

os	rsal	Nombre	Tiempo																	
H-18 CEO (49)				8,8 km 0 m			16 C		(cont.)											
				1(36)	2(41)	3(59)	4(97)	5(104)	6(93)	7(90)	8(81)	9(80)	10(96)	11(66)	12(82)	13(49)	14(68)			
				15(51)	16(200)	Meta														
8	591	Jaime Tordera More Toledo TOLEDO-O	57:03	3:56 3:56 55:39 1:18	7:18 3:22 56:44 1:05	9:56 2:38 57:03 0:19	19:33 9:37	23:10 3:37	27:23 4:13	29:50 2:27	32:34 2:44	33:57 1:23	42:39 8:42	45:05 2:26	45:51 0:46	52:09 6:18	54:21 2:12			
9	243	Alejandro Sanchez Alicante COLIVENC	57:21	3:37 3:37 56:10 1:32	6:35 2:58 57:04 0:54	12:52 6:17 57:21 0:17	21:46 8:54	25:19 3:33	30:12 4:53	32:34 2:22	35:11 2:37	36:26 1:15	44:38 8:12	47:05 2:27	47:42 0:37	52:48 5:06	54:38 1:50			
10	240	Miguel Angel Tortos Alicante COLIVENC	59:08	4:17 4:17 57:44 1:14	8:02 3:45 58:51 1:07	10:22 2:20 59:08 0:17	21:51 11:29	28:31 6:40	32:17 3:46	34:18 2:01	36:41 2:23	37:43 1:02	45:41 7:58	48:13 2:32	49:15 1:02	54:11 4:56	56:30 2:19			
11	439	Pablo Fernández C Madrid IMPERDIBL	1:00:06	4:26 4:26 58:51 1:10	8:07 3:41 59:50 0:59	11:02 2:55 1:00:06 0:16	18:56 7:54	29:07 10:11	33:04 3:57	35:02 1:58	37:37 2:35	38:40 1:03	47:01 8:21	50:27 3:26	51:02 0:35	55:44 4:42	57:41 1:57			
12	1019	Ignacio Sanchez Mu Toledo NAVALCAN-	1:00:49	3:34 3:34 59:26 1:09	7:23 3:49 1:00:33 1:07	10:11 2:48 1:00:49 0:16	23:07 12:56	29:15 6:08	33:24 4:09	35:57 2:33	38:14 2:17	39:21 1:07	47:38 8:17	50:05 2:27	50:44 0:39	55:38 4:54	58:17 2:39			
13	147	Quim Solé Llobet Barcelona COC	1:02:53	4:01 4:01 1:01:24 1:23	7:04 3:03 1:02:34 1:10	10:08 3:04 1:02:53 0:19	19:11 9:03	26:53 7:42	32:18 5:25	34:39 2:21	37:12 2:33	38:23 1:11	48:55 10:32	51:27 2:32	52:12 0:45	57:52 5:40	1:00:01 2:09			
14	811	Oscar Lobato Martí León ALCON	1:04:25	3:58 3:58 1:03:02 5:03	7:08 3:10 1:04:07 1:05	10:07 2:59 1:04:25 0:18	18:48 8:41	26:00 7:12	30:31 4:31	35:23 4:52	38:04 2:41	39:28 1:24	47:54 8:26	50:26 2:32	51:07 0:41	55:52 4:45	57:59 2:07			
15	874	Abel Herrero Gómez Palencia ORCA	1:05:23	3:18 3:18 1:04:14 1:20	6:59 3:41 1:05:10 0:56	9:36 2:37 1:05:23 0:13	17:59 8:23	34:23 16:24	38:25 4:02	40:35 2:10	43:02 2:27	44:14 1:12	52:32 8:18	55:37 3:05	56:14 0:37	1:01:00 4:46	1:02:54 1:54			
16	413	Jorge Paricio Franc Zaragoza IBÓN	1:05:35	3:30 3:30 1:04:03 1:36	6:30 3:00 1:05:14 1:11	9:27 2:57 1:05:35 0:21	18:45 9:18	31:06 12:21	35:03 3:57	37:15 2:12	39:55 2:40	41:09 1:14	50:52 9:43	53:25 2:33	54:06 0:41	1:00:08 6:02	1:02:27 2:19			
17	832	Pablo De La Pascua Cádiz FUNDI-O	1:08:43	7:34 7:34 1:07:02 1:28	11:09 3:35 1:08:21 1:19	14:05 2:56 1:08:43 0:22	25:05 11:00	32:55 7:50	37:41 4:46	39:58 2:17	42:52 2:54	44:04 1:12	54:00 9:56	56:42 2:42	57:27 0:45	1:03:22 5:55	1:05:34 2:12			
18	162	Marti Illa Camps Barcelona COC	1:09:26	4:15 4:15 1:07:59 1:27	7:44 3:29 1:09:08 1:09	10:45 3:01 1:09:26 0:18	25:17 14:32	34:06 8:49	39:03 4:57	42:05 3:02	44:56 2:51	46:11 1:15	55:06 8:55	58:09 3:03	58:56 0:47	1:04:37 5:41	1:06:32 1:55			
19	967	Azariel Alberto Mené Asturias LA BRUJU	1:10:26	3:59 3:59 1:09:10 1:35	7:29 3:30 1:10:13 1:03	10:12 2:43 1:10:26 0:13	18:49 8:37	23:25 4:36	30:36 7:11	32:52 2:16	36:11 3:19	37:30 1:19	47:03 9:33	50:42 3:39	51:20 0:38	1:03:08 11:48	1:07:35 4:27			
20	347	Miguel Corral Suárez Madrid GOCAN	1:11:57	4:02 4:02 1:10:21 2:00	7:30 3:28 1:11:36 1:15	17:02 9:32 1:11:57 0:21	26:41 9:39	33:52 7:11	37:35 3:43	39:48 2:13	42:55 3:07	44:14 1:19	55:22 11:08	58:40 3:18	59:33 0:53	1:05:52 6:19	1:08:21 2:29			
21	688	Adrián Arroyo Calle Valladolid COV	1:12:56	4:42 4:42 1:11:30 1:21	9:38 4:56 1:12:36 1:06	13:35 3:57 1:12:56 0:20	24:15 10:40	28:58 4:43	34:22 5:24	36:53 2:31	40:13 3:20	41:28 1:15	54:39 13:11	59:58 5:19	1:00:39 0:41	1:06:52 6:13	1:10:09 3:17			
22	1212	Óscar González Ma Cantabria GALITIUS	1:13:18	4:04 4:04 1:12:03 1:24	8:34 4:30 1:13:02 0:59	11:51 3:17 1:13:18 0:16	23:49 11:58	28:10 4:21	39:16 11:06	42:21 3:05	45:05 2:44	46:29 1:24	58:04 11:35	1:01:04 3:00	1:01:53 0:49	1:08:29 6:36	1:10:39 2:10			
23	804	Darío Fidalgo Casa León ALCON	1:15:13	3:28 3:28 1:13:47 1:23	6:49 3:21 1:14:57 1:10	9:15 2:26 1:15:13 0:16	17:27 8:12	25:57 8:30	43:47 17:50	46:08 2:21	49:50 3:42	50:58 1:08	59:15 8:17	1:02:05 2:50	1:02:57 0:52	1:07:43 4:46	1:12:24 4:41			
24	466	Pablo Teruel Miñarr Murcia LORCA-O	1:16:27	4:01 4:01 1:14:58 1:52	8:13 4:12 1:16:08 1:10	11:41 3:28 1:16:27 0:19	23:11 11:30	35:49 12:38	42:57 7:08	45:15 2:18	48:01 2:46	49:10 1:09	59:33 10:23	1:02:24 2:51	1:03:30 1:06	1:09:50 6:20	1:13:06 3:16			
25	472	Juan Francisco Fer Murcia LORCA-O	1:24:52	5:19 5:19 1:23:29 1:41	10:30 5:11 1:24:36 1:07	14:41 4:11 1:24:52 0:16	28:54 14:13	41:42 12:48	47:15 5:33	49:54 2:39	53:57 4:03	55:25 1:28	1:06:56 11:31	1:10:15 3:19	1:11:04 0:49	1:19:00 7:56	1:21:48 2:48			
26	95	Iván Lois Serto Pontevedra AROMO	1:27:28	7:24 7:24 1:26:05 1:55	13:41 6:17 1:27:16 1:11	17:19 3:38 1:27:28 0:12	33:16 15:57	38:13 4:57	44:09 5:56	46:49 2:40	50:13 3:24	52:08 1:55	1:10:54 18:46	1:14:27 3:33	1:15:16 0:49	1:21:15 5:59	1:24:10 2:55			

os	rsal	Nombre	Tiempo	10,7 km 130 m		20 C											
				1(38)	2(42)	3(60)	4(49)	5(72)	6(80)	7(90)	8(96)	9(101)	10(102)	11(105)	12(107)	13(94)	14(92)
				15(91)	16(88)	17(66)	18(71)	19(51)	20(200)	Meta							
H-20 CEO (26)																	
1	802	Cosme Sánchez Do León ALCON	1:01:29	3:48	6:53	10:17	15:01	17:49	25:14	27:28	34:18	35:30	37:13	41:08	42:35	44:21	46:07
				3:48	3:05	3:24	4:44	2:48	7:25	2:14	6:50	1:12	1:43	3:55	1:27	1:46	1:46
				47:35	50:44	56:24	58:19	1:00:25	1:01:17	1:01:29							
				1:28	3:09	5:40	1:55	2:06	0:52	0:12							
2	800	Santiago Treceño B León ALCON	1:02:24	3:39	7:15	10:39	15:44	18:48	25:27	27:42	34:13	35:39	37:10	41:06	42:28	44:05	45:48
				3:39	3:36	3:24	5:05	3:04	6:39	2:15	6:31	1:26	1:31	3:56	1:22	1:37	1:43
				47:30	50:36	56:36	58:33	1:01:11	1:02:06	1:02:24							
				1:42	3:06	6:00	1:57	2:38	0:55	0:18							
3	682	Diego Lázaro De Ju Valladolid COV	1:02:59	3:00	6:18	14:55	20:19	22:57	28:54	31:01	36:58	38:08	39:39	43:23	44:41	46:15	47:56
				3:00	3:18	8:37	5:24	2:38	5:57	2:07	5:57	1:10	1:31	3:44	1:18	1:34	1:41
				49:14	51:59	57:26	59:23	1:01:50	1:02:43	1:02:59							
				1:18	2:45	5:27	1:57	2:27	0:53	0:16							
4	724	Carlos Raico Landa Granada VELETA	1:03:24	3:23	7:11	11:24	16:06	19:31	25:46	28:13	35:22	36:42	38:24	42:30	44:00	45:50	47:47
				3:23	3:48	4:13	4:42	3:25	6:15	2:27	7:09	1:20	1:42	4:06	1:30	1:50	1:57
				49:13	52:08	57:46	59:57	1:02:10	1:03:08	1:03:24							
				1:26	2:55	5:38	2:11	2:13	0:58	0:16							
5	361	Elmar Montero Cárc Albacete GODIH	1:03:27	3:12	6:55	10:50	16:04	19:34	25:59	28:12	35:08	37:34	38:56	42:38	43:58	45:28	47:14
				3:12	3:43	3:55	5:14	3:30	6:25	2:13	6:56	2:26	1:22	3:42	1:20	1:30	1:46
				48:47	51:40	57:37	1:00:08	1:02:29	1:03:13	1:03:27							
				1:33	2:53	5:57	2:31	2:21	0:44	0:14							
6	1322	Álvaro Prieto Del C Madrid MALARRUTA	1:03:49	3:04	6:30	9:53	14:59	17:53	24:02	26:17	34:03	35:20	37:07	42:07	43:19	45:01	46:41
				3:04	3:26	3:23	5:06	2:54	6:09	2:15	7:46	1:17	1:47	5:00	1:12	1:42	1:40
				48:17	51:26	56:56	59:57	1:02:30	1:03:31	1:03:49							
				1:36	3:09	5:30	3:01	2:33	1:01	0:18							
7	231	Borja Vila Sempere Alicante COLIVENC	1:04:05	2:53	5:47	8:59	13:49	17:05	22:51	25:09	31:58	35:37	37:10	41:06	42:20	44:04	46:39
				2:53	2:54	3:12	4:50	3:16	5:46	2:18	6:49	3:39	1:33	3:56	1:14	1:44	2:35
				47:56	50:42	59:01	1:00:51	1:02:47	1:03:47	1:04:05							
				1:17	2:46	8:19	1:50	1:56	1:00	0:18							
8	679	Enrique Alonso Fer Valladolid COV	1:05:05	3:25	6:36	9:46	14:55	18:23	25:16	27:46	35:04	36:27	38:10	42:13	45:14	46:57	48:45
				3:25	3:11	3:10	5:09	3:28	6:53	2:30	7:18	1:23	1:43	4:03	3:01	1:43	1:48
				50:08	53:06	59:28	1:01:36	1:03:47	1:04:47	1:05:05							
				1:23	2:58	6:22	2:08	2:11	1:00	0:18							
9	373	Antonio David Martí Albacete GODIH	1:11:15	3:25	7:01	10:37	16:50	20:10	28:28	31:00	39:29	40:54	42:49	47:35	48:51	51:11	53:25
				3:25	3:36	3:36	6:13	3:20	8:18	2:32	8:29	1:25	1:55	4:46	1:16	2:20	2:14
				55:11	58:37	1:05:11	1:07:24	1:09:47	1:10:55	1:11:15							
				1:46	3:26	6:34	2:13	2:23	1:08	0:20							
10	53	Eloi Martí Romaní Girona ALIGOTS	1:11:25	6:38	10:16	13:31	25:16	28:07	33:46	36:03	42:19	43:45	45:27	50:16	51:35	53:10	55:18
				6:38	3:38	3:15	11:45	2:51	5:39	2:17	6:16	1:26	1:42	4:49	1:19	1:35	2:08
				56:37	59:33	1:05:37	1:08:18	1:10:18	1:11:10	1:11:25							
				1:19	2:56	6:04	2:41	2:00	0:52	0:15							
11	167	Joel Suñé Margined Barcelona COC	1:15:06	3:44	6:52	10:46	18:46	21:47	29:28	32:00	42:15	43:58	45:57	50:20	51:46	53:35	55:29
				3:44	3:08	3:54	8:00	3:01	7:41	2:32	10:15	1:43	1:59	4:23	1:26	1:49	1:54
				57:05	1:01:06	1:08:37	1:11:03	1:13:41	1:14:46	1:15:06							
				1:36	4:01	7:31	2:26	2:38	1:05	0:20							
12	1051	Jorge Cermeño Ber Madrid COLMENAR	1:17:58	5:28	9:20	13:49	20:12	23:41	31:56	34:48	43:59	45:39	47:27	52:38	54:09	56:17	58:30
				5:28	3:52	4:29	6:23	3:29	8:15	2:52	9:11	1:40	1:48	5:11	1:31	2:08	2:13
				1:00:11	1:03:42	1:11:02	1:13:40	1:16:20	1:17:33	1:17:58							
				1:41	3:31	7:20	2:38	2:40	1:13	0:25							
13	1103	David Cotillas Moya Cuenca ELERUT	1:20:03	3:14	8:15	11:57	17:44	21:05	32:58	35:16	41:42	42:52	44:28	48:49	50:42	52:35	54:54
				3:14	5:01	3:42	5:47	3:21	11:53	2:18	6:26	1:10	1:36	4:21	1:53	1:53	2:19
				56:49	1:05:16	1:11:59	1:14:07	1:18:46	1:19:47	1:20:03							
				1:55	8:27	6:43	2:08	4:39	1:01	0:16							
14	796	Pablo González Bar León ALCON	1:24:59	4:39	9:05	13:39	20:20	24:06	38:57	41:50	50:44	52:17	54:04	58:26	1:00:04	1:02:02	1:04:14
				4:39	4:26	4:34	6:41	3:46	14:51	2:53	8:54	1:33	1:47	4:22	1:38	1:58	2:12
				1:06:13	1:09:21	1:15:50	1:21:20	1:23:38	1:24:40	1:24:59							
				1:59	3:08	6:29	5:30	2:18	1:02	0:19							
15	727	Fernando Frías Fun Granada VELETA	1:25:49	3:21	9:58	14:09	20:57	26:10	34:14	37:08	47:41	49:09	51:32	57:24	59:13	1:01:50	1:04:24
				3:21	6:37	4:11	6:48	5:13	8:04	2:54	10:33	1:28	2:23	5:52	1:49	2:37	2:34
				1:06:58	1:10:32	1:17:47	1:21:04	1:24:25	1:25:31	1:25:49							
				2:34	3:34	7:15	3:17	3:21	1:06	0:18							
16	798	Miguel Moreno Mart León ALCON	1:27:14	3:58	7:48	12:26	18:51	25:16	34:23	37:31	47:47	49:39	51:45	58:45	1:00:47	1:03:17	1:05:36
				3:58	3:50	4:38	6:25	6:25	9:07	3:08	10:16	1:52	2:06	7:00	2:02	2:30	2:19
				1:07:36	1:12:02	1:20:24	1:23:05	1:25:51	1:26:56	1:27:14							
				2:00	4:26	8:22	2:41	2:46	1:05	0:18							
17	1060	Jorge Gutierrez Ser Madrid COLMENAR	1:39:36	3:20	7:39	11:35	17:50	22:00	31:48	34:39	44:29	46:35	48:37	54:01	56:56	1:09:04	1:12:34
				3:20	4:19	3:56	6:15	4:10	9:48	2:51	9:50	2:06	2:02	5:24	2:55	12:08	3:30
				1:17:08	1:22:42	1:31:36	1:35:32	1:38:10	1:39:17	1:39:36							
				4:34	5:34	8:54	3:56	2:38	1:07	0:19							
18	1205	Marcos Alvarez Gon Orense TREVINCA	1:43:50	4:14	8:52	14:59	28:52	33:35	43:36	47:08	58:43	1:05:31	1:08:02	1:14:30	1:16:29	1:19:16	1:21:49
				4:14	4:38	6:07	13:53	4:43	10:01	3:32	11:35	6:48	2:31	6:28	1:59	2:47	2:33
				1:24:37	1:28:44	1:36:25	1:39:14	1:42:33	1:43:36	1:43:50							

os rsal Nombre		Tiempo																		
D-20 CEO (13)				8,8 km 0 m			16 C			(cont.)										
				1(36)	2(41)	3(59)	4(97)	5(104)	6(93)	7(90)	8(81)	9(80)	10(96)	11(66)	12(82)	13(49)	14(68)			
				15(51)	16(200)	Meta														
	488	María Rodríguez Co	andona	4:56	9:41	13:26	32:22	41:41	47:27	-----	-----	-----	-----	-----	-----	-----	-----			
		Ciudad Real MANZA		4:56	4:45	3:45	18:56	9:19	5:46											
				-----	1:17:27	1:17:56														
	nc 1417	Inês Gonçalves	andona	6:52	16:41	24:40	-----	-----	-----	-----	-----	-----	-----	-----	-----	46:15	53:36			
		Ori-Estarreja Ori-Est		6:52	9:49	7:59										21:35	7:21			
				57:43	-----	1:02:15														
				4:07		4:32														
H-35 CEO (55)				10,7 km 130 m			20 C													
				1(38)	2(42)	3(60)	4(49)	5(72)	6(80)	7(90)	8(96)	9(101)	10(102)	11(105)	12(107)	13(94)	14(92)			
				15(91)	16(88)	17(66)	18(71)	19(51)	20(200)	Meta										
1	345	Santiago Jiménez M	54:30	3:03	5:47	8:39	12:59	15:36	21:03	23:08	29:14	30:24	31:51	35:29	36:46	38:24	40:02			
		Madrid GOCAN		3:03	2:44	2:52	4:20	2:37	5:27	2:05	6:06	1:10	1:27	3:38	1:17	1:38	1:38			
				41:29	44:25	49:24	51:22	53:25	54:15	54:30										
				1:27	2:56	4:59	1:58	2:03	0:50	0:15										
2	46	Emili Sellés Seguí	55:35	2:52	5:27	8:20	13:51	17:00	22:44	24:50	30:35	31:51	33:19	36:42	37:59	39:34	41:06			
		Alicante ALCOI		2:52	2:35	2:53	5:31	3:09	5:44	2:06	5:45	1:16	1:28	3:23	1:17	1:35	1:32			
				42:23	45:07	50:18	52:13	54:22	55:18	55:35										
				1:17	2:44	5:11	1:55	2:09	0:56	0:17										
3	818	Alfonso Bustillo Ru	57:09	3:07	5:50	8:40	13:29	16:26	22:01	24:18	31:54	33:07	34:36	38:07	39:23	41:04	42:41			
		La Rioja CRON		3:07	2:43	2:50	4:49	2:57	5:35	2:17	7:36	1:13	1:29	3:31	1:16	1:41	1:37			
				44:00	46:51	52:06	54:06	56:07	56:54	57:09										
				1:19	2:51	5:15	2:00	2:01	0:47	0:15										
4	1112	Israel Garrido De L	58:54	3:19	6:40	10:11	16:43	19:18	25:06	27:18	33:34	34:47	36:17	40:04	41:14	42:50	44:35			
		Madrid ALABARDA-O		3:19	3:21	3:31	6:32	2:35	5:48	2:12	6:16	1:13	1:30	3:47	1:10	1:36	1:45			
				46:03	48:47	53:48	55:42	57:47	58:40	58:54										
				1:28	2:44	5:01	1:54	2:05	0:53	0:14										
5	708	Juan Manuel Casad	1:01:01	2:54	5:48	8:47	14:45	17:29	25:33	27:42	33:49	34:58	36:27	40:26	41:32	43:01	44:40			
		Granada VELETA		2:54	2:54	2:59	5:58	2:44	8:04	2:09	6:07	1:09	1:29	3:59	1:06	1:29	1:39			
				47:13	49:58	55:59	57:51	59:50	1:00:44	1:01:01										
				2:33	2:45	6:01	1:52	1:59	0:54	0:17										
6	720	Manuel Jabalera Ro	1:03:55	2:56	6:29	9:47	15:02	18:09	24:13	26:44	35:13	36:24	37:54	41:50	43:20	45:12	47:15			
		Granada VELETA		2:56	3:33	3:18	5:15	3:07	6:04	2:31	8:29	1:11	1:30	3:56	1:30	1:52	2:03			
				48:53	51:57	58:05	1:00:07	1:02:47	1:03:38	1:03:55										
				1:38	3:04	6:08	2:02	2:40	0:51	0:17										
7	859	Ángel Perpén Martí	1:05:04	3:14	6:49	10:07	17:33	20:21	26:31	28:52	35:15	36:37	38:25	42:36	44:53	46:37	48:24			
		Huesca PEÑA GUAR		3:14	3:35	3:18	7:26	2:48	6:10	2:21	6:23	1:22	1:48	4:11	2:17	1:44	1:47			
				49:44	54:33	1:00:03	1:01:57	1:03:55	1:04:47	1:05:04										
				1:20	4:49	5:30	1:54	1:58	0:52	0:17										
8	920	Jonás Sánchez Meri	1:05:12	3:12	6:05	9:20	14:14	17:14	23:18	25:34	32:47	37:47	39:11	44:28	45:57	47:41	49:23			
		Soria NAVALENO-O		3:12	2:53	3:15	4:54	3:00	6:04	2:16	7:13	5:00	1:24	5:17	1:29	1:44	1:42			
				50:45	53:49	59:54	1:01:54	1:03:57	1:04:56	1:05:12										
				1:22	3:04	6:05	2:00	2:03	0:59	0:16										
9	645	Alex Tello Lacal	1:05:27	4:40	7:52	12:27	17:46	20:56	27:28	29:51	36:59	38:22	40:10	44:54	46:15	47:59	50:05			
		Valencia VALENCIA-		4:40	3:12	4:35	5:19	3:10	6:32	2:23	7:08	1:23	1:48	4:44	1:21	1:44	2:06			
				51:34	54:35	1:00:11	1:02:15	1:04:13	1:05:10	1:05:27										
				1:29	3:01	5:36	2:04	1:58	0:57	0:17										
10	548	Miguel Ángel Rodrí	1:05:57	6:28	10:33	13:59	18:59	22:01	28:01	30:26	37:24	38:43	40:29	44:41	45:59	47:48	49:32			
		Madrid RUMBO-MAD		6:28	4:05	3:26	5:00	3:02	6:00	2:25	6:58	1:19	1:46	4:12	1:18	1:49	1:44			
				51:02	54:00	59:53	1:01:54	1:04:33	1:05:37	1:05:57										
				1:30	2:58	5:53	2:01	2:39	1:04	0:20										
11	353	Jose Cando Casado	1:06:12	3:19	6:25	9:46	16:13	19:17	27:12	29:39	35:54	37:10	38:47	44:11	45:41	47:33	49:16			
		Madrid GOCAN		3:19	3:06	3:21	6:27	3:04	7:55	2:27	6:15	1:16	1:37	5:24	1:30	1:52	1:43			
				51:07	54:23	1:00:28	1:02:25	1:05:02	1:05:55	1:06:12										
				1:51	3:16	6:05	1:57	2:37	0:53	0:17										
12	431	Alberto Mínguez Viñ	1:06:57	3:18	6:26	9:26	19:54	23:43	29:40	31:55	39:00	40:17	41:52	46:00	47:17	49:06	50:58			
		Madrid IMPERDIBL		3:18	3:08	3:00	10:28	3:49	5:57	2:15	7:05	1:17	1:35	4:08	1:17	1:49	1:52			
				52:26	55:20	1:01:26	1:03:36	1:05:35	1:06:38	1:06:57										
				1:28	2:54	6:06	2:10	1:59	1:03	0:19										
13	1054	Jesus Oliver Sáez	1:07:00	5:21	9:30	13:43	18:58	22:07	28:33	30:53	37:17	38:35	40:20	44:34	46:55	48:36	50:29			
		Madrid COLMENAR		5:21	4:09	4:13	5:15	3:09	6:26	2:20	6:24	1:18	1:45	4:14	2:21	1:41	1:53			
				51:50	56:19	1:02:06	1:04:00	1:05:58	1:06:43	1:07:00										
				1:21	4:29	5:47	1:54	1:58	0:45	0:17										
14	426	Héctor Lorenzo Yus	1:07:53	3:50	7:38	11:52	17:39	21:02	28:13	30:38	38:09	39:42	41:25	45:49	47:06	48:53	50:40			
		Madrid IMPERDIBL		3:50	3:48	4:14	5:47	3:23	7:11	2:25	7:31	1:33	1:43	4:24	1:17	1:47	1:47			
				52:15	55:48	1:02:06	1:04:15	1:06:23	1:07:33	1:07:53										
				1:35	3:33	6:18	2:09	2:08	1:10	0:20										
15	79	Ignacio González C	1:08:08	3:41	8:07	11:49	17:06	20:31	26:50	29:19	36:23	38:50	40:44	45:11	46:54	48:37	50:30			
		Álava COAraba		3:41	4:26	3:42	5:17	3:25	6:19	2:29	7:04	2:27	1:54	4:27	1:43	1:43	1:53			
				51:57	55:10	1:00:56	1:04:34	1:06:55	1:07:50	1:08:08										
				1:27	3:13	5:46	3:38	2:21	0:55	0:18										
16	504	Juan Carlos Rol Rú	1:08:44	4:13	7:59	12:02	17:42	21:34	28:26	31:06	38:59	40:31	42:07	46:20	48:09	49:53	51:42			
		Madrid MONTE EL P		4:13	3:46	4:03	5:40	3:52	6:52	2:40	7:53	1:32	1:36	4:13	1					

os	rsal	Nombre	Tiempo														
H-35 CEO (55)				10,7 km 130 m			20 C			<i>(cont.)</i>							
				1(38)	2(42)	3(60)	4(49)	5(72)	6(80)	7(90)	8(96)	9(101)	10(102)	11(105)	12(107)	13(94)	14(92)
				15(91)	16(88)	17(66)	18(71)	19(51)	20(200)	Meta							
17	49	Narcís Pou Martí Girona ALIGOTS	1:08:54	3:10	6:40	10:03	16:08	19:23	26:24	29:28	37:42	38:55	40:25	44:40	46:15	48:02	50:11
				3:10	3:30	3:23	6:05	3:15	7:01	3:04	8:14	1:13	1:30	4:15	1:35	1:47	2:09
				52:27	55:39	1:01:44	1:05:22	1:07:30	1:08:33	1:08:54							
				2:16	3:12	6:05	3:38	2:08	1:03	0:21							
18	1161	Moisés Romo Carb Alicante CEAM IBI-O	1:09:00	3:17	6:26	9:41	20:05	23:31	30:05	32:25	41:51	42:59	44:28	48:28	49:35	51:02	52:38
				3:17	3:09	3:15	10:24	3:26	6:34	2:20	9:26	1:08	1:29	4:00	1:07	1:27	1:36
				55:11	57:56	1:03:57	1:05:49	1:07:49	1:08:42	1:09:00							
				2:33	2:45	6:01	1:52	2:00	0:53	0:18							
19	1085	Dani Castellà Vance Barcelona COB	1:09:20	3:19	6:46	10:16	17:06	20:32	27:17	29:55	37:46	39:09	40:50	44:56	46:18	48:10	51:03
				3:19	3:27	3:30	6:50	3:26	6:45	2:38	7:51	1:23	1:41	4:06	1:22	1:52	2:53
				54:01	57:11	1:03:28	1:05:38	1:07:45	1:08:59	1:09:20							
				2:58	3:10	6:17	2:10	2:07	1:14	0:21							
20	1229	Cesáreo Casas Gon Zamora ZAMORA-O	1:10:45	3:32	7:24	10:59	16:05	19:06	31:08	33:24	39:59	41:22	42:57	46:49	48:20	50:09	52:18
				3:32	3:52	3:35	5:06	3:01	12:02	2:16	6:35	1:23	1:35	3:52	1:31	1:49	2:09
				54:02	58:28	1:04:07	1:06:27	1:09:24	1:10:27	1:10:45							
				1:44	4:26	5:39	2:20	2:57	1:03	0:18							
21	434	Abraham Muñiz Gra Madrid IMPERDIBL	1:11:17	3:19	6:26	10:37	16:28	20:52	32:15	34:39	41:54	43:25	45:14	49:27	51:00	52:55	54:38
				3:19	3:07	4:11	5:51	4:24	11:23	2:24	7:15	1:31	1:49	4:13	1:33	1:55	1:43
				56:19	59:40	1:05:33	1:07:46	1:09:50	1:10:58	1:11:17							
				1:41	3:21	5:53	2:13	2:04	1:08	0:19							
22	552	Carlos Gil Rodrígu Madrid RUMBO-MAD	1:12:27	4:37	8:36	12:52	26:22	29:28	35:19	37:29	44:32	45:49	47:17	51:41	52:59	54:40	56:18
				4:37	3:59	4:16	13:30	3:06	5:51	2:10	7:03	1:17	1:28	4:24	1:18	1:41	1:38
				59:02	1:01:45	1:07:25	1:09:21	1:11:15	1:12:11	1:12:27							
				2:44	2:43	5:40	1:56	1:54	0:56	0:16							
23	1258	Benedicto Santos G Asturias ASTUR EXT	1:13:20	4:09	8:30	11:29	22:04	25:45	31:49	34:03	41:42	43:24	45:08	51:27	52:45	54:26	56:54
				4:09	4:21	2:59	10:35	3:41	6:04	2:14	7:39	1:42	1:44	6:19	1:18	1:41	2:28
				58:13	1:00:59	1:07:38	1:09:57	1:12:05	1:13:05	1:13:20							
				1:19	2:46	6:39	2:19	2:08	1:00	0:15							
24	191	David Arrese Revuel Badajoz CODAN EX	1:14:28	3:20	7:27	11:57	22:14	25:22	32:01	34:27	41:45	43:21	45:06	50:17	51:47	53:38	55:34
				3:20	4:07	4:30	10:17	3:08	6:39	2:26	7:18	1:36	1:45	5:11	1:30	1:51	1:56
				57:04	1:00:40	1:08:09	1:10:40	1:13:02	1:14:08	1:14:28							
				1:30	3:36	7:29	2:31	2:22	1:06	0:20							
25	88	Gonzalo Fernández Pontevedra AROMO	1:16:26	3:01	6:33	10:13	15:38	18:43	25:36	29:25	39:29	40:44	42:32	51:52	53:20	55:12	57:00
				3:01	3:32	3:40	5:25	3:05	6:53	3:49	10:04	1:15	1:48	9:20	1:28	1:52	1:48
				59:03	1:02:19	1:09:11	1:11:15	1:15:02	1:16:07	1:16:26							
				2:03	3:16	6:52	2:04	3:47	1:05	0:19							
26	17	Carlos Lama Zurita Sevilla ADOL	1:16:34	4:09	7:49	12:31	19:00	22:31	31:07	34:01	42:40	44:37	46:29	51:44	53:25	55:37	57:41
				4:09	3:40	4:42	6:29	3:31	8:36	2:54	8:39	1:57	1:52	5:15	1:41	2:12	2:04
				59:22	1:02:49	1:09:57	1:12:29	1:15:04	1:16:11	1:16:34							
				1:41	3:27	7:08	2:32	2:35	1:07	0:23							
27	499	David Carretero Go Madrid MONTE EL P	1:17:20	3:31	7:46	13:25	22:27	26:04	33:12	36:16	45:56	47:32	49:21	54:02	55:23	57:19	59:07
				3:31	4:15	5:39	9:02	3:37	7:08	3:04	9:40	1:36	1:49	4:41	1:21	1:56	1:48
				1:00:41	1:04:10	1:10:47	1:13:07	1:15:50	1:16:58	1:17:20							
				1:34	3:29	6:37	2:20	2:43	1:08	0:22							
28	365	Paulino Rubio Sánc Albacete GODIH	1:18:37	3:26	7:18	11:36	19:04	22:35	30:57	34:00	43:00	44:27	46:14	53:45	55:25	57:27	59:53
				3:26	3:52	4:18	7:28	3:31	8:22	3:03	9:00	1:27	1:47	7:31	1:40	2:02	2:26
				1:01:37	1:04:59	1:12:16	1:14:42	1:17:16	1:18:17	1:18:37							
				1:44	3:22	7:17	2:26	2:34	1:01	0:20							
29	1162	Antonio Carbonell Alicante CEAM IBI-O	1:20:08	3:42	8:00	12:13	18:54	23:47	31:04	34:16	42:56	44:36	46:20	50:54	52:18	54:15	56:18
				3:42	4:18	4:13	6:41	4:53	7:17	3:12	8:40	1:40	1:44	4:34	1:24	1:57	2:03
				58:09	1:01:41	1:08:32	1:15:21	1:18:43	1:19:49	1:20:08							
				1:51	3:32	6:51	6:49	3:22	1:06	0:19							
30	579	José Manuel Robles Madrid SOTOBOSQ	1:22:29	4:56	9:07	13:39	25:03	28:24	36:03	39:02	47:55	49:49	51:58	56:34	58:24	1:00:32	1:02:44
				4:56	4:11	4:32	11:24	3:21	7:39	2:59	8:53	1:54	2:09	4:36	1:50	2:08	2:12
				1:04:25	1:07:53	1:15:21	1:18:03	1:21:00	1:22:10	1:22:29							
				1:41	3:28	7:28	2:42	2:57	1:10	0:19							
31	194	Manuel Alcázar Fern Badajoz CODAN EX	1:23:41	3:40	6:55	12:32	18:33	22:32	30:07	32:42	45:10	46:33	48:16	53:30	58:26	1:01:36	1:04:16
				3:40	3:15	5:37	6:01	3:59	7:35	2:35	12:28	1:23	1:43	5:14	4:56	3:10	2:40
				1:05:40	1:08:45	1:15:47	1:19:16	1:22:19	1:23:21	1:23:41							
				1:24	3:05	7:02	3:29	3:03	1:02	0:20							
32	791	Ignacio Rubio Hern León ALCON	1:25:37	3:33	7:05	11:47	17:42	21:07	32:22	35:18	51:03	53:24	55:30	59:55	1:01:33	1:03:43	1:06:24
				3:33	3:32	4:42	5:55	3:25	11:15	2:56	15:45	2:21	2:06	4:25	1:38	2:10	2:41
				1:08:16	1:11:52	1:18:56	1:21:37	1:24:08	1:25:15	1:25:37							
				1:52	3:36	7:04	2:41	2:31	1:07	0:22							
33	498	Jesús Alfonso Rubi Madrid MONTE EL P	1:28:05	4:12	12:50	17:49	25:06	29:05	37:56	40:34	51:00	52:32	54:22	1:00:10	1:01:46	1:03:45	1:05:47
				4:12	8:38	4:59	7:17	3:59	8:51	2:38	10:26	1:32	1:50	5:48	1:36	1:59	2:02
				1:07:26	1:11:07	1:21:17	1:23:45	1:26:19	1:27:38	1:28:05							
				1:39	3:41	10:10	2:28	2:34	1:19	0:27							
34	321	Alberto Corral Alon Lugo FLUVIAL LUG	1:28:43	3:13	15:37	19:34	28:49	33:01	39:54	42:32	54:18	55:42	57:24	1:02:41	1:04:17	1:06:02	1:07:57
				3:13	12:24	3:57	9:15	4:12	6:53	2:38	11:46	1:24	1:42	5:17	1:36		

Pos	Clasificación	Nombre	Tiempo	10,7 km 130 m		20 C		(cont.)									
				1(38)	2(42)	3(60)	4(49)	5(72)	6(80)	7(90)	8(96)	9(101)	10(102)	11(105)	12(107)	13(94)	14(92)
				15(91)	16(88)	17(66)	18(71)	19(51)	20(200)	Meta							
36	1285	Ibon Goikoetxea Re Guipúzcoa GOT	1:31:55	3:23	7:30	11:55	17:34	20:43	37:12	40:18	48:12	49:54	51:47	58:05	59:49	1:02:03	1:04:15
				3:23	4:07	4:25	5:39	3:09	16:29	3:06	7:54	1:42	1:53	6:18	1:44	2:14	2:12
				1:06:24	1:15:07	1:22:39	1:27:58	1:30:32	1:31:41	1:31:55							
				2:09	8:43	7:32	5:19	2:34	1:09	0:14							
37	1314	Luis Javier Ramos La Coruña IES SAB	1:34:07	4:32	9:16	15:14	22:11	25:51	37:56	40:48	51:35	53:11	55:34	1:02:02	1:06:54	1:08:51	1:11:32
				4:32	4:44	5:58	6:57	3:40	12:05	2:52	10:47	1:36	2:23	6:28	4:52	1:57	2:41
				1:13:57	1:17:54	1:26:20	1:29:44	1:32:46	1:33:49	1:34:07							
				2:25	3:57	8:26	3:24	3:02	1:03	0:18							
38	1247	Vicente Pernía Caba Valencia SIMEPIER	1:34:34	4:45	9:05	15:43	26:12	31:40	44:01	48:00	1:00:54	1:02:43	1:04:37	1:09:14	1:11:01	1:12:58	1:15:13
				4:45	4:20	6:38	10:29	5:28	12:21	3:59	12:54	1:49	1:54	4:37	1:47	1:57	2:15
				1:16:50	1:20:15	1:27:37	1:30:27	1:33:11	1:34:16	1:34:34							
				1:37	3:25	7:22	2:50	2:44	1:05	0:18							
39	1315	Arturo Antón Casad La Coruña IES SAB	1:38:38	10:33	15:37	20:48	27:35	31:48	40:45	43:56	55:32	57:13	59:09	1:03:51	1:06:34	1:09:00	1:12:49
				10:33	5:04	5:11	6:47	4:13	8:57	3:11	11:36	1:41	1:56	4:42	2:43	2:26	3:49
				1:14:53	1:19:10	1:27:00	1:30:01	1:37:10	1:38:18	1:38:38							
				2:04	4:17	7:50	3:01	7:09	1:08	0:20							
40	1237	David Lareo Martine La Coruña ADC ARN	1:43:59	3:28	7:15	11:52	21:01	24:42	35:28	39:12	50:07	54:06	56:38	1:02:45	1:05:17	1:13:22	1:16:55
				3:28	3:47	4:37	9:09	3:41	10:46	3:44	10:55	3:59	2:32	6:07	2:32	8:05	3:33
				1:19:51	1:23:54	1:33:18	1:37:05	1:42:22	1:43:36	1:43:59							
				2:56	4:03	9:24	3:47	5:17	1:14	0:23							
41	1238	Alberto Santos Blan La Coruña ADC ARN	1:44:35	3:48	8:35	13:40	20:38	35:07	52:51	56:00	1:08:51	1:11:01	1:13:22	1:18:41	1:20:41	1:22:36	1:24:53
				3:48	4:47	5:05	6:58	14:29	17:44	3:09	12:51	2:10	2:21	5:19	2:00	1:55	2:17
				1:26:26	1:29:54	1:37:08	1:40:08	1:43:08	1:44:14	1:44:35							
				1:33	3:28	7:14	3:00	3:00	1:06	0:21							
42	326	Carlos Fernández M Lugo FLUVIAL LUG	1:47:11	5:54	11:07	17:15	24:48	30:06	42:26	53:39	1:03:56	1:05:37	1:07:46	1:13:40	1:16:31	1:19:11	1:21:35
				5:54	5:13	6:08	7:33	5:18	12:20	11:13	10:17	1:41	2:09	5:54	2:51	2:40	2:24
				1:24:13	1:28:27	1:38:24	1:41:51	1:45:41	1:46:48	1:47:11							
				2:38	4:14	9:57	3:27	3:50	1:07	0:23							
43	816	Francisco Fernández Murcia CALASPARR	2:37:22	7:52	15:35	23:06	35:30	57:21	1:10:57	1:15:49	1:34:07	1:37:12	1:45:22	1:56:19	1:59:00	2:02:09	2:06:12
				7:52	7:43	7:31	12:24	21:51	13:36	4:52	18:18	3:05	8:10	10:57	2:41	3:09	4:03
				2:09:41	2:14:58	2:27:41	2:32:05	2:35:24	2:36:58	2:37:22							
				3:29	5:17	12:43	4:24	3:19	1:34	0:24							
753	David Rodríguez Pe Barcelona UEVIC	en tarj.		16:09	----	22:54	36:50	41:12	57:59	1:00:34	1:07:42	1:08:59	1:11:24	1:15:51	1:17:19	1:19:04	1:20:53
				16:09		6:45	13:56	4:22	16:47	2:35	7:08	1:17	2:25	4:27	1:28	1:45	1:49
				1:22:22	1:25:30	1:31:25	1:33:34	1:36:26	1:37:32	1:37:53		19:43					
1282	Sergio Aranda Escrivá Valencia VERD3	andona		1:29	3:08	5:55	2:09	2:52	1:06	0:21		*41					
				47:49	----	----	1:04:04	----	----	----	----	----	----	----	----	----	----
				47:49	----	----	16:15										
								1:13:21	----								
								9:17									
nc 558	Chris Terkelsen Alicante SANT JOAN		1:01:00	3:11	6:06	9:44	15:01	17:54	23:45	25:58	33:26	34:45	36:21	40:31	41:54	43:35	45:18
				3:11	2:55	3:38	5:17	2:53	5:51	2:13	7:28	1:19	1:36	4:10	1:23	1:41	1:43
				46:49	49:38	55:19	57:22	59:34	1:00:40	1:01:00							
				1:31	2:49	5:41	2:03	2:12	1:06	0:20							
nc 1358	ARNALDO MENDES Otros Paises FPO-O		1:04:11	3:15	6:26	10:07	15:11	18:03	24:11	26:44	34:04	35:25	37:07	41:37	43:06	45:25	47:17
				3:15	3:11	3:41	5:04	2:52	6:08	2:33	7:20	1:21	1:42	4:30	1:29	2:19	1:52
				48:38	51:30	56:56	59:51	1:03:00	1:03:53	1:04:11							
				1:21	2:52	5:26	2:55	3:09	0:53	0:18							
nc 1254	Yulian Borislavov N Madrid MAXIMUS		1:06:30	3:35	7:41	11:55	17:18	20:18	26:28	28:51	36:12	37:32	39:19	43:49	45:07	46:55	48:47
				3:35	4:06	4:14	5:23	3:00	6:10	2:23	7:21	1:20	1:47	4:30	1:18	1:48	1:52
				50:17	53:19	59:05	1:01:33	1:05:04	1:06:10	1:06:30							
				1:30	3:02	5:46	2:28	3:31	1:06	0:20							
nc 855	Todor Yovkov Nikol Madrid LOS ANGEL		1:53:35	4:56	10:14	16:17	25:06	31:09	43:11	47:34	1:00:18	1:02:44	1:05:47	1:13:08	1:14:57	1:17:40	1:20:25
				4:56	5:18	6:03	8:49	6:03	12:02	4:23	12:44	2:26	3:03	7:21	1:49	2:43	2:45
				1:25:21	1:30:34	1:42:49	1:47:22	1:51:30	1:53:06	1:53:35							
				4:56	5:13	12:15	4:33	4:08	1:36	0:29							
134	Gaizka Ballesteros Vizcaya COBI	No sale															
1139	Ignacio Javier Ming Madrid ENTREBALI	No sale															
1138	Pablo Alonso Regid Madrid ENTREBALI	No sale															
435	Pedro Fuente Sanc Madrid IMPERDIBL	No sale															
531	Julio Sánchez Amor Murcia MURCIA-O	No sale															
1142	David Sotres Ferná Asturias NORDESTE	No sale															
D-35 CEO (50)				6,6 km 65 m		9 C											
				1(34)	2(47)	3(72)	4(93)	5(92)	6(91)	7(97)	8(71)	9(200)	Meta				
1	1295	Almudena Suárez P La Coruña BRIGANT	53:29	5:04	9:13	15:30	26:25	28:00	29:42	37:50	48:31	53:08	53:29				
				5:04	4:09	6:17	10:55	1:35	1:42	8:08	10:41	4:37	0:21				
2	621	María Teresa Barcel Murcia TOTANA-O	53:33	4:44	10:01	15:31	27:45	29:14	32:23	42:45	50:05	53:07	53:33				
				4:44	5:17	5:30	12:14	1:29	3:09	10:22	7:20	3:02	0:26				

os	rsal	Nombre	Tiempo										
D-35 CEO (50)				6,6 km 65 m		9 C				<i>(cont.)</i>			
				1(34)	2(47)	3(72)	4(93)	5(92)	6(91)	7(97)	8(71)	9(200)	Meta
3	723	Enriqueta Cobos B Granada VELETA	54:29	4:16	9:02	16:08	29:25	30:42	32:49	41:58	50:34	54:09	54:29
				4:16	4:46	7:06	13:17	1:17	2:07	9:09	8:36	3:35	0:20
4	157	Anna Amigó Bertrán Barcelona COC	55:05	3:48	7:35	18:34	29:40	31:29	34:07	44:52	51:47	54:46	55:05
				3:48	3:47	10:59	11:06	1:49	2:38	10:45	6:55	2:59	0:19
5	721	Marisol Gutiérrez S Granada VELETA	57:30	3:35	7:56	17:20	31:28	32:54	34:58	45:38	53:52	57:12	57:30
				3:35	4:21	9:24	14:08	1:26	2:04	10:40	8:14	3:20	0:18
6	1140	Cristina Mayordom Madrid ENTREBALI	57:34	4:29	8:43	15:49	30:52	32:17	34:22	44:47	53:19	57:12	57:34
				4:29	4:14	7:06	15:03	1:25	2:05	10:25	8:32	3:53	0:22
7	1115	Mercedes Jiménez Madrid ALABARDA-O	58:19	4:40	9:15	15:59	31:02	33:47	35:55	45:49	53:29	57:52	58:19
				4:40	4:35	6:44	15:03	2:45	2:08	9:54	7:40	4:23	0:27
8	137	Ainhoa Del Campo Vizcaya COBI	58:52	4:14	9:01	15:28	31:16	32:59	35:06	46:25	54:43	58:33	58:52
				4:14	4:47	6:27	15:48	1:43	2:07	11:19	8:18	3:50	0:19
9	1259	Silvia López Suárez Asturias ASTUR EXT	59:21	4:13	9:32	18:36	32:31	34:15	36:14	46:03	55:19	58:59	59:21
				4:13	5:19	9:04	13:55	1:44	1:59	9:49	9:16	3:40	0:22
10	744	Adela Illamola Colo Barcelona UEVIC	59:40	4:28	8:39	16:07	31:22	32:53	35:06	46:24	55:29	59:15	59:40
				4:28	4:11	7:28	15:15	1:31	2:13	11:18	9:05	3:46	0:25
11	1209	Maria Del Henaar Cu Sevilla CmG	59:44	4:28	8:21	15:50	30:14	31:38	35:23	48:06	55:40	59:23	59:44
				4:28	3:53	7:29	14:24	1:24	3:45	12:43	7:34	3:43	0:21
12	815	Ana Rosa Poveda N Murcia CALASPARR	59:49	4:02	16:40	23:24	34:37	36:04	37:48	48:22	56:35	59:32	59:49
				4:02	12:38	6:44	11:13	1:27	1:44	10:34	8:13	2:57	0:17
13	784	Montserrat Graell T Barcelona XINOXAN	1:00:18	6:17	10:09	18:38	35:18	36:49	38:48	48:09	56:40	59:58	1:00:18
				6:17	3:52	8:29	16:40	1:31	1:59	9:21	8:31	3:18	0:20
14	484	Maria José Sánchez Ciudad Real MANZA	1:00:48	4:10	9:24	16:50	34:04	36:07	38:11	48:09	57:06	1:00:28	1:00:48
				4:10	5:14	7:26	17:14	2:03	2:04	9:58	8:57	3:22	0:20
15	712	Inmaculada Escalan Granada VELETA	1:01:46	4:44	10:22	17:20	32:32	34:01	36:10	46:58	57:09	1:01:24	1:01:46
				4:44	5:38	6:58	15:12	1:29	2:09	10:48	10:11	4:15	0:22
16	884	Bárbara Domingo S Burgos TJALVE	1:03:09	4:41	9:03	14:49	28:53	30:23	32:27	41:35	59:05	1:02:46	1:03:09
				4:41	4:22	5:46	14:04	1:30	2:04	9:08	17:30	3:41	0:23
17	970	Marta Gutierrez Bue Asturias LA BRUJU	1:03:16	6:28	11:08	16:36	31:01	32:34	34:28	43:20	59:11	1:02:52	1:03:16
				6:28	4:40	5:28	14:25	1:33	1:54	8:52	15:51	3:41	0:24
18	1234	Natalia Barros Diz La Coruña FAICAMI	1:03:47	3:42	10:03	16:38	31:31	33:05	35:06	51:11	59:45	1:03:24	1:03:47
				3:42	6:21	6:35	14:53	1:34	2:01	16:05	8:34	3:39	0:23
19	1344	Susana Gómez Martí Madrid NAVALCARN	1:05:56	4:32	8:44	20:00	34:33	36:06	38:14	49:50	1:01:27	1:05:29	1:05:56
				4:32	4:12	11:16	14:33	1:33	2:08	11:36	11:37	4:02	0:27
20	546	Meritxell Castro Mo Barcelona Oros	1:06:21	5:41	10:21	17:30	34:44	36:23	39:28	51:56	1:01:25	1:05:53	1:06:21
				5:41	4:40	7:09	17:14	1:39	3:05	12:28	9:29	4:28	0:28
21	1230	Malen Blanco Cante Zamora ZAMORA-O	1:06:54	8:54	15:57	23:10	36:41	38:18	40:20	54:44	1:02:55	1:06:33	1:06:54
				8:54	7:03	7:13	13:31	1:37	2:02	14:24	8:11	3:38	0:21
22	309	Mª Vanessa Ceide Vi Lugo FLUVIAL LUG	1:08:47	4:36	10:02	17:24	39:09	40:57	43:13	54:17	1:04:04	1:08:20	1:08:47
				4:36	5:26	7:22	21:45	1:48	2:16	11:04	9:47	4:16	0:27
23	890	Alba Gavela Ramos Burgos TJALVE	1:09:19	7:32	12:38	19:37	35:44	37:24	39:48	52:02	1:04:58	1:08:49	1:09:19
				7:32	5:06	6:59	16:07	1:40	2:24	12:14	12:56	3:51	0:30
24	355	Ana Belén Palomare Madrid GOCAN	1:09:58	4:51	12:09	20:12	36:03	37:28	40:11	53:05	1:06:07	1:09:38	1:09:58
				4:51	7:18	8:03	15:51	1:25	2:43	12:54	13:02	3:31	0:20
25	121	Pilar Vidal Flaqué Barcelona BADALO	1:10:16	4:28	16:15	23:53	41:33	43:16	45:33	56:58	1:05:40	1:09:49	1:10:16
				4:28	11:47	7:38	17:40	1:43	2:17	11:25	8:42	4:09	0:27
26	1296	Priscila Suárez Mén La Coruña BRIGANT	1:14:03	3:56	17:18	25:16	38:55	40:21	42:08	1:01:44	1:10:47	1:13:45	1:14:03
				3:56	13:22	7:58	13:39	1:26	1:47	19:36	9:03	2:58	0:18
27	87	Carlota Veiga Garcí Pontevedra AROMO	1:14:29	4:37	8:47	15:23	42:06	45:04	47:15	58:25	1:10:36	1:14:07	1:14:29
				4:37	4:10	6:36	26:43	2:58	2:11	11:10	12:11	3:31	0:22
28	119	Silvia Novoa Barbo Barcelona BADALO	1:14:31	6:01	9:54	16:39	30:58	32:22	34:21	1:01:59	1:10:10	1:14:07	1:14:31
				6:01	3:53	6:45	14:19	1:24	1:59	27:38	8:11	3:57	0:24
29	1058	Nekane Astigarraga Madrid COLMENAR	1:15:26	5:31	13:40	23:55	41:21	43:14	46:00	1:00:09	1:11:04	1:15:07	1:15:26
				5:31	8:09	10:15	17:26	1:53	2:46	14:09	10:55	4:03	0:19
30	578	Azucena San Juan Madrid SOTOBOSQ	1:16:10	4:33	8:31	15:17	43:04	44:28	46:50	58:07	1:11:41	1:15:47	1:16:10
				4:33	3:58	6:46	27:47	1:24	2:22	11:17	13:34	4:06	0:23
31	1236	Alejandra Carro Ma La Coruña ADC ARN	1:16:45	5:31	13:14	20:35	48:51	50:29	52:38	1:04:28	1:12:32	1:16:24	1:16:45
				5:31	7:43	7:21	28:16	1:38	2:09	11:50	8:04	3:52	0:21
32	743	Virginia Güell Rovir Barcelona UEVIC	1:17:29	5:25	11:53	21:52	41:10	43:08	45:52	1:00:59	1:11:42	1:17:01	1:17:29
				5:25	6:28	9:59	19:18	1:58	2:44	15:07	10:43	5:19	0:28
33	1328	Maria José Martín Ig Madrid MALARRUTA	1:17:45	4:00	7:47	16:15	39:30	41:26	44:20	59:02	1:11:26	1:17:02	1:17:45
				4:00	3:47	8:28	23:15	1:56	2:54	14:42	12:24	5:36	0:43
34	529	Encarna Mayol Viud Murcia MURCIA-O	1:18:43	6:58	12:15	21:18	40:46	43:04	46:15	1:01:07	1:13:48	1:18:16	1:18:43
				6:58	5:17	9:03	19:28	2:18	3:11	14:52	12:41	4:28	0:27
35	138	Silvia Irastorza Ase Vizcaya COBI	1:26:54	5:53	12:29	21:00	48:45	51:12	54:00	1:10:14	1:21:35	1:26:27	1:26:54
				5:53	6:36	8:31	27:45	2:27	2:48	16:14	11:21	4:52	0:27
36	330	Eva Corral Prado Lugo FLUVIAL LUG	1:27:27	5:34	12:52	25:12	47:29	50:10	54:44	1:10:24	1:22:08	1:27:01	1:27:27
				5:34	7:18	12:20	22:17	2:41	4:34	15:40	11:44	4:53	0:26
37	459	Maria José Romera Murcia LORCA-O	1:27:52	6:05	20:05	35:37	55:34	57:18	59:50	1:12:02	1:21:54	1:27:24	1:27:52
				6:05	14:00	15:32	19:57	1:44	2:32	12:12	9:52	5:30	0:28
38	1286	Aitana Lertxundi Ma Guipúzcoa GOT	1:42:26	5:11	9:45	38:27	59:55	1:01:40	1:04:40	1:20:57	1:38:31	1:42:04	1:42:26
				5:11	4:34	28:42	21:28	1:45	3:00	16:17	17:34	3:33	0:22
39	313	Ana Blanco Pérez Lugo FLUVIAL LUG	1:42:51	6:52	20:23	34:27	58:21	1:00:26	1:03:37	1:20:18	1:35:38	1:42:20	1:42:51
				6:52	13:31	14:04	23:54	2:05	3:11	16:41	15:20	6:42	0:31
40	197	Rosana Garrido Go Badajoz CODAN EX	1:44:19	5:29	9:40	16:44	39:33	41:03	50:16	1:28:53	1:38:50	1:43:51	1:44:19
				5:29	4:11	7:04	22:49	1:30	9:13	38:37	9:57	5:01	0:28
41	819	Sonia Marzo Anadó La Rioja CRON	2:00:36	6:49	30:09	40:12	1:08:25	1:10:27	1:14:31	1:37:29	1:54:12	2:00:08	2:00:36
				6:49	23:20	10:03	28:13	2:02	4:04	22:58	16:43	5:56	0:28

os	rsal	Nombre	Tiempo																
H-40 CEO (72)				9,5 km 100 m		15 C		(cont.)											
				1(32)	2(41)	3(44)	4(61)	5(85)	6(102)	7(104)	8(90)	9(79)	10(75)	11(103)	12(95)	13(71)	14(53)		
				15(200)	Meta														
14	461	Eusebio Andrés Gar Murcia LORCA-O	1:05:34	2:37	13:02	16:03	19:19	26:20	30:04	34:47	40:44	43:58	47:46	54:28	58:26	1:02:12	1:03:47		
				2:37	10:25	3:01	3:16	7:01	3:44	4:43	5:57	3:14	3:48	6:42	3:58	3:46	1:35		
				1:05:18	1:05:34														
				1:31	0:16														
15	1013	Alberto Márquez Ini Toledo NAVALCAN-	1:06:00	2:20	8:36	11:11	20:40	27:35	31:27	34:24	38:06	41:00	44:44	50:56	55:11	1:01:18	1:04:19		
				2:20	6:16	2:35	9:29	6:55	3:52	2:57	3:42	2:54	3:44	6:12	4:15	6:07	3:01		
				1:05:44	1:06:00														
				1:25	0:16														
16	1084	Ramon Aubets Rafa Barcelona COB	1:06:26	2:56	7:43	13:15	16:32	23:15	27:30	35:11	39:27	42:50	46:55	54:00	58:02	1:02:17	1:04:12		
				2:56	4:47	5:32	3:17	6:43	4:15	7:41	4:16	3:23	4:05	7:05	4:02	4:15	1:55		
				1:06:06	1:06:26														
				1:54	0:20														
17	615	Salvador Martínez C Murcia TOTANA-O	1:07:01	2:10	6:40	9:19	11:53	23:02	27:11	32:34	35:51	38:52	42:46	49:04	52:58	59:20	1:04:59		
				2:10	4:30	2:39	2:34	11:09	4:09	5:23	3:17	3:01	3:54	6:18	3:54	6:22	5:39		
				1:06:39	1:07:01														
				1:40	0:22														
18	788	José Domínguez Be León ALCON	1:07:02	2:29	7:45	10:41	13:47	21:44	27:33	34:09	38:23	43:14	47:34	54:31	59:14	1:03:14	1:04:56		
				2:29	5:16	2:56	3:06	7:57	5:49	6:36	4:14	4:51	4:20	6:57	4:43	4:00	1:42		
				1:06:42	1:07:02														
				1:46	0:20														
19	674	Carlos Torrejón Ru Valladolid COV	1:07:22	2:16	7:16	10:07	13:34	20:37	25:15	31:48	35:39	39:09	43:11	53:48	58:11	1:02:39	1:05:23		
				2:16	5:00	2:51	3:27	7:03	4:38	6:33	3:51	3:30	4:02	10:37	4:23	4:28	2:44		
				1:07:03	1:07:22														
				1:40	0:19														
20	403	Javier Saz Alcubierr Zaragoza IBÓN	1:07:40	2:16	6:43	9:41	13:14	20:44	26:00	36:01	39:39	42:52	46:42	54:27	59:32	1:03:54	1:05:36		
				2:16	4:27	2:58	3:33	7:30	5:16	10:01	3:38	3:13	3:50	7:45	5:05	4:22	1:42		
				1:07:20	1:07:40														
				1:44	0:20														
21	1187	Juan Combarro Gal Madrid T TRAGAME	1:08:18	2:56	8:42	11:40	15:27	22:28	26:27	36:45	40:48	45:19	49:25	56:36	1:00:27	1:04:17	1:06:05		
				2:56	5:46	2:58	3:47	7:01	3:59	10:18	4:03	4:31	4:06	7:11	3:51	3:50	1:48		
				1:07:57	1:08:18														
				1:52	0:21														
22	120	Pau Marí Lladó Barcelona BADALO	1:10:58	2:34	8:27	11:47	15:31	24:09	29:30	33:10	38:02	42:05	46:29	57:39	1:02:12	1:06:46	1:08:47		
				2:34	5:53	3:20	3:44	8:38	5:21	3:40	4:52	4:03	4:24	11:10	4:33	4:34	2:01		
				1:10:36	1:10:58														
				1:49	0:22														
23	1306	Javier Del Canto Ti Madrid IBERIA	1:11:01	2:26	11:09	14:37	18:48	26:00	30:18	36:30	41:10	44:59	49:11	57:37	1:02:16	1:06:53	1:08:51		
				2:26	8:43	3:28	4:11	7:12	4:18	6:12	4:40	3:49	4:12	8:26	4:39	4:37	1:58		
				1:10:40	1:11:01														
				1:49	0:21														
24	367	Blas López Descalz Albacete GODIH	1:11:49	2:15	7:49	10:37	13:46	20:55	25:23	42:35	46:06	49:40	53:35	1:00:02	1:04:12	1:08:14	1:09:57		
				2:15	5:34	2:48	3:09	7:09	4:28	17:12	3:31	3:34	3:55	6:27	4:10	4:02	1:43		
				1:11:32	1:11:49														
				1:35	0:17														
25	577	Manuel Ángel Paco Murcia SENDA	1:12:07	2:43	8:04	11:08	14:19	22:13	26:57	39:32	43:35	47:17	51:16	59:46	1:04:08	1:08:20	1:10:04		
				2:43	5:21	3:04	3:11	7:54	4:44	12:35	4:03	3:42	3:59	8:30	4:22	4:12	1:44		
				1:11:45	1:12:07														
				1:41	0:22														
26	67	Javier Arufe Varela La Coruña APA LICE	1:12:08	2:43	7:54	11:38	15:47	25:09	32:49	36:45	41:46	46:11	51:06	59:00	1:03:54	1:08:00	1:09:49		
				2:43	5:11	3:44	4:09	9:22	7:40	3:56	5:01	4:25	4:55	7:54	4:54	4:06	1:49		
				1:11:42	1:12:08														
				1:53	0:26														
27	1032	Paco Jaén Guisado Guadalajara C.O.GU	1:12:34	2:25	7:32	10:56	15:13	22:56	27:34	40:02	44:28	47:50	51:48	59:22	1:04:19	1:08:34	1:10:28		
				2:25	5:07	3:24	4:17	7:43	4:38	12:28	4:26	3:22	3:58	7:34	4:57	4:15	1:54		
				1:12:12	1:12:34														
				1:44	0:22														
28	690	David Sanz Gatón Valladolid COV	1:13:33	2:26	7:44	10:59	15:06	25:34	30:30	38:09	44:07	47:50	52:16	59:42	1:05:39	1:09:47	1:11:36		
				2:26	5:18	3:15	4:07	10:28	4:56	7:39	5:58	3:43	4:26	7:26	5:57	4:08	1:49		
				1:13:14	1:13:33														
				1:38	0:19														
29	792	Víctor Ángel Suárez León ALCON	1:14:26	3:22	7:48	10:40	14:01	20:50	24:28	34:15	39:02	42:29	46:31	1:02:21	1:06:16	1:10:40	1:12:40		
				3:22	4:26	2:52	3:21	6:49	3:38	9:47	4:47	3:27	4:02	15:50	3:55	4:24	2:00		
				1:14:09	1:14:26														
				1:29	0:17														
30	19	Pedro Luis Lobera Sevilla ADOL	1:14:45	2:57	9:02	12:20	16:01	25:09	30:14	42:00	46:24	50:05	54:31	1:01:57	1:06:29	1:10:49	1:12:39		
				2:57	6:05	3:18	3:41	9:08	5:05	11:46	4:24	3:41	4:26	7:26	4:32	4:20	1:50		
				1:14:24	1:14:45														
				1:45	0:21														
31	1332	Xavier Amaya García Madrid MALARRUTA	1:15:16	2:37	8:40	12:12	15:28	24:46	30:35	34:39	39:58	44:32	49:47	1:00:52	1:05:59	1:10:40	1:12:46		
				2:37	6:03	3:32	3:16	9:18	5:49	4:04	5:19	4:34	5:15	11:05	5:07	4:41	2:06		
				1:14:49	1:15:16														
				2:03	0:27														
32	37	José Martín Pinto F Sevilla ADOL	1:16:05	3:14	8:40	11:41	15:03	24:01	28:21	43:56	48:13	51:50	56:07	1:03:18	1:07:48	1:12:12	1:14:08		
				3:14	5:26	3:01	3:22	8:58	4:20	15:35	4:17	3:37	4:17	7:11	4:30	4:24	1:56		
				1:15:45	1:16:05														
				1:37	0:20														

os	rsal	Nombre	Tiempo															
H-40 CEO (72)			9,5 km		100 m		15 C		(cont.)									
			1(32)	2(41)	3(44)	4(61)	5(85)	6(102)	7(104)	8(90)	9(79)	10(75)	11(103)	12(95)	13(71)	14(53)		
			15(200)	Meta														
33	595	Joaquín González P Toledo TOLEDO-O	1:16:25	2:08	7:35	11:30	14:47	23:41	28:27	41:09	46:02	50:13	54:57	1:03:13	1:08:02	1:12:14	1:14:09	
			2:08	5:27	3:55	3:17	8:54	4:46	12:42	4:53	4:11	4:44	8:16	4:49	4:12	1:55		
			1:16:01	1:16:25														
			1:52	0:24														
34	742	Jordi Arumí Casade Barcelona UEVIC	1:17:00	3:16	9:55	13:35	17:31	27:11	32:52	38:15	43:29	47:55	52:33	1:03:42	1:08:14	1:12:37	1:14:49	
			3:16	6:39	3:40	3:56	9:40	5:41	5:23	5:14	4:26	4:38	11:09	4:32	4:23	2:12		
			1:16:39	1:17:00														
			1:50	0:21														
35	574	Bernardo Fernandé Alicante SANT JOAN	1:17:24	2:55	8:19	11:46	15:13	23:34	28:46	36:29	42:35	46:31	51:50	1:03:24	1:08:19	1:13:10	1:15:17	
			2:55	5:24	3:27	3:27	8:21	5:12	7:43	6:06	3:56	5:19	11:34	4:55	4:51	2:07		
			1:17:03	1:17:24														
			1:46	0:21														
36	1348	Jordi Domènech Am Balears ERMASSET	1:17:33	2:34	8:18	11:11	14:07	24:50	30:24	47:51	51:41	55:05	59:06	1:05:51	1:09:57	1:13:50	1:15:28	
			2:34	5:44	2:53	2:56	10:43	5:34	17:27	3:50	3:24	4:01	6:45	4:06	3:53	1:38		
			1:17:12	1:17:33														
			1:44	0:21														
37	869	Roberto Martínez Fi Palencia ORCA	1:18:10	2:15	8:53	12:01	16:10	25:48	30:34	36:21	41:00	45:04	49:33	59:56	1:04:29	1:11:39	1:15:56	
			2:15	6:38	3:08	4:09	9:38	4:46	5:47	4:39	4:04	4:29	10:23	4:33	7:10	4:17		
			1:17:51	1:18:10														
			1:55	0:19														
38	1050	David Fernández C Madrid COLMENAR	1:18:24	2:51	7:51	10:39	14:17	21:12	25:14	30:23	36:13	43:08	47:28	55:37	1:06:46	1:14:45	1:16:31	
			2:51	5:00	2:48	3:38	6:55	4:02	5:09	5:50	6:55	4:20	8:09	11:09	7:59	1:46		
			1:18:04	1:18:24														
			1:33	0:20														
39	851	Daniel Jiménez Gar Girona GO-XTREM	1:18:52	4:31	10:04	12:54	16:33	24:48	29:04	32:30	50:00	53:31	57:27	1:04:12	1:10:58	1:15:10	1:16:53	
			4:31	5:33	2:50	3:39	8:15	4:16	3:26	17:30	3:31	3:56	6:45	6:46	4:12	1:43		
			1:18:33	1:18:52														
			1:40	0:19														
40	62	Gabriel Martínez-Al Cádiz ALMADRABA	1:19:05	6:43	12:47	15:51	19:29	27:36	32:08	38:42	43:08	47:06	52:25	1:03:25	1:09:42	1:14:57	1:17:07	
			6:43	6:04	3:04	3:38	8:07	4:32	6:34	4:26	3:58	5:19	11:00	6:17	5:15	2:10		
			1:18:47	1:19:05														
			1:40	0:18														
41	453	Miguel Girona Belm Murcia LORCA-O	1:19:55	2:45	8:41	11:46	15:06	24:32	29:23	35:22	40:26	44:23	50:12	1:00:54	1:11:04	1:15:42	1:17:47	
			2:45	5:56	3:05	3:20	9:26	4:51	5:59	5:04	3:57	5:49	10:42	10:10	4:38	2:05		
			1:19:36	1:19:55														
			1:49	0:19														
42	1012	David Paredes López Toledo NAVALCAN-	1:21:11	9:42	14:34	17:37	20:40	27:35	32:01	38:55	46:45	52:05	56:42	1:04:05	1:08:28	1:13:31	1:19:07	
			9:42	4:52	3:03	3:03	6:55	4:26	6:54	7:50	5:20	4:37	7:23	4:23	5:03	5:36		
			1:20:51	1:21:11														
			1:44	0:20														
43	1098	José Luis Muñoz Ma Cuenca COMCU	1:21:22	3:18	9:23	12:59	17:45	26:30	31:52	35:45	42:21	46:53	52:15	1:01:31	1:08:40	1:16:11	1:18:34	
			3:18	6:05	3:36	4:46	8:45	5:22	3:53	6:36	4:32	5:22	9:16	7:09	7:31	2:23		
			1:20:55	1:21:22														
			2:21	0:27														
44	1352	Jesús Hervás Lucas Madrid C.D.C.E.B.E	1:22:27	2:30	9:20	13:25	17:29	27:42	32:41	38:58	44:21	49:20	54:34	1:05:54	1:11:34	1:17:38	1:20:09	
			2:30	6:50	4:05	4:04	10:13	4:59	6:17	5:23	4:59	5:14	11:20	5:40	6:04	2:31		
			1:22:05	1:22:27														
			1:56	0:22														
45	642	Mario Romero Vivó Valencia UPV-O	1:24:18	2:57	9:34	13:34	19:14	29:01	34:50	39:08	44:51	49:21	54:57	1:03:58	1:09:15	1:14:43	1:21:39	
			2:57	6:37	4:00	5:40	9:47	5:49	4:18	5:43	4:30	5:36	9:01	5:17	5:28	6:56		
			1:23:54	1:24:18														
			2:15	0:24														
46	1131	Andrés Gutiérrez Ca Madrid O-GETAFE	1:25:24	3:01	8:17	11:14	15:19	23:40	28:33	46:07	51:19	55:17	59:51	1:11:49	1:16:51	1:21:10	1:23:04	
			3:01	5:16	2:57	4:05	8:21	4:53	17:34	5:12	3:58	4:34	11:58	5:02	4:19	1:54		
			1:25:00	1:25:24														
			1:56	0:24														
47	932	Angel Espina Lobet Asturias PILOÑA DE	1:29:34	3:24	10:21	13:55	17:43	30:26	36:24	44:59	50:05	54:45	1:02:01	1:11:06	1:17:29	1:24:46	1:26:56	
			3:24	6:57	3:34	3:48	12:43	5:58	8:35	5:06	4:40	7:16	9:05	6:23	7:17	2:10		
			1:29:08	1:29:34														
			2:12	0:26														
48	1057	Alberto Pérez Miran Madrid COLMENAR	1:30:40	4:30	10:17	13:29	18:51	28:46	34:08	38:17	42:53	46:53	52:32	1:07:53	1:12:36	1:19:33	1:28:43	
			4:30	5:47	3:12	5:22	9:55	5:22	4:09	4:36	4:00	5:39	15:21	4:43	6:57	9:10		
			1:30:22	1:30:40														
			1:39	0:18														
49	308	José Manuel Caama Lugo FLUVIAL LUG	1:31:00	8:01	16:42	20:04	23:37	32:42	38:49	42:59	47:52	53:03	59:22	1:11:16	1:16:34	1:25:12	1:28:39	
			8:01	8:41	3:22	3:33	9:05	6:07	4:10	4:53	5:11	6:19	11:54	5:18	8:38	3:27		
			1:30:38	1:31:00														
			1:59	0:22														
50	25	Pedro García Ferná Sevilla ADOL	1:33:17	3:01	11:30	19:52	24:46	35:49	41:14	47:34	53:36	58:15	1:05:59	1:15:54	1:21:34	1:28:32	1:30:56	
			3:01	8:29	8:22	4:54	11:03	5:25	6:20	6:02	4:39	7:44	9:55	5:40	6:58	2:24		
			1:32:52	1:33:17														
			1:56	0:25														
51	745	Juli Serrat Grané Barcelona UEVIC	1:37:56	2:45	8:19	12:25	16:24	25:30	30:55	43:15	47:42	52:34	59:58	1:16:27	1:22:54	1:30:31	1:33:51	
			2:45	5:34	4:06	3:59	9:06	5:25	12:20	4:27	4:52	7:24	16:29	6:27	7:37	3:20		
			1:37:03	1:37:56														
			3:12	0:53														

os	rsal	Nombre	Tiempo															
H-40 CEO (72)				9,5 km 100 m		15 C		(cont.)										
				1(32)	2(41)	3(44)	4(61)	5(85)	6(102)	7(104)	8(90)	9(79)	10(75)	11(103)	12(95)	13(71)	14(53)	
				15(200)	Meta													
52	314	Luis Carreira López Lugo FLUVIAL LUG	1:43:14	3:07	8:34	13:59	17:59	25:11	29:15	56:29	1:01:01	1:05:59	1:10:26	1:19:40	1:24:21	1:33:19	1:41:10	
				3:07	5:27	5:25	4:00	7:12	4:04	27:14	4:32	4:58	4:27	9:14	4:41	8:58	7:51	
				1:42:48	1:43:14													
				1:38	0:26													
53	462	Ángel Fernández G Murcia LORCA-O	1:43:33	3:44	10:39	15:01	20:12	30:08	34:46	52:18	58:48	1:02:53	1:08:27	1:25:16	1:30:25	1:35:19	1:41:41	
				3:44	6:55	4:22	5:11	9:56	4:38	17:32	6:30	4:05	5:34	16:49	5:09	4:54	6:22	
				1:43:13	1:43:33													
				1:32	0:20													
54	930	Pablo Álvarez Díaz Asturias PILOÑA DE	1:45:08	5:18	12:19	15:51	19:48	28:57	34:09	50:04	58:13	1:03:33	1:09:37	1:27:10	1:33:55	1:40:11	1:42:49	
				5:18	7:01	3:32	3:57	9:09	5:12	15:55	8:09	5:20	6:04	17:33	6:45	6:16	2:38	
				1:44:48	1:45:08													
				1:59	0:20													
55	323	Francisco J Lamas Lugo FLUVIAL LUG	1:45:23	4:42	10:24	15:57	19:34	28:04	32:56	58:21	1:02:55	1:07:56	1:12:41	1:23:21	1:29:16	1:35:48	1:42:45	
				4:42	5:42	5:33	3:37	8:30	4:52	25:25	4:34	5:01	4:45	10:40	5:55	6:32	6:57	
				1:44:58	1:45:23													
				2:13	0:25													
56	914	Domingo Rodríguez Almería SURCO	1:52:32	3:10	9:10	12:40	16:24	28:19	33:03	48:33	1:00:31	1:14:26	1:19:29	1:37:34	1:42:55	1:47:51	1:50:11	
				3:10	6:00	3:30	3:44	11:55	4:44	15:30	11:58	13:55	5:03	18:05	5:21	4:56	2:20	
				1:52:09	1:52:32													
				1:58	0:23													
57	530	José Miguel Martínez Murcia MURCIA-O	1:53:40	2:58	9:32	13:38	18:01	28:18	34:16	1:02:11	1:06:50	1:11:21	1:16:47	1:36:30	1:43:51	1:48:58	1:51:10	
				2:58	6:34	4:06	4:23	10:17	5:58	27:55	4:39	4:31	5:26	19:43	7:21	5:07	2:12	
				1:53:19	1:53:40													
				2:09	0:21													
58	931	Ángel Luis Menénd Asturias PILOÑA DE	2:06:15	6:30	13:52	18:25	23:01	35:13	41:30	46:28	53:53	59:11	1:12:11	1:38:51	1:50:47	1:59:51	2:03:28	
				6:30	7:22	4:33	4:36	12:12	6:17	4:58	7:25	5:18	13:00	26:40	11:56	9:04	3:37	
				2:05:49	2:06:15													
				2:21	0:26													
59	52	Oscar Sanz Tornés Girona ALIGOTS	2:30:20	3:28	11:57	16:34	21:50	1:10:30	1:18:37	1:24:33	1:32:37	1:40:52	1:50:48	2:04:18	2:13:26	2:21:50	2:26:55	
				3:28	8:29	4:37	5:16	48:40	8:07	5:56	8:04	8:15	9:56	13:30	9:08	8:24	5:05	
				2:29:55	2:30:20													
				3:00	0:25													
60	949	Sebastián Guerrero Asturias PILOÑA DE	2:40:40	5:00	22:29	27:22	42:47	53:59	59:23	1:21:11	1:53:33	2:00:32	2:06:19	2:18:23	2:25:02	2:35:56	2:38:18	
				5:00	17:29	4:53	15:25	11:12	5:24	21:48	32:22	6:59	5:47	12:04	6:39	10:54	2:22	
				2:40:14	2:40:40													
				1:56	0:26													
1188		César Valle Tórtola Cuenca ORIENTIJO	en tarj.	3:12	10:37	14:00	17:17	25:45	30:54	38:32	-----	-----	-----	41:59	47:47	53:13	55:33	
				3:12	7:25	3:23	3:17	8:28	5:09	7:38				3:27	5:48	5:26	2:20	
				57:53	58:19													
				2:20	0:26													
478		José Ramón Molina Ciudad Real MANZA	en tarj.	3:08	9:56	13:30	17:08	27:21	32:49	36:42	41:44	-----	52:47	1:01:07	1:08:13	1:13:12	1:17:33	
				3:08	6:48	3:34	3:38	10:13	5:28	3:53	5:02			11:03	8:20	7:06	4:59	4:21
				1:19:38	1:20:01													
				2:05	0:23													
1123		Eladio Rodríguez P Pontevedra HABELA	en tarj.	4:28	11:08	14:52	-----	32:01	44:23	52:19	57:56	1:02:47	1:08:05	1:20:51	1:26:37	1:37:07	1:39:23	
				4:28	6:40	3:44			17:09	12:22	7:56	5:37	4:51	5:18	12:46	5:46	10:30	2:16
				1:41:22	1:41:36													
				1:59	0:14													
510		Javier Misas Gento Sevilla MONTELLAN	andona	5:05	10:13	13:02	-----	-----	-----	-----	-----	-----	-----	-----	-----	-----	-----	
				5:05	5:08	2:49												

nc	148	Thierry Davin Barcelona COC	1:25:56	2:42	8:14	11:32	15:22	25:19	29:55	34:10	38:31	42:42	47:52	56:53	1:06:10	1:14:36	1:23:39	
				2:42	5:32	3:18	3:50	9:57	4:36	4:15	4:21	4:11	5:10	9:01	9:17	8:26	9:03	
				1:25:34	1:25:56													
				1:55	0:22													
nc	905	Paul Richard Mesa Alicante UNIVERSID	1:50:05	2:51	9:44	13:30	18:06	32:31	37:34	1:02:19	1:09:28	1:14:22	1:19:54	1:30:49	1:39:03	1:44:47	1:47:09	
				2:51	6:53	3:46	4:36	14:25	5:03	24:45	7:09	4:54	5:32	10:55	8:14	5:44	2:22	
				1:49:38	1:50:05													
				2:29	0:27													
1120		Samuel Diaz Alcaide Madrid ALABARDA-O	No sale															
285		Arturo Zaragoza Ca Valencia CORRECA	No sale															
794		Antonio Hernández León ALCON	No sale															
547		Pau Comerma Góme Barcelona Oros	No sale															
1144		Roberto Vicente Bla Asturias NORDESTE	No sale															
300		Eduardo Angulo de Burgos CORZO	No sale															

os	rsal	Nombre	Tiempo														
H-45 CEO (86)				8,7 km 110 m			16 C		<i>(cont.)</i>								
				1(32)	2(41)	3(60)	4(85)	5(104)	6(93)	7(90)	8(81)	9(80)	10(97)	11(96)	12(66)	13(72)	14(49)
				15(52)	16(200)	Meta											
20	540	Carlos Sanz Balagu Córdoba LOS CALIF	1:04:39	2:16	7:08	10:37	25:08	30:35	34:51	37:00	39:26	40:45	48:22	51:28	53:47	55:48	59:42
				2:16	4:52	3:29	14:31	5:27	4:16	2:09	2:26	1:19	7:37	3:06	2:19	2:01	3:54
				1:03:28	1:04:22	1:04:39											
				3:46	0:54	0:17											
21	829	Joaquín Fernández Cádiz FUNDI-O	1:05:28	3:33	9:50	14:19	22:02	30:47	36:33	39:13	41:52	43:05	49:33	51:17	53:52	56:02	1:00:17
				3:33	6:17	4:29	7:43	8:45	5:46	2:40	2:39	1:13	6:28	1:44	2:35	2:10	4:15
				1:04:09	1:05:11	1:05:28											
				3:52	1:02	0:17											
22	550	Miguel A. Álvarez B Madrid RUMBO-MAD	1:05:47	3:03	8:02	11:53	18:16	33:35	38:11	40:29	43:10	44:18	50:54	52:39	55:15	57:25	1:01:30
				3:03	4:59	3:51	6:23	15:19	4:36	2:18	2:41	1:08	6:36	1:45	2:36	2:10	4:05
				1:04:12	1:05:22	1:05:47											
				2:42	1:10	0:25											
23	1113	Jesús María Bernal Madrid ALABARDA-O	1:05:58	2:17	8:08	13:38	20:02	27:15	32:35	35:21	39:41	40:51	48:25	50:16	52:53	55:33	59:15
				2:17	5:51	5:30	6:24	7:13	5:20	2:46	4:20	1:10	7:34	1:51	2:37	2:40	3:42
				1:04:24	1:05:39	1:05:58											
				5:09	1:15	0:19											
24	32	Juan José Durán O Sevilla ADOL	1:06:17	2:37	7:22	11:07	17:13	33:32	37:59	40:06	42:46	43:57	50:22	52:14	54:53	57:09	1:01:02
				2:37	4:45	3:45	6:06	16:19	4:27	2:07	2:40	1:11	6:25	1:52	2:39	2:16	3:53
				1:04:49	1:05:56	1:06:17											
				3:47	1:07	0:21											
25	658	Tomás Miera Salaza Valladolid COV	1:06:48	3:17	9:11	12:53	19:52	26:48	32:31	35:15	38:45	41:37	49:53	51:53	54:57	57:41	1:01:17
				3:17	5:54	3:42	6:59	6:56	5:43	2:44	3:30	2:52	8:16	2:00	3:04	2:44	3:36
				1:05:00	1:06:20	1:06:48											
				3:43	1:20	0:28											
26	1104	Cristóbal Fernández Madrid COTA	1:08:10	2:37	7:45	11:16	17:32	31:14	40:50	43:18	46:13	47:27	54:11	56:02	58:44	1:00:55	1:04:02
				2:37	5:08	3:31	6:16	13:42	9:36	2:28	2:55	1:14	6:44	1:51	2:42	2:11	3:07
				1:06:44	1:07:49	1:08:10											
				2:42	1:05	0:21											
27	1294	Rodrigo González La Coruña BRIGANT	1:08:22	3:20	9:18	14:13	22:36	29:59	36:49	39:36	42:36	43:59	52:08	54:08	57:05	59:37	1:03:49
				3:20	5:58	4:55	8:23	7:23	6:50	2:47	3:00	1:23	8:09	2:00	2:57	2:32	4:12
				1:07:06	1:08:03	1:08:22											
				3:17	0:57	0:19											
28	433	Jose Feliciano Fern Madrid IMPERDIBL	1:08:36	3:24	10:05	14:15	21:49	28:28	33:54	36:35	39:20	40:37	51:29	53:37	56:35	59:46	1:03:29
				3:24	6:41	4:10	7:34	6:39	5:26	2:41	2:45	1:17	10:52	2:08	2:58	3:11	3:43
				1:06:53	1:08:12	1:08:36											
				3:24	1:19	0:24											
29	414	Jesus Paricio Perib Zaragoza IBÓN	1:08:42	2:59	9:08	13:18	22:07	29:30	34:47	39:13	42:19	43:40	51:44	53:47	56:38	59:07	1:03:54
				2:59	6:09	4:10	8:49	7:23	5:17	4:26	3:06	1:21	8:04	2:03	2:51	2:29	4:47
				1:07:04	1:08:19	1:08:42											
				3:10	1:15	0:23											
30	482	Juan Pedro Trujillo Ciudad Real MANZA	1:09:16	3:01	8:22	12:20	20:33	32:35	38:10	40:33	43:26	44:44	51:51	53:43	58:02	1:00:29	1:04:44
				3:01	5:21	3:58	8:13	12:02	5:35	2:23	2:53	1:18	7:07	1:52	4:19	2:27	4:15
				1:07:43	1:08:53	1:09:16											
				2:59	1:10	0:23											
31	862	Emilio Ginés Morale Sevilla POSEIDÓN	1:09:28	2:51	7:43	11:26	25:26	31:37	36:13	38:29	41:20	42:30	49:23	51:12	53:37	59:07	1:03:26
				2:51	4:52	3:43	14:00	6:11	4:36	2:16	2:51	1:10	6:53	1:49	2:25	5:30	4:19
				1:08:03	1:09:08	1:09:28											
				4:37	1:05	0:20											
32	265	Paul Pereira Rivero Málaga COMA	1:10:02	2:26	7:46	11:47	18:37	25:47	37:24	41:26	44:38	46:01	53:39	55:39	58:47	1:01:12	1:05:00
				2:26	5:20	4:01	6:50	7:10	11:37	4:02	3:12	1:23	7:38	2:00	3:08	2:25	3:48
				1:08:31	1:09:41	1:10:02											
				3:31	1:10	0:21											
33	427	Miguel Angel Cabez Madrid IMPERDIBL	1:10:06	2:49	8:11	12:17	19:03	36:01	40:22	42:43	45:41	46:57	54:06	56:18	59:08	1:01:41	1:05:17
				2:49	5:22	4:06	6:46	16:58	4:21	2:21	2:58	1:16	7:09	2:12	2:50	2:33	3:36
				1:08:27	1:09:41	1:10:06											
				3:10	1:14	0:25											
34	317	Antonio Manuel Lóp Lugo FLUVIAL LUG	1:11:28	8:28	14:18	17:59	24:56	31:57	37:36	40:21	43:42	46:49	55:01	57:05	1:00:10	1:02:52	1:06:25
				8:28	5:50	3:41	6:57	7:01	5:39	2:45	3:21	3:07	8:12	2:04	3:05	2:42	3:33
				1:09:57	1:11:09	1:11:28											
				3:32	1:12	0:19											
35	1201	Xan Mariano Trigo Orense TREVINCA	1:11:55	2:58	9:50	15:28	23:22	30:31	37:06	40:03	43:35	45:13	53:27	56:03	59:03	1:02:03	1:06:35
				2:58	6:52	5:38	7:54	7:09	6:35	2:57	3:32	1:38	8:14	2:36	3:00	3:00	4:32
				1:10:33	1:11:37	1:11:55											
				3:58	1:04	0:18											
36	1318	Oscar De La Fuente Burgos COMELOBO	1:12:10	4:14	9:05	12:54	24:04	30:42	38:25	41:07	47:54	49:28	55:56	58:15	1:00:59	1:04:33	1:08:04
				4:14	4:51	3:49	11:10	6:38	7:43	2:42	6:47	1:34	6:28	2:19	2:44	3:34	3:31
				1:10:50	1:11:51	1:12:10											
				2:46	1:01	0:19											
37	590	Ramiro Barroso De Toledo TOLEDO-O	1:12:30	3:27	9:18	15:19	20:47	34:40	39:11	44:42	47:24	48:35	54:35	59:58	1:02:18	1:04:22	1:08:47
				3:27	5:51	6:01	5:28	13:53	4:31	5:31	2:42	1:11	6:00	5:23	2:20	2:04	4:25
				1:11:18	1:12:12	1:12:30											
				2:31	0:54	0:18											
38	661	Julio Briso-Montian Valladolid COV	1:12:40	7:18	13:18	17:51	24:41	33:25	38:24	41:05	44:12	45:28	54:00	56:24	1:00:09	1:02:57	1:07:00
				7:18	6:00	4:33	6:50	8:44	4:59	2:41	3:07	1:16	8:32	2:24	3:45	2:48	4:03
				1:10:54	1:12:17	1:12:40											
				3:54	1:23	0:23											

os	rsal	Nombre	Tiempo														
H-45 CEO (86)				8,7 km 110 m			16 C		<i>(cont.)</i>								
				1(32)	2(41)	3(60)	4(85)	5(104)	6(93)	7(90)	8(81)	9(80)	10(97)	11(96)	12(66)	13(72)	14(49)
				15(52)	16(200)	Meta											
39	697	Manuel Moriñigo Pé Valladolid COV	1:13:56	3:13	10:46	15:20	27:10	35:04	40:19	43:52	47:11	48:47	56:39	58:58	1:02:03	1:04:40	1:09:03
				3:13	7:33	4:34	11:50	7:54	5:15	3:33	3:19	1:36	7:52	2:19	3:05	2:37	4:23
				1:12:18	1:13:33	1:13:56											
				3:15	1:15	0:23											
40	297	Bernardo Nanclares Burgos CORZO	1:14:35	2:41	8:32	13:14	26:56	34:48	39:23	42:08	45:23	46:50	55:59	57:58	1:00:58	1:03:36	1:07:39
				2:41	5:51	4:42	13:42	7:52	4:35	2:45	3:15	1:27	9:09	1:59	3:00	2:38	4:03
				1:13:02	1:14:16	1:14:35											
				5:23	1:14	0:19											
41	639	Jaime Masiá Vañó Valencia UPV-O	1:14:44	3:03	9:14	14:41	21:14	36:21	41:04	43:50	46:41	47:58	56:03	58:10	1:01:26	1:05:35	1:09:44
				3:03	6:11	5:27	6:33	15:07	4:43	2:46	2:51	1:17	8:05	2:07	3:16	4:09	4:09
				1:13:03	1:14:21	1:14:44											
				3:19	1:18	0:23											
42	588	Cristóbal Patiño Pér Toledo TOLEDO-O	1:15:38	2:57	8:07	13:00	19:40	34:13	39:00	42:34	45:25	46:42	54:24	56:25	59:24	1:02:54	1:10:44
				2:57	5:10	4:53	6:40	14:33	4:47	3:34	2:51	1:17	7:42	2:01	2:59	3:30	7:50
				1:14:11	1:15:20	1:15:38											
				3:27	1:09	0:18											
43	994	Enrique Luis Álvare La Coruña GALLAE	1:15:57	5:44	10:39	16:29	23:51	38:24	42:39	44:38	47:04	48:15	58:27	1:00:21	1:04:06	1:07:22	1:11:32
				5:44	4:55	5:50	7:22	14:33	4:15	1:59	2:26	1:11	10:12	1:54	3:45	3:16	4:10
				1:14:37	1:15:40	1:15:57											
				3:05	1:03	0:17											
44	648	Juan José Tamarit V Valencia VALENCIA-	1:17:28	2:42	9:30	17:09	25:20	33:18	39:19	42:01	45:21	46:52	59:23	1:01:50	1:04:41	1:07:27	1:12:08
				2:42	6:48	7:39	8:11	7:58	6:01	2:42	3:20	1:31	12:31	2:27	2:51	2:46	4:41
				1:16:01	1:17:11	1:17:28											
				3:53	1:10	0:17											
45	1320	Miguel Ángel Durán Madrid MALARRUTA	1:19:26	2:31	7:38	12:34	18:59	48:05	52:26	54:31	57:06	58:19	1:04:35	1:06:18	1:08:48	1:11:08	1:14:25
				2:31	5:07	4:56	6:25	29:06	4:21	2:05	2:35	1:13	6:16	1:43	2:30	2:20	3:17
				1:18:02	1:19:05	1:19:26											
				3:37	1:03	0:21											
46	125	Alberto Boveda Ote Vizcaya COBI	1:19:33	3:34	8:31	24:01	30:52	38:18	42:50	47:27	50:29	51:46	59:19	1:01:29	1:04:20	1:07:15	1:14:29
				3:34	4:57	15:30	6:51	7:26	4:32	4:37	3:02	1:17	7:33	2:10	2:51	2:55	7:14
				1:18:00	1:19:10	1:19:33											
				3:31	1:10	0:23											
47	112	José Antonio Herná Murcia ASON	1:19:42	3:33	9:28	15:32	22:44	40:27	45:50	50:16	53:13	54:38	1:02:49	1:04:52	1:07:41	1:10:10	1:14:51
				3:33	5:55	6:04	7:12	17:43	5:23	4:26	2:57	1:25	8:11	2:03	2:49	2:29	4:41
				1:18:02	1:19:20	1:19:42											
				3:11	1:18	0:22											
48	237	David Román Moltó Alicante COLIVENC	1:20:11	2:47	8:06	12:26	18:26	24:37	30:01	33:33	35:55	36:59	42:59	44:46	47:21	1:06:16	1:10:44
				2:47	5:19	4:20	6:00	6:11	5:24	3:32	2:22	1:04	6:00	1:47	2:35	18:55	4:28
				1:18:54	1:19:51	1:20:11											
				8:10	0:57	0:20											
49	494	Manuel Pérez Herre Madrid MONTE EL P	1:21:55	3:21	11:52	16:55	26:23	35:28	41:28	44:30	48:19	50:02	59:55	1:02:28	1:06:24	1:09:28	1:14:11
				3:21	8:31	5:03	9:28	9:05	6:00	3:02	3:49	1:43	9:53	2:33	3:56	3:04	4:43
				1:19:59	1:21:28	1:21:55											
				5:48	1:29	0:27											
50	713	Ferran Santoyo Med Granada VELETA	1:23:20	3:30	9:35	15:31	25:58	34:06	40:42	43:44	47:16	48:53	58:29	1:01:03	1:04:38	1:10:16	1:15:08
				3:30	6:05	5:56	10:27	8:08	6:36	3:02	3:32	1:37	9:36	2:34	3:35	5:38	4:52
				1:21:07	1:22:50	1:23:20											
				5:59	1:43	0:30											
51	605	Jose Miguel Mesas Toledo TOLEDO-O	1:24:10	3:55	9:56	14:44	25:13	34:24	47:02	49:38	53:09	54:33	1:10:24	1:12:03	1:14:38	1:16:38	1:20:15
				3:55	6:01	4:48	10:29	9:11	12:38	2:36	3:31	1:24	15:51	1:39	2:35	2:00	3:37
				1:22:53	1:23:54	1:24:10											
				2:38	1:01	0:16											
52	1096	José Félix Benito H Cuenca COMCU	1:24:28	6:21	13:32	17:51	28:46	37:28	44:37	47:32	51:15	52:42	1:01:03	1:03:36	1:07:17	1:09:53	1:19:30
				6:21	7:11	4:19	10:55	8:42	7:09	2:55	3:43	1:27	8:21	2:33	3:41	2:36	9:37
				1:22:54	1:24:10	1:24:28											
				3:24	1:16	0:18											
53	202	Félix Guardado Cor Badajoz CODAN EX	1:28:04	3:23	9:22	13:22	20:29	27:27	47:59	55:07	58:06	59:23	1:06:40	1:08:42	1:11:48	1:14:08	1:18:02
				3:23	5:59	4:00	7:07	6:58	20:32	7:08	2:59	1:17	7:17	2:02	3:06	2:20	3:54
				1:26:33	1:27:42	1:28:04											
				8:31	1:09	0:22											
54	1010	Isidro Rodríguez M Cáceres VIA PLATA	1:30:20	2:48	8:32	19:36	26:40	34:47	50:30	53:59	57:09	58:28	1:07:00	1:09:17	1:12:34	1:18:21	1:22:55
				2:48	5:44	11:04	7:04	8:07	15:43	3:29	3:10	1:19	8:32	2:17	3:17	5:47	4:34
				1:28:32	1:29:53	1:30:20											
				5:37	1:21	0:27											
55	99	Francisco Javier An Pontevedra AROMO	1:32:02	3:17	10:42	16:49	32:49	42:25	48:09	51:01	54:39	56:27	1:06:23	1:09:09	1:14:46	1:18:50	1:23:54
				3:17	7:25	6:07	16:00	9:36	5:44	2:52	3:38	1:48	9:56	2:46	5:37	4:04	5:04
				1:30:14	1:31:36	1:32:02											
				6:20	1:22	0:26											
56	83	Manuel Beloso Garc Pontevedra AROMO	1:33:17	3:48	9:36	16:11	26:10	33:59	39:42	42:55	46:02	47:22	55:08	57:24	1:01:57	1:04:50	1:27:51
				3:48	5:48	6:35	9:59	7:49	5:43	3:13	3:07	1:20	7:46	2:16	4:33	2:53	23:01
				1:31:40	1:32:54	1:33:17											
				3:49	1:14	0:23											
57	824	José Luis Rodríguez Cádiz FUNDI-O	1:33:43	4:55	10:15	14:20	20:15	50:03	1:03:04	1:05:23	1:08:22	1:09:37	1:16:39	1:18:26	1:21:40	1:24:02	1:27:38
				4:55	5:20	4:05	5:55	29:48	13:01	2:19	2:59	1:15	7:02	1:47	3:14	2:22	3:36
				1:32:01	1:33:19	1:33:43											
				4:23	1:18	0:24											

os	rsal	Nombre	Tiempo														
H-45 CEO (86)				8,7 km 110 m			16 C		<i>(cont.)</i>								
				1(32)	2(41)	3(60)	4(85)	5(104)	6(93)	7(90)	8(81)	9(80)	10(97)	11(96)	12(66)	13(72)	14(49)
				15(52)	16(200)	Meta											
58	1409	Claudio Moran Muñ ADYRON ADYRON	1:34:45	3:28 3:28 1:32:49	10:07 6:39 1:34:22	15:11 5:04 1:34:45	24:46 9:35	40:06 15:20	51:18 11:12	54:39 3:21	58:57 4:18	1:00:31 1:34	1:10:12 9:41	1:12:41 2:29	1:16:14 3:33	1:22:30 6:16	1:29:03 6:33
59	957	Pablo Fernández Li Asturias LA BRUJU	1:38:37	2:51 2:51 1:36:47	8:52 6:01 1:38:13	15:45 6:53 1:38:37	24:47 9:02	47:53 23:06	53:43 5:50	58:28 4:45	1:02:45 4:17	1:04:29 1:44	1:14:45 10:16	1:18:04 3:19	1:21:55 3:51	1:26:58 5:03	1:32:11 5:13
60	124	Josu Iñaki Ullibarri Vizcaya COBI	1:42:51	4:36 7:26 1:40:28	1:26 7:50 1:42:26	0:24 5:24 1:42:51	31:50 11:10	42:44 10:54	50:38 7:54	56:17 5:39	1:01:23 5:06	1:03:32 2:09	1:16:08 12:36	1:18:59 2:51	1:22:37 3:38	1:27:23 4:46	1:35:00 7:37
61	572	José Antonio Gonzá Alicante SANT JOAN	1:46:12	5:13 5:13 1:44:28	11:45 6:32 1:45:53	16:41 4:56 1:46:12	27:29 10:48	36:33 9:04	43:06 6:33	47:32 4:26	51:03 3:31	1:01:14 10:11	1:10:59 9:45	1:14:14 3:15	1:18:01 3:47	1:33:49 15:48	1:40:29 6:40
62	1266	José Luis García M Madrid ESCONDITE-	1:48:10	4:51 4:51 1:45:37	13:41 8:50 1:47:41	21:44 8:03 1:48:10	33:47 12:03	46:37 12:50	54:59 8:22	59:28 4:29	1:04:27 4:59	1:06:35 2:08	1:20:20 13:45	1:23:21 3:01	1:28:05 4:44	1:32:18 4:13	1:38:58 6:40
63	1334	Angel Díaz Caro Madrid MALARRUTA	1:48:40	6:39 3:21 1:46:32	2:04 9:55 1:48:13	0:29 14:45 1:48:40	26:00 11:15	57:23 31:23	1:03:33 6:10	1:09:30 5:57	1:15:09 5:39	1:16:50 1:41	1:27:09 10:19	1:29:42 2:33	1:33:13 3:31	1:37:34 4:21	1:42:44 5:10
64	1288	Jon Galarraga Zam Guipúzcoa GOT	1:49:08	3:05 3:05 1:47:26	11:56 8:51 1:48:42	25:29 13:33 1:49:08	32:24 6:55	58:53 26:29	1:08:52 9:59	1:11:30 2:38	1:14:45 3:15	1:16:09 1:24	1:28:25 12:16	1:30:44 2:19	1:33:36 2:52	1:36:01 2:25	1:39:44 3:43
65	938	Jorge Alvarez Martí Asturias PILOÑA DE	1:59:24	3:58 3:58 1:57:32	11:40 7:42 1:59:00	25:25 13:45 1:59:24	38:28 13:03	1:01:57 23:29	1:08:26 6:29	1:12:41 4:15	1:17:02 4:21	1:18:42 1:40	1:32:06 13:24	1:36:58 4:52	1:41:47 4:49	1:45:53 4:06	1:52:08 6:15
66	1202	Pablo Adrián Aller E Orense TREVINCA	2:06:26	5:24 4:04 4:04 2:04:23	1:28 15:06 11:02 2:06:03	0:24 31:26 16:20 2:06:26	48:53 17:27	1:07:28 18:35	1:14:50 7:22	1:19:09 4:19	1:23:34 4:25	1:25:19 1:45	1:38:20 13:01	1:42:22 4:02	1:49:24 7:02	1:52:49 3:25	1:58:49 6:00
341		Jose Fermín Corral Madrid GOCAN	en tarj.	----- 41:10 18:40	----- 42:05 0:55	----- 6:18 *34	----- 15:20 *47	----- 35:36 *71	-----	-----	-----	-----	-----	-----	-----	22:30 22:30	-----
759		Juan Domene Marín Alicante VILLENA-O	en tarj.	2:28 2:28 1:15:25	8:12 5:44 1:16:23	13:19 5:07 1:16:41	20:04 6:45	26:20 6:16	-----	31:32 5:12	50:09 18:37	51:37 1:28	1:01:25 9:48	1:03:28 2:03	1:05:58 2:30	1:08:02 2:04	1:12:30 4:28
11		Fº Javier Gravalosa Sevilla ADOL	en tarj.	2:55 4:30 4:30 1:25:33	0:58 12:46 8:16 1:26:59	0:18 18:43 5:57 1:27:27	30:05 11:22	39:10 9:05	49:20 10:10	53:00 3:40	57:36 4:36	59:42 2:06	-----	-----	-----	1:14:02 14:20	1:19:53 5:51
1316		Pedro De Castro Ga La Coruña IES SAB	Desc.	5:40 3:11 3:11 2:03:16	1:26 12:46 9:35 2:04:25	0:28 22:59 10:13 2:04:42	36:17 13:18	53:06 16:49	1:13:19 20:13	1:15:54 2:35	1:19:55 4:01	1:22:06 2:11	1:32:44 10:38	1:37:19 4:35	1:41:10 3:51	1:47:06 5:56	1:59:01 11:55
857		Fernando Martínez Huesca PEÑA GUAR	andona	4:15 5:22 5:22 1:16:20	1:09 10:31 5:09 1:18:08	0:17 18:30 7:59 1:18:39	25:57 7:27	38:52 12:55	-----	47:02 8:10	-----	-----	-----	-----	-----	-----	-----
84		José Antonio Ricoy Pontevedra AROMO	andona	29:18 53:33 53:33 2:06:52	1:48 1:02:34 9:01 2:09:35	0:31 1:11:47 9:13 2:10:33	1:24:15 12:28	-----	-----	-----	-----	-----	1:30:01 5:46	1:33:52 3:51	1:40:23 6:31	1:47:27 7:04	1:59:57 12:30
523		Francisco Javier Do Tarragona MONSA	andona	6:55 9:14 9:14 -----	2:43 29:32 20:18 2:26:15	0:58 51:24 21:52 2:27:19	1:19:49 28:25	-----	-----	-----	-----	-----	1:30:22 10:33	1:37:33 7:11	1:51:54 14:21	1:59:19 7:25	-----
710		Antonio Jiménez Ma Granada VELETA	andona	----- ----- -----	----- ----- 26:56	----- ----- 1:04	-----	-----	-----	-----	-----	-----	-----	-----	-----	-----	-----
463		Francisco Corbalan Murcia LORCA-O	andona	----- 2:49 2:49 -----	----- 9:12 6:23 -----	----- 21:16 12:04 -----	30:35 9:19	-----	-----	-----	-----	-----	-----	-----	-----	-----	-----
nc	1443	Per Jansson OK Djerf OK Djerf	45:48	1:50 1:50 44:06 2:25	5:40 3:50 45:31 1:25	8:33 2:53 45:48 0:17	13:26 4:53	18:26 5:00	22:05 3:39	24:11 2:06	26:20 2:09	27:20 1:00	32:54 5:34	34:28 1:34	37:02 2:34	38:54 1:52	41:41 2:47

os	rsal	Nombre	Tiempo														
H-45 CEO (86)				8,7 km 110 m		16 C		(cont.)									
				1(32)	2(41)	3(60)	4(85)	5(104)	6(93)	7(90)	8(81)	9(80)	10(97)	11(96)	12(66)	13(72)	14(49)
				15(52)	16(200)	Meta											
nc	1375	Gregoire Schrago OLC SKOG FRIBOU	58:04	2:10	6:57	10:49	16:13	28:55	33:05	35:03	37:24	38:26	44:42	46:21	48:55	51:03	54:03
				2:10	4:47	3:52	5:24	12:42	4:10	1:58	2:21	1:02	6:16	1:39	2:34	2:08	3:00
				56:44	57:45	58:04		22:52									
				2:41	1:01	0:19		*105									
nc	1387	Johan Lidmar Snättringe SK Snätt	1:04:13	2:48	8:46	12:52	20:26	30:34	35:00	37:29	40:48	42:07	48:55	50:46	53:29	56:10	59:44
				2:48	5:58	4:06	7:34	10:08	4:26	2:29	3:19	1:19	6:48	1:51	2:43	2:41	3:34
				1:02:53	1:03:55	1:04:13											
				3:09	1:02	0:18											
nc	1382	Christian Wehrli Swiss O Tours Swis	1:10:48	2:36	8:03	11:41	19:15	34:21	39:04	41:26	44:24	45:51	55:11	57:05	59:49	1:02:18	1:05:56
				2:36	5:27	3:38	7:34	15:06	4:43	2:22	2:58	1:27	9:20	1:54	2:44	2:29	3:38
				1:09:11	1:10:24	1:10:48											
				3:15	1:13	0:24											
nc	1340	Gert Michael Binder Madrid MALARRUTA	1:15:15	2:54	8:35	12:17	18:40	38:30	44:07	47:49	51:18	52:34	1:00:14	1:02:04	1:04:55	1:07:12	1:10:36
				2:54	5:41	3:42	6:23	19:50	5:37	3:42	3:29	1:16	7:40	1:50	2:51	2:17	3:24
				1:13:40	1:14:54	1:15:15											
				3:04	1:14	0:21											
nc	1439	Octávio Andrade Clube de Orienta CI	2:37:57	1:34:19	1:39:28	1:43:12	1:51:12	1:57:35	2:07:02	2:09:20	2:12:05	2:13:20	2:20:45	2:22:37	2:25:43	2:27:58	2:31:34
				1:34:19	5:09	3:44	8:00	6:23	9:27	2:18	2:45	1:15	7:25	1:52	3:06	2:15	3:36
				2:36:03	2:37:30	2:37:57											
				4:29	1:27	0:27											
nc	264	Per Emion Málaga COMA	andona	2:28	7:33	11:04	17:10	-----	-----	-----	-----	-----	-----	-----	-----	-----	-----
				-----	-----	-----	-----										
	1047	José Barberá Verdu Valencia CCVALEN	No sale														
	187	Remigio Rodríguez Badajoz CODAN EX	No sale														
	60	Francesc Martí Girona ALIGOTS	No sale														
	421	Florencio Tabuena Zaragoza IBÓN	No sale														
D-45 CEO (39)				4,5 km 30 m		8 C											
				1(34)	2(46)	3(84)	4(77)	5(74)	6(70)	7(53)	8(200)	Meta					
1	479	Mª Ángeles Mari y M Ciudad Real MANZA	33:26	3:24	6:24	14:58	18:09	20:42	28:27	31:04	33:04	33:26					
				3:24	3:00	8:34	3:11	2:33	7:45	2:37	2:00	0:22					
2	16	Mª Dolores Lahoz R Sevilla ADOL	43:11	4:23	8:35	22:43	26:29	30:12	36:34	40:09	42:42	43:11					
				4:23	4:12	14:08	3:46	3:43	6:22	3:35	2:33	0:29					
3	432	Silvia Saoner Aréval Madrid IMPERDIBL	44:00	4:38	9:23	23:37	27:22	30:55	37:22	41:25	43:36	44:00					
				4:38	4:45	14:14	3:45	3:33	6:27	4:03	2:11	0:24					
4	21	Isabel Serrano Rico Sevilla ADOL	44:14	5:04	10:27	22:21	25:30	29:42	36:51	41:57	43:52	44:14					
				5:04	5:23	11:54	3:09	4:12	7:09	5:06	1:55	0:22					
5	1262	Maria José Merino Asturias ASTUR EXT	45:04	4:44	8:26	19:13	22:55	26:05	39:31	42:37	44:41	45:04					
				4:44	3:42	10:47	3:42	3:10	13:26	3:06	2:04	0:23					
6	1169	Yolanda Pérez Gonz Huelva COHU	45:21	4:41	8:52	20:48	24:53	31:00	37:52	42:56	44:59	45:21	41:12				
				4:41	4:11	11:56	4:05	6:07	6:52	5:04	2:03	0:22	*54				
7	266	Teresa Angeles Pére Málaga COMA	45:29	5:22	11:10	22:50	26:50	32:22	39:16	42:37	45:05	45:29					
				5:22	5:48	11:40	4:00	5:32	6:54	3:21	2:28	0:24					
8	1329	Cristina Del Campo Madrid MALARRUTA	46:32	5:58	12:28	26:02	29:38	34:42	41:10	44:25	46:14	46:32	4:26				
				5:58	6:30	13:34	3:36	5:04	6:28	3:15	1:49	0:18	*36				
9	312	Concepción Gonzál Lugo FLUVIAL LUG	48:18	5:30	11:17	24:12	29:35	34:16	41:41	45:16	47:52	48:18					
				5:30	5:47	12:55	5:23	4:41	7:25	3:35	2:36	0:26					
10	1349	Toninaina Santamar Balears ERMASSET	50:22	4:36	8:56	23:23	27:19	31:06	44:03	47:29	49:58	50:22					
				4:36	4:20	14:27	3:56	3:47	12:57	3:26	2:29	0:24					
11	515	Gemma Solé Boron Tarragona MONSTA	53:36	5:30	20:37	32:00	35:34	40:11	48:09	51:08	53:12	53:36					
				5:30	15:07	11:23	3:34	4:37	7:58	2:59	2:04	0:24					
12	283	Amparo Ferrer Rodr Valencia CORREA	54:05	5:36	13:18	30:53	35:22	40:34	47:45	51:09	53:36	54:05					
				5:36	7:42	17:35	4:29	5:12	7:11	3:24	2:27	0:29					
13	235	Lidia Barea Castaño Alicante COLIVENC	57:35	7:58	15:29	30:17	35:52	40:18	49:06	53:57	57:04	57:35					
				7:58	7:31	14:48	5:35	4:26	8:48	4:51	3:07	0:31					
14	368	Ana Herreros Valien Albacete GODIH	59:07	5:28	10:09	26:25	32:31	37:14	51:10	55:48	58:37	59:07					
				5:28	4:41	16:16	6:06	4:43	13:56	4:38	2:49	0:30					
15	1028	Maite Torres Roman Guadalajara C.O.GU	1:01:51	9:36	14:12	31:21	35:27	40:33	52:33	59:00	1:01:27	1:01:51					
				9:36	4:36	17:09	4:06	5:06	12:00	6:27	2:27	0:24					
16	1014	Pilar Nieto Calvo Toledo NAVALCAN-	1:04:39	5:35	10:36	34:49	39:58	45:02	55:31	1:01:08	1:04:11	1:04:39					
				5:35	5:01	24:13	5:09	5:04	10:29	5:37	3:03	0:28					
17	1170	Cristina Gordillo G Huelva COHU	1:05:00	5:19	12:05	26:09	30:46	35:17	56:38	1:01:58	1:04:31	1:05:00					
				5:19	6:46	14:04	4:37	4:31	21:21	5:20	2:33	0:29					
18	320	Mónica Fraga Pita Lugo FLUVIAL LUG	1:05:10	7:12	13:24	32:06	38:29	44:39	57:03	1:01:49	1:04:44	1:05:10					
				7:12	6:12	18:42	6:23	6:10	12:24	4:46	2:55	0:26					
19	23	Mª Isabel Barriguete Sevilla ADOL	1:07:22	5:34	10:52	32:26	37:51	42:20	59:55	1:03:57	1:06:54	1:07:22					
				5:34	5:18	21:34	5:25	4:29	17:35	4:02	2:57	0:28					
20	1268	Mª de los Ángele Sa Madrid ESCONDITE-	1:07:24	8:29	12:32	42:26	46:19	49:54	57:02	1:04:42	1:06:57	1:07:24					
				8:29	4:03	29:54	3:53	3:35	7:08	7:40	2:15	0:27					
21	405	Ana Arnal Rubio Zaragoza IBÓN	1:07:28	5:41	15:40	31:09	37:34	46:28	57:02	1:04:15	1:06:59	1:07:28					
				5:41	9:59	15:29	6:25	8:54	10:34	7:13	2:44	0:29					

os	rsal	Nombre	Tiempo	4,5 km 30 m		8 C		(cont.)					
				1(34)	2(46)	3(84)	4(77)	5(74)	6(70)	7(53)	8(200)	Meta	
D-45 CEO (39)													
22	1216	Ana Manzanas Gutiérrez	1:08:36	5:19	14:07	29:14	38:35	43:45	59:35	1:05:27	1:08:12	1:08:36	
		Cantabria GALITIUS		5:19	8:48	15:07	9:21	5:10	15:50	5:52	2:45	0:24	
23	1321	Mercedes García Ga	1:12:24	8:49	18:01	40:39	47:24	52:44	1:02:52	1:07:54	1:11:55	1:12:24	
		Madrid MALARRUTA		8:49	9:12	22:38	6:45	5:20	10:08	5:02	4:01	0:29	
24	1220	Arrate Pacheco Iñur	1:15:24	19:13	27:45	42:02	46:21	50:23	1:06:10	1:12:23	1:14:59	1:15:24	
		Cantabria GALITIUS		19:13	8:32	14:17	4:19	4:02	15:47	6:13	2:36	0:25	
25	63	Carmen Guerrero R	1:15:54	12:53	19:48	39:34	45:22	57:23	1:07:54	1:12:41	1:15:27	1:15:54	
		Cádiz ALMADRABA		12:53	6:55	19:46	5:48	12:01	10:31	4:47	2:46	0:27	
26	886	Rosa Alcacer Antoli	1:18:17	4:22	29:24	55:24	59:49	1:03:18	1:11:20	1:15:26	1:17:54	1:18:17	
		Burgos TJALVE		4:22	25:02	26:00	4:25	3:29	8:02	4:06	2:28	0:23	
27	1135	Ana María Prada Ca	1:23:01	5:24	14:32	45:31	51:06	55:46	1:12:54	1:19:51	1:22:32	1:23:01	
		Madrid O-GETAFA		5:24	9:08	30:59	5:35	4:40	17:08	6:57	2:41	0:29	
28	919	Marta Armisen Sáen	1:32:51	8:08	13:56	36:34	51:59	1:00:42	1:17:53	1:28:57	1:32:21	1:32:51	
		Soria NAVALENO-O		8:08	5:48	22:38	15:25	8:43	17:11	11:04	3:24	0:30	
29	524	Sabina Santiago Za	1:34:03	8:51	17:34	47:25	55:58	1:02:57	1:20:54	1:29:21	1:33:21	1:34:03	
		Tarragona MON TSA		8:51	8:43	29:51	8:33	6:59	17:57	8:27	4:00	0:42	
30	495	Isabel de Luelmo O	1:38:13	14:39	20:50	47:35	1:04:48	1:12:06	1:24:42	1:33:57	1:37:32	1:38:13	
		Madrid MONTE EL P		14:39	6:11	26:45	17:13	7:18	12:36	9:15	3:35	0:41	
31	934	Olga Cardín Martín	1:51:33	8:20	14:50	48:49	1:11:58	1:19:55	1:42:05	1:47:50	1:51:04	1:51:33	
		Asturias PILOÑA DE		8:20	6:30	33:59	23:09	7:57	22:10	5:45	3:14	0:29	
	1016	Silvia Sánchez Sanc	en tarj.	6:59	11:51	27:55	33:54	43:04	50:27	-----	56:07	56:32	
		Toledo NAVALCAN-		6:59	4:52	16:04	5:59	9:10	7:23		5:40	0:25	
	291	Nuria Mateo Franqu	en tarj.	7:01	14:42	38:55	46:01	56:34	1:17:29	-----	1:25:55	1:26:50	
		Valencia CORRECA		7:01	7:41	24:13	7:06	10:33	20:55		8:26	0:55	
nc	1392	Anna Tedhamre	49:12	8:17	12:30	24:09	28:18	31:39	40:09	46:58	48:48	49:12	
		Snättringe SK Snätt		8:17	4:13	11:39	4:09	3:21	8:30	6:49	1:50	0:24	
nc	1395	Gunilla Kallhauge	59:29	3:55	14:23	29:02	35:58	44:25	51:56	55:43	58:55	59:29	
		Snättringe SK Snätt		3:55	10:28	14:39	6:56	8:27	7:31	3:47	3:12	0:34	
nc	149	Véronique Hillion	1:12:03	7:35	12:46	26:07	45:39	50:43	57:50	1:08:52	1:11:38	1:12:03	
		Barcelona COC		7:35	5:11	13:21	19:32	5:04	7:07	11:02	2:46	0:25	
	161	Imma Camps Otegui	No sale										
		Barcelona COC											
	1290	Ana Lopez Gomez	No sale										
		Guipúzcoa GOT											
nc	1403	Catherine Dawson	No sale										
		GAF A GAF A											
H-50 CEO (53)													
				6,6 km 65 m		9 C							
				1(34)	2(47)	3(72)	4(93)	5(92)	6(91)	7(97)	8(71)	9(200)	Meta
1	362	Francisco Javier Mo	40:28	3:06	5:54	10:36	21:00	22:12	23:50	31:07	37:29	40:09	40:28
		Albacete GODIH		3:06	2:48	4:42	10:24	1:12	1:38	7:17	6:22	2:40	0:19
2	526	Pedro Mayol Cleme	43:32	3:27	6:31	11:21	21:56	23:13	25:02	33:59	39:57	43:14	43:32
		Murcia MURCIA-O		3:27	3:04	4:50	10:35	1:17	1:49	8:57	5:58	3:17	0:18
3	77	Fernando Checa BI	44:51	2:52	6:58	14:25	25:50	27:02	28:35	36:13	42:01	44:34	44:51
		Álava COAraba		2:52	4:06	7:27	11:25	1:12	1:33	7:38	5:48	2:33	0:17
4	585	Carlos Pérez Lorent	46:41	4:04	7:56	13:15	25:18	26:27	28:11	36:36	43:31	46:21	46:41
		Toledo TOLEDO-O		4:04	3:52	5:19	12:03	1:09	1:44	8:25	6:55	2:50	0:20
5	404	Alberto Santabábar	46:57	3:28	6:49	12:26	23:53	25:13	26:57	35:18	43:40	46:40	46:57
		Zaragoza IBÓN		3:28	3:21	5:37	11:27	1:20	1:44	8:21	8:22	3:00	0:17
6	156	Carles Loré Barrag	47:05	3:23	7:26	12:38	23:55	25:32	27:10	36:19	43:37	46:46	47:05
		Barcelona COC		3:23	4:03	5:12	11:17	1:37	1:38	9:09	7:18	3:09	0:19
7	22	Andrés Munuera Go	47:51	3:49	7:29	13:43	26:15	27:29	29:13	37:57	44:34	47:31	47:51
		Sevilla ADOL		3:49	3:40	6:14	12:32	1:14	1:44	8:44	6:37	2:57	0:20
8	20	Jose Angel Ramos	48:15	3:26	10:34	15:11	26:20	27:32	29:17	38:44	44:47	47:52	48:15
		Sevilla ADOL		3:26	7:08	4:37	11:09	1:12	1:45	9:27	6:03	3:05	0:23
9	799	Eugenio Izquierdo	48:18	3:30	8:03	12:54	24:33	26:04	28:29	38:08	45:06	48:01	48:18
		León ALCON		3:30	4:33	4:51	11:39	1:31	2:25	9:39	6:58	2:55	0:17
10	1105	Luis Mahou García	48:54	3:31	6:54	11:53	24:22	25:38	28:48	38:20	45:20	48:34	48:54
		Madrid COTA		3:31	3:23	4:59	12:29	1:16	3:10	9:32	7:00	3:14	0:20
11	123	José Ángel Nieto P	51:11	3:28	6:48	12:22	25:16	26:43	28:59	39:27	47:22	50:48	51:11
		Ciudad Real O-CIU		3:28	3:20	5:34	12:54	1:27	2:16	10:28	7:55	3:26	0:23
12	586	Vicente Tordera Ove	51:42	3:52	7:22	13:26	24:54	26:25	28:35	40:33	48:07	51:21	51:42
		Toledo TOLEDO-O		3:52	3:30	6:04	11:28	1:31	2:10	11:58	7:34	3:14	0:21
13	82	Javier Alvelo Fragu	51:45	3:14	7:21	13:06	25:36	26:45	28:24	38:13	48:29	51:26	51:45
		Pontevedra AROMO		3:14	4:07	5:45	12:30	1:09	1:39	9:49	10:16	2:57	0:19
14	425	Urbano Chousa Álv	53:09	3:03	6:37	11:51	31:37	33:09	35:00	42:38	49:55	52:49	53:09
		Madrid IMPERDIBL		3:03	3:34	5:14	19:46	1:32	1:51	7:38	7:17	2:54	0:20
15	845	Toni Serrallonga Ga	53:32	5:36	10:06	17:17	31:11	32:28	34:15	42:47	50:12	53:13	53:32
		Girona GO-XTREM		5:36	4:30	7:11	13:54	1:17	1:47	8:32	7:25	3:01	0:19
16	872	José Luis Velez Un	54:46	3:59	7:31	13:53	27:48	29:26	31:30	41:29	50:52	54:22	54:46
		Palencia ORCA		3:59	3:32	6:22	13:55	1:38	2:04	9:59	9:23	3:30	0:24
17	849	Santi Guillen Santa	56:05	4:22	8:18	18:22	32:23	33:32	35:17	44:24	52:23	55:44	56:05
		Girona GO-XTREM		4:22	3:56	10:04	14:01	1:09	1:45	9:07	7:59	3:21	0:21
18	267	Martin Stangegaard	56:23	3:56	7:03	11:50	34:31	36:24	38:18	46:18	52:56	56:01	56:23
		Málaga COMA		3:56	3:07	4:47	22:41	1:53	1:54	8:00	6:38	3:05	0:22
19	26	Manuel Domínguez	56:29	4:57	9:34	17:37	33:06	34:36	37:19	45:04	52:56	56:12	56:29
		Sevilla ADOL		4:57	4:37	8:03	15:29	1:30	2:43	7:45	7:52	3:16	0:17

25:12
*77

os	rsal	Nombre	Tiempo										
H-50 CEO (53)				6,6 km 65 m			9 C		(cont.)				
				1(34)	2(47)	3(72)	4(93)	5(92)	6(91)	7(97)	8(71)	9(200)	Meta
20	159	Pere Bossa Bueso Barcelona COC	57:36	3:13	7:57	15:19	31:34	32:48	34:30	43:29	54:13	57:18	57:36
21	769	José Ramón Sánchez Alicante VILLEN-A-O	58:21	4:21	11:30	17:37	31:52	33:20	36:09	46:16	54:13	57:55	58:21
22	408	Pedro Villar Martine Zaragoza IBÓN	59:47	4:02	7:36	14:03	33:26	34:51	36:40	45:38	56:06	59:27	59:47
23	580	Luis Fernando Saz Madrid SOTOBOSQ	1:00:46	4:21	9:09	15:53	32:01	33:25	35:09	46:03	56:43	1:00:24	1:00:46
24	895	Patricio Peláez Mén Pontevedra U-VIGO	1:01:54	4:52	9:26	21:47	38:09	39:52	41:29	50:54	58:17	1:01:34	1:01:54
25	1145	Salvador González Asturias NORDESTE	1:02:24	5:00	9:28	16:06	34:34	36:19	38:14	50:56	58:47	1:02:02	1:02:24
26	286	Jose Antonio Milvaq Valencia CORRECA	1:03:03	4:42	8:30	18:54	31:12	33:04	34:44	47:02	59:32	1:02:41	1:03:03
27	867	Alfredo Miguel Agua Palencia ORCA	1:06:07	4:21	13:17	19:08	35:38	37:03	40:39	51:43	1:02:52	1:05:44	1:06:07
28	1049	José Manuel Cerme Madrid COLMENAR	1:06:26	8:13	11:46	18:19	32:37	38:11	40:32	52:15	1:02:02	1:06:06	1:06:26
29	821	Jesús Blanco Flore La Rioja CRON	1:07:53	4:17	11:45	18:36	31:55	34:07	47:00	56:25	1:04:23	1:07:35	1:07:53
30	496	Juan Manuel Núñez Madrid MONTE EL P	1:11:03	4:15	8:16	14:01	29:49	31:00	33:06	1:00:03	1:07:05	1:10:41	1:11:03
31	1260	Roberto Montes Mar Asturias ASTUR EXT	1:11:08	3:12	7:50	12:05	41:06	42:40	44:01	1:02:27	1:08:08	1:10:50	1:11:08
32	666	José Luis Sánchez Valladolid COV	1:11:48	5:43	10:43	23:38	41:24	42:53	45:38	57:37	1:07:02	1:11:24	1:11:48
33	406	Julío Rivera Ortin Zaragoza IBÓN	1:12:45	3:53	10:21	17:02	30:52	32:22	40:20	51:02	1:08:52	1:12:20	1:12:45
34	316	Jesús Sanmartín Ma Lugo FLUVIAL LUG	1:14:46	4:29	8:59	16:02	31:51	33:57	42:58	53:06	1:11:05	1:14:26	1:14:46
35	961	Alejandro Camblor Asturias LA BRUJU	1:18:13	8:41	16:45	33:09	49:31	51:34	53:55	1:03:51	1:14:02	1:17:54	1:18:13
36	97	Gilberto Díaz Falcó Pontevedra AROMO	1:18:31	5:29	13:31	23:28	44:05	46:02	49:23	1:03:35	1:13:50	1:18:07	1:18:31
37	1061	Juan Jose Mardomi Madrid COLMENAR	1:19:26	5:41	11:12	20:04	38:20	40:07	42:33	1:02:54	1:13:25	1:19:00	1:19:26
38	893	Enrique Fuertes Go Pontevedra U-VIGO	1:22:02	4:05	8:24	18:09	36:13	37:40	39:45	1:12:06	1:18:41	1:21:40	1:22:02
39	481	Oscar Rodríguez Pé Ciudad Real MANZA	1:23:31	4:46	10:02	18:10	39:37	44:17	49:37	1:01:03	1:18:21	1:23:03	1:23:31
40	665	José Luis Méndez D Valladolid COV	1:24:09	4:25	8:44	19:55	35:00	36:22	40:07	58:48	1:19:58	1:23:46	1:24:09
41	229	José Ramal Gea Alicante COLIVENC	1:30:02	6:44	13:24	23:39	52:11	54:14	56:57	1:12:21	1:24:17	1:29:34	1:30:02
42	662	José Luis Gómez B Valladolid COV	1:33:04	4:50	9:50	17:47	46:31	48:33	51:27	1:14:13	1:27:45	1:32:31	1:33:04
43	1059	Jose Eugenio Gutie Madrid COLMENAR	1:35:11	6:01	15:18	29:08	57:40	59:53	1:02:22	1:15:50	1:28:36	1:34:40	1:35:11
	116	Xus Loro Carceller Barcelona BADALO	andona	4:24	13:26	24:31	-----	-----	-----	-----	29:40	36:12	36:49
nc	1396	Per Kallhauge Snättringe SK Snätt	40:06	2:51	5:47	10:07	20:29	21:39	23:09	30:43	36:50	39:46	40:06
nc	1377	Joachim Friberg Istrums Sk Istrums	47:15	2:56	6:14	10:22	25:33	26:38	29:25	38:52	44:15	46:57	47:15
nc	1324	Mikael Wirén Madrid MALARRUTA	48:46	3:33	7:36	13:04	25:12	26:50	28:44	37:57	45:11	48:26	48:46
nc	1376	Andreas Grote OLC SKOG FRIBOU	53:07	4:28	7:38	12:58	32:27	33:35	35:13	43:42	49:31	52:43	53:07
nc	1380	Martin Widmer Swiss O Tours Swis	1:28:42	4:38	9:28	34:00	51:36	53:24	1:01:56	1:14:32	1:24:02	1:28:18	1:28:42
nc	1408	Amandio Goncalves CLAC CLAC	1:37:01	6:50	20:44	36:30	1:01:49	1:03:35	1:06:40	1:19:48	1:30:21	1:36:30	1:37:01
	887	José María Pérez To Burgos TJALVE	No sale	6:50	13:54	15:46	25:19	1:46	3:05	13:08	10:33	6:09	0:31
	1305	Eduardo Ruiz Fern Madrid IBERIA	No sale										
nc	55	Mark Heikoop Girona ALIGOTS	No sale										
D-50 CEO (33)				3,7 km 30 m			9 C						
				1(31)	2(47)	3(67)	4(75)	5(82)	6(63)	7(49)	8(53)	9(200)	Meta
1	458	Amor Murcia Martín Murcia LORCA-O	37:34	2:32	9:41	16:22	18:14	22:53	29:18	32:37	34:58	37:09	37:34
2	847	Rosa María Casellas Girona GO-XTREME	40:01	2:23	8:52	15:42	18:12	23:24	28:13	33:58	36:42	39:33	40:01
3	1095	Covadonga Carrasc Cuenca COMCU	40:11	2:53	9:06	17:09	20:25	26:01	31:02	34:14	36:53	39:44	40:11
				2:53	6:13	8:03	3:16	5:36	5:01	3:12	2:39	2:51	0:27

os	rsal	Nombre	Tiempo										
D-50 CEO (33)				3,7 km 30 m			9 C			(cont.)			
				1(31)	2(47)	3(67)	4(75)	5(82)	6(63)	7(49)	8(53)	9(200)	Meta
4	1156	Rosa Mª Pernas Mar La Coruña USC	41:42	2:30	9:28	18:09	20:25	26:15	31:47	35:19	38:30	41:15	41:42
				2:30	6:58	8:41	2:16	5:50	5:32	3:32	3:11	2:45	0:27
5	500	Lucía Cánovas Andr Madrid MONTE EL P	47:48	6:08	15:32	24:33	26:52	32:27	37:26	42:06	44:33	47:17	47:48
				6:08	9:24	9:01	2:19	5:35	4:59	4:40	2:27	2:44	0:31
6	483	Alfonsa Corrochano Ciudad Real MANZA	49:51	3:23	10:35	23:23	25:38	32:49	40:35	43:43	46:33	49:23	49:51
				3:23	7:12	12:48	2:15	7:11	7:46	3:08	2:50	2:50	0:28
7	287	Rosa Casado Tarin Valencia CORRECA	50:50	2:16	12:41	20:55	22:52	27:47	31:36	34:03	48:05	50:26	50:50
				2:16	10:25	8:14	1:57	4:55	3:49	2:27	14:02	2:21	0:24
8	1274	Milagros Dengra Tel Toledo ESCONDITE-	50:53	3:06	11:38	20:36	24:05	31:33	38:37	41:53	47:22	50:26	50:53
				3:06	8:32	8:58	3:29	7:28	7:04	3:16	5:29	3:04	0:27
9	1006	Maria Alonso Ferná Cáceres VIA PLATA	51:35	3:10	9:47	18:38	20:39	25:39	40:53	43:40	48:49	51:11	51:35
				3:10	6:37	8:51	2:01	5:00	15:14	2:47	5:09	2:22	0:24
10	1008	Maria Dolores Alons Cáceres VIA PLATA	52:15	4:45	10:08	18:38	20:38	26:29	40:21	46:24	49:05	51:51	52:15
				4:45	5:23	8:30	2:00	5:51	13:52	6:03	2:41	2:46	0:24
11	1062	Nieves Serrano Alco Madrid COLMENAR	55:43	10:03	18:39	26:57	29:05	34:14	39:21	49:00	52:17	55:13	55:43
				10:03	8:36	8:18	2:08	5:09	5:07	9:39	3:17	2:56	0:30
12	1108	Mª Pilar Miguel Pag Madrid COTA	56:03	3:08	12:07	21:49	24:29	31:17	41:02	44:51	52:02	55:30	56:03
				3:08	8:59	9:42	2:40	6:48	9:45	3:49	7:11	3:28	0:33
13	1159	Mª Margarita Balboa La Coruña USC	56:32	2:44	10:29	24:21	26:14	30:47	47:28	51:05	53:36	56:06	56:32
				2:44	7:45	13:52	1:53	4:33	16:41	3:37	2:31	2:30	0:26
14	1116	Mar García Pérez Madrid ALABARDA-O	58:21	3:46	13:22	24:34	28:02	35:47	43:21	51:15	54:27	57:50	58:21
				3:46	9:36	11:12	3:28	7:45	7:34	7:54	3:12	3:23	0:31
15	1090	Anna Garriga Sala Barcelona COB	58:29	2:21	9:21	28:25	29:57	35:03	45:48	53:07	55:49	58:06	58:29
				2:21	7:00	19:04	1:32	5:06	10:45	7:19	2:42	2:17	0:23
16	311	Ana García Deibe Lugo FLUVIAL LUG	58:41	3:27	11:48	20:50	23:55	36:31	46:56	50:55	55:06	58:13	58:41
				3:27	8:21	9:02	3:05	12:36	10:25	3:59	4:11	3:07	0:28
17	527	Cati Viudez De Har Murcia MURCIA-O	59:00	4:21	12:51	22:29	25:05	30:50	47:59	51:45	55:14	58:31	59:00
				4:21	8:30	9:38	2:36	5:45	17:09	3:46	3:29	3:17	0:29
18	1152	Ángeles Ruiz Menac Cádiz O-SAN ROQU	1:05:03	3:44	15:26	34:44	37:39	43:57	52:45	57:11	1:01:01	1:04:33	1:05:03
				3:44	11:42	19:18	2:55	6:18	8:48	4:26	3:50	3:32	0:30
19	1064	Mª José Serrano Alc Madrid COLMENAR	1:10:19	8:12	19:14	30:52	33:45	42:16	51:18	1:01:12	1:05:16	1:09:26	1:10:19
				8:12	11:02	11:38	2:53	8:31	9:02	9:54	4:04	4:10	0:53
20	443	Mª Jesus Cascales Madrid IMPERDIBL	1:10:52	3:53	17:20	27:40	30:07	42:26	56:51	1:03:28	1:08:06	1:10:25	1:10:52
				3:53	13:27	10:20	2:27	12:19	14:25	6:37	4:38	2:19	0:27
21	1053	Alicia Berrocal Pari Madrid COLMENAR	1:12:31	3:25	10:38	29:20	31:56	38:35	56:48	1:04:41	1:08:53	1:12:02	1:12:31
				3:25	7:13	18:42	2:36	6:39	18:13	7:53	4:12	3:09	0:29
22	771	Concepción Cutilla Alicante VILLENA-O	1:13:12	3:31	23:10	31:57	34:07	40:28	47:17	1:03:04	1:09:41	1:12:39	1:13:12
				3:31	19:39	8:47	2:10	6:21	6:49	15:47	6:37	2:58	0:33
23	894	Begoña Crespo Qui Pontevedra U-VIGO	1:15:00	6:03	23:50	39:35	41:19	46:24	55:22	1:08:55	1:12:13	1:14:30	1:15:00
				6:03	17:47	15:45	1:44	5:05	8:58	13:33	3:18	2:17	0:30
24	407	Azucena Carruesco Zaragoza IBÓN	1:21:16	4:03	29:54	46:43	49:47	56:06	1:04:13	1:14:31	1:18:03	1:20:45	1:21:16
				4:03	25:51	16:49	3:04	6:19	8:07	10:18	3:32	2:42	0:31
25	897	Mª Isabel Saco Fern Pontevedra U-VIGO	1:34:21	4:22	19:18	31:04	34:49	54:49	1:20:30	1:27:51	1:30:39	1:33:50	1:34:21
				4:22	14:56	11:46	3:45	20:00	25:41	7:21	2:48	3:11	0:31
	1222	Raquel Arnaiz Alons Cantabria GALITIUS	control	----	----	----	----	----	----	----	----	----	----
nc	1381	Joli Wehrli Swiss O Tours Swis	32:00	2:09	6:53	12:59	14:45	18:54	22:43	26:18	29:14	31:37	32:00
				2:09	4:44	6:06	1:46	4:09	3:49	3:35	2:56	2:23	0:23
nc	622	Judith Checkley Murcia TOTANA-O	39:42	2:18	8:03	14:30	16:22	22:35	26:39	32:48	36:49	39:14	39:42
				2:18	5:45	6:27	1:52	6:13	4:04	6:09	4:01	2:25	0:28
nc	1336	Kay Seward Madrid MALARRUTA	47:11	2:39	8:51	18:35	20:53	27:02	37:08	40:25	43:26	46:43	47:11
				2:39	6:12	9:44	2:18	6:09	10:06	3:17	3:01	3:17	0:28
nc	828	Judy Barclay Cádiz FUNDI-O	52:40	3:21	10:43	22:50	25:34	32:37	40:53	45:04	48:41	52:11	52:40
				3:21	7:22	12:07	2:44	7:03	8:16	4:11	3:37	3:30	0:29
nc	1372	Rosário Matias Lisboa OK Lisboa	1:06:41	2:51	14:46	26:43	30:46	39:33	48:18	53:20	1:00:58	1:05:38	1:06:41
				2:51	11:55	11:57	4:03	8:47	8:45	5:02	7:38	4:40	1:03
nc	1407	Amália Goncalves CLAC CLAC	1:14:40	3:20	22:49	34:45	38:23	47:31	56:17	1:02:34	1:08:57	1:13:39	1:14:40
				3:20	19:29	11:56	3:38	9:08	8:46	6:17	6:23	4:42	1:01
	925	Raquel Roig Domín Asturias PLOÑA DE	No sale										
H-55 CEO (28)				5,1 km 35 m			9 C						
				1(31)	2(45)	3(72)	4(80)	5(88)	6(66)	7(71)	8(51)	9(200)	Meta
1	454	Ramiro González Ta Murcia LORCA-O	31:50	1:39	3:40	9:40	17:32	20:06	26:17	28:21	30:36	31:31	31:50
				1:39	2:01	6:00	7:52	2:34	6:11	2:04	2:15	0:55	0:19
2	449	Juan Ferra Casado Murcia LORCA-O	35:40	2:03	4:23	10:46	19:18	22:14	29:08	31:37	34:20	35:19	35:40
				2:03	2:20	6:23	8:32	2:56	6:54	2:29	2:43	0:59	0:21
3	1110	Juan Carlos Mirand Madrid ALABARDA-O	38:03	2:45	5:16	12:29	20:31	23:35	31:07	33:39	36:20	37:40	38:03
				2:45	2:31	7:13	8:02	3:04	7:32	2:32	2:41	1:20	0:23
4	217	Jesús Gil Poveda Alicante COLIVENC	38:29	1:56	5:28	12:48	21:17	24:16	32:04	34:36	37:07	38:11	38:29
				1:56	3:32	7:20	8:29	2:59	7:48	2:32	2:31	1:04	0:18
5	709	Santiago Guillen Pé Granada VELETA	41:35	2:14	5:37	13:42	23:08	26:14	33:39	36:49	40:04	41:13	41:35
				2:14	3:23	8:05	9:26	3:06	7:25	3:10	3:15	1:09	0:22
6	899	Santiago Del Moral Alicante UNIVERSID	42:18	2:06	4:37	12:35	21:12	25:22	33:21	36:03	40:36	41:54	42:18
				2:06	2:31	7:58	8:37	4:10	7:59	2:42	4:33	1:18	0:24
7	537	Antonio José Olivar Córdoba LOS CALIF	42:25	1:57	4:55	12:18	20:55	24:32	32:39	37:32	40:31	42:01	42:25
				1:57	2:58	7:23	8:37	3:37	8:07	4:53	2:59	1:30	0:24

os	rsal	Nombre	Tiempo												
D-55 CEO (16)				3,7 km 20 m			9 C			(cont.)					
				1(33)	2(47)	3(63)	4(65)	5(77)	6(66)	7(71)	8(51)	9(200)	Meta		
Albacete GODIH															
H-60 CEO (23)				4,7 km 35 m			10 C								
				1(35)	2(47)	3(49)	4(66)	5(84)	6(87)	7(76)	8(71)	9(53)	10(200)	Meta	
1	218	Antonio Gil Poveda Alicante COLIVENC	33:29	2:42	6:06	8:08	13:14	14:48	18:16	22:38	29:24	31:22	33:10	33:29	
				2:42	3:24	2:02	5:06	1:34	3:28	4:22	6:46	1:58	1:48	0:19	
2	111	Benito Cortes Lópe Murcia ASON	38:29	4:36	7:43	11:23	17:14	20:41	24:21	26:42	34:28	36:20	38:06	38:29	
				4:36	3:07	3:40	5:51	3:27	3:40	2:21	7:46	1:52	1:46	0:23	
3	916	Jesús de Miguel Re Soria NVALENO-O	40:41	3:12	7:15	9:18	16:09	18:31	22:49	27:32	36:06	38:19	40:22	40:41	
				3:12	4:03	2:03	6:51	2:22	4:18	4:43	8:34	2:13	2:03	0:19	
4	715	Antonio Cayetano G Granada VELETA	44:15	3:06	12:00	14:44	21:30	24:33	28:35	31:00	39:48	42:15	43:55	44:15	
				3:06	8:54	2:44	6:46	3:03	4:02	2:25	8:48	2:27	1:40	0:20	
5	457	Rafael Martínez Gar Murcia LORCA-O	44:33	3:44	8:09	10:53	19:05	21:46	26:45	30:01	39:08	41:41	44:01	44:33	
				3:44	4:25	2:44	8:12	2:41	4:59	3:16	9:07	2:33	2:20	0:32	
6	707	Antonio Rodríguez Granada VELETA	45:56	3:46	7:43	10:28	19:35	21:52	28:16	31:11	40:31	43:11	45:35	45:56	
				3:46	3:57	2:45	9:07	2:17	6:24	2:55	9:20	2:40	2:24	0:21	
7	646	José Font García Valencia VALENCIA-	56:09	3:22	10:49	13:28	29:07	32:46	37:52	40:48	50:33	53:35	55:48	56:09	
				3:22	7:27	2:39	15:39	3:39	5:06	2:56	9:45	3:02	2:13	0:21	
8	1341	Antonio López Lara Madrid MK-O	57:42	4:24	10:07	14:45	24:40	27:51	34:04	38:51	51:05	54:21	57:09	57:42	
				4:24	5:43	4:38	9:55	3:11	6:13	4:47	12:14	3:16	2:48	0:33	
9	1343	Francisco Martínez Madrid NVALCARN	57:48	3:30	7:21	9:50	27:19	29:14	34:19	37:10	45:37	55:12	57:23	57:48	
				3:30	3:51	2:29	17:29	1:55	5:05	2:51	8:27	9:35	2:11	0:25	
10	284	Ricardo Iñiguez Cre Valencia CORRECA	58:58	4:28	10:16	13:39	21:54	24:52	36:20	41:17	51:43	55:02	58:21	58:58	
				4:28	5:48	3:23	8:15	2:58	11:28	4:57	10:26	3:19	3:19	0:37	
11	667	José María Galván Valladolid COV	1:03:24	3:49	10:41	19:47	31:11	33:42	39:34	42:57	54:56	1:00:23	1:02:56	1:03:24	
				3:49	6:52	9:06	11:24	2:31	5:52	3:23	11:59	5:27	2:33	0:28	
12	613	Pablo José Costa C Murcia TOTANA-O	1:03:51	4:05	12:57	22:31	31:39	34:40	40:11	44:20	55:56	59:44	1:03:07	1:03:51	
				4:05	8:52	9:34	9:08	3:01	5:31	4:09	11:36	3:48	3:23	0:44	
13	933	Adolfo Faza García Asturias PILOÑA DE	1:06:49	3:53	9:13	12:46	20:36	23:14	29:08	32:31	1:00:12	1:04:18	1:06:24	1:06:49	
				3:53	5:20	3:33	7:50	2:38	5:54	3:23	27:41	4:06	2:06	0:25	
14	618	Salvador Sánchez M Murcia TOTANA-O	1:11:29	6:08	11:57	16:40	28:35	31:55	41:22	48:42	1:02:53	1:06:58	1:10:44	1:11:29	
				6:08	5:49	4:43	11:55	3:20	9:27	7:20	14:11	4:05	3:46	0:45	
	751	Conrad Meseguer S Barcelona UEVIC	en tarj.	7:06	18:06	21:19	30:01	33:15	39:42	-----	57:53	1:04:22	1:07:12	1:07:46	42:04
				7:06	11:00	3:13	8:42	3:14	6:27		18:11	6:29	2:50	0:34	*78
	1155	Eduardo V. Ramos La Coruña USC	en tarj.	6:35	16:50	31:47	40:31	42:48	48:28	52:59	1:02:15	-----	1:07:18	1:07:47	1:05:46
				6:35	10:15	14:57	8:44	2:17	5:40	4:31	9:16		5:03	0:29	*51
nc	1402	Roy Dawson GAFA GAFA	33:23	3:03	6:16	8:25	14:13	16:10	19:59	22:23	29:03	31:02	32:59	33:23	
				3:03	3:13	2:09	5:48	1:57	3:49	2:24	6:40	1:59	1:57	0:24	
nc	1393	Jonny Nilsson Snättringe SK Snätt	38:10	3:07	6:27	8:49	15:32	17:45	22:14	24:40	32:47	35:23	37:46	38:10	
				3:07	3:20	2:22	6:43	2:13	4:29	2:26	8:07	2:36	2:23	0:24	
nc	1373	Manuel Dias Lisboa OK Lisboa	38:25	4:17	9:07	10:55	21:16	22:59	26:12	28:19	34:32	36:22	38:03	38:25	
				4:17	4:50	1:48	10:21	1:43	3:13	2:07	6:13	1:50	1:41	0:22	
nc	561	Karl Kristian Terkel Alicante SANT JOAN	41:10	3:04	6:56	8:52	15:48	18:07	22:35	24:58	32:09	38:19	40:39	41:10	
				3:04	3:52	1:56	6:56	2:19	4:28	2:23	7:11	6:10	2:20	0:31	
nc	624	Martin Checkley Murcia TOTANA-O	43:41	3:00	6:53	9:13	18:42	20:58	25:37	28:38	38:08	40:48	43:20	43:41	
				3:00	3:53	2:20	9:29	2:16	4:39	3:01	9:30	2:40	2:32	0:21	
nc	1374	Norman Jones Lisboa OK Lisboa	48:32	5:10	9:10	14:03	22:41	25:18	30:24	33:10	42:35	45:14	47:59	48:32	
				5:10	4:00	4:53	8:38	2:37	5:06	2:46	9:25	2:39	2:45	0:33	
nc	342	Walter Schuit Madrid GOCAN	2:05:19	10:43	24:34	32:47	53:05	59:01	1:14:07	1:23:08	1:51:04	1:58:33	2:04:11	2:05:19	
				10:43	13:51	8:13	20:18	5:56	15:06	9:01	27:56	7:29	5:38	1:08	
D-60 CEO (4)				2,8 km 20 m			7 C								
				1(33)	2(47)	3(67)	4(72)	5(53)	6(52)	7(200)	Meta				
1	643	Carmen Perona Mor Valencia VALENCIA-	41:45	3:22	11:02	20:59	26:52	36:59	38:48	41:15	41:45				
				3:22	7:40	9:57	5:53	10:07	1:49	2:27	0:30				
2	760	Amalia Sanz Barceló Alicante VILLENA-O	52:27	4:01	11:09	25:59	32:15	45:36	49:01	51:47	52:27				
				4:01	7:08	14:50	6:16	13:21	3:25	2:46	0:40				
3	1245	Amalia Galdón Delg Valencia SIMEPIER	55:46	4:26	15:14	30:48	43:50	51:01	53:32	55:19	55:46				
				4:26	10:48	15:34	13:02	7:11	2:31	1:47	0:27				
4	234	Ada Gil Poveda Alicante COLIVENC	1:41:16	5:42	19:11	53:48	1:20:08	1:30:29	1:38:23	1:40:40	1:41:16				
				5:42	13:29	34:37	26:20	10:21	7:54	2:17	0:36				
H-65 CEO (7)				3,7 km 20 m			9 C								
				1(33)	2(47)	3(63)	4(65)	5(77)	6(66)	7(71)	8(51)	9(200)	Meta		
1	14	Agustín Pajaro Voui Sevilla ADOL	29:17	2:17	6:18	10:26	12:26	16:49	21:49	24:35	27:32	28:53	29:17		
				2:17	4:01	4:08	2:00	4:23	5:00	2:46	2:57	1:21	0:24		
2	913	Juan David Pérez-C Almería SURCO	36:29	2:20	7:10	15:03	16:46	21:17	26:28	31:53	34:43	36:08	36:29		
				2:20	4:50	7:53	1:43	4:31	5:11	5:25	2:50	1:25	0:21		
3	1347	Jesús Gago Calvo Balears ERMASSET	38:09	2:43	9:28	14:51	17:04	22:17	28:56	32:40	36:08	37:43	38:09		
				2:43	6:45	5:23	2:13	5:13	6:39	3:44	3:28	1:35	0:26		
4	452	Joaquín Giner Manz Murcia LORCA-O	41:14	3:11	8:23	13:31	16:30	21:56	28:25	32:21	38:43	40:48	41:14		
				3:11	5:12	5:08	2:59	5:26	6:29	3:56	6:22	2:05	0:26		
5	616	Bartolomé Molino C Murcia TOTANA-O	44:04	2:41	8:26	15:04	17:15	23:57	31:02	35:22	42:15	43:42	44:04		
				2:41	5:45	6:38	2:11	6:42	7:05	4:20	6:53	1:27	0:22		
6	668	José Manuel Sánch Murcia TOTANA-O	1:17:11	3:06	10:19	42:32	45:06	54:27	1:03:27	1:07:51	1:14:29	1:16:40	1:17:11		

os	rsal	Nombre	Tiempo																	
H-65 CEO (7)					3,7 km 20 m			9 C			<i>(cont.)</i>									
			1(33)	2(47)	3(63)	4(65)	5(77)	6(66)	7(71)	8(51)	9(200)	Meta								
		Valladolid COV	3:06	7:13	32:13	2:34	9:21	9:00	4:24	6:38	2:11	0:31								
nc	503	Francesco Bellisari	2:55	8:41	16:54	20:16	27:31	37:23	41:57	46:06	48:27	48:56								
		Madrid MONTE EL P	2:55	5:46	8:13	3:22	7:15	9:52	4:34	4:09	2:21	0:29								
D-65 CEO (4)					2,8 km 20 m			7 C												
			1(33)	2(47)	3(67)	4(72)	5(53)	6(52)	7(200)	Meta										
1	152	Pilar Lladó Badia	1:19:34	5:37	19:02	46:22	59:57	1:12:01	1:15:27	1:18:34	1:19:34									
		Barcelona COC		5:37	13:25	27:20	13:35	12:04	3:26	3:07	1:00									
nc	626	Ritva Kajava	24:01	2:17	6:28	12:20	16:01	20:35	22:03	23:37	24:01									
		Murcia TOTANA-O		2:17	4:11	5:52	3:41	4:34	1:28	1:34	0:24									
nc	560	Asta Risbjerg Terkel	26:42	2:29	6:55	13:09	17:11	23:11	24:37	26:14	26:42									
		Alicante SANT JOAN		2:29	4:26	6:14	4:02	6:00	1:26	1:37	0:28									
980		Elvira Sanz Martin	No sale																	
		Valladolid CDP-O																		
H-E CEO (56)					16,6 km 150 m			26 C												
			1(34)	2(42)	3(77)	4(81)	5(92)	6(94)	7(90)	8(75)	9(71)	10(109)	11(83)	12(101)	13(102)	14(105)				
			15(107)	16(85)	17(59)	18(68)	19(110)	20(76)	21(79)	22(88)	23(66)	24(64)	25(51)	26(200)	Meta					
1	221	Andreu Blanes Reig	1:17:35	2:25	5:58	11:07	14:59	17:21	19:05	20:53	25:12	28:19	29:08	31:38	34:35	35:58	39:03			
		Alicante COLIVENC		2:25	3:33	5:09	3:52	2:22	1:44	1:48	4:19	3:07	0:49	2:30	2:57	1:23	3:05			
			40:10	43:50	48:19	53:47	57:33	1:01:21	1:03:17	1:05:56	1:10:51	1:13:32	1:16:23	1:17:20	1:17:35					
			1:07	3:40	4:29	5:28	3:46	3:48	1:56	2:39	4:55	2:41	2:51	0:57	0:15					
			5:13																	
			*41																	
2	220	Antonio Martínez Pé	1:19:22	2:27	5:07	10:32	14:36	17:04	18:48	20:30	24:46	28:06	28:55	31:38	34:42	36:05	39:35			
		Alicante COLIVENC		2:27	2:40	5:25	4:04	2:28	1:44	1:42	4:16	3:20	0:49	2:43	3:04	1:23	3:30			
			41:00	44:45	50:27	56:05	59:57	1:03:49	1:05:42	1:08:18	1:13:09	1:15:43	1:18:17	1:19:07	1:19:22					
			1:25	3:45	5:42	5:38	3:52	3:52	1:53	2:36	4:51	2:34	0:50	0:15						
3	216	Roger Casal Fernán	1:20:43	2:35	5:25	10:36	14:35	17:11	18:51	20:44	25:05	28:14	29:07	31:42	34:45	36:09	39:26			
		Alicante COLIVENC		2:35	2:50	5:11	3:59	2:36	1:40	1:53	4:21	3:09	0:53	2:35	3:03	1:24	3:17			
			40:34	44:24	49:19	55:00	58:55	1:02:49	1:04:48	1:07:31	1:12:41	1:15:26	1:19:30	1:20:26	1:20:43					
			1:08	3:50	4:55	5:41	3:55	3:54	1:59	2:43	5:10	2:45	4:04	0:56	0:17					
4	888	Eduardo Gil Marcos	1:21:59	2:22	5:29	10:58	14:48	17:27	20:18	22:05	26:27	30:00	30:53	33:28	37:05	38:23	41:35			
		Burgos TJALVE		2:22	3:07	5:29	3:50	2:39	2:51	1:47	4:22	3:33	0:53	2:35	3:37	1:18	3:12			
			42:40	46:32	51:25	57:00	1:01:03	1:04:59	1:06:56	1:09:37	1:14:54	1:18:28	1:20:52	1:21:44	1:21:59					
			1:05	3:52	4:53	5:35	4:03	3:56	1:57	2:41	5:17	3:34	2:24	0:52	0:15					
5	763	Luis Sánchez Serra	1:27:12	2:30	5:30	11:13	15:05	17:37	19:19	21:31	27:07	30:25	31:19	33:58	37:07	38:33	41:58			
		Alicante VILLENA-O		2:30	3:00	5:43	3:52	2:32	1:42	2:12	5:36	3:18	0:54	2:39	3:09	1:26	3:25			
			43:04	47:26	52:58	1:00:51	1:05:04	1:09:45	1:11:45	1:14:33	1:19:48	1:23:24	1:26:00	1:26:57	1:27:12					
			1:06	4:22	5:32	7:53	4:13	4:41	2:00	2:48	5:15	3:36	2:36	0:57	0:15					
6	269	José Manuel García	1:28:34	2:51	6:00	11:29	16:53	19:37	21:23	23:59	28:29	31:50	32:46	35:32	39:14	40:39	45:40			
		Málaga COMA		2:51	3:09	5:29	5:24	2:44	1:46	2:36	4:30	3:21	0:56	2:46	3:42	1:25	5:01			
			46:57	51:11	56:39	1:02:30	1:06:44	1:10:49	1:13:01	1:15:58	1:21:27	1:24:32	1:27:20	1:28:16	1:28:34					
			1:17	4:14	5:28	5:51	4:14	4:05	2:12	2:57	5:29	3:05	2:48	0:56	0:18					
6	263	Luis Nogueira de la	1:28:34	2:37	5:42	10:55	14:58	17:26	19:24	21:15	25:42	28:53	29:50	33:31	36:42	38:06	41:40			
		Málaga COMA		2:37	3:05	5:13	4:03	2:28	1:58	1:51	4:27	3:11	0:57	3:41	3:11	1:24	3:34			
			43:04	47:05	52:00	58:09	1:02:28	1:06:54	1:09:11	1:12:32	1:19:28	1:23:22	1:27:01	1:28:13	1:28:34					
			1:24	4:01	4:55	6:09	4:19	4:26	2:17	3:21	6:56	3:54	3:39	1:12	0:21					
8	262	Javier Ruiz de la He	1:28:50	2:37	6:10	11:36	17:07	19:54	21:51	23:47	28:26	31:52	32:48	35:33	38:44	40:10	43:41			
		Málaga COMA		2:37	3:33	5:26	5:31	2:47	1:57	1:56	4:39	3:26	0:56	2:45	3:11	1:26	3:31			
			44:55	49:24	54:32	1:00:52	1:05:25	1:09:56	1:12:11	1:15:19	1:21:00	1:24:09	1:27:33	1:28:33	1:28:50					
			1:14	4:29	5:08	6:20	4:33	4:31	2:15	3:08	5:41	3:09	3:24	1:00	0:17					
9	190	Daniel Portal Gordil	1:30:12	2:49	6:02	11:41	16:45	19:16	21:15	23:04	27:33	30:51	31:43	34:18	37:28	38:56	42:21			
		Badajoz CODAN EX		2:49	3:13	5:39	5:04	2:31	1:59	1:49	4:29	3:18	0:52	2:35	3:10	1:28	3:25			
			43:32	49:19	54:13	1:00:25	1:04:48	1:10:51	1:13:10	1:16:13	1:22:06	1:25:40	1:28:45	1:29:50	1:30:12					
			1:11	5:47	4:54	6:12	4:23	6:03	2:19	3:03	5:53	3:34	3:05	1:05	0:22					
10	1277	Raúl Martín Gómez	1:31:40	2:39	5:47	12:01	16:45	19:28	21:29	23:47	28:34	32:31	33:44	36:45	40:28	42:07	45:58			
		Toledo ESCONDITE-		2:39	3:08	6:14	4:44	2:43	2:01	2:18	4:47	3:57	1:13	3:01	3:43	1:39	3:51			
			47:33	52:15	57:54	1:04:18	1:08:56	1:13:38	1:15:50	1:18:47	1:24:19	1:27:31	1:30:24	1:31:21	1:31:40					
			1:35	4:42	5:39	6:24	4:38	4:42	2:12	2:57	5:32	3:12	2:53	0:57	0:19					
11	1083	Pau Llorens Caellas	1:31:46	2:40	5:54	11:50	16:24	19:02	20:57	23:33	28:15	31:50	32:47	36:54	40:14	41:37	45:03			
		Barcelona COB		2:40	3:14	5:56	4:34	2:38	1:55	2:36	4:42	3:35	0:57	4:07	3:20	1:23	3:26			
			46:09	52:54	58:14	1:04:42	1:09:08	1:13:28	1:15:38	1:18:41	1:24:30	1:27:34	1:30:28	1:31:29	1:31:46					
			1:06	6:45	5:20	6:28	4:26	4:20	2:10	3:03	5:49	3:04	2:54	1:01	0:17					
12	158	Biel Ràfols Perramo	1:33:16	2:39	5:49	12:43	17:13	20:04	21:57	23:59	29:19	32:43	33:41	36:41	40:26	42:11	46:12			
		Barcelona COC		2:39	3:10	6:54	4:30	2:51	1:53	2:02	5:20	3:24	0:58	3:00	3:45	1:45	4:01			
			47:23	52:45	58:18	1:05:11	1:09:54	1:14:24	1:16:39	1:19:42	1:25:30	1:28:52	1:31:49	1:32:55	1:33:16					
			1:11	5:22	5:33	6:53	4:43	4:30	2:15	3:03	5:48	3:22	2:57	1:06	0:21					
13	195	Miguel Ángel Martín	1:33:53	2:42	6:26	16:40	20:57	23:18	25:13	27:06	31:34	34:52	35:44	38:20	41:38	43:00	46:29			
		Badajoz CODAN EX		2:42	3:44	10:14	4:17	2:21	1:55	1:53	4:28	3:18	0:52	2:36	3:18	1:22	3:29			
			47:37	53:08	58:14	1:04:29	1:08:47	1:14:52	1:17:07	1:20:10	1:26:00	1:29:42	1:32:44	1:33:38	1:33:53					
			1:08	5:31	5:06	6:15	4:18	6:05	2:15	3:03	5:50	3:42	3:02	0:54	0:15					

os	rsal	Nombre	Tiempo														
H-E CEO (56)				16,6 km 150 m			26 C			<i>(cont.)</i>							
				1(34)	2(42)	3(77)	4(81)	5(92)	6(94)	7(90)	8(75)	9(71)	10(109)	11(83)	12(101)	13(102)	14(105)
				15(107)	16(85)	17(59)	18(68)	19(110)	20(76)	21(79)	22(88)	23(66)	24(64)	25(51)	26(200)	Meta	
		556 Manuel Jurado Alon	No sale														
		Alicante SANT JOAN															
		1097 Jaime Montero Góm	No sale														
		Cuenca COMCU															
		222 Iván Ramal Barea	No sale														
		Alicante COLIVENC															
		450 Raúl Ferra Murcia	No sale														
		Murcia LORCA-O															
		761 Juan Pedro Martíne	No sale														
		Alicante VILLENA-O															
D-E CEO (34)				9,9 km 125 m			18 C										
				1(36)	2(41)	3(44)	4(60)	5(49)	6(108)	7(76)	8(78)	9(97)	10(96)	11(101)	12(105)	13(106)	14(90)
				15(85)	16(75)	17(71)	18(200)	Meta									
1	844	Anna Serrallonga Ar	1:00:24	3:31	6:35	9:23	11:49	18:18	21:56	27:06	27:40	32:14	33:56	35:29	41:21	41:59	44:58
		Girona GO-XTREM		3:31	3:04	2:48	2:26	6:29	3:38	5:10	0:34	4:34	1:42	1:33	5:52	0:38	2:59
				49:44	52:49	57:12	1:00:03	1:00:24									
				4:46	3:05	4:23	2:51	0:21									
2	1081	Amparo Gil Brotons	1:04:08	4:45	8:11	11:34	14:34	19:59	23:56	29:28	30:04	34:44	36:30	38:03	44:12	44:57	48:37
		Barcelona COB		4:45	3:26	3:23	3:00	5:25	3:57	5:32	0:36	4:40	1:46	1:33	6:09	0:45	3:40
				53:27	56:51	1:00:52	1:03:49	1:04:08									
				4:50	3:24	4:01	2:57	0:19									
3	228	Alicia Gil Sánchez	1:04:41	3:45	7:04	9:58	15:12	20:42	24:37	30:10	30:43	35:47	37:33	38:58	45:03	45:51	49:13
		Alicante COLIVENC		3:45	3:19	2:54	5:14	5:30	3:55	5:33	0:33	5:04	1:46	1:25	6:05	0:48	3:22
				54:22	57:17	1:01:25	1:04:22	1:04:41									
				5:09	2:55	4:08	2:57	0:19									
4	227	Esther Gil i Brotons	1:05:42	3:51	7:39	10:38	13:14	19:11	23:01	28:58	29:31	34:41	36:32	38:06	45:27	46:07	49:33
		Alicante COLIVENC		3:51	3:48	2:59	2:36	5:57	3:50	5:57	0:33	5:10	1:51	1:34	7:21	0:40	3:26
				54:35	57:31	1:02:09	1:05:21	1:05:42									
				5:02	2:56	4:38	3:12	0:21									
5	850	Ludmila Fuster Ario	1:07:52	4:43	8:30	11:56	14:41	21:01	24:48	31:02	31:37	36:32	38:27	40:51	47:39	48:22	51:37
		Girona GO-XTREM		4:43	3:47	3:26	2:45	6:20	3:47	6:14	0:35	4:55	1:55	2:24	6:48	0:43	3:15
				56:48	59:50	1:04:18	1:07:29	1:07:52									
				5:11	3:02	4:28	3:11	0:23									
6	114	Annabel Valledor Fe	1:09:04	4:01	7:36	10:44	13:38	19:47	24:14	30:05	30:44	36:16	38:13	40:30	47:23	48:21	52:23
		Barcelona BADALO		4:01	3:35	3:08	2:54	6:09	4:27	5:51	0:39	5:32	1:57	2:17	6:53	0:58	4:02
				57:47	1:01:09	1:05:42	1:08:45	1:09:04									
				5:24	3:22	4:33	3:03	0:19									
7	151	Ona Ràfols Perramo	1:10:00	4:02	7:24	10:12	13:22	20:14	24:08	30:28	31:03	36:20	38:26	40:15	47:23	48:16	52:39
		Barcelona COC		4:02	3:22	2:48	3:10	6:52	3:54	6:20	0:35	5:17	2:06	1:49	7:08	0:53	4:23
				58:01	1:01:13	1:06:17	1:09:39	1:10:00									
				5:22	3:12	5:04	3:22	0:21									
8	801	Marina García Castr	1:12:14	3:46	8:19	11:51	15:10	22:08	26:38	32:44	33:21	38:30	40:19	42:03	48:30	49:37	55:05
		León ALCON		3:46	4:33	3:32	3:19	6:58	4:30	6:06	0:37	5:09	1:49	1:44	6:27	1:07	5:28
				1:00:34	1:04:34	1:08:59	1:11:54	1:12:14									
				5:29	4:00	4:25	2:55	0:20									
9	502	Guadalupe Moreno	1:12:18	3:44	7:06	10:02	12:51	18:50	22:39	28:31	29:12	35:37	37:30	39:01	48:00	49:17	53:09
		Madrid MONTE EL P		3:44	3:22	2:56	2:49	5:59	3:49	5:52	0:41	6:25	1:53	1:31	8:59	1:17	3:52
				58:13	1:04:18	1:08:46	1:11:58	1:12:18									
				5:04	6:05	4:28	3:12	0:20									
10	232	Violeta Feliciano Sa	1:12:44	4:01	7:06	10:08	14:07	20:36	26:43	36:58	37:30	42:30	44:18	46:41	53:24	54:04	57:05
		Alicante COLIVENC		4:01	3:05	3:02	3:59	6:29	6:07	10:15	0:32	5:00	1:48	2:23	6:43	0:40	3:01
				1:02:00	1:04:55	1:09:14	1:12:20	1:12:44									
				4:55	2:55	4:19	3:06	0:24									
11	1199	Esther Arias Enero	1:14:56	4:15	8:57	13:53	16:51	23:16	28:16	33:53	36:21	43:32	45:19	46:53	54:15	55:01	59:31
		Huesca WAKHAN		4:15	4:42	4:56	2:58	6:25	5:00	5:37	2:28	7:11	1:47	1:34	7:22	0:46	4:30
				1:04:31	1:07:54	1:11:52	1:14:37	1:14:56									
				5:00	3:23	3:58	2:45	0:19									
12	455	Laura López García	1:16:29	4:57	10:48	14:10	17:25	23:25	28:33	35:02	35:42	41:46	43:55	45:39	52:50	53:42	58:13
		Murcia LORCA-O		4:57	5:51	3:22	3:15	6:00	5:08	6:29	0:40	6:04	2:09	1:44	7:11	0:52	4:31
				1:03:52	1:07:57	1:12:53	1:16:11	1:16:29									
				5:39	4:05	4:56	3:18	0:18									
13	555	Esmeralda Ruiz Alo	1:17:52	4:21	9:12	12:50	16:07	22:31	26:49	34:24	34:56	41:17	43:36	45:01	51:10	52:07	56:55
		Alicante SANT JOAN		4:21	4:51	3:38	3:17	6:24	4:18	7:35	0:32	6:21	2:19	1:25	6:09	0:57	4:48
				1:04:07	1:08:46	1:13:59	1:17:31	1:17:52									
				7:12	4:39	5:13	3:32	0:21									
14	587	Carmen Patiño Déni	1:19:06	4:07	7:46	11:25	15:06	22:12	27:26	34:58	35:38	41:59	44:17	46:27	54:22	55:19	59:53
		Toledo TOLEDO-O		4:07	3:39	3:39	3:41	7:06	5:14	7:32	0:40	6:21	2:18	2:10	7:55	0:57	4:34
				1:06:20	1:10:09	1:15:16	1:18:44	1:19:06									
				6:27	3:49	5:07	3:28	0:22									
15	1200	Jara Gracia Zafra	1:19:54	3:56	8:35	11:44	17:15	23:33	29:07	35:20	35:58	43:08	45:27	47:15	54:28	55:17	59:13
		Huesca WAKHAN		3:56	4:39	3:09	5:31	6:18	5:34	6:13	0:38	7:10	2:19	1:48	7:13	0:49	3:56
				1:04:58	1:09:17	1:15:54	1:19:33	1:19:54									
				5:45	4:19	6:37	3:39	0:21									

os	rsal	Nombre	Tiempo	D-E CEO (34)																
				1(36)	2(41)	3(44)	4(60)	5(49)	6(108)	7(76)	8(78)	9(97)	10(96)	11(101)	12(105)	13(106)	14(90)			
				15(85)	16(75)	17(71)	18(200)	Meta	(cont.)											
16	747	Berta Meseguer Fla Barcelona UEVIC	1:21:04	4:21	8:33	11:53	15:03	22:07	26:49	33:43	34:20	40:58	43:07	45:56	56:00	56:53	1:01:44			
				4:21	4:12	3:20	3:10	7:04	4:42	6:54	0:37	6:38	2:09	2:49	10:04	0:53	4:51			
				1:08:19	1:11:49	1:16:53	1:20:41	1:21:04												
				6:35	3:30	5:04	3:48	0:23												
17	921	Alicia Cobo Caballe Soria NAVELENO-O	1:21:24	4:14	7:59	10:53	14:21	22:01	27:08	34:14	34:47	48:04	50:02	51:39	59:09	1:00:08	1:03:51			
				4:14	3:45	2:54	3:28	7:40	5:07	7:06	0:33	13:17	1:58	1:37	7:30	0:59	3:43			
				1:09:46	1:12:50	1:17:39	1:21:04	1:21:24												
				5:55	3:04	4:49	3:25	0:20												
18	196	Raquel Martín Jiménez Badajoz CODAN EX	1:24:01	4:21	9:24	13:29	16:41	24:18	30:18	36:50	37:24	44:14	46:30	49:37	59:52	1:00:44	1:04:57			
				4:21	5:03	4:05	3:12	7:37	6:00	6:32	0:34	6:50	2:16	3:07	10:15	0:52	4:13			
				1:11:27	1:15:02	1:20:03	1:23:42	1:24:01												
				6:30	3:35	5:01	3:39	0:19												
19	861	Consolación Dobla Sevilla POSEIDÓN	1:24:15	6:49	11:16	15:27	19:04	26:41	31:56	38:44	39:37	46:48	48:47	51:02	58:13	59:40	1:04:11			
				6:49	4:27	4:11	3:37	7:37	5:15	6:48	0:53	7:11	1:59	2:15	7:11	1:27	4:31			
				1:10:11	1:13:55	1:20:03	1:23:47	1:24:15												
				6:00	3:44	6:08	3:44	0:28												
20	48	Marta Sánchez Brun Girona ALIGOTS	1:25:37	4:23	8:44	13:04	16:09	23:32	28:01	35:47	36:29	44:01	46:14	48:30	57:45	58:51	1:03:20			
				4:23	4:21	4:20	3:05	7:23	4:29	7:46	0:42	7:32	2:13	2:16	9:15	1:06	4:29			
				1:10:03	1:14:17	1:21:29	1:25:15	1:25:37												
				6:43	4:14	7:12	3:46	0:22												
21	193	Lidia Alonso Muñoz Badajoz CODAN EX	1:30:03	4:37	9:48	14:30	17:30	24:51	34:24	42:17	42:48	50:42	52:37	55:43	1:05:54	1:06:42	1:11:00			
				4:37	5:11	4:42	3:00	7:21	9:33	7:53	0:31	7:54	1:55	3:06	10:11	0:48	4:18			
				1:17:17	1:20:57	1:25:56	1:29:40	1:30:03												
				6:17	3:40	4:59	3:44	0:23												
22	1283	Dori Alfaro García Valencia VERD3	1:35:11	4:46	11:07	15:24	19:11	31:46	37:02	43:51	44:36	52:39	54:41	56:47	1:04:58	1:06:35	1:14:04			
				4:46	6:21	4:17	3:47	12:35	5:16	6:49	0:45	8:03	2:02	2:06	8:11	1:37	7:29			
				1:20:41	1:25:10	1:31:08	1:34:49	1:35:11												
				6:37	4:29	5:58	3:41	0:22												
23	1141	Carolina Llop Calv Madrid ENTREBALI	1:39:16	7:59	14:46	18:11	21:52	28:26	33:26	41:55	42:36	47:43	56:52	59:01	1:06:50	1:07:46	1:19:14			
				7:59	6:47	3:25	3:41	6:34	5:00	8:29	0:41	5:07	9:09	2:09	7:49	0:56	11:28			
				1:25:17	1:29:48	1:35:32	1:38:58	1:39:16												
				6:03	4:31	5:44	3:26	0:18												
24	31	María Jose Molina P Sevilla ADOL	1:41:13	4:38	15:37	25:04	31:13	38:05	43:15	56:37	57:07	1:03:43	1:05:50	1:07:36	1:18:12	1:18:55	1:23:14			
				4:38	10:59	9:27	6:09	6:52	5:10	13:22	0:30	6:36	2:07	1:46	10:36	0:43	4:19			
				1:29:15	1:32:37	1:37:32	1:40:53	1:41:13												
				6:01	3:22	4:55	3:21	0:20												
nc	1257	Lea Vercellotti Madrid MAXIMUS	andona	3:35	6:48	9:48	12:19	17:46	21:28	27:02	27:39	-----	-----	-----	-----	-----	-----			
				3:35	3:13	3:00	2:31	5:27	3:42	5:34	0:37									
				31:42	35:25	42:51	46:34	46:56												
				4:03	3:43	7:26	3:43	0:22												
nc	252	Natalia Gurchenkova Alicante COLIVENC	59:46	3:24	6:14	9:04	11:28	17:56	21:12	26:20	26:54	32:16	34:00	35:28	41:40	42:27	45:25			
				3:24	2:50	2:50	2:24	6:28	3:16	5:08	0:34	5:22	1:44	1:28	6:12	0:47	2:58			
				50:01	52:41	56:30	59:24	59:46												
				4:36	2:40	3:49	2:54	0:22												
nc	1357	RITA RODRIGUES Otros Paises FPO-G	1:10:55	3:45	7:47	10:51	14:33	20:45	24:44	31:36	32:10	37:28	39:23	41:05	48:39	49:52	53:29			
				3:45	4:02	3:04	3:42	6:12	3:59	6:52	0:34	5:18	1:55	1:42	7:34	1:13	3:37			
				58:44	1:02:55	1:07:18	1:10:32	1:10:55												
				5:15	4:11	4:23	3:14	0:23												
nc	1425	Carolina Delgado GD4Caminhos GD4	1:12:54	4:41	7:51	10:46	13:29	22:55	26:46	33:37	34:12	39:31	41:18	42:49	50:34	51:47	56:00			
				4:41	3:10	2:55	2:43	9:26	3:51	6:51	0:35	5:19	1:47	1:31	7:45	1:13	4:13			
				1:01:03	1:04:56	1:09:20	1:12:31	1:12:54												
				5:03	3:53	4:24	3:11	0:23												
nc	50	Tiina Uotila Girona ALIGOTS	1:17:31	4:21	8:38	11:54	15:18	21:56	26:17	32:44	33:21	42:50	44:50	46:45	54:31	55:49	59:57			
				4:21	4:17	3:16	3:24	6:38	4:21	6:27	0:37	9:29	2:00	1:55	7:46	1:18	4:08			
				1:05:33	1:08:59	1:13:52	1:17:13	1:17:31												
				5:36	3:26	4:53	3:21	0:18												
nc	1401	Helen Martinsen IL Gular IL Gular	1:18:48	4:06	8:16	11:39	15:33	21:59	27:57	34:12	34:54	44:48	46:40	48:16	55:52	57:36	1:01:44			
				4:06	4:10	3:23	3:54	6:26	5:58	6:15	0:42	9:54	1:52	1:36	7:36	1:44	4:08			
				1:06:42	1:11:29	1:15:32	1:18:27	1:18:48												
				4:58	4:47	4:03	2:55	0:21												
nc	51	Rose Kowalski Girona ALIGOTS	1:23:13	4:29	9:07	13:01	16:16	23:40	28:25	36:23	37:12	44:08	46:28	48:30	56:02	57:12	1:02:39			
				4:29	4:38	3:54	3:15	7:24	4:45	7:58	0:49	6:56	2:20	2:02	7:32	1:10	5:27			
				1:09:45	1:13:39	1:19:13	1:22:52	1:23:13												
				7:06	3:54	5:34	3:39	0:21												
nc	1412	Inês Aires Ori-Estarreja Ori-Est	1:58:23	5:39	10:51	16:32	22:12	33:35	41:35	53:22	54:13	1:04:43	1:08:52	1:11:04	1:21:52	1:23:29	1:30:07			
				5:39	5:12	5:41	5:40	11:23	8:00	11:47	0:51	10:30	4:09	2:12	10:48	1:37	6:38			
				1:39:33	1:45:51	1:53:31	1:57:54	1:58:23												
				9:26	6:18	7:40	4:23	0:29												
nc	881	Araceli Abalde Vila Burgos TJALVE	No sale																	
nc	1355	RAQUEL COSTA Otros Paises FPO-G	No sale																	

os	rsal	Nombre	Tiempo												
H-18/20B (13)				7,0 km 50 m			11 C								
				1(36)	2(46)	3(65)	4(93)	5(92)	6(79)	7(82)	8(64)	9(71)	10(53)	11(200)	Meta
1	30	Pablo Lebrero Carc Sevilla ADOL	56:07	3:44	7:34	12:38	25:14	26:45	34:22	42:10	45:46	48:03	54:14	55:47	56:07
				3:44	3:50	5:04	12:36	1:31	7:37	7:48	3:36	2:17	6:11	1:33	0:20
2	471	Adrián Guijarro Lia Murcia LORCA-O	57:17	3:51	6:51	11:55	25:28	27:02	33:05	40:49	44:57	47:21	55:25	57:01	57:17
				3:51	3:00	5:04	13:33	1:34	6:03	7:44	4:08	2:24	8:04	1:36	0:16
3	1191	Antonio Joaquín Pé Cuenca ORIENTIJO	1:14:58	5:59	10:25	18:46	31:42	47:24	54:57	1:01:48	1:08:18	1:10:54	1:12:54	1:14:40	1:14:58
				5:59	4:26	8:21	12:56	15:42	7:33	6:51	6:30	2:36	2:00	1:46	0:18
4	774	Pedro Hernández G Alicante VILLENLA-O	1:17:07	7:34	11:36	20:17	40:38	42:07	53:51	1:04:13	1:08:23	1:11:57	1:14:54	1:16:46	1:17:07
				7:34	4:02	8:41	20:21	1:29	11:44	10:22	4:10	3:34	2:57	1:52	0:21
5	324	Iago Piñeiro Fraga Lugo FLUVIAL LUG	1:21:10	7:16	12:42	21:46	41:41	44:45	53:40	1:06:11	1:12:19	1:15:57	1:18:33	1:20:47	1:21:10
				7:16	5:26	9:04	19:55	3:04	8:55	12:31	6:08	3:38	2:36	2:14	0:23
6	728	Jaime Frías Funes Granada VELETA	1:24:03	5:25	12:07	26:13	46:19	49:12	58:38	1:09:46	1:14:47	1:18:09	1:21:18	1:23:42	1:24:03
				5:25	6:42	14:06	20:06	2:53	9:26	11:08	5:01	3:22	3:09	2:24	0:21
7	807	David García Álvaro León ALCON	1:25:02	6:44	11:44	22:22	44:05	45:52	57:55	1:09:59	1:15:04	1:18:58	1:22:52	1:24:43	1:25:02
				6:44	5:00	10:38	21:43	1:47	12:03	12:04	5:05	3:54	3:54	1:51	0:19
8	476	Diego Úbeda López Murcia LORCA-O	1:30:42	13:32	16:24	23:34	37:46	38:51	1:00:29	1:20:08	1:24:05	1:26:41	1:28:45	1:30:19	1:30:42
				13:32	2:52	7:10	14:12	1:05	21:38	19:39	3:57	2:36	2:04	1:34	0:23
9	325	Alex Fraga Diaz Lugo FLUVIAL LUG	1:34:07	8:00	15:37	26:47	52:37	54:25	1:04:18	1:18:28	1:23:06	1:27:08	1:31:56	1:33:49	1:34:07
				8:00	7:37	11:10	25:50	1:48	9:53	14:10	4:38	4:02	4:48	1:53	0:18
10	328	Miguel Balboa Rodr Lugo FLUVIAL LUG	1:35:18	5:50	11:47	21:15	49:47	51:44	1:03:19	1:17:41	1:24:31	1:28:36	1:32:33	1:35:02	1:35:18
				5:50	5:57	9:28	28:32	1:57	11:35	14:22	6:50	4:05	3:57	2:29	0:16
11	293	German Sánchez Ga Valencia CORRECA	1:49:18	7:20	12:35	23:23	51:33	54:31	1:08:30	1:26:10	1:34:08	1:40:38	1:45:11	1:48:54	1:49:18
				7:20	5:15	10:48	28:10	2:58	13:59	17:40	7:58	6:30	4:33	3:43	0:24
42		Mario Gonzalez Mor Sevilla ADOL	No sale												
41		Cristian Antonio Ga Sevilla ADOL	No sale												
D-18/20B (5)				5,1 km 35 m			10 C								
				1(31)	2(47)	3(59)	4(78)	5(84)	6(70)	7(55)	8(50)	9(51)	10(200)	Meta	
1	686	Paula Sanz Amor Valladolid COV	59:04	9:15	14:24	24:09	31:31	37:54	44:28	50:56	53:21	57:33	58:43	59:04	
				9:15	5:09	9:45	7:22	6:23	6:34	6:28	2:25	4:12	1:10	0:21	
nc	1383	Alva Karlsson Snättringe SK Snätt	48:42	2:39	7:50	15:53	22:15	28:03	32:54	41:02	43:20	46:45	48:22	48:42	
				2:39	5:11	8:03	6:22	5:48	4:51	8:08	2:18	3:25	1:37	0:20	
nc	1399	Märta Fröjd Snättringe SK Snätt	en tarj.	4:13	15:44	27:39	39:45	-----	-----	53:22	56:50	1:01:52	1:04:19	1:05:09	
				4:13	11:31	11:55	12:06			13:37	3:28	5:02	2:27	0:50	
29		Alicia Marmol Garcí Sevilla ADOL	No sale												
nc	1353	PATRICIA ROMAO Otros Paisas FPO-A	No sale												
H-35B (46)				6,5 km 65 m			10 C								
				1(36)	2(43)	3(57)	4(78)	5(95)	6(64)	7(75)	8(77)	9(108)	10(200)	Meta	
1	660	Óscar Baciero Gonz Valladolid COV	43:54	3:46	8:06	12:16	17:55	23:37	29:00	33:54	35:44	39:53	43:39	43:54	
				3:46	4:20	4:10	5:39	5:42	5:23	4:54	1:50	4:09	3:46	0:15	
2	793	Luis González Lore León ALCON	46:05	3:45	9:07	12:56	19:26	25:10	31:20	34:05	36:09	41:38	45:45	46:05	
				3:45	5:22	3:49	6:30	5:44	6:10	2:45	2:04	5:29	4:07	0:20	
3	902	Javier Montiel Bon Alicante UNIVERSID	50:37	7:03	11:31	14:20	22:45	31:57	37:08	39:41	41:29	46:17	50:21	50:37	
				7:03	4:28	2:49	8:25	9:12	5:11	2:33	1:48	4:48	4:04	0:16	
4	388	José Francisco Sem Albacete GODIH	51:59	6:05	10:49	15:35	22:56	29:43	36:29	40:09	42:14	47:13	51:40	51:59	
				6:05	4:44	4:46	7:21	6:47	6:46	3:40	2:05	4:59	4:27	0:19	
5	534	Rubén Maetzu Ugar Navarra CDNAVARR	53:37	4:12	10:19	14:00	21:31	28:23	36:39	41:02	43:10	48:50	53:19	53:37	
				4:12	6:07	3:41	7:31	6:52	8:16	4:23	2:08	5:40	4:29	0:18	
6	1046	José Antonio Tamar Valencia CCVALEN	54:11	4:16	9:29	14:26	21:24	30:23	37:48	41:23	43:58	49:06	53:44	54:11	
				4:16	5:13	4:57	6:58	8:59	7:25	3:35	2:35	5:08	4:38	0:27	
7	360	José Puche Madrid Albacete GODIH	54:19	8:16	13:34	17:25	25:16	32:03	39:00	42:25	44:33	49:22	53:58	54:19	
				8:16	5:18	3:51	7:51	6:47	6:57	3:25	2:08	4:49	4:36	0:21	
8	1331	Alvaro Frecentese L Madrid MALARRUTA	54:23	4:53	9:59	20:46	26:57	33:03	40:44	43:49	45:49	50:04	54:04	54:23	
				4:53	5:06	10:47	6:11	6:06	7:41	3:05	2:00	4:15	4:00	0:19	
9	1231	David Rodríguez M Zamora ZAMORA-O	54:58	5:11	10:18	14:00	23:37	31:08	38:59	42:27	44:35	50:12	54:31	54:58	
				5:11	5:07	3:42	9:37	7:31	7:51	3:28	2:08	5:37	4:19	0:27	
10	133	Hugo Villaverde Ló Vizcaya COBI	55:33	4:31	10:02	15:46	24:25	31:58	38:39	42:00	44:14	49:43	55:12	55:33	
				4:31	5:31	5:44	8:39	7:33	6:41	3:21	2:14	5:29	5:29	0:21	
11	877	Ismael Herrero Teje Palencia ORCA	56:55	3:58	8:58	14:07	21:05	29:54	39:15	42:35	44:37	51:39	56:30	56:55	
				3:58	5:00	5:09	6:58	8:49	9:21	3:20	2:02	7:02	4:51	0:25	
12	1269	Javier Serrano Moli Madrid ESCONDITE-	58:14	3:57	15:10	20:26	25:54	35:30	42:41	46:17	48:52	54:06	57:57	58:14	
				3:57	11:13	5:16	5:28	9:36	7:11	3:36	2:35	5:14	3:51	0:17	
13	1000	Andres Dopico Pen La Coruña GALLAE	58:20	4:46	9:23	14:35	26:04	32:22	38:21	42:54	45:01	54:08	58:03	58:20	
				4:46	4:37	5:12	11:29	6:18	5:59	4:33	2:07	9:07	3:55	0:17	
14	477	Victor Martínez Mart Murcia LORCA-O	58:27	4:32	9:46	14:52	24:03	32:14	39:29	44:43	47:19	52:39	58:04	58:27	
				4:32	5:14	5:06	9:11	8:11	7:15	5:14	2:36	5:20	5:25	0:23	
15	2	Eduardo Morelló To Castellón ADCON	59:31	4:16	15:19	18:43	24:11	37:06	43:21	46:41	48:54	55:02	59:10	59:31	
				4:16	11:03	3:24	5:28	12:55	6:15	3:20	2:13	6:08	4:08	0:21	
16	5	Jose Manuel Portol Castellón ADCON	59:48	4:01	10:09	14:16	23:23	35:57	44:21	47:19	50:38	55:19	59:29	59:48	
				4:01	6:08	4:07	9:07	12:34	8:24	2:58	3:19	4:41	4:10	0:19	
17	127	Cesar Corada Garcí Vizcaya COBI	59:53	4:57	10:52	16:24	25:00	33:20	41:23	45:02	47:30	53:45	59:37	59:53	
				4:57	5:55	5:32	8:36	8:20	8:03	3:39	2:28	6:15	5:52	0:16	

os	rsal	Nombre	Tiempo											
H-35B (46)				6,5 km 65 m			10 C			(cont.)				
				1(36)	2(43)	3(57)	4(78)	5(95)	6(64)	7(75)	8(77)	9(108)	10(200)	Meta
18	699	José Luis Tribiño F Valladolid COV	1:00:10	8:24 8:24	14:13 5:49	18:11 3:58	27:37 9:26	34:52 7:15	41:52 7:00	45:07 3:15	47:16 2:09	55:37 8:21	59:48 4:11	1:00:10 0:22
19	1323	José Manuel Prieto Madrid MALARRUTA	1:00:46	5:06 5:06	11:09 6:03	16:24 5:15	23:42 7:18	33:34 9:52	42:16 8:42	46:34 4:18	49:07 2:33	55:19 6:12	1:00:22 5:03	1:00:46 0:24
20	762	Francisco Gines Ve Alicante VILLENA-O	1:02:28	5:26 5:26	11:27 6:01	15:52 4:25	24:52 9:00	32:50 7:58	43:02 10:12	46:18 3:16	49:56 3:38	57:44 7:48	1:02:04 4:20	1:02:28 0:24
21	393	José Herreros Cebr Albacete GODIH	1:02:29	5:01 5:01	11:26 6:25	18:25 6:59	27:28 9:03	35:57 8:29	44:02 8:05	48:13 4:11	50:29 2:16	56:44 6:15	1:02:04 5:20	1:02:29 0:25
22	1067	Rafael Pérez Martín Madrid COLMENAR	1:03:11	5:15 5:15	10:43 5:28	18:17 7:34	27:28 9:11	35:49 8:21	43:34 7:45	47:22 3:48	50:32 3:10	57:34 7:02	1:02:50 5:16	1:03:11 0:21
23	544	Ildelfonso Rascon Córdoba LOS CALIF	1:04:30	4:19 4:19	12:25 8:06	19:23 6:58	27:48 8:25	35:46 7:58	45:32 9:46	49:41 4:09	52:41 3:00	58:43 6:02	1:04:09 5:26	1:04:30 0:21
24	249	José García Gomari Alicante COLIVENC	1:04:44	5:34 5:34	11:58 6:24	16:14 4:16	25:10 8:56	32:44 7:34	45:44 13:00	49:34 3:50	52:45 3:11	58:39 5:54	1:04:21 5:42	1:04:44 0:23
25	1017	Jose Julio Sanchez Toledo NAVALCAN-	1:04:56	5:30 5:30	12:02 6:32	19:25 7:23	27:45 8:20	35:33 7:48	46:18 10:45	50:12 3:54	52:58 2:46	59:01 6:03	1:04:31 5:30	1:04:56 0:25
26	470	Antonio Gázquez Mi Murcia LORCA-O	1:08:03	7:10 7:10	13:34 6:24	18:57 5:23	28:55 9:58	37:25 8:30	46:08 8:43	49:51 3:43	56:25 6:34	1:02:25 6:00	1:07:42 5:17	1:08:03 0:21
27	1248	Ruben Recio Cárda Valencia SIMEPIER	1:09:52	5:52 5:52	14:09 8:17	23:54 9:45	33:57 10:03	43:07 9:10	52:04 8:57	56:06 4:02	58:34 2:28	1:04:27 5:53	1:09:30 5:03	1:09:52 0:22
28	969	Alejandro García-Re Asturias LA BRUJU	1:10:12	5:44 5:44	11:53 6:09	17:03 5:10	31:03 14:00	42:13 11:10	50:50 8:37	54:39 3:49	57:12 2:33	1:05:10 7:58	1:09:55 4:45	1:10:12 0:17
29	535	Nicolás Corvo Wein Navarra CDNAVARR	1:10:42	4:35 4:35	10:41 6:06	15:02 4:21	30:41 15:39	39:11 8:30	47:00 7:49	50:54 3:54	59:09 8:15	1:04:38 5:29	1:10:21 5:43	1:10:42 0:21
30	1326	Mario Manzano Váz Madrid MALARRUTA	1:11:16	5:28 5:28	12:09 6:41	17:48 5:39	29:46 11:58	39:46 10:00	50:32 10:46	54:58 4:26	57:48 2:50	1:04:14 6:26	1:10:54 6:40	1:11:16 0:22
31	536	Mikel Ozcoidi Arizm Navarra CDNAVARR	1:13:49	5:16 5:16	11:35 6:19	16:25 4:50	25:44 9:19	34:08 8:24	54:39 20:31	58:46 4:07	1:01:29 2:43	1:07:58 6:29	1:13:25 5:27	1:13:49 0:24
32	1056	Roberto Amoros Ho Madrid COLMENAR	1:14:08	5:56 5:56	17:50 11:54	23:07 5:17	35:18 12:11	44:17 8:59	53:29 9:12	57:30 4:01	1:00:34 3:04	1:07:28 6:54	1:13:42 6:14	1:14:08 0:26
33	1210	Antonio Monteagud Sevilla CmG	1:14:11	7:20 7:20	13:13 5:53	20:02 6:49	26:48 6:46	35:14 8:26	57:05 21:51	1:01:05 4:00	1:03:32 2:27	1:09:04 5:32	1:13:51 4:47	1:14:11 0:20
34	573	Fernando David Vid Alicante SANT JOAN	1:15:07	5:35 5:35	11:58 6:23	17:10 5:12	25:34 8:24	35:53 10:19	55:34 19:41	59:55 4:21	1:02:51 2:56	1:08:38 5:47	1:14:40 6:02	1:15:07 0:27
35	106	Antonio Domínguez Pontevedra AROMO	1:18:19	4:21 4:21	9:18 4:57	13:31 4:13	29:40 16:09	40:51 11:11	1:00:27 19:36	1:04:03 3:36	1:06:41 2:38	1:12:41 6:00	1:17:51 5:10	1:18:19 0:28
36	370	Francisco Carrilero Albacete GODIH	1:18:30	11:51 11:51	17:00 5:09	22:40 5:40	29:25 6:45	36:52 7:27	1:01:49 24:57	1:05:14 3:25	1:07:30 2:16	1:12:46 5:16	1:18:10 5:24	1:18:30 0:20
37	653	Demetrio Gomez BI Valencia VALENCIA-	1:21:55	7:45 7:45	17:09 9:24	22:04 4:55	29:48 7:44	38:48 9:00	1:03:20 24:32	1:07:37 4:17	1:10:37 3:00	1:16:26 5:49	1:21:37 5:11	1:21:55 0:18
38	329	Ángel Algorta Aizpur Lugo FLUVIAL LUG	1:22:44	6:42 6:42	11:56 5:14	28:49 16:53	37:54 9:05	45:56 8:02	1:02:19 16:23	1:05:45 3:26	1:12:27 6:42	1:17:17 4:50	1:22:28 5:11	1:22:44 0:16
39	685	David Velasco Espi Valladolid COV	1:29:15	8:30 8:30	19:07 10:37	25:38 6:31	35:32 9:54	48:04 12:32	1:01:23 13:19	1:07:19 5:56	1:11:00 3:41	1:19:24 8:24	1:28:26 9:02	1:29:15 0:49
40	1249	Eduardo Serra Bart Valencia SIMEPIER	1:34:12	6:08 6:08	14:54 8:46	22:03 7:09	38:08 16:05	52:01 13:53	1:07:50 15:49	1:15:37 7:47	1:18:44 3:07	1:27:00 8:16	1:33:47 6:47	1:34:12 0:25
41	907	Javier Navarro Marti Alicante UNIVERSID	1:36:05	7:33 7:33	19:33 12:00	27:10 7:37	38:58 11:48	58:49 19:51	1:13:37 14:48	1:18:27 4:50	1:22:04 3:37	1:29:47 7:43	1:35:43 5:56	1:36:05 0:22
42	1150	Manuel López Listá Cádiz O-SAN ROQU	1:41:06	13:15 13:15	21:30 8:15	27:38 6:08	37:19 9:41	49:18 11:59	1:00:58 11:40	1:06:37 5:39	1:15:30 8:53	1:32:47 17:17	1:40:40 7:53	1:41:06 0:26
43	1040	Ángel Miguel Benit Guadalajara C.O.GU	1:48:23	19:20 19:20	27:55 8:35	35:58 8:03	48:09 12:11	1:05:42 17:33	1:17:50 12:08	1:24:10 6:20	1:29:13 5:03	1:40:21 11:08	1:47:48 7:27	1:48:23 0:35
675		Raúl Valentín Ferná Valladolid COV	No sale											
981		Ivan Martin Fernand Valladolid CDP-O	No sale											
205		Pedro Naranjo Corr Badajoz CODAN EX	No sale											

D-35B (38)				3,7 km 30 m			9 C						
				1(31)	2(47)	3(67)	4(75)	5(82)	6(63)	7(49)	8(53)	9(200)	Meta
1	78	Begoña Gómez Pére Álava COAraba	29:16	2:23 2:23	7:42 5:19	13:24 5:42	15:04 1:40	19:11 4:07	22:36 3:25	24:51 2:15	26:57 2:06	28:54 1:57	29:16 0:22
2	551	Noemí Calle Hoya Madrid RUMBO-MAD	34:49	2:19 2:19	9:38 7:19	16:21 6:43	18:14 1:53	23:19 5:05	27:33 4:14	29:55 2:22	32:08 2:13	34:25 2:17	34:49 0:24
3	1189	Maria José Gascón Cuenca ORIENTIJO	35:09	2:38 2:38	8:56 6:18	15:39 6:43	17:34 1:55	22:24 4:50	26:25 4:01	29:19 2:54	32:27 3:08	34:43 2:16	35:09 0:26
4	1327	Yaiza Alonso Ferna Madrid MALARRUTA	39:29	2:27 2:27	8:08 5:41	17:23 9:15	19:57 2:34	24:52 4:55	31:17 6:25	34:10 2:53	36:33 2:23	39:05 2:32	39:29 0:24
5	837	María José Domíng Cádiz FUNDI-O	41:03	3:20 3:20	8:02 4:42	14:35 6:33	16:36 2:01	29:21 12:45	34:21 5:00	36:42 2:21	38:35 1:53	40:39 2:04	41:03 0:24
6	1227	Marisol Montes Sán Zamora ZAMORA-O	43:46	3:33 3:33	8:59 5:26	18:43 9:44	20:13 1:30	29:25 9:12	35:04 5:39	38:47 3:43	41:23 2:36	43:26 2:03	43:46 0:20
7	1325	María Albaladejo Rí Madrid MALARRUTA	44:08	3:00 3:00	8:04 5:04	18:35 10:31	20:11 1:36	24:38 4:27	37:03 12:25	39:29 2:26	41:38 2:09	43:48 2:10	44:08 0:20
8	6	Esther Catalán Ben Castellón ADCON	45:45	2:44 2:44	10:29 7:45	19:24 8:55	21:28 2:04	27:54 6:26	34:44 6:50	39:22 4:38	42:56 3:34	45:23 2:27	45:45 0:22

os rsal Nombre		Tiempo															
<i>H-21A (63)</i>			10,6 km 120 m			19 C			<i>(cont.)</i>								
			1(35)	2(55)	3(59)	4(80)	5(90)	6(96)	7(101)	8(102)	9(106)	10(107)	11(103)	12(87)	13(76)	14(92)	
			15(94)	16(88)	17(85)	18(71)	19(200)	Meta									
4	644	Enric Regidor Pero Valencia VALENCIA-	1:06:44	2:26	7:01	10:37	15:25	18:01	24:55	26:21	27:58	32:07	33:01	35:15	39:25	41:17	49:00
			2:26	4:35	3:36	4:48	2:36	6:54	1:26	1:37	4:09	0:54	2:14	4:10	1:52	7:43	
			51:03	54:27	57:41	1:03:38	1:06:23	1:06:44									
			2:03	3:24	3:14	5:57	2:45	0:21									
5	619	Hugo Sánchez Vela Murcia TOTANA-O	1:06:46	2:25	6:29	11:07	16:12	18:30	25:30	26:53	28:22	31:51	32:36	35:52	39:54	41:50	47:41
			2:25	4:04	4:38	5:05	2:18	7:00	1:23	1:29	3:29	0:45	3:16	4:02	1:56	5:51	
			49:49	55:38	58:48	1:03:40	1:06:29	1:06:46									
			2:08	5:49	3:10	4:52	2:49	0:17									
6	996	Felipe Peña Pita La Coruña GALLAE	1:06:51	2:27	6:38	10:24	15:15	18:19	28:52	30:05	31:38	35:34	36:18	39:17	42:04	43:56	50:08
			2:27	4:11	3:46	4:51	3:04	10:33	1:13	1:33	3:56	0:44	2:59	2:47	1:52	6:12	
			52:39	56:15	59:31	1:04:09	1:06:36	1:06:51									
			2:31	3:36	3:16	4:38	2:27	0:15									
7	770	Sergio Mérida Sanc Alicante VILLENA-O	1:08:40	2:33	7:10	11:22	16:47	19:23	28:03	29:37	31:28	35:33	36:22	38:43	42:00	44:00	50:09
			2:33	4:37	4:12	5:25	2:36	8:40	1:34	1:51	4:05	0:49	2:21	3:17	2:00	6:09	
			52:57	57:14	1:00:33	1:05:29	1:08:24	1:08:40									
			2:48	4:17	3:19	4:56	2:55	0:16									
8	671	Daniel Isla Zorita Valladolid COV	1:09:38	2:38	8:30	13:09	18:31	21:11	28:35	30:58	32:40	37:07	37:53	40:56	43:49	45:42	52:00
			2:38	5:52	4:39	5:22	2:40	7:24	2:23	1:42	4:27	0:46	3:03	2:53	1:53	6:18	
			54:11	58:01	1:01:26	1:06:29	1:09:22	1:09:38									
			2:11	3:50	3:25	5:03	2:53	0:16									
9	625	José David Crespo Murcia TOTANA-O	1:11:59	2:18	6:27	9:56	14:34	16:54	23:43	25:07	26:45	40:20	41:01	43:14	46:43	48:26	54:36
			2:18	4:09	3:29	4:38	2:20	6:49	1:24	1:38	13:35	0:41	2:13	3:29	1:43	6:10	
			56:40	1:01:51	1:04:50	1:09:11	1:11:41	1:11:59									
			2:04	5:11	2:59	4:21	2:30	0:18									
10	1157	Miguel Ramos Pern La Coruña USC	1:13:31	2:31	7:13	11:19	16:43	19:19	27:26	28:56	30:40	34:38	35:25	37:58	42:21	44:18	53:53
			2:31	4:42	4:06	5:24	2:36	8:07	1:30	1:44	3:58	0:47	2:33	4:23	1:57	9:35	
			56:18	1:00:19	1:04:20	1:09:56	1:13:12	1:13:31									
			2:25	4:01	4:01	5:36	3:16	0:19									
11	92	Ricardo Figueroa F Pontevedra AROMO	1:14:23	2:21	8:00	12:48	17:34	20:47	27:31	28:56	30:42	39:05	39:56	42:02	45:13	47:05	54:12
			2:21	5:39	4:48	4:46	3:13	6:44	1:25	1:46	8:23	0:51	2:06	3:11	1:52	7:07	
			57:54	1:03:38	1:06:51	1:11:33	1:14:08	1:14:23									
			3:42	5:44	3:13	4:42	2:35	0:15									
12	192	Emilio Miguel Rubi Badajoz CODAN EX	1:14:24	2:28	15:40	19:31	25:01	27:21	35:59	37:15	38:44	42:27	43:13	45:59	48:35	50:16	57:34
			2:28	13:12	3:51	5:30	2:20	8:38	1:16	1:29	3:43	0:46	2:46	2:36	1:41	7:18	
			59:24	1:04:14	1:07:21	1:11:34	1:14:06	1:14:24									
			1:50	4:50	3:07	4:13	2:32	0:18									
13	670	Ángel Frontela Muci Valladolid COV	1:14:50	2:34	7:50	12:05	17:57	20:52	29:21	31:01	32:51	37:06	37:57	40:42	43:53	45:49	52:35
			2:34	5:16	4:15	5:52	2:55	8:29	1:40	1:50	4:15	0:51	2:45	3:11	1:56	6:46	
			55:18	59:17	1:03:07	1:11:20	1:14:29	1:14:50									
			2:43	3:59	3:50	8:13	3:09	0:21									
14	1233	Marcos Vinagre Rey La Coruña FAICAMI	1:15:45	2:32	7:56	12:41	19:34	22:52	31:42	33:09	35:28	42:34	43:21	46:30	49:59	51:46	58:02
			2:32	5:24	4:45	6:53	3:18	8:50	1:27	2:19	7:06	0:47	3:09	3:29	1:47	6:16	
			1:00:06	1:04:02	1:07:28	1:12:49	1:15:28	1:15:45									
			2:04	3:56	3:26	5:21	2:39	0:17									
15	746	Oriol Andreu Solà Barcelona UEVIC	1:16:04	2:44	7:21	11:27	19:50	22:41	30:40	32:28	34:14	38:56	39:46	43:44	47:42	49:47	57:03
			2:44	4:37	4:06	8:23	2:51	7:59	1:48	1:46	4:42	0:50	3:58	3:58	2:05	7:16	
			59:18	1:03:15	1:07:06	1:12:43	1:15:47	1:16:04									
			2:15	3:57	3:51	5:37	3:04	0:17									
16	354	Carlos Manuel Prad Madrid GOCAN	1:17:16	2:35	6:43	10:49	21:15	23:36	32:51	34:24	36:06	41:03	41:51	44:49	47:57	49:52	56:44
			2:35	4:08	4:06	10:26	2:21	9:15	1:33	1:42	4:57	0:48	2:58	3:08	1:55	6:52	
			59:28	1:03:48	1:07:52	1:13:34	1:16:43	1:17:16									
			2:44	4:20	4:04	5:42	3:09	0:33									
17	129	Sabin Ormazá Atxa Vizcaya COBI	1:17:28	2:41	8:25	13:30	18:45	21:20	29:04	30:41	32:32	38:29	39:26	43:12	46:41	49:11	56:44
			2:41	5:44	5:05	5:15	2:35	7:44	1:37	1:51	5:57	0:57	3:46	3:29	2:30	7:33	
			59:18	1:05:05	1:08:43	1:14:04	1:17:07	1:17:28									
			2:34	5:47	3:38	5:21	3:03	0:21									
			*105														
18	203	Alfonso Cortés Pinil Badajoz CODAN EX	1:17:51	2:25	7:33	16:56	21:30	23:45	31:45	33:01	34:46	41:52	42:41	45:20	48:22	50:47	57:24
			2:25	5:08	9:23	4:34	2:15	8:00	1:16	1:45	7:06	0:49	2:39	3:02	2:25	6:37	
			59:51	1:07:07	1:10:28	1:14:49	1:17:31	1:17:51									
			2:27	7:16	3:21	4:21	2:42	0:20									
19	767	José Francisco Bañ Alicante VILLENA-O	1:19:33	2:44	7:19	12:14	18:43	21:49	30:42	32:27	34:23	39:21	40:10	43:32	47:11	49:13	57:31
			2:44	4:35	4:55	6:29	3:06	8:53	1:45	1:56	4:58	0:49	3:22	3:39	2:02	8:18	
			1:00:13	1:05:33	1:09:37	1:16:07	1:19:15	1:19:33									
			2:42	5:20	4:04	6:30	3:08	0:18									
20	825	Saúl Urién Pérez Cádiz FUNDI-O	1:20:59	3:01	8:57	14:26	20:15	23:15	32:14	34:00	36:10	43:00	44:12	47:52	51:11	53:42	1:01:05
			3:01	5:56	5:29	5:49	3:00	8:59	1:46	2:10	6:50	1:12	3:40	3:19	2:31	7:23	
			1:03:44	1:08:31	1:12:25	1:17:51	1:20:42	1:20:59									
			2:39	4:47	3:54	5:26	2:51	0:17									
21	563	Sergio López Marco Alicante SANT JOAN	1:21:47	2:18	8:05	11:38	16:09	18:35	27:19	28:47	30:27	48:58	49:45	52:10	55:02	57:04	1:03:49
			2:18	5:47	3:33	4:31	2:26	8:44	1:28	1:40	18:31	0:47	2:25	2:52	2:02	6:45	
			1:05:57	1:11:10	1:14:32	1:18:59	1:21:32	1:21:47									
			2:08	5:13	3:22	4:27	2:33	0:15									
22	1149	Manuel López Ruiz Cádiz O-SAN ROQU	1:22:03	2:45	8:19	13:09	18:59	22:04	30:34	37:08	38:55	43:33	44:27	47:10	50:51	53:01	1:00:39
			2:45	5:34	4:50	5:50	3:05	8:30	6:34	1:47	4:38	0:54	2:43	3:41	2:10	7:38	
			1:03:23	1:09:08	1:12:52	1:18:32	1:21:40	1:22:03									
			2:44	5:45	3:44	5:40	3:08	0:23									

os	rsal	Nombre	Tiempo														
H-21A (63)				10,6 km 120 m			19 C			(cont.)							
				1(35)	2(55)	3(59)	4(80)	5(90)	6(96)	7(101)	8(102)	9(106)	10(107)	11(103)	12(87)	13(76)	14(92)
				15(94)	16(88)	17(85)	18(71)	19(200)	Meta								
23	866	Asier Simón Mendib Palencia ORCA	1:22:05	2:43	7:25	11:31	17:05	20:29	29:05	31:33	33:15	38:56	40:02	42:46	46:10	48:12	57:47
				2:43	4:42	4:06	5:34	3:24	8:36	2:28	1:42	5:41	1:06	2:44	3:24	2:02	9:35
				1:00:36	1:07:59	1:12:34	1:18:28	1:21:47	1:22:05								
				2:49	7:23	4:35	5:54	3:19	0:18								
24	1265	Arturo García Dengr Madrid ESCONDITE-	1:22:44	2:57	9:46	14:16	20:55	23:54	33:17	35:01	37:25	42:50	43:45	46:31	50:21	52:41	1:00:37
				2:57	6:49	4:30	6:39	2:59	9:23	1:44	2:24	5:25	0:55	2:46	3:50	2:20	7:56
				1:03:18	1:08:09	1:12:38	1:18:51	1:22:30	1:22:44								
				2:41	4:51	4:29	6:13	3:39	0:14								
25	795	Sergio Peña Pérez León ALCON	1:22:45	2:27	7:14	11:23	16:30	19:00	27:15	28:38	30:18	43:23	44:13	47:50	51:17	53:21	1:00:42
				2:27	4:47	4:09	5:07	2:30	8:15	1:23	1:40	13:05	0:50	3:37	3:27	2:04	7:21
				1:02:53	1:07:12	1:10:29	1:19:00	1:22:23	1:22:45								
				2:11	4:19	3:17	8:31	3:23	0:22								
26	664	Ignacio Tejero Rios Valladolid COV	1:23:02	2:20	7:33	11:45	16:21	18:39	34:48	43:04	44:41	48:47	49:59	52:45	55:28	57:19	1:03:54
				2:20	5:13	4:12	4:36	2:18	16:09	8:16	1:37	4:06	1:12	2:46	2:43	1:51	6:35
				1:06:44	1:12:05	1:15:21	1:19:56	1:22:43	1:23:02								
				2:50	5:21	3:16	4:35	2:47	0:19								
26	91	Alfonso Rosado Fra Pontevedra AROMO	1:23:02	3:01	9:35	14:12	20:00	22:49	31:43	33:17	35:13	40:32	41:25	48:02	51:56	54:14	1:01:31
				3:01	6:34	4:37	5:48	2:49	8:54	1:34	1:56	5:19	0:53	6:37	3:54	2:18	7:17
				1:04:11	1:08:20	1:12:34	1:19:25	1:22:46	1:23:02								
				2:40	4:09	4:14	6:51	3:21	0:16								
28	1186	Francisco Montes G Madrid T TRAGAME	1:23:08	2:31	7:33	11:47	17:13	19:49	27:41	29:11	31:01	38:08	39:03	42:03	49:24	51:39	1:03:56
				2:31	5:02	4:14	5:26	2:36	7:52	1:30	1:50	7:07	0:55	3:00	7:21	2:15	12:17
				1:06:13	1:11:08	1:14:38	1:19:48	1:22:49	1:23:08								
				2:17	4:55	3:30	5:10	3:01	0:19								
29	126	Iker Etxebarria Cubi Vizcaya COBI	1:23:10	3:01	7:55	12:42	21:39	24:28	34:03	36:30	38:36	43:02	43:53	46:31	49:46	51:50	58:44
				3:01	4:54	4:47	8:57	2:49	9:35	2:27	2:06	4:26	0:51	2:38	3:15	2:04	6:54
				1:01:29	1:05:33	1:09:27	1:19:03	1:22:47	1:23:10								
				2:45	4:04	3:54	9:36	3:44	0:23								
30	659	Diego Tejero Rioser Valladolid COV	1:23:53	2:33	12:01	15:27	23:59	26:12	33:01	36:46	38:17	52:03	53:20	55:24	58:58	1:00:44	1:06:25
				2:33	9:28	3:26	8:32	2:13	6:49	3:45	1:31	13:46	1:17	2:04	3:34	1:46	5:41
				1:09:23	1:13:22	1:16:43	1:21:08	1:23:35	1:23:53								
				2:58	3:59	3:21	4:25	2:27	0:18								
31	464	José Amador Real L Murcia LORCA-O	1:24:09	3:08	16:11	20:32	26:05	28:49	38:17	39:50	41:49	48:34	49:35	52:39	55:48	58:11	1:05:32
				3:08	13:03	4:21	5:33	2:44	9:28	1:33	1:59	6:45	1:01	3:04	3:09	2:23	7:21
				1:07:47	1:11:47	1:15:30	1:20:30	1:23:48	1:24:09								
				2:15	4:00	3:43	5:00	3:18	0:21								
32	1206	Victor Gil Lopez Murcia MALVARICH	1:24:30	2:36	7:15	12:34	19:28	22:25	30:02	31:24	33:11	41:32	42:31	46:51	49:59	52:43	1:02:36
				2:36	4:39	5:19	6:54	2:57	7:37	1:22	1:47	8:21	0:59	4:20	3:08	2:44	9:53
				1:07:16	1:12:05	1:15:38	1:21:31	1:24:11	1:24:30								
				4:40	4:49	3:33	5:53	2:40	0:19								
33	532	Jose Antonio Gome Murcia MURCIA-O	1:25:58	2:23	10:16	13:58	18:34	20:59	30:21	31:40	33:19	49:08	49:53	52:23	55:48	58:01	1:06:24
				2:23	7:53	3:42	4:36	2:25	9:22	1:19	1:39	15:49	0:45	2:30	3:25	2:13	8:23
				1:08:38	1:13:54	1:17:29	1:22:53	1:25:38	1:25:58								
				2:14	5:16	3:35	5:24	2:45	0:20								
34	748	Xavier Arumí Rota Barcelona UEVIC	1:26:06	4:01	10:53	18:56	25:31	28:12	40:29	41:59	43:40	49:11	50:02	53:13	56:21	59:32	1:06:32
				4:01	6:52	8:03	6:35	2:41	12:17	1:30	1:41	5:31	0:51	3:11	3:08	3:11	7:00
				1:09:16	1:14:08	1:17:45	1:22:52	1:25:48	1:26:06								
				2:44	4:52	3:37	5:07	2:56	0:18								
35	1088	Joel Perarnau Margi Barcelona COB	1:27:16	2:46	10:29	15:01	20:52	23:57	34:55	36:29	38:47	48:06	49:09	52:06	55:56	58:21	1:05:38
				2:46	7:43	4:32	5:51	3:05	10:58	1:34	2:18	9:19	1:03	2:57	3:50	2:25	7:17
				1:08:35	1:13:16	1:17:27	1:23:37	1:26:54	1:27:16								
				2:57	4:41	4:11	6:10	3:17	0:22								
36	343	Carlos Albarrán Est Madrid GOCAN	1:27:43	2:41	10:52	23:28	30:28	32:53	41:19	42:55	44:56	52:48	53:42	56:59	59:50	1:02:28	1:09:38
				2:41	8:11	12:36	7:00	2:25	8:26	1:36	2:01	7:52	0:54	3:17	2:51	2:38	7:10
				1:11:35	1:16:35	1:19:51	1:24:32	1:27:22	1:27:43								
				1:57	5:00	3:16	4:41	2:50	0:21								
37	171	Ignasi Casamayor O Barcelona COC	1:28:00	2:53	8:26	12:29	18:45	21:30	30:30	32:24	34:22	41:32	43:48	48:06	51:03	53:15	1:07:53
				2:53	5:33	4:03	6:16	2:45	9:00	1:54	1:58	7:10	2:16	4:18	2:57	2:12	14:38
				1:10:24	1:15:54	1:19:44	1:25:15	1:27:44	1:28:00								
				2:31	5:30	3:50	5:31	2:29	0:16								
38	130	Asier Ipiña Moja Vizcaya COBI	1:28:44	2:12	6:37	10:21	17:53	20:19	29:18	30:41	32:21	36:38	37:19	42:01	45:19	47:46	58:00
				2:12	4:25	3:44	7:32	2:26	8:59	1:23	1:40	4:17	0:41	4:42	3:18	2:27	10:14
				1:01:59	1:09:48	1:13:32	1:25:12	1:28:21	1:28:44								
				3:59	7:49	3:44	11:40	3:09	0:23								
39	94	Adrián Moreira Alon Pontevedra AROMO	1:30:12	6:21	12:59	17:20	31:03	33:58	45:25	46:57	48:42	52:36	53:19	56:13	1:00:23	1:02:16	1:12:07
				6:21	6:38	4:21	13:43	2:55	11:27	1:32	1:45	3:54	0:43	2:54	4:10	1:53	9:51
				1:14:16	1:18:01	1:21:28	1:27:02	1:29:58	1:30:12								
				2:09	3:45	3:27	5:34	2:56	0:14								
40	657	Enrique Hern Palaci Valladolid COV	1:30:16	3:10	8:44	13:47	20:44	23:34	32:17	33:54	35:48	49:27	50:42	54:48	58:54	1:01:06	1:08:47
				3:10	5:34	5:03	6:57	2:50	8:43	1:37	1:54	13:39	1:15	4:06	4:06	2:12	7:41
				1:11:22	1:16:45	1:20:45	1:26:40	1:29:55	1:30:16								
				2:35	5:23	4:00	5:55	3:15	0:21								
41	10	Pablo García Saave Sevilla ADOL	1:31:31	3:04	9:01	14:28	21:35	24:53	36:32	38:44	41:58	47:17	48:28	52:01	55:51	58:33	1:07:21
				3:04	5:57	5:27	7:07	3:18	11:39	2:12	3:14	5:19	1:11	3:33	3:50	2:42	8:48
				1:09:59	1:16:19	1:20:39	1:27:35	1:31:03	1:31:31								
				2:38	6:20	4:20	6:56	3:28	0:28								

os	rsal	Nombre	Tiempo														
H-21A (63)				10,6 km		120 m		19 C		(cont.)							
				1(35)	2(55)	3(59)	4(80)	5(90)	6(96)	7(101)	8(102)	9(106)	10(107)	11(103)	12(87)	13(76)	14(92)
				15(94)	16(88)	17(85)	18(71)	19(200)	Meta								
42	146	Roger Solé Llobet Barcelona COC	1:31:53	2:24	7:35	12:14	23:15	29:50	37:03	38:47	40:27	47:19	48:02	54:13	57:08	59:51	1:08:10
				2:24	5:11	4:39	11:01	6:35	7:13	1:44	1:40	6:52	0:43	6:11	2:55	2:43	8:19
				1:10:52	1:20:52	1:24:28	1:29:03	1:31:35	1:31:53								
				2:42	10:00	3:36	4:35	2:32	0:18								
43	765	Daniel Navarro Cuti Alicante VILLEN-A	1:31:59	2:32	7:36	16:49	22:49	25:44	36:43	38:18	40:00	46:29	47:15	51:08	55:16	57:24	1:10:01
				2:32	5:04	9:13	6:00	2:55	10:59	1:35	1:42	6:29	0:46	3:53	4:08	2:08	12:37
				1:12:49	1:17:24	1:21:54	1:28:19	1:31:37	1:31:59								
				2:48	4:35	4:30	6:25	3:18	0:22								
44	493	Javier Alba Isasi Madrid MONTE EL P	1:32:11	2:33	7:10	19:47	28:04	30:21	39:13	41:02	43:06	47:22	48:39	55:37	59:34	1:01:57	1:08:36
				2:33	4:37	12:37	8:17	2:17	8:52	1:49	2:04	4:16	1:17	6:58	3:57	2:23	6:39
				1:12:16	1:19:43	1:23:42	1:28:33	1:31:54	1:32:11								
				3:40	7:27	3:59	4:51	3:21	0:17								
45	113	Carlos Martínez Cár Murcia ASON	1:32:30	2:28	12:36	16:31	22:52	26:00	38:38	43:24	45:14	49:42	50:44	53:08	59:24	1:01:42	1:09:04
				2:28	10:08	3:55	6:21	3:08	12:38	4:46	1:50	4:28	1:02	2:24	6:16	2:18	7:22
				1:13:26	1:18:15	1:22:39	1:29:07	1:32:07	1:32:30								
				4:22	4:49	4:24	6:28	3:00	0:23								
46	3	Francisco José Igle Castellón ADCON	1:32:45	3:01	16:09	22:02	29:59	33:00	41:14	43:05	45:14	49:55	51:07	55:26	59:12	1:01:31	1:10:02
				3:01	13:08	5:53	7:57	3:01	8:14	1:51	2:09	4:41	1:12	4:19	3:46	2:19	8:31
				1:13:25	1:18:12	1:22:47	1:29:20	1:32:25	1:32:45								
				3:23	4:47	4:35	6:33	3:05	0:20								
47	135	Mikel Monasterio Ca Vizcaya COBI	1:33:27	3:24	17:58	22:45	29:03	32:38	41:43	43:42	45:54	54:25	55:22	58:20	1:01:56	1:04:07	1:11:33
				3:24	14:34	4:47	6:18	3:35	9:05	1:59	2:12	8:31	0:57	2:58	3:36	2:11	7:26
				1:14:41	1:19:49	1:23:50	1:29:48	1:33:09	1:33:27								
				3:08	5:08	4:01	5:58	3:21	0:18								
48	541	Luis Torres Almagr Córdoba LOS CALIF	1:34:36	3:26	9:57	15:12	22:07	25:17	35:38	37:23	39:43	46:26	47:32	50:58	55:06	58:02	1:06:21
				3:26	6:31	5:15	6:55	3:10	10:21	1:45	2:20	6:43	1:06	3:26	4:08	2:56	8:19
				1:10:09	1:18:54	1:23:00	1:30:50	1:34:09	1:34:36								
				3:48	8:45	4:06	7:50	3:19	0:27								
49	132	Diego Durán Horcaj Vizcaya COBI	1:39:25	2:45	10:05	24:50	32:37	35:29	43:58	45:27	48:59	57:48	58:39	1:02:08	1:05:30	1:07:42	1:17:20
				2:45	7:20	14:45	7:47	2:52	8:29	1:29	3:32	8:49	0:51	3:29	3:22	2:12	9:38
				1:21:31	1:25:29	1:29:16	1:36:03	1:39:08	1:39:25								
				4:11	3:58	3:47	6:47	3:05	0:17								
50	85	Manuel Varela River Pontevedra AROMO	1:40:44	2:53	9:29	14:16	21:19	25:20	38:23	40:17	42:44	53:02	53:57	57:24	1:01:47	1:04:33	1:13:39
				2:53	6:36	4:47	7:03	4:01	13:03	1:54	2:27	10:18	0:55	3:27	4:23	2:46	9:06
				1:16:20	1:26:19	1:30:31	1:37:08	1:40:25	1:40:44								
				2:41	9:59	4:12	6:37	3:17	0:19								
51	663	Alberto Tejero Rios Valladolid COV	1:50:19	2:48	15:12	30:31	35:50	38:33	48:21	50:07	51:59	1:04:45	1:06:07	1:08:42	1:18:21	1:21:08	1:28:12
				2:48	12:24	15:19	5:19	2:43	9:48	1:46	1:52	12:46	1:22	2:35	9:39	2:47	7:04
				1:30:39	1:35:39	1:39:56	1:45:28	1:49:54	1:50:19								
				2:27	5:00	4:17	5:32	4:26	0:25								
52	750	Xavier Roura Garol Barcelona UEVIC	1:52:08	2:55	10:25	15:28	35:43	39:39	51:55	53:46	56:05	1:07:11	1:08:16	1:13:02	1:18:16	1:21:48	1:29:09
				2:55	7:30	5:03	20:15	3:56	12:16	1:51	2:19	11:06	1:05	4:46	5:14	3:32	7:21
				1:31:59	1:39:17	1:43:16	1:49:04	1:51:49	1:52:08								
				2:50	7:18	3:59	5:48	2:45	0:19								
53	1087	Roi Ubeira Fernánd Barcelona COB	1:54:06	3:24	8:57	17:30	24:41	27:34	38:03	40:01	42:05	58:58	1:00:54	1:14:39	1:18:50	1:21:26	1:30:04
				3:24	5:33	8:33	7:11	2:53	10:29	1:58	2:04	16:53	1:56	13:45	4:11	2:36	8:38
				1:33:38	1:39:44	1:43:56	1:50:04	1:53:44	1:54:06								
				3:34	6:06	4:12	6:08	3:40	0:22								
54	422	Robin Corrià Ainsli Zaragoza IBÓN	1:59:26	2:18	7:50	12:42	24:51	27:46	36:01	38:41	40:10	1:09:02	1:09:49	1:13:38	1:17:46	1:19:31	1:25:28
				2:18	5:32	4:52	12:09	2:55	8:15	2:40	1:29	28:52	0:47	3:49	4:08	1:45	5:57
				1:28:41	1:33:30	1:39:46	1:56:45	1:59:10	1:59:26								
				3:13	4:49	6:16	16:59	2:25	0:16								
55	223	Ismael Ramal Barea Alicante COLIVENC	2:13:34	4:41	13:25	21:53	32:32	37:50	53:09	56:03	59:38	1:09:36	1:11:17	1:16:29	1:22:15	1:25:58	1:38:23
				4:41	8:44	8:28	10:39	5:18	15:19	2:54	3:35	9:58	1:41	5:12	5:46	3:43	12:25
				1:42:47	1:50:12	1:57:07	2:07:15	2:13:05	2:13:34								
				4:24	7:25	6:55	10:08	5:50	0:29								
9	Álvaro García Saave Sevilla ADOL	en tarj.	2:33	7:55	12:50	17:52	20:19	27:26	29:03	30:51	38:46	39:38	42:05	45:12	-----	52:43	
				2:33	5:22	4:55	5:02	2:27	7:07	1:37	1:48	7:55	0:52	2:27	3:07	-----	7:31
				55:09	59:35	1:03:02	1:07:59	1:10:50	1:11:09								
				2:26	4:26	3:27	4:57	2:51	0:19								
1278	Borja Álvarez Muño Toledo ESCONDITE-	en tarj.	2:18	6:19	12:49	17:43	20:03	27:29	28:57	30:34	37:07	37:46	46:35	53:57	56:31	1:02:10	
				2:18	4:01	6:30	4:54	2:20	7:26	1:28	1:37	6:33	0:39	8:49	7:22	2:34	5:39
				1:04:16	1:08:12	1:11:14	1:15:54	-----	1:18:38								
				2:06	3:56	3:02	4:40	-----	2:44								
1052	Mario Nogales Pastr Madrid COLMENAR	en tarj.	2:28	11:58	16:44	25:02	27:37	39:26	41:06	42:53	-----	48:59	52:33	55:42	57:44	1:04:42	
				2:28	9:30	4:46	8:18	2:35	11:49	1:40	1:47	6:06	3:34	3:09	2:02	6:58	
				1:06:56	1:12:05	1:16:12	1:21:41	1:24:45	1:25:06								
				2:14	5:09	4:07	5:29	3:04	0:21								
136	Ivan Garcia Casado Vizcaya COBI	en tarj.	2:33	7:36	13:55	28:27	31:35	39:56	42:02	44:00	52:26	53:20	56:53	1:01:48	1:05:16	1:15:24	
				2:33	5:03	6:19	14:32	3:08	8:21	2:06	1:58	8:26	0:54	3:33	4:55	3:28	10:08
				1:18:27	1:31:02	-----	1:54:44	1:58:23	1:58:46								
				3:03	12:35	-----	23:42	3:39	0:23								
856	Jorge García Pardo Huesca PEÑA GUAR	andona	3:15	15:15	20:16	29:00	33:11	-----	-----	-----	-----	-----	-----	39:51	-----	-----	
				3:15	12:00	5:01	8:44	4:11	-----	-----	-----	-----	-----	6:40	-----	-----	
				-----	-----	42:36	53:18	1:00:01	1:00:29								
				-----	-----	2:45	10:42	6:43	0:28								

os	rsal	Nombre	Tiempo														
H-21A (63)				10,6 km 120 m			19 C			(cont.)							
				1(35)	2(55)	3(59)	4(80)	5(90)	6(96)	7(101)	8(102)	9(106)	10(107)	11(103)	12(87)	13(76)	14(92)
				15(94)	16(88)	17(85)	18(71)	19(200)	Meta								
		766 Fernando Ayelo Sán	No sale														
		Alicante VILLEN-A-O															
		33 Jesús Pinto Hermos	No sale														
		Sevilla ADOL															
		nc 105 Omar Eduardo Rud	No sale														
		Pontevedra AROMO															
D-21A (40)				6,5 km 65 m			13 C										
				1(34)	2(42)	3(58)	4(78)	5(97)	6(103)	7(107)	8(90)	9(87)	10(77)	11(71)	12(51)	13(200)	Meta
1	1082	Laura Serra Sala	53:04	3:28	7:30	12:44	18:43	25:55	28:36	31:41	35:04	40:47	42:18	49:03	51:38	52:47	53:04
		Barcelona COB		3:28	4:02	5:14	5:59	7:12	2:41	3:05	3:23	5:43	1:31	6:45	2:35	1:09	0:17
2	357	María Coloma Peñat	54:18	3:42	9:50	14:38	20:39	26:11	28:29	31:44	36:23	41:02	42:43	49:04	52:48	53:59	54:18
		Madrid GOCAN		3:42	6:08	4:48	6:01	5:32	2:18	3:15	4:39	4:39	1:41	6:21	3:44	1:11	0:19
3	238	Ana Camarasa Pérez	54:49	4:24	10:54	15:50	20:23	26:45	29:15	32:12	36:23	40:21	41:53	48:34	52:59	54:32	54:49
		Alicante COLIVENC		4:24	6:30	4:56	4:33	6:22	2:30	2:57	4:11	3:58	1:32	6:41	4:25	1:33	0:17
4	637	Miriam Carretero Mi	56:26	4:10	10:02	14:31	19:32	26:18	30:03	33:28	37:11	42:21	44:04	51:26	54:39	56:04	56:26
		Barcelona UPC		4:10	5:52	4:29	5:01	6:46	3:45	3:25	3:43	5:10	1:43	7:22	3:13	1:25	0:22
5	656	Marta Pérez Fernán	56:50	4:29	9:37	14:48	20:00	27:40	30:18	34:21	38:27	43:23	45:04	51:59	55:05	56:28	56:50
		Valladolid COV		4:29	5:08	5:11	5:12	7:40	2:38	4:03	4:06	4:56	1:41	6:55	3:06	1:23	0:22
6	233	Sara Asensi Bodí	57:13	4:04	8:47	13:26	18:42	24:58	29:54	33:37	38:12	43:06	44:49	51:43	55:34	56:53	57:13
		Alicante COLIVENC		4:04	4:43	4:39	5:16	6:16	4:56	3:43	4:35	4:54	1:43	6:54	3:51	1:19	0:20
7	858	Sara Guerin Bonet	58:49	3:45	9:39	16:05	21:10	28:39	32:39	36:02	40:01	44:20	46:00	53:21	57:01	58:27	58:49
		Huesca PEÑA GUAR		3:45	5:54	6:26	5:05	7:29	4:00	3:23	3:59	4:19	1:40	7:21	3:40	1:26	0:22
8	189	Ariane Sánchez Poz	59:40	4:01	8:54	13:45	19:29	31:27	33:48	37:08	40:43	45:25	47:20	54:26	58:00	59:18	59:40
		Badajoz CODAN EX		4:01	4:53	4:51	5:44	11:58	2:21	3:20	3:35	4:42	1:55	7:06	3:34	1:18	0:22
9	749	Cristina Bertran Pra	1:02:49	14:51	20:38	25:28	30:44	36:52	39:21	42:23	45:50	50:24	52:15	59:06	1:01:28	1:02:31	1:02:49
		Barcelona UEVIC		14:51	5:47	4:50	5:16	6:08	2:29	3:02	3:27	4:34	1:51	6:51	2:22	1:03	0:18
10	1086	Gemma Ventura Mu	1:03:15	4:51	10:42	16:30	23:43	31:22	34:08	37:43	41:09	47:03	49:15	57:56	1:01:15	1:02:50	1:03:15
		Barcelona COB		4:51	5:51	5:48	7:13	7:39	2:46	3:35	3:26	5:54	2:12	8:41	3:19	1:35	0:25
11	209	Irene Moya Moltó	1:03:49	4:13	10:00	17:28	25:03	31:11	33:36	37:25	42:22	47:39	49:25	59:34	1:02:22	1:03:28	1:03:49
		Badajoz CODAN EX		4:13	5:47	7:28	7:35	6:08	2:25	3:49	4:57	5:17	1:46	10:09	2:48	1:06	0:21
12	680	Ana García Rivas	1:04:10	8:00	14:20	19:54	26:25	34:11	37:03	40:49	44:08	49:15	50:56	58:44	1:02:12	1:03:46	1:04:10
		Valladolid COV		8:00	6:20	5:34	6:31	7:46	2:52	3:46	3:19	5:07	1:41	7:48	3:28	1:34	0:24
13	1158	Laura Martínez Garc	1:06:29	4:51	9:20	18:16	27:57	34:43	37:32	40:51	44:55	52:48	54:40	1:01:38	1:04:57	1:06:07	1:06:29
		La Coruña USC		4:51	4:29	8:56	9:41	6:46	2:49	3:19	4:04	7:53	1:52	6:58	3:19	1:10	0:22
14	655	Amanda Pons Pérez	1:07:01	4:18	10:02	14:46	20:00	27:47	41:04	43:51	47:24	52:25	54:18	1:01:20	1:05:18	1:06:37	1:07:01
		Valladolid COV		4:18	5:44	4:44	5:14	7:47	13:17	2:47	3:33	5:01	1:53	7:02	3:58	1:19	0:24
15	1	Rosa Lonjedo Barc	1:08:05	5:03	11:12	16:48	23:26	31:34	34:36	38:09	43:15	49:18	51:29	58:49	1:05:51	1:07:36	1:08:05
		Castellón ADCON		5:03	6:09	5:36	6:38	8:08	3:02	3:33	5:06	6:03	2:11	7:20	7:02	1:45	0:29
16	128	Isabel Minguez Mata	1:10:13	5:08	11:27	18:05	26:18	35:11	39:07	43:38	48:57	54:53	57:23	1:04:46	1:08:19	1:09:48	1:10:13
		Vizcaya COBI		5:08	6:19	6:38	8:13	8:53	3:56	4:31	5:19	5:56	2:30	7:23	3:33	1:29	0:25
17	789	Raquel Martínez Ga	1:10:31	5:47	10:17	14:37	21:11	34:08	42:49	46:07	49:50	57:32	59:01	1:05:30	1:08:33	1:10:07	1:10:31
		León ALCON		5:47	4:30	4:20	6:34	12:57	8:41	3:18	3:43	7:42	1:29	6:29	3:03	1:34	0:24
18	677	Gloria Sanz Salama	1:11:22	5:36	11:00	19:54	27:35	36:47	39:23	45:31	49:41	55:30	57:35	1:06:31	1:09:36	1:10:59	1:11:22
		Valladolid COV		5:36	5:24	8:54	7:41	9:12	2:36	6:08	4:10	5:49	2:05	8:56	3:05	1:23	0:23
19	501	Mª Teresa Alba Isasi	1:12:24	4:42	10:31	16:27	26:09	32:58	35:49	39:46	43:53	57:38	59:43	1:06:47	1:10:44	1:12:04	1:12:24
		Madrid MONTE EL P		4:42	5:49	5:56	9:42	6:49	2:51	3:57	4:07	13:45	2:05	7:04	3:57	1:20	0:20
20	1055	Elena Luna García	1:16:45	5:06	10:53	17:02	23:08	31:24	34:23	38:23	46:11	53:02	55:08	1:10:51	1:14:35	1:16:19	1:16:45
		Madrid COLMENAR		5:06	5:47	6:09	6:06	8:16	2:59	4:00	7:48	6:51	2:06	15:43	3:44	1:44	0:26
21	1100	Beatriz López Lópe	1:19:08	6:17	12:36	18:52	25:25	36:07	41:19	49:04	53:53	1:01:26	1:03:50	1:12:59	1:16:54	1:18:42	1:19:08
		Cuenca COMCU		6:17	6:19	6:16	6:33	10:42	5:12	7:45	4:49	7:33	2:24	9:09	3:55	1:48	0:26
22	497	Joana Núñez Cánov	1:21:26	5:34	12:34	39:17	43:47	49:35	51:57	55:11	1:01:02	1:06:08	1:07:53	1:14:12	1:19:39	1:21:04	1:21:26
		Madrid MONTE EL P		5:34	7:00	26:43	4:30	5:48	2:22	3:14	5:51	5:06	1:45	6:19	5:27	1:25	0:22
23	901	Mari Carmen García	1:22:36	5:14	12:53	18:54	30:28	37:30	51:11	54:47	58:44	1:06:44	1:09:04	1:17:04	1:20:43	1:22:11	1:22:36
		Alicante UNIVERSID		5:14	7:39	6:01	11:34	7:02	13:41	3:36	3:57	8:00	2:20	8:00	3:39	1:28	0:25
24	89	Mónica Figueroa Le	1:22:50	7:35	14:40	21:43	31:39	40:48	46:14	51:10	56:52	1:04:42	1:07:08	1:16:35	1:20:49	1:22:21	1:22:50
		Pontevedra AROMO		7:35	7:05	7:03	9:56	9:09	5:26	4:56	5:42	7:50	2:26	9:27	4:14	1:32	0:29
25	528	Paula Mayol Viudez	1:25:32	5:43	13:32	30:07	36:25	44:06	50:52	55:32	1:00:42	1:06:47	1:11:15	1:19:14	1:23:30	1:25:08	1:25:32
		Murcia MURCIA-O		5:43	7:49	16:35	6:18	7:41	6:46	4:40	5:10	6:05	4:28	7:59	4:16	1:38	0:24
26	139	Nuria Gómez Iturrat	1:25:51	5:15	13:06	18:40	30:39	41:41	45:25	49:54	59:47	1:06:58	1:09:03	1:18:51	1:23:56	1:25:26	1:25:51
		Vizcaya COBI		5:15	7:51	5:34	11:59	11:02	3:44	4:29	9:53	7:11	2:05	9:48	5:05	1:30	0:25
27	168	Virginia Jiménez Ca	1:28:09	5:17	13:41	28:02	35:49	46:30	53:32	57:23	1:02:05	1:10:37	1:13:53	1:22:57	1:26:14	1:27:44	1:28:09
		Barcelona COC		5:17	8:24	14:21	7:47	10:41	7:02	3:51	4:42	8:32	3:16	9:04	3:17	1:30	0:25
28	418	Sylvia Iribarren Go	1:31:56	4:55	10:45	17:13	22:57	39:53	43:15	47:29	1:05:32	1:14:55	1:19:32	1:27:50	1:30:29	1:31:38	1:31:56
		Zaragoza IBÓN		4:55	5:50	6:28	5:44	16:56	3:22	4:14	18:03	9:23	4:37	8:18	2:39	1:09	0:18
29	409	Alodia Villar Carrue	1:34:18	8:27	13:40	18:15	31:11	42:15	49:54	53:40	59:20	1:14:23	1:20:04	1:28:44	1:32:18	1:33:53	1:34:18
		Zaragoza IBÓN		8:27	5:13	4:35	12:56	11:04	7:39	3:46	5:40	15:03	5:41	8:40	3:34	1:35	0:25
30	926	Alba Sampedro Álva	1:35:02	4:34	11:14</												

os	rsal	Nombre	Tiempo													Meta	
D-21A (40)				6,5 km 65 m			13 C			<i>(cont.)</i>							
				1(34)	2(42)	3(58)	4(78)	5(97)	6(103)	7(107)	8(90)	9(87)	10(77)	11(71)	12(51)	13(200)	Meta
35	820	Olga Blanco Prieto	1:49:12	6:53	18:42	26:19	35:31	44:40	57:55	1:03:12	1:15:54	1:23:34	1:26:19	1:38:56	1:47:02	1:48:50	1:49:12
		La Rioja CRON		6:53	11:49	7:37	9:12	9:09	13:15	5:17	12:42	7:40	2:45	12:37	8:06	1:48	0:22
36	830	Rebeca Arriaga Req	1:56:10	6:52	15:55	45:15	53:39	1:05:28	1:09:29	1:19:25	1:26:38	1:34:39	1:37:39	1:48:06	1:52:47	1:55:20	1:56:10
		Cádiz FUNDI-O		6:52	9:03	29:20	8:24	11:49	4:01	9:56	7:13	8:01	3:00	10:27	4:41	2:33	0:50
37	817	Yolanda Pérez Cuss	2:07:19	7:59	19:57	31:23	38:13	56:54	59:10	1:21:01	1:30:13	1:40:25	1:42:28	1:58:00	2:05:07	2:06:52	2:07:19
		Murcia CALASPARR		7:59	11:58	11:26	6:50	18:41	2:16	21:51	9:12	10:12	2:03	15:32	7:07	1:45	0:27
754	Anna Aguilar Ruiz-R	en tarj.	4:24	10:08	19:09	26:50	42:18	45:19	48:58	1:28:29	-----	1:47:00	2:03:05	-----	2:10:59	2:11:25	
		Barcelona UEVIC		4:24	5:44	9:01	7:41	15:28	3:01	3:39	39:31	18:31	16:05	-----	7:54	0:26	
				1:43:38													
				*85													
875	Andrea Herrero Gó	andona	9:12	23:52	42:52	-----	-----	-----	-----	-----	-----	-----	-----	-----	1:10:35	1:22:13	1:23:34
		Palencia ORCA		9:12	14:40	19:00									27:43	11:38	1:21
722	Alicia Monasterio Or	andona	35:29	45:03	53:51	1:11:44	-----	-----	-----	-----	-----	1:17:05	1:21:04	1:37:43	1:44:02	1:46:40	1:47:23
		Granada VELETA		35:29	9:34	8:48	17:53					5:21	3:59	16:39	6:19	2:38	0:43
OPEN AMARILLO CEO (35)				2,6 km 15 m			8 C										
				1(33)	2(39)	3(48)	4(56)	5(54)	6(62)	7(69)	8(200)	Meta					
1	953	NEL MENÉNDEZ N	26:25	4:01	8:45	11:18	13:41	20:18	21:35	24:19	26:03	26:25					
		Asturias PILOÑA DE		4:01	4:44	2:33	2:23	6:37	1:17	2:44	1:44	0:22					
2	392	Marta Herreros Jimé	26:51	3:17	8:16	12:00	14:13	19:45	21:17	24:31	26:28	26:51					
		Albacete GODIH		3:17	4:59	3:44	2:13	5:32	1:32	3:14	1:57	0:23					
3	973	Eneas De La Rosa	28:43	3:20	10:02	14:35	16:57	22:18	23:54	26:41	28:24	28:43					
		Asturias LA BRUJU		3:20	6:42	4:33	2:22	5:21	1:36	2:47	1:43	0:19					
4	1101	Alba Muñoz Del Ca	30:04	3:13	8:47	13:00	16:14	22:23	24:02	27:39	29:37	30:04					
		Cuenca COMCU		3:13	5:34	4:13	3:14	6:09	1:39	3:37	1:58	0:27					
5	186	Joana Alsius Serra	31:27	6:20	13:05	17:14	20:02	24:36	26:08	29:06	31:04	31:27					
		Barcelona COC		6:20	6:45	4:09	2:48	4:34	1:32	2:58	1:58	0:23					
6	261	Ismael Giner Mira	34:14	17:56	20:56	23:47	25:27	28:51	30:05	32:16	33:52	34:14					
		Alicante COLIVENC		17:56	3:00	2:51	1:40	3:24	1:14	2:11	1:36	0:22					
7	1036	Marta Jaén Mesoner	34:40	3:51	8:30	12:49	15:21	23:58	25:46	32:20	34:14	34:40					
		Guadalajara C.O.GU		3:51	4:39	4:19	2:32	8:37	1:48	6:34	1:54	0:26					
8	490	Alvaro Molina Garcí	35:32	5:05	10:18	18:01	21:23	27:26	29:12	32:53	35:10	35:32					
		Ciudad Real MANZA		5:05	5:13	7:43	3:22	6:03	1:46	3:41	2:17	0:22					
9	839	Miguel Bala Domín	37:31	3:09	8:59	15:52	20:45	29:26	30:45	33:59	37:11	37:31					
		Cádiz FUNDI-O		3:09	5:50	6:53	4:53	8:41	1:19	3:14	3:12	0:20					
10	1405	Lia Gascón Ruiz	39:38	7:13	13:49	20:00	23:34	29:02	32:45	36:37	39:17	39:38					
		ORIENTIJOTE ORIE		7:13	6:36	6:11	3:34	5:28	3:43	3:52	2:40	0:21					
11	1137	Rodrigo Alonso Os	40:11	5:38	11:37	18:23	21:30	30:10	32:58	37:28	39:45	40:11					
		Madrid O-GETAFFE		5:38	5:59	6:46	3:07	8:40	2:48	4:30	2:17	0:26					
12	65	Gabriel Martínez-al	40:18	9:12	15:56	20:47	23:45	32:06	33:40	37:04	39:54	40:18					
		Cádiz ALMADRABA		9:12	6:44	4:51	2:58	8:21	1:34	3:24	2:50	0:24					
13	566	Oscar Terkelsen Gar	41:02	4:25	11:33	20:33	26:01	33:43	35:07	38:48	40:41	41:02					
		Alicante SANT JOAN		4:25	7:08	9:00	5:28	7:42	1:24	3:41	1:53	0:21					
14	64	Alejandro Martínez-	44:26	4:55	23:25	29:50	32:25	37:24	39:00	42:11	44:02	44:26					
		Cádiz ALMADRABA		4:55	18:30	6:25	2:35	4:59	1:36	3:11	1:51	0:24					
15	143	Telmo Corada Villa	44:52	4:37	11:02	22:43	26:42	33:41	36:31	41:09	44:04	44:52					
		Vizcaya COBI		4:37	6:25	11:41	3:59	6:59	2:50	4:38	2:55	0:48					
16	924	Hugo Dominguez A	48:18	11:06	17:45	31:59	34:39	41:03	42:37	45:56	47:50	48:18					
		Soria NVALENO-O		11:06	6:39	14:14	2:40	6:24	1:34	3:19	1:54	0:28					
17	576	Sara Terkelsen Garc	51:19	5:47	15:42	22:01	26:47	37:43	41:10	47:40	50:47	51:19					
		Alicante SANT JOAN		5:47	9:55	6:19	4:46	10:56	3:27	6:30	3:07	0:32					
18	1250	Eduard Serra Reyes	51:49	6:51	16:52	23:23	28:10	37:50	41:47	47:56	51:25	51:49					
		Valencia SIMEPIER		6:51	10:01	6:31	4:47	9:40	3:57	6:09	3:29	0:24					
19	972	Miguel Fernández R	53:14	3:28	9:10	36:05	38:20	45:52	47:24	50:57	52:52	53:14					
		Asturias LA BRUJU		3:28	5:42	26:55	2:15	7:32	1:32	3:33	1:55	0:22					
20	1339	Darío Díaz Fernánd	53:46	19:35	26:42	32:32	36:23	43:19	45:29	50:08	53:18	53:46					
		Madrid MALARRUTA		19:35	7:07	5:50	3:51	6:56	2:10	4:39	3:10	0:28					
21	923	Daniel Sanchez En	53:53	9:53	26:00	36:45	40:36	46:59	48:22	51:22	53:32	53:53					
		Soria NVALENO-O		9:53	16:07	10:45	3:51	6:23	1:23	3:00	2:10	0:21					
22	492	Angel Trujillo Parra	55:34	3:57	9:15	35:23	38:09	45:16	47:48	52:00	55:12	55:34					
		Ciudad Real MANZA		3:57	5:18	26:08	2:46	7:07	2:32	4:12	3:12	0:22					
23	103	Mauro Beloso Iglesi	55:38	4:31	13:16	34:39	38:07	45:13	47:11	53:01	55:11	55:38					
		Pontevedra AROMO		4:31	8:45	21:23	3:28	7:06	1:58	5:50	2:10	0:27					
24	1166	Sonia Galera Sola	56:50	6:17	15:40	24:26	29:22	42:55	46:18	52:32	56:24	56:50					
		Alicante CEAM IBI-O		6:17	9:23	8:46	4:56	13:33	3:23	6:14	3:52	0:26					
25	399	Darío Descalzo Gra	59:05	8:59	23:39	33:43	37:54	47:47	50:18	56:33	58:38	59:05					
		Albacete GODIH		8:59	14:40	10:04	4:11	9:53	2:31	6:15	2:05	0:27					
26	1432	Natalia Pérez Pino	1:01:13	6:51	22:09	42:43	46:22	53:08	54:43	58:06	1:00:51	1:01:13					
		San José-FEDO San		6:51	15:18	20:34	3:39	6:46	1:35	3:23	2:45	0:22					
27	1079	Marina Laseca Este	1:03:24	4:38	11:59	35:42	39:52	53:09	55:18	1:00:00	1:03:00	1:03:24					
		La Rioja RIOJA-O		4:38	7:21	23:43	4:10	13:17	2:09	4:42	3:00	0:24					
28	1048	Carlos Tamarit Calv	1:11:42	9:18	23:07	36:44	41:45	53:47	57:09	1:06:52	1:11:07	1:11:42					
		Valencia CCVALEN		9:18	13:49	13:37	5:01	12:02	3:22	9:43	4:15	0:35					
29	838	Susana Rodríguez	1:51:49	21:41	34:22	1:14:09	1:29:09	1:39:59	1:42:53	1:48:34	1:51:18	1:51:49					

os	rsal	Nombre	Tiempo											
OPEN AMARILLO CEO (35)				2,6 km 15 m		8 C			(cont.)					
				1(33)	2(39)	3(48)	4(56)	5(54)	6(62)	7(69)	8(200)	Meta		
31	57	Bruna Sanz Kowals Girona ALIGOTS	2:56:03	2:12:00	2:20:42	2:31:31	2:36:38	2:45:32	2:48:14	2:52:48	2:55:34	2:56:03		
				2:12:00	8:42	10:49	5:07	8:54	2:42	4:34	2:46	0:29		
	294	Laila Zaragoza Pepi Valencia CORRECA	No sale											
	1433	Fernando Cantalapi San José-FEDO San	No sale											
	955	IGNACIO FERNÁND Asturias PILOÑA DE	No sale											
	1232	María Casas Juárez Zamora ZAMORA-O	No sale											
OPEN NARANJA CEO (48)				4,8 km 40 m		10 C								
				1(34)	2(46)	3(65)	4(83)	5(84)	6(78)	7(74)	8(71)	9(53)	10(200)	Meta
1	611	Jose Pérez Márquez Toledo TOLEDO-O	45:29	3:59	7:17	17:09	24:57	26:21	31:04	35:25	40:56	43:17	45:13	45:29
				3:59	3:18	9:52	7:48	1:24	4:43	4:21	5:31	2:21	1:56	0:16
2	371	Juan Virginio Carril Albacete GODIH	52:54	5:31	10:24	17:38	26:20	27:28	34:33	40:23	46:45	49:51	52:32	52:54
				5:31	4:53	7:14	8:42	1:08	7:05	5:50	6:22	3:06	2:41	0:22
3	43	Alberto Munuera Go Sevilla ADOL	53:51	4:31	11:40	19:23	27:55	28:52	35:38	42:40	47:47	51:27	53:32	53:51
				4:31	7:09	7:43	8:32	0:57	6:46	7:02	5:07	3:40	2:05	0:19
4	1042	Luzma Batanero Ba Guadalajara C.O.GU	1:01:15	7:32	12:26	21:11	31:13	32:26	39:08	44:33	50:55	57:21	1:00:30	1:01:15
				7:32	4:54	8:45	10:02	1:13	6:42	5:25	6:22	6:26	3:09	0:45
5	185	Marona Alsius Serr Barcelona COC	1:04:44	10:23	15:44	23:36	31:53	32:54	42:50	51:07	58:38	1:01:47	1:04:23	1:04:44
				10:23	5:21	7:52	8:17	1:01	9:56	8:17	7:31	3:09	2:36	0:21
6	214	Tania Aliseda Gonza Badajoz CODAN EX	1:06:19	5:38	10:08	19:53	27:10	28:13	34:54	54:58	1:00:52	1:03:31	1:05:56	1:06:19
				5:38	4:30	9:45	7:17	1:03	6:41	20:04	5:54	2:39	2:25	0:23
7	1362	Alejandro Bares Individuals/No c In	1:07:01	3:56	23:12	28:55	37:08	38:44	52:26	56:57	1:01:53	1:04:31	1:06:39	1:07:01
				3:56	19:16	5:43	8:13	1:36	13:42	4:31	4:56	2:38	2:08	0:22
8	755	Clara Pañella Baro Barcelona UEVIC	1:08:10	10:39	16:17	35:56	43:44	44:21	51:36	55:57	1:03:12	1:05:59	1:07:48	1:08:10
				10:39	5:38	19:39	7:48	0:37	7:15	4:21	7:15	2:47	1:49	0:22
9	1364	Isabel García García Individuals/No c In	1:11:36	16:16	24:16	33:32	42:39	43:22	52:06	58:59	1:04:51	1:08:31	1:11:09	1:11:36
				16:16	8:00	9:16	9:07	0:43	8:44	6:53	5:52	3:40	2:38	0:27
10	854	Assumpta Arqués Te Girona GO-XTREM	1:18:31	7:46	16:05	27:36	40:43	42:18	52:06	1:00:58	1:09:11	1:13:41	1:17:44	1:18:31
				7:46	8:19	11:31	13:07	1:35	9:48	8:52	8:13	4:30	4:03	0:47
11	1253	David Navarro Saur Valencia SIMEPIER	1:20:43	7:49	16:21	24:24	32:55	33:25	41:28	1:01:12	1:14:20	1:18:15	1:20:22	1:20:43
				7:49	8:32	8:03	8:31	0:30	8:03	19:44	13:08	3:55	2:07	0:21
12	358	Elvira Arenas Pérez Madrid GOCAN	1:21:05	11:47	20:30	34:09	47:49	48:49	56:51	1:06:02	1:12:46	1:17:38	1:20:40	1:21:05
				11:47	8:43	13:39	13:40	1:00	8:02	9:11	6:44	4:52	3:02	0:25
13	1168	Aitana García Romo Alicante CEAM IBI-O	1:21:10	10:28	18:32	28:31	37:53	38:36	54:33	1:05:43	1:14:20	1:18:15	1:20:49	1:21:10
				10:28	8:04	9:59	9:22	0:43	15:57	11:10	8:37	3:55	2:34	0:21
14	396	María Belén Miguel Albacete GODIH	1:24:29	8:34	19:43	39:00	50:51	55:01	1:03:27	1:10:06	1:17:33	1:20:55	1:24:01	1:24:29
				8:34	11:09	19:17	11:51	4:10	8:26	6:39	7:27	3:22	3:06	0:28
15	177	Carme Cristofol Na Barcelona COC	1:27:08	14:17	23:54	36:42	47:52	49:31	1:00:08	1:08:48	1:17:14	1:22:06	1:26:14	1:27:08
				14:17	9:37	12:48	11:10	1:39	10:37	8:40	8:26	4:52	4:08	0:54
16	110	Noel Rodríguez Qu Pontevedra AROMO	1:27:49	7:43	25:50	38:20	48:30	50:19	1:00:09	1:08:48	1:18:28	1:23:24	1:27:25	1:27:49
				7:43	18:07	12:30	10:10	1:49	9:50	8:39	9:40	4:56	4:01	0:24
17	260	Samuel Esteve Fust Alicante COLIVENC	1:29:29	7:38	13:20	21:02	53:54	55:58	1:03:14	1:08:31	1:14:25	1:26:37	1:29:05	1:29:29
				7:38	5:42	7:42	32:52	2:04	7:16	5:17	5:54	12:12	2:28	0:24
18	1117	Laura Contreras Ga Madrid ALABARDA-O	1:29:40	7:18	23:56	36:01	45:58	46:52	55:37	1:11:05	1:20:00	1:24:31	1:28:55	1:29:40
				7:18	16:38	12:05	9:57	0:54	8:45	15:28	8:55	4:31	4:24	0:45
19	1107	Daniel Mahou Migu Madrid COTA	1:33:14	15:22	21:37	33:37	47:03	54:30	1:07:48	1:15:17	1:25:54	1:30:20	1:32:49	1:33:14
				15:22	6:15	12:00	13:26	7:27	13:18	7:29	10:37	4:26	2:29	0:25
20	213	Inmaulada Zambran Badajoz CODAN EX	1:38:17	9:43	14:25	23:59	43:38	44:54	1:12:19	1:20:55	1:31:01	1:35:02	1:37:48	1:38:17
				9:43	4:42	9:34	19:39	1:16	27:25	8:36	10:06	4:01	2:46	0:29
21	1071	Mª SOL BERROCAL Madrid COLMENAR	1:39:18	9:13	18:45	35:03	45:58	47:05	1:10:59	1:18:59	1:31:25	1:35:45	1:38:48	1:39:18
				9:13	9:32	16:18	10:55	1:07	23:54	8:00	12:26	4:20	3:03	0:30
22	737	Encarnación Corral Granada VELETA	1:41:33	25:47	38:48	50:49	1:03:58	1:05:29	1:14:59	1:24:29	1:31:33	1:37:50	1:41:06	1:41:33
				25:47	13:01	12:01	13:09	1:31	9:30	9:30	7:04	6:17	3:16	0:27
23	1252	Irene Higuera Clar Valencia SIMEPIER	1:43:24	9:59	16:46	42:49	57:25	58:56	1:22:10	1:28:28	1:34:25	1:38:52	1:41:20	1:43:24
				9:59	6:47	26:03	14:36	1:31	23:14	6:18	5:57	4:27	2:28	2:04
24	306	TERESA MONTFULL Barcelona FARRA-O	1:43:56	14:44	23:19	50:00	1:00:30	1:01:41	1:15:25	1:23:59	1:32:02	1:40:19	1:43:24	1:43:56
				14:44	8:35	26:41	10:30	1:11	13:44	8:34	8:03	8:17	3:05	0:32
25	179	Teresa Gri Espinag Barcelona COC	1:44:30	9:39	20:25	36:22	53:28	55:23	1:07:44	1:20:09	1:31:28	1:37:47	1:43:16	1:44:30
				9:39	10:46	15:57	17:06	1:55	12:21	12:25	11:19	6:19	5:29	1:14
26	1070	Mª Natalia Martín-Ru Madrid COLMENAR	1:50:29	8:33	21:39	38:38	50:51	53:19	1:13:43	1:29:35	1:41:41	1:46:11	1:49:57	1:50:29
				8:33	13:06	16:59	12:13	2:28	20:24	15:52	12:06	4:30	3:46	0:32
27	1272	María Pilar Diaz Est Madrid ESCONDITE-	2:08:11	39:36	51:59	1:16:32	1:27:24	1:28:43	1:40:50	1:51:48	1:59:25	2:03:32	2:07:21	2:08:11
				39:36	12:23	24:33	10:52	1:19	12:07	10:58	7:37	4:07	3:49	0:50
28	75	Eva Casado Nuñez La Coruña APA LICE	2:29:54	53:20	1:09:00	1:27:16	1:44:15	1:45:43	1:57:43	2:07:04	2:19:56	2:26:25	2:29:31	2:29:54
				53:20	15:40	18:16	16:59	1:28	12:00	9:21	12:52	6:29	3:06	0:23
29	1361	María Del Carmen R Individuals/No c In	2:38:42	12:33	19:41	34:47	53:45	55:13	1:15:05	2:17:18	2:26:03	2:35:59	2:38:15	2:38:42
				12:33	7:08	15:06	18:58	1:28	19:52	1:02:13	8:45	9:56	2:16	0:27
30	169	Solenn Hillion Davi Barcelona COC	2:57:57	11:06	36:35	1:04:39	1:28:04	1:35:56	1:54:27	2:10:58	2:30:24	2:51:02	2:57:21	2:57:57
				11:06	25:29	28:04	23:25	7:52	18:31	16:31	19:26	20:38	6:19	0:36
	1235	Martin Vinagre Barr La Coruña FAICAMI	en tarj.	----	----	----	----	----	----	----	----	----	37:58	38:22
													37:58	0:24
				22:30	25:37	30:43	33:06	36:18						
				*48	*56	*54	*62	*69						
													5:06	12:25
													*33	*39

os	rsal	Nombre	Tempo													
OPEN NARANJA CEO (48)				4,8 km 40 m			10 C		(cont.)							
				1(34)	2(46)	3(65)	4(83)	5(84)	6(78)	7(74)	8(71)	9(53)	10(200)	Meta		
1044		Marcos Siqueira Be Guadalajara C.O.GU	en tarj.	5:09	9:48	20:32	34:36	35:19	41:33	----	53:36	1:01:36	1:03:39	1:04:02		
				5:09	4:39	10:44	14:04	0:43	6:14		12:03	8:00	2:03	0:23		
382		María Del Mar Calat Albacete GODIH	en tarj.	17:01	26:26	40:02	----	50:12	1:01:19	1:09:18	1:35:47	1:40:53	1:45:29	1:46:10		
				17:01	9:25	13:36		10:10	11:07	7:59	26:29	5:06	4:36	0:41		
1369		Lidia González Man Individuals/No c In	en tarj.	10:41	16:31	42:52	1:12:14	1:13:16	1:26:25	1:54:41	----	2:03:12	2:06:21	2:06:40		
				10:41	5:50	26:21	29:22	1:02	13:09	28:16		8:31	3:09	0:19		
178		Carles Lladó Badia Barcelona COC	en tarj.	7:18	17:01	30:15	47:30	49:04	----	1:30:11	1:41:22	----	----			
				7:18	9:43	13:14	17:15	1:34		41:07	11:11					
170		Maylis Hillion Davin Barcelona COC	andona	----	----	----	----	----	----	----	----	----	----			
1291		Amaia Etxebeste Guipúzcoa GOT	No sale													
1363		Nuria Paez Individuals/No c In	No sale													
1182		Carla Vázquez Amo Huelva COHU	No sale													
834		José Madoz Carrero Cádiz FUNDI-O	No sale													
1179		NOEMI ROLDAL SE Huelva COHU	No sale													
145		Susana Martínez Re Vizcaya COBI	No sale													
911		Juan Carlos Ivorra Alicante UNIVERSID	No sale													
424		Alejandra Tabuenca Zaragoza IBÓN	No sale													
1174		Leo Rodríguez Alva Huelva COHU	No sale													
835		Chus Vidal Limés Cádiz FUNDI-O	No sale													
1309		Rosa Rivera Perea Madrid IBERIA	No sale													
215		HELENA Ruiz Calza Badajoz CODAN EX	No sale													
OPEN ROJO CEO (41)				5,5 km 35 m			12 C									
				1(35)	2(42)	3(67)	4(77)	5(85)	6(71)	7(109)	8(83)	9(82)	10(64)	11(52)	12(200)	Meta
1	305	MIQUEL RODRÍGUE Barcelona FARRA-O	35:24	2:44	6:51	11:15	14:20	16:04	20:59	22:12	26:25	27:17	30:37	34:05	35:08	35:24
				2:44	4:07	4:24	3:05	1:44	4:55	1:13	4:13	0:52	3:20	3:28	1:03	0:16
2	757	Vicenç Clarena Rier Barcelona UEVIC	36:52	2:36	7:09	11:30	14:57	16:43	21:57	23:05	26:30	27:19	30:33	35:18	36:28	36:52
				2:36	4:33	4:21	3:27	1:46	5:14	1:08	3:25	0:49	3:14	4:45	1:10	0:24
3	1011	Jorge Rodríguez AI Cáceres VIA PLATA	40:06	2:26	6:22	11:26	14:15	16:05	22:05	23:33	31:29	32:12	35:23	38:51	39:49	40:06
				2:26	3:56	5:04	2:49	1:50	6:00	1:28	7:56	0:43	3:11	3:28	0:58	0:17
4	1225	Arturo Andrés Martí Cantabria GALITIUS	40:42	2:42	7:34	12:55	16:14	18:39	25:06	26:16	30:06	31:00	35:31	39:17	40:23	40:42
				2:42	4:52	5:21	3:19	2:25	6:27	1:10	3:50	0:54	4:31	3:46	1:06	0:19
5	184	Lluís Alsius Dalma Barcelona COC	40:50	2:50	8:04	12:58	16:23	18:30	23:40	26:04	30:16	31:05	34:36	39:11	40:27	40:50
				2:50	5:14	4:54	3:25	2:07	5:10	2:24	4:12	0:49	3:31	4:35	1:16	0:23
6	1094	Jaume Alarcon Albet Barcelona COB	47:14	3:08	8:43	15:09	19:12	21:35	28:32	30:06	35:19	36:25	40:39	45:28	46:49	47:14
				3:08	5:35	6:26	4:03	2:23	6:57	1:34	5:13	1:06	4:14	4:49	1:21	0:25
7	756	Jordi Armengol Mar Barcelona UEVIC	50:50	3:36	9:46	14:55	19:21	22:35	29:12	30:49	35:59	37:20	45:16	49:09	50:33	50:50
				3:36	6:10	5:09	4:26	3:14	6:37	1:37	5:10	1:21	7:56	3:53	1:24	0:17
8	1411	Jeus Mulero Gonzal ClimBeer-O ClimBe	53:44	3:40	10:21	16:29	20:40	22:58	30:19	31:43	37:06	38:27	46:42	51:56	53:22	53:44
				3:40	6:41	6:08	4:11	2:18	7:21	1:24	5:23	1:21	8:15	5:14	1:26	0:22
9	891	Alfonso Boluda San Burgos TJALVE	57:39	3:55	11:39	20:19	25:15	27:58	35:06	36:54	42:03	43:24	51:19	56:02	57:22	57:39
				3:55	7:44	8:40	4:56	2:43	7:08	1:48	5:09	1:21	7:55	4:43	1:20	0:17
10	183	Mar Serra Amat Barcelona COC	1:00:36	4:02	11:02	24:26	29:07	31:41	39:22	41:37	47:01	48:14	53:12	58:44	1:00:07	1:00:36
				4:02	7:00	13:24	4:41	2:34	7:41	2:15	5:24	1:13	4:58	5:32	1:23	0:29
11	141	Mikel Fernández Do Vizcaya COBI	1:02:33	3:39	10:12	24:33	28:53	31:52	40:42	42:43	48:34	49:59	54:48	1:00:50	1:02:12	1:02:33
				3:39	6:33	14:21	4:20	2:59	8:50	2:01	5:51	1:25	4:49	6:02	1:22	0:21
12	705	David García Martín Valladolid COV	1:03:21	3:22	8:20	14:58	18:57	21:08	29:18	31:37	35:46	36:51	41:45	1:01:44	1:03:02	1:03:21
				3:22	4:58	6:38	3:59	2:11	8:10	2:19	4:09	1:05	4:54	19:59	1:18	0:19
13	954	Juan Antonio Ferna Asturias PILOÑA DE	1:05:44	4:22	11:22	20:18	24:53	27:42	44:16	45:48	51:17	53:16	58:30	1:04:02	1:05:23	1:05:44
				4:22	7:00	8:56	4:35	2:49	16:34	1:32	5:29	1:59	5:14	5:32	1:21	0:21
14	307	FRANCISCO RODRÍ Barcelona FARRA-O	1:06:08	3:16	9:51	21:12	25:19	27:21	40:26	41:56	50:16	51:19	1:00:03	1:04:41	1:05:48	1:06:08
				3:16	6:35	11:21	4:07	2:02	13:05	1:30	8:20	1:03	8:44	4:38	1:07	0:20
15	990	Cayetano Estebanez Valladolid CDP-O	1:06:09	10:38	16:08	21:10	29:23	31:33	42:18	43:44	48:08	49:58	1:00:18	1:04:12	1:05:47	1:06:09
				10:38	5:30	5:02	8:13	2:10	10:45	1:26	4:24	1:50	10:20	3:54	1:35	0:22
16	1371	Gerardo Sanz Vaca Individuals/No c In	1:06:21	8:14	14:02	18:52	22:51	25:06	48:17	50:22	54:51	55:51	1:00:43	1:04:52	1:06:03	1:06:21
				8:14	5:48	4:50	3:59	2:15	23:11	2:05	4:29	1:00	4:52	4:09	1:11	0:18
17	1226	Claudia Fernández Cantabria GALITIUS	1:07:44	3:30	12:11	19:19	26:17	30:00	41:31	43:05	49:02	50:24	57:55	1:05:58	1:07:24	1:07:44
				3:30	8:41	7:08	6:58	3:43	11:31	1:34	5:57	1:22	7:31	8:03	1:26	0:20
18	1368	Raul Quintana Esca Individuals/No c In	1:09:22	3:32	13:28	21:52	28:03	30:30	38:27	40:14	44:01	45:04	1:03:30	1:07:53	1:09:04	1:09:22
				3:32	9:56	8:24	6:11	2:27	7:57	1:47	3:47	1:03	18:26	4:23	1:11	0:18
19	1284	Norinda Forsat Ser Valencia VERD3	1:09:42	5:19	14:50	28:13	34:12	37:21	47:54	49:57	55:56	57:26	1:02:07	1:07:47	1:09:17	1:09:42
				5:19	9:31	13:23	5:59	3:09	10:33	2:03	5:59	1:30	4:41	5:40	1:30	0:25
20	180	Josep Riba Trepas Barcelona COC	1:10:39	6:08	14:27	24:19	31:23	33:55	42:44	45:30	56:01	56:44	1:01:48	1:08:47	1:10:11	1:10:39
				6:08	8:19	9:52	7:04	2:32	8:49	2:46	10:31	0:43	5:04	6:59	1:24	0:28

os	rsal	Nombre	Tiempo														
OPEN ROJO CEO (41)				5,5 km 35 m			12 C			<i>(cont.)</i>							
				1(35)	2(42)	3(67)	4(77)	5(85)	6(71)	7(109)	8(83)	9(82)	10(64)	11(52)	12(200)	Meta	
21	44	Manuel Gregorio Ga Sevilla ADOL	1:11:39	4:10	10:10	29:47	34:31	37:21	45:21	47:42	54:41	56:01	1:02:08	1:09:48	1:11:15	1:11:39	
				4:10	6:00	19:37	4:44	2:50	8:00	2:21	6:59	1:20	6:07	7:40	1:27	0:24	
22	181	Migdalia Bellart Ber Barcelona COC	1:15:22	4:13	12:46	34:47	39:38	42:36	54:10	56:04	1:01:07	1:02:41	1:07:50	1:13:15	1:14:59	1:15:22	
				4:13	8:33	22:01	4:51	2:58	11:34	1:54	5:03	1:34	5:09	5:25	1:44	0:23	
23	1184	David Sanchez Rey Huelva COHU	1:17:07	6:20	15:01	23:30	27:48	30:03	38:12	39:57	54:48	55:38	1:10:43	1:15:14	1:16:47	1:17:07	
				6:20	8:41	8:29	4:18	2:15	8:09	1:45	14:51	0:50	15:05	4:31	1:33	0:20	
24	1360	Juan Manuel Ruiz Individuals/No c In	1:17:12	2:49	7:28	51:51	54:54	56:44	1:02:01	1:03:10	1:07:23	1:08:09	1:11:32	1:15:40	1:16:48	1:17:12	
				2:49	4:39	44:23	3:03	1:50	5:17	1:09	4:13	0:46	3:23	4:08	1:08	0:24	
25	1072	MARCOS PRIETO B Madrid COLMENAR	1:19:03	3:44	11:07	23:21	27:09	29:30	1:03:08	1:04:20	1:07:30	1:08:27	1:12:28	1:17:54	1:18:46	1:19:03	
				3:44	7:23	12:14	3:48	2:21	33:38	1:12	3:10	0:57	4:01	5:26	0:52	0:17	
26	1102	Manuel Cabrera Ra Cuenca COMCU	1:19:51	5:09	13:15	20:53	26:44	30:05	43:17	45:16	52:44	54:23	1:10:21	1:17:26	1:19:15	1:19:51	
				5:09	8:06	7:38	5:51	3:21	13:12	1:59	7:28	1:39	15:58	7:05	1:49	0:36	
27	841	Sara Arriaga Reque Cádiz FUNDI-O	1:21:28	6:47	18:29	26:52	33:46	37:02	48:40	51:23	59:37	1:01:34	1:10:45	1:19:04	1:20:59	1:21:28	
				6:47	11:42	8:23	6:54	3:16	11:38	2:43	8:14	1:57	9:11	8:19	1:55	0:29	
28	992	Ruben Rodriguez P Valladolid CDP-O	1:23:12	4:14	11:18	19:30	46:35	49:41	58:31	1:00:22	1:06:20	1:07:08	1:14:31	1:21:39	1:22:51	1:23:12	
				4:14	7:04	8:12	27:05	3:06	8:50	1:51	5:58	0:48	7:23	7:08	1:12	0:21	
29	379	Antonio Díaz Marco Albacete GODIH	1:23:56	4:34	12:39	22:15	29:03	33:48	45:37	48:31	58:24	59:57	1:13:57	1:21:42	1:23:25	1:23:56	
				4:34	8:05	9:36	6:48	4:45	11:49	2:54	9:53	1:33	14:00	7:45	1:43	0:31	
30	1367	Ricard cabre Segur Individuals/No c In	1:34:49	3:01	11:12	26:12	40:41	45:38	1:00:24	1:02:55	1:15:43	1:17:32	1:24:17	1:31:44	1:34:02	1:34:49	
				3:01	8:11	15:00	14:29	4:57	14:46	2:31	12:48	1:49	6:45	7:27	2:18	0:47	
31	144	Sara Prieto Pajares Vizcaya COBI	1:35:51	7:47	14:19	22:05	27:06	31:50	43:17	54:06	1:12:55	1:14:22	1:25:33	1:33:35	1:35:18	1:35:51	
				7:47	6:32	7:46	5:01	4:44	11:27	10:49	18:49	1:27	11:11	8:02	1:43	0:33	
32	1181	Ruben Vazquez Am Huelva COHU	1:39:18	3:04	13:26	33:45	51:22	55:22	1:08:10	1:10:54	1:16:14	1:17:50	1:22:28	1:37:49	1:39:04	1:39:18	
				3:04	10:22	20:19	17:37	4:00	12:48	2:44	5:20	1:36	4:38	15:21	1:15	0:14	
33	989	Alejandra Calvo Güi Valladolid CDP-O	1:50:44	12:58	29:57	51:16	57:34	1:01:05	1:12:35	1:15:09	1:26:55	1:28:25	1:41:31	1:48:21	1:50:11	1:50:44	
				12:58	16:59	21:19	6:18	3:31	11:30	2:34	11:46	1:30	13:06	6:50	1:50	0:33	
34	1271	Javier Raimundo Va Madrid ESCONDITE-	1:52:22	35:04	41:02	1:01:33	1:06:20	1:09:56	1:23:12	1:25:11	1:30:32	1:31:26	1:44:43	1:50:34	1:52:02	1:52:22	
				35:04	5:58	20:31	4:47	3:36	13:16	1:59	5:21	0:54	13:17	5:51	1:28	0:20	
35	296	Debora Pamblanco Valencia CORRECA	2:17:23	4:27	39:33	51:04	1:09:38	1:14:15	1:31:45	1:33:55	1:41:35	1:43:37	1:50:52	2:12:51	2:16:20	2:17:23	
				4:27	35:06	11:31	18:34	4:37	17:30	2:10	7:40	2:02	7:15	21:59	3:29	1:03	
	182	Pau Batet Gomez de Barcelona COC	andona	2:48	-----	-----	-----	1:39:27	1:46:19	-----	-----	-----	-----	-----	1:49:25	1:49:45	
				2:48				1:36:39	6:52						3:06	0:20	
				8:27	14:12	26:08	29:17	38:14	39:55	42:16	49:27	50:53	58:41	1:02:35	1:10:38	1:27:11	1:29:59
				*55	*59	*80	*90	*96	*101	*102	*106	*107	*103	*87	*76	*92	*94
				1:35:37													
				*88													
nc	1391	Ingemar Tedhamre Snättringe SK Snätt	andona	4:05	27:07	-----	-----	-----	-----	-----	-----	-----	-----	52:54	54:27	54:52	
				4:05	23:02									25:47	1:33	0:25	
	1180	Leo Guerrero Franc Huelva COHU	No sale														
	1073	OSCAR PRIETO BE Madrid COLMENAR	No sale														
	1292	Igor Galarraga Guipúzcoa GOT	No sale														
	142	Asier Herrero Herre Vizcaya COBI	No sale														
H-21B (65)				7,2 km 55 m			11 C										
				1(38)	2(57)	3(87)	4(91)	5(93)	6(95)	7(83)	8(75)	9(74)	10(109)	11(200)	Meta		
1	681	Alejandro Hernánde Valladolid COV	47:26	3:26	8:05	15:02	20:19	22:34	32:39	33:59	37:40	38:16	44:36	47:10	47:26		
				3:26	4:39	6:57	5:17	2:15	10:05	1:20	3:41	0:36	6:20	2:34	0:16		
2	447	Carlos De Manuel N Madrid IMPERDIBL	47:31	2:54	9:17	15:07	19:37	25:00	35:32	36:51	39:56	40:28	44:55	47:13	47:31		
				2:54	6:23	5:50	4:30	5:23	10:32	1:19	3:05	0:32	4:27	2:18	0:18		
3	567	Jose Sanchez Galva Alicante SANT JOAN	48:36	3:24	7:36	14:25	19:38	24:31	34:10	35:50	39:57	40:35	45:33	48:21	48:36		
				3:24	4:12	6:49	5:13	4:53	9:39	1:40	4:07	0:38	4:58	2:48	0:15		
4	73	Pablo Castedo López La Coruña APA LICE	48:58	3:51	8:49	17:00	22:52	25:53	35:27	36:44	40:43	41:24	45:58	48:42	48:58		
				3:51	4:58	8:11	5:52	3:01	9:34	1:17	3:59	0:41	4:34	2:44	0:16		
5	810	Javier Sánchez Iñig León ALCON	49:13	4:42	9:16	17:07	22:23	25:08	34:38	36:26	40:14	40:55	46:08	48:56	49:13		
				4:42	4:34	7:51	5:16	2:45	9:30	1:48	3:48	0:41	5:13	2:48	0:17		
6	985	Guillermo Vazquez Valladolid CDP-O	49:21	3:05	6:36	12:25	17:02	20:05	36:10	37:40	41:27	42:07	46:28	49:01	49:21		
				3:05	3:31	5:49	4:37	3:03	16:05	1:30	3:47	0:40	4:21	2:33	0:20		
7	1147	Ramón Blanco Gon Asturias NORDESTE	49:51	4:06	8:51	16:27	21:32	25:56	35:32	37:09	41:33	42:13	47:05	49:36	49:51		
				4:06	4:45	7:36	5:05	4:24	9:36	1:37	4:24	0:40	4:52	2:31	0:15		
8	348	Álvaro Corral Suárez Madrid GOCAN	50:49	3:26	9:25	16:30	21:29	25:18	34:23	35:47	40:34	41:16	47:47	50:29	50:49		
				3:26	5:59	7:05	4:59	3:49	9:05	1:24	4:47	0:42	6:31	2:42	0:20		
9	775	Jorge Perez Querol Alicante VILLENLA-O	51:00	3:42	8:15	16:10	21:56	26:32	36:14	37:54	41:54	42:33	47:47	50:41	51:00		
				3:42	4:33	7:55	5:46	4:36	9:42	1:40	4:00	0:39	5:14	2:54	0:19		
10	1261	Roberto Montes Gar Asturias ASTUR EXT	51:48	3:02	6:43	16:41	21:40	23:48	32:15	33:49	40:18	40:59	48:38	51:29	51:48		
				3:02	3:41	9:58	4:59	2:08	8:27	8:27	6:29	0:41	7:39	2:51	0:19		
11	1022	Jose Maria Vidal Ló Toledo NAVALCAN-	52:16	3:40	7:59	16:29	23:03	25:41	37:08	38:37	42:41	43:24	48:44	51:58	52:16		
				3:40	4:19	8:30	6:34	2:38	11:27	1:29	4:04	0:43	5:20	3:14	0:18		
12	40	Luis Martínez Vied Sevilla ADOL	52:20	3:27	7:51	15:16	20:17	23:23	35:29	36:58	44:17	44:50	49:29	52:04	52:20		
				3:27	4:24	7:25	5:01	3:06	12:06	1:29	7:19	0:33	4:39	2:35	0:16		
13	1351	Tomeu Angulo Salo Balears ERMASSET	53:41	4:50	9:30	17:03	22:56	25:46	35:49	37:20	42:17	43:03	50:05	53:23	53:41		
				4:50	4:40	7:33	5:53	2:50	10:03	1:31	4:57	0:46	7:02	3:18	0:18		
14	1092	Bernat Palau Garrig Barcelona COB	53:54	3:28	10:42	16:45	21:55	24:13	40:31	41:47	45:49	46:25	51:08				

os	rsal	Nombre	Tiempo	7,2 km 55 m 11 C (cont.)											
				1(38)	2(57)	3(87)	4(91)	5(93)	6(95)	7(83)	8(75)	9(74)	10(109)	11(200)	Meta
15	998	Yago Breijo Martine La Coruña GALLAE	54:41	3:37	10:05	16:53	23:35	27:45	38:32	39:57	45:43	46:25	51:51	54:26	54:41
				3:37	6:28	6:48	6:42	4:10	10:47	1:25	5:46	0:42	5:26	2:35	0:15
16	281	Juan Antonio Moral Málaga COMA	55:46	3:55	8:51	16:44	22:22	25:52	38:54	40:47	47:22	48:14	53:06	55:31	55:46
				3:55	4:56	7:53	5:38	3:30	13:02	1:53	6:35	0:52	4:52	2:25	0:15
17	35	Fco Javier Diosdad Sevilla ADOL	56:39	3:57	10:43	21:43	26:50	30:04	42:03	44:00	47:54	48:32	53:45	56:20	56:39
				3:57	6:46	11:00	5:07	3:14	11:59	1:57	3:54	0:38	5:13	2:35	0:19
18	356	Borja Recio Pisón Madrid GOCAN	56:45	3:29	8:49	15:25	20:42	24:15	34:13	35:44	46:34	47:17	53:07	56:26	56:45
				3:29	5:20	6:36	5:17	3:33	9:58	1:31	10:50	0:43	5:50	3:19	0:19
19	206	Francisco Barrios Badajoz CODAN EX	57:23	4:17	9:48	17:43	24:03	27:10	39:31	41:10	45:49	46:59	53:55	57:03	57:23
				4:17	5:31	7:55	6:20	3:07	12:21	1:39	4:39	1:10	6:56	3:08	0:20
20	581	Pablo Saz Segovia Madrid SOTOBOSQ	57:27	4:24	9:24	18:20	25:09	28:42	39:34	41:50	46:12	47:12	53:50	57:06	57:27
				4:24	5:00	8:56	6:49	3:33	10:52	2:16	4:22	1:00	6:38	3:16	0:21
21	908	Juan Pablo García T Alicante UNIVERSID	1:00:33	5:37	11:44	20:25	27:02	30:07	42:28	44:26	49:30	50:18	56:41	1:00:11	1:00:33
				5:37	6:07	8:41	6:37	3:05	12:21	1:58	5:04	0:48	6:23	3:30	0:22
22	971	Jorge Diaz Piñeiro Asturias LA BRUJU	1:01:10	4:55	11:29	20:55	27:28	30:30	41:25	42:53	48:42	49:59	56:56	1:00:52	1:01:10
				4:55	6:34	9:26	6:33	3:02	10:55	1:28	5:49	1:17	6:57	3:56	0:18
23	268	Félix Gil De La Veg Málaga COMA	1:01:54	4:18	9:22	17:17	23:40	29:12	41:40	43:28	50:54	51:34	58:29	1:01:30	1:01:54
				4:18	5:04	7:55	6:23	5:32	12:28	1:48	7:26	0:40	6:55	3:01	0:24
24	1350	Isaac Lera Castro Balears ERMASSET	1:05:18	4:26	8:42	17:07	23:02	29:01	49:41	51:18	55:19	56:13	1:01:50	1:04:57	1:05:18
				4:26	4:16	8:25	5:55	5:59	20:40	1:37	4:01	0:54	5:37	3:07	0:21
25	672	Javier Villares Repr Valladolid COV	1:05:47	7:34	13:27	23:19	30:26	33:43	47:10	48:55	54:16	55:00	1:01:40	1:05:24	1:05:47
				7:34	5:53	9:52	7:07	3:17	13:27	1:45	5:21	0:44	6:40	3:44	0:23
26	98	Francisco Xosé Var Pontevedra AROMO	1:05:48	5:43	12:18	20:33	27:34	30:15	45:03	49:49	54:22	55:10	1:01:33	1:05:27	1:05:48
				5:43	6:35	8:15	7:01	2:41	14:48	4:46	4:33	0:48	6:23	3:54	0:21
27	327	Pablo Rocha Pena Lugo FLUVIAL LUG	1:06:04	4:26	9:44	25:05	32:16	35:15	46:38	48:26	54:46	55:38	1:02:21	1:05:44	1:06:04
				4:26	5:18	15:21	7:11	2:59	11:23	1:48	6:20	0:52	6:43	3:23	0:20
28	910	Iván Ruiz Morán Alicante UNIVERSID	1:07:03	5:47	15:39	28:41	34:11	36:46	47:27	48:55	53:06	54:21	1:03:23	1:06:41	1:07:03
				5:47	9:52	13:02	5:30	2:35	10:41	1:28	4:11	1:15	9:02	3:18	0:22
29	1310	Pablo Langa Blanc Madrid O-CHARLIES	1:07:38	3:20	7:00	34:07	39:27	42:05	51:38	52:47	56:53	57:52	1:04:26	1:07:17	1:07:38
				3:20	3:40	27:07	5:20	2:38	9:33	1:09	4:06	0:59	6:34	2:51	0:21
30	977	Sergio Peral Rodrig Valladolid CDP-O	1:08:28	4:31	9:48	20:56	35:21	39:00	50:47	52:40	58:15	59:02	1:05:27	1:08:10	1:08:28
				4:31	5:17	11:08	14:25	3:39	11:47	1:53	5:35	0:47	6:25	2:43	0:18
31	74	Julio Miguel Casted La Coruña APA LICE	1:09:55	4:56	11:11	22:03	30:17	33:54	50:53	52:34	57:48	58:43	1:05:57	1:09:34	1:09:55
				4:56	6:15	10:52	8:14	3:37	16:59	1:41	5:14	0:55	7:14	3:37	0:21
32	207	Javier Barja Álvarez Badajoz CODAN EX	1:11:31	3:36	8:46	20:22	26:28	30:42	46:14	52:08	56:45	1:01:19	1:07:25	1:11:07	1:11:31
				3:36	5:10	11:36	6:06	4:14	15:32	5:54	4:37	4:34	6:06	3:42	0:24
33	609	Manuel Caro Huerta Toledo TOLEDO-O	1:11:57	4:12	24:45	32:34	38:44	43:23	54:21	55:53	1:00:17	1:00:59	1:07:46	1:11:39	1:11:57
				4:12	20:33	7:49	6:10	4:39	10:58	1:32	4:24	0:42	6:47	3:53	0:18
34	1106	Álvaro Mahou Migu Madrid COTA	1:13:03	5:11	11:52	25:16	32:16	36:00	50:22	52:35	59:28	1:00:10	1:08:53	1:12:46	1:13:03
				5:11	6:41	13:24	7:00	3:44	14:22	2:13	6:53	0:42	8:43	3:53	0:17
35	340	Roberto Amarelle G Lugo FLUVIAL LUG	1:14:16	4:27	12:16	23:29	35:52	42:47	53:12	58:26	1:03:44	1:04:30	1:10:46	1:13:56	1:14:16
				4:27	7:49	11:13	12:23	6:55	10:25	5:14	5:18	0:46	6:16	3:10	0:20
36	868	Javier Mañero Pérez Palencia ORCA	1:14:26	4:24	10:16	25:40	32:51	38:47	50:57	56:53	1:03:02	1:03:54	1:10:52	1:14:11	1:14:26
				4:24	5:52	15:24	7:11	5:56	12:10	5:56	6:09	0:52	6:58	3:19	0:15
37	739	José Carlos García Granada VELETA	1:14:35	4:48	22:02	32:47	40:09	44:30	55:12	56:51	1:03:13	1:04:09	1:11:30	1:14:17	1:14:35
				4:48	17:14	10:45	7:22	4:21	10:42	1:39	6:22	0:56	7:21	2:47	0:18
38	651	Juan Antonio Villen Valencia VALENCIA-	1:14:41	10:10	15:49	24:32	30:57	33:42	46:59	48:32	56:25	57:07	1:09:12	1:14:26	1:14:41
				10:10	5:39	8:43	6:25	2:45	13:17	1:33	7:53	0:42	12:05	5:14	0:15
39	1020	Diego Muñoz Barde Toledo NAVALCAN-	1:15:26	5:21	11:21	22:08	29:17	33:21	46:37	48:30	55:29	56:24	1:10:28	1:14:59	1:15:26
				5:21	6:00	10:47	7:09	4:04	13:16	1:53	6:59	0:55	14:04	4:31	0:27
40	1197	Ismael Villaescusa Cuenca ORIENTIJO	1:15:52	4:28	11:34	22:33	30:20	37:37	55:04	56:30	1:03:01	1:03:26	1:12:51	1:15:37	1:15:52
				4:28	7:06	10:59	7:47	7:17	17:27	1:26	6:31	0:25	9:25	2:46	0:15
41	352	Tomas Parla Ramíre Madrid GOCAN	1:17:43	5:52	13:29	24:11	32:19	39:45	54:24	56:37	1:02:43	1:03:41	1:13:12	1:17:20	1:17:43
				5:52	7:37	10:42	8:08	7:26	14:39	2:13	6:06	0:58	9:31	4:08	0:23
42	947	Ignacio Suárez Díaz Asturias PILOÑA DE	1:20:48	5:10	18:34	28:54	36:24	40:28	51:47	53:26	1:10:02	1:10:43	1:17:19	1:20:27	1:20:48
				5:10	13:24	10:20	7:30	4:04	11:19	1:39	16:36	0:41	6:36	3:08	0:21
43	107	Juan Eugenio Gutiérrez Pontevedra AROMO	1:21:04	4:40	23:06	32:40	41:26	44:46	58:01	59:59	1:09:15	1:09:59	1:16:49	1:20:43	1:21:04
				4:40	18:26	9:34	8:46	3:20	13:15	1:58	9:16	0:44	6:50	3:54	0:21
44	1224	Raul Arcadio Ferná Cantabria GALITIUS	1:21:54	6:03	12:06	22:18	29:26	42:18	53:56	55:24	1:10:15	1:11:20	1:18:20	1:21:34	1:21:54
				6:03	6:03	10:12	7:08	12:52	11:38	1:28	14:51	1:05	7:00	3:14	0:20
45	986	Juan Guíjarro Ferre Valladolid CDP-O	1:22:12	3:37	19:07	32:01	40:37	44:21	1:01:57	1:03:47	1:10:50	1:11:27	1:18:17	1:21:54	1:22:12
				3:37	15:30	12:54	8:36	3:44	17:36	1:50	7:03	0:37	6:50	3:37	0:18
46	871	Víctor Arce Delgado Palencia ORCA	1:24:54	4:14	13:32	26:57	34:15	40:33	52:50	54:49	1:10:49	1:11:22	1:21:18	1:24:33	1:24:54
				4:14	9:18	13:25	7:18	6:18	12:17	1:59	16:00	0:33	9:56	3:15	0:21
47	491	Antonio Nogales Go Ciudad Real MANZA	1:26:19	4:51	13:03	30:16	37:05	51:34	1:03:53	1:09:19	1:15:59	1:16:45	1:22:41	1:25:54	1:26:19
				4:51	8:12	17:13	6:49	14:29	12:19	5:26	6:40	0:46	5:56	3:13	0:25
48	1251	Daniel Ligorio Ben Valencia SIMEPIER	1:26:38	4:42	10:07	29:42	37:00	39:44	1:01:30	1:03:08	1:11:17	1:17:45	1:23:21	1:26:19	1:26:38
				4:42	5:25	19:35	7:18	2:44	21:46	1:38	8:09	6:28	5:36	2:58	0:19
49	733	Fernando Frías Puli Granada VELETA	1:29:56	6:57	14:22	25:44	44:05	48:03	1:03:35	1:06:14	1:13:45	1:15:10	1:25:35	1:29:33	1:29:56
				6:57	7:2										

os	rsal	Nombre	Tiempo												Meta	
H-21B (65)				7,2 km 55 m			11 C			(cont.)						
				1(38)	2(57)	3(87)	4(91)	5(93)	6(95)	7(83)	8(75)	9(74)	10(109)	11(200)	Meta	
54	208	Dario Fernández De Badajoz CODAN EX	1:46:04	4:10	15:17	26:27	49:43	1:10:45	1:23:37	1:28:16	1:33:00	1:33:55	1:42:13	1:45:42	1:46:04	
55	372	Alejandro Felipe BI Albacete GODIH	1:53:40	4:10	11:07	11:10	23:16	21:02	12:52	4:39	4:44	0:55	8:18	3:29	0:22	
				6:47	15:49	33:05	44:06	55:39	1:15:17	1:18:56	1:26:26	1:27:47	1:47:36	1:53:12	1:53:40	
				6:47	9:02	17:16	11:01	11:33	19:38	3:39	7:30	1:21	19:49	5:36	0:28	
	1175	Sergio Martin Carra Huelva COHU	en tarj.	6:28	14:44	30:18	-----	-----	39:08	42:14	50:38	52:00	1:15:50	1:21:37	1:22:02	
	1590	Manuel Jesús Colla Individuals/No c In	andona	6:28	8:16	15:34	-----	-----	8:50	3:06	8:24	1:22	23:50	5:47	0:25	
				5:42	20:03	-----	-----	-----	-----	-----	-----	-----	1:11:24	1:11:53		
	717	Juan Antonio Huelt Granada VELETA	andona	5:42	14:21	-----	-----	-----	-----	-----	-----	-----	51:21	0:29		
				14:36	42:40	-----	-----	-----	-----	-----	-----	52:47	1:26:28	1:27:28	1:02:28	
				14:36	28:04	-----	-----	-----	-----	-----	-----	10:07	33:41	1:00	*73	
				1:22:49 *51												
	787	Jordi Viladés Jové Barcelona XINOXAN	andona	5:59	19:50	28:52	35:53	1:00:42	-----	-----	-----	-----	-----	2:00:15	2:00:33	
				5:59	13:51	9:02	7:01	24:49	-----	-----	-----	-----	59:33	0:18		
nc	786	Xavi Colom Pich Barcelona XINOXAN	1:21:16	15:41	21:39	30:04	39:32	43:40	1:02:02	1:04:18	1:10:25	1:11:09	1:17:47	1:21:02	1:21:16	
	36	Alfonso Domínguez Sevilla ADOL	No sale	15:41	5:58	8:25	9:28	4:08	18:22	2:16	6:07	0:44	6:38	3:15	0:14	
	589	Daniel Ríos De Lor Toledo TOLEDO-O	No sale													
	695	Antonio Luis de la Valladolid COV	No sale													
	1207	Francisco Rodrigue Murcia MALVARICH	No sale													
	696	Fernando González Valladolid COV	No sale													
D-21B (42)				5,5 km 35 m			12 C								Meta	
				1(35)	2(42)	3(67)	4(77)	5(85)	6(71)	7(109)	8(83)	9(82)	10(64)	11(52)	12(200)	Meta
1	1021	Esther Peña Arroyo Toledo NAVALCAN-	53:13	3:27	10:29	15:52	21:55	24:07	29:56	31:18	35:13	36:14	43:31	51:36	52:50	53:13
				3:27	7:02	5:23	6:03	2:12	5:49	1:22	3:55	1:01	7:17	8:05	1:14	0:23
2	1270	Henar Silvestre Ferr Madrid ESCONDITE-	53:17	4:07	10:58	17:17	21:20	23:57	34:48	36:34	41:45	42:44	47:17	51:40	52:58	53:17
				4:07	6:51	6:19	4:03	2:37	10:51	1:46	5:11	0:59	4:33	4:23	1:18	0:19
3	469	Mari Cruz López De Murcia LORCA-O	55:40	3:34	10:33	17:05	24:40	26:56	33:00	34:16	38:16	39:15	46:24	53:50	55:17	55:40
				3:34	6:59	6:32	7:35	2:16	6:04	1:16	4:00	0:59	7:09	7:26	1:27	0:23
4	1263	Nuria Rodríguez Ló Asturias ASTUR EXT	56:38	4:08	10:07	16:06	24:00	26:23	34:46	36:22	41:11	42:29	48:27	54:39	56:11	56:38
				4:08	5:59	5:59	7:54	2:23	8:23	1:36	4:49	1:18	5:58	6:12	1:32	0:27
5	1267	Rosa Martín García Madrid ESCONDITE-	57:42	3:10	9:33	15:47	20:19	22:52	39:01	40:34	46:26	47:31	51:38	56:16	57:21	57:42
				3:10	6:23	6:14	4:32	2:33	16:09	1:33	5:52	1:05	4:07	4:38	1:05	0:21
6	995	Tania López Eyo La Coruña GALLAE	58:55	3:24	10:02	17:24	21:45	24:24	33:00	34:37	41:46	42:48	52:04	57:25	58:35	58:55
				3:24	6:38	7:22	4:21	2:39	8:36	1:37	7:09	1:02	9:16	5:21	1:10	0:20
7	571	Maria Isabel Fajard Alicante SANT JOAN	1:02:21	3:32	11:00	19:30	31:55	34:20	41:38	43:19	48:59	50:07	54:52	1:00:41	1:02:01	1:02:21
				3:32	7:28	8:30	12:25	2:25	7:18	1:41	5:40	1:08	4:45	5:49	1:20	0:20
8	140	Inma Ovejero Dueña Vizcaya COBI	1:02:24	3:48	11:09	16:50	21:33	24:10	31:44	33:26	39:55	40:51	53:58	1:00:25	1:01:59	1:02:24
				3:48	7:21	5:41	4:43	2:37	7:34	1:42	6:29	0:56	13:07	6:27	1:34	0:25
9	898	Ana García Domene Alicante UNIVERSID	1:04:23	5:26	14:07	23:16	28:30	31:46	41:07	42:37	49:02	50:19	56:00	1:02:27	1:03:56	1:04:23
				5:26	8:41	9:09	5:14	3:16	9:21	1:30	6:25	1:17	5:41	6:27	1:29	0:27
10	922	Sandra Arizcuren G Soria NAVALENO-O	1:09:16	6:35	15:24	29:19	35:04	37:46	46:34	48:14	54:48	55:54	1:01:16	1:07:14	1:08:52	1:09:16
				6:35	8:49	13:55	5:45	2:42	8:48	1:40	6:34	1:06	5:22	5:58	1:38	0:24
11	1091	Marta Palau Garriga Barcelona COB	1:10:23	10:20	17:21	25:30	29:31	32:09	48:15	51:39	56:50	58:01	1:02:58	1:08:50	1:10:05	1:10:23
				10:20	7:01	8:09	4:01	2:38	16:06	3:24	5:11	1:11	4:57	5:52	1:15	0:18
12	1246	Laura Mora Andreu Valencia SIMEPIER	1:11:04	3:22	10:45	18:22	34:15	38:06	52:02	53:18	58:14	59:11	1:04:41	1:09:34	1:10:43	1:11:04
				3:22	7:23	7:37	15:53	3:51	13:56	1:16	4:56	0:57	5:30	4:53	1:09	0:21
13	1034	Piedad Mesonero G Guadalajara C.O.GU	1:12:01	3:48	12:47	20:31	25:28	28:00	45:34	46:59	53:02	54:16	59:55	1:10:01	1:11:35	1:12:01
				3:48	8:59	7:44	4:57	2:32	17:34	1:25	6:03	1:14	5:39	10:06	1:34	0:26
14	1122	Teresa Aranzazu Arc Madrid ALABARDA-O	1:13:48	3:48	12:47	21:00	33:32	36:06	45:11	47:44	56:49	57:49	1:03:22	1:11:53	1:13:28	1:13:48
				3:48	8:59	8:13	12:32	2:34	9:05	2:33	9:05	1:00	5:33	8:31	1:35	0:20
				52:45 *82												
15	508	Cristina Fernández Madrid MONTE EL P	1:15:07	4:59	15:24	25:53	32:29	35:54	46:28	48:34	57:54	59:14	1:05:15	1:12:40	1:14:36	1:15:07
				4:59	10:25	10:29	6:36	3:25	10:34	2:06	9:20	1:20	6:01	7:25	1:56	0:31
16	543	Montserrat Coletto R Córdoba LOS CALIF	1:20:49	5:12	14:06	29:09	37:14	40:17	48:44	51:20	57:08	59:33	1:12:57	1:18:57	1:20:24	1:20:49
				5:12	8:54	15:03	8:05	3:03	8:27	2:36	5:48	2:25	13:24	6:00	1:27	0:25
17	344	Esther Gutiérrez Val Madrid GOCAN	1:22:04	4:38	13:47	30:11	36:51	40:04	53:22	55:46	1:03:41	1:05:48	1:12:02	1:19:40	1:21:37	1:22:04
				4:38	9:09	16:24	6:40	3:13	13:18	2:24	7:55	2:07	6:14	7:38	1:57	0:27
18	570	Manuela Alonso Zor Alicante SANT JOAN	1:22:34	5:27	15:05	31:20	37:04	40:43	57:01	58:51	1:05:40	1:07:23	1:14:22	1:20:26	1:22:10	1:22:34
				5:27	9:38	16:15	5:44	3:39	16:18	1:50	6:49	1:43	6:59	6:04	1:44	0:24
19	738	Inmaculada Gutierr Granada VELETA	1:24:33	4:07	12:24	21:11	26:29	31:02	52:16	54:23	1:01:44	1:02:53	1:15:14	1:22:30	1:24:03	1:24:33
				4:07	8:17	8:47	5:18	4:33	21:14	2:07	7:21	1:09	12:21	7:16	1:33	0:30
20	853	Laura Torres Gómez Girona GO-XTREM	1:26:20	4:45	12:03	28:38	39:54	43:30	56:09	58:49	1:04:25	1:05:37	1:17:50	1:23:56	1:25:53	1:26:20
				4:45	7:18	16:35	11:16	3:36	12:39	2:40	5:36	1:12	12:13	6:06	1:57	0:27
21	1163	Nélida Saiz Navarro Alicante CEAM IBI-O	1:27:06	3:50	19:50	50:39	54:37	58:05	1:07:19	1:08:57	1:14:10	1:15:06	1:19:53	1:24:59	1:26:32	1:27:06
				3:50	16:00	30:49	3:58	3:28	9:14	1:38	5:13	0:56	4:47	5:06	1:33	0:34
22	1183	Irene Godoy Rubio Huelva COHU	1:31:16	4:10	14:24	20:56	35:56	53:00	1:05:27	1:07:18	1:12:38	1:13:42	1:18:37	1:28:53	1:30:52	1:31:16
				4:10	10:14	6:32	15:00	17:04	12:27	1:51	5:20	1:04	4:55	10:16	1:59	0:24
23	1240	Gema Fernández To La Coruña ADC ARN	1:31:23	3:55	14:15	25:34	35:42	38:48	52:42	55:22	1:02:01	1:04:04	1:09:28	1:28:26	1:30:41	1:31:23
				3:55	10:20	11:19	10:08	3:06	13:54	2:40	6:39	2:03	5:24	18:58	2:15	0:42

os	rsal	Nombre	Tiempo													Meta
D-21B (42)				5,5 km 35 m			12 C			(cont.)						
				1(35)	2(42)	3(67)	4(77)	5(85)	6(71)	7(109)	8(83)	9(82)	10(64)	11(52)	12(200)	Meta
24	860	Lorena Lluch Caña Huesca PEÑA GUAR	1:34:05	13:16	24:39	38:56	44:29	47:36	1:01:47	1:03:50	1:17:58	1:19:08	1:26:20	1:32:01	1:33:38	1:34:05
25	647	Diana Martínez Torn Valencia VALENCIA-	1:35:54	13:16	11:23	14:17	5:33	3:07	14:11	2:03	14:08	1:10	7:12	5:41	1:37	0:27
				6:13	18:51	39:24	44:57	48:17	1:03:19	1:05:26	1:13:09	1:14:40	1:24:20	1:33:17	1:35:24	1:35:54
				6:13	12:38	20:33	5:33	3:20	15:02	2:07	7:43	1:31	9:40	8:57	2:07	0:30
				17:07												
				*41												
26	533	Maria De Mingo Dav Murcia MURCIA-O	1:40:24	3:35	10:59	56:10	1:03:54	1:06:18	1:20:15	1:22:12	1:26:51	1:27:57	1:33:11	1:38:39	1:40:06	1:40:24
27	154	Iria Maria Rodrigue Barcelona COC	1:40:26	3:35	7:24	45:11	7:44	2:24	13:57	1:57	4:39	1:06	5:14	5:28	1:27	0:18
				6:08	17:22	26:58	45:45	49:14	1:04:01	1:07:50	1:16:08	1:18:11	1:29:18	1:37:21	1:39:52	1:40:26
				6:08	11:14	9:36	18:47	3:29	14:47	3:49	8:18	2:03	11:07	8:03	2:31	0:34
28	909	Isabel Sepúlveda M Alicante UNIVERSID	1:40:50	15:31	34:24	46:01	51:04	53:50	1:06:15	1:09:01	1:24:05	1:25:10	1:34:44	1:39:16	1:40:27	1:40:50
				15:31	18:53	11:37	5:03	2:46	12:25	2:46	15:04	1:05	9:34	4:32	1:11	0:23
29	1208	Silvia Ayala Caballe Murcia MALVARICH	1:40:57	6:47	27:50	39:05	47:06	51:11	1:08:30	1:12:56	1:21:46	1:23:37	1:30:12	1:38:36	1:40:30	1:40:57
				6:47	21:03	11:15	8:01	4:05	17:19	4:26	8:50	1:51	6:35	8:24	1:54	0:27
30	108	Maria Jesús Rodríg Pontevedra AROMO	1:42:22	6:05	12:58	20:46	49:24	51:58	1:07:27	1:10:00	1:23:16	1:24:48	1:34:09	1:40:13	1:41:59	1:42:22
				6:05	6:53	7:48	28:38	2:34	15:29	2:33	13:16	1:32	9:21	6:04	1:46	0:23
31	719	Laura Hueltes Vega Granada VELETA	1:45:24	7:14	17:16	29:17	37:19	43:37	1:01:08	1:04:17	1:13:56	1:15:30	1:32:51	1:41:59	1:44:50	1:45:24
				7:14	10:02	12:01	8:02	6:18	17:31	3:09	9:39	1:34	17:21	9:08	2:51	0:34
32	282	Eden Menéndez Fre Málaga COMA	1:51:03	5:17	14:30	34:43	50:53	56:27	1:13:54	1:16:30	1:24:11	1:25:53	1:33:05	1:47:44	1:50:16	1:51:03
				5:17	9:13	20:13	16:10	5:34	17:27	2:36	7:41	1:42	7:12	14:39	2:32	0:47
33	1026	Patricia López Uzqu Toledo NAVALCAN-	2:03:04	5:19	50:09	1:08:05	1:20:01	1:23:36	1:33:40	1:36:04	1:44:13	1:46:20	1:52:45	1:59:54	2:02:38	2:03:04
				5:19	44:50	17:56	11:56	3:35	10:04	2:24	8:09	2:07	6:25	7:09	2:44	0:26
34	1002	Elena Alvarez Carba La Coruña GALLAE	2:19:30	14:35	33:23	47:26	54:29	59:03	1:25:27	1:28:05	1:52:02	1:53:23	2:09:22	2:17:14	2:19:02	2:19:30
				14:35	18:48	14:03	7:03	4:34	26:24	2:38	23:57	1:21	15:59	7:52	1:48	0:28
1089	Mònica Valiñas Pical Barcelona COB	en tarj.	13:00	37:50	44:03	48:58	----	1:03:34	1:05:19	1:10:13	1:11:35	1:16:37	1:21:44	1:23:20	1:23:46	
				13:00	24:50	6:13	4:55	14:36	1:45	4:54	1:22	5:02	5:07	1:36	0:26	
1176	Sally Amos Huelva COHU	Desc.	12:02	24:34	42:01	57:31	1:27:19	1:45:43	1:54:46	2:13:19	2:17:12	2:26:51	2:34:07	2:36:55	2:37:19	
				12:02	12:32	17:27	15:30	29:48	18:24	9:03	18:33	3:53	9:39	7:16	2:48	0:24
776	Cristina Varela Marc Alicante VILLENA-O	andona	7:10	38:47	1:02:03	1:15:40	1:22:05	1:44:37	1:48:15	----	----	----	----	1:55:40	1:56:22	
				7:10	31:37	23:16	13:37	6:25	22:32	3:38	----	----	----	7:25	0:42	
652	Sara Rivero Gordo Valencia VALENCIA-	andona	6:06	----	----	----	----	----	----	----	----	----	----	----	----	
				6:06	----	----	----	----	----	----	----	----	----	----	----	
1093	María Guillén Ferrer Barcelona COB	No sale														
694	Verónica Oliveros R Valladolid COV	No sale														
1027	Mª Victoria Martín P Toledo NAVALCAN-	No sale														
714	Laura Terrer Martín Granada VELETA	No sale														