

Progress Report on **Adventure Racing**

{ Adventure Racing can be described as an endurance multi-sport team competition relying for a large part on navigation and comprising both motion and static sporting disciplines }

Spain made a proposal to the 2012 General Assembly for the IOF to adopt Adventure Racing as a new IOF discipline.

As the motion had very significant though insufficient support, Council decided to set up a working group to look into Adventure Racing with a view to a new detailed proposal to the 2014 General Assembly.

Remit for the Working Group

1. To find out to what extent member Federations are involved in Adventure Racing
2. To estimate what added value Adventure Racing can bring to the IOF
3. To determine what added value the IOF can bring to Adventure Racing
4. To formulate a definition of “adventure racing” as an IOF discipline
5. To elaborate a tentative international calendar for Adventure Racing
6. To establish basic rules for adventure racing under the IOF’s auspices
7. To outline the first tasks for the IOF structure that would handle Adventure Racing
8. To make a proposal to the 2014 General Assembly

A survey of Member Federations

- ❑ 43 IOF Member Federations replied to the survey,
- ❑ 17 Federations are involved with Adventure Racing (AR):
 - 6 Federations have AR as a statutory discipline
 - 11 Federations support or help the organisation of AR by other bodies
- ❑ 20 replies show an interested in the development of AR internationally,
- ❑ 18 Federations proposed a member for the working group.

From the proposals, a working group of 10 members was formed to ensure a worldwide representation and also to include strong experience with AR:

AUS, BRA, ESP, FRA, JPN, LAT, POR, RUS, SRB, USA

What added value can AR bring to IOF ?

- Attract a new public
- Govern a high-profile discipline giving accrued possibilities for media and sponsorship interest
- Govern a “navigation” sport that is already practiced by many orienteers and a number of National Orienteering Federations
- Preempt the possibility of another competing international federation governing a sport that relies on navigation with a map as one of its main characteristics.

What added value can IOF bring to AR ?

- Give AR an international governing body: IOF
- Improve fairness and quality of AR through international rules and standards
- Provide recognised international competitions with titles

AR as an IOF discipline (*working group proposal*)

1. DEFINITION

IOF AR is a multi-sport discipline where the competition course is designed using the natural environment to test the navigation and sporting skills, the team-spirit, and the endurance of competing teams.

From start to finish teams must navigate through control points and transition areas in a prescribed order in the shortest possible time while relying exclusively on their own strengths and abilities.

AR as an IOF discipline *(working group proposal)*

2. EVENT FORMATS and TEAMS

- Promotional** (winning time: a few hours)
the composition of teams should be very open
- Day** (winning time: maximum 12 hours)
teams of 3 with at least one of each gender
- 24-hour non-stop** (winning time: 24hrs +/- 3hrs)
teams of 3 with at least one of each gender

AR as an IOF discipline (*working group proposal*)

3. NAVIGATION

The minimum percentage of the winning competition time during which teams have to navigate along an unmarked route to a control point:

- Promotional course: 70%
- Day and 24-hour courses: 85%

AR as an IOF discipline (*working group proposal*)

4. SPORT DISCIPLINES

Motion disciplines

- *Compulsory*: running, biking
- *Optional*: paddling, swimming, roller, skiing

Static disciplines

- *Compulsory*: ropes for crossing a natural obstacle, TrailO
- *Optional*: shooting, archery, surf, free-fall, catapult

International Competitions *(working group proposal)*

- Annual World Championship as soon as possible
(can use an existing event under the auspices of a member Federation)
- Regional Championships and World Cups according to the development of the discipline

Future Tasks for the Working Group

- Demonstration event: **Organised by POR - 17th to 18th May 2014**
- To establish possible basic IOF rules for AR based on existing practice
- To outline the first tasks of the IOF structure that would handle AR
- To make a proposal to the 2014 General Assembly