

os	Nombre	Tiempo														
<b>D-18A (11)</b>		<b>6.0 km 300 m</b>		<b>13 C</b>												
		1(81)	2(82)	3(74)	4(38)	5(60)	6(88)	7(67)	8(68)	9(50)	10(69)	11(70)	12(79)	13(100)	F	
1	Maria Prieto Del Campo Madrid COLMENAR	1:07:56	11:38 11:38	16:42 5:04	21:20 4:38	29:07 7:47	30:49 1:42	40:46 9:57	42:50 2:04	44:49 1:59	46:26 1:37	50:32 4:06	54:50 4:18	1:05:16 10:26	1:06:13 0:57	1:07:56 1:43
2	Yevheniya Chystyakova Madrid MAXIMUS	1:13:33	9:40 9:40	14:29 4:49	20:38 6:09	26:50 6:12	29:04 2:14	39:33 10:29	42:11 2:38	44:44 2:33	47:00 2:16	51:40 4:40	55:54 4:14	1:10:33 14:39	1:11:22 0:49	1:13:33 2:11
3	Luz Franco Pire Asturias LA BRUJULA - JAIRE	1:15:21	9:39 9:39	15:14 5:35	21:20 6:06	27:10 5:50	29:09 1:59	40:58 11:49	43:40 2:42	46:43 3:03	48:46 2:03	53:13 4:27	58:51 5:38	1:12:34 13:43	1:13:25 0:51	1:15:21 1:56
4	Jara Martín Serrano Toledo NAVALCAN-O	1:17:51	10:49 10:49	17:40 6:51	22:32 4:52	28:15 5:43	31:41 3:26	43:31 11:50	46:02 2:31	48:52 2:50	51:16 2:24	56:05 4:49	1:00:43 4:38	1:14:18 13:35	1:15:35 1:17	1:17:51 2:16
5	Sofía Berenguer Sanchis Alicante COLIVENC	1:19:09	10:43 10:43	19:08 8:25	24:39 5:31	28:58 4:19	31:34 2:36	45:03 13:29	47:54 2:51	50:20 2:26	52:21 2:01	58:10 5:49	1:02:47 4:37	1:16:13 13:26	1:17:19 1:06	1:19:09 1:50
6	Veronica Soriano Garcia Toledo TOLEDO-O	1:20:44	11:46 11:46	20:29 8:43	26:46 6:17	35:25 8:39	37:26 2:01	46:23 8:57	48:48 2:25	51:10 2:22	53:26 2:16	58:03 4:37	1:02:15 4:12	1:17:37 15:22	1:18:45 1:08	1:20:44 1:59
7	Jara Villar Carruesco Zaragoza IBÓN	1:22:32	14:06 14:06	19:17 5:11	25:06 5:49	31:01 5:55	35:31 4:30	46:14 10:43	48:44 2:30	51:40 2:56	53:46 2:06	58:57 5:11	1:04:14 5:17	1:19:15 15:01	1:20:20 1:05	1:22:32 2:12
8	Marina Cornejo García León E D ALCON	1:27:07	15:37 15:37	21:05 5:28	26:25 5:20	33:40 7:15	36:42 3:02	50:03 13:21	52:50 2:47	55:49 2:59	58:25 2:36	1:03:55 5:30	1:08:46 4:51	1:23:52 15:06	1:24:57 1:05	1:27:07 2:10
9	María Gil Marcos Burgos TJALVE	1:27:11	11:51 11:51	18:28 6:37	24:11 5:43	30:26 6:15	32:55 2:29	46:27 13:32	49:52 3:25	52:53 3:01	55:04 2:11	1:01:08 6:04	1:07:15 6:07	1:23:25 16:10	1:24:46 1:21	1:27:11 2:25
10	Loreto Criado Cardín Asturias PILOÑA DEPORTE	1:35:23	11:31 11:31	18:41 7:10	24:12 5:31	33:45 9:33	36:19 2:34	55:12 18:53	58:02 2:50	1:01:33 3:31	1:04:35 3:02	1:09:29 4:54	1:15:24 5:55	1:31:30 16:06	1:32:40 1:10	1:35:23 2:43
11	Elena Rojas Jiménez Madrid ALABARDA-O	1:37:07	17:25 17:25	27:57 10:32	32:34 4:37	38:00 5:26	40:53 2:53	58:19 17:26	1:01:02 2:43	1:03:21 2:19	1:05:39 2:18	1:10:46 5:07	1:20:52 10:06	1:33:57 13:05	1:35:00 1:03	1:37:07 2:07
<b>D-20A (6)</b>		<b>6.8 km 360 m</b>		<b>13 C</b>												
		1(84)	2(65)	3(38)	4(107)	5(75)	6(57)	7(59)	8(66)	9(69)	10(77)	11(101)	12(78)	13(100)	F	
1	Yara Bores Escudero Palencia ORCA	1:32:17	21:05 21:05	22:34 1:29	29:20 6:46	41:35 12:15	45:08 3:33	49:16 4:08	52:16 3:00	1:01:15 8:59	1:06:59 5:44	1:12:09 5:10	1:16:48 4:39	1:24:27 7:39	1:30:24 5:57	1:32:17 1:53
2	Joana Núñez Cánovas Madrid MONTE EL PARDO	1:40:45	22:28 22:28	24:16 1:48	34:00 9:44	49:18 15:18	54:21 5:03	58:03 3:42	1:00:36 2:33	1:08:37 8:01	1:14:00 5:23	1:21:28 7:28	1:27:45 6:17	1:31:12 3:27	1:38:40 7:28	1:40:45 2:05
3	Andrea Herrero Gomez Palencia ORCA	1:45:17	21:46 21:46	23:45 1:59	36:00 12:15	48:57 12:57	58:49 9:52	1:00:58 2:09	1:05:28 4:30	1:14:49 9:21	1:20:51 6:02	1:28:11 7:20	1:34:14 6:03	1:37:26 3:12	1:43:18 5:52	1:45:17 1:59
4	Ana Camarasa Pérez Alicante COLIVENC	1:54:06	22:22 22:22	24:23 2:01	39:11 14:48	52:27 13:16	59:21 6:54	1:01:48 2:27	1:07:19 5:31	1:21:53 14:34	1:29:27 7:34	1:36:34 7:07	1:41:47 5:13	1:46:31 4:44	1:52:10 5:39	1:54:06 1:56
5	María Rodríguez Corrochano Ciudad Rea MANZANARES-O	2:01:51	21:13 21:13	23:03 1:50	34:04 11:01	46:32 12:28	52:39 6:07	58:54 6:15	1:16:40 17:46	1:26:35 9:55	1:34:53 8:18	1:41:43 6:50	1:48:27 6:44	1:52:17 3:50	1:59:27 7:10	2:01:51 2:24
6	Barbara González Fernández León E D ALCON	2:08:45	22:37 22:37	25:11 2:34	32:12 7:01	1:07:26 35:14	1:10:58 3:32	1:13:20 2:22	1:17:38 4:18	1:32:12 14:34	1:38:05 5:53	1:44:30 6:25	1:52:02 7:32	2:00:15 8:13	2:06:29 6:14	2:08:45 2:16
<b>D-21A (20)</b>		<b>6.0 km 300 m</b>		<b>13 C</b>												
		1(81)	2(82)	3(74)	4(38)	5(60)	6(88)	7(67)	8(68)	9(50)	10(69)	11(70)	12(79)	13(100)	F	
1	Araceli Abalde Vila Burgos TJALVE	1:00:46	9:08 9:08	13:12 4:04	17:29 4:17	22:27 4:58	24:36 2:09	33:21 8:45	35:34 2:13	37:37 2:03	39:08 1:31	43:57 4:49	47:21 3:24	58:07 10:46	58:52 0:45	1:00:46 1:54
2	Jara Gracia Zafra Huesca WAKHAN	1:07:07	9:40 9:40	14:14 4:34	18:26 4:12	26:38 8:12	28:21 1:43	37:35 9:14	40:06 2:31	42:37 2:31	44:29 1:52	48:38 4:09	52:25 3:47	1:04:01 11:36	1:05:00 0:59	1:07:07 2:07
3	Patricia Carrero Montes Valladolid COV	1:14:15	11:57 11:57	18:37 6:40	23:58 5:21	28:34 4:36	30:45 2:11	41:54 11:09	44:17 2:23	46:55 2:38	49:01 2:06	53:25 4:24	58:18 4:53	1:11:22 13:04	1:12:11 0:49	1:14:15 2:04
4	Raquel Ana Campos Sampedro Madrid T TRAGAME	1:16:08	9:59 9:59	15:15 5:16	19:39 4:24	23:29 3:50	29:25 5:56	40:22 10:57	43:20 2:58	45:46 2:26	48:18 2:32	53:42 5:24	58:16 4:34	1:12:51 14:35	1:13:58 1:07	1:16:08 2:10
5	Gloria Sanz Salamanca Valladolid COV	1:18:31	11:45 11:45	16:54 5:09	22:26 5:32	27:12 4:46	30:09 2:57	42:40 12:31	45:26 2:46	48:00 2:34	52:32 4:32	57:19 4:47	1:01:59 4:40	1:15:33 13:34	1:16:20 0:47	1:18:31 2:11

os Nombre		Tiempo															
D-21A (20)		6.0 km 300 m				13 C				(cont.)						F	
		1(81)	2(82)	3(74)	4(38)	5(60)	6(88)	7(67)	8(68)	9(50)	10(69)	11(70)	12(79)	13(100)	F		
6	Mireia Gorrotxategi Vizcaya COBI	1:24:44	12:38	18:24	24:09	31:32	33:43	44:17	47:42	50:54	53:10	1:00:11	1:05:27	1:20:53	1:22:01	1:24:44	
7	Irene Muñoz Bardera Toledo NAVALCAN-O	1:26:33	12:38	19:38	24:35	30:20	33:39	49:52	53:33	56:19	58:21	1:04:02	1:08:55	1:23:26	1:24:28	1:26:33	
8	Laura Conejo Garrote Valladolid CDP-O	1:28:10	14:15	21:14	26:57	32:58	35:29	49:56	53:11	56:05	58:41	1:03:55	1:09:02	1:23:40	1:25:37	1:28:10	
9	Alodia Villar Carruesco Zaragoza IBÓN	1:29:25	10:03	25:12	30:59	36:43	40:55	52:18	54:50	57:32	59:27	1:05:13	1:10:05	1:25:34	1:26:49	1:29:25	
10	Eva Gil i Sánchez Alicante COLIVENC	1:31:14	18:51	24:31	30:55	38:07	40:43	53:53	56:42	1:00:16	1:02:08	1:07:48	1:12:47	1:27:17	1:28:39	1:31:14	
11	Barbara De Oliveira Bomfim Vizcaya COBI	1:31:40	22:23	28:14	36:05	40:45	43:02	54:06	56:51	59:15	1:01:17	1:05:27	1:11:13	1:28:57	1:29:52	1:31:40	
12	Sara Guerin Bonet Valencia VERD3	1:32:45	11:17	18:19	24:50	33:21	35:30	50:30	57:11	59:42	1:01:54	1:06:25	1:12:33	1:29:23	1:30:26	1:32:45	
13	María Teresa Alba Isasi Madrid MONTE EL PARDO	1:33:48	16:03	21:43	26:46	32:11	34:27	50:26	54:12	58:44	1:00:50	1:06:01	1:11:37	1:30:13	1:31:39	1:33:48	
14	Martina Klucarovska Navarra CDNAVARRA	1:35:48	12:10	19:15	26:47	34:14	40:16	54:03	57:18	1:00:24	1:03:31	1:08:55	1:14:51	1:32:11	1:33:16	1:35:48	
15	Carmen Castro Manzanares Valladolid CDP-O	1:37:38	16:49	23:31	29:10	34:53	38:11	52:34	55:29	58:10	1:00:25	1:06:24	1:12:34	1:33:35	1:34:58	1:37:38	
16	Iria Dopico Fernández Toledo TOLEDO-O	1:51:22	17:33	23:35	29:54	42:10	46:19	1:04:30	1:07:50	1:13:45	1:15:29	1:21:59	1:27:31	1:47:37	1:48:55	1:51:22	
17	Margarita Plata Fernández Huesca PEÑA GUARA	1:52:49	45:53	51:29	56:10	1:05:42	1:07:40	1:18:58	1:22:00	1:24:27	1:27:39	1:32:30	1:37:15	1:49:32	1:50:41	1:52:49	
18	María Albaladejo Ríos Madrid COLMENAR	1:57:33	25:59	31:08	46:28	1:01:35	1:03:45	1:15:30	1:18:34	1:21:03	1:24:53	1:29:18	1:36:15	1:54:30	1:55:41	1:57:33	
	Marta Pérez Fernández Valladolid COV	ror en tarj.	-----	-----	-----	-----	-----	-----	-----	-----	-----	-----	-----	-----	1:27:20	1:32:52	39:46
	Isabel Minguez Mata Vizcaya COBI	Abandona	14:06	21:28	28:47	33:56	38:28	56:53	-----	-----	-----	-----	-----	-----	31:37	5:32	*50
			14:06	7:22	7:19	5:09	4:32	18:25									
D-21B (9)		4.3 km 140 m				14 C										F	
		1(43)	2(32)	3(42)	4(45)	5(48)	6(95)	7(68)	8(94)	9(93)	10(69)	11(99)	12(102)	13(103)	14(100)	F	
1	Ana Belén Palomares González Madrid GOCAN	48:43	4:58	8:38	9:50	11:37	15:18	21:44	24:25	26:11	28:02	31:01	36:08	41:32	46:03	46:55	48:43
2	Katalin Csíki Madrid FEDO	48:49	2:45	6:04	7:52	9:56	13:47	19:23	22:49	24:48	28:03	30:28	36:19	40:36	45:24	46:24	48:49
3	Esther Gutiérrez Vallejo Madrid GOCAN	59:02	4:19	9:20	10:24	12:38	18:08	28:58	31:21	33:06	35:04	38:16	43:55	48:33	55:41	56:45	59:02
4	Mari Cruz López De Mota Pérez Murcia LORCA-O	1:02:21	7:06	11:17	13:34	15:54	21:57	29:36	32:35	34:18	36:10	39:19	44:39	49:48	58:44	1:00:02	1:02:21
5	Nélida Saiz Navarro Alicante CEAM IBI-O	1:02:37	4:28	9:05	10:38	12:22	18:24	28:33	31:42	34:25	38:58	41:22	46:24	54:18	59:02	1:00:05	1:02:37
6	Eva Suarez Zapico Asturias ASTUR EXTREM	1:07:12	5:01	10:39	12:18	14:31	19:41	29:10	32:00	34:07	36:50	40:25	48:20	54:26	1:01:27	1:03:09	1:07:12
7	Esther Muñoz Macias Murcia LORCA-O	1:09:09	8:24	12:13	13:19	16:32	23:22	31:06	33:14	35:05	37:24	41:12	48:45	55:47	1:04:38	1:06:02	1:09:09
8	Patricia Barahona Rocas Asturias LA BRUJULA - JAIRE	1:10:54	11:22	17:00	18:39	23:11	29:41	37:30	40:24	42:33	44:57	48:47	54:42	1:00:02	1:06:47	1:08:03	1:10:54
			11:22	5:38	1:39	4:32	6:30	7:49	2:54	2:09	2:24	3:50	5:55	5:20	6:45	1:16	2:51

os	Nombre	Tiempo															
<b>D-21B (9)</b>		<b>4.3 km 140 m</b>			<b>14 C</b>			<i>(cont.)</i>									
		1(43)	2(32)	3(42)	4(45)	5(48)	6(95)	7(68)	8(94)	9(93)	10(69)	11(99)	12(102)	13(103)	14(100)	F	
9	Lola Rodriguez Díaz Toledo TOLEDO-O	1:25:24	6:07 6:07	12:29 6:22	14:05 1:36	16:12 2:07	20:45 4:33	47:56 27:11	50:50 2:54	53:04 2:14	55:23 2:19	58:38 3:15	1:05:42 7:04	1:13:08 7:26	1:21:18 8:10	1:22:45 1:27	1:25:24 2:39
<b>D-35A (16)</b>		<b>5.7 km 245 m</b>			<b>13 C</b>												
		1(76)	2(62)	3(87)	4(54)	5(107)	6(55)	7(88)	8(69)	9(99)	10(102)	11(108)	12(79)	13(100)	F		
1	Anna Amigó Bertrán Barcelona COC	1:05:56	8:40	13:52	27:30	<b>32:02</b>	<b>33:26</b>	<b>34:40</b>	<b>44:14</b>	<b>48:04</b>	<b>51:39</b>	<b>55:27</b>	<b>1:00:08</b>	<b>1:03:01</b>	<b>1:04:00</b>	<b>1:05:56</b>	
2	MONICA AGUILERA VILADOMIU Madrid T TRAGAME	1:07:34	8:40	<b>13:22</b>	27:46	37:19	39:25	40:43	49:21	52:30	55:46	59:27	1:03:23	1:05:06	1:05:46	1:07:34	
3	María Jose Martín Iglesias Madrid COLMENAR	1:08:16	8:06	13:26	<b>26:36</b>	34:14	36:11	38:37	49:18	52:45	55:57	59:04	1:02:33	1:05:45	1:06:28	1:08:16	
4	Natalia Domingo Santos Burgos TJALVE	1:16:32	9:05	15:24	30:49	40:16	41:57	43:12	52:56	56:31	1:00:25	1:04:01	1:08:53	1:13:35	1:14:25	1:16:32	
5	Virginia Güell Rovira Barcelona UEVIC	1:23:01	10:59	18:41	34:56	41:51	43:38	45:31	57:58	1:02:13	1:07:14	1:11:43	1:17:29	1:19:58	1:20:47	1:23:01	
6	Mercedes Jiménez Baena Madrid ALABARDA-O	1:26:06	9:31	18:16	40:29	44:48	47:01	48:41	1:00:06	1:04:35	1:09:20	1:14:11	1:20:11	1:22:43	1:23:53	1:26:06	
7	Susana Diego Díez Navarra CDNAVARRA	1:28:23	10:12	17:07	35:49	42:42	44:37	46:27	59:42	1:03:32	1:08:43	1:13:54	1:19:35	1:24:43	1:25:47	1:28:23	
8	Marisol Gutierrez Sanchez Granada VELETA	1:29:30	8:51	14:14	40:41	53:56	55:51	57:21	1:10:11	1:13:32	1:16:51	1:20:11	1:24:15	1:26:42	1:27:27	1:29:30	
9	Begoña gomez perez ALAVA COA	1:32:36	9:13	16:34	31:24	38:13	40:23	42:07	58:13	1:01:51	1:06:21	1:10:45	1:24:05	1:29:17	1:30:15	1:32:36	
10	Meritxell Castro Montserrat Barcelona Oros	1:33:30	10:53	19:05	40:06	45:57	47:59	49:44	1:04:38	1:10:02	1:15:29	1:20:33	1:26:36	1:29:50	1:31:09	1:33:30	
11	Alba Gavela Ramos Burgos TJALVE	1:34:07	10:51	18:05	36:00	43:39	45:37	48:13	1:09:37	1:13:41	1:18:06	1:23:39	1:28:19	1:31:04	1:31:56	1:34:07	
12	Adela Illamola Colomer Barcelona UEVIC	1:34:29	10:59	19:04	38:43	48:16	50:34	52:49	1:06:01	1:10:21	1:15:36	1:20:03	1:25:40	1:30:46	1:31:58	1:34:29	
13	María José Romera García Murcia LORCA-O	1:43:42	11:07	18:27	34:28	50:05	52:41	1:00:03	1:17:48	1:22:28	1:27:02	1:31:28	1:37:04	1:39:45	1:41:03	1:43:42	
14	Ana Belen Pérez Riofrio Madrid COLMENAR	2:01:26	9:21	23:47	51:36	1:19:53	1:21:52	1:23:23	1:37:12	1:41:08	1:45:47	1:49:53	1:55:18	1:58:24	1:59:24	2:01:26	
15	Itziar Quintana Saenz Vizcaya COBI	2:02:04	9:21	14:26	27:49	28:17	1:59	1:31	13:49	3:56	4:39	4:06	5:25	3:06	1:00	2:02	
	Sonia Marzo Anadon La Rioja CRON	Abandona	37:36 37:36	49:21 11:45	1:22:13 32:52	1:32:28 10:15	1:38:02 5:34	-----	-----	2:28:47	-----	-----	-----	-----	2:53:31	2:56:36	
<b>D-35B (10) Tramos anulados: 34-35</b>		<b>3.9 km 145 m</b>			<b>12 C</b>												
		1(41)	2(32)	3(42)	4(45)	5(48)	6(95)	7(98)	8(33)	9(34)	10(35)	11(37)	12(100)	F			
1	Belen Carbonell Martí Alicante CEAM IBI-O	36:28	<b>3:10</b>	5:11	<b>6:08</b>	<b>7:40</b>	<b>10:57</b>	<b>17:11</b>	<b>25:12</b>	<b>27:13</b>	<b>27:41</b>	<b>28:00</b>	<b>32:34</b>	<b>34:40</b>	<b>36:47</b>		
2	Pilar Barrio Velasco Valladolid COV	53:16	5:00	8:29	9:50	12:08	18:06	25:41	36:41	39:40	40:21	41:14	48:14	51:32	54:09		
3	Rosario Peñalba Martínez Burgos CORZO	57:12	5:00	3:29	1:21	2:18	5:58	7:35	11:00	2:59	0:41	<del>0:53</del>	7:00	3:18	2:37		
4	Azucena García Muñoz Granada VELETA	1:04:48	5:29	7:55	9:06	11:24	16:08	28:48	41:18	44:14	44:43	45:58	52:09	55:24	58:27		
			5:29	2:26	1:11	2:18	4:44	12:40	12:30	2:56	0:29	<del>4:45</del>	6:11	3:15	3:03		
			5:09	8:35	10:03	12:53	18:46	33:19	42:13	44:21	44:57	45:35	59:22	1:02:33	1:05:26		
			5:09	3:26	1:28	2:50	5:53	14:33	8:54	2:08	0:36	<del>0:38</del>	13:47	3:11	2:53		

os	Nombre	Tiempo															
<b>D-35B (10) Tramos anulados: 34-35</b>		<b>3.9 km 145 m</b>		<b>12 C</b>		<i>(cont.)</i>										F	
		1(41)	2(32)	3(42)	4(45)	5(48)	6(95)	7(98)	8(33)	9(34)	10(35)	11(37)	12(100)				
5	Silvia Sánchez Sanchez Toledo NAVALCAN-O	1:05:19	6:05	9:15	10:37	12:54	27:20	35:12	49:52	52:39	53:15	53:42	59:35	1:03:09	1:05:46		
6	Estrella Peña Raigal Toledo TOLEDO-O	1:06:37	3:38	6:04	7:19	24:18	30:50	37:00	52:58	55:32	56:09	56:45	1:02:23	1:04:51	1:07:13		
7	Sara Sánchez González Toledo NAVALCAN-O	1:12:24	3:52	5:56	8:12	16:36	26:21	38:59	51:45	54:37	55:28	56:06	1:06:46	1:10:17	1:13:02		
8	Elena Riaño Ribota Madrid IMPERDIBLE BUFF	1:13:09	13:09	16:11	18:19	20:54	26:31	35:07	52:49	56:51	57:37	58:22	1:08:21	1:11:00	1:13:54		
9	Milagros Ruiz García Cuenca ELERUT	1:29:03	5:21	8:02	9:44	12:37	21:08	47:39	1:03:42	1:08:11	1:09:03	1:09:33	1:20:09	1:26:09	1:29:33		
	Mª Pilar Miguel Pagazaurtundúa Madrid COTA	ror en tarj.	4:52	7:46	10:05	12:53	19:47	29:40	52:05	-----	57:41	58:22	1:06:21	1:12:46	1:16:21		
			4:52	2:54	2:19	2:48	6:54	9:53	22:25		5:36	0:44	7:59	6:25	3:35		
<b>D-40 (17) Tramos anulados: 34-35</b>		<b>5.2 km 285 m</b>		<b>14 C</b>												F	
		1(90)	2(76)	3(81)	4(73)	5(48)	6(97)	7(58)	8(41)	9(34)	10(35)	11(78)	12(108)	13(79)	14(100)		
1	Lourdes Cano Rodríguez Madrid GOCAN	59:53	3:24	12:12	16:41	20:20	27:08	32:29	35:27	40:30	43:12	43:47	49:54	54:45	57:09	58:26	1:00:28
2	Nuria Caus Pertegas Alicante UNIVERSIDAD ALICANT	1:09:32	3:34	13:40	18:08	22:53	29:56	37:16	41:19	47:02	50:45	51:08	58:47	1:04:06	1:06:50	1:07:40	1:09:55
3	Iryna Beketova Madrid MAXIMUS	1:12:37	3:50	13:51	20:52	24:56	33:37	41:28	44:32	51:01	53:22	53:48	1:01:31	1:06:52	1:09:51	1:10:44	1:13:03
4	Yolanda Pérez González Huelva COHU	1:15:35	3:35	15:43	25:01	29:22	36:31	42:19	47:54	54:21	56:43	57:50	1:05:04	1:10:32	1:13:36	1:14:34	1:16:42
5	Toninaina Santamaría Villalonga Barcelona UEVIC	1:16:54	4:11	14:51	22:20	26:25	35:19	43:04	47:07	53:45	58:24	59:08	1:06:28	1:12:16	1:14:18	1:15:14	1:17:38
6	Cristina Del Campo Campos Madrid COLMENAR	1:17:53	3:53	13:00	17:43	21:02	29:51	45:39	51:09	56:20	58:39	59:14	1:07:14	1:13:04	1:15:38	1:16:35	1:18:28
7	Vanessa Pons Grau Madrid ADYRON	1:20:48	6:06	17:36	23:25	27:01	40:04	47:09	52:45	59:10	1:01:41	1:02:24	1:09:55	1:15:24	1:18:13	1:19:20	1:21:31
8	Silvia Camblor Keller Asturias NORDESTE-O	1:24:55	6:20	20:06	27:05	30:50	41:13	53:11	56:57	1:03:00	1:05:24	1:06:02	1:14:18	1:20:29	1:22:19	1:23:22	1:25:33
9	Teresa Canet Algara Vizcaya COBI	1:25:07	4:03	19:35	25:33	29:05	39:48	48:03	55:08	1:02:15	1:05:26	1:06:13	1:13:45	1:19:29	1:22:06	1:23:13	1:25:54
10	Joaquina Herrero Vinader Murcia YECLA	1:29:39	4:36	17:24	23:38	28:22	36:50	46:26	1:01:13	1:07:21	1:10:09	1:10:42	1:18:38	1:24:09	1:26:50	1:27:52	1:30:12
11	Maite Cobo Caballero Toledo NAVALCAN-O	1:29:53	3:57	26:30	33:53	38:15	47:01	57:09	1:01:33	1:08:11	1:10:40	1:11:24	1:19:31	1:25:19	1:27:16	1:28:14	1:30:37
12	Lidia Barea Castaño Alicante COLIVENC	1:32:07	5:46	20:07	27:02	31:21	41:43	49:08	56:38	1:03:46	1:06:39	1:07:06	1:18:26	1:24:50	1:28:40	1:29:56	1:32:34
13	María Del Prado Blanco Díaz Madrid GOCAN	1:41:00	5:35	17:48	28:31	32:43	43:33	53:28	1:07:27	1:14:37	1:17:41	1:18:27	1:25:12	1:33:41	1:37:38	1:39:19	1:41:46
14	Mercedes García García Madrid COLMENAR	1:50:08	4:15	20:53	31:27	36:50	47:37	1:00:54	1:04:51	1:11:33	1:15:46	1:16:18	1:26:42	1:36:05	1:46:28	1:47:44	1:50:40
15	Covadonga García Arroyo Toledo TOLEDO-O	1:58:18	10:35	30:14	37:19	42:39	57:39	1:08:33	1:20:49	1:27:20	1:30:53	1:31:18	1:41:58	1:49:33	1:54:20	1:55:45	1:58:43
16	Blanca Delia Barquín Franco Burgos TJALVE	2:03:27	5:23	19:36	34:10	38:45	52:12	1:13:50	1:20:21	1:27:52	1:31:35	1:32:16	1:46:33	1:54:11	2:00:06	2:01:17	2:04:08
17	Pilar Nieto Calvo Toledo NAVALCAN-O	2:25:51	6:08	26:43	42:19	48:42	1:07:49	1:23:25	1:33:18	1:44:57	1:50:21	1:51:01	2:06:37	2:14:23	2:21:30	2:22:54	2:26:31
			6:08	20:35	15:36	6:23	19:07	15:36	9:53	11:39	5:24	0:40	15:36	7:46	7:07	1:24	3:37

1:18:29  
\*76

os	Nombre	Tiempo														
<b>D-45 (10) Tramos anulados: 34-35</b>		<b>4.4 km 205 m</b>			<b>11 C</b>											
		1(86)	2(83)	3(88)	4(32)	5(33)	6(34)	7(35)	8(102)	9(108)	10(103)	11(100)	F			
1	Judith Checkley Murcia TOTANA-O	52:42	10:49	15:30	25:13	32:00	34:13	34:54	35:24	41:17	46:25	49:36	50:44	53:12		
			10:49	4:41	9:43	6:47	2:13	0:41	0:30	5:53	5:08	3:11	1:08	2:28		
2	Antonia Sánchez Martínez Alicante COLIVENC	54:22	11:56	17:38	27:11	33:22	37:36	38:07	38:31	44:03	48:14	51:53	52:46	54:46		
			11:56	5:42	9:33	6:11	4:14	0:31	0:24	5:32	4:11	3:39	0:53	2:00		
3	Silvia Saoner Arévalo Madrid IMPERDIBLE BUFF	57:00	10:36	15:38	26:49	34:50	36:49	37:28	38:07	44:43	50:46	54:23	55:31	57:39		
			10:36	5:02	11:11	8:01	1:59	0:39	0:39	6:36	6:03	3:37	1:08	2:08		
4	Amparo Ferrer Rodrigo Valencia CORRECAMINOS	1:08:50	17:17	25:24	36:06	45:46	48:12	48:48	49:09	57:12	1:02:16	1:05:25	1:06:33	1:09:11		
			17:17	8:07	10:42	9:40	2:26	0:36	0:21	8:03	5:04	3:09	1:08	2:38		
5	Cati Viudez De Haro Murcia MURCIA-O	1:11:46	15:12	22:12	34:42	44:20	47:03	47:52	48:33	57:45	1:03:36	1:07:54	1:09:22	1:12:27		
			15:12	7:00	12:30	9:38	2:43	0:49	0:41	9:12	5:51	4:18	1:28	3:05		
6	Pilar Iñiguez De La Torre Bayo Valladolid COV	1:25:01	17:19	27:31	42:02	57:18	59:56	1:00:36	1:01:14	1:09:44	1:17:43	1:21:42	1:23:10	1:25:39		
			17:19	10:12	14:31	15:16	2:38	0:40	0:38	8:30	7:59	3:59	1:28	2:29		
7	Eva María Para Martin Madrid MONTE EL PARDO	1:39:16	32:42	42:11	58:29	1:11:07	1:13:25	1:14:04	1:14:43	1:23:10	1:31:18	1:35:29	1:36:54	1:39:55		
			32:42	9:29	16:18	12:38	2:18	0:39	0:39	8:27	8:08	4:11	1:25	3:01		
8	Maria Sirina Martin Cabria Palencia ORCA	1:42:52	12:40	32:55	55:51	1:10:41	1:16:13	1:16:56	1:18:25	1:25:12	1:31:52	1:40:08	1:41:30	1:44:21		
			12:40	20:15	22:56	14:50	5:32	0:43	1:29	6:47	6:40	8:16	1:22	2:51		
9	Mª Teresa Castrillo Alonso Vizcaya COBI	1:56:40	37:13	44:26	1:07:38	1:20:45	1:23:49	1:24:32	1:24:58	1:35:51	1:44:48	1:52:04	1:53:54	1:57:06		
			37:13	7:13	23:12	13:07	3:04	0:43	0:26	10:53	8:57	7:16	1:50	3:12		
	Begoña Fernández Alcalde Madrid IMPERDIBLE BUFF	ror en tarj.	50:54	1:02:34	1:31:46	1:55:14	2:01:55	2:03:12	2:03:50	-----	-----	-----	-----	2:16:12		
			50:54	11:40	29:12	23:28	6:41	1:17	0:38					12:22		
<b>D-50 (14) Tramos anulados: 34-35</b>		<b>3.9 km 145 m</b>			<b>12 C</b>											
		1(41)	2(32)	3(42)	4(45)	5(48)	6(95)	7(98)	8(33)	9(34)	10(35)	11(37)	12(100)	F		
1	Kay Seward Madrid RUMBO-MADRID SANSE	42:52	3:29	5:14	6:17	10:20	14:22	20:43	29:18	32:00	32:34	32:54	38:15	40:47	43:12	
			3:29	1:45	1:03	4:03	4:02	6:21	8:35	2:42	0:34	0:20	5:21	2:32	2:25	
2	Covadonga Carrascosa Baeza Cuenca COMCU	51:25	4:05	6:25	9:43	11:49	16:20	24:31	34:41	37:25	38:06	38:46	46:02	49:13	52:05	
			4:05	2:20	3:18	2:06	4:31	8:11	10:10	2:44	0:41	0:40	7:16	3:11	2:52	
3	Alfonsa Corrochano Galán Ciudad Rea MANZANARES-O	53:00	5:21	7:38	9:19	11:49	17:06	26:19	34:53	37:57	38:40	39:23	47:15	50:43	53:43	
			5:21	2:17	1:41	2:30	5:17	9:13	8:34	3:04	0:43	0:43	7:52	3:28	3:00	
4	Lali Fernández Fernández Vizcaya COBI	55:17	3:45	5:53	7:13	9:30	14:20	30:27	39:41	42:10	42:47	43:18	51:04	53:32	55:48	
			3:45	2:08	1:20	2:17	4:50	16:07	9:14	2:29	0:37	0:31	7:46	2:28	2:16	
5	Mar García Pérez Madrid RUMBO-MADRID SANSE	55:46	4:17	6:56	9:00	12:02	17:29	24:44	41:14	43:50	44:30	44:58	51:02	53:34	56:14	
			4:17	2:39	2:04	3:02	5:27	7:15	16:30	2:36	0:40	0:28	6:04	2:32	2:40	
6	Lucía Cánovas Andreo Madrid MONTE EL PARDO	1:05:23	4:53	7:34	9:03	11:46	17:50	25:19	45:09	48:35	49:23	49:47	58:50	1:02:27	1:05:47	
			4:53	2:41	1:29	2:43	6:04	7:29	19:50	3:26	0:48	0:24	9:03	3:37	3:20	
7	Nieves Serrano Alcol Madrid COLMENAR	1:05:31	7:12	10:26	12:44	16:45	23:34	31:23	46:02	48:48	49:33	50:05	59:16	1:02:59	1:06:03	
			7:12	3:14	2:18	4:01	6:49	7:49	14:39	2:46	0:45	0:32	9:11	3:43	3:04	
8	Olivia Plaza Plaza Valladolid CDP-O	1:15:29	5:54	10:01	12:52	16:29	22:51	33:17	48:27	52:51	54:14	54:54	1:04:19	1:10:57	1:16:09	
			5:54	4:07	2:51	3:37	6:22	10:26	15:10	4:24	1:23	0:40	9:25	6:38	5:12	
9	Ángeles Ruiz Menacho Cádiz O-SAN ROQUE	1:16:44	6:36	9:36	11:55	15:12	23:39	37:53	52:27	56:17	57:07	57:54	1:08:13	1:13:22	1:17:31	
			6:36	3:00	2:19	3:17	8:27	14:14	14:34	3:50	0:50	0:47	10:19	5:09	4:09	
10	Alicia Berrocal Pariente Madrid COLMENAR	1:19:10	17:07	20:14	22:15	24:58	30:42	39:14	57:26	1:00:53	1:01:42	1:02:21	1:12:46	1:16:19	1:19:49	
			17:07	3:07	2:01	2:43	5:44	8:32	18:12	3:27	0:49	0:39	10:25	3:33	3:30	
11	Amparo Brotons Sanchís Alicante COLIVENC	1:23:00	4:45	7:25	8:57	11:34	34:59	49:28	1:04:03	1:07:10	1:07:52	1:08:36	1:16:56	1:21:06	1:23:44	
			4:45	2:40	1:32	2:37	23:25	14:29	14:35	3:07	0:42	0:44	8:20	4:10	2:38	
12	Mº Del Rosario Gutierrez Yanez Valladolid CDP-O	1:39:24	5:22	9:14	11:54	16:10	25:43	1:00:37	1:14:36	1:18:40	1:19:53	1:20:32	1:30:05	1:34:59	1:40:03	
			5:22	3:52	2:40	4:16	9:33	34:54	13:59	4:04	1:13	0:39	9:33	4:54	5:04	
13	Mar Borrego Conde Valladolid COV	2:25:13	7:06	10:55	13:29	16:50	1:11:01	1:45:34	1:59:35	2:03:19	2:04:07	2:05:04	2:16:05	2:21:23	2:26:10	
			7:06	3:49	2:34	3:21	54:11	34:33	14:01	3:44	0:48	0:57	11:01	5:18	4:47	
	Raquel Mate Ibáñez	ror en tarj.	17:52	21:58	25:05	29:43	46:18	1:07:32	-----	1:36:01	1:37:02	1:37:40	1:48:32	1:52:28	1:56:00	1:28:38

os	Nombre	Tiempo																		
<b>D-50 (14) Tramos anulados: 34-35</b>		<b>3.9 km 145 m</b>			<b>12 C</b>			<i>(cont.)</i>												
		1(41)	2(32)	3(42)	4(45)	5(48)	6(95)	7(98)	8(33)	9(34)	10(35)	11(37)	12(100)	F						
	<b>Burgos TJALVE</b>	17:52	4:06	3:07	4:38	16:35	21:14		28:29	1:01	<del>0:38</del>	10:52	3:56	3:32	*58					
<b>D-55 (3) Tramos anulados: 34-35</b>		<b>3.1 km 110 m</b>			<b>10 C</b>															
		1(43)	2(32)	3(42)	4(91)	5(98)	6(33)	7(34)	8(35)	9(102)	10(100)	F								
	<b>1 Catherine Boelle</b>	<b>38:41</b>	<b>5:23</b>	11:01	12:14	<b>14:44</b>	<b>19:47</b>	<b>21:52</b>	<b>22:28</b>	<b>23:05</b>	<b>30:09</b>	<b>36:55</b>	<b>39:18</b>							
	<b>FRANCIA CLUB D'ORIENTATION</b>		<b>5:23</b>	5:38	<b>1:13</b>	<b>2:30</b>	5:03	<b>2:05</b>	0:36	<del>0:37</del>	7:04	<b>6:46</b>	<b>2:23</b>							
	<b>2 Sabina Benavides Ares</b>	<b>51:25</b>	6:30	<b>10:12</b>	<b>11:38</b>	19:49	31:04	33:25	34:00	35:14	41:03	50:08	52:39							
	<b>León E D ALCON</b>		6:30	<b>3:42</b>	1:26	8:11	11:15	2:21	<b>0:35</b>	<del>1:14</del>	<b>5:49</b>	9:05	2:31							
	<b>3 Carmen Perona Morales</b>	<b>58:36</b>	13:41	19:30	21:01	24:37	29:39	33:29	34:17	34:50	44:34	56:08	59:09							
	<b>Valencia VALENCIA-O</b>		13:41	5:49	1:31	3:36	<b>5:02</b>	3:50	0:48	<del>0:33</del>	9:44	11:34	3:01							
<b>D-E (3)</b>		<b>7.7 km 490 m</b>			<b>17 C</b>															
		1(105)	2(76)	3(55)	4(53)	5(59)	6(75)	7(60)	8(73)	9(81)	10(82)	11(83)	12(66)	13(69)	14(77)	15(78)	16(79)	17(100)	F	
	<b>1 Alicia Gil Sánchez</b>	<b>1:34:08</b>	<b>4:09</b>	<b>9:09</b>	<b>22:56</b>	<b>26:29</b>	<b>28:21</b>	<b>32:50</b>	<b>48:35</b>	<b>49:50</b>	<b>53:07</b>	<b>59:22</b>	<b>1:00:33</b>	<b>1:09:40</b>	<b>1:14:14</b>	<b>1:19:45</b>	<b>1:26:00</b>	<b>1:31:36</b>	<b>1:32:17</b>	<b>1:34:08</b>
	<b>Alicante COLIVENC</b>		<b>4:09</b>	<b>5:00</b>	<b>13:47</b>	3:33	1:52	<b>4:29</b>	15:45	<b>1:15</b>	3:17	6:15	1:11	9:07	4:34	5:31	<b>6:15</b>	5:36	<b>0:41</b>	1:51
	<b>2 Sanna Linsefors</b>	<b>1:34:33</b>	4:42	11:57	26:22	29:21	31:11	36:34	51:34	53:03	56:19	59:53	1:00:59	1:09:55	1:14:34	1:20:20	1:26:52	1:31:55	1:32:43	1:34:33
	<b>Barcelona UEVIC</b>		4:42	7:15	14:25	<b>2:59</b>	<b>1:50</b>	5:23	<b>15:00</b>	1:29	3:16	<b>3:34</b>	<b>1:06</b>	<b>8:56</b>	4:39	5:46	6:32	<b>5:03</b>	0:48	<b>1:50</b>
	<b>3 Violeta Feliciano Sanjuan</b>	<b>1:45:49</b>	5:15	11:30	26:40	30:00	31:54	36:26	54:53	56:28	58:47	1:02:46	1:04:01	1:19:54	1:24:25	1:29:42	1:37:18	1:43:01	1:43:52	1:45:49
	<b>Alicante COLIVENC</b>		5:15	6:15	15:10	3:20	1:54	4:32	18:27	1:35	<b>2:19</b>	3:59	1:15	15:53	<b>4:31</b>	<b>5:17</b>	7:36	5:43	0:51	1:57
<b>H-12 (13) Tramos anulados: 34-35</b>		<b>2.4 km 50 m</b>			<b>8 C</b>															
		1(41)	2(31)	3(42)	4(32)	5(34)	6(35)	7(37)	8(100)	F										
	<b>1 Aaron González Peña</b>	<b>18:05</b>	4:13	4:54	6:02	7:03	<b>9:11</b>	9:48	<b>14:35</b>	<b>16:35</b>	<b>18:42</b>									
	<b>Toledo TOLEDO-O</b>		4:13	0:41	1:08	1:01	2:08	<del>0:37</del>	4:47	<b>2:00</b>	2:07									
	<b>2 Rodrigo Pérez Marcos</b>	<b>20:02</b>	4:01	4:43	6:19	7:30	9:41	10:50	16:31	19:04	21:11									
	<b>Asturias LA BRUJULA - JAIRE</b>		4:01	0:42	1:36	1:11	2:11	<del>1:09</del>	5:41	2:33	2:07									
	<b>3 Mario Mínguez Saoner</b>	<b>20:54</b>	3:59	4:44	6:33	7:41	10:23	11:45	17:09	20:07	22:16									
	<b>Madrid IMPERDIBLE BUFF</b>		3:59	0:45	1:49	1:08	2:42	<del>1:22</del>	5:24	2:58	2:09									
	<b>4 Pablo Bores Sánchez</b>	<b>20:56</b>	<b>3:26</b>	<b>4:05</b>	<b>5:34</b>	6:43	9:15	<b>9:46</b>	16:46	19:26	21:27									
	<b>Burgos CORZO</b>		<b>3:26</b>	0:39	1:29	1:09	2:32	<del>0:31</del>	7:00	2:40	2:01									
	<b>5 Aimar Urquizu Diego</b>	<b>21:20</b>	3:45	4:35	5:35	<b>6:30</b>	11:00	11:23	15:51	19:58	21:43									
	<b>Navarra CDNAVARRA</b>		3:45	0:50	<b>1:00</b>	<b>0:55</b>	4:30	<del>0:23</del>	<b>4:28</b>	4:07	<b>1:45</b>									
	<b>6 Andrés Valentín Barrio</b>	<b>22:13</b>	4:13	4:54	7:20	8:22	11:15	12:02	17:12	20:49	23:00									
	<b>Valladolid COV</b>		4:13	0:41	2:26	1:02	2:53	<del>0:47</del>	5:10	3:37	2:11									
	<b>7 Eloy De La Varga Iglesias</b>	<b>24:33</b>	4:12	5:05	6:12	11:42	13:48	15:00	20:34	23:30	25:45									
	<b>León E D ALCON</b>		4:12	0:53	1:07	5:30	2:06	<del>1:12</del>	5:34	2:56	2:15									
	<b>8 Daniel Miguel Nevares</b>	<b>26:27</b>	4:30	5:11	7:17	8:53	12:14	12:40	20:57	24:22	26:53									
	<b>Palencia ORCA</b>		4:30	0:41	2:06	1:36	3:21	<del>0:26</del>	8:17	3:25	2:31									
	<b>9 Asier Ruiz Castrillo</b>	<b>27:39</b>	6:20	6:59	8:38	10:05	13:15	13:50	21:47	25:57	28:14									
	<b>Vizcaya COBI</b>		6:20	0:39	1:39	1:27	3:10	<del>0:35</del>	7:57	4:10	2:17									
	<b>10 Sergio Adeva Conde</b>	<b>28:25</b>	5:52	6:27	8:18	10:03	13:40	14:22	23:37	27:06	29:07									
	<b>Valladolid CDP-O</b>		5:52	<b>0:35</b>	1:51	1:45	3:37	<del>0:42</del>	9:15	3:29	2:01									
	<b>11 Oihan Pascual Huerto</b>	<b>28:33</b>	4:56	5:43	8:02	9:13	11:18	11:49	18:09	27:12	29:04									
	<b>Navarra CDNAVARRA</b>		4:56	0:47	2:19	1:11	<b>2:05</b>	<del>0:31</del>	6:20	9:03	1:52									
	<b>12 PABLO ERICE GARCÍA</b>	<b>31:08</b>	8:26	9:11	13:21	14:35	17:58	18:47	26:27	29:25	31:57									
	<b>Asturias PILOÑA DEPORTE</b>		8:26	0:45	4:10	1:14	3:23	<del>0:49</del>	7:40	2:58	2:32									
	<b>13 Adrian Alvarez Pino</b>	<b>31:13</b>	6:06	7:48	9:45	12:17	15:27	15:58	23:32	28:44	31:44									
	<b>Asturias PILOÑA DEPORTE</b>		6:06	1:42	1:57	2:32	3:10	<del>0:31</del>	7:34	5:12	3:00									

os Nombre		Tiempo														
<b>H-14 (8)</b>		<b>4.0 km 160 m</b>			<b>10 C</b>											
		1(44)	2(41)	3(98)	4(47)	5(95)	6(94)	7(69)	8(40)	9(37)	10(100)	F				
1	Manuel Franco Pire Asturias LA BRUJULA - JAIRE	35:58	3:23	4:53	7:59	13:28	17:12	18:53	22:34	25:56	32:01	33:55	35:58			
2	David Rojas Jiménez Madrid ALABARDA-O	40:02	3:36	4:40	9:43	14:49	19:20	20:39	23:34	30:18	36:22	38:16	40:02			
3	Jaime Hernandez Martin Palencia ORCA	45:38	4:03	5:42	9:01	15:04	20:17	21:38	25:35	32:12	40:48	43:41	45:38			
4	Manuel Gonzalo Carvajal León E D ALCON	48:47	5:56	7:45	11:52	17:26	27:27	29:23	33:10	36:20	43:58	46:39	48:47			
5	Ismael Delgado Muñoz Toledo TOLEDO-O	49:02	5:19	6:58	11:32	18:16	23:13	25:22	29:12	34:49	43:40	47:12	49:02			
6	Alvaro Lopez Fando Palencia ORCA	1:05:57	4:39	7:24	12:51	21:54	33:58	37:00	41:48	47:41	1:00:36	1:03:34	1:05:57			
7	Emilio Negro Sacristan Palencia ORCA	1:15:38	5:29	7:57	14:08	28:23	39:30	41:44	48:08	54:53	1:05:51	1:13:11	1:15:38			
	Jose Antonio Casado Pérez Valladolid CDP-O	ror en tarj.	13:48	16:11	21:58	30:06	----	38:04	48:25	57:41	1:08:03	1:10:12	1:12:25			
			13:48	2:23	5:47	8:08		7:58	10:21	9:16	10:22	2:09	2:13			
<b>H-16 (12)</b>		<b>4.8 km 170 m</b>			<b>12 C</b>											
		1(49)	2(67)	3(68)	4(50)	5(95)	6(88)	7(93)	8(69)	9(40)	10(102)	11(46)	12(100)	F		
1	Jorge Paricio Francés Zaragoza IBÓN	34:09	9:27	10:41	12:22	13:50	14:44	17:14	18:37	20:30	23:17	26:45	29:39	32:34	34:09	
2	Jose Ignacio González Martín Toledo NAVALCAN-O	34:44	9:27	1:14	1:41	1:28	0:54	2:30	1:23	1:53	2:47	3:28	2:54	2:55	1:35	
3	Juan Cornejo García León E D ALCON	38:31	9:09	10:18	12:08	13:23	14:25	17:08	18:32	20:14	23:00	27:01	30:07	33:05	34:44	
4	Ignacio Sanchez Muñoz Toledo NAVALCAN-O	41:16	9:09	1:09	1:50	1:15	1:02	2:43	1:24	1:42	2:46	4:01	3:06	2:58	1:39	
5	Anton Pivovarov Valladolid COV	43:06	10:57	12:41	14:29	16:20	17:18	19:55	21:27	23:18	27:04	30:47	33:48	36:49	38:31	
6	Mario Adeva Conde Valladolid CDP-O	43:35	10:57	1:44	1:48	1:51	0:58	2:37	1:32	1:51	3:46	3:43	3:01	3:01	1:42	
7	Oscar Lobato Martínez León E D ALCON	48:30	12:52	14:18	16:07	17:32	18:16	20:58	22:37	24:26	28:12	32:08	36:30	39:35	41:16	
8	Jaime Tordera Moreno-Tomé Toledo TOLEDO-O	48:48	12:52	1:26	1:49	1:25	0:44	2:42	1:39	1:49	3:46	3:56	4:22	3:05	1:41	
9	Juan Antonio Muñoz Sanchez Murcia LORCA-O	50:48	13:50	15:19	17:11	18:56	20:03	23:14	26:54	28:50	31:34	34:49	37:51	41:13	43:06	
10	Miguel Angel Tortosa Bordera Alicante COLIVENC	52:06	13:50	1:29	1:52	1:45	1:07	3:11	3:40	1:56	2:44	3:15	3:02	3:22	1:53	
11	Fernando Hernandez Martin Palencia ORCA	1:42:42	10:52	12:08	14:38	16:23	17:31	22:07	23:39	25:52	29:00	33:41	37:25	41:21	43:35	
	Oscar Moreno Perez Palencia ORCA	ror en tarj.	10:52	1:16	2:30	1:45	1:08	4:36	1:32	2:13	3:08	4:41	3:44	3:56	2:14	
			16:57	21:05	22:50	24:14	25:01	28:01	29:59	31:49	36:09	40:19	43:29	46:44	48:30	
			16:57	4:08	1:45	1:24	0:47	3:00	1:58	1:50	4:20	4:10	3:10	3:15	1:46	
			15:14	16:29	18:25	19:56	26:26	28:39	30:17	32:30	35:59	40:06	43:13	46:52	48:48	
			15:14	1:15	1:56	1:31	6:30	2:13	1:38	2:13	3:29	4:07	3:07	3:39	1:56	
			15:33	16:57	19:41	21:53	22:57	25:49	27:29	29:33	34:08	39:08	44:27	48:42	50:48	
			15:33	1:24	2:44	2:12	1:04	2:52	1:40	2:04	4:35	5:00	5:19	4:15	2:06	
			17:05	18:43	21:13	22:51	24:09	27:12	30:02	32:49	36:43	41:31	45:53	49:46	52:06	
			17:05	1:38	2:30	1:38	1:18	3:03	2:50	2:47	3:54	4:48	4:22	3:53	2:20	
			20:44	22:29	25:22	27:40	33:25	40:58	43:44	47:11	1:15:17	1:23:08	1:31:20	1:40:23	1:42:42	
			20:44	1:45	2:53	2:18	5:45	7:33	2:46	3:27	28:06	7:51	8:12	9:03	2:19	
			19:39	22:26	25:36	28:17	----	33:38	36:40	39:50	45:30	53:52	58:59	1:03:37	1:06:11	
			19:39	2:47	3:10	2:41		5:21	3:02	3:10	5:40	8:22	5:07	4:38	2:34	
<b>H-18A (13)</b>		<b>6.8 km 360 m</b>			<b>13 C</b>											
		1(84)	2(65)	3(38)	4(107)	5(75)	6(57)	7(59)	8(66)	9(69)	10(77)	11(101)	12(78)	13(100)	F	
1	Diego Lázaro De Juan Valladolid COV	1:10:09	14:58	16:01	22:29	31:57	34:23	36:22	38:58	48:09	53:05	57:23	1:01:27	1:04:22	1:08:35	1:10:09
2	Kirill Pivovarov Valladolid COV	1:11:56	14:58	1:03	6:28	9:28	2:26	1:59	2:36	9:11	4:56	4:18	4:04	2:55	4:13	1:34
			16:44	18:39	23:34	35:48	37:11	39:28	41:49	49:50	53:20	59:22	1:02:21	1:06:13	1:10:13	1:11:56
			16:44	1:55	4:55	12:14	1:23	2:17	2:21	8:01	3:30	6:02	2:59	3:52	4:00	1:43

1:42:59  
\*76

os	Nombre	Tiempo																						
<b>H-18A (13)</b>		<b>6.8 km 360 m</b>					<b>13 C</b>					<i>(cont.)</i>												
		1(84)	2(65)	3(38)	4(107)	5(75)	6(57)	7(59)	8(66)	9(69)	10(77)	11(101)	12(78)	13(100)	F									
<b>3</b>	<b>Felipe Hermida Arias</b> Valladolid COV	<b>1:14:36</b>	21:48	23:36	30:25	37:36	42:17	43:50	46:23	53:16	57:31	1:01:54	1:06:01	1:08:39	1:12:51	1:14:36								
<b>4</b>	<b>Nils Javier Elbing</b> Asturias LA BRUJULA - JAIRE	<b>1:14:39</b>	15:00	16:25	<b>21:50</b>	30:47	40:35	42:16	44:39	53:43	57:58	1:02:38	1:06:03	1:08:55	1:13:00	1:14:39								
<b>5</b>	<b>Jorge Gracia Ochotorena</b> Murcia LORCA-O	<b>1:15:15</b>	17:00	18:23	22:53	<b>29:29</b>	36:04	41:00	43:58	51:03	55:09	1:01:53	1:05:06	1:09:43	1:13:42	1:15:15								
<b>6</b>	<b>Jesús Rodríguez Corrochano</b> Ciudad Rea MANZANARES-O	<b>1:20:49</b>	15:37	16:52	25:01	38:28	45:46	48:09	51:19	59:05	1:03:45	1:08:30	1:12:19	1:14:53	1:19:03	1:20:49								
<b>7</b>	<b>Jorge Gutiérrez Serrano</b> Madrid COLMENAR	<b>1:28:21</b>	23:57	25:57	33:57	44:21	47:34	50:50	53:52	1:01:36	1:06:07	1:11:20	1:15:49	1:20:53	1:26:46	1:28:21								
<b>8</b>	<b>Diego Llamazares Gutierrez</b> León E D ALCON	<b>1:41:12</b>	24:08	26:46	35:37	48:31	55:37	57:44	1:01:27	1:10:50	1:16:52	1:24:18	1:29:53	1:33:37	1:39:14	1:41:12								
<b>9</b>	<b>Alex Tordera Moreno-Tomé</b> Toledo TOLEDO-O	<b>1:47:13</b>	24:53	26:22	33:59	48:49	56:58	1:00:31	1:09:28	1:19:34	1:24:21	1:31:33	1:36:03	1:39:57	1:45:24	1:47:13								
<b>10</b>	<b>Dario Fidalgo Casares</b> León E D ALCON	<b>1:48:48</b>	21:51	23:23	29:51	1:01:00	1:04:42	1:06:43	1:10:27	1:18:34	1:25:04	1:32:12	1:37:32	1:40:31	1:46:49	1:48:48								
<b>11</b>	<b>Julio Velez Muñoz</b> Palencia ORCA	<b>1:49:39</b>	22:33	24:18	37:16	52:56	57:20	1:00:10	1:04:43	1:15:10	1:23:13	1:30:38	1:36:27	1:41:55	1:47:31	1:49:39								
<b>12</b>	<b>Sergi Guill Juan</b> Alicante COLIVENC	<b>2:01:37</b>	20:38	23:03	45:55	56:57	1:14:56	1:23:12	1:27:19	1:35:07	1:39:08	1:45:49	1:51:09	1:54:53	1:59:53	2:01:37								
	<b>Abel Herrero Gomez</b> Palencia ORCA	<b>Abandona</b>	26:59	28:56	35:34	-----	-----	-----	-----	1:21:43	1:29:07	1:39:18	1:47:37	1:56:44	2:04:41	2:10:25								
			26:59	1:57	6:38																			
<b>H-20A (6)</b>		<b>9.3 km 590 m</b>					<b>20 C</b>																	
		1(65)	2(84)	3(85)	4(66)	5(67)	6(68)	7(50)	8(75)	9(56)	10(52)	11(74)	12(61)	13(49)	14(69)	15(70)	16(101)	17(102)	18(108)	19(79)	20(100)			
<b>1</b>	<b>Álvaro Prieto Del Campo</b> Madrid COLMENAR	<b>1:36:32</b>	17:19	18:23	19:58	34:50	38:03	39:51	40:58	51:39	54:40	1:00:29	1:02:28	<b>1:11:24</b>	<b>1:15:09</b>	<b>1:18:33</b>	<b>1:21:29</b>	<b>1:26:24</b>	<b>1:29:21</b>	<b>1:32:46</b>	<b>1:34:11</b>	<b>1:34:54</b>		
			17:19	1:04	1:35	<b>14:52</b>	3:13	1:48	1:07	10:41	<b>3:01</b>	<b>5:49</b>	<b>1:59</b>	8:56	<b>3:45</b>	3:24	<b>2:56</b>	4:55	<b>2:57</b>	<b>3:25</b>	<b>1:25</b>	0:43		
<b>2</b>	<b>Elmar Montero Carceles</b> Albacete GODIH	<b>1:45:41</b>	16:09	17:37	19:14	35:40	39:03	41:03	42:21	51:50	55:48	1:06:12	1:08:21	1:18:26	1:23:07	1:26:10	1:30:20	1:34:22	1:37:47	1:41:30	1:43:22	1:44:02		
			16:09	1:28	1:37	16:26	3:23	2:00	1:18	9:29	3:58	10:24	2:09	10:05	4:41	<b>3:03</b>	4:10	<b>4:02</b>	3:25	3:43	1:52	<b>0:40</b>		
<b>3</b>	<b>Alejandro Martínez Flor</b> Valencia UPV-O	<b>2:07:18</b>	18:47	20:22	22:32	40:27	45:06	47:27	49:04	1:14:03	1:17:24	1:26:41	1:28:40	1:36:16	1:40:27	1:43:46	1:47:39	1:53:42	1:57:54	2:02:00	2:04:34	2:05:21		
			18:47	1:35	2:10	17:55	4:39	2:21	1:37	24:59	3:21	9:17	<b>1:59</b>	<b>7:36</b>	4:11	3:19	3:53	6:03	4:12	4:06	2:34	0:47		
<b>4</b>	<b>Ismael Ramal Barea</b> Alicante COLIVENC	<b>2:17:48</b>	24:35	27:25	30:08	47:22	52:26	54:50	56:33	1:08:42	1:14:54	1:23:34	1:27:16	1:40:22	1:45:40	1:49:57	1:56:16	2:02:09	2:06:34	2:11:35	2:14:51	2:15:46		
			24:35	2:50	2:43	17:14	5:04	2:24	1:43	12:09	6:12	8:40	3:42	13:06	5:18	4:17	6:19	5:53	4:25	5:01	3:16	0:55		
	<b>PEDRO MORAÑES RUIZ</b> SEVILLA POSEIDON	<b>Abandona</b>	13:14	<b>14:07</b>	<b>15:28</b>	<b>33:25</b>	<b>36:15</b>	<b>37:51</b>	<b>38:57</b>	<b>48:02</b>	<b>51:23</b>	<b>59:36</b>	<b>1:02:23</b>	-----	-----	-----	-----	-----	-----	-----	-----	-----		
			13:14	<b>0:53</b>	<b>1:21</b>	17:57	<b>2:50</b>	<b>1:36</b>	<b>1:06</b>	<b>9:05</b>	3:21	8:13	2:47											
	<b>Manuel Valero Cayón</b> Asturias PILOÑA DEPORTE	<b>Abandona</b>	27:24	29:41	33:04	59:57	1:08:21	1:12:31	1:14:55	-----	-----	-----	-----	-----	1:18:33	1:24:53	1:31:11	1:45:33	1:52:30	2:03:18	2:11:36	2:13:09		
			27:24	2:17	3:23	26:53	8:24	4:10	2:24															
			2:15:58																					





os Nombre		Tiempo																			
H-21A (26)		9.0 km 565 m			17 C			(cont.)													
		1(104)	2(72)	3(56)	4(106)	5(53)	6(52)	7(81)	8(86)	9(83)	10(60)	11(85)	12(84)	13(66)	14(69)	15(101)	16(78)	17(100)	F		
<b>24</b>	<b>Alberto Tejero Rioseras</b> Valladolid COV	<b>2:54:09</b>	6:58	8:55	39:04	44:40	48:34	1:20:18	1:27:23	1:36:49	1:42:47	1:46:48	1:58:55	2:01:44	2:22:16	2:29:00	2:37:51	2:43:41	2:50:59	2:54:09	
			6:58	1:57	30:09	5:36	3:54	31:44	7:05	9:26	5:58	4:01	12:07	2:49	20:32	6:44	8:51	5:50	7:18	3:10	
	<b>David Cavero Montaner</b> Valencia VERD3	<b>Abandona</b>	4:34	6:31	30:54	38:17	47:38	1:05:50	1:12:36	----	----	----	----	----	----	----	----	----	----	1:47:40	
			4:34	1:57	24:23	7:23	9:21	18:12	6:46											35:04	
	<b>Ángel Frontela Mucientes</b> Valladolid COV	<b>Abandona</b>	5:40	8:00	33:22	52:52	57:37	1:22:53	1:37:39	----	1:47:48	----	----	----	----	----	----	2:17:23	2:27:01	2:31:46	
			5:40	2:20	25:22	19:30	4:45	25:16	14:46		10:09							29:35	9:38	4:45	
H-21B (20)		6.0 km 260 m			16 C																
		1(90)	2(86)	3(48)	4(96)	5(49)	6(88)	7(91)	8(98)	9(67)	10(69)	11(101)	12(71)	13(39)	14(46)	15(103)	16(100)	F			
<b>1</b>	<b>Alfonso Cortés Pinilla</b> Badajoz CODAN EXTREMADURA	<b>56:03</b>	2:47	9:18	14:19	18:32	<b>23:53</b>	<b>30:35</b>	<b>32:43</b>	<b>36:56</b>	<b>39:02</b>	<b>43:38</b>	<b>46:23</b>	<b>48:40</b>	<b>50:55</b>	<b>53:39</b>	<b>54:29</b>	<b>56:03</b>			
<b>2</b>	<b>Asier Ipiña Moja</b> Vizcaya COBI	<b>57:59</b>	2:41	<b>7:36</b>	13:57	<b>18:18</b>	<b>21:44</b>	25:22	30:55	33:41	37:51	40:52	45:45	48:16	51:07	53:03	55:32	56:20	57:59		
<b>3</b>	<b>Javier Sánchez Íñiguez De La To</b> León E D ALCON	<b>1:02:36</b>	2:38	11:08	18:06	22:12	26:00	28:23	35:27	38:28	43:02	45:36	50:30	53:23	55:35	57:36	1:00:07	1:00:56	1:02:36		
<b>4</b>	<b>Gonzalo Rosal Suarez</b> Asturias LA BRUJULA - JAIRE	<b>1:03:11</b>	<b>2:20</b>	7:49	14:17	19:05	25:14	28:16	33:01	35:35	40:25	43:00	48:57	52:09	54:38	57:19	1:00:30	1:01:31	1:03:11		
<b>4</b>	<b>Arturo García Dengra</b> Madrid ESCONDITE-M	<b>1:03:11</b>	2:31	8:28	<b>13:44</b>	18:55	23:40	26:37	32:23	36:17	40:59	43:43	48:56	52:20	54:56	57:15	1:00:17	1:01:15	1:03:11		
<b>6</b>	<b>Saúl Laguna Gutiérrez</b> Valladolid CDP-O	<b>1:03:14</b>	3:19	10:10	15:09	19:46	23:47	26:01	31:40	34:39	39:49	42:39	47:59	51:18	54:13	56:42	1:00:04	1:01:06	1:03:14		
<b>7</b>	<b>Carlos Manuel Prado Da Cruz</b> Madrid GOCAN	<b>1:10:52</b>	2:21	12:13	17:16	21:53	31:29	33:49	39:15	42:14	46:46	48:59	54:17	1:01:03	1:03:15	1:05:26	1:08:14	1:09:01	1:10:52		
<b>8</b>	<b>Hugo Capellín Brule</b> Asturias NORDESTE-O	<b>1:14:26</b>	3:19	10:03	20:22	28:55	34:48	38:31	43:44	46:30	51:42	54:29	59:21	1:02:56	1:05:51	1:08:50	1:11:53	1:12:50	1:14:26		
<b>9</b>	<b>Javier Montiel Bonmatí</b> Alicante UNIVERSIDAD ALICANT	<b>1:25:07</b>	2:53	8:16	14:43	38:32	43:14	46:22	53:38	56:55	1:01:08	1:03:33	1:10:07	1:13:06	1:16:06	1:18:24	1:22:27	1:23:34	1:25:07		
<b>10</b>	<b>Ruben Martínez Campo</b> Asturias NORDESTE-O	<b>1:26:12</b>	3:05	8:49	14:36	19:24	39:36	43:52	51:04	54:28	1:00:11	1:02:57	1:09:15	1:12:56	1:16:21	1:20:09	1:23:24	1:24:20	1:26:12		
<b>11</b>	<b>Juan Pablo Izquierdo González</b> Burgos TJALVE	<b>1:29:16</b>	4:48	11:48	18:19	24:23	29:51	33:17	43:27	46:58	53:43	56:40	1:07:14	1:15:35	1:18:55	1:22:19	1:25:52	1:27:11	1:29:16		
<b>12</b>	<b>Tomas Parla Ramírez</b> Madrid GOCAN	<b>1:31:13</b>	3:55	10:57	19:00	25:02	29:25	33:06	40:01	44:35	50:55	54:18	1:01:10	1:14:14	1:18:22	1:22:40	1:26:31	1:28:21	1:31:13		
<b>13</b>	<b>Alvaro Jiménez Fernández</b> Toledo NAVALCAN-O	<b>1:37:41</b>	9:01	25:52	34:11	40:13	46:49	49:55	59:25	1:03:21	1:10:00	1:13:04	1:19:29	1:24:02	1:27:39	1:31:11	1:34:55	1:36:04	1:37:41		
<b>14</b>	<b>Jorge Combarros Arias</b> Valladolid CDP-O	<b>1:40:29</b>	3:57	15:13	23:17	35:20	41:15	44:50	54:50	59:25	1:05:57	1:09:46	1:18:33	1:25:19	1:28:54	1:32:03	1:37:20	1:38:24	1:40:29		
<b>15</b>	<b>Nicolás Corvo Weinbach</b> Navarra CDNAVARRA	<b>1:44:53</b>	4:33	12:45	22:36	29:51	43:03	47:57	57:16	1:02:40	1:11:18	1:15:19	1:24:18	1:28:20	1:32:09	1:36:41	1:41:16	1:42:30	1:44:53		
<b>16</b>	<b>Diego Martín Juez</b> Burgos TJALVE	<b>1:47:19</b>	7:49	24:39	34:11	38:52	44:45	48:39	59:07	1:03:53	1:12:48	1:16:01	1:25:40	1:29:57	1:35:01	1:38:23	1:43:14	1:44:23	1:47:19		
<b>17</b>	<b>José Antonio Carrillo Recio</b> Toledo TOLEDO-O	<b>1:57:23</b>	3:51	20:28	34:13	42:10	48:28	52:28	1:01:39	1:05:29	1:11:39	1:14:42	1:21:20	1:42:08	1:45:20	1:49:53	1:54:04	1:55:22	1:57:23		
<b>18</b>	<b>Fernando González Franco</b> Valladolid COV	<b>2:01:53</b>	10:19	23:02	30:33	37:45	44:16	49:31	1:05:10	1:09:33	1:16:43	1:20:18	1:34:32	1:40:29	1:44:10	1:54:18	1:58:12	1:59:32	2:01:53		
<b>19</b>	<b>Eduardo González Sánchez</b> Toledo NAVALCAN-O	<b>2:03:16</b>	4:00	37:14	45:46	52:02	1:02:50	1:06:28	1:16:07	1:21:30	1:27:42	1:30:58	1:39:42	1:46:13	1:50:12	1:55:18	1:59:22	2:00:32	2:03:16		
<b>20</b>	<b>Emilio Guerra Noceda</b> Toledo TOLEDO-O	<b>2:12:30</b>	13:40	32:38	46:25	54:18	1:00:39	1:04:36	1:13:57	1:17:47	1:25:03	1:29:29	1:48:28	1:53:00	1:57:51	2:02:04	2:06:18	2:08:14	2:12:30		
			13:40	18:58	13:47	7:53	6:21	3:57	9:21	3:50	7:16	4:26	18:59	4:32	4:51	4:13	4:14	1:56	4:16		

os	Nombre	Tiempo	9.3 km 590 m 20 C																			
			1(65)	2(84)	3(85)	4(66)	5(67)	6(68)	7(50)	8(75)	9(56)	10(52)	11(74)	12(61)	13(49)	14(69)	15(70)	16(101)	17(102)	18(108)	19(79)	20(100)
<b>H-35A (29)</b>			F																			
1	<b>Roberto Pascual Orcajo</b> Navarra CDNAVARRA	<b>1:22:10</b>	14:32	15:34	17:04	<b>30:03</b>	<b>32:44</b>	<b>34:27</b>	<b>35:41</b>	<b>44:39</b>	<b>47:31</b>	<b>54:06</b>	<b>55:31</b>	<b>1:00:44</b>	<b>1:03:39</b>	<b>1:06:11</b>	<b>1:09:08</b>	<b>1:12:55</b>	<b>1:15:42</b>	<b>1:18:57</b>	<b>1:20:04</b>	<b>1:20:38</b>
			14:32	1:02	1:30	<b>12:59</b>	<b>2:41</b>	1:43	1:14	8:58	2:52	<b>6:35</b>	<b>1:25</b>	5:13	2:55	<b>2:32</b>	2:57	3:47	2:47	3:15	<b>1:07</b>	0:34
		<b>1:22:10</b>																				
		1:32																				
2	<b>Moisés Romo Carbonell</b> Alicante CEAM IBI-O	<b>1:28:47</b>	14:18	<b>15:11</b>	<b>16:31</b>	34:16	37:16	38:54	39:59	49:09	52:02	58:43	1:00:10	1:06:33	1:09:56	1:12:34	1:15:26	1:18:53	1:21:33	1:24:46	1:26:35	1:27:11
			14:18	<b>0:53</b>	<b>1:20</b>	17:45	3:00	1:38	<b>1:05</b>	9:10	2:53	6:41	1:27	6:23	3:23	2:38	2:52	<b>3:27</b>	<b>2:40</b>	<b>3:13</b>	1:49	0:36
		<b>1:28:47</b>																				
		1:36																				
3	<b>Jorge Urquizu Barasoain</b> Navarra CDNAVARRA	<b>1:30:35</b>	15:37	17:04	18:46	34:11	37:18	39:01	41:22	52:46	55:34	1:02:26	1:04:03	1:08:57	1:11:35	1:14:08	1:17:14	1:21:01	1:23:48	1:27:18	1:28:26	1:28:57
			15:37	1:27	1:42	15:25	3:07	1:43	2:21	11:24	2:48	6:52	1:37	<b>4:54</b>	<b>2:38</b>	2:33	3:06	3:47	2:47	3:30	1:08	<b>0:31</b>
		<b>1:30:35</b>																				
		1:38																				
4	<b>Yulian Borislavov Naydenov</b> Madrid MAXIMUS	<b>1:33:58</b>	14:42	15:59	17:49	34:19	37:41	40:07	41:19	52:50	56:03	1:02:39	1:04:05	1:10:46	1:14:05	1:16:48	1:19:42	1:23:25	1:26:22	1:29:49	1:31:32	1:32:08
			14:42	1:17	1:50	16:30	3:22	2:26	1:12	11:31	3:13	6:36	1:26	6:41	3:19	2:43	2:54	3:43	2:57	3:27	1:43	0:36
		<b>1:33:58</b>																				
		1:50																				
5	<b>Jonay Pérez Díaz</b> Asturias LA BRUJULA - JAIRE	<b>1:35:59</b>	15:42	16:52	18:52	35:48	39:55	41:38	42:47	50:01	53:07	1:00:50	1:02:52	1:08:27	1:12:15	1:15:01	1:19:28	1:24:53	1:29:00	1:32:25	1:33:52	1:34:25
			15:42	1:10	2:00	16:56	4:07	1:43	1:09	<b>7:14</b>	3:06	7:43	2:02	5:35	3:48	2:46	4:27	5:25	4:07	3:25	1:27	0:33
		<b>1:35:59</b>																				
		1:34																				
6	<b>Jordi Domènech Amorós</b> Barcelona UEVIC	<b>1:38:51</b>	15:48	16:51	18:30	41:05	44:00	45:51	47:37	56:15	59:35	1:06:19	1:08:17	1:15:16	1:17:57	1:20:39	1:24:07	1:28:25	1:31:32	1:34:56	1:36:21	1:36:55
			15:48	1:03	1:39	22:35	2:55	1:51	1:46	8:38	3:20	6:44	1:58	6:59	2:41	2:42	3:28	4:18	3:07	3:24	1:25	0:34
		<b>1:38:51</b>																				
		1:56																				
7	<b>Enrique Sanz García</b> Madrid COLMENAR	<b>1:46:13</b>	<b>13:59</b>	15:16	17:13	37:29	40:33	42:26	44:07	56:10	59:09	1:13:44	1:15:23	1:22:28	1:25:13	1:27:53	1:31:05	1:35:44	1:39:34	1:42:57	1:44:14	1:44:46
			<b>13:59</b>	1:17	1:57	20:16	3:04	1:53	1:41	12:03	2:59	14:35	1:39	7:05	2:45	2:40	3:12	4:39	3:50	3:23	1:17	0:32
		<b>1:46:13</b>																				
		<b>1:27</b>																				
8	<b>Diarmaid Ian Foley</b> Madrid IMPERDIBLE BUFF	<b>1:50:00</b>	19:03	20:17	22:02	38:46	43:29	45:25	46:36	54:52	57:51	1:07:55	1:10:27	1:20:17	1:25:09	1:28:37	1:32:37	1:37:53	1:41:18	1:45:06	1:47:41	1:48:21
			19:03	1:14	1:45	16:44	4:43	1:56	1:11	8:16	2:59	10:04	2:32	9:50	4:52	3:28	4:00	5:16	3:25	3:48	2:35	0:40
		<b>1:50:00</b>																				
		1:39																				
9	<b>AURELIO-ANTONIO OLIVAR ROL</b> Madrid T TRAGAME	<b>1:54:49</b>	15:34	16:39	18:22	35:42	39:04	40:40	41:59	53:16	55:59	1:04:45	1:07:07	1:28:47	1:32:18	1:35:13	1:37:56	1:44:14	1:47:35	1:51:02	1:52:38	1:53:15
			15:34	1:05	1:43	17:20	3:22	<b>1:36</b>	1:19	11:17	2:43	8:46	2:22	21:40	3:31	2:55	<b>2:43</b>	6:18	3:21	3:27	1:36	0:37
		<b>1:54:49</b>																				
		1:34																				
10	<b>David Sotres Fernández</b> Asturias NORDESTE-O	<b>1:55:05</b>	18:00	19:17	21:13	36:09	40:31	44:26	46:09	1:06:30	1:09:38	1:18:38	1:20:32	1:28:35	1:31:25	1:34:12	1:37:22	1:42:27	1:45:18	1:49:18	1:52:39	1:53:25
			18:00	1:17	1:56	14:56	4:22	3:55	1:43	20:21	3:08	9:00	1:54	8:03	2:50	2:47	3:10	5:05	2:51	4:00	3:21	0:46
		<b>1:55:05</b>																				
		1:40																				
11	<b>Miguel Girona Belmonte</b> Murcia LORCA-O	<b>1:59:13</b>	19:27	20:54	22:41	39:32	44:36	46:44	48:14	1:03:29	1:07:26	1:16:49	1:19:18	1:27:24	1:31:31	1:35:18	1:38:47	1:44:08	1:49:17	1:53:15	1:56:34	1:57:23
			19:27	1:27	1:47	16:51	5:04	2:08	1:30	15:15	3:57	9:23	2:29	8:06	4:07	3:47	3:29	5:21	5:09	3:58	3:19	0:49
		<b>1:59:13</b>																				
		1:50																				
12	<b>IGNACIO GONZALEZ CASERO</b> ALAVA COA	<b>2:00:01</b>	16:47	17:53	19:33	36:54	41:03	42:53	44:21	1:00:19	1:03:01	1:17:34	1:19:33	1:32:29	1:35:49	1:38:33	1:41:41	1:46:55	1:51:27	1:54:50	1:57:33	1:58:18
			16:47	1:06	1:40	17:21	4:09	1:50	1:28	15:58	<b>2:42</b>	14:33	1:59	12:56	3:20	2:44	3:08	5:14	4:32	3:23	2:43	0:45
		<b>2:00:01</b>																				
		1:43																				

os	Nombre	Tiempo																				
<b>H-35A (29)</b>			<b>9.3 km 590 m</b>		<b>20 C</b>		<i>(cont.)</i>															
			1(65)	2(84)	3(85)	4(66)	5(67)	6(68)	7(50)	8(75)	9(56)	10(52)	11(74)	12(61)	13(49)	14(69)	15(70)	16(101)	17(102)	18(108)	19(79)	20(100)
			F																			
13	<b>Héctor Lorenzo Yustos</b> <b>Madrid IMPERDIBLE BUFF</b>	<b>2:02:01</b>	17:07 17:07 2:02:01 1:53	18:18 1:11 1:44	20:02 1:44 2:02:55 *76	35:47 15:45 3:17	39:04 3:17 2:10	41:14 2:10 1:39	42:53 1:39 12:18	55:11 12:18 7:27	1:02:38 7:27 11:04	1:13:42 11:04 1:45	1:15:27 1:45 14:10	1:29:37 14:10 3:23	1:33:00 3:23 2:45	1:35:45 2:45 3:32	1:39:17 3:32 7:44	1:47:01 7:44 3:12	1:50:13 3:12 4:08	1:54:21 4:08 5:05	1:59:26 5:05 0:42	2:00:08 0:42
14	<b>Juan Carlos Pérez González</b> <b>Asturias PILOÑA DEPORTE</b>	<b>2:02:14</b>	16:30 16:30 2:02:14 1:49	18:08 1:38 2:00	20:08 2:00 16:19 4:01	36:27 16:19 4:01	40:28 4:01 2:11	42:39 2:11 1:40	44:19 1:40 21:08	1:05:27 21:08 3:25	1:08:52 3:25 8:51	1:17:43 8:51 4:24	1:22:07 4:24 11:09	1:33:16 11:09 3:52	1:37:08 3:52 3:14	1:40:22 3:14 3:45	1:44:07 3:45 5:12	1:49:19 5:12 4:07	1:53:26 4:07 4:00	1:57:26 4:00 2:13	1:59:39 2:13 0:46	2:00:25 0:46
15	<b>Ramon García-Catalan Simon</b> <b>Madrid COLMENAR</b>	<b>2:10:56</b>	17:08 17:08 2:10:56 1:32	18:57 1:49 1:55	20:52 1:55 19:42 3:41	40:34 19:42 3:41	44:15 3:41 2:00	46:15 2:00 1:59	48:14 1:59 9:45	57:59 9:45 3:39	1:01:38 3:39 8:20	1:09:58 8:20 1:41	1:11:39 1:41 28:34	1:40:13 28:34 3:09	1:43:22 3:09 3:00	1:46:22 3:00 3:44	1:50:06 3:44 4:53	1:54:59 4:53 7:50	2:02:49 7:50 4:15	2:07:04 4:15 1:37	2:08:41 1:37 0:43	2:09:24 0:43
16	<b>Daniel Isla Zorita</b> <b>Valladolid COV</b>	<b>2:11:04</b>	23:30 23:30 2:11:04 2:04	26:02 2:32 2:14	28:16 2:14 18:22 4:33	46:38 18:22 4:33	51:11 4:33 2:09	53:20 2:09 1:30	54:50 1:30 11:55	1:06:45 11:55 4:46	1:11:31 4:46 14:12	1:25:43 14:12 2:33	1:28:16 2:33 8:16	1:36:32 8:16 4:54	1:41:26 4:54 3:41	1:45:07 3:41 3:52	1:48:59 3:52 8:10	1:57:09 8:10 3:44	2:00:53 3:44 4:40	2:05:33 4:40 2:41	2:08:14 2:41 0:46	2:09:00 0:46
17	<b>IVAN FERNADEZ DE LA FUENTE</b> <b>Palencia ORCA</b>	<b>2:13:23</b>	21:53 21:53 2:13:23 1:35	23:11 1:18 1:49	25:00 1:49 24:19 3:42	49:19 24:19 3:42	53:01 3:42 2:04	55:05 2:04 1:24	56:29 1:24 15:51	1:12:20 15:51 3:42	1:16:02 3:42 12:56	1:28:58 12:56 3:41	1:32:39 3:41 7:21	1:40:00 7:21 3:56	1:43:56 3:56 4:07	1:48:03 4:07 3:58	1:52:01 3:58 6:46	1:58:47 6:46 6:27	2:05:14 6:27 4:09	2:09:23 4:09 1:45	2:11:08 1:45 0:40	2:11:48 0:40
18	<b>Manuel Parrado Maquieira</b> <b>Vizcaya COBI</b>	<b>2:16:45</b>	21:22 21:22 2:16:45 2:02	23:21 1:59 2:08	25:29 2:08 18:29 6:45	43:58 18:29 6:45	50:43 6:45 2:14	52:57 2:14 1:28	54:25 1:28 25:47	1:20:12 25:47 3:56	1:24:08 3:56 11:48	1:35:56 11:48 2:13	1:38:09 2:13 7:14	1:45:23 7:14 3:52	1:49:15 3:52 3:37	1:52:52 3:37 4:08	1:57:00 4:08 6:12	2:03:12 6:12 4:23	2:07:35 4:23 3:58	2:11:33 3:58 2:17	2:13:50 2:17 0:53	2:14:43 0:53
19	<b>Gaizka Ballesteros Contreras</b> <b>Vizcaya COBI</b>	<b>2:18:21</b>	19:21 19:21 2:18:21 1:39	20:48 1:27 2:48	23:36 2:48 22:13 5:55	45:49 22:13 5:55	51:44 5:55 2:22	54:06 2:22 2:44	56:50 2:44 14:41	1:11:31 14:41 4:13	1:15:44 4:13 9:15	1:24:59 9:15 4:07	1:29:06 4:07 15:52	1:44:58 15:52 4:39	1:49:37 4:39 3:56	1:53:33 3:56 4:38	1:58:11 4:38 6:44	2:04:55 6:44 4:29	2:09:24 4:29 4:16	2:13:40 4:16 2:06	2:15:46 2:06 0:56	2:16:42 0:56
20	<b>JUAN GARCÍA MAYO</b> <b>Asturias PILOÑA DEPORTE</b>	<b>2:22:24</b>	18:06 18:06 2:22:24 1:41	19:42 1:36 4:44	24:26 4:44 22:46 3:24	47:12 22:46 3:24	50:36 3:24 2:17	52:53 2:17 1:38	54:31 1:38 15:14	1:09:45 15:14 3:57	1:13:42 3:57 24:15	1:37:57 24:15 3:31	1:41:28 3:31 10:43	1:52:11 10:43 5:09	1:57:20 5:09 3:07	2:00:27 3:07 3:31	2:03:58 3:31 5:15	2:09:13 5:15 4:08	2:13:21 4:08 4:02	2:17:23 4:02 2:40	2:20:03 2:40 0:40	2:20:43 0:40
21	<b>José Domínguez Berjón</b> <b>León E D ALCON</b>	<b>2:23:42</b>	17:33 17:33 2:23:42 1:55	19:09 1:36 2:15	21:24 2:15 16:58 4:16	42:38 16:58 4:16	44:41 4:16 2:03	46:11 2:03 1:30	1:06:13 1:30 20:02	1:10:12 20:02 3:59	1:37:44 3:59 27:32	1:39:30 27:32 1:46	1:47:03 1:46 7:33	1:52:02 7:33 4:59	1:55:25 4:59 3:23	1:59:31 3:23 4:06	2:07:39 4:06 8:08	2:11:49 8:08 4:10	2:17:36 4:10 5:47	2:20:59 5:47 3:23	2:21:47 3:23 0:48	2:21:47 0:48
22	<b>Ignacio Burgos Fernández</b> <b>La Rioja CRON</b>	<b>2:27:08</b>	21:42 21:42 2:27:08 2:14	23:45 2:03 2:54	26:39 2:54 22:14 6:14	48:53 22:14 6:14	55:07 6:14 2:21	57:28 2:21 1:42	59:10 1:42 14:52	1:14:02 14:52 3:41	1:17:43 3:41 11:08	1:28:51 11:08 3:43	1:32:34 3:43 7:29	1:40:03 7:29 5:25	1:45:28 5:25 4:07	1:49:35 4:07 3:55	1:53:30 3:55 7:33	2:01:03 7:33 9:34	2:10:37 9:34 5:41	2:16:18 5:41 7:31	2:23:49 7:31 1:05	2:24:54 1:05
23	<b>Carlos Torrejón Rubio</b> <b>Valladolid COV</b>	<b>2:27:35</b>	17:13 17:13 2:27:35 1:57	18:49 1:36 2:12	21:01 2:12 33:10 3:59	54:11 33:10 3:59	58:10 3:59 2:08	1:00:18 2:08 1:27	1:01:45 1:27 25:06	1:26:51 25:06 3:34	1:30:25 3:34 7:28	1:37:53 7:28 2:12	1:40:05 2:12 18:50	1:58:55 18:50 4:25	2:03:20 4:25 2:53	2:06:13 2:53 3:43	2:09:56 3:43 4:57	2:14:53 4:57 3:56	2:18:49 3:56 3:54	2:22:43 3:54 2:09	2:24:52 2:09 0:46	2:25:38 0:46
24	<b>José Luis Juan Casillas</b> <b>Alicante COLIVENC</b>	<b>2:28:22</b>	21:54 21:54 2:28:22 2:12	23:59 2:05 1:47	25:46 1:47 22:24 4:08	48:10 22:24 4:08	52:18 4:08 2:11	54:29 2:11 1:49	56:18 1:49 26:54	1:23:12 26:54 3:23	1:26:35 3:23 8:52	1:35:27 8:52 3:40	1:39:07 3:40 10:05	1:49:12 10:05 10:27	1:59:39 10:27 3:14	2:02:53 3:14 3:33	2:06:26 3:33 7:07	2:13:33 7:07 5:04	2:18:37 5:04 4:35	2:23:12 4:35 2:08	2:25:20 2:08 0:50	2:26:10 0:50

os Nombre		Tiempo																						
<b>H-35A (29)</b>		<b>9.3 km 590 m</b>					<b>20 C</b>					<i>(cont.)</i>												
		1(65)	2(84)	3(85)	4(66)	5(67)	6(68)	7(50)	8(75)	9(56)	10(52)	11(74)	12(61)	13(49)	14(69)	15(70)	16(101)	17(102)	18(108)	19(79)	20(100)			
		F																						
<b>25</b>	<b>Roberto Ferrero Barros Asturias NORDESTE-O</b>	<b>2:37:58</b>	18:59 18:59 2:37:58 1:51	21:45 2:46	24:16 2:31	57:42 33:26	1:02:31 4:49	1:13:33 11:02	1:15:38 2:05	1:30:41 15:03	1:35:03 4:22	1:46:39 11:36	1:50:55 4:16	2:03:36 12:41	2:08:16 4:40	2:11:42 3:26	2:16:32 4:50	2:22:17 5:45	2:26:35 4:18	2:32:17 5:42	2:35:20 3:03	2:36:07 0:47		
<b>26</b>	<b>Luis González Lorenzo León E D ALCON</b>	<b>2:42:13</b>	20:18 20:18 2:42:13 2:06	22:33 2:15	25:26 2:53	43:52 18:26	49:53 6:01	52:01 2:08	54:10 2:09	1:12:10 18:00	1:25:03 12:53	1:44:55 19:52	1:47:02 2:07	2:05:36 18:34	2:10:18 4:42	2:15:11 4:53	2:20:27 5:16	2:27:33 7:06	2:32:04 4:31	2:36:44 4:40	2:39:09 2:25	2:40:07 0:58		
<b>27</b>	<b>Carles Salvador Costa Barcelona UEVIC</b>	<b>2:44:42</b>	21:01 21:01 2:44:42 2:05	23:13 2:12	26:29 3:16	46:37 20:08	52:37 6:00	55:23 2:46	57:29 2:06	1:26:47 29:18	1:37:20 10:33	1:51:00 13:40	1:55:34 4:34	2:06:44 11:10	2:12:00 5:16	2:16:32 4:32	2:21:31 4:59	2:28:57 7:26	2:34:12 5:15	2:38:44 4:32	2:41:30 2:46	2:42:37 1:07		
<b>28</b>	<b>Ianko Intxaurrendieta Martin Vizcaya COBI</b>	<b>2:44:55</b>	24:38 24:38 2:44:55 2:09	26:08 1:30	28:22 2:14	56:44 28:22	1:01:39 4:55	1:03:38 1:59	1:05:04 1:26	1:34:20 29:16	1:38:20 4:00	1:48:09 9:49	1:52:35 4:26	2:07:57 15:22	2:12:59 5:02	2:17:22 4:23	2:21:08 3:46	2:27:44 6:36	2:33:22 5:38	2:38:02 4:40	2:41:43 3:41	2:42:46 1:03		
	<b>Luis Eduardo Benito Zamora Burgos CORZO</b>	<b>Abandona</b>	18:30 18:30 1:08:27 44:24	21:00 2:30	24:03 3:03	-----	-----	-----	-----	-----	-----	-----	-----	-----	-----	-----	-----	-----	-----	-----	-----	-----		
<b>H-35B (19)</b>		<b>5.7 km 270 m</b>					<b>16 C</b>															F		
		1(90)	2(81)	3(73)	4(82)	5(74)	6(89)	7(87)	8(88)	9(92)	10(98)	11(93)	12(69)	13(99)	14(102)	15(79)	16(100)							
<b>1</b>	<b>Carlos Fuentes Lazkano Vizcaya COBI</b>	<b>1:05:57</b>	<b>2:39</b>	<b>10:17</b>	<b>13:00</b>	<b>17:01</b>	<b>20:32</b>	<b>27:26</b>	<b>30:54</b>	<b>38:02</b>	<b>46:01</b>	<b>47:53</b>	<b>51:04</b>	<b>52:52</b>	<b>56:03</b>	<b>58:55</b>	<b>1:03:26</b>	<b>1:04:13</b>	<b>1:05:57</b>					
<b>2</b>	<b>Fco. Giner Vera Barceló Alicante VILLENA-O</b>	<b>1:16:26</b>	3:01 3:01	10:52 7:51	14:38 3:46	17:08 2:30	21:11 4:03	31:45 10:34	35:11 3:26	44:17 9:06	52:34 8:17	55:26 2:52	59:35 4:09	1:01:35 2:00	1:06:18 4:43	1:09:46 3:28	1:14:10 4:24	1:14:48 0:38	1:16:26 1:38					
<b>3</b>	<b>Óscar Baciero González Valladolid COV</b>	<b>1:19:02</b>	3:00 3:00	12:27 9:27	15:46 3:19	19:32 3:46	25:20 5:48	32:05 6:45	36:34 4:29	45:47 9:13	54:09 8:22	57:22 3:13	1:01:40 4:18	1:03:37 1:57	1:07:14 3:37	1:10:43 3:29	1:16:28 5:45	1:17:10 0:42	1:19:02 1:52					
<b>4</b>	<b>Alvaro Frecentese Lozano Madrid COLMENAR</b>	<b>1:23:00</b>	2:51 2:51	11:07 8:16	14:39 3:32	17:32 2:53	22:47 5:15	30:17 7:30	33:52 3:35	50:50 16:58	59:20 8:30	1:02:04 2:44	1:05:38 3:34	1:07:22 1:44	1:11:27 4:05	1:16:07 4:40	1:20:35 4:28	1:21:21 0:46	1:23:00 1:39					
<b>5</b>	<b>Nicolás Arranz Rodríguez Burgos CORZO</b>	<b>1:24:01</b>	4:06 4:06	14:47 10:41	19:21 4:34	22:51 3:30	28:03 5:12	33:28 5:25	37:27 3:59	47:57 10:30	55:39 7:42	58:22 2:43	1:03:37 5:15	1:05:44 4:33	1:10:17 4:27	1:14:44 4:27	1:20:24 5:40	1:21:26 1:02	1:24:01 2:35					
<b>6</b>	<b>Hugo Villaverde López Vizcaya COBI</b>	<b>1:29:13</b>	2:53 2:53	15:36 12:43	19:12 3:36	22:02 2:50	26:43 4:41	31:07 4:24	37:37 6:30	47:02 9:25	1:03:49 16:47	1:06:11 2:22	1:10:29 4:18	1:12:45 2:16	1:16:49 4:04	1:20:53 4:04	1:26:22 5:29	1:27:02 0:40	1:29:13 2:11					54:21 *98
<b>7</b>	<b>Victor Manuel Pérez Lozano Alicante UNIVERSIDAD ALICANT</b>	<b>1:33:32</b>	3:40 3:40	11:30 7:50	14:46 3:16	18:16 3:30	23:52 5:36	41:42 17:50	51:21 9:39	1:02:09 10:48	1:09:16 7:07	1:10:54 1:38	1:14:49 3:55	1:16:49 2:00	1:20:57 4:08	1:24:34 3:37	1:30:43 6:09	1:31:35 0:52	1:33:32 1:57					
<b>8</b>	<b>Mariano Flores García Toledo TOLEDO-O</b>	<b>1:34:47</b>	3:11 3:11	11:18 8:07	15:05 3:47	18:45 3:40	23:25 4:40	42:49 19:24	48:38 5:49	57:16 8:38	1:03:42 6:26	1:08:13 4:31	1:13:13 5:00	1:15:22 2:09	1:19:55 4:33	1:24:12 4:17	1:31:31 7:19	1:32:24 0:53	1:34:47 2:23					
<b>9</b>	<b>Jesús María Llamazares Álvarez León E D ALCON</b>	<b>1:46:42</b>	3:23 3:23	12:09 8:46	16:35 4:26	21:03 4:28	26:59 5:56	32:55 5:56	50:50 17:55	1:00:14 9:24	1:10:15 10:01	1:18:50 8:35	1:23:42 4:52	1:26:16 2:34	1:32:17 6:01	1:37:49 5:32	1:44:05 6:16	1:44:59 0:54	1:46:42 1:43					
<b>10</b>	<b>Antonio Gázquez Millán Murcia LORCA-O</b>	<b>1:52:17</b>	4:52 4:52	20:21 15:29	26:06 5:45	30:18 4:12	36:05 5:47	51:53 15:48	56:12 4:19	1:06:52 10:40	1:16:25 9:33	1:19:06 2:41	1:23:53 4:47	1:26:14 2:21	1:30:23 4:09	1:34:25 4:02	1:49:13 14:48	1:50:18 1:05	1:52:17 1:59					
<b>11</b>	<b>José Luis Tribiño Fernández Valladolid COV</b>	<b>1:53:11</b>	6:14 6:14	20:55 14:41	24:45 3:50	29:05 4:20	34:06 5:01	40:01 5:55	43:55 3:54	56:20 12:25	1:12:29 16:09	1:20:17 7:48	1:26:09 5:52	1:28:10 2:01	1:33:34 5:24	1:40:56 7:22	1:49:09 8:13	1:50:34 1:25	1:53:11 2:37					
<b>12</b>	<b>José Manuel Prieto García Madrid COLMENAR</b>	<b>1:54:19</b>	4:01 4:01	19:25 15:24	25:07 5:42	30:00 4:53	37:29 7:29	49:35 12:06	55:50 6:15	1:08:37 12:47	1:19:08 10:31	1:22:49 3:41	1:28:48 5:59	1:31:33 2:45	1:37:11 5:38	1:42:55 5:44	1:50:41 7:46	1:51:37 0:56	1:54:19 2:42					
<b>13</b>	<b>Cesar Corada García Vizcaya COBI</b>	<b>1:59:08</b>	5:15 5:15	15:42 10:27	22:05 6:23	30:47 8:42	37:12 6:25	43:39 6:27	1:02:42 19:03	1:14:44 12:02	1:23:16 8:32	1:26:30 3:14	1:31:28 4:58	1:33:56 2:28	1:39:02 5:06	1:49:06 10:04	1:55:52 6:46	1:56:57 1:05	1:59:08 2:11					



os Nombre		Tiempo																		
<b>H-40 (19)</b>		<b>7.7 km 490 m</b>			<b>17 C</b>			<i>(cont.)</i>												
		1(105)	2(76)	3(55)	4(53)	5(59)	6(75)	7(60)	8(73)	9(81)	10(82)	11(83)	12(66)	13(69)	14(77)	15(78)	16(79)	17(100)	F	
<b>18 David Sanz Gatón</b>	<b>2:33:31</b>	5:26	13:50	32:41	50:38	52:48	58:07	1:42:40	1:46:08	1:50:19	1:55:03	1:56:29	2:07:32	2:12:09	2:17:55	2:25:11	2:30:59	2:31:43	2:33:31	
Valladolid COV		5:26	8:24	18:51	17:57	2:10	5:19	44:33	3:28	4:11	4:44	1:26	11:03	4:37	5:46	7:16	5:48	0:44	1:48	
<b>Carmelo Gil Gutiérrez</b>	<b>Abandona</b>	4:50	10:58	28:11	1:03:37	1:05:48	1:20:46	-----	-----	-----	-----	-----	-----	-----	-----	-----	-----	-----	2:24:41	
Valladolid COV		4:50	6:08	17:13	35:26	2:11	14:58												1:03:55	
<b>H-45 (18)</b>		<b>6.8 km 360 m</b>			<b>13 C</b>															
		1(84)	2(65)	3(38)	4(107)	5(75)	6(57)	7(59)	8(66)	9(69)	10(77)	11(101)	12(78)	13(100)	F					
<b>1 RAFAEL ARRANZ MUÑOZ</b>	<b>1:13:10</b>	20:04	21:27	29:01	37:15	40:03	<b>41:04</b>	<b>43:51</b>	<b>51:02</b>	<b>55:52</b>	<b>1:01:00</b>	<b>1:04:39</b>	<b>1:07:02</b>	<b>1:11:36</b>	<b>1:13:10</b>					
Madrid RUMBO-MADRID SANSE		20:04	1:23	7:34	<b>8:14</b>	2:48	<b>1:01</b>	2:47	<b>7:11</b>	4:50	5:08	3:39	2:23	4:34	<b>1:34</b>					
<b>2 Cesar Pascual Sanchez</b>	<b>1:14:05</b>	17:58	19:05	27:04	<b>36:36</b>	<b>39:43</b>	43:11	45:25	53:03	57:38	1:02:33	1:06:01	1:08:18	1:12:23	1:14:05					
Toledo NAVALCAN-O		17:58	<b>1:07</b>	7:59	9:32	3:07	3:28	<b>2:14</b>	7:38	4:35	<b>4:55</b>	<b>3:28</b>	<b>2:17</b>	<b>4:05</b>	1:42					
<b>3 Jesus Paricio Peribañez</b>	<b>1:22:43</b>	18:54	20:28	27:54	38:04	41:14	44:54	47:25	55:29	1:00:37	1:06:03	1:09:57	1:14:37	1:20:53	1:22:43					
Zaragoza IBÓN		18:54	1:34	7:26	10:10	3:10	3:40	2:31	8:04	5:08	5:26	3:54	4:40	6:16	1:50					
<b>4 Alberto Boveda Otegi</b>	<b>1:26:05</b>	18:20	20:16	29:04	39:51	43:50	48:32	51:22	59:51	1:04:11	1:11:45	1:16:12	1:19:00	1:24:11	1:26:05					
Vizcaya COBI		18:20	1:56	8:48	10:47	3:59	4:42	2:50	8:29	<b>4:20</b>	7:34	4:27	2:48	5:11	1:54					
<b>5 Luis Mahou García</b>	<b>1:27:26</b>	18:09	19:32	<b>26:03</b>	38:56	43:44	48:35	52:07	1:00:13	1:05:31	1:12:31	1:16:50	1:19:53	1:25:24	1:27:26					
Madrid COTA		18:09	1:23	<b>6:31</b>	12:53	4:48	4:51	3:32	8:06	5:18	7:00	4:19	3:03	5:31	2:02					
<b>6 Cristóbal Fernández Liria</b>	<b>1:36:42</b>	<b>16:44</b>	<b>18:15</b>	28:51	43:25	51:57	54:21	57:17	1:12:21	1:16:49	1:22:00	1:26:12	1:29:18	1:34:29	1:36:42					
Madrid COTA		<b>16:44</b>	1:31	10:36	14:34	8:32	2:24	2:56	15:04	4:28	5:11	4:12	3:06	5:11	2:13					
<b>7 Jesús Jiménez Romero</b>	<b>1:38:59</b>	19:31	21:13	28:27	44:48	47:35	52:34	55:20	1:03:44	1:13:22	1:21:58	1:27:23	1:30:21	1:36:51	1:38:59					
Madrid IMPERDIBLE BUFF		19:31	1:42	7:14	16:21	<b>2:47</b>	4:59	2:46	8:24	9:38	8:36	5:25	2:58	6:30	2:08					
<b>8 Julio Briso-Montiano Morales</b>	<b>1:40:22</b>	18:50	20:20	28:37	40:31	43:52	47:07	49:54	1:06:57	1:12:06	1:18:39	1:25:56	1:32:06	1:38:22	1:40:22					
Valladolid COV		18:50	1:30	8:17	11:54	3:21	3:15	2:47	17:03	5:09	6:33	7:17	6:10	6:16	2:00					
<b>9 Carlos Sánchez Sobrino</b>	<b>1:41:19</b>	21:03	22:49	38:37	54:15	59:50	1:02:56	1:05:30	1:13:18	1:18:39	1:24:42	1:29:37	1:32:55	1:39:13	1:41:19					
Toledo NAVALCAN-O		21:03	1:46	15:48	15:38	5:35	3:06	2:34	7:48	5:21	6:03	4:55	3:18	6:18	2:06					
<b>10 Carlos Gómez Fuentes</b>	<b>1:46:35</b>	18:06	19:40	40:21	50:55	1:03:27	1:05:43	1:08:53	1:17:38	1:23:12	1:28:22	1:36:12	1:39:42	1:44:55	1:46:35					
Valladolid CDP-O		18:06	1:34	20:41	10:34	12:32	2:16	3:10	8:45	5:34	5:10	7:50	3:30	5:13	1:40					
<b>11 Francisco García Marín</b>	<b>1:51:30</b>	26:53	28:33	36:17	52:50	1:04:19	1:08:27	1:11:11	1:20:11	1:25:44	1:34:22	1:40:26	1:43:40	1:49:34	1:51:30					
Madrid IMPERDIBLE BUFF		26:53	1:40	7:44	16:33	11:29	4:08	2:44	9:00	5:33	8:38	6:04	3:14	5:54	1:56					
<b>12 Joseba Bolaños Narváez</b>	<b>1:52:41</b>	20:33	22:44	35:19	50:05	55:35	58:15	1:01:56	1:16:39	1:23:26	1:30:47	1:37:47	1:44:11	1:50:31	1:52:41					
Vizcaya COBI		20:33	2:11	12:35	14:46	5:30	2:40	3:41	14:43	6:47	7:21	7:00	6:24	6:20	2:10					
<b>13 Ángel Ruiz de la Hera</b>	<b>1:54:57</b>	22:41	24:53	34:26	55:35	1:03:52	1:06:07	1:09:51	1:20:14	1:26:03	1:33:23	1:41:58	1:45:49	1:52:35	1:54:57					
Vizcaya COBI		22:41	2:12	9:33	21:09	8:17	2:15	3:44	10:23	5:49	7:20	8:35	3:51	6:46	2:22					
<b>14 Alejandro Cambor Fernández</b>	<b>1:58:52</b>	19:56	21:51	28:50	56:53	1:07:17	1:09:55	1:14:18	1:23:22	1:28:10	1:36:25	1:41:10	1:47:41	1:56:41	1:58:52					
Asturias LA BRUJULA - JAIRE		19:56	1:55	6:59	28:03	10:24	2:38	4:23	9:04	4:48	8:15	4:45	6:31	9:00	2:11					
<b>15 Josu Iñaki Ullibarri Zeanuri</b>	<b>2:00:37</b>	32:47	35:24	46:40	1:03:24	1:07:13	1:09:52	1:13:12	1:23:48	1:30:42	1:39:14	1:45:39	1:49:23	1:57:24	2:00:37					
Vizcaya COBI		32:47	2:37	11:16	16:44	3:49	2:39	3:20	10:36	6:54	8:32	6:25	3:44	8:01	3:13					
<b>16 Ferran Santoyo Medina</b>	<b>2:17:45</b>	24:37	26:38	36:15	52:33	58:48	1:06:54	1:14:08	1:32:56	1:45:47	1:54:30	2:01:36	2:06:10	2:14:44	2:17:45					
Granada VELETA		24:37	2:01	9:37	16:18	6:15	8:06	7:14	18:48	12:51	8:43	7:06	4:34	8:34	3:01					
<b>Santiago Galán Hernández</b>	<b>ror en tarj.</b>	19:19	20:45	27:20	38:23	41:16	43:20	46:49	54:25	-----	1:03:54	1:08:06	1:10:56	1:16:02	1:18:07					
Valladolid CDP-O		19:19	1:26	6:35	11:03	2:53	2:04	3:29	7:36		9:29	4:12	2:50	5:06	2:05					
<b>Javier Luzón Langa</b>	<b>Abandona</b>	22:49	24:49	36:01	-----	-----	-----	-----	1:08:55	1:15:03	1:22:06	1:28:31	1:33:01	1:39:45	1:42:54					
Huesca PEÑA GUARA		22:49	2:00	11:12					32:54	6:08	7:03	6:25	4:30	6:44	3:09					
<b>H-50 (24)</b>		<b>5.7 km 245 m</b>			<b>13 C</b>															
		1(76)	2(62)	3(87)	4(54)	5(107)	6(55)	7(88)	8(69)	9(99)	10(102)	11(108)	12(79)	13(100)	F					
<b>1 Francisco Javier Montero Ferná</b>	<b>58:02</b>	<b>6:55</b>	14:06	<b>24:45</b>	<b>27:54</b>	<b>29:58</b>	<b>31:03</b>	<b>39:55</b>	<b>42:46</b>	<b>46:19</b>	<b>50:40</b>	<b>54:16</b>	<b>55:42</b>	<b>56:22</b>	<b>58:02</b>					
Albacete GODIH		<b>6:55</b>	7:11	<b>10:39</b>	3:09	2:04	1:05	8:52	2:51	3:33	4:21	<b>3:36</b>	<b>1:26</b>	0:40	1:40					

os Nombre		Tiempo															
<i>H-50 (24)</i>		<i>5.7 km 245 m</i>		<i>13 C</i>			<i>(cont.)</i>										F
		1(76)	2(62)	3(87)	4(54)	5(107)	6(55)	7(88)	8(69)	9(99)	10(102)	11(108)	12(79)	13(100)	F		
<b>2</b>	<b>Francisco Javier Prada Gonzále</b> Valladolid CDP-O	1:06:24	7:41	12:32	30:24	36:16	37:59	39:06	47:50	51:00	54:05	57:20	1:01:30	1:04:04	1:04:46	1:06:24	
			7:41	<b>4:51</b>	17:52	5:52	1:43	1:07	8:44	3:10	3:05	3:15	4:10	2:34	0:42	1:38	
<b>3</b>	<b>David Seward</b> Madrid RUMBO-MADRID SANSE	1:06:52	7:03	<b>12:07</b>	33:19	35:52	37:22	39:04	46:38	49:34	52:51	55:59	1:00:49	1:03:57	1:04:48	1:06:52	
			7:03	5:04	21:12	<b>2:33</b>	1:30	1:42	<b>7:34</b>	2:56	3:17	<b>3:08</b>	4:50	3:08	0:51	2:04	
<b>4</b>	<b>Antonio Gil Poveda</b> Alicante COLIVENC	1:08:54	9:34	14:52	27:57	36:50	38:09	39:48	49:07	52:13	55:42	59:33	1:03:36	1:06:01	1:06:48	1:08:54	
			9:34	5:18	13:05	8:53	<b>1:19</b>	1:39	9:19	3:06	3:29	3:51	4:03	2:25	0:47	2:06	
<b>5</b>	<b>Pedro Mayol Clemente</b> Murcia MURCIA-O	1:09:08	7:35	12:59	33:08	37:49	39:46	41:21	49:05	52:04	55:26	58:57	1:04:36	1:06:57	1:07:34	1:09:08	
			7:35	5:24	20:09	4:41	1:57	1:35	7:44	2:59	3:22	3:31	5:39	2:21	<b>0:37</b>	<b>1:34</b>	
<b>6</b>	<b>Vladimir Shangin</b> Alicante VILLENA-O	1:10:31	8:53	15:02	33:02	37:18	38:56	40:35	49:41	53:25	57:14	1:01:20	1:05:33	1:07:32	1:08:18	1:10:31	
			8:53	6:09	18:00	4:16	1:38	1:39	9:06	3:44	3:49	4:06	4:13	1:59	0:46	2:13	
<b>7</b>	<b>Juan Manuel Lasso Frías</b> Valladolid CDP-O	1:15:32	8:30	15:26	30:29	35:54	37:49	39:36	51:39	55:45	1:00:42	1:05:02	1:10:05	1:12:22	1:13:22	1:15:32	
			8:30	6:56	15:03	5:25	1:55	1:47	12:03	4:06	4:57	4:20	5:03	2:17	1:00	2:10	
<b>8</b>	<b>Francisco Iglesias Huertos</b> Valladolid CDP-O	1:16:00	8:36	14:23	39:35	44:20	45:53	47:09	56:05	58:54	1:02:14	1:05:36	1:10:17	1:13:26	1:14:12	1:16:00	
			8:36	5:47	25:12	4:45	1:33	1:16	8:56	<b>2:49</b>	3:20	3:22	4:41	3:09	0:46	1:48	
<b>9</b>	<b>Juan Manuel Núñez Martín</b> Madrid MONTE EL PARDO	1:24:03	10:25	16:08	37:37	46:25	47:50	49:20	1:02:50	1:06:37	1:10:34	1:14:03	1:18:56	1:21:04	1:21:54	1:24:03	
			10:25	5:43	21:29	8:48	1:25	1:30	13:30	3:47	3:57	3:29	4:53	2:08	0:50	2:09	
<b>10</b>	<b>Eduardo Valero Matas</b> Asturias PILOÑA DEPORTE	1:24:11	9:22	15:08	29:57	47:09	48:53	51:11	1:00:48	1:03:41	1:08:04	1:13:43	1:19:20	1:21:43	1:22:29	1:24:11	
			9:22	5:46	14:49	17:12	1:44	2:18	9:37	2:53	4:23	5:39	5:37	2:23	0:46	1:42	
<b>11</b>	<b>Salvador González Rodríguez</b> León E D ALCON	1:25:19	9:21	18:19	40:15	46:03	47:56	50:04	1:03:14	1:07:27	1:11:48	1:15:37	1:20:10	1:22:10	1:23:04	1:25:19	
			9:21	8:58	21:56	5:48	1:53	2:08	13:10	4:13	4:21	3:49	4:33	2:00	0:54	2:15	
<b>12</b>	<b>José Manuel Cermeño Hernánde</b> Madrid COLMENAR	1:26:37	9:09	16:33	35:58	45:24	51:30	53:18	1:04:13	1:07:36	1:12:13	1:16:41	1:21:38	1:23:50	1:24:36	1:26:37	
			9:09	7:24	19:25	9:26	6:06	1:48	10:55	3:23	4:37	4:28	4:57	2:12	0:46	2:01	
<b>13</b>	<b>Pedro Villar Martínez</b> Zaragoza IBÓN	1:32:03	9:34	15:49	35:53	39:53	42:43	52:03	1:09:00	1:13:01	1:16:55	1:21:53	1:26:11	1:29:19	1:30:12	1:32:03	
			9:34	6:15	20:04	4:00	2:50	9:20	16:57	4:01	3:54	4:58	4:18	3:08	0:53	1:51	
<b>14</b>	<b>Eugenio Izquierdo Macón</b> León E D ALCON	1:34:01	15:02	20:40	37:13	50:02	51:50	52:53	1:04:38	1:08:39	1:14:16	1:22:30	1:27:52	1:31:12	1:32:14	1:34:01	
			15:02	5:38	16:33	12:49	1:48	<b>1:03</b>	11:45	4:01	5:37	8:14	5:22	3:20	1:02	1:47	
<b>15</b>	<b>Juan Carlos Martín Tamayo</b> Burgos TJALVE	1:37:11	18:57	24:48	46:51	53:57	56:01	57:44	1:07:01	1:10:08	1:14:13	1:18:32	1:26:02	1:30:08	1:31:29	1:37:11	
			18:57	5:51	22:03	7:06	2:04	1:43	9:17	3:07	4:05	4:19	7:30	4:06	1:21	5:42	
<b>16</b>	<b>Oscar Rodríguez Pérez</b> Ciudad Rea MANZANARES-O	1:42:06	11:07	19:20	46:49	52:49	54:56	56:48	1:11:46	1:16:53	1:22:02	1:27:17	1:32:45	1:38:15	1:39:38	1:42:06	
			11:07	8:13	27:29	6:00	2:07	1:52	14:58	5:07	5:09	5:15	5:28	5:30	1:23	2:28	
<b>17</b>	<b>Jesús Gil Poveda</b> Alicante COLIVENC	1:43:14	9:16	14:43	35:42	1:12:11	1:13:43	1:15:12	1:24:02	1:27:14	1:30:17	1:33:33	1:37:48	1:40:21	1:41:11	1:43:14	
			9:16	5:27	20:59	36:29	1:32	1:29	8:50	3:12	<b>3:03</b>	3:16	4:15	2:33	0:50	2:03	
<b>18</b>	<b>Jesús Manuel Galván Mangas</b> Valladolid COV	1:49:44	10:36	18:32	40:21	1:00:31	1:05:57	1:07:31	1:21:54	1:26:06	1:31:13	1:38:59	1:44:14	1:46:49	1:47:50	1:49:44	
			10:36	7:56	21:49	20:10	5:26	1:34	14:23	4:12	5:07	7:46	5:15	2:35	1:01	1:54	
<b>19</b>	<b>Fernando Sánchez Mínguez</b> Valladolid COV	1:55:24	18:50	27:32	44:57	1:02:30	1:04:21	1:06:05	1:23:27	1:28:28	1:34:05	1:40:19	1:47:30	1:51:48	1:53:10	1:55:24	
			18:50	8:42	17:25	17:33	1:51	1:44	17:22	5:01	5:37	6:14	7:11	4:18	1:22	2:14	
<b>20</b>	<b>José Ramal Gea</b> Alicante COLIVENC	1:58:41	13:13	22:11	51:06	57:19	1:02:35	1:06:06	1:25:44	1:31:26	1:37:32	1:43:48	1:50:48	1:54:12	1:55:35	1:58:41	
			13:13	8:58	28:55	6:13	5:16	3:31	19:38	5:42	6:06	6:16	7:00	3:24	1:23	3:06	
<b>21</b>	<b>Jose Gutierrez Justo</b> Madrid COLMENAR	2:08:21	12:58	22:20	44:10	1:06:35	1:08:53	1:11:43	1:29:35	1:34:35	1:41:59	1:46:37	2:00:48	2:04:03	2:05:25	2:08:21	
			12:58	9:22	21:50	22:25	2:18	2:50	17:52	5:00	7:24	4:38	14:11	3:15	1:22	2:56	
<b>22</b>	<b>José Ignacio Puebla Gutiérrez</b> Valladolid COV	2:33:49	14:48	24:29	49:11	1:20:04	1:22:04	1:23:52	1:59:10	2:05:13	2:12:36	2:17:40	2:24:58	2:30:17	2:31:21	2:33:49	
			14:48	9:41	24:42	30:53	2:00	1:48	35:18	6:03	7:23	5:04	7:18	5:19	1:04	2:28	
	<b>Vicente Tordera Ovejero</b> Toledo TOLEDO-O	ror en tarj.	8:45	14:17	39:59	46:22	47:54	49:59	58:57	-----	1:05:36	1:09:30	1:13:23	1:16:16	1:17:10	1:19:12	
			8:45	5:32	25:42	6:23	1:32	2:05	8:58	-----	6:39	3:54	3:53	2:53	0:54	2:02	
	<b>José Luis Sánchez Toquero</b> Valladolid COV	ror en tarj.	-----	22:09	-----	-----	-----	-----	1:12:06	1:18:38	1:31:23	1:38:47	1:45:10	1:48:26	1:49:55	1:54:42	
			-----	22:09	-----	-----	-----	-----	49:57	6:32	12:45	7:24	6:23	3:16	1:29	4:47	

1:11:40  
\*39



os	Nombre	Tiempo		14 C														F					
<b>H-55 (9) Tramos anulados: 34-35</b>				<b>5.2 km 285 m</b>																			
		1(90)	2(76)	3(81)	4(73)	5(48)	6(97)	7(58)	8(41)	9(34)	10(35)	11(78)	12(108)	13(79)	14(100)								
1	Jose Antonio Ferrando Roqueta Zaragoza IBÓN	56:38	3:03	12:44	16:36	19:46	26:57	33:09	35:15	38:57	40:52	41:27	47:29	52:28	54:52	55:28	57:13						
			3:03	9:41	3:52	3:10	7:11	6:12	2:06	3:42	1:55	0:35	6:02	4:59	2:24	0:36	1:45						
2	Juan Carlos Miranda Blasco Madrid ALABARDA-O	58:39	2:54	11:35	17:59	21:01	28:08	33:32	35:22	41:59	44:01	44:33	50:07	55:18	56:44	57:22	59:11	43:39					
			2:54	8:41	6:24	3:02	7:07	5:24	1:50	6:37	2:02	0:32	5:34	5:11	1:26	0:38	1:49	*33					
3	Santiago Del Moral Durà Alicante UNIVERSIDAD ALICANT	1:02:46	3:30	12:19	16:47	20:27	27:28	33:26	35:57	40:43	44:42	45:17	51:37	56:53	1:00:20	1:01:17	1:03:21						
			3:30	8:49	4:28	3:40	7:01	5:58	2:31	4:46	3:59	0:35	6:20	5:16	3:27	0:57	2:04						
4	Luis Diéguez Margallo Asturias NORDESTE-O	1:10:04	3:58	14:30	19:51	23:19	32:50	39:12	42:56	50:08	52:55	53:15	1:00:13	1:04:50	1:07:15	1:08:20	1:10:24						
			3:58	10:32	5:21	3:28	9:31	6:22	3:44	7:12	2:47	0:20	6:58	4:37	2:25	1:05	2:04						
5	José Luis Cobas López Madrid RUMBO-MADRID SANSE	1:14:04	3:05	20:35	24:53	28:55	35:17	46:14	48:32	53:56	56:23	56:41	1:03:28	1:07:42	1:11:08	1:12:05	1:14:22						
			3:05	17:30	4:18	4:02	6:22	10:57	2:18	5:24	2:27	0:18	6:47	4:14	3:26	0:57	2:17						
6	Jean-luc Boelle FRANCIA CLUB D'ORIENTATION	1:21:10	3:46	15:08	20:46	25:08	33:53	41:29	46:38	53:31	57:04	57:30	1:07:16	1:13:53	1:17:43	1:18:48	1:21:36						
			3:46	11:22	5:38	4:22	8:45	7:36	5:09	6:53	3:33	0:26	9:46	6:37	3:50	1:05	2:48						
7	Santos Peral Campos Valladolid CDP-O	1:43:47	6:11	23:38	33:46	38:00	48:27	58:51	1:03:50	1:15:11	1:19:28	1:22:25	1:30:56	1:37:47	1:43:41	1:44:47	1:46:44						
			6:11	17:27	10:08	4:14	10:27	10:24	4:59	11:21	4:17	2:57	8:31	6:51	5:54	1:06	1:57						
8	José María Galván Mangas Valladolid COV	1:49:08	4:56	23:45	36:42	42:40	56:18	1:07:08	1:11:01	1:20:08	1:23:48	1:24:30	1:34:16	1:41:44	1:45:29	1:46:51	1:49:50						
			4:56	18:49	12:57	5:58	13:38	10:50	3:53	9:07	3:40	0:42	9:46	7:28	3:45	1:22	2:59						
	Jesús Baeza López Valladolid COV	Abandona	1:37:10	-----	-----	-----	-----	-----	-----	-----	-----	-----	-----	-----	-----	-----	2:12:13	35:03					
			1:37:10																				
<b>H-E (13)</b>				<b>10.5 km 580 m</b>		<b>24 C</b>																	
			1(51)	2(52)	3(53)	4(54)	5(55)	6(56)	7(57)	8(59)	9(61)	10(60)	11(62)	12(63)	13(64)	14(65)	15(58)	16(67)	17(68)	18(50)	19(49)	20(69)	
			21(70)	22(71)	23(80)	24(100)	F																
1	Juan Manuel Mérida Sanchís Alicante VILLENA-O	1:33:29	5:07	16:10	23:20	25:05	26:43	27:44	31:55	33:40	35:32	42:26	46:34	50:14	55:01	59:08	1:11:24	1:14:29	1:16:04	1:17:12	1:17:57	1:20:32	
			5:07	11:03	7:10	1:45	1:38	1:01	4:11	1:45	1:52	6:54	4:08	3:40	4:47	4:07	12:16	3:05	1:35	1:08	0:45	2:35	
			1:23:03	1:27:46	1:30:41	1:32:02	1:33:29																
			2:31	4:43	2:55	1:21	1:27																
2	Javier Ruiz de la Herrán Pidal Málaga COMA	1:38:23	3:44	15:39	22:54	25:46	27:20	28:21	35:29	37:10	39:39	46:28	50:25	53:33	58:10	1:02:59	1:14:12	1:17:40	1:19:24	1:20:56	1:21:42	1:24:15	
			3:44	11:55	7:15	2:52	1:34	1:01	7:08	1:41	2:29	6:49	3:57	3:08	4:37	4:49	11:13	3:28	1:44	1:32	0:46	2:33	
			1:27:13	1:32:39	1:34:46	1:36:44	1:38:23	1:01:02															
			2:58	5:26	2:07	1:58	1:39	*84															
3	Raúl Ferra Murcia Murcia LORCA-O	1:41:20	3:28	14:48	23:20	25:29	27:08	28:43	37:03	38:53	41:19	48:42	52:34	55:59	1:01:09	1:04:42	1:16:31	1:19:41	1:21:31	1:22:46	1:23:38	1:26:08	
			3:28	11:20	8:32	2:09	1:39	1:35	8:20	1:50	2:26	7:23	3:52	3:25	5:10	3:33	11:49	3:10	1:50	1:15	0:52	2:30	
			1:29:42	1:35:44	1:38:15	1:39:40	1:41:20																
			3:34	6:02	2:31	1:25	1:40																
4	Alberto Mínguez Viñambres Madrid IMPERDIBLE BUFF	1:44:31	4:24	16:45	24:27	27:10	28:49	30:52	34:41	36:25	38:29	45:55	50:24	54:00	59:28	1:03:51	1:17:45	1:21:33	1:23:40	1:24:50	1:26:08	1:29:00	
			4:24	12:21	7:42	2:43	1:39	2:03	3:49	1:44	2:04	7:26	4:29	3:36	5:28	4:23	13:54	3:48	2:07	1:10	1:18	2:52	
			1:31:57	1:39:03	1:41:07	1:42:50	1:44:31																
			2:57	7:06	2:04	1:43	1:41																
5	Urtzi Iglesias Mota Vizcaya COBI	1:52:31	4:23	17:33	29:34	31:45	33:34	34:54	38:20	40:21	42:26	50:09	55:14	59:24	1:04:42	1:11:08	1:25:06	1:28:29	1:31:12	1:32:33	1:33:34	1:36:31	
			4:23	13:10	12:01	2:11	1:49	1:20	3:26	2:01	2:05	7:43	5:05	4:10	5:18	6:26	13:58	3:23	2:43	1:21	1:01	2:57	
			1:39:55	1:45:26	1:48:35	1:50:48	1:52:31																
			3:24	5:31	3:09	2:13	1:43																
6	Alfonso Bustillo Ruiz La Rioja CRON	1:55:31	6:05	20:51	29:34	31:46	33:24	35:06	39:08	41:26	43:58	51:53	56:21	1:00:24	1:06:02	1:10:21	1:26:19	1:30:36	1:32:23	1:33:28	1:34:25	1:37:45	
			6:05	14:46	8:43	2:12	1:38	1:42	4:02	2:18	2:32	7:55	4:28	4:03	5:38	4:19	15:58	4:17	1:47	1:05	0:57	3:20	
			1:41:13	1:47:14	1:50:47	1:53:38	1:55:31																
			3:28	6:01	3:33	2:51	1:53																
7	Cesar Torrejón Rubio Burgos TJALVE	1:57:47	4:00	17:26	29:15	31:30	33:31	35:37	38:54	41:04	46:34	54:30	59:16	1:03:10	1:08:43	1:13:23	1:29:21	1:33:18	1:35:20	1:36:56	1:37:57	1:41:12	
			4:00	13:26	11:49	2:15	2:01	2:06	3:17	2:10	5:30	7:56	4:46	3:54	5:33	4:40	15:58	3:57	2:02	1:36	1:01	3:15	
			1:44:39	1:50:52	1:53:26	1:55:52	1:57:47																
			3:27	6:13	2:34	2:26	1:55																

os Nombre		Tiempo																			
<b>H-E (13)</b>		<b>10.5 km 580 m 24 C</b>					<i>(cont.)</i>														
		1(51)	2(52)	3(53)	4(54)	5(55)	6(56)	7(57)	8(59)	9(61)	10(60)	11(62)	12(63)	13(64)	14(65)	15(58)	16(67)	17(68)	18(50)	19(49)	20(69)
		21(70)	22(71)	23(80)	24(100)	F															
<b>8 Ricardo García Dengra</b>	<b>2:02:24</b>	<b>3:26</b>	16:14	26:34	28:33	30:15	31:22	36:46	39:08	44:54	52:53	57:25	1:01:49	1:07:48	1:12:32	1:30:11	1:34:22	1:36:57	1:38:44	1:39:50	1:43:17
<b>Toledo ESCONDITE-T</b>		<b>3:26</b>	12:48	10:20	1:59	1:42	1:07	5:24	2:22	5:46	7:59	4:32	4:24	5:59	4:44	17:39	4:11	2:35	1:47	1:06	3:27
		1:47:15	1:54:05	1:57:18	1:59:42	2:02:24															
		3:58	6:50	3:13	2:24	2:42															
<b>9 Miguel Ángel Martín García</b>	<b>2:03:11</b>	5:22	20:43	31:08	33:31	35:07	36:25	43:45	45:23	47:50	54:58	59:58	1:05:30	1:11:00	1:16:19	1:32:26	1:36:56	1:39:25	1:40:50	1:41:50	1:45:06
<b>Badajoz CODAN EXTREMADURA</b>		5:22	15:21	10:25	2:23	1:36	1:18	7:20	<b>1:38</b>	2:27	7:08	5:00	5:32	5:30	5:19	16:07	4:30	2:29	1:25	1:00	3:16
		1:48:23	1:55:48	1:58:27	2:01:44	2:03:11															
		3:17	7:25	2:39	3:17	<b>1:27</b>															
<b>10 Zigor García Gorrotxategi</b>	<b>2:15:02</b>	5:00	20:15	32:57	35:28	37:36	39:07	44:32	47:07	50:24	1:00:24	1:05:55	1:11:36	1:18:11	1:23:58	1:42:13	1:46:08	1:48:35	1:50:21	1:51:23	1:54:52
<b>Vizcaya COBI</b>		5:00	15:15	12:42	2:31	2:08	1:31	5:25	2:35	3:17	10:00	5:31	5:41	6:35	5:47	18:15	3:55	2:27	1:46	1:02	3:29
		1:59:44	2:07:00	2:10:21	2:12:59	2:15:02															
		4:52	7:16	3:21	2:38	2:03															
<b>Jose Cando Casado</b>	<b>ror en tarj.</b>	4:29	18:30	29:46	32:02	33:39	35:06	49:40	51:39	----	59:41	1:03:59	1:07:59	1:12:38	1:17:07	1:31:14	1:34:24	1:36:02	1:37:15	1:39:15	1:41:48
<b>Madrid GOCAN</b>		4:29	14:01	11:16	2:16	1:37	1:27	14:34	1:59		8:02	4:18	4:00	4:39	4:29	14:07	3:10	1:38	1:13	2:00	2:33
		1:45:46	1:50:40	1:53:00	1:54:23	1:55:41															
		3:58	4:54	2:20	1:23	1:18															
<b>Andrés Del Bustio Díaz</b>	<b>ror en tarj.</b>	3:53	21:48	31:33	33:39	35:25	36:33	40:16	42:23	44:47	52:48	58:26	1:02:29	1:07:51	1:12:47	1:28:00	1:32:12	1:34:21	----	1:36:14	1:39:07
<b>Asturias ASTUR EXTREM</b>		3:53	17:55	9:45	2:06	1:46	1:08	3:43	2:07	2:24	8:01	5:38	4:03	5:22	4:56	15:13	4:12	2:09		1:53	2:53
		1:42:46	1:49:53	1:52:29	1:54:27	1:56:24															
		3:39	7:07	2:36	1:58	1:57															
<b>Alberto Conejo Garrote</b>	<b>Abandona</b>	11:06	43:43	1:11:10	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----
<b>Valladolid CDP-O</b>		11:06	32:37	27:27																	
		----	----	----	----	2:03:15															
						52:05															
<b>D-12 (4) Tramos anulados: 34-35</b>		<b>2.4 km 50 m 8 C</b>																			
		1(41)	2(31)	3(42)	4(32)	5(34)	6(35)	7(37)	8(100)	F											
<b>1 Henar Bores Escudero</b>	<b>19:15</b>	<b>3:07</b>	<b>3:45</b>	<b>4:55</b>	<b>6:05</b>	<b>8:44</b>	<b>9:16</b>	<b>14:54</b>	<b>17:37</b>	<b>19:47</b>											
<b>Palencia ORCA</b>		<b>3:07</b>	<b>0:38</b>	<b>1:10</b>	1:10	2:39	<del>0:32</del>	<b>5:38</b>	2:43	2:10											
<b>2 Nerea González Peña</b>	<b>20:33</b>	3:22	4:27	5:48	6:44	9:22	9:51	16:41	19:19	21:02											
<b>Toledo TOLEDO-O</b>		3:22	1:05	1:21	<b>0:56</b>	<b>2:38</b>	<del>0:29</del>	6:50	2:38	<b>1:43</b>											
<b>3 Lorena Soriano García</b>	<b>28:58</b>	6:26	7:22	10:30	11:58	16:18	16:50	24:59	27:15	29:30											
<b>Toledo TOLEDO-O</b>		6:26	0:56	3:08	1:28	4:20	<del>0:32</del>	8:09	<b>2:16</b>	2:15											
<b>4 Alina Miguel Nevares</b>	<b>1:15:01</b>	19:02	20:35	34:02	36:40	46:50	47:29	1:04:37	1:11:15	1:15:40											
<b>Palencia ORCA</b>		19:02	1:33	13:27	2:38	10:10	<del>0:39</del>	17:08	6:38	4:25											
<b>D-14 (7) Tramos anulados: 34-35</b>		<b>3.0 km 95 m 11 C</b>																			
		1(41)	2(32)	3(91)	4(97)	5(98)	6(33)	7(34)	8(35)	9(46)	10(103)	11(100)	F								
<b>1 Mariola Asensi Bodí</b>	<b>32:31</b>	<b>3:10</b>	5:19	8:54	<b>13:37</b>	<b>19:32</b>	<b>21:48</b>	<b>22:19</b>	<b>23:01</b>	<b>26:23</b>	<b>30:13</b>	<b>31:13</b>	<b>33:13</b>								
<b>Alicante COLIVENC</b>		<b>3:10</b>	2:09	3:35	4:43	5:55	2:16	<b>0:31</b>	<del>0:42</del>	<b>3:22</b>	3:50	1:00	<b>2:00</b>								
<b>2 Ángeles López Ruiz</b>	<b>35:21</b>	4:21	6:24	9:51	13:58	19:59	23:11	23:49	24:28	28:23	31:58	33:22	36:00								
<b>Cádiz O-SAN ROQUE</b>		4:21	2:03	3:27	<b>4:07</b>	6:01	3:12	0:38	<del>0:39</del>	3:55	<b>3:35</b>	1:24	2:38								
<b>3 Sofía Díez Ocharan</b>	<b>36:14</b>	3:12	<b>4:58</b>	<b>8:19</b>	17:42	21:36	23:52	24:28	24:56	28:27	33:13	34:13	36:42								
<b>Palencia ORCA</b>		3:12	<b>1:46</b>	3:21	9:23	3:54	2:16	0:36	<del>0:28</del>	3:31	4:46	1:00	2:29								
<b>4 Claudia Gómez Rodríguez</b>	<b>42:13</b>	4:28	6:24	12:23	19:04	24:33	27:18	27:54	28:15	33:45	38:58	40:11	42:34								
<b>Valladolid CDP-O</b>		4:28	1:56	5:59	6:41	5:29	2:45	0:36	<del>0:21</del>	5:30	5:13	1:13	2:23								
<b>5 Aitana Inganzo González</b>	<b>48:05</b>	3:44	9:26	13:22	29:48	33:31	35:44	36:19	36:43	40:24	45:11	46:09	48:29								
<b>Asturias LA BRUJULA - JAIRE</b>		3:44	5:42	3:56	16:26	<b>3:43</b>	<b>2:13</b>	0:35	<del>0:24</del>	3:41	4:47	<b>0:58</b>	2:20								

os	Nombre	Tiempo															
<b>D-14 (7) Tramos anulados: 34-35</b>		<b>3.0 km 95 m</b>			<b>11 C</b>			<i>(cont.)</i>									
		1(41)	2(32)	3(91)	4(97)	5(98)	6(33)	7(34)	8(35)	9(46)	10(103)	11(100)	F				
6	Raquel Berenguer Sanchis	4:14	7:28	12:11	18:34	26:20	29:37	30:11	30:50	37:41	45:12	47:25	49:58				
	Alicante COLIVENC	4:14	3:14	4:43	6:23	7:46	3:17	0:34	<del>0:39</del>	6:51	7:31	2:13	2:33				
7	Dune Pascual Huerto	4:26	6:50	9:45	34:45	42:46	45:40	46:26	47:06	52:50	1:01:39	1:02:52	1:04:54				
	Navarra CDNAVARRA	4:26	2:24	<b>2:55</b>	25:00	8:01	2:54	0:46	<del>0:40</del>	5:44	8:49	1:13	2:02				
<b>D-16 (5)</b>		<b>4.3 km 140 m</b>			<b>14 C</b>												
		1(43)	2(32)	3(42)	4(45)	5(48)	6(95)	7(68)	8(94)	9(93)	10(69)	11(99)	12(102)	13(103)	14(100)	F	
1	Alejandra Teodosio Rodríguez	41:28	<b>2:25</b>	<b>5:12</b>	<b>6:21</b>	<b>8:23</b>	<b>12:15</b>	<b>17:51</b>	<b>20:13</b>	<b>21:52</b>	<b>23:40</b>	<b>25:54</b>	<b>30:36</b>	<b>34:17</b>	<b>38:15</b>	<b>39:21</b>	<b>41:28</b>
	Toledo TOLEDO-O	<b>2:25</b>	<b>2:47</b>	1:09	<b>2:02</b>	<b>3:52</b>	<b>5:36</b>	<b>2:22</b>	1:39	<b>1:48</b>	<b>2:14</b>	4:42	<b>3:41</b>	<b>3:58</b>	1:06	<b>2:07</b>	
2	María Teodosio Rodríguez	54:54	6:47	10:10	11:22	13:51	17:46	25:21	27:54	31:03	33:02	36:12	41:54	47:03	51:40	52:46	54:54
	Toledo TOLEDO-O	6:47	3:23	1:12	2:29	3:55	7:35	2:33	3:09	1:59	3:10	5:42	5:09	4:37	1:06	2:08	
3	Jimena Calvo Saez	57:25	2:37	6:28	7:41	10:41	16:24	26:02	29:05	30:43	32:50	35:53	42:05	47:22	54:03	55:12	57:25
	Asturias LA BRUJULA - JAIRE	2:37	3:51	1:13	3:00	5:43	9:38	3:03	1:38	2:07	3:03	6:12	5:17	6:41	1:09	2:13	
4	Irene García Bernabeu	1:01:08	6:45	11:20	12:41	21:59	27:37	33:30	36:26	37:55	39:52	42:42	47:09	51:24	57:35	58:53	1:01:08
	Alicante COLIVENC	6:45	4:35	1:21	9:18	5:38	5:53	2:56	<b>1:29</b>	1:57	2:50	<b>4:27</b>	4:15	6:11	1:18	2:15	
5	Irene Martín Pérez	1:01:26	5:50	10:41	11:45	14:16	18:48	26:55	35:21	37:17	39:50	42:05	47:37	52:00	58:11	59:15	1:01:26
	Valladolid CDP-O	5:50	4:51	<b>1:04</b>	2:31	4:32	8:07	8:26	1:56	2:33	2:15	5:32	4:23	6:11	<b>1:04</b>	2:11	
<b>H-60 (6) Tramos anulados: 34-35</b>		<b>4.4 km 205 m</b>			<b>11 C</b>												
		1(86)	2(83)	3(88)	4(32)	5(33)	6(34)	7(35)	8(102)	9(108)	10(103)	11(100)	F				
1	José Samper García	37:17	<b>6:43</b>	<b>9:59</b>	<b>16:54</b>	<b>22:05</b>	<b>23:33</b>	<b>24:02</b>	<b>24:34</b>	<b>29:01</b>	<b>32:55</b>	<b>35:06</b>	<b>35:58</b>	<b>37:49</b>			
	Alicante VILLEN-A-O	<b>6:43</b>	<b>3:16</b>	<b>6:55</b>	<b>5:11</b>	<b>1:28</b>	<b>0:29</b>	<del>0:32</del>	<b>4:27</b>	<b>3:54</b>	<b>2:11</b>	<b>0:52</b>	<b>1:51</b>				
2	Martin Checkley	49:27	9:41	13:43	22:35	29:12	31:04	31:41	31:58	38:11	43:38	46:15	47:17	49:44			
	Murcia TOTANA-O	9:41	4:02	8:52	6:37	1:52	0:37	<del>0:47</del>	6:13	5:27	2:37	1:02	2:27				
3	Juan David Pérez-Caballero Fer	54:05	8:20	14:03	22:45	32:46	34:35	35:10	35:30	41:22	47:03	50:46	51:59	54:25			
	Almería SURCO	8:20	5:43	8:42	10:01	1:49	0:35	<del>0:20</del>	5:52	5:41	3:43	1:13	2:26				
4	Rafael Martínez García	1:00:02	11:17	19:30	28:04	35:47	37:42	38:19	39:08	45:56	53:31	56:59	58:10	1:00:51			
	Murcia LORCA-O	11:17	8:13	8:34	7:43	1:55	0:37	<del>0:49</del>	6:48	7:35	3:28	1:11	2:41				
5	Ricardo Iñiguez Crespo	1:18:10	13:03	27:31	40:19	47:59	50:47	51:31	52:04	1:01:52	1:09:26	1:13:48	1:15:27	1:18:43			
	Valencia CORRECAMINOS	13:03	14:28	12:48	7:40	2:48	0:44	<del>0:33</del>	9:48	7:34	4:22	1:39	3:16				
6	Jose Carlos Castro Bobillo	1:31:40	12:11	33:08	46:22	1:11:22	1:12:55	1:13:27	1:14:01	1:19:55	1:26:00	1:29:10	1:30:08	1:32:14			
	Valladolid CDP-O	12:11	20:57	13:14	25:00	1:33	0:32	<del>0:34</del>	5:54	6:05	3:10	0:58	2:06				
<b>D-60 (1) Tramos anulados: 34-35</b>		<b>2.4 km 70 m</b>			<b>8 C</b>												
		1(44)	2(32)	3(33)	4(34)	5(35)	6(39)	7(103)	8(100)	F							
1	Amalia Sanz Barceló	52:23	<b>6:20</b>	<b>12:21</b>	<b>16:30</b>	<b>17:37</b>	<b>18:13</b>	<b>32:58</b>	<b>45:33</b>	<b>48:20</b>	<b>52:59</b>						
	Alicante VILLEN-A-O	<b>6:20</b>	<b>6:01</b>	<b>4:09</b>	<b>1:07</b>	<del>0:36</del>	<b>14:45</b>	<b>12:35</b>	<b>2:47</b>	<b>4:39</b>							
<b>OPEN AMARILLO (24) Tramos anulados</b>		<b>2.5 km 45 m</b>			<b>8 C</b>												
		1(31)	2(32)	3(33)	4(34)	5(35)	6(36)	7(37)	8(100)	F							
1	Pablo Tribiño Cordal	19:58	3:26	4:56	7:19	7:53	9:35	13:11	17:13	19:19	21:40						
	ESPAÑA INDEPENDIENTE	3:26	1:30	<b>2:23</b>	0:34	<del>4:42</del>	<b>3:36</b>	4:02	<b>2:06</b>	2:21							
2	Alejandro Mata Alvarez	20:07	<b>3:11</b>	<b>4:32</b>	<b>6:59</b>	<b>7:27</b>	<b>8:04</b>	<b>12:25</b>	<b>14:59</b>	<b>18:34</b>	<b>20:44</b>						
	León E D ALCON	<b>3:11</b>	1:21	2:27	<b>0:28</b>	<del>0:37</del>	4:21	2:34	3:35	2:10							
3	LUCIA MAÑERU	20:58	3:23	4:58	8:11	9:02	9:39	14:06	16:27	19:42	21:35						
	ESPAÑA INDEPENDIENTE	3:23	1:35	3:13	0:51	<del>0:37</del>	4:27	2:21	3:15	<b>1:53</b>							
4	Juan Tribiño Cordal	24:49	4:42	6:24	9:18	9:56	10:47	15:52	20:29	23:17	25:40						
	ESPAÑA INDEPENDIENTE	4:42	1:42	2:54	0:38	<del>0:57</del>	5:05	4:37	2:48	2:23							

os Nombre		Tiempo																			
<b>OPEN AMARILLO (24) Tramos anulad</b>		<b>2.5 km 45 m</b>		<b>8 C</b>		<i>(cont.)</i>															
		1(31)	2(32)	3(33)	4(34)	5(35)	6(36)	7(37)	8(100)	F											
5	Beatriz Gonzalo Carbajal	25:23	4:28	6:26	10:20	11:08	12:00	16:46	19:48	23:29	26:15										
	León E D ALCON		4:28	1:58	3:54	0:48	<del>0:52</del>	4:46	3:02	3:41	2:46										
6	Pablo Perez Casares	33:03	11:31	14:13	17:00	17:47	18:21	22:32	27:05	30:21	33:37										
	León E D ALCON		11:31	2:42	2:47	0:47	<del>0:34</del>	4:11	4:33	3:16	3:16										
7	DIEGO PEREZ	33:27	4:25	15:05	18:42	19:16	19:54	25:07	27:27	31:32	34:05										
	ESPAÑA INDEPENDIENTE		4:25	10:40	3:37	0:34	<del>0:38</del>	5:13	2:20	4:05	2:33										
8	Julio Minguez Saoner	37:25	6:01	7:30	13:36	14:13	14:39	25:47	30:10	35:42	37:51										
	Madrid IMPERDIBLE BUFF		6:01	1:29	6:06	0:37	<del>0:26</del>	11:08	4:23	5:32	2:09										
9	SOFIA SALVADOR	39:17	7:26	9:13	13:00	13:56	15:17	32:42	36:07	38:41	40:38										
	ESPAÑA INDEPENDIENTE		7:26	1:47	3:47	0:56	<del>1:21</del>	17:25	3:25	2:34	1:57										
10	Nicolas Sanz Arias	41:12	9:15	11:46	16:47	17:37	21:30	29:35	34:11	41:06	45:05										
	ESPAÑA INDEPENDIENTE		9:15	2:31	5:01	0:50	<del>3:53</del>	8:05	4:36	6:55	3:59										
11	JUAN MAÑERU RODRIGUEZ	42:24	8:05	10:09	14:03	15:36	16:16	30:30	36:17	39:33	43:04										
	ESPAÑA INDEPENDIENTE		8:05	2:04	3:54	1:33	<del>0:40</del>	14:14	5:47	3:16	3:31										
12	Marcos Delgado Muños	43:14	5:56	8:01	11:35	12:33	13:07	24:52	38:21	40:50	43:48										
	Toledo TOLEDO-O		5:56	2:05	3:34	0:58	<del>0:34</del>	11:45	13:29	2:29	2:58										
13	Telmo Corada Villa	48:45	8:34	12:00	19:36	21:05	23:35	34:40	40:57	45:52	51:15	45:54									
	Vizcaya COBI		8:34	3:26	7:36	1:29	<del>2:30</del>	11:05	6:17	4:55	5:23	*100									
14	Sheyla Bravo García	52:25	9:20	13:25	18:52	20:42	21:26	32:02	37:56	46:25	53:09										
	Burgos CORZO		9:20	4:05	5:27	1:50	<del>0:44</del>	10:36	5:54	8:29	6:44										
15	Celia Abajo Belinchon	53:16	5:28	8:04	21:27	23:14	23:56	32:38	39:55	49:35	53:58										
	León E D ALCON		5:28	2:36	13:23	1:47	<del>0:42</del>	8:42	7:17	9:40	4:23										
16	Kenzo Galiana Tomás	56:29	13:37	16:03	19:25	20:30	21:03	34:30	39:21	54:13	57:02	54:17									
	Alicante SANT JOAN		13:37	2:26	3:22	1:05	<del>0:33</del>	13:27	4:51	14:52	2:49	*100									
17	Irai Pascual Huerto	56:33	22:04	26:52	31:54	32:56	33:30	41:00	45:39	53:32	57:07										
	Navarra CDNAVARRA		22:04	4:48	5:02	1:02	<del>0:34</del>	7:30	4:39	7:53	3:35										
18	Iranzu Urquizu Diego	57:17	22:12	27:00	32:02	33:04	33:34	41:08	46:11	53:23	57:47	53:26									
	Navarra CDNAVARRA		22:12	4:48	5:02	1:02	<del>0:30</del>	7:34	5:03	7:12	4:24	*100									
19	Angela Bravo Calderon	58:44	4:33	20:15	39:26	40:00	40:44	49:40	53:52	57:30	59:28										
	Palencia ORCA		4:33	15:42	19:11	0:34	<del>0:44</del>	8:56	4:12	3:38	1:58										
20	Laura Fidalgo Casares	1:00:35	43:15	44:34	47:06	47:48	48:19	52:17	55:33	58:33	1:01:06										
	León E D ALCON		43:15	1:19	2:32	0:42	<del>0:31</del>	3:58	3:16	3:00	2:33										
21	MARIA DEL CARMEN DE LA FUE	1:13:41	5:45	8:59	47:46	48:43	49:18	54:57	1:08:02	1:10:35	1:14:16										
	Valladolid CDP-O		5:45	3:14	38:47	0:57	<del>0:35</del>	5:39	13:05	2:33	3:41										
22	ALBERTO VALLES	1:42:44	4:17	5:52	1:12:11	1:12:55	1:13:42	1:21:22	1:37:44	1:40:57	1:43:31										
	ESPAÑA INDEPENDIENTE		4:17	1:35	1:06:19	0:44	<del>0:47</del>	7:40	16:22	3:13	2:34										
23	Endika Ullibarri Aginako	1:48:00	6:21	9:30	16:48	21:28	24:10	30:31	32:32	35:20	1:50:42	2:39:39	2:41:32	2:44:17	2:48:06	2:50:06	2:51:08	2:53:19	1:23:52	1:26:45	1:31:24
	Vizcaya COBI		6:21	3:09	7:18	4:40	<del>2:42</del>	6:21	2:01	2:48	1:15:22	*31	*32	*33	*34	*35	*36	*100	*31	*32	*33
			1:32:04	1:32:32	1:40:30	1:44:37	1:47:55														
			*34	*35	*36	*37	*100														
	Celia Tribiño Cordal	ror en tarj.	6:19	9:16	17:32	18:44	-----	-----	-----	-----	33:50										
	ESPAÑA INDEPENDIENTE		6:19	2:57	8:16	1:12															
<b>OPEN NARANJA (20)</b>		<b>4.0 km 160 m</b>		<b>10 C</b>																	
		1(44)	2(41)	3(98)	4(47)	5(95)	6(94)	7(69)	8(40)	9(37)	10(100)	F									
1	JESUS BALLESTEROS HUERTAS	48:25	2:52	4:13	7:32	13:29	30:13	31:42	34:08	36:55	43:23	46:45	48:25								
	Madrid COLMENAR		2:52	1:21	3:19	5:57	16:44	1:29	2:26	2:47	6:28	3:22	1:40								
2	Alma De las Heras	1:05:23	3:59	5:21	17:16	26:29	36:38	39:34	43:02	52:18	59:19	1:03:41	1:05:23	10:10	10:51						
	Palencia ORCA		3:59	1:22	11:55	9:13	10:09	2:56	3:28	9:16	7:01	4:22	1:42	*34	*35						

os Nombre		Tiempo															
<b>OPEN NARANJA (20)</b>		<b>4.0 km 160 m</b>		<b>10 C</b>		<i>(cont.)</i>											
		1(44)	2(41)	3(98)	4(47)	5(95)	6(94)	7(69)	8(40)	9(37)	10(100)	F					
<b>3</b>	<b>Gema Rodriguez Iopez</b>	<b>1:05:39</b>	4:05	6:21	11:19	18:14	40:03	42:24	46:08	52:05	1:00:35	1:03:03	1:05:39				
	ESPAÑA INDEPENDIENTE		4:05	2:16	4:58	6:55	21:49	2:21	3:44	5:57	8:30	<b>2:28</b>	2:36				
<b>4</b>	<b>Mario Arellano Cordoba</b>	<b>1:12:47</b>	27:08	29:02	33:43	40:40	45:28	47:31	51:49	57:13	1:06:24	1:09:54	1:12:47				
	Toledo TOLEDO-O		27:08	1:54	4:41	6:57	4:48	2:03	4:18	5:24	9:11	3:30	2:53				
<b>5</b>	<b>Monica Perez Lopez</b>	<b>1:16:20</b>	8:06	11:06	19:14	30:05	36:56	40:21	45:29	55:04	1:09:22	1:13:17	1:16:20				
	ESPAÑA INDEPENDIENTE		8:06	3:00	8:08	10:51	6:51	3:25	5:08	9:35	14:18	3:55	3:03				
<b>6</b>	<b>GUILLERMO MARTIN DE LOS RI</b>	<b>1:18:09</b>	14:04	15:46	20:31	36:40	43:15	48:02	51:58	59:36	1:09:20	1:16:00	1:18:09				
	ESPAÑA INDEPENDIENTE		14:04	1:42	4:45	16:09	6:35	4:47	3:56	7:38	9:44	6:40	2:09				
<b>7</b>	<b>Charo Tomás Rodríguez</b>	<b>1:21:05</b>	8:38	11:09	19:38	29:26	36:29	42:18	50:01	58:00	1:13:56	1:18:25	1:21:05				
	Alicante SANT JOAN		8:38	2:31	8:29	9:48	7:03	5:49	7:43	7:59	15:56	4:29	2:40				
<b>8</b>	<b>Stephanie Sales Castro</b>	<b>1:22:24</b>	17:00	19:09	24:01	41:06	46:28	51:26	55:58	1:03:00	1:12:46	1:19:41	1:22:24				
	Madrid MONTE EL PARDO		17:00	2:09	4:52	17:05	5:22	4:58	4:32	7:02	9:46	6:55	2:43				
<b>9</b>	<b>Noelia aguado</b>	<b>1:22:42</b>	16:07	18:25	25:42	44:30	52:06	54:51	1:00:03	1:05:09	1:15:15	1:19:42	1:22:42				
	Palencia ORCA		16:07	2:18	7:17	18:48	7:36	2:45	5:12	5:06	10:06	4:27	3:00				
<b>10</b>	<b>Maria Pilar Ruiz Hidalgo</b>	<b>1:22:51</b>	6:03	9:51	17:11	25:14	46:27	49:32	54:50	1:02:35	1:18:05	1:20:38	1:22:51				
	Toledo TOLEDO-O		6:03	3:48	7:20	8:03	21:13	3:05	5:18	7:45	15:30	2:33	2:13				
<b>11</b>	<b>Susana Martinez Revuelta</b>	<b>1:35:02</b>	6:41	9:58	24:33	36:22	45:25	49:43	58:46	1:07:42	1:26:16	1:30:58	1:35:02				
	Vizcaya COBI		6:41	3:17	14:35	11:49	9:03	4:18	9:03	8:56	18:34	4:42	4:04				
<b>12</b>	<b>Palmira Rubio Vadillo</b>	<b>1:41:54</b>	9:07	19:12	27:00	45:25	55:35	1:00:14	1:07:13	1:17:41	1:32:19	1:36:54	1:41:54				
	Burgos TJALVE		9:07	10:05	7:48	18:25	10:10	4:39	6:59	10:28	14:38	4:35	5:00				
<b>13</b>	<b>Susana Vence Conles</b>	<b>1:46:17</b>	38:13	41:04	49:10	1:00:12	1:06:53	1:10:18	1:15:39	1:24:59	1:39:27	1:43:17	1:46:17				
	ESPAÑA INDEPENDIENTE		38:13	2:51	8:06	11:02	6:41	3:25	5:21	9:20	14:28	3:50	3:00				
<b>14</b>	<b>FERNANDO DIAZ MARTINEZ</b>	<b>2:02:13</b>	24:53	30:30	40:04	54:02	1:04:15	1:08:20	1:17:24	1:34:48	1:49:51	1:56:43	2:02:13				
	Valladolid CDP-O		24:53	5:37	9:34	13:58	10:13	4:05	9:04	17:24	15:03	6:52	5:30				
<b>15</b>	<b>Patrica arrate Luena</b>	<b>2:06:14</b>	10:46	14:35	22:15	38:40	54:25	59:32	1:11:06	1:42:45	1:57:06	2:01:01	2:06:14				
	ESPAÑA INDEPENDIENTE		10:46	3:49	7:40	16:25	15:45	5:07	11:34	31:39	14:21	3:55	5:13				
<b>16</b>	<b>RICARDO LAGUNA PLAZA</b>	<b>2:09:11</b>	17:08	20:24	29:17	51:40	1:12:47	1:18:39	1:27:53	1:40:13	1:57:53	2:04:02	2:09:11				
	Valladolid CDP-O		17:08	3:16	8:53	22:23	21:07	5:52	9:14	12:20	17:40	6:09	5:09				
<b>17</b>	<b>Carolina Guzmán Jaramillo</b>	<b>2:11:16</b>	15:38	19:44	27:18	43:31	59:31	1:04:25	1:15:57	1:46:44	2:02:08	2:06:01	2:11:16				
	La Rioja CRON		15:38	4:06	7:34	16:13	16:00	4:54	11:32	30:47	15:24	3:53	5:15				
<b>18</b>	<b>SARA LLORENTE PRIETO</b>	<b>2:29:17</b>	39:25	44:18	1:01:03	1:23:25	1:31:45	1:45:00	1:53:06	2:03:36	2:18:19	2:24:27	2:29:17				
	Palencia ORCA		39:25	4:53	16:45	22:22	8:20	13:15	8:06	10:30	14:43	6:08	4:50				
<b>19</b>	<b>Ainara Landea Vaquero</b>	<b>2:45:01</b>	9:54	18:49	27:14	1:39:36	1:44:15	1:51:09	1:56:54	2:16:00	2:34:49	2:40:48	2:45:01				
	ESPAÑA INDEPENDIENTE		9:54	8:55	8:25	1:12:22	<b>4:39</b>	6:54	5:45	19:06	18:49	5:59	4:13				
	ALBA VALLES	ror en tarj.	----	6:58	----	----	----	----	----	----	----	36:45	39:35				
	ESPAÑA INDEPENDIENTE			6:58								29:47	2:50				
												24:29	25:03				
												*34	*35				
													30:41				
													*36				
<b>OPEN ROJO (31)</b>		<b>4.3 km 140 m</b>		<b>14 C</b>													
		1(43)	2(32)	3(42)	4(45)	5(48)	6(95)	7(68)	8(94)	9(93)	10(69)	11(99)	12(102)	13(103)	14(100)	F	
<b>1</b>	<b>Pablo Abad Santos</b>	<b>37:20</b>	3:21	6:29	7:15	8:39	12:25	17:58	19:29	21:07	22:55	24:39	27:48	<b>30:52</b>	<b>34:52</b>	<b>35:36</b>	<b>37:20</b>
	ESPAÑA INDEPENDIENTE		3:21	3:08	<b>0:46</b>	1:24	3:46	5:33	1:31	1:38	1:48	<b>1:44</b>	<b>3:09</b>	<b>3:04</b>	4:00	<b>0:44</b>	1:44
<b>2</b>	<b>PABLO MONTAÑA PALENTINA</b>	<b>41:15</b>	<b>1:25</b>	<b>4:14</b>	<b>5:43</b>	<b>7:54</b>	<b>11:02</b>	<b>15:35</b>	<b>18:10</b>	<b>19:59</b>	<b>21:39</b>	<b>23:55</b>	<b>27:32</b>	31:41	37:46	39:02	41:15
	ESPAÑA INDEPENDIENTE		<b>1:25</b>	<b>2:49</b>	1:29	2:11	3:08	<b>4:33</b>	2:35	1:49	<b>1:40</b>	2:16	3:37	4:09	6:05	1:16	2:13
<b>3</b>	<b>Higinio Arribas</b>	<b>42:07</b>	3:33	6:27	7:19	11:53	16:06	21:20	23:36	25:06	26:47	28:51	32:35	35:51	39:46	40:39	42:07
	Palencia ORCA		3:33	2:54	0:52	4:34	4:13	5:14	2:16	1:30	1:41	2:04	3:44	3:16	<b>3:55</b>	0:53	<b>1:28</b>
<b>4</b>	<b>David García Martín</b>	<b>49:47</b>	5:49	9:33	10:43	12:46	17:17	23:06	25:28	26:59	28:55	32:05	37:20	41:53	46:53	47:55	49:47
	Valladolid COV		5:49	3:44	1:10	2:03	4:31	5:49	2:22	1:31	1:56	3:10	5:15	4:33	5:00	1:02	1:52
<b>5</b>	<b>FRANCISCO LOPEZ FANDO</b>	<b>52:51</b>	4:21	7:33	9:06	17:09	21:06	26:36	28:33	30:13	32:36	35:17	40:19	45:22	49:51	50:49	52:51
	Palencia ORCA		4:21	3:12	1:33	8:03	3:57	5:30	1:57	1:40	2:23	2:41	5:02	5:03	4:29	0:58	2:02

os Nombre		Tiempo														F			
<b>OPEN ROJO (31)</b>		<b>4.3 km 140 m</b>		<b>14 C</b>		<i>(cont.)</i>													
		1(43)	2(32)	3(42)	4(45)	5(48)	6(95)	7(68)	8(94)	9(93)	10(69)	11(99)	12(102)	13(103)	14(100)	F			
6	Elena Sánchez Íñiguez de la To Valladolid COV	55:34	6:07	10:10	11:39	13:39	18:39	25:11	29:04	30:55	32:57	35:29	40:57	45:22	52:02	53:16	55:34		
7	JUAN MAÑERU ESPAÑA INDEPENDIENTE	55:54	4:54	8:43	9:43	12:45	15:41	33:55	35:15	36:38	38:44	40:35	44:22	48:21	53:37	54:26	55:54		
8	Roberto Velez Palencia ORCA	56:39	4:28	8:54	10:06	12:33	17:28	25:16	28:23	30:18	33:43	37:24	42:48	46:55	53:14	54:31	56:39		
9	Mikel Ozcoïdi Arizmendi ESPAÑA INDEPENDIENTE	57:50	5:17	9:21	11:21	13:36	19:04	25:10	27:38	29:27	32:17	35:21	42:48	47:55	53:27	55:01	57:50		
10	ROBERTO SALVADOR ESPAÑA INDEPENDIENTE	58:29	6:49	10:35	11:52	13:57	19:41	25:45	28:09	30:13	32:08	35:08	43:20	49:05	54:38	55:57	58:29		
11	Rafael Lozano Navarro Palencia ORCA	1:00:00	2:52	7:22	8:22	10:01	13:54	27:35	30:00	31:19	33:13	40:15	44:44	48:54	56:27	57:35	1:00:00		
12	Ana Martín miguel Palencia ORCA	1:00:16	4:37	9:40	10:48	13:18	17:52	26:01	34:17	36:03	38:23	40:52	46:15	51:11	56:45	57:50	1:00:16		
13	Javier Mediavilla Ruiz Palencia ORCA	1:01:26	7:11	10:22	11:23	13:08	19:32	27:29	31:30	33:15	36:34	39:27	44:17	52:45	58:28	59:24	1:01:26		
14	Raquel Sebastian Puras Burgos TJALVE	1:03:53	5:31	9:32	11:05	13:18	19:21	32:03	35:28	37:43	39:59	42:51	48:56	54:33	1:00:27	1:01:27	1:03:53		
15	Jorge García Sanz ESPAÑA INDEPENDIENTE	1:04:36	5:20	9:24	10:46	12:54	19:12	27:02	33:13	35:07	37:12	40:00	48:56	53:23	1:00:36	1:02:09	1:04:36		
16	ESAU GUTIERREZ ESPAÑA INDEPENDIENTE	1:06:28	8:34	12:29	13:46	16:16	22:15	31:53	39:50	41:20	43:17	48:08	52:44	57:46	1:02:55	1:04:12	1:06:28		
17	Mariena Rodríguez Palencia ORCA	1:07:43	14:51	19:27	21:10	23:11	30:00	37:53	40:23	42:01	44:01	47:07	52:49	57:37	1:04:32	1:05:42	1:07:43		
18	Bárbara Jiménez Rupérez ESPAÑA INDEPENDIENTE	1:12:40	10:09	17:27	18:50	21:03	27:38	35:20	41:23	43:14	45:23	48:05	56:59	1:01:32	1:08:42	1:10:12	1:12:40		
19	Antonio Roncero Redondo Palencia ORCA	1:13:12	5:05	9:33	11:03	13:37	19:38	31:53	35:10	38:14	40:51	44:29	53:16	1:00:50	1:09:24	1:10:58	1:13:12		
20	Esther Hernandez Porras ESPAÑA INDEPENDIENTE	1:19:38	12:31	16:49	18:47	21:54	28:08	36:43	41:12	43:38	46:39	50:38	57:30	1:02:43	1:14:59	1:16:31	1:19:38		
21	Iker Alecha ESPAÑA INDEPENDIENTE	1:19:58	2:59	6:07	7:02	8:17	43:42	48:50	54:44	56:10	58:01	1:00:46	1:05:06	1:09:03	1:16:22	1:17:18	1:19:58		
22	ROSA MARIA SILVEIRA PUERTAS Madrid ALABARDA-O	1:20:52	6:58	14:02	16:16	18:59	25:33	34:15	37:29	40:17	43:56	48:45	56:33	1:03:14	1:11:58	1:14:55	1:20:52		
23	Eva Cantero Gutierrez ESPAÑA INDEPENDIENTE	1:23:43	16:33	20:50	22:48	26:07	32:11	41:10	45:09	47:45	50:40	54:36	1:01:21	1:06:46	1:18:58	1:20:29	1:23:43		
24	Gonzalo Sanchez Robledo Palencia ORCA	1:31:06	5:04	8:41	9:52	13:38	24:07	47:33	58:02	1:00:17	1:02:22	1:06:28	1:13:01	1:16:42	1:27:04	1:28:26	1:31:06		
25	LUIS ANGEL DIAZ GRAJAL ESPAÑA INDEPENDIENTE	1:50:48	49:47	54:29	56:01	58:46	1:05:58	1:15:52	1:20:29	1:23:20	1:26:58	1:31:01	1:36:13	1:41:40	1:47:16	1:48:37	1:50:48		
26	aLVARO MIGUEL ESPAÑA INDEPENDIENTE	2:00:22	1:05:43	1:11:28	1:13:15	1:15:13	1:22:05	1:30:11	1:32:27	1:34:03	1:35:56	1:39:13	1:45:04	1:49:18	1:57:21	1:58:25	2:00:22		
27	Jose Diez Montes Palencia ORCA	2:01:51	21:48	27:18	29:25	31:57	1:07:54	1:16:39	1:21:48	1:24:45	1:27:57	1:32:19	1:40:38	1:47:33	1:55:13	1:57:35	2:01:51		
28	LUIS ANGEL DIAZ LECHON ESPAÑA INDEPENDIENTE	2:21:13	10:28	20:01	22:20	29:04	35:28	1:06:34	1:11:59	1:27:56	1:33:12	1:38:12	1:50:58	1:57:26	2:17:23	2:18:58	2:21:13		
	ENRIQUE PASTOR ESPAÑA INDEPENDIENTE	ror en tarj.	3:38	7:43	8:55	11:11	15:40	25:11	27:31	29:46	-----	33:56	39:09	44:25	52:54	54:11	56:47		
	EVA SIERRA ESPAÑA INDEPENDIENTE	ror en tarj.	3:38	4:05	1:12	2:16	4:29	9:31	2:20	2:15	-----	4:10	5:13	5:16	8:29	1:17	2:36		
			18:32	22:40	23:58	26:22	30:33	39:57	42:33	44:32	-----	48:58	54:16	59:24	1:07:58	1:09:11	1:11:49		
			18:32	4:08	1:18	2:24	4:11	9:24	2:36	1:59	-----	4:26	5:18	5:08	8:34	1:13	2:38		

28:43 29:05  
\*34 \*35

os	Nombre	Tiempo															
<b>OPEN ROJO (31)</b>		<b>4.3 km 140 m</b>		<b>14 C</b>		<i>(cont.)</i>											
		1(43)	2(32)	3(42)	4(45)	5(48)	6(95)	7(68)	8(94)	9(93)	10(69)	11(99)	12(102)	13(103)	14(100)	F	
	<b>Alicia Reguero Martin</b>	<b>ror en tarj.</b>	13:29	23:21	26:22	30:34	38:36	59:13	1:07:03	1:10:45	-----	1:16:44	1:25:10	1:37:16	1:45:12	1:46:56	1:48:59
	<b>Palencia ORCA</b>		13:29	9:52	3:01	4:12	8:02	20:37	7:50	3:42		5:59	8:26	12:06	7:56	1:44	2:03
<b>H-65 (2) Tramos anulados: 34-35</b>		<b>3.1 km 110 m</b>		<b>10 C</b>													
		1(43)	2(32)	3(42)	4(91)	5(98)	6(33)	7(34)	8(35)	9(102)	10(100)						F
<b>1</b>	<b>Víctor Manuel García Berenguer</b>	<b>52:40</b>	<b>5:01</b>	<b>10:05</b>	<b>13:17</b>	<b>17:01</b>	<b>22:57</b>	<b>27:04</b>	<b>27:55</b>	<b>28:29</b>	<b>38:11</b>	<b>49:26</b>	<b>53:14</b>				
	<b>Alicante SANT JOAN</b>		<b>5:01</b>	5:04	3:12	<b>3:44</b>	<b>5:56</b>	4:07	0:51	<del>0:34</del>	9:42	<b>11:15</b>	<b>3:48</b>				
<b>2</b>	<b>José Manuel Sánchez López</b>	<b>1:07:00</b>	20:36	25:21	27:06	31:17	37:58	41:26	42:14	42:56	52:06	1:03:49	1:07:42				
	<b>Valladolid COV</b>		20:36	<b>4:45</b>	<b>1:45</b>	4:11	6:41	<b>3:28</b>	<b>0:48</b>	<del>0:42</del>	<b>9:10</b>	11:43	3:53				