

Pl	tno	Name	B	Club	Time
D10 (3)					
2,1 km 15 m 13 C					
1	8268	Elena Jiménez Espeso	05	[1042] IMPERDIBLE BU	16:32
2	5688	Joana Martinho	04	[070] COC	23:37
3	5648	Rita Castro	05	[052] GD4C	29:01
H12 (16)					
2,5 km 25 m 15 C					
1	8251	Manuel Martinez Barcelo	03	[1071] TOTANA-O	14:11
2	8194	Jorge De Miguel Armisen	04	[1065] SANT JOAN	16:02
3	8215	Mario Mínguez Saoner	02	[1042] IMPERDIBLE BU	16:48
4	5529	André Serra Campos	02	[102] .COM	16:57
4	5074	Rodrigo Oliveira	02	[070] COC	16:57
6	8267	Julio Minguez Saoner	05	[1042] IMPERDIBLE BU	17:32
7	5708	Tiago Marcolino	03	[052] GD4C	19:05
8	8247	Javier Saz Basanta	02	[1041] IBÓN	19:23
9	8273	Juan de Dios Beas Sanchez	02	[1002] ADOL	20:04
10	8253	Jorge Barcia Belinchón	04	[1146] O-GETAFE	21:40
11	8238	Estevan Borisov	04	[1078] VILLENA-O	22:23
12	8219	Makar Borisov	02	[1078] VILLENA-O	22:36
13	8010	Luis López	04	[3168] O-San Roque	25:59
14	5763	Afonso Carriço	02	[007] Ori-Estarreja	28:03
15	8272	Cesar Bernabe Pascual Sán	05	[1120] NAVALCAN-O	28:22
16	8252	Enrique Barcia Belinchón	04	[1146] O-GETAFE	41:53
D12 (4)					
2,5 km 25 m 15 C					
1	8270	Marta Martínez Barceló	04	[1071] TOTANA-O	18:31
2	8233	Mónica De Miguel Armisen	06	[1065] SANT JOAN	23:04
3	8249	Cristina Marquez Martin-Tes	03	[1068] TOLEDO-O	24:08
4	8271	Gabriela Pascual Sánchez	05	[1120] NAVALCAN-O	32:09
H14 (16)					
3,0 km 40 m 17 C					
1	8214	Javier Fernández Cascales	00	[1042] IMPERDIBLE BU	17:54
2	3976	Tomas Lima	01	[119] OriMarão	17:59
3	8257	Gustav Wiren González	02	[1064] RUMBO-MADRID	18:23
4	8246	Eduardo Paricio Francés	00	[1041] IBÓN	19:29
5	8184	David Rojas Jiménez	00	[1137] ALABARDA-O	20:04
6	5299	André Roberto	02	[070] COC	20:31
7	5707	Gabriel Leal	00	[052] GD4C	21:59
8	5488	André Henriques	00	[007] Ori-Estarreja	22:35
9	8261	Jesús Armas Ibáñez	00	[1131] RIOJA-O	22:56
10	5073	Manuel Oliveira	01	[070] COC	23:57
11	8138	David De Miguel Armisen	01	[1065] SANT JOAN	25:04
12	5510	Pedro Barbosa Silva	00	[007] Ori-Estarreja	25:12
13	5797	Ricardo Ferreira	00	[007] Ori-Estarreja	25:59
14	5392	André Ferreira	01	[127] Ginásio	29:10
15	8275	Isaac Hernández Pindado	01	[1024] CODAN EXTREM	30:46
16	5878	Frederico Lisboa	01	[070] COC	31:46
D14 (16)					
3,0 km 40 m 17 C					
1	8248	Raquel Marquez Martin-Teso	01	[1068] TOLEDO-O	23:34
2	5064	Carina Cotovio	00	[070] COC	23:55
3	5166	Beatriz Esteves	00	[070] COC	25:52
4	5657	Mafalda Moreira	00	[094] CPOC	27:16

Pl	tno	Name	B	Club	Time
D14 (16)					3,0 km 40 m 17 C (cont.)
5	5706	Margarida Miranda	01	[052] GD4C	28:32
6	4907	Camila Coelho	00	[070] COC	29:10
7	5482	Tânia Pereira Olaio	00	[070] COC	29:38
8	8234	Sara Vidal Palacios	01	[1065] SANT JOAN	32:35
9	5837	Mariana Almeida	00	[094] CPOC	33:44
10	5466	Susana Silva	00	[080] TST	35:24
11	5599	Liane Batista	00	[070] COC	36:45
12	5710	Diana Cipriano	00	[094] CPOC	37:47
13	5659	Raquel Henriques	00	[094] CPOC	39:23
14	5739	Carina Castro	01	[102] .COM	40:33
15	5811	Ana Nunes	01	[094] CPOC	44:31
16	5808	Diana Marques	00	[022] CLAC	48:38
H16 (22)					5,3 km 135 m 13 C
1	5448	João Magalhães	98	[102] .COM	40:56
2	8172	Jorge Caraça-Valente Barrer	99	[1042] IMPERDIBLE BU	41:38
3	8208	Miguel Angel Tortosa Border	98	[1025] COLIVENC	43:56
4	8213	Pablo Fernández Cascales	98	[1042] IMPERDIBLE BU	45:20
5	4544	António Horta	98	[151] GafanhOri	46:23
6	8211	Alejandro Garnacho Fernánd	00	[1113] CDP-O	47:45
7	5103	Diogo Melim	98	[062] CA Madeira	57:03
8	5437	Tiago Figueiredo	99	[007] Ori-Estarreja	57:28
9	4779	Daniel Cruz	98	[007] Ori-Estarreja	57:40
10	4504	João Gomes	98	[102] .COM	58:21
11	8223	Andreu Espinosa Bajo	99	[1065] SANT JOAN	58:45
12	5447	Leonardo Ramalho	99	[102] .COM	59:27
13	5843	Rui Batista	99	[022] CLAC	1:05:40
14	4985	Pedro Gonçalves	98	[007] Ori-Estarreja	1:10:58
15	5842	José Dias	99	[022] CLAC	1:13:01
16	5757	Daniel Magalhães	98	[102] .COM	1:24:07
17	5778	Pedro Silva	99	[052] GD4C	1:30:03
18	5005	José Fonseca	98	[070] COC	1:32:08
19	8231	Adrián Guijarro Llamas	98	[1048] LORCA-O	1:35:39
20	8190	Manuel Jesús Domínguez R	98	[1002] ADOL	1:37:52
21	8230	Pablo Noguera Cantos	98	[1002] ADOL	1:44:08
nc	8232	Jesús Pinto Herмосell	94	[1002] ADOL	1:32:18
D16 (14)					4,3 km 100 m 12 C
1	5639	Debora Swinke	98	[094] CPOC	44:38
2	5533	Beatriz Sanguino	98	[094] CPOC	48:05
3	8243	Sara Saz Segovia	98	[1067] SOTOBOSQUE	52:54
4	4909	Sara Roberto	99	[070] COC	1:00:06
5	8009	Ángeles López	00	[3168] O-San Roque	1:00:25
6	5138	Joana Marques	98	[007] Ori-Estarreja	1:02:16
7	8262	María Dolores Aguera Riquel	99	[1014] ASON	1:05:40
8	3975	Helena Lima	99	[119] OriMarão	1:12:57
9	4935	Raquel Martins	98	[080] TST	1:15:28
10	5521	Beatriz Norte	98	[070] COC	1:20:12
11	5439	Maria Portela	99	[102] .COM	1:33:32
	5669	Filipa Ferreira	99	[070] COC	mp
	5443	Filipa Castro	99	[102] .COM	dnf
nc	8192	Alicia Marmol García	96	[1002] ADOL	1:27:19

Pl	tno	Name	B	Club	Time
H18 (19)			7,3 km 150 m 14 C		
1	5287	João Novo	97	[102] .COM	46:20
2	5295	João Bernardino	98	[070] COC	55:39
3	8228	Jorge Paricio Francés	98	[1041] IBÓN	57:50
4	8152	Luis Milvaques Casadó	97	[1030] CORRECAMINO	58:50
5	4657	João P. Casal	99	[007] Ori-Estarreja	1:02:44
6	8222	Sergi Guill Juan	96	[1025] COLIVENC	1:02:58
7	5006	Gabriel Braz	97	[070] COC	1:04:12
8	3832	Diogo Delgado	97	[052] GD4C	1:05:37
9	8176	Jose Ignacio González Martín	97	[1120] NAVALCAN-O	1:08:32
10	5628	Gonçalo Dias	96	[052] GD4C	1:09:30
10	4908	Pedro Roberto	97	[070] COC	1:09:30
12	9008	Julio Vez Muñoz		[1048] LORCA-O	1:11:57
13	5626	Rodrigo Magalhães	96	[102] .COM	1:15:31
14	4992	Carlos Castro	97	[080] TST	1:17:30
15	8105	Alejandro Catalán García	97	[1078] VILLENA-O	1:19:03
16	8210	Mario Adeva Conde	98	[1113] CDP-O	1:19:45
17	5535	Bruno Loureiro	96	[052] GD4C	1:20:04
18	8259	Juan Francisco Ferra Reinal	97	[1048] LORCA-O	1:32:56
	8199	Sergio Moran Callado	98	[1131] RIOJA-O	mp
D18 (14)			5,3 km 135 m 13 C		
1	5227	Daniela Pires	98	[090] ADFa	53:41
2	8202	Inmaculada Crespo Gonzále	99	[1026] COMA	55:11
3	5506	Verónica Fradique	97	[052] GD4C	59:05
4	8106	María Soriano Ramal	98	[1078] VILLENA-O	59:36
5	5554	Helena Vilela	97	[094] CPOC	1:05:02
6	5736	Filipa Rodrigues	96	[090] ADFa	1:06:03
7	4454	Helena Baptista	96	[052] GD4C	1:07:37
8	5456	Helena Miranda	96	[052] GD4C	1:08:07
9	5679	Ana Castanheiro	97	[102] .COM	1:10:57
10	8183	Elena Rojas Jiménez	97	[1137] ALABARDA-O	1:11:23
11	8196	Lucia Saz Basanta	97	[1041] IBÓN	1:11:25
12	8177	Marina Cornejo García	98	[1082] E D ALCON	1:13:48
13	5745	Luísa Pinheiro	96	[102] .COM	1:17:08
	5485	Ana Catarina Andrade	96	[007] Ori-Estarreja	mp
H20 (12)			9,9 km 215 m 18 C		
1	8200	Diego Lázaro De Juan	96	[1075] COV	1:02:24
2	8180	Cristobal Camarasa Pérez	94	[1025] COLIVENC	1:05:52
3	8149	Álvaro Prieto Del Campo	95	[1129] COLMENAR	1:08:46
4	8197	Jesús Rodríguez Corrochan	97	[1049] MANZANARES-O	1:10:33
5	8201	Kirill Pivovarov	97	[1075] COV	1:17:31
6	8140	Jorge Gracia Ochotorena	97	[1048] LORCA-O	1:18:56
7	5140	Sergio Duarte	94	[102] .COM	1:22:05
8	5055	André Esteves	96	[070] COC	1:24:12
9	8156	Cosme Sánchez Dorado	96	[1082] E D ALCON	1:32:28
10	4064	Ricardo Nunes	96	[127] Ginásio	1:39:02
11	3633	Marco Martins	94	[022] CLAC	1:57:35
	8206	Jorge Gutierrez Serrano	96	[1129] COLMENAR	dnf

Pl	tno	Name	B	Club	Time
D20 (14)					
7,0 km 140 m 14 C					
1	8155	Marina García Castro	94	[1082] E D ALCON	1:05:58
2	8146	Sofía Berenguer Sanchís	97	[1025] COLIVENC	1:12:07
3	8182	Yevheniya Chystyakova	97	[1189] MAXIMUS	1:14:17
4	3054	Inês Domingues	94	[070] COC	1:15:54
5	4313	Joana Fernandes	96	[102] .COM	1:16:37
6	4515	Beatriz Moreira	97	[094] CPOC	1:17:55
7	4986	Inês Gonçalves	95	[007] Ori-Estarreja	1:21:52
8	4533	Ana Anjos	95	[151] GafanhOri	1:26:01
9	4277	Inês Alves	96	[052] GD4C	1:26:40
10	8179	Ana Camarasa Pérez	94	[1025] COLIVENC	1:30:36
11	4693	Sofia Pinto	94	[003] CIMO	2:02:42
12	4532	Sofia Anjos	95	[151] GafanhOri	2:14:57
	9017	Maria Suárez Rodrigues		[8000] SURCO	dnf
nc	3479	Carolina Delgado	95	[052] GD4C	mp
HE (16)					
13,5 km 415 m 25 C					
1	4495	Tiago Gingão Leal	90	[052] GD4C	1:35:51
2	1888	Diogo Miguel	89	[007] Ori-Estarreja	1:42:04
3	4103	Rafael Miguel	93	[007] Ori-Estarreja	1:44:39
4	8038	Javier Ruiz de la Herrán Pida	89	[1026] COMA	1:46:01
5	8147	José Manuel García Crespo	81	[1026] COMA	1:48:14
6	8057	Alex Tello Lacal	79	[1074] VALENCIA-O	1:50:47
7	8104	Andrés Del Bustio Díaz	85	[1195] ASTUR EXTREM	1:52:44
8	8043	Raúl Ferra Murcia	84	[1048] LORCA-O	1:53:05
9	2668	Gildo Silva	85	[070] COC	2:04:51
10	8169	Jose Cando Casado	77	[1039] GOCAN	2:11:07
11	8130	Cesar Torrejón Rubio	77	[1096] TJALVE	2:17:08
12	8068	Diego Rodríguez Corrochano	92	[1049] MANZANARES-O	2:22:16
13	1811	Luis Leite	76	[052] GD4C	2:23:41
14	3555	Filipe Dias	85	[052] GD4C	2:35:09
	1963	João Ferreira	89	[015] DA Recardães	dnf
	3167	Nuno Evangelista	80	[114] COA	dnf
DE (7)					
9,7 km 205 m 16 C					
1	3060	Patricia Casalinho	87	[070] COC	1:15:56
2	5288	Stepanka Betkova	87	[127] Ginásio	1:20:12
3	5661	Magalie Mendes	91	[070] COC	1:28:13
4	3315	Adelindina Lopes	74	[070] COC	1:32:35
5	4112	Inês Pinto	92	[151] GafanhOri	1:38:23
6	3479	Carolina Delgado	95	[052] GD4C	1:38:51
7	3157	Liliana Oliveira	90	[052] GD4C	2:08:48
H21A (24)					
9,7 km 170 m 15 C					
1	3785	Nelson Baroca	80	[062] CA Madeira	1:13:08
2	8059	Juan Pedro Martínez Torro	90	[1078] VILLENA-O	1:18:28
3	8026	Vid Bogovi	92	[1497] Individual SLO	1:18:57
4	8056	Enric Regidor Perona	81	[1074] VALENCIA-O	1:19:30
5	5063	Sandro Castro	72	[052] GD4C	1:20:04
6	8131	Carlos Torrejón Rubio	75	[1075] COV	1:24:03
7	8088	Ángel Frontela Mucientes	75	[1075] COV	1:25:52
8	8065	Miguel Ramos Pernas	92	[1157] USC	1:26:17

Pl	tno	Name	B	Club	Time
H21A (24)			9,7 km 170 m 15 C		<i>(cont.)</i>
9	5218	Miguel Gualdino	87	[052] GD4C	1:26:35
10	5169	Alfredo Gualdino	91	[052] GD4C	1:26:52
11	8102	Oscar Hernaiz Sánchez	89	[1131] RIOJA-O	1:28:46
12	8237	Alfonso Cortés Pinilla	85	[1024] CODAN EXTREM	1:28:56
13	8117	Sergio Alberto Peña Pérez	93	[1082] E D ALCON	1:33:44
14	8089	Daniel Isla Zorita	68	[1075] COV	1:35:54
15	2969	Domingos Martins	89	[151] GafanhOri	1:36:34
16	2983	João Gomes	78	[062] CA Madeira	1:38:39
17	3002	Nuno Rebelo	79	[007] Ori-Estarreja	1:39:08
18	4016	Luis Nobrega	89	[056] Natura	1:42:20
19	4101	Jorge Marques	73	[052] GD4C	1:45:47
20	3489	Jorge Frazão	79	[070] COC	1:46:27
21	8085	Alberto Tejero Rioseras	85	[1075] COV	2:25:03
	3602	Luis Barreiro	82	[054] NADA	mp
	8212	Ramón Blanco Gonzalo	87	[1154] NORDESTE-O	dnf
	5297	Cidálio Oliveira	73	[052] GD4C	dnf
D21A (11)			6,0 km 140 m 13 C		
1	8061	Lidia Alonso Muñoz	90	[1024] CODAN EXTREM	57:44
2	3720	Ines Aires	92	[007] Ori-Estarreja	59:34
3	8062	Raquel Martín Jiménez	92	[1024] CODAN EXTREM	1:03:24
4	8083	Marta Pérez Fernández	88	[1075] COV	1:10:23
5	8162	Patricia Carrero Montes	84	[1075] COV	1:11:12
6	5296	Cátia Marques	77	[070] COC	1:14:15
7	8220	María Jose Molina Pérez	75	[1002] ADOL	1:21:44
8	4078	Ana Pinto	83	[003] CIMO	1:30:25
9	8224	Ana Belén Palomares Gonzá	76	[1039] GOCAN	1:30:48
10	5499	Alice Moreira	82	[127] Ginásio	1:53:56
11	5388	Susana Almeida	93	[056] Natura	2:12:36
H21B (22)			6,0 km 140 m 13 C		
1	8030	Pablo García Saavedra	91	[1002] ADOL	55:36
2	5524	Manuel Real	77	[159] COAAL	56:49
3	4635	Sérgio Mónica	70	[128] COALA	58:02
4	8242	Pablo Saz Segovia	95	[1067] SOTOBOSQUE	58:57
5	8239	Fco Javier Diosdado Infante	75	[1002] ADOL	59:41
6	5796	Bruno André	81	[1000] Individual POR Fe	1:00:26
7	8175	Alvaro Jiménez Fernández	79	[1120] NAVALCAN-O	1:02:05
8	5555	José Carlos Marques	78	[119] OriMarão	1:04:45
9	4019	João Moura	89	[056] Natura	1:06:45
10	8047	Antonio Jesús Cano López	83	[1053] MURCIA-O	1:07:24
11	5468	Eduardo Soares	81	[159] COAAL	1:07:26
12	3893	Luís Nunes	72	[127] Ginásio	1:12:43
13	8073	Álvaro Mahou Miguel	93	[1136] COTA	1:15:16
14	5746	Luís Miguel Pires	77	[003] CIMO	1:17:36
15	5698	Pedro Laia	77	[133] GDU Azoia	1:17:59
16	5316	João Real	84	[159] COAAL	1:18:47
17	5421	Alexandre Espíri Santo	81	[127] Ginásio	1:20:51
18	8095	Carlos Salamanca Farto	92	[1113] CDP-O	1:28:00
19	8269	Francisco Barrios Gil	81	[1024] CODAN EXTREM	1:30:57
20	8265	Diego Muñoz Bardera	82	[1120] NAVALCAN-O	1:33:21
21	8011	Manuel López	64	[3168] O-San Roque	1:45:09
22	8094	Jorge Combarros Arias	86	[1113] CDP-O	2:06:32

Pl	tno	Name	B	Club	Time
D21B (10)			4,2 km 80 m 12 C		
1	5857	Diana Moreira	87	[015] DA Recardães	1:01:43
2	8225	Eva Suarez Zapico	85	[1195] ASTUR EXTREM	1:04:09
3	5525	Tânia Cunha	89	[159] COAAL	1:08:29
4	8218	Mari Cruz López De Mota Pé	76	[1048] LORCA-O	1:08:30
5	5762	Isabel Oliveira	81	[007] Ori-Estarreja	1:11:23
6	4604	Sandra Marcolino	80	[052] GD4C	1:11:32
7	3510	L R Gouveia	78	[085] A Montanha	1:20:22
8	3436	Catarina Santos	76	[128] COALA	1:23:27
9	3286	Donita Barradas	79	[073] CMo Funchal	1:24:58
10	8276	Teresa Aranzazu Arcones La	80	[1137] ALABARDA-O	1:34:53
H35 (19)			9,8 km 180 m 16 C		
1	8127	Alberto Mínguez Viñambres	67	[1042] IMPERDIBLE BU	1:02:26
2	2044	João Pedro Valente	66	[094] CPOC	1:08:36
3	8031	José Manuel Martínez Ruiz	70	[1002] ADOL	1:11:45
4	8132	Jordi Domènech Amorós	73	[1077] UEVIC	1:12:37
5	8204	Ramon García-Catalan Simo	67	[1042] IMPERDIBLE BU	1:20:08
6	8163	Yulian Borislavov Naydenov	67	[1189] MAXIMUS	1:22:12
7	8123	Héctor Lorenzo Yustos	72	[1042] IMPERDIBLE BU	1:24:45
8	2170	A F Gouveia	75	[085] A Montanha	1:29:42
9	3304	Cesar Conceição	75	[070] COC	1:31:43
10	8188	Julio Sánchez Amor	77	[1053] MURCIA-O	1:33:06
11	8193	Maxim Borisov	73	[1078] VILLENA-O	1:34:36
12	2333	Rui Marques	71	[133] GDU Azoia	1:39:20
13	8036	Carlos Lama Zurita	76	[1002] ADOL	1:39:29
14	3750	Jorge Parreira	68	[114] COA	1:46:13
15	2512	Vítor Sousa	74	[073] CMo Funchal	1:56:50
16	2588	José Domingos	76	[094] CPOC	1:59:02
17	5390	Tiago Reis	76	[056] Natura	2:14:27
	3936	Norberto Henriques	77	[070] COC	mp
	4458	Tadeu Celestino	74	[056] Natura	dnf
D35 (23)			7,0 km 140 m 14 C		
1	8107	Anna Amigó Bertrán	66	[1022] COC	1:04:02
2	3799	Tânia Covas Costa	78	[102] .COM	1:10:52
3	8171	María José Martín Iglesias	75	[1129] COLMENAR	1:11:20
4	8167	Marisol Gutiérrez Sánchez	75	[1076] VELETA	1:12:52
5	8008	Malen Blanco	68	[5328] Zamora-O	1:13:36
6	8051	María Teresa Barceló Otalor	74	[1071] TOTANA-O	1:15:07
7	2616	Paula Nóbrega	71	[119] OriMarão	1:17:36
8	3467	Helena Sousa	67	[119] OriMarão	1:20:06
9	8110	Adela Illamola Colomer	76	[1077] UEVIC	1:22:47
10	8158	Marian Roldán Pareja	74	[1026] COMA	1:23:12
11	8207	Ana Belen Pérez Riofrio	74	[1042] IMPERDIBLE BU	1:24:20
12	8143	Alba Gavela Ramos	72	[1096] TJALVE	1:24:32
13	2503	Susana Pontes	71	[070] COC	1:25:51
14	8046	María José Romera García	77	[1048] LORCA-O	1:26:24
15	8109	Virginia Güell Rovira	77	[1077] UEVIC	1:27:02
16	8187	Julia Borisova	77	[1078] VILLENA-O	1:31:11
17	2022	Paula Serra Campos	68	[102] .COM	1:31:44
18	8103	Mercedes Jiménez Baena	71	[1137] ALABARDA-O	1:33:54
19	5307	Manuela Marques	72	[102] .COM	1:45:54
20	4060	Elisabete Dinis	73	[127] Ginásio	2:03:09

Pl	tno	Name	B	Club	Time
D35 (23)		7,0 km 140 m 14 C			<i>(cont.)</i>
21	8039	Meritxell Castro Montserrat	66	[1059] Oros	2:06:49
	8195	Enriqueta Cobos Barrera	75	[1076] VELETA	dnf
	8185	Azucena San Juan De Castr	77	[1067] SOTOBOSQUE	dnf
H40 (25)		7,3 km 150 m 15 C			
1	8037	Antonio Guerrero Gómez	68	[1002] ADOL	55:05
2	8084	Jesús Nieto Calvo	73	[1120] NAVALCAN-O	56:33
3	2150	Xavier Vieira	69	[062] CA Madeira	56:44
4	8081	Javier Saz Alcubierre	69	[1041] IBÓN	59:50
5	1986	Eduardo Oliveira	72	[115] ATV	1:02:21
6	2092	António Olival	72	[062] CA Madeira	1:03:31
7	8108	Jordi Arumí Casadevall	73	[1077] UEVIC	1:04:20
8	8256	José Martín Pinto Franco	73	[1002] ADOL	1:04:51
9	8139	Pau Comerma Gómez	68	[1059] Oros	1:05:19
10	8226	Oscar Casero Vidal	68	[1117] VIA PLATA	1:05:26
11	8111	Juli Serrat Grané	73	[1077] UEVIC	1:05:47
12	8221	Juanjo Durán Oña	64	[1002] ADOL	1:05:50
13	8067	Mariano Flores García	71	[1068] TOLEDO-O	1:07:18
14	8044	Miguel Girona Belmonte	74	[1048] LORCA-O	1:08:33
15	5057	Humberto Esteves	71	[070] COC	1:08:44
16	4685	José João Ferreira	74	[119] OriMarão	1:10:23
17	8216	Xavier Amaya García	73	[1129] COLMENAR	1:12:18
18	8136	Miguel Ángel Durán García	70	[1129] COLMENAR	1:13:03
19	8112	Juan Carlos Dorado Colmen	72	[1120] NAVALCAN-O	1:13:30
20	5199	Paulo Silva	72	[052] GD4C	1:16:25
21	3437	Carlos Lobo	71	[128] COALA	1:18:31
22	3629	João Carriço	70	[007] Ori-Estarreja	1:26:24
23	3913	Alberto César	70	[052] GD4C	1:29:11
24	2533	Arménio Mendes	65	[094] CPOC	1:55:02
	8050	Salvador Martínez Cánovas	70	[1071] TOTANA-O	dnf
D40 (16)		5,9 km 115 m 15 C			
1	2574	Ana Casal	70	[007] Ori-Estarreja	1:14:14
2	8035	Mª Dolores Lahoz Ruano	67	[1002] ADOL	1:16:12
3	8178	Cristina Del Campo Campos	69	[1129] COLMENAR	1:24:26
4	8145	Isabel Serrano Rico	63	[1002] ADOL	1:27:20
5	8006	Nuria Caus	69	[2275] Universidad Alican	1:28:31
6	8099	Silvia Camblor Keller	71	[1154] NORDESTE-O	1:30:31
7	8174	Iryna Beketova	70	[1189] MAXIMUS	1:32:30
8	2171	Jandira Peres	73	[070] COC	1:34:54
9	5056	Paula Ferreira	73	[070] COC	1:40:12
10	4386	Ana Silveira	71	[119] OriMarão	1:44:58
11	8159	Toninaina Santamaría Villalo	68	[1077] UEVIC	1:46:04
12	2784	Teresa Alves	69	[119] OriMarão	1:53:38
13	8148	Mercedes García García	70	[1129] COLMENAR	1:59:42
14	2259	Susana Domingos	72	[070] COC	2:05:30
15	2842	Isabel Oliveira	72	[070] COC	2:13:08
	8125	Begoña Fernández Alcalde	67	[1042] IMPERDIBLE BU	mp

Pl	tno	Name	B	Club	Time
H45 (30)					
7,3 km 150 m 14 C					
1	2593	Vítor Delgado	67	[052] GD4C	45:06
2	8000	Grégoire SCHRAGO	66	[7303] OLC SKOG Fribo	48:00
3	2785	Rafael Lima	68	[119] OriMarão	49:03
4	8078	Rafael Arranz Muñoz	67	[1064] RUMBO-MADRID	49:13
5	2377	Rui Botão	68	[070] COC	50:51
6	8079	Miguel Álvarez Berruezo	67	[1064] RUMBO-MADRID	53:07
7	8135	José Enrique Barcia Hernández	68	[1146] O-GETAFE	57:26
8	8124	Jesús Jiménez Romero	64	[1042] IMPERDIBLE BU	1:00:08
9	1931	Carlos Monteiro	58	[070] COC	1:04:35
10	1583	Jorge Oliveira	69	[070] COC	1:05:19
11	8071	Cristóbal Fernández Liria	62	[1136] COTA	1:05:36
12	8114	Jose Angel Ramos Román	64	[1002] ADOL	1:07:45
13	8116	Paul Pereira Rivero	69	[1026] COMA	1:08:12
14	5515	Paulo Olaio	68	[070] COC	1:08:59
15	1937	Tozé Silva	66	[070] COC	1:09:36
16	1499	José Carlos Ramalho	67	[102] .COM	1:10:52
17	1364	Helder Ferreira	69	[070] COC	1:11:50
18	8173	Fernando Calderón Garcia-D	66	[1002] ADOL	1:13:36
19	8229	Jesus Paricio Peribañez	67	[1041] IBÓN	1:13:47
20	8129	Jose Feliciano Fernández Arr	63	[1042] IMPERDIBLE BU	1:14:44
21	2667	João Martins	67	[022] CLAC	1:15:53
22	8164	Carlos Sánchez Sobrino	66	[1120] NAVALCAN-O	1:16:28
23	8060	Ángel Carrón De La Calle	67	[1024] CODAN EXTREM	1:26:41
24	8077	Francisco García Marín	67	[1042] IMPERDIBLE BU	1:28:56
25	8165	Cesar Pascual Sanchez	66	[1120] NAVALCAN-O	1:29:33
26	3241	António Neto	65	[127] Ginásio	1:29:40
27	8098	Nayo Tarno Cué	68	[1154] NORDESTE-O	1:42:41
	4287	António Cotovio	68	[070] COC	mp
	5772	Manuel Machado Calçada	68	[070] COC	mp
	8002	Andreas GROTE	64	[7303] OLC SKOG Fribo	dnf
D45 (14)					
4,7 km 115 m 12 C					
1	8128	Silvia Saoner Arévalo	68	[1042] IMPERDIBLE BU	50:27
2	2849	Alexandra Coelho	68	[052] GD4C	54:54
3	8052	Amparo Ferrer Rodrigo	66	[1030] CORRECAMINO	56:19
4	2174	Paula Rodrigues	67	[073] CMO Funchal	57:40
5	5280	Carmo Silva	67	[007] Ori-Estarreja	58:24
6	8049	Cati Viudez De Haro	60	[1053] MURCIA-O	1:10:57
7	8141	Judith Checkley	55	[1071] TOTANA-O	1:13:28
8	8045	Amor Murcia Martínez	61	[1048] LORCA-O	1:15:28
9	8153	Maribel Barriguete Andreu	67	[1002] ADOL	1:19:15
10	8166	Silvia Sánchez Sanchez	69	[1120] NAVALCAN-O	1:25:44
11	3890	Claudia Figueiredo	66	[052] GD4C	1:30:34
12	4104	Maria Silva	65	[007] Ori-Estarreja	1:31:59
	8191	Maria Del Mar Fernandez Vid	66	[1002] ADOL	dnf
	8092	Marta Armisen Sáenz de Ce	67	[1146] O-GETAFE	dnf
H50 (33)					
7,0 km 145 m 14 C					
1	8028	Martinez Francois	60	[6503] 4012	51:03
2	8072	Luis Mahou García	62	[1136] COTA	51:16
3	1084	Manuel Luís	63	[005] CP Armada	51:25
4	3131	José Oliveira	64	[114] COA	53:43

Pl	tno	Name	B	Club	Time
H50 (33)					7,0 km 145 m 14 C (cont.)
5	8133	Francisco Iglesias Huertos	60	[1113] CDP-O	55:19
6	8096	Francisco Javier Prada Gonz	60	[1113] CDP-O	56:24
7	8042	Juan Ferra Casado	59	[1048] LORCA-O	57:01
8	8168	Mikael Wiren	62	[1064] RUMBO-MADRID	58:16
9	2454	Jorge Silva	60	[085] A Montanha	58:35
10	8034	Manuel Parrilla Gil	64	[1002] ADOL	1:00:19
11	8113	Santiago Santiago Veloso	61	[1002] ADOL	1:03:52
12	3872	António Aguiar	61	[007] Ori-Estarreja	1:04:29
13	8040	Jordi Izquierdo Figarola	64	[1059] Oros	1:04:38
14	8209	Vladimir Shangin	62	[1078] VILLENA-O	1:05:20
15	3007	José Mário Baptista	62	[052] GD4C	1:06:58
16	8151	Andrés Munuera González	63	[1002] ADOL	1:07:12
17	1907	Carlos Coelho	61	[094] CPOC	1:08:01
18	8066	José Ángel Nieto Poblete	62	[1020] O-CIUDAD REAL	1:18:17
19	9007	Jesús Luis Velez Unquera		[1048] LORCA-O	1:20:02
20	8241	Luis Fernando Saz Alcubierr	63	[1067] SOTOBOSQUE	1:23:20
21	8069	Oscar Rodríguez Pérez	61	[1049] MANZANARES-O	1:23:27
22	8090	Salvador González Rodríguez	62	[1154] NORDESTE-O	1:25:24
23	1471	Jose Pires	59	[094] CPOC	1:26:11
24	8093	Julio Cesar Garrido Izquierdo	62	[1113] CDP-O	1:26:23
25	2592	João Alves	61	[052] GD4C	1:30:04
26	5391	José Almeida	62	[056] Natura	1:38:47
27	5294	Amândio Gonçalves	63	[022] CLAC	1:44:28
28	4098	Júlio Oliveira	63	[005] CP Armada	1:45:54
29	4783	Carlos Fortunato	62	[007] Ori-Estarreja	2:11:27
	8189	Manuel Domínguez Reyes	60	[1002] ADOL	dnf
nc	8227	Antonio Gázquez Millán	72	[1048] LORCA-O	1:15:15
nc	8157	José Manuel Prieto García	67	[1129] COLMENAR	1:29:00
nc	8244	José Antonio Espinosa Nogu	67	[1065] SANT JOAN	2:13:45
D50 (15)					4,7 km 115 m 12 C
1	1952	Isabel Monteiro	58	[070] COC	1:06:08
2	4730	Assunção Almeida	59	[151] GafanhOri	1:11:59
3	1524	Helena Lopes		[003] CIMO	1:16:07
4	5123	Cathy Dawson	53	[151] GafanhOri	1:16:44
5	8075	Mª Pilar Miguel Pagazaurtund	64	[1136] COTA	1:17:25
6	8064	Rosa Mª Pernas Martínez	59	[1157] USC	1:28:20
7	2497	Aida Correia	63	[052] GD4C	1:43:36
8	5293	Amália Gonçalves	63	[022] CLAC	1:50:52
9	8254	Olivia Plaza Plaza	63	[1113] CDP-O	2:08:38
	8266	Mª Jesus Cascales Nicolás	64	[1042] IMPERDIBLE BU	mp
nc	8161	Elisa Belinchón Martínez	66	[1146] O-GETAFE	mp
nc	8041	Ana Carmona Álvarez	74	[1071] TOTANA-O	1:32:45
nc	8126	Elena Riaño Ribota	72	[1042] IMPERDIBLE BU	1:37:09
nc	8263	Sagrario Martin-Tesorero Ca	69	[1068] TOLEDO-O	1:38:55
nc	8250	Maria Pilar Ruiz Hidalgo	77	[1068] TOLEDO-O	1:59:12
H55 (18)					5,9 km 115 m 15 C
1	1532	José Fernandes	59	[102] .COM	39:26
2	8100	Per Gunnar Emion	58	[1026] COMA	50:56
3	3128	Manuel Martins	56	[107] CAOS	54:28
4	8007	Santiago Del Moral	56	[2275] Universidad Alican	57:15

Pl	tno	Name	B	Club	Time
H55 (18)		5,9 km 115 m 15 C			<i>(cont.)</i>
5	1190	Carlos Ferreira	56	[015] DA Recardães	57:40
6	2441	Júlio Martins	57	[128] COALA	1:03:58
7	4077	Custódio Pinto	56	[003] CIMO	1:05:38
8	1851	Escada da Costa	56	[157] AFAP	1:06:19
9	8091	Jesús de Miguel Rey	51	[1104] NVALENO-O	1:08:44
10	4300	Carlos Garrido	59	[127] Ginásio	1:10:10
11	1512	Manuel Santos	59	[102] .COM	1:11:33
12	1391	António Matias	57	[022] CLAC	1:13:30
13	8029	Miguel Ángel García Grinda	58	[1002] ADOL	1:24:08
14	3865	Luis Pereira	58	[052] GD4C	1:42:14
15	8063	Eduardo V. Ramos Lozano	55	[1157] USC	1:44:13
16	9005	Carlos Palacios Gonzalez	58	[1565] Individual ESP	1:59:55
17	8086	José María Galván Mangas	55	[1075] COV	2:08:42
18	8205	Jose Eugenio Gutierrez Just	57	[1129] COLMENAR	2:17:10
D55 (7)		4,4 km 85 m 13 C			
1	2410	Margarida Rocha	55	[052] GD4C	1:16:28
2	1640	Fernanda Ferreira	55	[015] DA Recardães	1:28:34
3	8240	M ^o Del Rosario Gutierrez Yan	59	[1113] CDP-O	1:49:13
4	8054	Piedad Pastor Sánchez	52	[1065] SANT JOAN	2:17:30
5	9006	Mercedes Garcia-Diego	59	[1565] Individual ESP	2:27:37
6	8144	Sabina Benavides Ares	57	[1154] NORDESTE-O	2:39:22
	8027	martinez Catherine	58	[6503] 4012	mp
H60 (10)		4,8 km 100 m 14 C			
1	1449	Manuel Dias	52	[151] GafanhOri	36:02
2	5124	Roy Dawson	48	[151] GafanhOri	40:19
3	1251	Álvaro Coelho	53	[127] Ginásio	42:08
4	8150	Martin Checkley	52	[1071] TOTANA-O	43:25
5	1905	Vítor Rodrigues	54	[094] CPOC	46:12
6	1903	Armando Santos	52	[128] COALA	47:12
7	8058	José Font García	53	[1074] VALENCIA-O	55:37
8	1677	António Reyes	54	[151] GafanhOri	1:06:03
9	8053	Ricardo Iñiguez Crespo	51	[1030] CORRECAMINO	1:12:29
	1062	Dionísio Estroia	52	[008] CP EPAL	dnf
D60 (2)		4,4 km 85 m 13 C			
1	1390	Maria São João	53	[022] CLAC	1:23:10
2	8055	Carmen Perona Morales	51	[1074] VALENCIA-O	2:41:32
H65 (2)		3,9 km 95 m 12 C			
1	8033	Agustín Pajaro Vouillamoz	46	[1002] ADOL	53:06
2	8087	José Manuel Sánchez López	46	[1075] COV	1:08:04
H75 (1)		3,5 km 90 m 13 C			
1	3126	Joaquim da Costa	38	[052] GD4C	1:18:22

Pl	tno	Name	B	Club	Time
Fácil Curto (9)			2,5 km 25 m 15 C		
1	3573	Ismael Rodrigues	87	[080] TST	18:45
2	8296	GUILLERMO PRADA AROC	04	[1113] CDP-O	24:49
3	9012	Beatriz Cipriano + Fátima		[094] CPOC	30:52
4	8295	ALICIA PRADA AROCA	03	[1113] CDP-O	31:26
5	8298	Lola Boix	54	[1074] VALENCIA-O	34:15
6	8074	Daniel Mahou Miguel	92	[1136] COTA	34:36
7	9010	Pedro Fernandes		[159] COAAL	44:17
8	3109	Jacinto Costa	68	[119] OriMarão	51:45
	8302	IRENE GODOY RUBIO	66	[1160] COHU	mp
Difícil Curto (5)			3,1 km 65 m 12 C		
1	9021	Katarina + Henriqueta		[1564] Individual POR	1:03:10
2	8097	Saúl Laguna Gutiérrez	91	[1113] CDP-O	1:04:50
3	9099	Rosário Matias		[1564] Individual POR	2:06:33
4	8023	Patrícia Mendes	99	[094] CPOC	2:37:07
	9020	Catarina Correia		[1564] Individual POR	mp
Fácil Longo (8)			4,4 km 75 m 19 C		
1	8299	JOAQUIN PAREJO SANZ	92	[1120] NAVALCAN-O	45:24
2	9018	Jordi Vives		[1565] Individual ESP	1:00:27
3	8300	ALFONSO MUÑOZ DOMING	93	[1120] NAVALCAN-O	1:03:22
4	2190	Marina Guilherme	73	[070] COC	1:11:59
5	9000	Maria Jesus Rubio Garcia	60	[1565] Individual ESP	1:20:01
6	9020	Irene Godoy Rubio		[1160] COHU	1:29:38
7	1039	Margarida Maria	71	[007] Ori-Estarreja	1:34:27
8	8024	André Silva	92	[022] CLAC	1:46:30
Difícil Longo (4)			4,7 km 150 m 18 C		
1	8004	LucianoM+MariaM		[1564] Individual POR	1:25:27
2	9019	Leandro Silva + Luisa Gado		[1564] Individual POR	1:35:45
3	9009	Juan José Mardomingo		[1129] COLMENAR	1:42:10
4	8021	Carlos Gameiro	68	[094] CPOC	1:55:50