board	14€	Rooms for 4-6 people, shower and toilet on the corridor.





## Important Notes:

- Additionally you can obtain lunch at the event areas for a price of 5 eur/person/day for 06-08.09.2013, and for 05.09 you can serve the lunch at the accommodation place for a price of 8€. Please if you wish to have lunch at the hotel and event area, order it at the preliminary entry form!!!

- Capacities of accommodation places are limited. Reservations will be made on basis "first come, first served"

- Prices for accommodation in single rooms are higher and available upon request and availability.

- All services started on the day of arrival with dinner, and finished with breakfast on Sunday 8th September 2013.

## XI. EVENT CENTER

Municipality Râmnicu Vâlcea – County seat Vâlcea

[www.vinolavalcea.ro](http://www.vinolavalcea.ro)



**Sports Hall "Traian";** B-dul Nicolae Balcescu, nr 14, Râmnicu Vâlcea, Vâlcea.

GPS Coordonates: 45°6'28"N 24°22'15"E

## XII. EMBARGOED AREAS

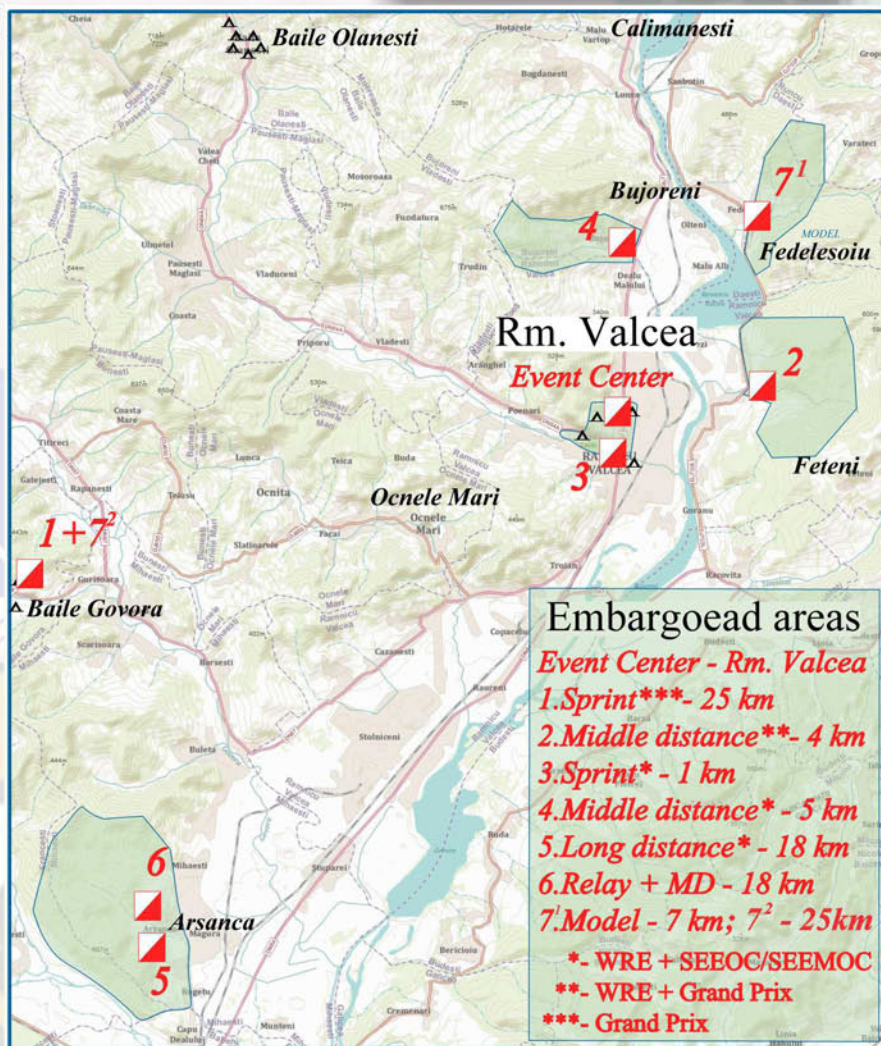
You can see the embargoed areas at this link:

[www.seeoc2013.fro.ro](http://www.seeoc2013.fro.ro)

The city center of Râmnicu Vâlcea (Rm. Vâlcea) is embargoed but that is prohibited to train with a map and do route testing!

**Any violation of entering embargo area for visiting or training shall be notified at once to the organizer:**

[seeoc2013rof@gmail.com](mailto:seeoc2013rof@gmail.com)



## XIII. PAYMENT DETAILS

Payment for entry fees, transport, accomodation and meals at the field to be paid to the Romanian Orienteering Federation:

**Account Holder:** Federatia Romana de Orientare

**Address:** Str. Vasile Conta, Nr. 16, Sector 2, 020954 - Bucuresti, Romania.

**Currency:** EUR

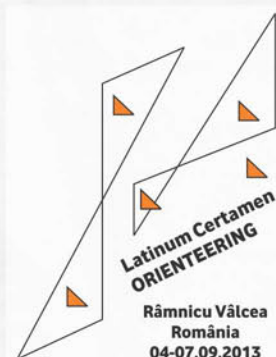
**Bank & Branch:** Banca Comerciala Romana S.A. , Sector 3

**Address:** Bld. Regina Elisabeta, Nr. 5, Sector 3, Bucuresti

**SWIFT Code:** RNCB RO BU

**IBAN:** RO52 RNCB 0074 0292 0364 0002

Deadline for payments is 16<sup>th</sup> August 2013.



## XIV. VISA INFORMATION

No visa is required for the following countries: Spain, France, Italy, Portugal, Belgium, Brasil, Argentina, Venezuela, Switzerland, Uruguay, Chile, Costa Rica and Paraguay.

Countries which need visa to enter Romania are: Columbia, Peru and Mozambic .

Please check if you need a visa at [www.mae.ro](http://www.mae.ro)

All those countries which require a visa should let us know well ahead so that we may provide all necessary documents for you needed for visa.

## XV. INFORMATION, ENTRIES, ORGANISERS CONTACTS

Romanian Orienteering Federation

Contact person: Florin Tuncu

Email: [info@fro.ro](mailto:info@fro.ro) , [seeoc2013rof@gmail.com](mailto:seeoc2013rof@gmail.com)

Adress: Str. Vasile Conta, Nr. 16, Sector 2, 020954 - Bucuresti, Romania.

Phone/Fax: +40.213.174.999

[www.seeoc2013.fro.ro](http://www.seeoc2013.fro.ro) Ceramics - UNESCO Heritage

Memorial house of Anton Pann.

## XVI. OTHER USEFUL INFORMATION

Bulletin 3 will be issued in July 2013.

Dates to remember:

01.06.2013 - Preliminary Entry Form  
- Booking Hotel  
15.08.2013 - Final Entry  
16.08.2013 - Deadline for Payment

# WELCOME TO ROMANIA!

# Welcome to 19<sup>-eme</sup> Coupe des Pays Latins!