

| Pl | tno | Name | B | Club | S1 | | S2 | | S3 | | tal |
|-----------------|------|------------------------------|----|----------------------|---------|----|---------|---|---------|----|-------|
| D10 (3) | | | | | | | | | | | |
| 1 | 8268 | Elena Jiménez Espeso | 05 | [1042] IMPERDIBLE BU | 25:35 | 1 | | | 16:32 | 1 | |
| | | | | | 1000,00 | | | | 1000,00 | | 00,00 |
| 2 | 5688 | Joana Martinho | 04 | [070] COC | 28:32 | 2 | | | 23:37 | 2 | |
| | | | | | 896,61 | | | | 700,07 | | 96,68 |
| 3 | 5648 | Rita Castro | 05 | [052] GD4C | 31:25 | 3 | | | 29:01 | 3 | |
| | | | | | 814,32 | | | | 569,79 | | 84,11 |
| H12 (16) | | | | | | | | | | | |
| 1 | 8251 | Manuel Martinez Barcelo | 03 | [1071] TOTANA-O | 14:52 | 1 | 13:56 | 4 | 14:11 | 1 | |
| | | | | | 1000,00 | | 760,77 | | 1000,00 | | 60,77 |
| 2 | 8247 | Javier Saz Basanta | 02 | [1041] IBÓN | 18:02 | 4 | 10:36 | 1 | 19:23 | 8 | |
| | | | | | 824,40 | | 1000,00 | | 731,73 | | 56,13 |
| 3 | 5074 | Rodrigo Oliveira | 02 | [070] COC | 18:30 | 6 | 11:44 | 2 | 16:57 | 4 | |
| | | | | | 803,60 | | 903,41 | | 836,77 | | 43,78 |
| 4 | 8010 | Luis López | 04 | [3168] O-San Roque | 19:16 | 7 | 16:01 | 6 | 25:59 | 13 | |
| | | | | | 771,63 | | 661,81 | | 545,86 | | 79,30 |
| 5 | 8219 | Makar Borisov | 02 | [1078] VILLENA-O | 26:13 | 8 | 13:37 | 3 | 22:36 | 12 | |
| | | | | | 567,07 | | 778,46 | | 627,58 | | 73,11 |
| 6 | 5529 | André Serra Campos | 02 | [102] .COM | 31:03 | 10 | 16:47 | 7 | 16:57 | 4 | |
| | | | | | 478,80 | | 631,58 | | 836,77 | | 47,15 |
| 7 | 8215 | Mario Mínguez Saoner | 02 | [1042] IMPERDIBLE BU | 14:52 | 1 | | | 16:48 | 3 | |
| | | | | | 1000,00 | | | | 844,25 | | 44,25 |
| 8 | 8194 | Jorge De Miguel Armisén | 04 | [1065] SANT JOAN | 15:54 | 3 | | | 16:02 | 2 | |
| | | | | | 935,01 | | | | 884,62 | | 19,63 |
| 9 | 8273 | Juan de Dios Beas Sanchez | 02 | [1002] ADOL | mp | | 13:57 | 5 | 20:04 | 9 | |
| | | | | | 0,00 | | 759,86 | | 706,81 | | 66,67 |
| 10 | 8253 | Jorge Barcia Belinchón | 04 | [1146] O-GETAFE | 18:27 | 5 | | | 21:40 | 10 | |
| | | | | | 805,78 | | | | 654,62 | | 60,40 |
| 11 | 5763 | Afonso Carriço | 02 | [007] Ori-Estarreja | 46:02 | 12 | 20:06 | 8 | 28:03 | 14 | |
| | | | | | 322,95 | | 527,36 | | 505,64 | | 55,95 |
| 12 | 5708 | Tiago Marcolino | 03 | [052] GD4C | 29:34 | 9 | | | 19:05 | 7 | |
| | | | | | 502,82 | | | | 743,23 | | 46,05 |
| 13 | 8238 | Estevan Borisov | 04 | [1078] VILLENA-O | 34:40 | 11 | mp | | 22:23 | 11 | |
| | | | | | 428,85 | | 0,00 | | 633,66 | | 62,51 |
| 14 | 8267 | Julio Minguez Saoner | 05 | [1042] IMPERDIBLE BU | mp | | | | 17:32 | 6 | |
| | | | | | 0,00 | | | | 808,94 | | 8,94 |
| 15 | 8272 | Cesar Bernabe Pascual Sánc | 05 | [1120] NAVALCAN-O | mp | | | | 28:22 | 15 | |
| | | | | | 0,00 | | | | 500,00 | | 0,00 |
| 16 | 8252 | Enrique Barcia Belinchón | 04 | [1146] O-GETAFE | mp | | | | 41:53 | 16 | |
| | | | | | 0,00 | | | | 338,64 | | 8,64 |
| D12 (4) | | | | | | | | | | | |
| 1 | 8270 | Marta Martínez Barceló | 04 | [1071] TOTANA-O | 27:16 | 2 | 15:23 | 1 | 18:31 | 1 | |
| | | | | | 938,26 | | 1000,00 | | 1000,00 | | 38,26 |
| 2 | 8233 | Mónica De Miguel Armisén | 06 | [1065] SANT JOAN | 25:35 | 1 | | | 23:04 | 2 | |
| | | | | | 1000,00 | | | | 802,75 | | 02,75 |
| 3 | 8249 | Cristina Marquez Martin-Teso | 03 | [1068] TOLEDO-O | 29:38 | 3 | | | 24:08 | 3 | |
| | | | | | 863,33 | | | | 767,27 | | 30,60 |
| 4 | 8271 | Gabriela Pascual Sánchez | 05 | [1120] NAVALCAN-O | 46:43 | 4 | | | 32:09 | 4 | |
| | | | | | 547,63 | | | | 575,95 | | 23,58 |
| H14 (16) | | | | | | | | | | | |
| 1 | 8257 | Gustav Wiren González | 02 | [1064] RUMBO-MADRID | 19:56 | 1 | 28:30 | 1 | 18:23 | 3 | |
| | | | | | 1000,00 | | 1000,00 | | 973,71 | | 73,71 |
| 2 | 8246 | Eduardo Paricio Francés | 00 | [1041] IBÓN | 23:30 | 11 | 29:46 | 2 | 19:29 | 4 | |
| | | | | | 848,23 | | 957,45 | | 918,73 | | 24,41 |

| Pl | tno | Name | B | Club | S1 | S2 | S3 | tal | |
|-----------------|------|-----------------------------|----------------|----------------------|---------|----------|----------|-----|-------|
| H14 (16) | | | <i>(cont.)</i> | | | | | | |
| 3 | 3976 | Tomas Lima | 01 | [119] OriMarão | 22:04 | 7 37:22 | 6 17:59 | 2 | |
| | | | | | 903,32 | 762,71 | 995,37 | | 61,40 |
| 4 | 8184 | David Rojas Jiménez | 00 | [1137] ALABARDA-O | 20:04 | 2 38:35 | 8 20:04 | 5 | |
| | | | | | 993,36 | 738,66 | 892,03 | | 24,05 |
| 5 | 8214 | Javier Fernández Cascales | 00 | [1042] IMPERDIBLE BU | 22:04 | 7 42:13 | 12 17:54 | 1 | |
| | | | | | 903,32 | 675,09 | 1000,00 | | 78,41 |
| 6 | 5488 | André Henriques | 00 | [007] Ori-Estarreja | 21:58 | 6 34:46 | 5 22:35 | 8 | |
| | | | | | 907,44 | 819,75 | 792,62 | | 19,81 |
| 7 | 5073 | Manuel Oliveira | 01 | [070] COC | 21:11 | 5 34:31 | 4 23:57 | 10 | |
| | | | | | 940,99 | 825,69 | 747,39 | | 14,07 |
| 8 | 8275 | Isaac Hernández Pindado | 01 | [1024] CODAN EXTREM | 22:09 | 9 32:36 | 3 30:46 | 15 | |
| | | | | | 899,92 | 874,23 | 581,80 | | 55,95 |
| 9 | 5707 | Gabriel Leal | 00 | [052] GD4C | 23:23 | 10 44:40 | 14 21:59 | 7 | |
| | | | | | 852,46 | 638,06 | 814,25 | | 04,77 |
| 10 | 5392 | André Ferreira | 01 | [127] Ginásio | 20:10 | 3 43:13 | 13 29:10 | 14 | |
| | | | | | 988,43 | 659,47 | 613,71 | | 61,61 |
| 11 | 8261 | Jesús Armas Ibáñez | 00 | [1131] RIOJA-O | 28:57 | 12 39:37 | 11 22:56 | 9 | |
| | | | | | 688,54 | 719,39 | 780,52 | | 88,45 |
| 12 | 5299 | André Roberto | 02 | [070] COC | 30:12 | 13 51:12 | 15 20:31 | 6 | |
| | | | | | 660,04 | 556,64 | 872,46 | | 89,14 |
| 13 | 5510 | Pedro Barbosa Silva | 00 | [007] Ori-Estarreja | 31:25 | 14 38:33 | 7 25:12 | 12 | |
| | | | | | 634,48 | 739,30 | 710,32 | | 84,10 |
| 14 | 5797 | Ricardo Ferreira | 00 | [007] Ori-Estarreja | 32:07 | 15 38:48 | 9 25:59 | 13 | |
| | | | | | 620,65 | 734,54 | 688,90 | | 44,09 |
| 15 | 8138 | David De Miguel Armisen | 01 | [1065] SANT JOAN | 20:36 | 4 | 25:04 | 11 | |
| | | | | | 967,64 | | 714,10 | | 81,74 |
| 16 | 5878 | Frederico Lisboa | 01 | [070] COC | mp | 39:35 | 10 31:46 | 16 | |
| | | | | | 0,00 | 720,00 | 563,48 | | 83,48 |
| D14 (17) | | | | | | | | | |
| 1 | 5064 | Carina Cotovio | 00 | [070] COC | 24:35 | 2 39:53 | 4 23:55 | 2 | |
| | | | | | 938,31 | 843,71 | 985,37 | | 67,39 |
| 2 | 5706 | Margarida Miranda | 01 | [052] GD4C | 28:40 | 4 35:24 | 2 28:32 | 5 | |
| | | | | | 804,65 | 950,56 | 825,93 | | 81,14 |
| 3 | 5482 | Tânia Pereira Olaio | 00 | [070] COC | 29:15 | 6 36:33 | 3 29:38 | 7 | |
| | | | | | 788,60 | 920,66 | 795,28 | | 04,54 |
| 4 | 5657 | Mafalda Moreira | 00 | [094] CPOC | 34:22 | 9 43:24 | 9 27:16 | 4 | |
| | | | | | 671,19 | 775,35 | 864,30 | | 10,84 |
| 5 | 5599 | Liane Batista | 00 | [070] COC | 36:25 | 11 33:39 | 1 36:45 | 11 | |
| | | | | | 633,41 | 1000,00 | 641,27 | | 74,68 |
| 6 | 5837 | Mariana Almeida | 00 | [094] CPOC | 30:43 | 7 41:28 | 5 33:44 | 9 | |
| | | | | | 750,95 | 811,50 | 698,62 | | 61,07 |
| 7 | 4907 | Camila Coelho | 00 | [070] COC | 37:09 | 12 42:57 | 8 29:10 | 6 | |
| | | | | | 620,91 | 783,47 | 808,00 | | 12,38 |
| 8 | 5659 | Raquel Henriques | 00 | [094] CPOC | 26:41 | 3 48:58 | 12 39:23 | 13 | |
| | | | | | 864,46 | 687,20 | 598,39 | | 50,05 |
| 9 | 5466 | Susana Silva | 00 | [080] TST | 35:01 | 10 42:19 | 6 35:24 | 10 | |
| | | | | | 658,73 | 795,19 | 665,73 | | 19,65 |
| 10 | 8248 | Raquel Marquez Martin-Tesor | 01 | [1068] TOLEDO-O | 23:04 | 1 | 23:34 | 1 | |
| | | | | | 1000,00 | | 1000,00 | | 00,00 |
| 11 | 5811 | Ana Nunes | 01 | [094] CPOC | 38:24 | 13 51:57 | 13 44:31 | 15 | |
| | | | | | 600,69 | 647,74 | 529,39 | | 77,82 |
| 12 | 5710 | Diana Cipriano | 00 | [094] CPOC | 53:17 | 16 47:08 | 10 37:47 | 12 | |
| | | | | | 432,91 | 713,93 | 623,73 | | 70,57 |
| 13 | 5166 | Beatriz Esteves | 00 | [070] COC | mp | 42:42 | 7 25:52 | 3 | |
| | | | | | 0,00 | 788,06 | 911,08 | | 99,14 |
| 14 | 8234 | Sara Vidal Palacios | 01 | [1065] SANT JOAN | 32:57 | 8 | 32:35 | 8 | |
| | | | | | 700,05 | | 723,27 | | 23,32 |

| Pl | tno | Name | B | Club | S1 | S2 | S3 | tal | | |
|-----------------|------|------------------------------|----|----------------------|----------------|----|---------|--------|---------|-------|
| D14 (17) | | | | | <i>(cont.)</i> | | | | | |
| 15 | 5739 | Carina Castro | 01 | [102] .COM | 28:59 | 5 | dnf | 40:33 | 14 | |
| | | | | | 795,86 | | 0,00 | 581,18 | 77,04 | |
| 16 | 5645 | Eduarda Martins | 00 | [080] TST | 41:20 | 14 | 48:30 | 11 | dns | |
| | | | | | 558,06 | | 693,81 | | 51,87 | |
| 17 | 5808 | Diana Marques | 00 | [022] CLAC | 51:12 | 15 | dnf | 48:38 | 16 | |
| | | | | | 450,52 | | 0,00 | 484,58 | 5,10 | |
| H16 (28) | | | | | | | | | | |
| 1 | 5448 | João Magalhães | 98 | [102] .COM | 38:18 | 1 | 20:46 | 2 | 40:56 | 1 |
| | | | | | 1000,00 | | 946,23 | | 1000,00 | 46,23 |
| 2 | 4544 | António Horta | 98 | [151] GafanhOri | 41:26 | 2 | 27:08 | 8 | 46:23 | 5 |
| | | | | | 924,38 | | 724,20 | | 882,50 | 31,08 |
| 3 | 8172 | Jorge Caraça-Valente Barrera | 99 | [1042] IMPERDIBLE BU | 1:05:46 | 15 | 22:00 | 3 | 41:38 | 2 |
| | | | | | 582,36 | | 893,18 | | 983,19 | 58,73 |
| 4 | 5447 | Leonardo Ramalho | 99 | [102] .COM | 41:28 | 3 | 25:05 | 5 | 59:27 | 12 |
| | | | | | 923,63 | | 783,39 | | 688,53 | 95,55 |
| 5 | 8213 | Pablo Fernández Cascales | 98 | [1042] IMPERDIBLE BU | 1:01:53 | 12 | 23:57 | 4 | 45:20 | 4 |
| | | | | | 618,91 | | 820,46 | | 902,94 | 42,31 |
| 6 | 8208 | Miguel Angel Tortosa Bordera | 98 | [1025] COLIVENC | 59:30 | 10 | 26:27 | 7 | 43:56 | 3 |
| | | | | | 643,70 | | 742,91 | | 931,71 | 18,32 |
| 7 | 8223 | Andreu Espinosa Bajo | 99 | [1065] SANT JOAN | 41:30 | 4 | 32:27 | 12 | 58:45 | 11 |
| | | | | | 922,89 | | 605,55 | | 696,74 | 25,18 |
| 8 | 5103 | Diogo Melim | 98 | [062] CA Madeira | 1:01:18 | 11 | 27:54 | 9 | 57:03 | 7 |
| | | | | | 624,80 | | 704,30 | | 717,50 | 46,60 |
| 9 | 4779 | Daniel Cruz | 98 | [007] Ori-Estarreja | 59:09 | 9 | 34:47 | 14 | 57:40 | 9 |
| | | | | | 647,51 | | 564,93 | | 709,83 | 22,27 |
| 10 | 4504 | João Gomes | 98 | [102] .COM | 1:05:28 | 14 | 32:09 | 11 | 58:21 | 10 |
| | | | | | 585,03 | | 611,20 | | 701,51 | 97,74 |
| 11 | 5437 | Tiago Figueiredo | 99 | [007] Ori-Estarreja | 51:06 | 7 | 47:13 | 19 | 57:28 | 8 |
| | | | | | 749,51 | | 416,17 | | 712,30 | 77,98 |
| 12 | 4985 | Pedro Gonçalves | 98 | [007] Ori-Estarreja | 1:03:24 | 13 | 34:35 | 13 | 1:10:58 | 14 |
| | | | | | 604,10 | | 568,19 | | 576,80 | 49,09 |
| 13 | 8211 | Alejandro Garnacho Fernánd | 00 | [1113] CDP-O | 43:31 | 5 | | | 47:45 | 6 |
| | | | | | 880,12 | | | | 857,24 | 37,36 |
| 14 | 5778 | Pedro Silva | 99 | [052] GD4C | 49:48 | 6 | 40:54 | 17 | 1:30:03 | 17 |
| | | | | | 769,08 | | 480,44 | | 454,56 | 04,08 |
| 15 | 5842 | José Dias | 99 | [022] CLAC | 1:38:12 | 17 | 34:50 | 15 | 1:13:01 | 15 |
| | | | | | 390,02 | | 564,11 | | 560,60 | 14,73 |
| 16 | 8154 | Jaime Tordera Moreno-Tomé | 98 | [1068] TOLEDO-O | 57:06 | 8 | 25:06 | 6 | | |
| | | | | | 670,75 | | 782,87 | | | 53,62 |
| 17 | 5005 | José Fonseca | 98 | [070] COC | 1:07:19 | 16 | 47:20 | 20 | 1:32:08 | 18 |
| | | | | | 568,95 | | 415,14 | | 444,28 | 28,37 |
| 18 | 5843 | Rui Batista | 99 | [022] CLAC | dnf | | 31:06 | 10 | 1:05:40 | 13 |
| | | | | | 0,00 | | 631,83 | | 623,35 | 55,18 |
| 19 | 8288 | Jorge Paricio Francés | 98 | [1041] IBÓN | | | 19:39 | 1 | | |
| | | | | | | | 1000,00 | | | 00,00 |
| 20 | 5757 | Daniel Magalhães | 98 | [102] .COM | 1:52:13 | 18 | dns | | 1:24:07 | 16 |
| | | | | | 341,30 | | | | 486,63 | 7,93 |
| 21 | 8230 | Pablo Noguera Cantos | 98 | [1002] ADOL | dnf | | 46:07 | 18 | 1:44:08 | 21 |
| | | | | | 0,00 | | 426,09 | | 393,09 | 9,18 |
| 22 | 8231 | Adrián Guijarro Llamas | 98 | [1048] LORCA-O | dnf | | 53:53 | 21 | 1:35:39 | 19 |
| | | | | | 0,00 | | 364,68 | | 427,95 | 2,63 |
| 23 | 8190 | Manuel Jesús Domínguez Ru | 98 | [1002] ADOL | dnf | | 59:16 | 22 | 1:37:52 | 20 |
| | | | | | 0,00 | | 331,55 | | 418,26 | 9,81 |
| 24 | 8284 | Sergio Moran Callado | 98 | [1131] RIOJA-O | dns | | 39:50 | 16 | dns | |
| | | | | | | | 493,31 | | | 3,31 |
| 25 | 8294 | Juan de Dios Beas Sanchez | 02 | [1002] ADOL | dns | | mp | | | |
| | | | | | | | 0,00 | | | 00 |

| Pl | tno | Name | B | Club | S1 | S2 | S3 | tal |
|-----------------|-------|-----------------------------|----------------|---------------------|-------------------|-----------------------|-------------------------|-------------|
| H16 (28) | | | <i>(cont.)</i> | | | | | |
| 25 | 8289 | Estevan Borisov | 04 | [1078] VILLENA-O | dns | mp 0,00 | | 00 |
| 25 | 8232 | Jesús Pinto Hermosell | 94 | [1002] ADOL | mp 0,00 | nc | nc 1:32:18 0,00 | 00 |
| 25 | 8286 | Makar Borisov | 02 | [1078] VILLENA-O | dns | mp 0,00 | | 00 |
| D16 (18) | | | | | | | | |
| 1 | 5639 | Debora Swinke | 98 | [094] CPOC | 36:18 996,79 | 2 28:22 627,50 | 9 44:38 1000,00 | 1 24,29 |
| 2 | 8243 | Sara Saz Segovia | 98 | [1067] SOTOBOSQUE | 40:25 895,26 | 3 24:52 715,82 | 7 52:54 843,73 | 3 54,81 |
| 3 | 4909 | Sara Roberto | 99 | [070] COC | 42:42 847,38 | 4 22:41 784,72 | 4 1:00:06 742,65 | 4 74,75 |
| 4 | 5533 | Beatriz Sanguino | 98 | [094] CPOC | 36:11 1000,00 | 1 49:02 363,02 | 16 48:05 928,25 | 2 91,27 |
| 5 | 3975 | Helena Lima | 99 | [119] OriMarão | 46:16 782,06 | 7 21:52 814,02 | 3 1:12:57 611,83 | 8 07,91 |
| 6 | 8009 | Ángeles López | 00 | [3168] O-San Roque | 45:03 803,18 | 6 27:00 659,26 | 8 1:00:25 738,76 | 5 01,20 |
| 7 | 5138 | Joana Marques | 98 | [007] Ori-Estarreja | 48:24 747,59 | 8 24:44 719,68 | 5 1:02:16 716,81 | 6 84,08 |
| 8 | 8262 | María Dolores Aguera Riquel | 99 | [1014] ASON | 54:59 658,08 | 9 29:51 596,31 | 10 1:05:40 679,70 | 7 34,09 |
| 9 | 5521 | Beatriz Norte | 98 | [070] COC | 58:48 615,36 | 10 24:46 718,71 | 6 1:20:12 556,53 | 10 90,60 |
| 10 | 5439 | Maria Portela | 99 | [102] .COM | 44:21 815,86 | 5 44:24 400,90 | 15 1:33:32 477,19 | 11 93,95 |
| 11 | 4935 | Raquel Martins | 98 | [080] TST | 1:13:58 489,18 | 12 36:51 483,04 | 14 1:15:28 591,43 | 9 63,65 |
| 12 | 5669 | Filipa Ferreira | 99 | [070] COC | 1:02:55 575,10 | 11 34:36 514,45 | 13 mp 0,00 | 89,55 |
| 13 | 28106 | Maria Soriano Ramal | | [1078] VILLENA-O | | | 1 17:48 1000,00 | 00,00 |
| 14 | 5443 | Filipa Castro | 99 | [102] .COM | 1:15:44 477,77 | 13 34:08 521,48 | 12 dnf 0,00 | 9,25 |
| 15 | 28177 | Marina Cornejo Garcia | | [1082] E D ALCON | | | 2 19:00 936,84 | 6,84 |
| 16 | 8285 | Inmaculada Crespo González | 99 | [1026] COMA | | | 11 31:08 571,73 | 1,73 |
| 17 | 5665 | Patricia Romão | 98 | [090] ADFA | dnf 0,00 | dns | dns | 00 |
| 17 | 8192 | Alicia Marmol García | 96 | [1002] ADOL | 43:25 0,00 | nc | nc 1:27:19 0,00 | 00 |
| H18 (19) | | | | | | | | |
| 1 | 5295 | João Bernardino | 98 | [070] COC | 38:21 1000,00 | 1 27:47 952,01 | 4 55:39 832,58 | 2 84,59 |
| 2 | 5287 | João Novo | 97 | [102] .COM | 50:38 757,41 | 7 26:41 991,26 | 3 46:20 1000,00 | 1 48,67 |
| 3 | 8152 | Luis Milvaques Casadó | 97 | [1030] CORRECAMINOS | 41:18 928,57 | 2 33:34 787,98 | 9 58:50 787,54 | 4 04,09 |
| 4 | 4908 | Pedro Roberto | 97 | [070] COC | 48:10 796,19 | 5 26:40 991,88 | 2 1:09:30 666,67 | 10 54,74 |
| 5 | 4657 | João P. Casal | 99 | [007] Ori-Estarreja | 47:34 806,24 | 4 30:50 857,84 | 6 1:02:44 738,58 | 5 02,66 |
| 6 | 3832 | Diogo Delgado | 97 | [052] GD4C | 52:23 732,10 | 8 29:23 900,17 | 5 1:05:37 706,12 | 8 38,39 |

| Pl | tno | Name | B | Club | S1 | S2 | S3 | tal | |
|-----------------|------|------------------------------|----|---------------------|----------------|----------|------------|-------|--|
| H18 (19) | | | | | <i>(cont.)</i> | | | | |
| 7 | 5006 | Gabriel Braz | 97 | [070] COC | 48:49 | 6 34:56 | 11 1:04:12 | 7 | |
| | | | | | 785,59 | 757,16 | 721,70 | 64,45 | |
| 8 | 8222 | Sergi Guill Juan | 96 | [1025] COLIVENC | 59:33 | 9 32:30 | 8 1:02:58 | 6 | |
| | | | | | 644,00 | 813,85 | 735,84 | 93,69 | |
| 9 | 5626 | Rodrigo Magalhães | 96 | [102] .COM | 1:08:29 | 11 26:27 | 1 1:15:31 | 13 | |
| | | | | | 559,99 | 1000,00 | 613,55 | 73,54 | |
| 10 | 9008 | Julio Vez Muñoz | | [1048] LORCA-O | 1:19:16 | 16 33:40 | 10 1:11:57 | 12 | |
| | | | | | 483,81 | 785,64 | 643,97 | 13,42 | |
| 11 | 5628 | Gonçalo Dias | 96 | [052] GD4C | 1:18:29 | 15 35:16 | 13 1:09:30 | 10 | |
| | | | | | 488,64 | 750,00 | 666,67 | 05,31 | |
| 12 | 5535 | Bruno Loureiro | 96 | [052] GD4C | 1:20:49 | 17 32:05 | 7 1:20:04 | 17 | |
| | | | | | 474,53 | 824,42 | 578,68 | 77,63 | |
| 13 | 8259 | Juan Francisco Ferra Reinald | 97 | [1048] LORCA-O | 1:14:06 | 13 38:48 | 14 1:32:56 | 18 | |
| | | | | | 517,54 | 681,70 | 498,57 | 97,81 | |
| 14 | 4992 | Carlos Castro | 97 | [080] TST | 1:38:00 | 18 38:50 | 15 1:17:30 | 14 | |
| | | | | | 391,33 | 681,12 | 597,85 | 70,30 | |
| 15 | 8105 | Alejandro Catalán García | 97 | [1078] VILLENA-O | 43:51 | 3 | 1:19:03 | 15 | |
| | | | | | 874,57 | | 586,13 | 60,70 | |
| 16 | 8176 | Jose Ignacio González Martín | 97 | [1120] NAVALCAN-O | dnf | 35:10 | 12 1:08:32 | 9 | |
| | | | | | 0,00 | 752,13 | 676,07 | 28,20 | |
| 17 | 8228 | Jorge Paricio Francés | 98 | [1041] IBÓN | 1:08:02 | 10 | 57:50 | 3 | |
| | | | | | 563,69 | | 801,15 | 64,84 | |
| 18 | 8210 | Mario Adeva Conde | 98 | [1113] CDP-O | 1:10:01 | 12 | 1:19:45 | 16 | |
| | | | | | 547,73 | | 580,98 | 28,71 | |
| 19 | 8199 | Sergio Moran Callado | 98 | [1131] RIOJA-O | 1:14:21 | 14 dns | mp | | |
| | | | | | 515,80 | | 0,00 | 5,80 | |
| D18 (14) | | | | | | | | | |
| 1 | 5227 | Daniela Pires | 98 | [090] ADFA | 46:44 | 2 34:53 | 4 53:41 | 1 | |
| | | | | | 973,25 | 962,26 | 1000,00 | 35,51 | |
| 2 | 5736 | Filipa Rodrigues | 96 | [090] ADFA | 48:15 | 4 33:44 | 2 1:06:03 | 6 | |
| | | | | | 942,66 | 995,06 | 812,77 | 50,49 | |
| 3 | 5554 | Helena Vilela | 97 | [094] CPOC | 58:44 | 10 34:24 | 3 1:05:02 | 5 | |
| | | | | | 774,40 | 975,78 | 825,47 | 75,65 | |
| 4 | 5679 | Ana Castanheiro | 97 | [102] .COM | 50:37 | 6 41:13 | 6 1:10:57 | 9 | |
| | | | | | 898,58 | 814,40 | 756,64 | 69,62 | |
| 5 | 8183 | Elena Rojas Jiménez | 97 | [1137] ALABARDA-O | 49:32 | 5 44:00 | 8 1:11:23 | 10 | |
| | | | | | 918,24 | 762,88 | 752,04 | 33,16 | |
| 6 | 8196 | Lucia Saz Basanta | 97 | [1041] IBÓN | 53:00 | 9 42:54 | 7 1:11:25 | 11 | |
| | | | | | 858,18 | 782,44 | 751,69 | 92,31 | |
| 7 | 4454 | Helena Baptista | 96 | [052] GD4C | 1:14:34 | 13 38:14 | 5 1:07:37 | 7 | |
| | | | | | 609,97 | 877,94 | 793,94 | 81,85 | |
| 8 | 5456 | Helena Miranda | 96 | [052] GD4C | 1:08:45 | 11 51:30 | 10 1:08:07 | 8 | |
| | | | | | 661,58 | 651,78 | 788,11 | 01,47 | |
| 9 | 5745 | Luísa Pinheiro | 96 | [102] .COM | 1:09:30 | 12 50:17 | 9 1:17:08 | 13 | |
| | | | | | 654,44 | 667,55 | 695,98 | 17,97 | |
| 10 | 5506 | Verónica Fradique | 97 | [052] GD4C | dnf | 33:34 | 1 59:05 | 3 | |
| | | | | | 0,00 | 1000,00 | 908,60 | 08,60 | |
| 11 | 8106 | María Soriano Ramal | 98 | [1078] VILLENA-O | 47:00 | 3 mp | 59:36 | 4 | |
| | | | | | 967,73 | 0,00 | 900,73 | 68,46 | |
| 12 | 8202 | Inmaculada Crespo González | 99 | [1026] COMA | 51:30 | 7 | 55:11 | 2 | |
| | | | | | 883,17 | | 972,82 | 55,99 | |
| 13 | 8177 | Marina Cornejo García | 98 | [1082] E D ALCON | 45:29 | 1 | 1:13:48 | 12 | |
| | | | | | 1000,00 | | 727,42 | 27,42 | |
| 14 | 5485 | Ana Catarina Andrade | 96 | [007] Ori-Estarreja | 52:47 | 8 dnf | mp | | |
| | | | | | 861,70 | 0,00 | 0,00 | 1,70 | |

| Pl | tno | Name | B | Club | S1 | S2 | S3 | tal |
|-----------------|-------|----------------------------|----|---------------------|---------|----------|------------|-------|
| H20 (14) | | | | | | | | |
| 1 | 8200 | Diego Lázaro De Juan | 96 | [1075] COV | 42:09 | 1 21:12 | 2 1:02:24 | 1 |
| | | | | | 1000,00 | 964,62 | 1000,00 | 64,62 |
| 2 | 8149 | Álvaro Prieto Del Campo | 95 | [1129] COLMENAR | 43:24 | 2 20:27 | 1 1:08:46 | 3 |
| | | | | | 971,20 | 1000,00 | 907,42 | 78,62 |
| 3 | 8197 | Jesús Rodríguez Corrochano | 97 | [1049] MANZANARES-O | 47:00 | 3 22:56 | 3 1:10:33 | 4 |
| | | | | | 896,81 | 891,72 | 884,48 | 73,01 |
| 4 | 8180 | Cristobal Camarasa Pérez | 94 | [1025] COLIVENC | 49:47 | 5 25:17 | 7 1:05:52 | 2 |
| | | | | | 846,67 | 808,83 | 947,37 | 02,87 |
| 5 | 8156 | Cosme Sánchez Dorado | 96 | [1082] E D ALCON | 49:00 | 4 24:25 | 5 1:32:28 | 9 |
| | | | | | 860,20 | 837,54 | 674,84 | 72,58 |
| 6 | 5140 | Sergio Duarte | 94 | [102] .COM | 1:00:00 | 7 23:48 | 4 1:22:05 | 7 |
| | | | | | 702,50 | 859,24 | 760,20 | 21,94 |
| 7 | 8201 | Kirill Pivovarov | 97 | [1075] COV | 1:00:00 | 7 25:13 | 6 1:17:31 | 5 |
| | | | | | 702,50 | 810,97 | 804,99 | 18,46 |
| 8 | 5055 | André Esteves | 96 | [070] COC | 56:00 | 6 28:37 | 8 1:24:12 | 8 |
| | | | | | 752,68 | 714,62 | 741,09 | 08,39 |
| 9 | 8140 | Jorge Gracia Ochotorena | 97 | [1048] LORCA-O | 1:11:28 | 9 36:04 | 10 1:18:56 | 6 |
| | | | | | 589,79 | 567,01 | 790,54 | 47,34 |
| 10 | 4064 | Ricardo Nunes | 96 | [127] Ginásio | 1:43:18 | 11 30:44 | 9 1:39:02 | 10 |
| | | | | | 408,03 | 665,40 | 630,09 | 03,52 |
| 11 | 3633 | Marco Martins | 94 | [022] CLAC | 1:29:25 | 10 36:36 | 11 1:57:35 | 11 |
| | | | | | 471,39 | 558,74 | 530,69 | 60,82 |
| 12 | 8206 | Jorge Gutierrez Serrano | 96 | [1129] COLMENAR | dnf | 40:31 | 12 dnf | |
| | | | | | 0,00 | 504,73 | 0,00 | 4,73 |
| 13 | 28232 | Jesus Pinto Hermosell | | [1002] ADOL | | 53:11 | 13 | |
| | | | | | | 384,52 | | 4,52 |
| 14 | 8283 | Manuel Jesús Domínguez Ru | 98 | [1002] ADOL | dns | dnf | | |
| | | | | | | 0,00 | | 00 |
| D20 (15) | | | | | | | | |
| 1 | 8155 | Marina García Castro | 94 | [1082] E D ALCON | 44:52 | 2 22:42 | 1 1:05:58 | 1 |
| | | | | | 997,77 | 1000,00 | 1000,00 | 97,77 |
| 2 | 3054 | Inês Domingues | 94 | [070] COC | 50:06 | 3 31:44 | 5 1:15:54 | 4 |
| | | | | | 893,55 | 715,34 | 869,13 | 78,02 |
| 3 | 8182 | Yevheniya Chystyakova | 97 | [1189] MAXIMUS | 59:09 | 4 27:36 | 3 1:14:17 | 3 |
| | | | | | 756,83 | 822,46 | 888,04 | 67,33 |
| 4 | 4986 | Inês Gonçalves | 95 | [007] Ori-Estarreja | 44:46 | 1 37:28 | 9 1:21:52 | 7 |
| | | | | | 1000,00 | 605,87 | 805,78 | 11,65 |
| 5 | 8146 | Sofía Berenguer Sanchís | 97 | [1025] COLIVENC | 1:02:28 | 5 36:14 | 8 1:12:07 | 2 |
| | | | | | 716,65 | 626,49 | 914,72 | 57,86 |
| 6 | 4515 | Beatriz Moreira | 97 | [094] CPOC | 1:26:54 | 9 25:30 | 2 1:17:55 | 6 |
| | | | | | 515,15 | 890,20 | 846,63 | 51,98 |
| 7 | 4533 | Ana Anjos | 95 | [151] GafanhOri | 1:14:54 | 7 34:48 | 6 1:26:01 | 8 |
| | | | | | 597,69 | 652,30 | 766,91 | 16,90 |
| 8 | 4277 | Inês Alves | 96 | [052] GD4C | 1:14:33 | 6 41:50 | 11 1:26:40 | 9 |
| | | | | | 600,49 | 542,63 | 761,15 | 04,27 |
| 9 | 8179 | Ana Camarasa Pérez | 94 | [1025] COLIVENC | 1:36:28 | 11 35:15 | 7 1:30:36 | 10 |
| | | | | | 464,06 | 643,97 | 728,11 | 36,14 |
| 10 | 4313 | Joana Fernandes | 96 | [102] .COM | mp | 28:36 | 4 1:16:37 | 5 |
| | | | | | 0,00 | 793,71 | 861,00 | 54,71 |
| 11 | 4693 | Sofía Pinto | 94 | [003] CIMO | 1:19:33 | 8 41:28 | 10 2:02:42 | 11 |
| | | | | | 562,75 | 547,43 | 537,63 | 47,81 |
| 12 | 4532 | Sofía Anjos | 95 | [151] GafanhOri | 1:37:33 | 12 43:58 | 12 2:14:57 | 12 |
| | | | | | 458,91 | 516,30 | 488,82 | 64,03 |
| 13 | 28192 | Alicia Marmol Garcia | | [1002] ADOL | | 44:31 | 13 | |
| | | | | | | 509,92 | | 9,92 |
| 14 | 9017 | Maria Suárez Rodrigues | | [8000] SURCO | 1:29:45 | 10 | dnf | |
| | | | | | 498,79 | | 0,00 | 8,79 |

| Pl | tno | Name | B | Club | S1 | S2 | S3 | mp | nc | tal |
|-----------------|-------|--------------------------------|----------------|-----------------------|---------|----|---------|------|---------|-------|
| D20 (15) | | | <i>(cont.)</i> | | | | | | | |
| 15 | 33479 | Carolina Delgado | 95 | [052] GD4C | | | | 0,00 | nc | 00 |
| HE (23) | | | | | | | | | | |
| 1 | 4495 | Tiago Gingão Leal | 90 | [052] GD4C | 51:26 | 3 | 23:16 | 1 | 1:35:51 | 1 |
| | | | | | 968,89 | | 1000,00 | | 1000,00 | 68,89 |
| 2 | 8043 | Raúl Ferra Murcia | 84 | [1048] LORCA-O | 51:56 | 4 | 24:58 | 3 | 1:53:05 | 8 |
| | | | | | 959,56 | | 931,91 | | 847,61 | 39,08 |
| 3 | 1888 | Diogo Miguel | 89 | [007] Ori-Estarreja | 54:20 | 5 | 27:05 | 5 | 1:42:04 | 2 |
| | | | | | 917,18 | | 859,08 | | 939,09 | 15,35 |
| 4 | 4103 | Rafael Miguel | 93 | [007] Ori-Estarreja | 49:50 | 1 | 31:22 | 10 | 1:44:39 | 3 |
| | | | | | 1000,00 | | 741,76 | | 915,91 | 57,67 |
| 5 | 8147 | José Manuel García Crespo | 81 | [1026] COMA | 1:00:51 | 8 | 24:35 | 2 | 1:48:14 | 5 |
| | | | | | 818,95 | | 946,44 | | 885,59 | 50,98 |
| 6 | 8104 | Andrés Del Bustio Díaz | 85 | [1195] ASTUR EXTREM | 1:00:32 | 7 | 26:09 | 4 | 1:52:44 | 7 |
| | | | | | 823,24 | | 889,74 | | 850,24 | 63,22 |
| 7 | 8130 | Cesar Torrejón Rubio | 77 | [1096] TJALVE | 1:02:17 | 9 | 31:17 | 9 | 2:17:08 | 11 |
| | | | | | 800,11 | | 743,74 | | 698,95 | 42,80 |
| 8 | 2668 | Gildo Silva | 85 | [070] COC | 1:07:32 | 11 | 32:37 | 12 | 2:04:51 | 9 |
| | | | | | 737,91 | | 713,34 | | 767,72 | 18,97 |
| 9 | 8068 | Diego Rodríguez Corrochano | 92 | [1049] MANZANARES-O | 1:11:58 | 13 | 28:32 | 6 | 2:22:16 | 12 |
| | | | | | 692,45 | | 815,42 | | 673,73 | 81,60 |
| 10 | 1811 | Luis Leite | 76 | [052] GD4C | 1:07:35 | 12 | 31:13 | 8 | 2:23:41 | 13 |
| | | | | | 737,36 | | 745,33 | | 667,09 | 49,78 |
| 11 | 8038 | Javier Ruiz de la Herrán Pidal | 89 | [1026] COMA | 50:26 | 2 | | | 1:46:01 | 4 |
| | | | | | 988,10 | | | | 904,10 | 92,20 |
| 12 | 3555 | Filipe Dias | 85 | [052] GD4C | 1:39:52 | 14 | 33:58 | 14 | 2:35:09 | 14 |
| | | | | | 499,00 | | 684,99 | | 617,79 | 01,78 |
| 13 | 8057 | Alex Tello Lacal | 79 | [1074] VALENCIA-O | 58:42 | 6 | | | 1:50:47 | 6 |
| | | | | | 848,95 | | | | 865,20 | 14,15 |
| 14 | 8169 | Jose Cando Casado | 77 | [1039] GOCAN | 1:03:26 | 10 | dns | | 2:11:07 | 10 |
| | | | | | 785,60 | | | | 731,03 | 16,63 |
| 15 | 2128 | Daniel Marques | 84 | [070] COC | | | 28:49 | 7 | | |
| | | | | | | | 807,40 | | | 7,40 |
| 16 | 8001 | Grégoire SCHRAGO | 66 | [7303] OLC SKOG Fribo | | | 32:13 | 11 | | |
| | | | | | | | 722,19 | | | 2,19 |
| 17 | 1963 | João Ferreira | 89 | [015] DA Recardães | dnf | | 33:55 | 13 | dnf | |
| | | | | | 0,00 | | 686,00 | | 0,00 | 6,00 |
| 18 | 3167 | Nuno Evangelista | 80 | [114] COA | dnf | | 35:13 | 15 | dnf | |
| | | | | | 0,00 | | 660,67 | | 0,00 | 0,67 |
| 19 | 21449 | Manuel Dias | 52 | [151] GafanhOri | | | 36:40 | 16 | | |
| | | | | | | | 634,55 | | | 4,55 |
| 20 | 8003 | Andreas GROTE | 64 | [7303] OLC SKOG Fribo | | | 37:57 | 17 | | |
| | | | | | | | 613,09 | | | 3,09 |
| 21 | 8282 | Julio Sánchez Amor | 77 | [1053] MURCIA-O | dns | | 43:25 | 18 | dns | |
| | | | | | | | 535,89 | | | 5,89 |
| 22 | 24019 | João Moura | 89 | [056] Natura | | | 47:50 | 19 | | |
| | | | | | | | 486,41 | | | 6,41 |
| 23 | 4016 | Luis Nobrega | 89 | [056] Natura | | | 48:33 | nc | | |
| | | | | | | | 0,00 | | | 00 |
| DE (7) | | | | | | | | | | |
| 1 | 3060 | Patricia Casalinho | 87 | [070] COC | 47:38 | 3 | 26:04 | 1 | 1:15:56 | 1 |
| | | | | | 737,23 | | 1000,00 | | 1000,00 | 37,23 |
| 2 | 5661 | Magalie Mendes | 91 | [070] COC | 35:07 | 1 | 32:42 | 4 | 1:28:13 | 3 |
| | | | | | 1000,00 | | 797,15 | | 860,76 | 57,91 |
| 3 | 3479 | Carolina Delgado | 95 | [052] GD4C | 1:02:55 | 6 | 31:03 | 2 | 1:38:51 | 6 |
| | | | | | 558,15 | | 839,51 | | 768,17 | 65,83 |

| Pl | tno | Name | B | Club | S1 | S2 | S3 | tal |
|------------------|-------|---------------------------|----|-----------------------|---------|----------|------------|-------|
| DE (7) | | <i>(cont.)</i> | | | | | | |
| 4 | 4112 | Inês Pinto | 92 | [151] GafanhOri | 55:54 | 5 36:53 | 5 1:38:23 | 5 |
| | | | | | 628,21 | 706,73 | 771,81 | 06,75 |
| 5 | 3315 | Adelindina Lopes | 74 | [070] COC | 1:27:16 | 7 32:39 | 3 1:32:35 | 4 |
| | | | | | 402,41 | 798,37 | 820,16 | 20,94 |
| 6 | 5288 | Stepanka Betkova | 87 | [127] Ginásio | 42:58 | 2 29:47 | nc 1:20:12 | 2 |
| | | | | | 817,30 | 0,00 | 946,80 | 64,10 |
| 7 | 3157 | Liliana Oliveira | 90 | [052] GD4C | 52:07 | 4 mp | 2:08:48 | 7 |
| | | | | | 673,81 | 0,00 | 589,54 | 63,35 |
| H21A (24) | | | | | | | | |
| 1 | 8059 | Juan Pedro Martínez Torro | 90 | [1078] VILLENA-O | 36:38 | 1 30:21 | 4 1:18:28 | 2 |
| | | | | | 1000,00 | 931,91 | 932,03 | 63,94 |
| 2 | 3785 | Nelson Baroca | 80 | [062] CA Madeira | 40:19 | 7 30:13 | 3 1:13:08 | 1 |
| | | | | | 908,64 | 936,02 | 1000,00 | 44,66 |
| 3 | 8026 | Vid Bogovi | 92 | [1497] Individual SLO | 36:46 | 2 31:40 | 7 1:18:57 | 3 |
| | | | | | 996,37 | 893,16 | 926,32 | 15,85 |
| 4 | 5218 | Miguel Gualdino | 87 | [052] GD4C | 42:09 | 9 29:24 | 2 1:26:35 | 9 |
| | | | | | 869,12 | 962,02 | 844,66 | 75,80 |
| 5 | 5169 | Alfredo Gualdino | 91 | [052] GD4C | 44:47 | 11 28:17 | 1 1:26:52 | 10 |
| | | | | | 818,01 | 1000,00 | 841,90 | 59,91 |
| 6 | 8102 | Oscar Hernaiz Sánchez | 89 | [1131] RIOJA-O | 40:26 | 8 31:37 | 6 1:28:46 | 11 |
| | | | | | 906,02 | 894,57 | 823,88 | 24,47 |
| 7 | 8237 | Alfonso Cortés Pinilla | 85 | [1024] CODAN EXTREM | 36:58 | 3 37:36 | 13 1:28:56 | 12 |
| | | | | | 990,98 | 752,22 | 822,34 | 65,54 |
| 8 | 4101 | Jorge Marques | 73 | [052] GD4C | 38:56 | 5 31:23 | 5 1:45:47 | 19 |
| | | | | | 940,92 | 901,22 | 691,35 | 33,49 |
| 9 | 8065 | Miguel Ramos Pernas | 92 | [1157] USC | 42:22 | 10 38:47 | 14 1:26:17 | 8 |
| | | | | | 864,67 | 729,27 | 847,60 | 41,54 |
| 10 | 5063 | Sandro Castro | 72 | [052] GD4C | 52:24 | 16 34:13 | 9 1:20:04 | 5 |
| | | | | | 699,11 | 826,60 | 913,41 | 39,12 |
| 11 | 8131 | Carlos Torrejón Rubio | 75 | [1075] COV | 40:16 | 6 43:42 | 16 1:24:03 | 6 |
| | | | | | 909,77 | 647,22 | 870,12 | 27,11 |
| 12 | 3002 | Nuno Rebelo | 79 | [007] Ori-Estarreja | 46:35 | 12 34:30 | 10 1:39:08 | 17 |
| | | | | | 786,40 | 819,81 | 737,73 | 43,94 |
| 13 | 8117 | Sergio Alberto Peña Pérez | 93 | [1082] E D ALCON | 51:12 | 14 35:32 | 11 1:33:44 | 13 |
| | | | | | 715,49 | 795,97 | 780,23 | 91,69 |
| 14 | 8089 | Daniel Isla Zorita | 68 | [1075] COV | 54:51 | 20 37:16 | 12 1:35:54 | 14 |
| | | | | | 667,88 | 758,94 | 762,60 | 89,42 |
| 15 | 2983 | João Gomes | 78 | [062] CA Madeira | 1:03:33 | 21 39:55 | 15 1:38:39 | 16 |
| | | | | | 576,45 | 708,56 | 741,34 | 26,35 |
| 16 | 3602 | Luis Barreiro | 82 | [054] NADA | 37:41 | 4 32:42 | 8 mp | |
| | | | | | 972,14 | 864,93 | 0,00 | 37,07 |
| 17 | 8056 | Enric Regidor Perona | 81 | [1074] VALENCIA-O | 50:35 | 13 | 1:19:30 | 4 |
| | | | | | 724,22 | | 919,92 | 44,14 |
| 18 | 8088 | Ángel Frontela Mucientes | 75 | [1075] COV | 52:54 | 18 dns | 1:25:52 | 7 |
| | | | | | 692,50 | | 851,71 | 44,21 |
| 19 | 2969 | Domingos Martins | 89 | [151] GafanhOri | 53:05 | 19 | 1:36:34 | 15 |
| | | | | | 690,11 | | 757,34 | 47,45 |
| 20 | 5297 | Cidálio Oliveira | 73 | [052] GD4C | 52:12 | 15 47:51 | 17 dnf | |
| | | | | | 701,79 | 591,08 | 0,00 | 92,87 |
| 21 | 8085 | Alberto Tejero Rioseras | 85 | [1075] COV | 52:33 | 17 | 2:25:03 | 21 |
| | | | | | 697,11 | | 504,19 | 01,30 |
| 22 | 34016 | Luis Nobrega | 89 | [056] Natura | | | 1:42:20 | 18 |
| | | | | | | | 714,66 | 4,66 |
| 23 | 3489 | Jorge Frazão | 79 | [070] COC | mp | mp | 1:46:27 | 20 |
| | | | | | 0,00 | 0,00 | 687,02 | 7,02 |
| 24 | 8212 | Ramón Blanco Gonzalo | 87 | [1154] NORDESTE-O | 1:08:36 | 22 dnf | dnf | |
| | | | | | 534,01 | 0,00 | 0,00 | 4,01 |

| Pl | tno | Name | B | Club | S1 | S2 | S3 | tal |
|------------------|------|-----------------------------|----|--------------------------|---------|------------|------------|-------|
| D21A (11) | | | | | | | | |
| 1 | 8062 | Raquel Martín Jiménez | 92 | [1024] CODAN EXTREM | 41:15 | 2 35:08 | 1 1:03:24 | 3 |
| | | | | | 988,69 | 1000,00 | 910,62 | 99,31 |
| 2 | 3720 | Ines Aires | 92 | [007] Ori-Estarreja | 40:47 | 1 41:42 | 6 59:34 | 2 |
| | | | | | 1000,00 | 842,53 | 969,22 | 11,75 |
| 3 | 8083 | Marta Pérez Fernández | 88 | [1075] COV | 45:01 | 4 37:33 | 3 1:10:23 | 4 |
| | | | | | 905,96 | 935,64 | 820,27 | 61,87 |
| 4 | 8061 | Lidia Alonso Muñoz | 90 | [1024] CODAN EXTREM | 59:49 | 8 37:12 | 2 57:44 | 1 |
| | | | | | 681,81 | 944,44 | 1000,00 | 26,25 |
| 5 | 5296 | Cátia Marques | 77 | [070] COC | 42:53 | 3 43:14 | 7 1:14:15 | 6 |
| | | | | | 951,03 | 812,64 | 777,55 | 41,22 |
| 6 | 8220 | María Jose Molina Pérez | 75 | [1002] ADOL | 45:20 | 5 38:07 | 4 1:21:44 | 7 |
| | | | | | 899,63 | 921,73 | 706,36 | 27,72 |
| 7 | 8162 | Patricia Carrero Montes | 84 | [1075] COV | 57:16 | 6 40:52 | 5 1:11:12 | 5 |
| | | | | | 712,17 | 859,71 | 810,86 | 82,74 |
| 8 | 4078 | Ana Pinto | 83 | [003] CIMO | 1:02:24 | 9 44:14 | 8 1:30:25 | 8 |
| | | | | | 653,58 | 794,27 | 638,53 | 86,38 |
| 9 | 5388 | Susana Almeida | 93 | [056] Natura | 1:24:38 | 11 1:01:12 | 9 2:12:36 | 11 |
| | | | | | 481,88 | 574,07 | 435,39 | 91,34 |
| 10 | 5499 | Alice Moreira | 82 | [127] Ginásio | 1:24:13 | 10 1:12:15 | 10 1:53:56 | 10 |
| | | | | | 484,27 | 486,27 | 506,73 | 77,27 |
| 11 | 8224 | Ana Belén Palomares Gonzál | 76 | [1039] GOCAN | 57:25 | 7 dns | 1:30:48 | 9 |
| | | | | | 710,30 | | 635,83 | 46,13 |
| H21B (22) | | | | | | | | |
| 1 | 5524 | Manuel Real | 77 | [159] COAAL | 35:06 | 5 45:18 | 6 56:49 | 2 |
| | | | | | 806,74 | 829,65 | 978,59 | 14,98 |
| 2 | 4635 | Sérgio Mónica | 70 | [128] COALA | 41:55 | 12 39:15 | 2 58:02 | 3 |
| | | | | | 675,55 | 957,54 | 958,07 | 91,16 |
| 3 | 5796 | Bruno André | 81 | [1000] Individual POR Fe | 39:31 | 9 41:34 | 4 1:00:26 | 6 |
| | | | | | 716,58 | 904,17 | 920,02 | 40,77 |
| 4 | 5555 | José Carlos Marques | 78 | [119] OriMarão | 33:05 | 3 48:11 | 10 1:04:45 | 8 |
| | | | | | 855,92 | 780,01 | 858,69 | 94,62 |
| 5 | 8047 | Antonio Jesús Cano López | 83 | [1053] MURCIA-O | 36:30 | 6 47:53 | 9 1:07:24 | 10 |
| | | | | | 775,80 | 784,89 | 824,93 | 85,62 |
| 6 | 5421 | Alexandre Espíri Santo | 81 | [127] Ginásio | 40:45 | 11 37:35 | 1 1:20:51 | 17 |
| | | | | | 694,89 | 1000,00 | 687,69 | 82,58 |
| 7 | 5316 | João Real | 84 | [159] COAAL | 30:39 | 2 50:16 | 11 1:18:47 | 16 |
| | | | | | 923,87 | 747,68 | 705,73 | 77,28 |
| 8 | 5468 | Eduardo Soares | 81 | [159] COAAL | 58:08 | 20 40:13 | 3 1:07:26 | 11 |
| | | | | | 487,10 | 934,52 | 824,52 | 46,14 |
| 9 | 5698 | Pedro Laia | 77 | [133] GDU Azoia | 38:29 | 8 47:43 | 8 1:17:59 | 15 |
| | | | | | 735,82 | 787,64 | 712,97 | 36,43 |
| 10 | 3893 | Luís Nunes | 72 | [127] Ginásio | 47:30 | 15 47:33 | 7 1:12:43 | 12 |
| | | | | | 596,14 | 790,40 | 764,61 | 51,15 |
| 11 | 8175 | Alvaro Jiménez Fernández | 79 | [1120] NAVALCAN-O | 48:32 | 16 1:09:07 | 12 1:02:05 | 7 |
| | | | | | 583,45 | 543,77 | 895,57 | 22,79 |
| 12 | 8030 | Pablo García Saavedra | 91 | [1002] ADOL | 28:19 | 1 dnf | 55:36 | 1 |
| | | | | | 1000,00 | 0,00 | 1000,00 | 00,00 |
| 13 | 8269 | Francisco Barrios Gil | 81 | [1024] CODAN EXTREM | 1:10:37 | 21 44:41 | 5 1:30:57 | 19 |
| | | | | | 400,99 | 841,10 | 611,32 | 53,41 |
| 14 | 8242 | Pablo Saz Segovia | 95 | [1067] SOTOBOSQUE | 34:33 | 4 dnf | 58:57 | 4 |
| | | | | | 819,59 | 0,00 | 943,17 | 62,76 |
| 15 | 5746 | Luís Miguel Pires | 77 | [003] CIMO | 52:45 | 18 1:18:54 | 13 1:17:36 | 14 |
| | | | | | 536,81 | 476,34 | 716,49 | 29,64 |
| 16 | 8239 | Fco Javier Diosdado Infante | 75 | [1002] ADOL | 40:41 | 10 mp | 59:41 | 5 |
| | | | | | 696,03 | 0,00 | 931,58 | 27,61 |
| 17 | 8265 | Diego Muñoz Bardera | 82 | [1120] NAVALCAN-O | 52:04 | 17 1:22:11 | 14 1:33:21 | 20 |
| | | | | | 543,85 | 457,31 | 595,61 | 96,77 |

| Pl | tno | Name | B | Club | S1 | S2 | S3 | tal | | | |
|------------------|-------|----------------------------|----------------|----------------------|---------|----|---------|-------|---------|----|-------|
| H21B (22) | | | <i>(cont.)</i> | | | | | | | | |
| 18 | 8095 | Carlos Salamanca Farto | 92 | [1113] CDP-O | 37:22 | 7 | 1:28:00 | 18 | | | |
| | | | | | 757,81 | | 631,82 | 89,63 | | | |
| 19 | 8073 | Álvaro Mahou Miguel | 93 | [1136] COTA | 45:25 | 14 | 1:15:16 | 13 | | | |
| | | | | | 623,49 | | 738,71 | 62,20 | | | |
| 20 | 8094 | Jorge Combarros Arias | 86 | [1113] CDP-O | 43:47 | 13 | 2:06:32 | 22 | | | |
| | | | | | 646,75 | | 439,41 | 86,16 | | | |
| 21 | 8011 | Manuel López | 64 | [3168] O-San Roque | 57:09 | 19 | 1:45:09 | 21 | | | |
| | | | | | 495,48 | | 528,77 | 24,25 | | | |
| 22 | 34019 | João Moura | 89 | [056] Natura | | | 1:06:45 | 9 | | | |
| | | | | | | | 832,96 | 2,96 | | | |
| D21B (11) | | | | | | | | | | | |
| 1 | 5762 | Isabel Oliveira | 81 | [007] Ori-Estarreja | 26:39 | 1 | 49:26 | 2 | 1:11:23 | 5 | |
| | | | | | 1000,00 | | 833,11 | | 864,58 | | 97,69 |
| 2 | 8225 | Eva Suarez Zapico | 85 | [1195] ASTUR EXTREM | 38:04 | 3 | 41:11 | 1 | 1:04:09 | 2 | |
| | | | | | 700,09 | | 1000,00 | | 962,07 | | 62,16 |
| 3 | 5857 | Diana Moreira | 87 | [015] DA Recardães | 44:20 | 6 | 57:30 | 5 | 1:01:43 | 1 | |
| | | | | | 601,13 | | 716,23 | | 1000,00 | | 17,36 |
| 4 | 8218 | Mari Cruz López De Mota Pé | 76 | [1048] LORCA-O | 46:21 | 7 | 50:16 | 3 | 1:08:30 | 4 | |
| | | | | | 574,97 | | 819,30 | | 900,97 | | 95,24 |
| 5 | 5525 | Tânia Cunha | 89 | [159] COAAL | 52:13 | 8 | 54:12 | 4 | 1:08:29 | 3 | |
| | | | | | 510,37 | | 759,84 | | 901,19 | | 71,40 |
| 6 | 3510 | L R Gouveia | 78 | [085] A Montanha | 53:30 | 9 | 59:39 | 6 | 1:20:22 | 7 | |
| | | | | | 498,13 | | 690,42 | | 767,94 | | 56,49 |
| 7 | 3286 | Donita Barradas | 79 | [073] CMO Funchal | 40:18 | 4 | 1:29:13 | 8 | 1:24:58 | 9 | |
| | | | | | 661,29 | | 461,61 | | 726,36 | | 49,26 |
| 8 | 8276 | Teresa Aranzazu Arcones La | 80 | [1137] ALABARDA-O | 1:07:16 | 10 | 1:08:04 | 7 | 1:34:53 | 10 | |
| | | | | | 396,18 | | 605,04 | | 650,45 | | 51,67 |
| 9 | 4604 | Sandra Marcolino | 80 | [052] GD4C | 36:50 | 2 | | | 1:11:32 | 6 | |
| | | | | | 723,53 | | | | 862,77 | | 86,30 |
| 10 | 3436 | Catarina Santos | 76 | [128] COALA | 42:23 | 5 | dns | | 1:23:27 | 8 | |
| | | | | | 628,78 | | | | 739,56 | | 68,34 |
| 11 | 8297 | Cristina Varela Marco | 88 | [1078] VILLENA-O | dnf | | dns | | dns | | |
| | | | | | 0,00 | | | | | | 00 |
| H35 (23) | | | | | | | | | | | |
| 1 | 8127 | Alberto Mínguez Viñambres | 67 | [1042] IMPERDIBLE BU | 37:37 | 1 | 25:21 | 3 | 1:02:26 | 1 | |
| | | | | | 1000,00 | | 963,18 | | 1000,00 | | 63,18 |
| 2 | 2044 | João Pedro Valente | 66 | [094] CPOC | 38:54 | 2 | 26:14 | 4 | 1:08:36 | 2 | |
| | | | | | 967,01 | | 930,75 | | 910,11 | | 07,87 |
| 3 | 8132 | Jordi Domènech Amorós | 73 | [1077] UEVIC | 39:53 | 3 | 25:11 | 2 | 1:12:37 | 4 | |
| | | | | | 943,17 | | 969,56 | | 859,77 | | 72,50 |
| 4 | 8031 | José Manuel Martínez Ruiz | 70 | [1002] ADOL | 44:09 | 4 | 24:25 | 1 | 1:11:45 | 3 | |
| | | | | | 852,02 | | 1000,00 | | 870,15 | | 22,17 |
| 5 | 8123 | Héctor Lorenzo Yustos | 72 | [1042] IMPERDIBLE BU | 1:03:18 | 8 | 28:09 | 5 | 1:24:45 | 7 | |
| | | | | | 594,26 | | 867,38 | | 736,68 | | 98,32 |
| 6 | 8163 | Yulian Borislavov Naydenov | 67 | [1189] MAXIMUS | 1:01:03 | 7 | 29:54 | 6 | 1:22:12 | 6 | |
| | | | | | 616,16 | | 816,61 | | 759,53 | | 92,30 |
| 7 | 3304 | Cesar Conceição | 75 | [070] COC | 52:05 | 5 | 32:14 | 9 | 1:31:43 | 9 | |
| | | | | | 722,24 | | 757,50 | | 680,72 | | 60,46 |
| 8 | 2170 | A F Gouveia | 75 | [085] A Montanha | 55:22 | 6 | 34:16 | 10 | 1:29:42 | 8 | |
| | | | | | 679,41 | | 712,55 | | 696,02 | | 87,98 |
| 9 | 2588 | José Domingos | 76 | [094] CPOC | 1:13:18 | 13 | 30:23 | 7 | 1:59:02 | 16 | |
| | | | | | 513,19 | | 803,62 | | 524,50 | | 41,31 |
| 10 | 8036 | Carlos Lama Zurita | 76 | [1002] ADOL | 1:08:18 | 12 | 37:59 | 12 | 1:39:29 | 13 | |
| | | | | | 550,76 | | 642,83 | | 627,58 | | 21,17 |
| 11 | 5390 | Tiago Reis | 76 | [056] Natura | 1:14:33 | 14 | 46:29 | 15 | 2:14:27 | 17 | |
| | | | | | 504,58 | | 525,28 | | 464,36 | | 94,22 |

| Pl | tno | Name | B | Club | S1 | S2 | S3 | tal | | | |
|-----------------|-------|-----------------------------|----------------|----------------------|---------|----|---------|-----|---------|----|-------|
| H35 (23) | | | <i>(cont.)</i> | | | | | | | | |
| 12 | 3750 | Jorge Parreira | 68 | [114] COA | 1:46:19 | 17 | 45:29 | 14 | 1:46:13 | 14 | |
| | | | | | 353,82 | | 536,83 | | 587,79 | | 78,44 |
| 13 | 8204 | Ramon García-Catalan Simo | 67 | [1042] IMPERDIBLE BU | 1:04:59 | 10 | mp | | 1:20:08 | 5 | |
| | | | | | 578,87 | | 0,00 | | 779,12 | | 57,99 |
| 14 | 8188 | Julio Sánchez Amor | 77 | [1053] MURCIA-O | 1:04:49 | 9 | dns | | 1:33:06 | 10 | |
| | | | | | 580,35 | | | | 670,61 | | 50,96 |
| 15 | 8193 | Maxim Borisov | 73 | [1078] VILLENA-O | 1:08:15 | 11 | dns | | 1:34:36 | 11 | |
| | | | | | 551,16 | | | | 659,97 | | 11,13 |
| 16 | 2333 | Rui Marques | 71 | [133] GDU Azoia | 1:22:10 | 15 | | | 1:39:20 | 12 | |
| | | | | | 457,81 | | | | 628,52 | | 86,33 |
| 17 | 2512 | Vítor Sousa | 74 | [073] CMo Funchal | 1:29:42 | 16 | mp | | 1:56:50 | 15 | |
| | | | | | 419,36 | | 0,00 | | 534,38 | | 3,74 |
| 18 | 3936 | Norberto Henriques | 77 | [070] COC | 1:52:57 | 18 | 43:19 | 13 | mp | | |
| | | | | | 333,04 | | 563,68 | | 0,00 | | 6,72 |
| 19 | 8280 | Jose Cando Casado | 77 | [1039] GOCAN | dns | | 30:34 | 8 | dns | | |
| | | | | | | | 798,80 | | | | 8,80 |
| 20 | 23489 | Jorge Frazão | | [070] COC | | | 35:28 | 11 | | | |
| | | | | | | | 688,44 | | | | 8,44 |
| 21 | 23081 | Alberto Barros | 69 | [052] GD4C | | | 55:45 | 16 | | | |
| | | | | | | | 437,97 | | | | 7,97 |
| 22 | 4458 | Tadeu Celestino | 74 | [056] Natura | dnf | | mp | | dnf | | |
| | | | | | 0,00 | | 0,00 | | 0,00 | | 00 |
| 22 | 8080 | Ángel Rojas Avilés | 62 | [1137] ALABARDA-O | dnf | | dns | | dns | | |
| | | | | | 0,00 | | | | | | 00 |
| D35 (24) | | | | | | | | | | | |
| 1 | 8171 | María José Martín Iglesias | 75 | [1129] COLMENAR | 44:31 | 2 | 26:04 | 4 | 1:11:20 | 3 | |
| | | | | | 958,44 | | 912,40 | | 897,66 | | 68,50 |
| 2 | 3799 | Tânia Covas Costa | 78 | [102] .COM | 59:47 | 9 | 23:47 | 1 | 1:10:52 | 2 | |
| | | | | | 713,69 | | 1000,00 | | 903,57 | | 17,26 |
| 3 | 2503 | Susana Pontes | 71 | [070] COC | 42:40 | 1 | 27:37 | 5 | 1:25:51 | 13 | |
| | | | | | 1000,00 | | 861,19 | | 745,87 | | 07,06 |
| 4 | 8107 | Anna Amigó Bertrán | 66 | [1022] COC | 59:22 | 7 | 28:10 | 7 | 1:04:02 | 1 | |
| | | | | | 718,70 | | 844,38 | | 1000,00 | | 63,08 |
| 5 | 8110 | Adela Illamola Colomer | 76 | [1077] UEVIC | 52:56 | 4 | 28:21 | 8 | 1:22:47 | 9 | |
| | | | | | 806,05 | | 838,92 | | 773,51 | | 18,48 |
| 6 | 2022 | Paula Serra Campos | 68 | [102] .COM | 55:33 | 6 | 24:59 | 2 | 1:31:44 | 17 | |
| | | | | | 768,08 | | 951,97 | | 698,04 | | 18,09 |
| 7 | 3467 | Helena Sousa | 67 | [119] OriMarão | 1:22:11 | 19 | 27:55 | 6 | 1:20:06 | 8 | |
| | | | | | 519,16 | | 851,94 | | 799,42 | | 70,52 |
| 8 | 8109 | Virginia Güell Rovira | 77 | [1077] UEVIC | 53:12 | 5 | 39:27 | 16 | 1:27:02 | 15 | |
| | | | | | 802,01 | | 602,87 | | 735,73 | | 40,61 |
| 9 | 8207 | Ana Belen Pérez Riofrio | 74 | [1042] IMPERDIBLE BU | 1:47:51 | 23 | 25:22 | 3 | 1:24:20 | 11 | |
| | | | | | 395,61 | | 937,58 | | 759,29 | | 92,48 |
| 10 | 8158 | Marian Roldán Pareja | 74 | [1026] COMA | 1:12:29 | 15 | 33:00 | 11 | 1:23:12 | 10 | |
| | | | | | 588,64 | | 720,71 | | 769,63 | | 78,98 |
| 11 | 8187 | Julia Borisova | 77 | [1078] VILLENA-O | 1:15:03 | 16 | 29:55 | 10 | 1:31:11 | 16 | |
| | | | | | 568,51 | | 794,99 | | 702,25 | | 65,75 |
| 12 | 8046 | María José Romera García | 77 | [1048] LORCA-O | 1:27:39 | 20 | 28:44 | 9 | 1:26:24 | 14 | |
| | | | | | 486,78 | | 827,73 | | 741,13 | | 55,64 |
| 13 | 8143 | Alba Gavela Ramos | 72 | [1096] TJALVE | 1:10:59 | 13 | 34:46 | 12 | 1:24:32 | 12 | |
| | | | | | 601,08 | | 684,08 | | 757,49 | | 42,65 |
| 14 | 8103 | Mercedes Jiménez Baena | 71 | [1137] ALABARDA-O | 1:03:19 | 11 | 38:22 | 15 | 1:33:54 | 18 | |
| | | | | | 673,86 | | 619,90 | | 681,93 | | 75,69 |
| 15 | 4060 | Elisabete Dinis | 73 | [127] Ginásio | 59:34 | 8 | 35:16 | 13 | 2:03:09 | 20 | |
| | | | | | 716,28 | | 674,39 | | 519,96 | | 10,63 |
| 16 | 8039 | Meritxell Castro Montserrat | 66 | [1059] Oros | 1:06:35 | 12 | 54:13 | 18 | 2:06:49 | 21 | |
| | | | | | 640,80 | | 438,67 | | 504,93 | | 84,40 |

| Pl | tno | Name | B | Club | S1 | S2 | S3 | tal | | | |
|-----------------|------|------------------------------|----|---------------------|---------|----|---------|-----|---------|----|-------|
| D35 (24) | | <i>(cont.)</i> | | | | | | | | | |
| 17 | 5307 | Manuela Marques | 72 | [102] .COM | 1:38:34 | 22 | 46:53 | 17 | 1:45:54 | 19 | |
| | | | | | 432,87 | | 507,29 | | 604,66 | | 44,82 |
| 18 | 8051 | María Teresa Barceló Otalora | 74 | [1071] TOTANA-O | 1:02:29 | 10 | mp | | 1:15:07 | 6 | |
| | | | | | 682,85 | | 0,00 | | 852,45 | | 35,30 |
| 19 | 8167 | Marisol Gutiérrez Sánchez | 75 | [1076] VELETA | 1:12:16 | 14 | | | 1:12:52 | 4 | |
| | | | | | 590,41 | | | | 878,77 | | 69,18 |
| 20 | 8008 | Malen Blanco | 68 | [5328] Zamora-O | 1:21:03 | 18 | | | 1:13:36 | 5 | |
| | | | | | 526,42 | | | | 870,02 | | 96,44 |
| 21 | 2616 | Paula Nóbrega | 71 | [119] OriMarão | 1:38:09 | 21 | | | 1:17:36 | 7 | |
| | | | | | 434,71 | | | | 825,17 | | 59,88 |
| 22 | 8185 | Azucena San Juan De Castro | 77 | [1067] SOTOBOSQUE | 51:33 | 3 | dnf | | dnf | | |
| | | | | | 827,68 | | 0,00 | | 0,00 | | 7,68 |
| 23 | 8287 | Ana Belén Palomares Gonzál | 76 | [1039] GOCAN | dns | | 36:43 | 14 | dns | | |
| | | | | | | | 647,75 | | | | 7,75 |
| 24 | 8195 | Enriqueta Cobos Barrera | 75 | [1076] VELETA | 1:16:38 | 17 | | | dnf | | |
| | | | | | 556,76 | | | | 0,00 | | 6,76 |
| H40 (28) | | | | | | | | | | | |
| 1 | 8037 | Antonio Guerrero Gómez | 68 | [1002] ADOL | 38:31 | 2 | 23:50 | 1 | 55:05 | 1 | |
| | | | | | 876,24 | | 1000,00 | | 1000,00 | | 76,24 |
| 2 | 2150 | Xavier Vieira | 69 | [062] CA Madeira | 33:45 | 1 | 31:05 | 6 | 56:44 | 3 | |
| | | | | | 1000,00 | | 766,76 | | 970,92 | | 37,68 |
| 3 | 2092 | António Olival | 72 | [062] CA Madeira | 41:32 | 4 | 24:35 | 2 | 1:03:31 | 6 | |
| | | | | | 812,60 | | 969,49 | | 867,23 | | 49,32 |
| 4 | 8081 | Javier Saz Alcubierre | 69 | [1041] IBÓN | 49:08 | 7 | 31:19 | 7 | 59:50 | 4 | |
| | | | | | 686,91 | | 761,04 | | 920,61 | | 68,56 |
| 5 | 8226 | Oscar Casero Vidal | 68 | [1117] VIA PLATA | 46:57 | 5 | 30:42 | 5 | 1:05:26 | 10 | |
| | | | | | 718,85 | | 776,33 | | 841,82 | | 37,00 |
| 6 | 8111 | Juli Serrat Grané | 73 | [1077] UEVIC | 48:46 | 6 | 33:37 | 9 | 1:05:47 | 11 | |
| | | | | | 692,07 | | 708,97 | | 837,34 | | 38,38 |
| 7 | 8136 | Miguel Ángel Durán García | 70 | [1129] COLMENAR | 39:41 | 3 | 39:04 | 14 | 1:13:03 | 18 | |
| | | | | | 850,48 | | 610,07 | | 754,05 | | 14,60 |
| 8 | 8256 | José Martín Pinto Franco | 73 | [1002] ADOL | 55:13 | 14 | 32:05 | 8 | 1:04:51 | 8 | |
| | | | | | 611,23 | | 742,86 | | 849,40 | | 03,49 |
| 9 | 8044 | Miguel Girona Belmonte | 74 | [1048] LORCA-O | 1:06:18 | 22 | 27:03 | 3 | 1:08:33 | 14 | |
| | | | | | 509,05 | | 881,08 | | 803,55 | | 93,68 |
| 10 | 8139 | Pau Comerma Gómez | 68 | [1059] Oros | 52:39 | 10 | 34:22 | 10 | 1:05:19 | 9 | |
| | | | | | 641,03 | | 693,50 | | 843,33 | | 77,86 |
| 11 | 8221 | Juanjo Durán Oña | 64 | [1002] ADOL | 1:05:18 | 21 | 29:57 | 4 | 1:05:50 | 12 | |
| | | | | | 516,85 | | 795,77 | | 836,71 | | 49,33 |
| 12 | 8108 | Jordi Arumí Casadevall | 73 | [1077] UEVIC | 1:03:22 | 19 | 35:55 | 11 | 1:04:20 | 7 | |
| | | | | | 532,61 | | 663,57 | | 856,22 | | 52,40 |
| 13 | 5057 | Humberto Esteves | 71 | [070] COC | 1:02:14 | 18 | 38:01 | 12 | 1:08:44 | 15 | |
| | | | | | 542,31 | | 626,92 | | 801,41 | | 70,64 |
| 14 | 5199 | Paulo Silva | 72 | [052] GD4C | 59:02 | 16 | 38:05 | 13 | 1:16:25 | 20 | |
| | | | | | 571,71 | | 625,82 | | 720,83 | | 18,36 |
| 15 | 4685 | José João Ferreira | 74 | [119] OriMarão | 1:16:28 | 24 | 39:51 | 15 | 1:10:23 | 16 | |
| | | | | | 441,37 | | 598,08 | | 782,62 | | 22,07 |
| 16 | 3629 | João Carriço | 70 | [007] Ori-Estarreja | 1:00:19 | 17 | 46:35 | 18 | 1:26:24 | 22 | |
| | | | | | 559,55 | | 511,63 | | 637,54 | | 08,72 |
| 17 | 8216 | Xavier Amaya García | 73 | [1129] COLMENAR | 1:37:17 | 25 | 40:38 | 16 | 1:12:18 | 17 | |
| | | | | | 346,92 | | 586,55 | | 761,87 | | 95,34 |
| 18 | 3913 | Alberto César | 70 | [052] GD4C | 1:09:39 | 23 | 40:47 | 17 | 1:29:11 | 23 | |
| | | | | | 484,57 | | 584,39 | | 617,64 | | 86,60 |
| 19 | 8084 | Jesús Nieto Calvo | 73 | [1120] NAVALCAN-O | 52:44 | 11 | 29:11 | nc | 56:33 | 2 | |
| | | | | | 640,01 | | 0,00 | | 974,06 | | 14,07 |
| 20 | 1986 | Eduardo Oliveira | 72 | [115] ATV | 49:26 | 8 | dns | | 1:02:21 | 5 | |
| | | | | | 682,74 | | | | 883,45 | | 66,19 |

| Pl | tno | Name | B | Club | S1 | S2 | S3 | tal | | |
|-----------------|------|-------------------------------|----|---------------------------|----------------|---------|---------|---------|---------|-------|
| H40 (28) | | | | | <i>(cont.)</i> | | | | | |
| 21 | 8067 | Mariano Flores García | 71 | [1068] TOLEDO-O | 53:20 | 13 | 1:07:18 | 13 | | |
| | | | | | 632,81 | | 818,47 | 51,28 | | |
| 22 | 3437 | Carlos Lobo | 71 | [128] COALA | 1:05:01 | 20 | dnf nc | 1:18:31 | 21 | |
| | | | | | 519,10 | 0,00 | 701,55 | 20,65 | | |
| 23 | 8112 | Juan Carlos Dorado Colmena | 72 | [1120] NAVALCAN-O | 1:37:32 | 26 | | 1:13:30 | 19 | |
| | | | | | 346,04 | | 749,43 | 95,47 | | |
| 24 | 8258 | Samuel Diaz Alcaide | 74 | [1137] ALABARDA-O | 52:34 | 9 | dnf nc | | | |
| | | | | | 642,04 | 0,00 | | 2,04 | | |
| 25 | 2506 | João Casal | 67 | [007] Ori-Estarreja | 53:13 | 12 | dnf | dns | | |
| | | | | | 634,20 | 0,00 | | 4,20 | | |
| 26 | 8050 | Salvador Martínez Cánovas | 70 | [1071] TOTANA-O | 55:23 | 15 | | dnf | | |
| | | | | | 609,39 | | 0,00 | 9,39 | | |
| 27 | 2533 | Arménio Mendes | 65 | [094] CPOC | dnf | | dns | 1:55:02 | 24 | |
| | | | | | 0,00 | | 478,85 | 8,85 | | |
| 28 | 3081 | Alberto Barros | 69 | [052] GD4C | mp | | | | | |
| | | | | | 0,00 | | | 00 | | |
| D40 (16) | | | | | | | | | | |
| 1 | 2574 | Ana Casal | 70 | [007] Ori-Estarreja | 1:09:06 | 2 | 39:10 | 4 | 1:14:14 | 1 |
| | | | | | 995,18 | | 727,66 | 1000,00 | | 22,84 |
| 2 | 8178 | Cristina Del Campo Campos | 69 | [1129] COLMENAR | 1:22:35 | 6 | 28:30 | 1 | 1:24:26 | 3 |
| | | | | | 832,69 | 1000,00 | 879,19 | | | 11,88 |
| 3 | 8035 | Mª Dolores Lahoz Ruano | 67 | [1002] ADOL | 1:10:44 | 3 | 40:30 | 6 | 1:16:12 | 2 |
| | | | | | 972,20 | 703,70 | 974,19 | | | 50,09 |
| 4 | 8174 | Iryna Beketova | 70 | [1189] MAXIMUS | 1:27:36 | 8 | 37:20 | 3 | 1:32:30 | 7 |
| | | | | | 785,01 | 763,39 | 802,52 | | | 50,92 |
| 5 | 8159 | Toninaina Santamaría Villalon | 68 | [1077] UEVIC | 1:08:46 | 1 | 54:06 | 11 | 1:46:04 | 11 |
| | | | | | 1000,00 | 526,80 | 699,87 | | | 26,67 |
| 6 | 2171 | Jandira Peres | 73 | [070] COC | 1:35:30 | 9 | 40:12 | 5 | 1:34:54 | 8 |
| | | | | | 720,07 | 708,96 | 782,23 | | | 11,26 |
| 7 | 5056 | Paula Ferreira | 73 | [070] COC | 1:17:55 | 5 | 53:50 | 10 | 1:40:12 | 9 |
| | | | | | 882,57 | 529,41 | 740,85 | | | 52,83 |
| 8 | 8145 | Isabel Serrano Rico | 63 | [1002] ADOL | 1:56:12 | 11 | 40:50 | 7 | 1:27:20 | 4 |
| | | | | | 591,80 | 697,96 | 850,00 | | | 39,76 |
| 9 | 8148 | Mercedes García García | 70 | [1129] COLMENAR | 1:58:09 | 13 | 45:37 | 8 | 1:59:42 | 13 |
| | | | | | 582,03 | 624,77 | 620,16 | | | 26,96 |
| 10 | 8006 | Nuria Caus | 69 | [2275] Universidad Alican | 1:11:39 | 4 | dnf | | 1:28:31 | 5 |
| | | | | | 959,76 | 0,00 | 838,64 | | | 98,40 |
| 11 | 8099 | Silvia Camblor Keller | 71 | [1154] NORDESTE-O | dnf | | 30:29 | 2 | 1:30:31 | 6 |
| | | | | | 0,00 | 934,94 | 820,11 | | | 55,05 |
| 12 | 2842 | Isabel Oliveira | 72 | [070] COC | 1:47:42 | 10 | 53:22 | 9 | 2:13:08 | 15 |
| | | | | | 638,50 | 534,04 | 557,59 | | | 30,13 |
| 13 | 2259 | Susana Domingos | 72 | [070] COC | 1:56:43 | 12 | 54:33 | 12 | 2:05:30 | 14 |
| | | | | | 589,18 | 522,46 | 591,50 | | | 03,14 |
| 14 | 2784 | Teresa Alves | 69 | [119] OriMarão | 1:27:26 | 7 | dns | | 1:53:38 | 12 |
| | | | | | 786,50 | | 653,27 | | | 39,77 |
| 15 | 4386 | Ana Silveira | 71 | [119] OriMarão | 2:12:47 | 14 | | | 1:44:58 | 10 |
| | | | | | 517,89 | | 707,21 | | | 25,10 |
| 16 | 8125 | Begoña Fernández Alcalde | 67 | [1042] IMPERDIBLE BU | dnf | | | | mp | |
| | | | | | 0,00 | | 0,00 | | | 00 |
| H45 (31) | | | | | | | | | | |
| 1 | 2593 | Vítor Delgado | 67 | [052] GD4C | 46:10 | 8 | 26:00 | 2 | 45:06 | 1 |
| | | | | | 761,73 | | 887,82 | 1000,00 | | 49,55 |
| 2 | 2377 | Rui Botão | 68 | [070] COC | 52:41 | 14 | 23:05 | 1 | 50:51 | 5 |
| | | | | | 667,51 | 1000,00 | 886,92 | | | 54,43 |
| 3 | 1583 | Jorge Oliveira | 69 | [070] COC | 35:10 | 1 | 27:48 | 4 | 1:05:19 | 10 |
| | | | | | 1000,00 | 830,34 | 690,48 | | | 20,82 |

| Pl | tno | Name | B | Club | S1 | S2 | S3 | tal | |
|-----------------|------|------------------------------|----|-----------------------|---------|--------|---------|---------|--|
| H45 (31) | | <i>(cont.)</i> | | | | | | | |
| 4 | 2785 | Rafael Lima | 68 | [119] OriMarão | 40:59 | 32:42 | 49:03 | 3 | |
| | | | | | 858,07 | 705,91 | 919,47 | 83,45 | |
| 5 | 8079 | Miguel Álvarez Berruezo | 67 | [1064] RUMBO-MADRID | 1:12:27 | 27:06 | 53:07 | 6 | |
| | | | | | 485,39 | 851,78 | 849,07 | 86,24 | |
| 6 | 1937 | Tozé Silva | 66 | [070] COC | 45:31 | 35:50 | 1:09:36 | 15 | |
| | | | | | 772,61 | 644,19 | 647,99 | 64,79 | |
| 7 | 8114 | Jose Angel Ramos Román | 64 | [1002] ADOL | 54:03 | 32:31 | 1:07:45 | 12 | |
| | | | | | 650,63 | 709,89 | 665,68 | 26,20 | |
| 8 | 1499 | José Carlos Ramalho | 67 | [102] .COM | 52:07 | 33:34 | 1:10:52 | 16 | |
| | | | | | 674,77 | 687,69 | 636,41 | 98,87 | |
| 9 | 1364 | Helder Ferreira | 69 | [070] COC | 49:56 | 38:23 | 1:11:50 | 17 | |
| | | | | | 704,27 | 601,39 | 627,84 | 33,50 | |
| 10 | 8124 | Jesús Jiménez Romero | 64 | [1042] IMPERDIBLE BU | 56:29 | 44:45 | 1:00:08 | 8 | |
| | | | | | 622,60 | 515,83 | 750,00 | 88,43 | |
| 11 | 5515 | Paulo Olaio | 68 | [070] COC | 54:46 | 40:04 | 1:08:59 | 14 | |
| | | | | | 642,12 | 576,12 | 653,78 | 72,02 | |
| 12 | 8229 | Jesus Paricio Peribañez | 67 | [1041] IBÓN | 50:18 | 43:10 | 1:13:47 | 19 | |
| | | | | | 699,14 | 534,75 | 611,25 | 45,14 | |
| 13 | 1931 | Carlos Monteiro | 58 | [070] COC | 1:12:43 | 34:51 | 1:04:35 | 9 | |
| | | | | | 483,61 | 662,36 | 698,32 | 44,29 | |
| 14 | 8078 | Rafael Arranz Muñoz | 67 | [1064] RUMBO-MADRID | 39:58 | | 49:13 | 4 | |
| | | | | | 879,90 | | 916,36 | 96,26 | |
| 15 | 8165 | Cesar Pascual Sanchez | 66 | [1120] NAVALCAN-O | 1:04:01 | 31:07 | 1:29:33 | 25 | |
| | | | | | 549,34 | 741,83 | 503,63 | 94,80 | |
| 16 | 8000 | Grégoire SCHRAGO | 66 | [7303] OLC SKOG Fribo | 41:41 | | 48:00 | 2 | |
| | | | | | 843,66 | | 939,58 | 83,24 | |
| 17 | 8060 | Ángel Carrón De La Calle | 67 | [1024] CODAN EXTREM | 1:06:16 | 34:09 | 1:26:41 | 23 | |
| | | | | | 530,68 | 675,94 | 520,28 | 26,90 | |
| 18 | 8173 | Fernando Calderón Garcia-Di | 66 | [1002] ADOL | 1:28:32 | 32:42 | 1:13:36 | 18 | |
| | | | | | 397,21 | 705,91 | 612,77 | 15,89 | |
| 19 | 2667 | João Martins | 67 | [022] CLAC | 1:02:58 | 42:53 | 1:15:53 | 21 | |
| | | | | | 558,50 | 538,28 | 594,33 | 91,11 | |
| 20 | 8116 | Paul Pereira Rivero | 69 | [1026] COMA | 1:19:32 | 42:59 | 1:08:12 | 13 | |
| | | | | | 442,16 | 537,03 | 661,29 | 40,48 | |
| 21 | 8071 | Cristóbal Fernández Liria | 62 | [1136] COTA | 42:23 | | 1:05:36 | 11 | |
| | | | | | 829,73 | | 687,50 | 17,23 | |
| 22 | 8135 | José Enrique Barcia Hernánd | 68 | [1146] O-GETAFE | 49:42 | | 57:26 | 7 | |
| | | | | | 707,58 | | 785,26 | 92,84 | |
| 23 | 3241 | António Neto | 65 | [127] Ginásio | 1:21:21 | 55:55 | 1:29:40 | 26 | |
| | | | | | 432,29 | 412,82 | 502,97 | 48,08 | |
| 24 | 5772 | Manuel Machado Calçada | 68 | [070] COC | 54:05 | 37:46 | mp | | |
| | | | | | 650,23 | 611,21 | 0,00 | 61,44 | |
| 25 | 8164 | Carlos Sánchez Sobrino | 66 | [1120] NAVALCAN-O | 56:52 | 39:15 | nc | 1:16:28 | |
| | | | | | 618,41 | 0,00 | 589,80 | 22 | |
| 26 | 8129 | Jose Feliciano Fernández Arr | 63 | [1042] IMPERDIBLE BU | 1:00:06 | | 1:14:44 | 20 | |
| | | | | | 585,14 | | 603,48 | 88,62 | |
| 27 | 4287 | António Cotovio | 68 | [070] COC | 51:58 | 48:00 | mp | | |
| | | | | | 676,72 | 480,90 | 0,00 | 57,62 | |
| 28 | 8077 | Francisco García Marín | 67 | [1042] IMPERDIBLE BU | 57:02 | | 1:28:56 | 24 | |
| | | | | | 616,60 | | 507,12 | 23,72 | |
| 29 | 1810 | Octávio Andrade | 68 | [102] .COM | 1:15:56 | 43:14 | dns | | |
| | | | | | 463,13 | 533,92 | | 7,05 | |
| 30 | 8002 | Andreas GROTE | 64 | [7303] OLC SKOG Fribo | 41:33 | | dnf | | |
| | | | | | 846,37 | | 0,00 | 6,37 | |
| 31 | 8098 | Nayo Tarno Cué | 68 | [1154] NORDESTE-O | 1:29:30 | dns | 1:42:41 | 27 | |
| | | | | | 392,92 | | 439,21 | 2,13 | |

| Pl | tno | Name | B | Club | S1 | | S2 | | S3 | | tal |
|-----------------|------|-----------------------------|----|----------------------|---------|----|---------|----|---------|----|-------|
| D45 (15) | | | | | | | | | | | |
| 1 | 2174 | Paula Rodrigues | 67 | [073] CMO Funchal | 49:28 | 2 | 33:59 | 4 | 57:40 | 4 | |
| | | | | | 840,30 | | 831,29 | | 874,86 | | 46,45 |
| 2 | 2849 | Alexandra Coelho | 68 | [052] GD4C | 1:09:53 | 9 | 32:53 | 3 | 54:54 | 2 | |
| | | | | | 594,80 | | 859,10 | | 918,94 | | 72,84 |
| 3 | 8141 | Judith Checkley | 55 | [1071] TOTANA-O | 55:47 | 4 | 30:47 | 2 | 1:13:28 | 7 | |
| | | | | | 745,14 | | 917,70 | | 686,71 | | 49,55 |
| 4 | 8052 | Amparo Ferrer Rodrigo | 66 | [1030] CORRECAMINOS | 1:00:28 | 6 | 42:21 | 5 | 56:19 | 3 | |
| | | | | | 687,43 | | 667,06 | | 895,83 | | 50,32 |
| 5 | 2129 | Lúisa Mateus | 58 | [070] COC | 41:34 | 1 | 28:15 | 1 | | | |
| | | | | | 1000,00 | | 1000,00 | | | | 00,00 |
| 6 | 8153 | Maribel Barriguete Andreu | 67 | [1002] ADOL | 1:09:21 | 8 | 55:24 | 7 | 1:19:15 | 9 | |
| | | | | | 599,38 | | 509,93 | | 636,59 | | 45,90 |
| 7 | 8128 | Silvia Saoner Arévalo | 68 | [1042] IMPERDIBLE BU | 56:39 | 5 | | | 50:27 | 1 | |
| | | | | | 733,75 | | | | 1000,00 | | 33,75 |
| 8 | 5280 | Carmo Silva | 67 | [007] Ori-Estarreja | 1:08:27 | 7 | dnf | | 58:24 | 5 | |
| | | | | | 607,26 | | 0,00 | | 863,87 | | 71,13 |
| 9 | 8045 | Amor Murcia Martínez | 61 | [1048] LORCA-O | 52:39 | 3 | dns | | 1:15:28 | 8 | |
| | | | | | 789,49 | | | | 668,51 | | 58,00 |
| 10 | 8049 | Cati Viudez De Haro | 60 | [1053] MURCIA-O | 1:15:20 | 10 | | | 1:10:57 | 6 | |
| | | | | | 551,77 | | | | 711,06 | | 62,83 |
| 11 | 3890 | Claudia Figueiredo | 66 | [052] GD4C | dnf | | 56:41 | 9 | 1:30:34 | 11 | |
| | | | | | 0,00 | | 498,38 | | 557,05 | | 55,43 |
| 12 | 4104 | Maria Silva | 65 | [007] Ori-Estarreja | dnf | | 55:46 | 8 | 1:31:59 | 12 | |
| | | | | | 0,00 | | 506,58 | | 548,47 | | 55,05 |
| 13 | 8166 | Silvia Sánchez Sanchez | 69 | [1120] NAVALCAN-O | 2:14:54 | 12 | dns | | 1:25:44 | 10 | |
| | | | | | 308,13 | | | | 588,45 | | 6,58 |
| 14 | 8191 | Maria Del Mar Fernandez Vid | 66 | [1002] ADOL | dnf | | 42:36 | 6 | dnf | | |
| | | | | | 0,00 | | 663,15 | | 0,00 | | 3,15 |
| 15 | 8092 | Marta Armisén Sáenz de Cen | 67 | [1146] O-GETAFE | 2:08:54 | 11 | | | dnf | | |
| | | | | | 322,47 | | | | 0,00 | | 2,47 |
| H50 (39) | | | | | | | | | | | |
| 1 | 1084 | Manuel Luís | 63 | [005] CP Armada | 31:18 | 1 | 19:32 | 2 | 51:25 | 3 | |
| | | | | | 1000,00 | | 896,76 | | 992,87 | | 89,63 |
| 2 | 8028 | Martinez Francois | 60 | [6503] 4012 | 35:29 | 3 | 17:31 | 1 | 51:03 | 1 | |
| | | | | | 882,10 | | 1000,00 | | 1000,00 | | 82,10 |
| 3 | 8042 | Juan Ferra Casado | 59 | [1048] LORCA-O | 42:15 | 7 | 20:01 | 3 | 57:01 | 7 | |
| | | | | | 740,83 | | 875,10 | | 895,35 | | 11,28 |
| 4 | 8209 | Vladimir Shangin | 62 | [1078] VILLENA-O | 33:52 | 2 | 26:23 | 13 | 1:05:20 | 14 | |
| | | | | | 924,21 | | 663,93 | | 781,38 | | 69,52 |
| 5 | 3131 | José Oliveira | 64 | [114] COA | 47:43 | 13 | 23:19 | 6 | 53:43 | 4 | |
| | | | | | 655,96 | | 751,25 | | 950,36 | | 57,57 |
| 6 | 8168 | Mikael Wiren | 62 | [1064] RUMBO-MADRID | 43:37 | 9 | 23:09 | 5 | 58:16 | 8 | |
| | | | | | 717,62 | | 756,66 | | 876,14 | | 50,42 |
| 7 | 2454 | Jorge Silva | 60 | [085] A Montanha | 47:39 | 12 | 26:12 | 11 | 58:35 | 9 | |
| | | | | | 656,87 | | 668,58 | | 871,41 | | 96,86 |
| 8 | 8040 | Jordi Izquierdo Figarola | 64 | [1059] Oros | 45:24 | 10 | 24:31 | 8 | 1:04:38 | 13 | |
| | | | | | 689,43 | | 714,48 | | 789,84 | | 93,75 |
| 9 | 8034 | Manuel Parrilla Gil | 64 | [1002] ADOL | 49:05 | 14 | 24:51 | 9 | 1:00:19 | 10 | |
| | | | | | 637,69 | | 704,90 | | 846,37 | | 88,96 |
| 10 | 8151 | Andrés Munuera González | 63 | [1002] ADOL | 42:28 | 8 | 34:45 | 20 | 1:07:12 | 16 | |
| | | | | | 737,05 | | 504,08 | | 759,67 | | 00,80 |
| 11 | 1907 | Carlos Coelho | 61 | [094] CPOC | 51:11 | 15 | 28:04 | 15 | 1:08:01 | 17 | |
| | | | | | 611,53 | | 624,11 | | 750,55 | | 86,19 |
| 12 | 1471 | Jose Pires | 59 | [094] CPOC | 51:28 | 16 | 27:14 | 14 | 1:26:11 | 23 | |
| | | | | | 608,16 | | 643,21 | | 592,34 | | 43,71 |
| 13 | 8113 | Santiago Santiago Veloso | 61 | [1002] ADOL | 1:00:05 | 18 | 33:56 | 19 | 1:03:52 | 11 | |
| | | | | | 520,94 | | 516,21 | | 799,32 | | 36,47 |

| Pl | tno | Name | B | Club | S1 | S2 | S3 | tal | | | |
|-----------------|------|-------------------------------|----|----------------------|----------------|----|--------|-----|---------|----|-------|
| H50 (39) | | | | | <i>(cont.)</i> | | | | | | |
| 14 | 3872 | António Aguiar | 61 | [007] Ori-Estarreja | 1:00:55 | 19 | 33:12 | 18 | 1:04:29 | 12 | |
| | | | | | 513,82 | | 527,61 | | 791,68 | | 33,11 |
| 15 | 8072 | Luis Mahou García | 62 | [1136] COTA | 38:38 | 4 | | | 51:16 | 2 | |
| | | | | | 810,18 | | | | 995,77 | | 05,95 |
| 16 | 8066 | José Ángel Nieto Poblete | 62 | [1020] O-CIUDAD REAL | 1:02:10 | 21 | 35:45 | 21 | 1:18:17 | 18 | |
| | | | | | 503,49 | | 489,98 | | 652,12 | | 45,59 |
| 17 | 8133 | Francisco Iglesias Huertos | 60 | [1113] CDP-O | 45:32 | 11 | | | 55:19 | 5 | |
| | | | | | 687,41 | | | | 922,87 | | 10,28 |
| 18 | 9007 | Jesús Luis Velez Unquera | | [1048] LORCA-O | 1:04:20 | 23 | 38:11 | 23 | 1:20:02 | 19 | |
| | | | | | 486,53 | | 458,75 | | 637,86 | | 83,14 |
| 19 | 8070 | Vicente Tordera Ovejero | 61 | [1068] TOLEDO-O | 40:51 | 5 | 24:04 | 7 | | | |
| | | | | | 766,22 | | 727,84 | | | | 94,06 |
| 20 | 8090 | Salvador González Rodríguez | 62 | [1154] NORDESTE-O | 2:00:48 | 30 | 28:55 | 16 | 1:25:24 | 22 | |
| | | | | | 259,11 | | 605,76 | | 597,78 | | 62,65 |
| 21 | 3007 | José Mário Baptista | 62 | [052] GD4C | mp | | 25:52 | 10 | 1:06:58 | 15 | |
| | | | | | 0,00 | | 677,19 | | 762,32 | | 39,51 |
| 22 | 5294 | Amândio Gonçalves | 63 | [022] CLAC | 1:13:10 | 25 | 36:40 | 22 | 1:44:28 | 27 | |
| | | | | | 427,79 | | 477,73 | | 488,67 | | 94,19 |
| 23 | 8241 | Luis Fernando Saz Alcubierre | 63 | [1067] SOTOBOSQUE | 1:14:47 | 26 | 51:00 | 26 | 1:23:20 | 20 | |
| | | | | | 418,54 | | 343,46 | | 612,60 | | 74,60 |
| 24 | 8096 | Francisco Javier Prada Gonz | 60 | [1113] CDP-O | 1:12:20 | 24 | | | 56:24 | 6 | |
| | | | | | 432,72 | | | | 905,14 | | 37,86 |
| 25 | 4783 | Carlos Fortunato | 62 | [007] Ori-Estarreja | 59:46 | 17 | 48:33 | 25 | 2:11:27 | 29 | |
| | | | | | 523,70 | | 360,80 | | 388,36 | | 72,86 |
| 26 | 5391 | José Almeida | 62 | [056] Natura | 1:38:32 | 29 | 40:47 | 24 | 1:38:47 | 26 | |
| | | | | | 317,66 | | 429,51 | | 516,79 | | 63,96 |
| 27 | 2592 | João Alves | 61 | [052] GD4C | mp | | 26:22 | 12 | 1:30:04 | 25 | |
| | | | | | 0,00 | | 664,35 | | 566,80 | | 31,15 |
| 28 | 2130 | Pedro Serralheiro | 61 | [070] COC | 1:02:46 | 22 | 29:12 | 17 | | | |
| | | | | | 498,67 | | 599,89 | | | | 98,56 |
| 29 | 8093 | Julio Cesar Garrido Izquierdo | 62 | [1113] CDP-O | 1:01:50 | 20 | | | 1:26:23 | 24 | |
| | | | | | 506,20 | | | | 590,97 | | 97,17 |
| 30 | 8277 | Cristóbal Fernández Liria | 62 | [1136] COTA | dns | | 21:04 | 4 | dns | | |
| | | | | | | | 831,49 | | | | 1,49 |
| 31 | 4098 | Júlio Oliveira | 63 | [005] CP Armada | 1:34:58 | 28 | | | 1:45:54 | 28 | |
| | | | | | 329,59 | | | | 482,06 | | 1,65 |
| 32 | 8048 | Pedro Mayol Clemente | 57 | [1053] MURCIA-O | 42:12 | 6 | | | dns | | |
| | | | | | 741,71 | | | | | | 1,71 |
| 33 | 8069 | Oscar Rodríguez Pérez | 61 | [1049] MANZANARES-O | mp | | | | 1:23:27 | 21 | |
| | | | | | 0,00 | | | | 611,74 | | 1,74 |
| 34 | 8189 | Manuel Domínguez Reyes | 60 | [1002] ADOL | 1:30:29 | 27 | | | dnf | | |
| | | | | | 345,92 | | | | 0,00 | | 5,92 |
| 35 | 8244 | José Antonio Espinosa Nogu | 67 | [1065] SANT JOAN | dnf | nc | | nc | 2:13:45 | nc | |
| | | | | | 0,00 | | | | 0,00 | | 00 |
| 35 | 8115 | Jose Angel Ramos Román | 64 | [1002] ADOL | dns | | mp | | | | |
| | | | | | | | 0,00 | | | | 00 |
| 35 | 8186 | José Manuel Robles Pagán | 79 | [1067] SOTOBOSQUE | 57:01 | nc | 24:41 | nc | dns | nc | |
| | | | | | 0,00 | | 0,00 | | | | 00 |
| 35 | 8227 | Antonio Gázquez Millán | 72 | [1048] LORCA-O | 1:08:57 | nc | 33:17 | nc | 1:15:15 | nc | |
| | | | | | 0,00 | | 0,00 | | 0,00 | | 00 |
| 35 | 8157 | José Manuel Prieto García | 67 | [1129] COLMENAR | 1:12:00 | nc | 31:30 | nc | 1:29:00 | nc | |
| | | | | | 0,00 | | 0,00 | | 0,00 | | 00 |
| D50 (17) | | | | | | | | | | | |
| 1 | 1952 | Isabel Monteiro | 58 | [070] COC | 53:00 | 1 | 42:57 | 5 | 1:06:08 | 1 | |
| | | | | | 1000,00 | | 913,08 | | 1000,00 | | 13,08 |
| 2 | 5123 | Cathy Dawson | 53 | [151] GafanhOri | 54:46 | 2 | 40:52 | 3 | 1:16:44 | 4 | |
| | | | | | 967,74 | | 959,62 | | 861,86 | | 89,22 |

| Pl | tno | Name | B | Club | S1 | | S2 | | S3 | | tal |
|-----------------|------|--|----|---------------------------|---------|----|---------|----|---------|-----|-------|
| D50 (17) | | | | | | | | | | | |
| <i>(cont.)</i> | | | | | | | | | | | |
| 3 | 1524 | Helena Lopes | | [003] CIMO | 56:41 | 3 | 39:56 | 2 | 1:16:07 | 3 | |
| | | | | | 935,02 | | 982,05 | | 868,84 | | 85,91 |
| 4 | 8064 | Rosa M ^a Pernas Martínez | 59 | [1157] USC | 1:05:11 | 5 | 39:13 | 1 | 1:28:20 | 6 | |
| | | | | | 813,09 | | 1000,00 | | 748,68 | | 61,77 |
| 5 | 2497 | Aida Correia | 63 | [052] GD4C | 57:02 | 4 | 41:49 | 4 | 1:43:36 | 7 | |
| | | | | | 929,28 | | 937,82 | | 638,35 | | 05,45 |
| 6 | 4730 | Assunção Almeida | 59 | [151] GafanhOri | 1:12:56 | 6 | 1:00:28 | 6 | 1:11:59 | 2 | |
| | | | | | 726,69 | | 648,57 | | 918,73 | | 93,99 |
| 7 | 5293 | Amália Gonçalves | 63 | [022] CLAC | 1:36:16 | 8 | 1:15:44 | 7 | 1:50:52 | 8 | |
| | | | | | 550,55 | | 517,83 | | 596,51 | | 64,89 |
| 8 | 8075 | M ^a Pilar Miguel Pagazaurtund | 64 | [1136] COTA | 1:33:41 | 7 | | | 1:17:25 | 5 | |
| | | | | | 565,74 | | | | 854,25 | | 19,99 |
| 9 | 8254 | Olivia Plaza Plaza | 63 | [1113] CDP-O | 1:53:38 | 10 | | | 2:08:38 | 9 | |
| | | | | | 466,41 | | | | 514,12 | | 0,53 |
| 10 | 8266 | M ^a Jesus Cascales Nicolás | 64 | [1042] IMPERDIBLE BU | 1:51:42 | 9 | | | mp | | |
| | | | | | 474,49 | | | | 0,00 | | 4,49 |
| 11 | 8279 | Judith Checkley | 55 | [1071] TOTANA-O | dns | | | | mp | | |
| | | | | | | | | | 0,00 | | 00 |
| 11 | 8263 | Sagrario Martin-Tesorero Cas | 69 | [1068] TOLEDO-O | 1:31:08 | nc | | nc | 1:38:55 | nc | |
| | | | | | 0,00 | | | | 0,00 | | 00 |
| 11 | 8101 | Amor Murcia Martínez | 61 | [1048] LORCA-O | dns | | | | dnf | dns | |
| | | | | | | | | | 0,00 | | 00 |
| 11 | 8041 | Ana Carmona Álvarez | 74 | [1071] TOTANA-O | 1:24:37 | nc | 43:04 | nc | 1:32:45 | nc | |
| | | | | | 0,00 | | 0,00 | | 0,00 | | 00 |
| 11 | 8126 | Elena Riaño Ribota | 72 | [1042] IMPERDIBLE BU | 1:54:10 | nc | | nc | 1:37:09 | nc | |
| | | | | | 0,00 | | | | 0,00 | | 00 |
| 11 | 8250 | Maria Pilar Ruiz Hidalgo | 77 | [1068] TOLEDO-O | 1:26:40 | nc | | nc | 1:59:12 | nc | |
| | | | | | 0,00 | | | | 0,00 | | 00 |
| 11 | 8161 | Elisa Belinchón Martínez | 66 | [1146] O-GETAFE | 1:33:15 | nc | | nc | mp | nc | |
| | | | | | 0,00 | | | | 0,00 | | 00 |
| H55 (18) | | | | | | | | | | | |
| 1 | 1532 | José Fernandes | 59 | [102] .COM | 30:48 | 1 | 20:53 | 2 | 39:26 | 1 | |
| | | | | | 1000,00 | | 960,10 | | 1000,00 | | 60,10 |
| 2 | 8100 | Per Gunnar Emion | 58 | [1026] COMA | 32:37 | 2 | 20:03 | 1 | 50:56 | 2 | |
| | | | | | 944,30 | | 1000,00 | | 774,21 | | 18,51 |
| 3 | 8007 | Santiago Del Moral | 56 | [2275] Universidad Alican | 40:01 | 3 | 34:10 | 8 | 57:15 | 4 | |
| | | | | | 769,68 | | 586,83 | | 688,79 | | 45,30 |
| 4 | 2441 | Júlio Martins | 57 | [128] COALA | 1:08:39 | 13 | 21:16 | 3 | 1:03:58 | 6 | |
| | | | | | 448,65 | | 942,79 | | 616,47 | | 07,91 |
| 5 | 1512 | Manuel Santos | 59 | [102] .COM | 43:27 | 4 | 26:55 | 4 | 1:11:33 | 11 | |
| | | | | | 708,86 | | 744,89 | | 551,13 | | 04,88 |
| 6 | 1190 | Carlos Ferreira | 56 | [015] DA Recardães | 51:02 | 9 | 28:07 | 5 | 57:40 | 5 | |
| | | | | | 603,53 | | 713,10 | | 683,82 | | 00,45 |
| 7 | 4077 | Custódio Pinto | 56 | [003] CIMO | 46:38 | 7 | 30:11 | 6 | 1:05:38 | 7 | |
| | | | | | 660,47 | | 664,27 | | 600,81 | | 25,55 |
| 8 | 1851 | Escada da Costa | 56 | [157] AFAP | 44:26 | 5 | 32:41 | 7 | 1:06:19 | 8 | |
| | | | | | 693,17 | | 613,46 | | 594,62 | | 01,25 |
| 9 | 1391 | António Matias | 57 | [022] CLAC | 45:51 | 6 | 34:23 | 9 | 1:13:30 | 12 | |
| | | | | | 671,76 | | 583,13 | | 536,51 | | 91,40 |
| 10 | 8029 | Miguel Ángel García Grinda | 58 | [1002] ADOL | 55:22 | 11 | 37:51 | 10 | 1:24:08 | 13 | |
| | | | | | 556,29 | | 529,72 | | 468,70 | | 54,71 |
| 11 | 4300 | Carlos Garrido | 59 | [127] Ginásio | 1:01:27 | 12 | 42:27 | 11 | 1:10:10 | 10 | |
| | | | | | 501,22 | | 472,32 | | 562,00 | | 35,54 |
| 12 | 3128 | Manuel Martins | 56 | [107] CAOS | 49:24 | 8 | | | 54:28 | 3 | |
| | | | | | 623,48 | | | | 723,99 | | 47,47 |
| 13 | 8063 | Eduardo V. Ramos Lozano | 55 | [1157] USC | 1:10:53 | 15 | 51:50 | 13 | 1:44:13 | 15 | |
| | | | | | 434,52 | | 386,82 | | 378,38 | | 99,72 |

| Pl | tno | Name | B | Club | S1 | S2 | S3 | tal | | |
|-----------------|------|------------------------------|----|-----------------------|----------------|----|---------|-----|---------|-------|
| H55 (18) | | | | | <i>(cont.)</i> | | | | | |
| 14 | 8205 | Jose Eugenio Gutierrez Justo | 57 | [1129] COLMENAR | 1:11:47 | 16 | 43:14 | 12 | 2:17:10 | 18 |
| | | | | | 429,07 | | 463,76 | | 287,48 | 80,31 |
| 15 | 8091 | Jesús de Miguel Rey | 51 | [1104] NVALENO-O | 53:20 | 10 | | | 1:08:44 | 9 |
| | | | | | 577,50 | | | | 573,71 | 51,21 |
| 16 | 3865 | Luís Pereira | 58 | [052] GD4C | 1:32:04 | 17 | 56:50 | 14 | 1:42:14 | 14 |
| | | | | | 334,54 | | 352,79 | | 385,72 | 73,05 |
| 17 | 9005 | Carlos Palacios Gonzalez | 58 | [1565] Individual ESP | 1:08:42 | 14 | | | 1:59:55 | 16 |
| | | | | | 448,33 | | | | 328,84 | 7,17 |
| 18 | 8086 | José María Galván Mangas | 55 | [1075] COV | 1:43:10 | 18 | dns | | 2:08:42 | 17 |
| | | | | | 298,55 | | | | 306,40 | 4,95 |
| D55 (7) | | | | | | | | | | |
| 1 | 2410 | Margarida Rocha | 55 | [052] GD4C | 47:15 | 1 | 38:46 | 3 | 1:16:28 | 1 |
| | | | | | 1000,00 | | 946,69 | | 1000,00 | 46,69 |
| 2 | 1640 | Fernanda Ferreira | 55 | [015] DA Recardães | 1:05:28 | 3 | 36:42 | 1 | 1:28:34 | 2 |
| | | | | | 721,74 | | 1000,00 | | 863,38 | 85,12 |
| 3 | 8144 | Sabina Benavides Ares | 57 | [1154] NORDESTE-O | 1:13:40 | 4 | 52:03 | 4 | 2:39:22 | 6 |
| | | | | | 641,40 | | 705,09 | | 479,82 | 26,31 |
| 4 | 8027 | martinez Catherine | 58 | [6503] 4012 | 1:00:37 | 2 | 38:06 | 2 | mp | |
| | | | | | 779,49 | | 963,25 | | 0,00 | 42,74 |
| 5 | 8240 | Mº Del Rosario Gutierrez Yan | 59 | [1113] CDP-O | 1:23:15 | 5 | | | 1:49:13 | 3 |
| | | | | | 567,57 | | | | 700,14 | 67,71 |
| 6 | 8054 | Piedad Pastor Sánchez | 52 | [1065] SANT JOAN | 1:25:51 | 6 | | | 2:17:30 | 4 |
| | | | | | 550,38 | | | | 556,12 | 06,50 |
| 7 | 9006 | Mercedes Garcia-Diego | 59 | [1565] Individual ESP | dns | | | | 2:27:37 | 5 |
| | | | | | | | | | 518,01 | 8,01 |
| H60 (11) | | | | | | | | | | |
| 1 | 5124 | Roy Dawson | 48 | [151] GafanhOri | 1:02:56 | 6 | 27:09 | 2 | 40:19 | 2 |
| | | | | | 587,66 | | 830,57 | | 893,76 | 11,99 |
| 2 | 1905 | Vítor Rodrigues | 54 | [094] CPOC | 1:15:51 | 8 | 22:33 | 1 | 46:12 | 5 |
| | | | | | 487,59 | | 1000,00 | | 779,94 | 67,53 |
| 3 | 8150 | Martin Checkley | 52 | [1071] TOTANA-O | 52:23 | 3 | 46:10 | 3 | 43:25 | 4 |
| | | | | | 706,01 | | 488,45 | | 829,94 | 24,40 |
| 4 | 1449 | Manuel Dias | 52 | [151] GafanhOri | 36:59 | 1 | | | 36:02 | 1 |
| | | | | | 1000,00 | | | | 1000,00 | 00,00 |
| 5 | 1251 | Álvaro Coelho | 53 | [127] Ginásio | 53:22 | 4 | | | 42:08 | 3 |
| | | | | | 693,00 | | | | 855,22 | 48,22 |
| 6 | 1903 | Armando Santos | 52 | [128] COALA | 51:24 | 2 | 33:29 | nc | 47:12 | 6 |
| | | | | | 719,52 | | 0,00 | | 763,42 | 82,94 |
| 7 | 8058 | José Font García | 53 | [1074] VALENCIA-O | 1:26:40 | 9 | | | 55:37 | 7 |
| | | | | | 426,73 | | | | 647,89 | 74,62 |
| 8 | 8053 | Ricardo Iñiguez Crespo | 51 | [1030] CORRECAMINOS | 1:13:48 | 7 | mp | | 1:12:29 | 9 |
| | | | | | 501,13 | | 0,00 | | 497,13 | 8,26 |
| 9 | 1677 | António Reyes | 54 | [151] GafanhOri | 2:00:28 | 10 | dns | | 1:06:03 | 8 |
| | | | | | 307,00 | | | | 545,55 | 2,55 |
| 10 | 1062 | Dionísio Estroia | 52 | [008] CP EPAL | 1:01:23 | 5 | | | dnf | |
| | | | | | 602,50 | | | | 0,00 | 2,50 |
| 11 | 4234 | Inácio Cardoso | 53 | [103] ADADesnível | mp | | | | | |
| | | | | | 0,00 | | | | | 00 |
| D60 (2) | | | | | | | | | | |
| 1 | 1390 | Maria São João | 53 | [022] CLAC | 1:22:13 | 1 | 41:44 | 1 | 1:23:10 | 1 |
| | | | | | 1000,00 | | 1000,00 | | 1000,00 | 00,00 |
| 2 | 8055 | Carmen Perona Morales | 51 | [1074] VALENCIA-O | 1:33:50 | 2 | | | 2:41:32 | 2 |
| | | | | | 876,20 | | | | 514,86 | 91,06 |

| Pl | tno | Name | B | Club | S1 | S2 | S3 | tal |
|--------------------------|------|---------------------------|----|-----------------------|---------|---------|---------|-------|
| H65 (2) | | | | | | | | |
| 1 | 8033 | Agustín Pajaro Vouillamoz | 46 | [1002] ADOL | 58:20 | 1 48:06 | 1 53:06 | 1 |
| | | | | | 1000,00 | 1000,00 | 1000,00 | 00,00 |
| 2 | 8087 | José Manuel Sánchez López | 46 | [1075] COV | dnf | dns | 1:08:04 | 2 |
| | | | | | 0,00 | | 780,12 | 0,12 |
| H75 (1) | | | | | | | | |
| 1 | 3126 | Joaquim da Costa | 38 | [052] GD4C | 1:39:59 | 1 mp | 1:18:22 | 1 |
| | | | | | 1000,00 | 0,00 | 1000,00 | 00,00 |
| Fácil Curto (12) | | | | | | | | |
| 1 | 3573 | Ismael Rodrigues | 87 | [080] TST | 28:22 | 3 | 18:45 | 1 |
| | | | | | 690,95 | | 1000,00 | 90,95 |
| 2 | 9010 | Pedro Fernandes | | [159] COAAL | 19:37 | 2 | 44:17 | 7 |
| | | | | | 999,15 | | 423,41 | 22,56 |
| 3 | 8296 | GUILLERMO PRADA AROC | 04 | [1113] CDP-O | 31:51 | 6 | 24:49 | 2 |
| | | | | | 615,38 | | 755,54 | 70,92 |
| 4 | 9012 | Beatriz Cipriano + Fátima | | [094] CPOC | 29:57 | 5 | 30:52 | 3 |
| | | | | | 654,42 | | 607,45 | 61,87 |
| 5 | 8074 | Daniel Mahou Miguel | 92 | [1136] COTA | 28:49 | 4 | 34:36 | 6 |
| | | | | | 680,16 | | 541,91 | 22,07 |
| 6 | 8295 | ALICIA PRADA AROCA | 03 | [1113] CDP-O | 33:05 | 9 | 31:26 | 4 |
| | | | | | 592,44 | | 596,50 | 88,94 |
| 7 | 8298 | Lola Boix | 54 | [1074] VALENCIA-O | 35:19 | 10 | 34:15 | 5 |
| | | | | | 554,98 | | 547,45 | 02,43 |
| 8 | 8302 | IRENE GODOY RUBIO | 66 | [1160] COHU | 19:36 | 1 | mp | |
| | | | | | 1000,00 | | 0,00 | 00,00 |
| 9 | 9013 | Isabel + Bernardo | | [1075] COV | 32:41 | 7 | | |
| | | | | | 599,69 | | | 9,69 |
| 10 | 9014 | Edvania + Judite | | [1075] COV | 32:48 | 8 | | |
| | | | | | 597,56 | | | 7,56 |
| 11 | 8160 | Alicia Coll Moya | 78 | [1120] NAVALCAN-O | 37:13 | 11 | | |
| | | | | | 526,65 | | | 6,65 |
| 12 | 3109 | Jacinto Costa | 68 | [119] OriMarão | dns | | 51:45 | 8 |
| | | | | | | | 362,32 | 2,32 |
| Difícil Curto (9) | | | | | | | | |
| 1 | 9001 | Enrique Marriguete | 93 | [1565] Individual ESP | 1:19:48 | 1 dns | dns | |
| | | | | | 1000,00 | | | 00,00 |
| 1 | 9021 | Katarina + Henriqueta | | [1564] Individual POR | | | 1:03:10 | 1 |
| | | | | | | | 1000,00 | 00,00 |
| 1 | 8005 | LucianoM+MariaM | | [1564] Individual POR | | 52:55 | 1 | |
| | | | | | | 1000,00 | | 00,00 |
| 4 | 8097 | Saúl Laguna Gutiérrez | 91 | [1113] CDP-O | dnf | | 1:04:50 | 2 |
| | | | | | 0,00 | | 974,29 | 4,29 |
| 5 | 9002 | Munuera Barriguete | 96 | [1565] Individual ESP | 1:55:46 | 2 dns | dns | |
| | | | | | 689,32 | | | 9,32 |
| 6 | 9099 | Rosário Matias | | [1564] Individual POR | dnf | | 2:06:33 | 3 |
| | | | | | 0,00 | | 499,14 | 9,14 |
| 7 | 8023 | Patrícia Mendes | 99 | [094] CPOC | mp | dns | 2:37:07 | 4 |
| | | | | | 0,00 | | 402,04 | 2,04 |
| 8 | 8301 | Rima Paukste | 71 | [1078] VILLENA-O | mp | | dns | |
| | | | | | 0,00 | | | 00 |
| 8 | 9020 | Catarina Correia | | [1564] Individual POR | | | mp | |
| | | | | | | | 0,00 | 00 |

| Pl | tno | Name | B | Club | S1 | S2 | S3 | tal |
|--------------------------|-------|----------------------------|----|-----------------------|---------|---------|---------|-------|
| Fácil Longo (11) | | | | | | | | |
| 1 | 8299 | JOAQUIN PAREJO SANZ | 92 | [1120] NAVALCAN-O | 26:54 | 1 | 45:24 | 1 |
| | | | | | 1000,00 | | 1000,00 | 00,00 |
| 2 | 2190 | Marina Guilherme | 73 | [070] COC | 37:36 | 3 | 1:11:59 | 4 |
| | | | | | 715,43 | | 630,70 | 46,13 |
| 3 | 8300 | ALFONSO MUÑOZ DOMING | 93 | [1120] NAVALCAN-O | 51:16 | 6 | 1:03:22 | 3 |
| | | | | | 524,71 | | 716,47 | 41,18 |
| 4 | 8024 | André Silva | 92 | [022] CLAC | 44:19 | 5 | 1:46:30 | 8 |
| | | | | | 607,00 | | 426,29 | 33,29 |
| 5 | 9000 | Maria Jesus Rubio Garcia | 60 | [1565] Individual ESP | 58:15 | 8 | dns | 5 |
| | | | | | 461,80 | | 567,38 | 29,18 |
| 6 | 21039 | Margarida Maria | 71 | [007] Ori-Estarreja | | 41:09 | 1 | |
| | | | | | | 1000,00 | | 00,00 |
| 7 | 1039 | Margarida Maria | 71 | [007] Ori-Estarreja | 56:43 | 7 | 1:34:27 | 7 |
| | | | | | 474,29 | | 480,68 | 4,97 |
| 8 | 9016 | Henrieta Selcova | | [1564] Individual POR | 33:55 | 2 | | |
| | | | | | 793,12 | | | 3,12 |
| 9 | 39018 | Jordi Vives | | [1565] Individual ESP | | | 1:00:27 | 2 |
| | | | | | | | 751,03 | 1,03 |
| 10 | 9011 | Liliana Dias | | [159] COAAL | 40:57 | 4 | | |
| | | | | | 656,90 | | | 6,90 |
| 11 | 39020 | Irene Godoy Rubio | | [1160] COHU | | | 1:29:38 | 6 |
| | | | | | | | 506,51 | 6,51 |
| Difícil Longo (5) | | | | | | | | |
| 1 | 8004 | LucianoM+MariaM | | [1564] Individual POR | 1:32:28 | 1 | 1:25:27 | 1 |
| | | | | | 1000,00 | | 1000,00 | 00,00 |
| 2 | 9009 | Juan José Mardomingo | | [1129] COLMENAR | 1:44:16 | 2 | 1:42:10 | 3 |
| | | | | | 886,83 | | 836,38 | 23,21 |
| 3 | 39019 | Leandro Silva + Luisa Gado | | [1564] Individual POR | | | 1:35:45 | 2 |
| | | | | | | | 892,43 | 2,43 |
| 4 | 8021 | Carlos Gameiro | 68 | [094] CPOC | mp | | 1:55:50 | 4 |
| | | | | | 0,00 | | 737,70 | 7,70 |
| 5 | 9015 | Katarina Kiselova | | [1564] Individual POR | 2:25:12 | 3 | | |
| | | | | | 636,82 | | | 6,82 |
| Fácil (3) | | | | | | | | |
| 1 | 29012 | Beatriz Cipriano + Fátima | | [094] CPOC | | 17:51 | 1 | |
| | | | | | | 1000,00 | | 00,00 |
| 2 | 29014 | Edvania + Judite | | [1075] COV | | 42:57 | 2 | |
| | | | | | | 415,60 | | 5,60 |
| 3 | 34020 | Isabel + Bernardo | | [1075] COV | | 43:01 | 3 | |
| | | | | | | 414,96 | | 4,96 |
| Difícil (5) | | | | | | | | |
| 1 | 9018 | Jordi Vives | | [1565] Individual ESP | | 50:26 | 1 | |
| | | | | | | 1000,00 | | 00,00 |
| 2 | 8303 | JOAQUIN PAREJO SANZ | 92 | [1120] NAVALCAN-O | | 55:45 | 2 | |
| | | | | | | 904,63 | | 4,63 |
| 3 | 8304 | ALFONSO MUÑOZ DOMING | 93 | [1120] NAVALCAN-O | | 1:01:52 | 3 | |
| | | | | | | 815,19 | | 5,19 |
| 4 | 8025 | André Silva | 92 | [022] CLAC | | 1:09:47 | 4 | |
| | | | | | | 722,71 | | 2,71 |
| 5 | 29010 | Pedro Fernandes | | [159] COAAL | | dnf | | |
| | | | | | | 0,00 | | 00 |